

**INDIAN WEIGHTLIFTING FEDERATION
ESTD.1935**

**REGISTERED UNDER ACT XXI OF
1860 Registration no. S-4286/21.11.1960**



**AFFILIATED WITH:
INTERNATIONAL WEIGHTLIFTING FEDERATION
ASIAN WEIGHTLIFTING FEDERATION
COMMONWEALTH WEIGHTLIFTING FEDERATION
SOUTH ASIAN WEIGHTLIFTING FEDERATION
INDIAN OLYMPIC ASSOCIATION
RECOGNIZED BY: MINISTRY OF YOUTH AFFAIRS &
SPORTS, GOVERNMENT OF INDIA**

**CONSTITUTION
WITH PROPOSED AMENDMENT W.E.F.
10TH JULY 2026**

INDEX

Article	Subject	Page No.
1	Name, legal status, seat and jurisdiction	6
2	Affiliation, recognition and hierarchy of governing instruments	6
3	Definitions	6-7
4	Emblem, flag, colours, official language and records	7
5	Objects	8
6	Governance principles	8
7	Categories of membership	9
8	Admission and continuing affiliation of Affiliate Units	9
9	Rights of Affiliate Units	9-10
10	Duties of Affiliate Units	10
11	Fees, subscriptions and good standing	10
12	Suspension, disaffiliation, withdrawal and ad hoc administration	11
13	Composition of the General Body	11
14	Nomination and credentials of General Body representatives	12
15	Powers of the General Body	12
16	Annual General Meeting	12-13
17	Special General Meeting	13
18	Notice, agenda, motions and records of meetings	13
19	Quorum and meeting procedure	13-14
20	Sportspersons of Outstanding Merit: representation and principles	15
21	Call for SOM applications and general eligibility	15
22	Preparation of SOM rosters	15
23	Election of SOM representatives to the General Body	16
24	Election of SOM representatives to the Executive Committee	16
25	Vacancies and failure to fill SOM seats	16
26	Dual capacity, conflicts and independence of SOM members	17

Article	Subject	Page No.
27	Establishment and purpose of the Athletes Committee	18
28	Athlete Electoral Panel	18
29	Eligibility and disqualification for the Athletes Committee	18-19
30	Nomination and election of the Athletes Committee	19
31	Term, office bearers and Executive Committee representatives of Athletes Committee	19
32	Functions, consultation rights and meetings of Athletes Committee	19-20
33	Vacancies, suspension and removal in Athletes Committee	20
34	Composition of the Executive Committee	21
35	Term of Executive Committee and assumption of office	21
36	Eligibility for election to the Executive Committee	21-22
37	Disqualifications	22
38	Term limits and cooling-off	22
39	Nomination for Executive Committee elections	22
40	Powers and responsibilities of the Executive Committee	23
41	Meetings and procedure of the Executive Committee	23
42	Duties of the President, First Vice President and Vice Presidents	23
43	Duties of the General Secretary and Joint Secretaries	24
44	Duties of the Treasurer	24
45	Vacancies, resignation, absence, removal and no-confidence	24
46	Appointment of Chief Executive Officer / Executive Director	25
47	CEO qualifications, term and independence	25
48	CEO duties and powers	25-26
49	Relationship between elected officers, CEO and Secretariat	26
50	Ethics Committee	27
51	Dispute Resolution Committee	27
52	Finance and Audit Committee	27
53	Selection Committee and selection appeal mechanism	27-28

Article	Subject	Page No.
54	Technical, Coaching and Research, and Medical Committees	28
55	Anti-Doping and Clean Sport framework	28
56	Safe Sport, safeguarding, POSH and grievance redressal	28-29
57	Gender Equity, Development and Education Committees	29
58	Election authority and independence	30
59	Election Panel for Affiliate Units	30
60	Election calendar and electoral roll	30
61	Nomination scrutiny, campaign and polling	31
62	Counting, declaration, records and election petitions	31
63	Election of the Athletes Committee: special procedure	31
64	Elections of Affiliate Units	32
65	Athlete and team selection policy	33
66	Competitions, championships, records and sanctioning	33
67	Coaches, support staff, technical officials and licences	33
68	Athlete welfare, entitlements and transition	34
69	Funds and permissible income	35
70	Budget, accounts and financial year	35
71	Bank accounts, signatories and payments	35
72	Audit, procurement and related-party transactions	35-36
73	Transparency, RTI and public disclosures	36
74	Property, contracts, borrowing and common seal	36
75	Code of Ethics and conduct	37
76	Conflict of interest	37
77	Data protection, confidentiality and intellectual property	37
78	Disciplinary jurisdiction and sanctions	37-38
79	Internal grievance redressal and exhaustion of remedies	39
80	Appeals, Tribunal, IWLF and CAS jurisdiction	39
81	Amendment of Constitution	40
82	Regulations, policies and delegation	40

Article	Subject	Page No.
83	Dissolution and application of assets	40
84	Interpretation and removal of internal difficulties	40-41
85	Transitional, repeal and saving provisions	41

SCHEDULES

No.	Subject	Page No.
Schedule I.	Sportspersons of Outstanding Merit Eligibility and Roster Rules	42-43
Schedule II.	Executive Committee Election Rules	44-45
Schedule III.	Athletes Committee Panel, Election and Operating Rules	46-47
Schedule IV.	CEO Appointment, Delegation and Performance Framework	48
Schedule V.	Code of Ethics and Conflict-of-Interest Principles	49
Schedule VI.	Minimum Selection Policy Framework	50
Schedule VII.	Model Forms 1-19	51-73
Schedule VIII.	Minimum Website and Annual Disclosures	74

PART I - FUNDAMENTAL PROVISIONS

ARTICLE 1 - Name, legal status, seat and jurisdiction

- 1.1 The name of the organisation shall be “Indian Weightlifting Federation”, abbreviated as “IWLF”. It shall be a not-for-profit sports organisation and shall continue as a society or other eligible legal entity registered under applicable Indian law.
- 1.2 The registered office of IWLF is situated at **MR-01, Sector-35, Noida, Uttar Pradesh 201301**.
- 1.3 The territorial jurisdiction of IWLF shall extend throughout India, including all States and Union Territories. It shall be the sole recognised governing body for the sport of weightlifting within its jurisdiction, subject to recognition, affiliation and law.
- 1.4 IWLF shall maintain legal personality, perpetual succession, a common seal as adopted, and capacity to own property, enter contracts, sue and be sued in its own name.
- 1.5 The Official Year of the Federation shall be from 1st April to 31st March every year.

ARTICLE 2 - Affiliation, recognition and hierarchy of governing instruments

- 2.1 IWLF shall maintain affiliation, recognition or registration, as applicable, with the National Sports Board, Ministry of Youth Affairs and Sports, Indian Olympic Association, International Weightlifting Federation (IWF), Asian Weightlifting Federation (AWF), Commonwealth Weightlifting Federation (CWF), **South Asian Weightlifting Federation (SAWF)** and other competent bodies.
- 2.2 This Constitution shall be interpreted consistently with the National Sports Governance Act, 2025, the National Sports Governance Rules, 2026 and regulations made thereunder, binding directions of the competent Government and National Sports Board, and applicable International Charters and Statutes.
- 2.3 In matters of the technical regulation of weightlifting, athlete eligibility for international competition, anti-doping and international representation, the current IWF Constitution, By-Laws, Technical and Competition Rules and Regulations, Anti-Doping Rules and binding decisions shall apply. In the case of IWLF, the Constitution and binding directions of its immediately superior weightlifting body shall also apply.
- 2.4 If a direct conflict is identified, the Executive Committee shall obtain legal and governing-body clarification and shall apply the binding provision having superior legal force. No internal resolution may override a mandatory statutory or international requirement.

ARTICLE 3 - Definitions

- 3.1 **“Act”** means the National Sports Governance Act, 2025, as amended; **“Rules”** means the National Sports Governance (National Sports Bodies) Rules, 2026, as amended; **“Board”** means the National Sports Board; and **“Tribunal”** means the National Sports Tribunal.

- 3.2 “Affiliate Unit”** means a duly admitted and registered constituent unit of the Federation, namely State & Union Territory Weightlifting Associations with voting rights and Departmental Sports Control Boards without voting rights.
- 3.3 “Athlete”** means a weightlifter registered with, selected by, or participating under the jurisdiction of the Federation or an Affiliate Unit; **“Active Athlete”** means an athlete currently competing. **“Retired Athlete”** means retired from active sports and should have not participated in any competitive sport event which leads to selection to represent a district, State or India for atleast one year prior to date of application under sub-rule (2) of rule 5 of National Sports Governance Rules, 2026.
- 3.4 “Athletes Committee”** means the elected committee established under this Constitution to represent athletes; **“Athlete Electoral Panel”** means the final roster of athletes entitled to vote in the election of that Committee.
- 3.5 “Executive Committee”** means the governing committee of the Federation; “General Body” means the supreme deliberative body; **“Elected Post”** excludes the two Athletes Committee seats and any ex officio seat.
- 3.6 “Sportsperson of Outstanding Merit” or “SOM”** means a person included in the final male or female SOM roster in accordance with the Act, Rules and Schedule I of this Constitution.
- 3.7 “International Charters and Statutes”** includes the Olympic Charter, IWF Constitution and By-Laws, rules of the Asian Weightlifting Federation and other binding international instruments applicable to the Federation.
- 3.8** Words importing one gender include all genders; the singular includes the plural; **“in writing”** includes secure electronic communication; and headings do not limit interpretation.

ARTICLE 4 - Emblem, flag, colours, official language and records

- 4.1** IWLF may adopt an emblem, flag, colours, motto and other identifying marks by a two-thirds resolution of the General Body, subject to applicable law and approvals for the use of national, State or district names, symbols and insignia.
- 4.2** English shall be the authoritative language of this Constitution and official national/international communications. Hindi and other Indian languages may be used for accessibility. In case of inconsistency, the English text adopted and registered shall prevail.
- 4.3** The Federation shall maintain a secure official website, domain, email system, membership register, athlete register, minutes books, statutory registers and digital archive. Official records shall be retained in accordance with law and the retention schedule adopted by the Executive Committee.

PART II - OBJECTS AND GOVERNANCE PRINCIPLES

ARTICLE 5 - Objects

- 5.1** To govern, regulate, develop and promote weightlifting throughout India, including all States, Union Territories and Departmental Sports Boards, athlete-centred, ethical and technically sound manner.
- 5.2** To organise and sanction championships, leagues, trials, camps, education programmes and development activities in accordance with IWF technical rules and applicable Government guidelines.
- 5.3** To select and prepare athletes, coaches, support personnel and officials for representation at the appropriate level through published, objective and transparent criteria.
- 5.4** To protect clean athletes, implement anti-doping education and compliance, and cooperate fully with National Anti-Doping Agency (NADA) India, International Weightlifting Federation (IWF), International Testing Agency (ITA), World Anti-Doping Agency (WADA) and competent anti-doping organizations.
- 5.5** To protect the health, safety, dignity, data and rights of athletes, particularly women, minors and vulnerable persons, through safe-sport, safeguarding, medical and grievance-redressal mechanisms.
- 5.6** To train and certify coaches, referees, technical officials, competition personnel and administrators and to maintain accurate qualification and licensing records.
- 5.7** To identify talent, provide pathways from grassroots to elite performance, encourage women & youth participation, promote research and sports science.
- 5.8** To receive and use grants, sponsorship, donations and lawful revenues solely for the objects of the Federation, without distribution of profit to members.

ARTICLE 6 - Governance principles

- 6.1** The Federation shall act with legality, autonomy, transparency, accountability, integrity, athlete representation, gender equity, democratic participation, financial prudence, sustainability and respect for human rights.
- 6.2** All office bearers, committee members, employees and representatives owe fiduciary duties to the Federation and shall act in good faith, for proper purposes, with reasonable care and in the best interests of the sport rather than any Affiliate Unit, faction or individual.
- 6.3** No discrimination shall be permitted on the ground of sex, gender, race, caste, religion, language, region, disability, social origin, political opinion or other protected status, subject to lawful sport classifications and affirmative measures for under-represented groups.
- 6.4** The Federation shall remain politically neutral and religiously neutral in its sporting administration. Public authorities may regulate or support sport in accordance with law but shall not improperly control technical sporting decisions.

PART III - MEMBERSHIP AND AFFILIATION

ARTICLE 7 - Categories of membership

- 7.1** Voting Affiliate Units: each duly affiliated and registered State/Union Territory Weightlifting Association that satisfies this Constitution, pays its dues and is not suspended.
- 7.2** Only one (1) State/UT Association from each State/UT shall be admitted as a member of the Federation, provided it has a minimum of 50% of the District Level Associations affiliated to it with a Society registration and Departmental Sports Control Boards (without voting rights).
- 7.3** Sportspersons of Outstanding Merit: four (4) voting members of the General Body, two (2) male and two (2) female, elected from the final SOM rosters in accordance with Articles 22-28.
- 7.4** Honorary or associate categories shall be created by the General Body for distinguished persons, institutions, clubs, academies or service organisations, but they shall have no vote unless a binding law expressly requires otherwise.
- 7.5** Athletes, coaches, referees, technical officials and clubs shall be registered through the appropriate Affiliate Unit or directly where permitted by regulations; registration does not by itself create General Body voting rights.

ARTICLE 8 - Admission and continuing affiliation of Affiliate Units

- 8.1** An applicant State/Union Territory Weightlifting Association and Departmental Sports Control Boards shall be a properly registered not-for-profit body with jurisdiction over its area; shall recognise IWLF as the sole governing body for weightlifting within the superior jurisdiction; and shall adopt compliant bye-laws.
- 8.2** The application shall include registration certificate, constitution, list of office bearers, audited accounts, membership/athlete data, bank particulars, anti-doping and safeguarding undertakings, and any other prescribed information.
- 8.3** The Executive Committee may grant provisional affiliation for up to twelve (12) months subject to conditions. Full affiliation shall require ratification by the next General Body and registration with the National Sports Board where applicable.
- 8.4** Only one Affiliate Unit shall ordinarily be recognised for one territorial jurisdiction. Competing claims shall be decided after notice, hearing and an objective assessment of legality, governance, athlete activity and recognition history.
- 8.5** Every Affiliate Unit shall notify any change in registration, office bearers, constitution, address, bank account or legal status within thirty days.

ARTICLE 9 - Rights of Affiliate Units

- 9.1** To nominate representatives to the General Body and exercise voting rights while in good standing.
- 9.2** To participate in sanctioned competitions, submit entries, receive circulars, seek technical assistance and access development programmes on equal and published criteria.

- 9.3** To propose agenda items, constitutional amendments and candidates in accordance with this Constitution.
- 9.4** To receive notice and a fair hearing before suspension, disaffiliation or material sanction, subject to urgent provisional measures for athlete safety, anti-doping, fraud or loss of legal recognition.
- 9.5** To use the name and marks of the Federation only in accordance with written brand and sanctioning regulations.

ARTICLE 10 - Duties of Affiliate Units

- 10.1** To comply with the Act, Rules, this Constitution, IWLF technical and anti-doping rules, safe-sport standards, election directions, selection policies and lawful decisions of the Federation.
- 10.2** To maintain democratic governance, an Executive Committee of not more than fifteen members, required athlete and women representation, term and age limits, transparent accounts and timely elections.
- 10.3** To register athletes, coaches and officials accurately; conduct annual competitions; submit annual reports and audited accounts; and pay affiliation and participation fees by due dates.
- 10.4** To ensure that no unauthorised body or person represents the jurisdiction or conducts a championship, trial or selection using protected territorial names.
- 10.5** To cooperate with inquiries, audits, anti-doping processes and safeguarding investigations and to preserve evidence and records.

ARTICLE 11 - Fees, subscriptions and good standing

- 11.1** The General Body shall approve affiliation, registration, championship, licence and other fees. **G.S.T. shall be charged additionally, as applicable, at the rates prescribed under the prevailing law and shall be payable by the concerned State/Departmental Board.** The Executive Committee may revise operational fees subject to ratification by the General Body.
- 11.2** An Affiliate Unit is in good standing only if its legal registration is valid, dues are paid, elections and filings are current, audited accounts are submitted, and it is not suspended by the Federation, Board or competent authority.
- 11.3** Non-payment after written notice may result in temporary suspension of voting and participation rights. Restoration shall follow payment and correction of the default, without prejudice to disciplinary action for persistent breach.

ARTICLE 12 - Suspension, disaffiliation, withdrawal and ad hoc administration

- 12.1** The Executive Committee may issue a show-cause notice where an Affiliate Unit breaches law, governance requirements, election rules, athlete welfare obligations, financial duties, anti-doping requirements or binding Federation decisions. The Executive Committee shall have the power to caution, warn, suspend, expel or otherwise take disciplinary action against any Member, Associate, competitor, team official, organizer, technical official or other person subject to its jurisdiction for any violation of this Constitution, Rules, By-laws, regulations, decisions or lawful directions of the Federation, or for conduct prejudicial to the interests or integrity of the Federation or the sport.
- 12.2** After reasonable opportunity of hearing, the Executive Committee shall censure, impose conditions, suspend specified rights or recommend disaffiliation. Final disaffiliation requires approval by two-thirds of members present and voting at the General Body, except where registration or superior recognition has already been cancelled by competent authority.
- 12.3** Urgent provisional suspension may be imposed to protect athletes, public funds, records, competitions or legal recognition, but a hearing shall be completed promptly and ordinarily within ninety (90) days.
- 12.4** Where directed by the Board or authorised by law, the Federation may constitute or direct an ad hoc administrative body for an Affiliate Unit. Its mandate shall be limited to administration, compliance and conduct of fresh elections within the prescribed period.
- 12.5** An Affiliate Unit may withdraw by giving six (6) months' notice after settling liabilities; withdrawal does not extinguish disciplinary jurisdiction over earlier conduct.

PART IV - GENERAL BODY

ARTICLE 13 - Composition of the General Body

- 13.1** The General Body shall comprise two (2) authorised representatives from each voting State/Union Territory Weightlifting Association, each having one vote. At least one (1) of the two (2) representatives shall be either President or Secretary of the concerned affiliated State Unit. A person may represent only one Affiliate Unit.
- 13.2** The General Body shall additionally include four elected/nominated SOM members, two (2) male and two (2) female, each having one vote each.
- 13.3** The President shall preside. Members of the Executive Committee, CEO, committee chairs, auditors, legal counsel and invited experts may attend and speak when invited, but shall not vote unless their names separately appear on the electoral roll in one lawful voting capacity.
- 13.4** No person shall exercise more than one (1) vote or represent in more than one (1) category during the meeting. Proxy voting is prohibited.

ARTICLE 14 - Nomination and credentials of General Body representatives

- 14.1** The President and the General Secretary of each Affiliate Unit shall jointly represent the concerned Affiliate Unit in the Annual General Meeting (AGM) or Special General Meeting (SGM) of the Federation. In the event that either or both of them are unable to attend such meeting for any reason, the President, in consultation with the General Secretary or, where necessary, the Executive Committee of the Affiliate Unit, may nominate any two members from amongst the existing members of its Executive Committee to represent the Affiliate Unit at such AGM/SGM. The names of the persons so nominated, together with their respective designations in the Executive Committee, shall be duly authorised and communicated in writing to the Secretariat of the Federation within the time prescribed in the notice of the meeting.
- 14.2** A representative shall be at least twenty-five years of age, an Indian citizen, of sound mind, and not disqualified under Article 37. The person need not be the President or Secretary of the Affiliate Unit unless its own by-laws require so.
- 14.3** A person who is President, Secretary General or other office bearer of an Affiliate Unit may also qualify for inclusion in a SOM roster if the independent sporting criteria are satisfied; however, the person shall elect one (1) representational capacity for the same General Body and shall not vote twice.
- 14.4** The Electoral Officer shall decide credential objections for an election. For other meetings, the Executive Committee shall appoint a Credentials Committee of three neutral persons, subject to review by the General Body.

ARTICLE 15 - Powers of the General Body

- 15.1** To determine the policy and strategic direction of the Federation and supervise the Executive Committee.
- 15.2** To elect the Elected Posts of the Executive Committee and receive the two (2) Athletes Committee representatives elected from amongst that Committee.
- 15.3** To approve and amend the Constitution, annual report, audited accounts, budget principles, affiliation fees, major asset transactions and dissolution.
- 15.4** To admit full members, ratify provisional affiliations, decide disaffiliation, appoint the statutory auditor and consider reports of the Ethics Committee, Dispute Resolution Committee, Athletes Committee and other standing bodies.
- 15.5** To remove an elected office bearer by a reasoned resolution in accordance with Article 45 and principles of natural justice.
- 15.6** To exercise all powers not expressly assigned to another body, subject to law and international statutes.

ARTICLE 16 - Annual General Meeting

- 16.1** An Annual General Meeting shall be held once in every calendar year and preferably within six (6) months prior to the close of the financial year, unless a competent authority lawfully extends the period.

- 16.2** The agenda shall include confirmation of minutes, annual report, committee reports, audited accounts, auditor's report, budget, affiliations, championships calendar, statutory compliance and any elections due.
- 16.3** At least twenty one (21) clear days' notice shall be given with date, time, place or secure electronic platform. The audited accounts and substantive agenda papers shall be circulated at least seven (7) days before the meeting.
- 16.4** Hybrid or virtual participation may be permitted where identity, deliberation, record and voting integrity are assured. Elections shall follow the specific Election Rules.

ARTICLE 17 - Special General Meeting

- 17.1** A Special General Meeting may be called by the President, by resolution of the Executive Committee, or upon a written requisition signed by not less than one-third (1/3) of the voting Affiliate Units stating the proposed business.
- 17.2** A requisitioned meeting shall be convened within thirty (30) days. If the Executive Committee fails to act, the requisitionists may request the Dispute Resolution Committee or competent authority to facilitate the meeting.
- 17.3** At least fourteen clear days' notice shall ordinarily be given; in a documented emergency, seven (7) clear days' notice may be given. Only the notified business may be transacted.

ARTICLE 18 - Notice, agenda, motions and records of meetings

- 18.1** Agenda proposals from Affiliate Units shall reach the Secretariat at least twenty-one days (21) before an AGM unless a longer period is notified. Constitutional amendments shall comply with Article 81.
- 18.2** The Chair may permit an urgent motion only where delay would prejudice law, athlete safety, a competition or the legal status of the Federation; no constitutional amendment or election may be introduced as an urgent motion.
- 18.3** Minutes shall record attendance, declarations of interest, material deliberations, resolutions and votes. Draft minutes shall be circulated within thirty days and approved at the next meeting or by a lawful electronic procedure.
- 18.4** A summary of resolutions and approved minutes, with lawful redactions for privacy and privilege, shall be published on the website.

ARTICLE 19 - Quorum and meeting procedure

- 19.1** The quorum for a General Body meeting shall be one-half (50%) of the total voting strength. For a constitutional amendment, merger or dissolution, the quorum shall be two-thirds of the total voting strength.
- 19.2** If ordinary quorum is not present within thirty (30) minutes to one (1) hour, the meeting shall be adjourned for not less than seven (7) days. At the reconvened meeting, one-third of total voting strength shall be quorum; the higher quorum for constitutional amendment or dissolution shall continue to apply.

- 19.3** Decisions shall be by simple majority of valid votes cast unless a higher majority is prescribed. Abstentions and invalid votes shall not count in calculating the majority, but shall be recorded.
- 19.4** The Chair shall have **no** casting vote in an election or disciplinary matter. In an ordinary non-election matter, the Chair may exercise a casting vote only if the Chair is otherwise entitled to vote and the Constitution does not require a special majority.

PART V - SPORTSPERSONS OF OUTSTANDING MERIT

ARTICLE 20 - Sportspersons of Outstanding Merit: representation and principles

- 20.1** The Federation shall maintain separate male and female SOM rosters and include four SOM voting members in the General Body, two male and two female.
- 20.2** The SOM mechanism shall be independent of office held in an Affiliate Unit. Sporting merit, retirement status and statutory eligibility shall determine roster inclusion; political, regional or factional considerations shall not.
- 20.3** At least one SOM on the Executive Committee shall be a woman. The two (2) SOM Executive Committee seats shall be one (1) male and one (1) female.
- 20.4** The term of SOM General Body representatives shall ordinarily coincide with the term of the Executive Committee.

ARTICLE 21 - Call for SOM applications and general eligibility

- 21.1** The Secretariat shall issue a public call for SOM applications sufficiently early to meet all statutory timelines and ordinarily **not later than one hundred and sixty (160) days** before expiry of the Executive Committee.
- 21.2** An applicant shall be an Indian citizen, of sound mind, at least twenty-five years of age, retired from active sport, and shall not have participated during the preceding one year in a competitive event leading to selection to represent a district, State or India.
- 21.3** The applicant shall satisfy at least one tier in Schedule I and submit the prescribed form, supporting result/award evidence, identity proof, retirement declaration, anti-doping declaration and conflict-of-interest statement **within sixty (60) days of the call.**
- 21.4** False information or concealment shall result in rejection or removal, without prejudice to ethics or legal proceedings.

ARTICLE 22 - Preparation of SOM rosters

- 22.1** The Executive Committee shall appoint an SOM Scrutiny Panel of three (3) to five (5) persons, **including an independent chair with legal/governance experience, a former international weightlifter not contesting,** and at least one woman. No panel member may be an applicant.
- 22.2** **The Panel shall apply Schedule I sequentially from Tier 1 downwards. Where a tier produces excess candidates, the eldest eligible applicant within that tier shall receive priority, as required by the Rules.**
- 22.3** Each male and female roster shall contain ten times the number of male or female SOM General Body seats. Accordingly, where there are two (2) seats of each gender, the target roster shall contain twenty eligible persons of each gender.
- 22.4** The final rosters shall be prepared **at least ninety (90) days before expiry of the Executive Committee,** published with reasons for exclusions, and submitted to the Board or superior body as applicable. **A short review window of seven (7) days shall be provided for clerical or eligibility errors.**

ARTICLE 23 - Election of SOM representatives to the General Body

- 23.1** The persons included in the final male and female SOM rosters shall constitute the SOM Electoral College. The Electoral Officer shall conduct separate secret ballots for two (2) male and two (2) female General Body seats at least seventy-five (75) days before expiry of the Executive Committee.
- 23.2** Each eligible SOM elector may vote for up to two (2) candidates of the elector's respective roster. The two (2) highest polling candidates in each gender shall be elected. A tie affecting election shall be resolved by a fresh ballot and, if still tied, by lot.
- 23.3** An applicant may contest only in the gender category lawfully recorded for the applicable sport governance process. The Federation shall apply inclusive and non-discriminatory procedures consistent with law and international sport rules.
- 23.4** The result and complete voting record shall be certified by the Electoral Officer and published within forty-eight hours.

ARTICLE 24 - Election of SOM representatives to the Executive Committee

- 24.1** Only the four SOM members elected to the General Body under Article 23 shall be eligible to contest the two reserved SOM Executive Committee seats during the general election.
- 24.2** The male reserved seat shall be contested by the elected / nominated male SOM General Body representatives and the female reserved seat by the elected / nominated female SOM General Body representatives for the same post.
- 24.3** For each reserved SOM seat, the nomination shall be proposed and seconded by two different eligible voting members whose names appear on the final electoral roll. The proposer and seconder shall not be the candidate.
- 24.4** The entire General Body electoral college shall vote for the reserved SOM seats by secret ballot. Each elected SOM Executive Committee member shall have one vote and the same fiduciary duties as every other Executive Committee member.

ARTICLE 25 - Vacancies and failure to fill SOM seats

- 25.1** A vacancy in a SOM General Body seat shall be offered to the next-highest voted (unelected) candidate of the same gender from the last election, subject to continuing eligibility.
- 25.2** A vacancy in a reserved SOM Executive Committee seat shall be filled through a secret ballot of the General Body from among the remaining eligible SOM General Body representatives of the same gender at the next meeting.
- 25.3** No co-option shall defeat the statutory minimum representation or continue beyond the remainder of the term.

ARTICLE 26 - Dual capacity, conflicts and independence of SOM members

- 26.1** Inclusion in an SOM roster is not barred merely because the person is or was President, Secretary General or office bearer of an Affiliate Unit, provided all independent sporting criteria and disqualification rules are satisfied.
- 26.2** A person shall not simultaneously sit or vote in the same General Body as both an Affiliate Unit representative and an SOM representative. Before finalisation of the electoral roll, the person shall irrevocably select one capacity for that election cycle.
- 26.3** A person shall not occupy more than one seat on the Executive Committee. Election to an SOM reserved seat automatically vacates any incompatible nomination or office within the Federation.
- 26.4** SOM representatives shall disclose all affiliations and recuse from a matter presenting a direct personal or financial conflict.

PART VI - ATHLETES COMMITTEE

ARTICLE 27 - Establishment and purpose of the Athletes Committee

- 27.1** An independent elected Athletes Committee of 10 members, comprising 5 male and 5 female members, is established to champion athlete voice, rights, welfare and participation in decision-making.
- 27.2** The Committee shall be an effective link between active/recent athletes and the Federation; advise on selection, competition, training, anti-doping, safeguarding, health, education, transition and athlete-entitlement policies; and communicate athlete concerns without retaliation.
- 27.3** The Committee shall operate independently within an approved budget. The President, Secretary General, CEO and staff may attend only by invitation, except for administrative support.

ARTICLE 28 - Athlete Electoral Panel

- 28.1** Not later than one hundred and twenty (120) days before expiry of the Executive Committee, the Electoral Officer shall invite applications for inclusion in the Athlete Electoral Panel from eligible weightlifters throughout India, including all States and Union Territories.
- 28.2** Each State/Union Territory Weightlifting Association in good standing may facilitate or endorse up to two (2) athlete electors, one male and one female. Eligible athletes who represented India in international weightlifting or a State/UT in IWLF-recognised National Championships during the preceding four (4) years may apply directly and shall not be excluded for want of endorsement.
- 28.3** The Electoral Officer, assisted by an independent Athlete Eligibility Panel, shall publish a draft male and female electoral roster, allow at least seven (7) days for objections, and publish the final Athlete Electoral Panel before nominations open.
- 28.4** Where an athlete is eligible to participate in the election through more than one category or route of representation, the athlete shall be entitled to only one electoral entry and shall cast only one vote. Voting by proxy is not permitted.

ARTICLE 29 - Eligibility and disqualification for the Athletes Committee

- 29.1** A candidate shall be at least eighteen (18) years of age, an Indian citizen and a registered weightlifter. The Committee shall at all times have a majority of members who are competing at national or international level or have done so within the preceding one (1) year.
- 29.2** Athletes are evaluated through a 10-tier ranking system based on their highest competitive achievements to qualify for governance roles: Tier 1–3: Olympic and major international medalists (e.g., World Championships, Asian/Commonwealth gold). Tier 4–7: Participants and medalists at recognized continental and regional multi-sport games. Tier 8–10: National champions and top-tier domestic medalists (such as National Games winners). Documentary evidence shall be filed with the candidature.

29.3 A person who has at any time been finally found to have committed an Anti-Doping Rule Violation is ineligible, applying the stricter IWLF athlete-representation standard. A person involved in a pending charge may be provisionally excluded until final determination, subject to fairness and applicable anti-doping law.

29.4 A person serving a sports-integrity, safeguarding, corruption, match-manipulation or serious disciplinary ban is ineligible for its duration. An employee of the Federation or a person holding another elected Federation or Affiliate Unit office, other than an athlete-representative office, shall not serve on the Athletes Committee.

29.5 Candidates shall sign the Athlete Rights, Conduct, Confidentiality, Data and Conflict Declaration in the prescribed form.

ARTICLE 30 - Nomination and election of the Athletes Committee

30.1 A candidate may self-nominate using the prescribed form and shall be proposed and seconded by two different athlete electors on the final Athlete Electoral Panel. An Affiliate Unit may endorse more than one candidate only if it endorses at least one candidate of each gender.

30.2 The 10 members shall be elected by secret ballot by the Athlete Electoral Panel. Each voter may vote for not more than 5 candidates of each gender.

30.3 The 5 highest polling eligible candidates of each gender shall be elected. The Electoral Officer may prescribe reasonable regional-diversity rules, but no diversity rule may defeat the required gender balance or statutory eligibility.

30.4 The 10 elected members shall decide the Chairperson and Vice Chairperson by voting or consensus.

ARTICLE 31 - Term, office bearers and Executive Committee representatives of Athletes Committee

31.1 The term shall be four years and shall start and end with terms of the Executive Committee.

31.2 At its first meeting, the Committee shall elect a Chairperson and Deputy Chairperson from amongst its elected members. They shall be of different genders.

31.3 The Chairperson and Deputy Chairperson shall be the two Athletes Committee representatives on the Executive Committee, elected from amongst the Committee members as required by the Act. Each shall have one vote on the Executive Committee.

31.4 No Athletes Committee representative may simultaneously occupy another Executive Committee seat. At least one of the two representatives shall be a woman.

ARTICLE 32 - Functions, consultation rights and meetings of Athletes Committee

32.1 The Committee shall meet at least twice each year and at least once jointly with the Executive Committee. Quorum shall be more than half of total membership. Proxy voting is prohibited.

- 32.2** The Committee may submit recommendations directly to the Executive Committee and General Body; receive timely written responses; nominate athlete representatives to standing committees; conduct athlete surveys; and publish an annual report.
- 32.3** The Federation shall consult the Committee before adopting or materially amending policies on athlete selection, qualification, competition conditions, athlete welfare, anti-doping education, safeguarding, prize money, camps and athlete data.
- 32.4** Members shall be accessible at major championships and youth events. Reasonable travel and meeting expenses may be reimbursed under approved rules.
- 32.5** Minutes shall be maintained, but sensitive athlete complaints and personal data shall be protected.

ARTICLE 33 - Vacancies, suspension and removal in Athletes Committee

- 33.1** A casual vacancy shall be filled by the highest-ranked unelected candidate of the same gender from the last election who remains eligible. If none is available, a by-election shall be conducted or, for the final twelve months, the Committee may recommend an eligible interim appointment.
- 33.2** Membership ends upon resignation, death, loss of eligibility, final anti-doping or integrity disqualification, three consecutive unexplained absences, or removal after due process for serious misconduct.
- 33.3** The Ethics Committee shall decide removal after notice and hearing. The Executive Committee shall not remove an athlete representative merely because of criticism or a good-faith athlete-welfare position.

PART VII - EXECUTIVE COMMITTEE AND OFFICE BEARERS

ARTICLE 34 - Composition of the Executive Committee

- 34.1** The Executive Committee shall consist of not more than fifteen members as follows: President (1); General Secretary (1); Treasurer (1); Vice Presidents (2), of whom one seat is reserved for a woman); Joint Secretaries (2), of whom one seat is reserved for a woman); Executive Members (4); SOM representatives (2), one male and one female); and Athletes Committee representatives (2), one male and one female).
- 34.2** The first eleven positions are Elected Posts. The SOM positions are Elected Posts reserved and elected under Article 24. The two Athletes Committee representatives are elected from amongst the Athletes Committee.
- 34.3** At least four members of the Executive Committee shall be women at all times. If a result would not satisfy the minimum, reserved-seat and ranking adjustments expressly notified before nominations shall be applied.
- 34.4** A person shall hold only one Executive Committee seat.

ARTICLE 35 - Term of Executive Committee and assumption of office

- 35.1** The term of the Executive Committee shall be four years and shall commence **immediately upon expiry of the existing term**. Elections may, however, be conducted up to six months prior to the expiry of the existing term. The existing Executive Committee shall continue in office until the expiry of its original term to ensure a smooth handing and taking over of the Federation office records to the new body. The term of the newly elected office bearers shall be reckoned from the next date on original date of expiry of the existing term.
- 35.2** Elections shall be completed before expiry of the incumbent term. The incumbent body shall not extend its own term except under a written order of a competent authority or a narrowly tailored force-majeure arrangement approved by the Electoral Officer and superior governing body.
- 35.3** Outgoing office bearers shall hand over charge, records, passwords, bank mandates, assets, contracts and pending-matter statements **until last day of the expiry term date**.

ARTICLE 36 - Eligibility for election to the Executive Committee

- 36.1** A candidate shall be an Indian citizen, at least twenty-five years of age except for member of Athlete Committee (18 years as per the IWF Constitution), of sound mind and not more than seventy years of age on the last date for nomination.
- 36.2** A person aged seventy to seventy-five may contest only where expressly permitted by the applicable International Charters and Statutes and by a pre-election General Body resolution consistent with law; the exception may be used only as lawfully allowed.
- 36.3** A government servant shall produce all required permissions before scrutiny of **nomination form**.

36.4 For President, General Secretary or Treasurer, the candidate shall be an SOM or shall have served at least one full term on the Executive Committee of IWLF, or as President, General Secretary or Treasurer of an eligible State/Union Territory Weightlifting Association.

36.5 The candidate shall satisfy term limits, cooling-off requirements, fit-and-proper criteria, conflict disclosures and any stricter binding IWLF requirements.

ARTICLE 37 - Disqualifications

37.1 A person is disqualified while declared insolvent; while serving a sentence of imprisonment and for one full Executive Committee term after completion of such sentence; or for the duration of a ban imposed by the Ethics Committee or competent sports body.

37.2 A person is also disqualified if serving a provisional or final sports-integrity suspension; finally found guilty of corruption, competition manipulation, illegal betting, serious safeguarding misconduct or an Anti-Doping Rule Violation to the extent prescribed by binding law or IWLF rules; or not a fit and proper person after due process.

37.3 The bye-laws shall prohibit simultaneous membership in another District/State/National Sports Federation's governing body, except the Indian Olympic Association / State Olympic Association or a multi-sport body, where necessary to avoid conflict.

37.4 Disqualification questions shall be decided at nomination stage by the Electoral Officer after obtaining an eligibility opinion from the Ethics Committee or an independent Eligibility Panel. Urgent appeal lies to the forum stated in Article 80.

ARTICLE 38 - Term limits and cooling-off

38.1 A person may continuously hold the position of President, General Secretary or Treasurer, separately or in any combination, for up to three consecutive four-year terms. After reaching that limit, the person shall undergo a mandatory cooling-off period of one full term before election to those posts or the Executive Committee.

38.2 Service of more than half a term in a casual vacancy shall count as a full term unless law provides otherwise.

ARTICLE 39 - Nomination for Executive Committee elections

39.1 Every nomination shall be made on the prescribed form and delivered personally or by a secure method expressly authorised by the Electoral Officer within the notified period.

39.2 Except for the reserved SOM seats and Athletes Committee election, the proposer and seconder shall be two different voting members on the final General Body electoral roll. The uploaded model requirement that they represent different Affiliate Units may be applied where notified by the Electoral Officer and consistent with the official Rules.

39.3 No voting member may propose or second more than one candidate for the same post. A proposer or seconder can not withdraw endorsement after valid submission.

ARTICLE 40 - Powers and responsibilities of the Executive Committee

- 40.1** To govern and manage the Federation between General Body meetings, implement resolutions, protect legal recognition and ensure compliance with law and international rules.
- 40.2** To approve strategic plans, annual programmes, competition calendars, selection policies, budgets, contracts, staff structure, grants and development schemes.
- 40.3** To appoint and supervise the CEO, employees, coaches, support staff, committees and consultants through transparent processes; to conduct performance appraisal; and to ensure separation of policy oversight from day-to-day management.
- 40.4** To maintain affiliation discipline, athlete and official registrations, event sanctioning, anti-doping cooperation, safe-sport measures, insurance and emergency response.
- 40.5** To prepare annual reports and accounts, maintain transparent procurement and publish required information.
- 40.6** To exercise residual powers not reserved to the General Body, without amending the Constitution or extending its term.

ARTICLE 41 - Meetings and procedure of the Executive Committee

- 41.1** The Executive Committee shall meet at least **two times** each year. Meetings may be physical, virtual or hybrid. Seven clear days' notice shall ordinarily be given; emergency meetings may be called on forty-eight hours' notice with recorded reasons.
- 41.2** Quorum shall be more than half of the total filled membership, including at least one woman and one athlete-related representative where reasonably possible. A vacancy does not invalidate proceedings if quorum and statutory composition remain satisfied.
- 41.3** Each member has one vote. Decisions shall be by simple majority.
- 41.4** A conflicted member shall disclose the interest, leave the deliberation, and not vote. The disclosure and recusal shall be minuted.
- 41.5** A resolution by circulation is valid for urgent routine matters if approved by a majority of total filled membership and recorded / ratified at the next meeting.

ARTICLE 42 - Duties of the President and Vice Presidents

- 42.1** The President is the head and primary representative of the Federation; chairs General Body and Executive Committee meetings; ensures compliance; leads strategy; maintains relationships with Government, IOA, IWLF and other stakeholders; and supervises implementation without usurping independent committees or the CEO's lawful operational role.
- 42.2** One of the Vice President acts for the President as designated by the Executive Committee during his / her absence, incapacity or recusal and performs delegated governance duties. The Vice Presidents support assigned portfolios and shall not exercise executive authority beyond written delegation.

ARTICLE 43 - Duties of the General Secretary and Joint Secretaries

- 43.1** The General Secretary is the elected constitutional officer responsible for governance coordination, statutory notices, meeting agendas, implementation oversight, liaison among governing bodies and presentation of the annual report.
- 43.2** The General Secretary shall work with the President and CEO to ensure resolutions are implemented and shall verify that legal and affiliation filings are timely. The General Secretary shall not directly manage staff where that function is assigned to the CEO, except through approved delegation.
- 43.3** The Joint Secretaries assist with administration, competition coordination, membership and assigned portfolios. One shall act during temporary absence of the General Secretary as designated by the Executive Committee.
- 43.4** Where a binding International Charter requires a full-time non-elected head of administration and prohibits an elected administrative head, the General Body shall promptly align this provision; until formal alignment, the CEO shall be treated as the full-time head of operations and the General Secretary as the elected governance officer.

ARTICLE 44 - Duties of the Treasurer

- 44.1** The Treasurer is the elected custodian and oversight officer for funds and accounts, chairs or serves on the Finance and Audit Committee, reviews budgets and management accounts, and presents audited statements to the General Body.
- 44.2** The Treasurer shall ensure internal controls, segregation of duties, authorised banking, timely statutory returns, grant utilisation certificates and correction as per the audit observations, if any.
- 44.3** The Treasurer shall not personally keep cash or accounting records except through authorised systems and staff and shall not make a payment in which the Treasurer has an interest.

ARTICLE 45 - Vacancies, resignation, absence, removal and no-confidence

- 45.1** A vacancy arises upon death, resignation, disqualification, removal, incapacity or three consecutive unexplained absences from Executive Committee meetings.
- 45.2** An elected office bearer may be removed for serious breach, incapacity, loss of eligibility or no-confidence by a two-thirds majority at a Special General Meeting called on specific charges. The person shall receive notice, documents and opportunity to respond, and shall not preside over the matter.
- 45.3** Pending final decision, the Ethics Committee or Executive Committee may impose a proportionate interim restriction where necessary to protect athletes, funds, evidence or legal recognition, with expedited review.

PART VIII - CEO AND SECRETARIAT

ARTICLE 46 - Appointment of Chief Executive Officer / Executive Director

- 46.1** The Federation shall appoint a full-time professional Chief Executive Officer (“CEO”).
- 46.2** The CEO shall be appointed by the Executive Committee after an open advertisement and recommendation of a Search-cum-Selection Committee comprising the President, General Secretary, one SOM member, one Athletes Committee representative and one independent human-resources/governance expert, with at least two women overall.
- 46.3** The appointment shall be merit-based, documented and on a written contract. The CEO shall not be an elected member and shall attend governing-body meetings without voting rights, except in-camera sessions concerning the CEO.
- 46.4** The appointment, remuneration band, term and performance criteria shall be disclosed in the annual report, subject to lawful privacy redactions.

ARTICLE 47 - CEO qualifications, term and independence

- 47.1** The CEO should possess a recognised graduate degree and at least twelve years of relevant experience, including five years in senior management in sports administration. Exceptional sports-management experience may be treated as equivalent by recorded reasons.
- 47.2** The CEO shall demonstrate knowledge of the Act, sports governance, IWLF structures, anti-doping, safeguarding, financial controls, digital systems and stakeholder management.
- 47.3** The initial term shall not exceed four years and may be renewed once after independent performance review. Probation, notice, remuneration, confidentiality, intellectual property and post-employment obligations shall be stated in the contract.
- 47.4** The CEO shall be free from disqualifications applicable to Executive Committee members, shall file annual conflict and interest disclosures, and shall not accept instructions from an Affiliate Unit or outside person.

ARTICLE 48 - CEO duties and powers

- 48.1** To oversee day-to-day operational management, the Secretariat, employees, contractors, technology, records and service delivery in accordance with strategy, budget and Executive Committee directions.
- 48.2** To recruit, manage and recommend dismissal of employees and consultants under approved human-resource rules, in consultation with the President and General Secretary for senior positions.
- 48.3** To implement decisions of the General Body, Executive Committee and lawful recommendations of committees; implement the strategic plan; and submit periodic performance and risk reports.

- 48.4** To prepare the annual budget and management accounts with the Treasurer, implement the approved budget, manage financial operations and process authorised payments under the financial regulations.
- 48.5** To negotiate and administer contracts, sponsorships and events within delegated authority; coordinate championships and camps; and represent the Federation under written directions.
- 48.6** To oversee preparation of the annual report, website disclosures, grant documentation, statutory filings, safeguarding administration and data protection.
- 48.7** The CEO may sign and operate bank instruments only as expressly authorised by the Executive Committee and never as the sole approving authority for the CEO's own remuneration or related-party payment.

ARTICLE 49 - Relationship between elected officers, CEO and Secretariat

- 49.1** The Executive Committee sets policy and supervises; the President provides leadership; the General Secretary coordinates constitutional governance; the Treasurer oversees finance; and the CEO manages operations. No office bearer shall directly instruct a staff member on routine work except through the CEO or an approved reporting line.
- 49.2** The CEO shall be accountable to the Executive Committee through the President, with direct access to the General Secretary, Treasurer, Ethics Committee, Audit Committee and Athletes Committee where their functions require it.
- 49.3** A disagreement concerning allocation of authority shall be referred to the Governance or Ethics Committee for a non-binding opinion and then to the Executive Committee, excluding conflicted persons.
- 49.4** The Secretariat shall maintain service standards, confidentiality, non-discrimination and professional neutrality during elections.

PART IX - COMMITTEES, INTEGRITY AND ATHLETE PROTECTION

ARTICLE 50 - Ethics Committee

- 50.1** An independent Ethics Committee of five members **plus up to two reserve members** shall be appointed for four years by the Executive Committee and ratified by the General Body. No Executive Committee member or employee may serve.
- 50.2** The Chair shall be a retired judge or an advocate of at least fifteen years' standing with adjudicatory experience. Other members shall collectively include ethics/compliance expertise, an SOM, safeguarding or gender expertise, and financial/governance expertise; at least two members shall be women.
- 50.3** The Committee shall interpret and enforce the Code of Ethics, decide eligibility references and conflict matters, investigate misconduct and impose proportionate sanctions including warning, reprimand, restitution, suspension recommendation or ban, subject to appeal.
- 50.4** Proceedings shall be independent, confidential where required, reasoned and consistent with natural justice. Final decisions shall be published with necessary redactions.

ARTICLE 51 - Dispute Resolution Committee

- 51.1** A Dispute Resolution Committee of three independent members shall hear internal sports-governance disputes, affiliation disputes, selection second appeals and other matters assigned by this Constitution, except doping and matters reserved exclusively to IWF, CAS, Tribunal or another statutory forum.
- 51.2** The Chair shall be a retired judge or advocate of at least fifteen years' standing. The other members shall include one SOM and one person with sports administration or mediation expertise; at least one member shall be a woman.
- 51.3** The Committee may mediate, issue interim measures, call records, hear parties, and render reasoned decisions ordinarily within thirty days. Urgent selection matters shall be decided within seven days where practicable.
- 51.4** No member who participated in the impugned decision may sit. Appeals shall lie in accordance with Article 80.

ARTICLE 52 - Finance and Audit Committee

- 52.1** It shall review budgets, quarterly accounts, grants, procurement, related-party transactions, internal controls, risk, investments, insurance and audit compliance; meet at least quarterly; and report to the Executive Committee and General Body.
- 52.2** The statutory auditor shall be independent, appointed by the General Body and rotated in accordance with applicable law and good governance.

ARTICLE 53 - Selection Committee and selection appeal mechanism

- 53.1** Athlete selection shall be undertaken by a duly constituted Selection Committee under published criteria. The Committee should ordinarily be chaired by the **President of the Federation**.

53.2 The Committee shall include technical/coaching expertise, at least one SOM, an athlete representative nominated by the Athletes Committee, and not more than two Executive Committee members on rotation. A Government/SAI observer, if appointed, is not a member and shall not vote or sign the decision.

53.3 All members shall declare conflicts. A parent, personal coach, employer or close associate of a candidate shall recuse from that athlete's matter.

53.4 An aggrieved athlete may file a first grievance within the notified period. An independent Selection Grievance Panel including an SOM retired for at least four years shall decide within seven days. A second appeal lies to the Dispute Resolution Committee. No Selection Committee member may sit on either appeal.

ARTICLE 54 - Technical, Coaching and Research, and Medical Committees

54.1 The Executive Committee shall establish Technical, Coaching and Research, and Medical Committees with written terms of reference, professional qualifications, gender representation and athlete participation.

54.2 The Technical Committee shall advise on IWLF technical rules, competition delivery, equipment, records, referees and official education.

54.3 The Coaching and Research Committee shall advise on coach education, licensing, high-performance pathways, sports science, research and continuing professional development.

54.4 The Medical Committee shall advise on athlete health, injury prevention, return-to-play, emergency action plans, nutrition, mental well-being, medical confidentiality and event medical standards.

54.5 Committee terms shall not exceed the Executive Committee term. Members may be removed only for cause, loss of qualification or persistent non-performance.

ARTICLE 55 - Anti-Doping and Clean Sport framework

55.1 The Federation and all members are bound by the National Anti-Doping Act, 2022, NADA India rules, the WADA Code, IWF Anti-Doping and ITA Rules and decisions of concerned / competent anti-doping bodies.

55.2 The Federation shall support testing, whereabouts, education, results management, therapeutic-use processes and investigations without interference. It shall not conceal or privately compromise an anti-doping matter.

55.3 An Anti-Doping and Clean Sport Unit or designated officer shall maintain education plans, competition testing coordination, athlete-support information and secure records. Adjudication shall remain with the legally competent anti-doping panels of the Competent Anti-Doping Body.

55.4 Selection and participation may be made subject to lawful anti-doping eligibility and medical requirements.

ARTICLE 56 - Safe Sport, safeguarding, POSH and grievance redressal

56.1 The Federation shall adopt a comprehensive Safe Sport Policy applicable to all activities, events, camps, travel, digital communications and accommodation, with specific protection for women, minors and vulnerable persons.

56.2 A trained Safeguarding Officer and alternate shall be appointed. Child-protection screening, codes of conduct, two-adult rules, travel/accommodation safeguards, reporting channels, anti-retaliation and emergency referral procedures shall be maintained.

56.3 An Internal Committee under the Sexual Harassment of Women at Workplace law shall be constituted where applicable. Safe-sport complaints involving sexual harassment, abuse or a child shall be handled by the competent specialised mechanism and reported to authorities where legally required.

56.4 Athletes, coaches and other persons shall have accessible grievance channels, acknowledgement within three working days, triage, interim protection and reasoned disposal within published timelines.

ARTICLE 57 - Gender Equity, Development and Education Committees

57.1 A Gender Equity Committee shall advise on women's participation, leadership pathways, equal opportunities, safe facilities, pregnancy and maternity support, data and anti-discrimination.

57.2 A Development and Education Committee shall support grassroots programmes, schools, districts, talent identification, coach/referee education, athlete career transition and assistance to weaker Affiliate Units.

57.3 Each committee shall include an athlete representative and at least forty per cent women, unless a documented shortage requires a temporary exception and remedial plan.

PART X - ELECTIONS

ARTICLE 58 - Election authority and independence

- 58.1** IWLF shall appoint an Electoral Officer from the National Sports Election Panel maintained under the Act, unless the IWLF requires another qualified independent officer and the details are furnished to the Board.
- 58.2** The Electoral Officer shall have sole administrative control over the election, finalise electoral rolls, prescribe forms, decide nominations, supervise polling and counting, declare results and secure records. Federation office bearers and staff shall provide neutral assistance only.
- 58.3** The Electoral Officer shall disclose conflicts and shall not have served the Federation or a contesting Affiliate Unit in an elected or paid position during the preceding four years.
- 58.4** Election notices, rolls, candidate lists, decisions and results shall be published on the Federation website and submitted to the superior/competent body within the prescribed time.

ARTICLE 59 - Election Panel for Affiliate Units

- 59.1** IWLF shall prepare and publicly maintain an Election Panel for elections of State/UT Affiliate Units as required by section 16(6) of the NSG Act. Each State/UT unit shall appoint its Electoral Officer from that roster.
- 59.2** The panel shall contain a sufficient number of retired persons with adequate experience in conduct of elections under the Representation of the People Act, 1951 or comparable public elections. The roster, qualifications, conflict declarations and allocation procedure shall be public.
- 59.3** Allocation shall be by rotation or transparent draw, avoiding local conflicts. Fees shall be reasonable and approved in advance.
- 59.4** An Affiliate Unit shall not appoint its own partisan office bearer, lawyer, auditor or employee as Electoral Officer.

ARTICLE 60 - Election calendar and electoral roll

- 60.1** The Executive Committee shall appoint the Electoral Officer in advance ninety (90) days before the election process.
- 60.2** The draft General Body electoral roll shall be released at least forty-five days before expiry and a minimum seven-day objection period provided. The Electoral Officer's reasoned decision on inclusion shall be final for election administration.
- 60.3** The call for election, final electoral roll, posts, qualifications, nomination forms and calendar shall issue at least thirty days before expiry. The election process shall ordinarily be completed within twenty-one days of the call.
- 60.4** The model calendar in Schedule II shall apply unless modified for practical necessity without reducing fairness or exceeding statutory deadlines.

ARTICLE 61 - Nomination scrutiny, campaign and polling

- 61.1** Nominations shall be filed on Days 8-10 or the equivalent notified period; draft nominations shall be published; objections allowed; scrutiny completed; withdrawals accepted; and a final contesting list published before polling.
- 61.2** Campaigns shall be dignified, factual and moderate. Bribery, gifts, intimidation, communal or caste appeals, misuse of office, Federation resources, official media, grants, staff or confidential data are prohibited.
- 61.3** Voting shall be in person by secret ballot approved by the Electoral Officer. Proxy voting is prohibited.
- 61.4** Uncontested candidates may be declared elected as permitted by the official Election Rules. Where a poll is required, privacy, authenticated rolls, sealed ballot boxes and candidate observation shall be ensured.

ARTICLE 62 - Counting, declaration, records and election petitions

- 62.1** Counting shall begin promptly in the presence of one authorised representative per candidate. Invalid ballots shall be identified with recorded reasons. Post-wise results shall be entered in the prescribed counting form.
- 62.2** The candidate receiving the highest valid votes for a single seat, or the required number of highest-ranked candidates for multiple seats, shall be elected. A tie affecting the result shall be resolved by a further ballot.
- 62.3** The Electoral Officer shall declare and publish results within twenty-four hours and submit certified results within forty-eight hours.
- 62.4** Ballots, digital logs, rolls, nomination papers, decisions and recordings shall be sealed and retained until at least the next election or conclusion of litigation, whichever is later.

ARTICLE 63 - Election of the Athletes Committee: special procedure

- 63.1** The Athlete Electoral Panel shall be separate from the General Body electoral roll. Only eligible athlete electors shall vote in Athletes Committee elections.
- 63.2** The Electoral Officer may use a championship-based polling window, secure remote voting or a designated athlete meeting, provided identity, secrecy, equal access and independent verification are ensured.
- 63.3** Candidates shall receive equal profile space on the official website. Campaigning in competition, warm-up, training, accommodation and transport areas may be restricted to protect equality and athlete focus.
- 63.4** The final Athletes Committee shall elect its two Executive Committee representatives from amongst itself after its own election and before the first Executive Committee meeting.

ARTICLE 64 - Elections of Affiliate Units

- 64.1** Every State/Union Territory Weightlifting Association shall conduct elections at least once every four years under compliant by-laws and an Electoral Officer appointed from the lawful roster.
- 64.2** The Affiliate Unit shall provide its final constitution, member register, audited accounts and governing-body term data to the Electoral Officer and Federation. Failure to conduct a fair and timely election may result in suspension or an ad hoc body.
- 64.3** The Federation may observe but shall not manipulate the election. All directions shall be in writing and limited to compliance.
- 64.4** District or lower units shall follow the same principles mutatis mutandis, including athlete and women representation appropriate to their level.

PART XI - SPORTING OPERATIONS

ARTICLE 65 - Athlete and team selection policy

- 65.1** The Federation shall maintain a standard written selection policy for competitions, camps and teams. Criteria shall be objective, measurable, sport-specific, consistent and published on the website and circulated to members.
- 65.2** Ordinary event and camp criteria, and any amendment, shall be published in advance. Criteria for Olympics, Asian Games and Commonwealth Games shall be published as early as practicable and ordinarily in advance.
- 65.3** Trials and domestic competitions forming the basis of selection shall be videographed or covered by CCTV unless equivalent official broadcast/video-referral systems exist. Signed minutes, scores, reasons, conflicts and recordings shall be preserved.
- 65.4** Selections shall comply with Government/SAI instructions, IWLF qualification rules, medical fitness, anti-doping eligibility and published appeal procedures.

ARTICLE 66 - Competitions, championships, records and sanctioning

- 66.1** IWLF shall prepare an annual calendar and may conduct championships for age groups and categories recognised by IWF and applicable national rules.
- 66.2** Competitions shall comply with current IWF Technical and Competition Rules, qualified officials, equipment standards, anti-doping arrangements, medical and safeguarding plans and transparent entry criteria.
- 66.3** No person or body may conduct a championship, trial or event using protected territorial or Federation names without written sanction. Sanction may be conditioned, suspended or withdrawn for safety, integrity or non-compliance.
- 66.4** Records shall be ratified only upon compliance with technical, anti-doping and documentation requirements and entered in an official register.

ARTICLE 67 - Coaches, support staff, technical officials and licences

- 67.1** Appointments shall be merit-based under published qualifications, conflict checks, safeguarding screening and performance terms. Government-funded appointments shall follow applicable SAI/Ministry procedures.
- 67.2** Selection committees for coaches/support staff shall include relevant experts and SOM/athlete representation and not be dominated by Executive Committee members.
- 67.3** The Federation shall maintain licensing, grading, continuing education and disciplinary systems for coaches and technical officials consistent with IWF requirements.
- 67.4** Delegation appointments shall be based on competence, event needs, rotation where appropriate, conduct record and conflict disclosure.

ARTICLE 68 - Athlete welfare, entitlements and transition

- 68.1** The Federation shall adopt transparent policies on travel, accommodation, per diem, equipment, insurance, medical support, prize money, scholarships and reimbursement, applying equal treatment and timely payment.
- 68.2** Athletes shall receive written selection and camp conditions, safeguarding contacts, anti-doping information and a channel to report non-payment or mistreatment.
- 68.3** Career transition, education, mental health, injury rehabilitation, maternity/pregnancy support and post-retirement engagement shall be included in athlete-welfare planning within available resources.
- 68.4** No athlete shall be required to waive non-waivable statutory rights as a condition of participation.

PART XII - FINANCE AND TRANSPARENCY

ARTICLE 69 - Funds and permissible income

- 69.1** Funds may consist of Government grants, affiliation and licence fees, event revenue, sponsorship, broadcasting, donations, development assistance, interest and other lawful receipts.
- 69.2** All income and property shall be applied solely to the objects of the Federation. No dividend, profit or asset shall be distributed to members, except reasonable reimbursement, salary or contractual payment for genuine services under conflict controls.
- 69.3** Restricted grants and donations shall be separately tracked and used only for the approved purpose.

ARTICLE 70 - Budget, accounts and financial year

- 70.1** The financial year shall be 1 April to 31 March unless law requires otherwise. The CEO and Treasurer shall prepare an annual budget for Executive Committee approval before the year begins.
- 70.2** Books shall be maintained on recognised accounting standards with cost centres for grants, events and projects. Quarterly management accounts and variance reports shall be reviewed by the Finance and Audit Committee.
- 70.3** Cash transactions shall be minimised and statutory thresholds strictly observed. Supporting documents, approvals and beneficiary details shall be retained.

ARTICLE 71 - Bank accounts, signatories and payments

- 71.1** Bank accounts shall be opened only in the Federation's name with a scheduled bank by Executive Committee resolution.
- 71.2** Payments shall require any two authorised signatories from among the President, General Secretary, Treasurer, provided that one signatory shall mandatory be the **President** and no person shall approve a payment to self.
- 71.3** Electronic banking shall use maker-checker controls, transaction limits, dual authentication and audit logs. Changes in mandates shall be filed immediately after elections or staff changes.
- 71.4** Investments shall be low-risk and lawful, approved by the Executive Committee on Finance and Audit Committee advice.

ARTICLE 72 - Audit, procurement and related-party transactions

- 72.1** Annual accounts shall be audited by an independent chartered accountant appointed by the General Body and published with the auditor's report.
- 72.2** Procurement thresholds, quotation/tender/RFP requirements, evaluation criteria, contract approvals and emergency procurement shall be governed by written regulations consistent with grant conditions and public-fund norms.
- 72.3** **PAC will be allowed wherever feasible.**

72.4 Every related-party transaction shall be disclosed, benchmarked to fair value, approved without the interested person, recorded in the minutes and reported in the annual accounts.

72.5 Internal or special audits may be ordered by the Executive Committee, General Body, Board, Government or funding authority.

ARTICLE 73 - Transparency, RTI and public disclosures

73.1 Where receiving Government financial assistance, the Federation shall comply with applicable obligations under the Right to Information Act, 2005 in relation to utilisation of such assistance and shall designate responsible officers as required.

73.2 The website shall publish the Constitution, affiliations, Executive Committee and committee membership, electoral rolls and results, annual report, audited accounts, grants, selection policies, team selections, sanctioned events, tenders, major contracts, anti-doping and safeguarding contacts, grievance procedures and disciplinary decisions with lawful redactions.

73.3 Information shall be updated within reasonable periods and preserved in an archive. Personal, medical, safeguarding and legally privileged information shall not be disclosed merely in the name of transparency.

ARTICLE 74 - Property, contracts, borrowing and common seal

74.1 Movable and immovable property shall vest in the Federation and be recorded in an asset register. Title documents shall be securely held and periodically verified.

74.2 No part of the society's office land/building shall be sold, transferred, or alienated in any manner without a special resolution passed by full majority (100% votes) of the General Body and Executive Committee members specifically convened for this purpose. Only the spare space of office land / building / independent floor, if available in addition to adequate office space of IWLF may be sublet/leased for raising financial support to the IWLF with the prior approval of the General Body and the Executive Committee.

74.3 Borrowing outside an approved working-capital facility requires General Body approval. Personal guarantees by office bearers shall not be sought except by an expressly approved and lawful arrangement.

74.4 Contracts shall be signed only by authorised persons. Use of the common seal, if any, shall be recorded and witnessed as prescribed.

PART XIII - ETHICS, DATA AND DISCIPLINE

ARTICLE 75 - Code of Ethics and conduct

- 75.1** The Code of Ethics in Schedule V binds office bearers, committees, employees, athletes, coaches, officials, members, affiliates, sponsors and persons participating in Federation activities.
- 75.2** It shall regulate honesty, fiduciary duty, harassment, discrimination, gifts, hospitality, bribery, corruption, betting, competition manipulation, misuse of information, social-media conduct, confidentiality, retaliation and reporting.
- 75.3** Annual acknowledgment and disclosure shall be mandatory for governing and senior operational persons. Training shall be provided.

ARTICLE 76 - Conflict of interest

- 76.1** A conflict includes any personal, family, financial, professional, political, affiliate or other interest that could reasonably be perceived to affect impartial judgment.
- 76.2** Conflicts shall be declared on appointment, annually and at each meeting. The interested person shall not receive confidential papers beyond necessity, participate, vote or influence staff.
- 76.3** A public register of material governing-body interests shall be maintained, subject to privacy law. Failure to disclose is an ethics breach and may invalidate the decision if material.
- 76.4** No person may use office to secure selection, contract, employment or benefit for self or a related person.

ARTICLE 77 - Data protection, confidentiality and intellectual property

- 77.1** Personal data shall be collected for lawful sporting and administrative purposes, minimised, secured, retained only as necessary and shared only with authorised bodies or as required by law.
- 77.2** Medical, anti-doping, safeguarding and minor data shall receive heightened protection. Data breaches shall be documented, mitigated and notified where required.
- 77.3** Federation records, databases, event media and work product created by employees or contractors shall belong to the Federation under written terms, subject to athlete image and privacy rights.
- 77.4** Confidentiality shall not prevent protected disclosures to competent authorities or good-faith whistleblowing.

ARTICLE 78 - Disciplinary jurisdiction and sanctions

- 78.1** The Federation has disciplinary jurisdiction over members and participants for breaches of this Constitution, codes, event rules, affiliation duties and lawful decisions, except matters exclusively assigned to anti-doping or another body.
- 78.2** Sanctions may include warning, reprimand, education, restitution, fine where lawfully authorised, suspension of rights, removal, ineligibility, event sanction or disaffiliation. Sanctions shall be proportionate and reasoned.

78.3 No sanction shall be imposed without notice, disclosure of material allegations, reasonable opportunity to respond, impartial decision-maker and right of appeal, subject to urgent interim measures.

78.4 Whistleblowers, complainants, witnesses and athletes shall be protected against retaliation.

PART XIV - GRIEVANCE, APPEALS AND JURISDICTION

ARTICLE 79 - Internal grievance redressal and exhaustion of remedies

- 79.1** Every athlete, coach, official, member or Affiliate Unit may submit a grievance through the prescribed channel. The Secretariat shall acknowledge, classify and refer it to the competent committee.
- 79.2** Internal remedies shall be exhausted before approaching the Board or Tribunal unless delay would cause unreasonable prejudice or the Act permits direct access.
- 79.3** Mediation may be used with consent, but not to suppress safeguarding, criminal, anti-doping or serious integrity reporting.
- 79.4** Timelines shall be short for selection, election and event matters and reasonable for complex affiliation or disciplinary disputes.

ARTICLE 80 - Appeals, Tribunal, IWLF and CAS jurisdiction

- 80.1** An appeal from the Ethics Committee or Dispute Resolution Committee shall lie to the National Sports Tribunal where the Act confers jurisdiction, within the prescribed period.
- 80.2** Election petitions shall be limited and filed as prescribed in Article 62. Doping disputes shall proceed exclusively under the National Anti-Doping Act, applicable anti-doping rules and competent panels.
- 80.3** Where the IWLF Constitution, By-Laws or event regulations provide exclusive jurisdiction to IWLF bodies or the Court of Arbitration for Sport, that mechanism shall apply, subject to the Act and any clarificatory notification issued under it.
- 80.4** Civil-court jurisdiction shall be subject to statutory bars. Nothing in this Constitution prevents access to criminal, constitutional, labour, safeguarding or other non-waivable legal remedies.

PART XV - AMENDMENT, DISSOLUTION AND TRANSITION

ARTICLE 81 - Amendment of Constitution

- 81.1** An amendment may be proposed by the Executive Committee or at least one-third of voting Affiliate Units. The exact text and explanatory note shall be circulated at least thirty (30) clear days before the meeting.
- 81.2** A two-thirds quorum of total voting strength and a two-thirds majority of valid votes cast are required. An amendment affecting dissolution, assets or fundamental objects requires a three-fourths majority.
- 81.3** No amendment shall take effect until all required approval, no-objection, registration or filing with the competent Registrar, National Sports Board, Ministry, IOA and IWLF/AWF/CWF, as applicable is completed.
- 81.4** The Executive Committee may make non-substantive renumbering, cross-reference and typographical corrections, but shall report them and shall not alter legal meaning.

ARTICLE 82 - Regulations, policies and delegation

- 82.1** The Executive Committee may issue regulations and policies consistent with this Constitution on elections, membership, competitions, selection, finance, procurement, human resources, safe sport, anti-doping, technical matters, data, media and other operations.
- 82.2** No regulation may amend the composition, voting rights, term limits, election safeguards or other fundamental provisions reserved to the General Body.
- 82.3** Delegation shall be in writing, limited, revocable and reported. A delegate may not sub-delegate unless authorised.

ARTICLE 83 - Dissolution and application of assets

- 83.1** Dissolution requires a Special General Body Meeting called specifically for that purpose, a two-thirds quorum and three-fourths majority of total voting strength, together with statutory and superior-body approvals.
- 83.2** Records and trophies of historical value shall be preserved or transferred as per the provision under this Constitution.

ARTICLE 84 - Interpretation and removal of internal difficulties

- 84.1** The General Body is the final internal authority on interpretation, subject to the Act, Board, Tribunal, IWLF and courts. Between meetings, the Executive Committee may issue a provisional interpretation after legal advice.
- 84.2** A provisional measure to remove an internal difficulty shall be consistent with the Constitution, limited to six months and placed before the next General Body for ratification.

84.3 If any provision is invalid, the remaining provisions continue and the invalid provision shall be read down or replaced as closely as possible to achieve lawful intent.

ARTICLE 85 - Transitional, repeal and saving provisions

85.1 Upon adoption, prior bye-laws stand repealed **to the extent of inconsistency**, but lawful acts, contracts, affiliations, proceedings and accrued rights continue unless reviewed under this Constitution.

85.2 The incumbent Executive Committee shall prepare a compliance transition plan, complete statutory filings, constitute committees, publish registers and conduct elections within the timelines directed by law or competent authority.

85.3 Existing office-bearer terms shall be counted for statutory term-limit purposes as required by the Act, Rules, Government directions and applicable judicial decisions.

85.4 Placeholders in this draft shall be completed before registration. Any adoption resolution should authorise the President and General Secretary jointly to make only Registrar- or authority-required non-substantive corrections, reporting them to the next General Body.

SCHEDULE I - SPORTSPERSONS OF OUTSTANDING MERIT ELIGIBILITY AND ROSTER RULES

- 1. General Eligibility.** An applicant shall be an Indian citizen, of sound mind, at least twenty-five years of age, retired from active sport and not have participated during the preceding one year in a competitive event leading to selection to represent a district, State or India.
- 2. Application of Tiers.** For IWLF, achievements in Tiers 1-9 must have been while representing India in weightlifting; Tier 10 may include representation of a State. Rescinded medals or returned/rescinded awards shall not count.

Tier	Minimum achievement
Tier 1	Olympic Games medal - gold, silver or bronze.
Tier 2	Participation in two or more editions of the Olympic Games.
Tier 3	Participation in at least one edition of the Olympic Games.
Tier 4	Major Dhyan Chand Khel Ratna Award or Arjuna Award.
Tier 5	World Championship medal or equivalent placing.
Tier 6	Commonwealth Games, Asian Games or Asian Winter Games medal or equivalent placing.
Tier 7	Asian Championship medal or equivalent placing.
Tier 8	Participation in at least five sanctioned international events.
Tier 9	Participation in at least one sanctioned international event.
Tier 10	National Games, National Championship or equivalent recognised competition medal or placing.

- 3.** The roster shall be populated sequentially from Tier 1 downward until the required number is reached.
- 4.** If a particular tier creates excess eligible applicants, the eldest applicant within that tier receives priority, in accordance with the 2026 Rules.
- 5.** The Federation may issue a fresh call or adopt additional tiered criteria based on the same principles if the roster cannot be populated.

- 6.** The final male and female rosters shall be published and submitted to the competent governing body.

SCHEDULE II - EXECUTIVE COMMITTEE ELECTION RULES

- 1. Scope** These Rules apply to all Elected Posts and shall be read with the Act, 2026 Rules and this Constitution.
- 2. General rule** Elections shall normally take place at an AGM or specially convened General Body meeting and shall be by secret ballot.
- 3. Electoral Officer** The Electoral Officer controls documentation, deadlines, rolls, nominations, polling, counting, publication and liaison with competent bodies and may make practical form modifications without compromising principles.
- 4. Call for election** The call shall identify the Electoral Officer, final electoral roll, posts, qualifications, nomination form and calendar.

Model day	Event
Day 1	Call for election, invitation for nominations and release of final electoral roll
Days 8-10	Filing of nominations
Day 10	Draft list of nominations received
Days 11-14	Objections to draft list
Days 15-16	Scrutiny and disposal of objections
Day 17	Final list of validly nominated candidates
Day 18	Withdrawal of nominations
Day 19	Final list of contesting candidates
Day 21	Polling, counting and announcement of results

- 5. Nominations** A nomination must be proposed and seconded by persons on the applicable electoral roll, filed in the prescribed manner, and accompanied by all declarations. No member may propose or second more than one candidate for the same post.
- 6. Scrutiny** Candidates or one authorised representative may attend scrutiny and raise objections. The Electoral Officer shall publish reasoned acceptance/rejection and final lists.
- 7. Withdrawal** A valid candidate may withdraw in writing within the notified period. Withdrawal is final.
- 8. Campaign** Campaigns shall be fair and dignified. Gifts, bribery, intimidation, communal appeals, unverified allegations, public-resource misuse, staff assistance, Federation advertising and promises of benefits are prohibited.
- 9. Neutrality** Incumbent officials and staff shall remain neutral. Candidates shall not accept third-party assistance or undertakings compromising independence.

- 10. Polling** Where candidates equal seats, they may be declared unopposed as permitted. Otherwise, a secret poll shall be conducted; voters sign the authenticated roll; privacy and ballot integrity shall be secured; proxy voting is prohibited.
- 11. Counting** Counting shall be post-wise in the presence of authorised representatives. Unofficial, identifying, illegible, defaced or over-voted ballots are invalid. Reasons shall be recorded.
- 12. Results** The highest valid vote-getter(s) shall be elected. Results shall be declared and published using the prescribed form. A tie shall be resolved by a fresh ballot between the tied candidates and, if the tie persists after the fresh ballot, by draw of lots conducted transparently by the Electoral Officer.
- 13. Complaints** Election-administration complaints shall first be made to the Electoral Officer. A statutory petition must be filed within thirty days of result declaration.

SCHEDULE III - ATHLETES COMMITTEE PANEL, ELECTION AND OPERATING RULES

Subject	Rule
Committee size	10 elected members: 5 male and 5 female.
Term	Four years; maximum two consecutive terms, subject to continuing eligibility.
Minimum age	18 years on the last date for candidature.
Activity requirement	Majority active at national/international level or active within the preceding four years.
Sporting eligibility	India in at least one of the two most recent Olympic/Youth Olympic Games, Youth/Junior/Senior World Championships, the most recent Asian or Commonwealth Championship/Games, or a State/UT in at least two IWLF-recognised National Championships during the preceding four years
Anti-doping	A person finally found at any time to have committed an Anti-Doping Rule Violation is ineligible under the adopted stricter athlete-representation standard.
Electors	Athletes on the final Athlete Electoral Panel; one person, one vote; no proxy.
Executive Committee seats	Chairperson and Deputy Chairperson of different genders; one vote each.
Meetings	At least two each year plus one joint meeting with the Executive Committee.
Vacancy	Next-highest eligible unelected candidate of the same gender, failing which by-election/interim appointment.

Panel Preparation Procedure

1. Public call for athlete-electors and candidate applications, with online and physical submission options.
2. Direct applications by eligible recent national/international athletes and facilitation by Affiliate Units.
3. Independent eligibility review using identity, result, anti-doping and conflict documentation.

- 4.** Draft male and female lists, seven-day objections, reasoned decisions and final publication.
- 5.** Separate secret-ballot election, equal candidate profile publication, independent counting and result certification.
- 6.** First meeting within seven days to elect Chairperson and Deputy Chairperson and designate committee nominees to standing committees.

SCHEDULE IV - CEO APPOINTMENT, DELEGATION AND PERFORMANCE FRAMEWORK

Element	Minimum requirement
Search Committee	President; General Secretary; one SOM member; one Athletes Committee representative; one independent HR/governance expert; minimum two women.
Advertisement	Public advertisement stating qualifications, term, remuneration range, conflicts, documents and selection method.
Assessment	Eligibility screening, weighted evaluation, interview, references, integrity checks and recorded recommendation.
Appointment	Executive Committee resolution and written contract; no voting right; attendance at meetings as required.
Term	Up to four years, renewable once after independent review.
Annual KPIs	Governance compliance, athlete services, financial controls, events, sponsorship, digital systems, safeguarding, staff management and strategic plan.
Delegation	Written matrix for contracts, procurement, payments, HR, communications and representation.
Removal	Contractual notice and fair process; immediate suspension only for serious risk, fraud, safeguarding or legal necessity.

Model delegation rule. The CEO may make operational decisions within approved strategy, policy, budget and delegation. The CEO may not amend policy, select athletes, determine disciplinary guilt, alter election processes, dispose of immovable property or approve a related-party transaction without the competent body.

SCHEDULE V - CODE OF ETHICS AND CONFLICT-OF-INTEREST PRINCIPLES

Principle	Required conduct
Integrity	Act honestly, lawfully and for proper sporting purposes.
Athlete-centred conduct	Respect athlete rights, dignity, health, voice and welfare.
No abuse or harassment	Prohibit physical, sexual, psychological and online abuse, bullying, hazing and retaliation.
No discrimination	Ensure equal opportunity and respectful conduct.
No corruption	Prohibit bribery, kickbacks, gifts intended to influence, fraud, misappropriation and manipulation.
No betting/manipulation	Do not bet on or improperly influence competitions under the Federation's jurisdiction.
Conflict disclosure	Disclose, recuse and record actual, potential and perceived conflicts.
Confidentiality and data	Protect personal, medical, selection, disciplinary and commercial information.
Proper use of resources	Use funds, vehicles, staff, media and property only for authorised purposes.
Reporting and protection	Report suspected serious wrongdoing and protect good-faith reporters from retaliation.

Sanctions. Depending on seriousness and due process: advice, education, warning, reprimand, restitution, recusal, suspension, removal recommendation, ineligibility, event exclusion or referral to competent authorities.

SCHEDULE VI - MINIMUM SELECTION POLICY FRAMEWORK

Component	Minimum content
Published criteria	Events, eligible athletes, ranking/performance standards, trials, weight category, tie-breaks, discretion limits and timelines.
Advance publication	Three months for ordinary events/camps; as early as practicable and ordinarily two years for mega multi-sport events.
Selection Committee	Qualified chair; technical/coaching members; SOM; athlete representative; maximum two Executive Committee members; conflicts declared.
Evidence	Official results, verified lifts, ranking, medical fitness, anti-doping eligibility, attendance and objective data.
Trials	Video/CCTV, calibrated equipment, qualified officials, published start list and signed minutes.
Reasons	Selected and reserve lists with concise reasons and performance data, subject to privacy.
Grievance	Prompt first review, decision within seven days where event timelines require, second appeal to DRC.
Record retention	Criteria, entries, video, minutes, conflicts, results, communications and appeals retained for at least eight years.

SCHEDULE VII - MODEL FORMS

Note: The Electoral Officer or Executive Committee may make non-substantive formatting changes while preserving statutory content. All declarations should be supported by documents and signed physically or through a legally valid digital signature.

MODEL FORM 1 - Authorisation of General Body Representatives**Indian Weightlifting Federation**

Particular	Details
Affiliate Unit	
Meeting / Election Date	
Representative 1 (Name, gender, ID, mobile, email)	
Representative 2 (Name, gender, ID, mobile, email)	
Resolution date and number	
Woman-representation compliance	Yes / No / Exemption order, if any

Certification: We certify that the above representatives were authorised by a valid resolution, are eligible, and will exercise one vote each. Neither will represent another Affiliate Unit or vote in another category.

 President/Authorised Signatory: _____ Secretary/Authorised Signatory: _____

MODEL FORM 2 - Application for Inclusion in SOM Roster**Indian Weightlifting Federation**

Particular	Applicant response
Name	
Gender category	
Date of birth / Age	
Citizenship / ID	
Address, mobile and email	
Date of retirement from active sport	
Last competitive event leading to district/State/India selection	
Highest eligible Tier	
Achievement details and event dates	
Current office in any sports body	
Prior anti-doping / ethics / criminal matter	
Documents enclosed	

Declaration: I certify that the information is true; I satisfy the one-year retirement condition; I consent to verification and publication of necessary eligibility information; and I will immediately report any material change.

Applicant signature: _____ Date: _____ Place: _____

MODEL FORM 3 - SOM Roster Scrutiny and Tier Assessment Sheet**Indian Weightlifting Federation**

Sl .	Applicant	Gender	General criteria	Tier	Evidence verified	Conflict/disqualification	Decision/reason
1							
2							
3							
4							
5							
6							
7							
8							

Panel members and signatures: _____

MODEL FORM 4 - Application for Athlete Electoral Panel**Indian Weightlifting Federation**

Particular	Details
Name / gender / date of birth	
Registration number and Affiliate Unit	
Current athlete status	Active / retired within four years / other
Eligible championships represented	
Most recent competition and date	
Anti-doping declaration	
Current sports office/employment	
Identity and result documents	
Mobile / email	

Undertaking: I will comply with election neutrality, confidentiality, athlete conduct and one-person-one-vote rules.

MODEL FORM 5 - Athletes Committee Candidature and Nomination**Indian Weightlifting Federation**

Particular	Details
Candidate name and gender	
Athlete Electoral Panel serial number	
Eligibility event(s)	
Statement of athlete priorities (max. 250 words)	
Proposer name / panel no. / signature	
Seconder name / panel no. / signature	
Candidate consent and signature	

MODEL FORM 6 - Athlete Electoral Panel and Athletes Committee Result**Indian Weightlifting Federation**

Sl.	Elector / Candidate	Gender	Affiliate Unit	Votes received	Elected / Not elected
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

Electoral Officer certification: _____

MODEL FORM 7 – ELECTORAL ROLL**Indian Weightlifting Federation**

Election as on _____

Affiliate Units			
Sl. No.	Affiliate Unit Name	Election Name	Representative
Sportsperson of Outstanding Merit			
	Name:		
	Name:		
	Name:		
	Name:		

Name:**Electoral Officer [Indian Weightlifting Federation]****Date:****Place:**

FORM 8 – NOMINATION FORM**Indian Weightlifting Federation**

Elections as on _____

NOMINATION FORM FOR**ELECTION AS _____ [NAME OF THE ELECTED POST]****To,****The Electoral Officer, Indian Weightlifting Federation,
C-2/18, Sector-31, Noida, Uttar Pradesh 201301****We****Shri / Smt. / Ms.****nominate _____ (name and address) for the
above-mentioned Elected Post.****Our particulars are given below:-**

	Name	Name of Affiliate Unit Represented, if applicable	Sl. No. in the Electoral Roll List	Signature

**I, the candidate below named, do hereby give my assent to my nomination for the
above Elected Post. Further, I certify and confirm that-**

- (a) I am eligible to contest for the above mentioned Elected Post as per the bye-laws of Indian Weightlifting Federation and
- (b) I am not currently undergoing, and am not required to undergo any cooling off period in relation to the above mentioned Elected Post or barred from

contesting for such Elected Post, as per the bye-laws of Indian Weightlifting Federation, the National Sports Governance Act, 2005 or the National Sports Governance Rules, 2025 or under applicable law.

(c) The information provided in the declaration appended to this form is true and correct to the best of my knowledge.

Name of the Candidate _____

Name of Affiliate Unit Represented, if applicable

Sl. No. in the Electoral Roll list (if applicable) _____

Signature _____

Date:

Place:

MODEL FORM 9 – LIST OF NOMINATIONS RECEIVED**Indian Weightlifting Federation****Election as on _____**

Sl. No.	Name, address of candidate	Elected Post	Name and Sl. No. in Electoral Roll of Proposer	Name and Sl. No. in Electoral Roll of Secunder

Name:**Electoral Officer, Indian Weightlifting Federation****Date:****Place:**

MODEL FORM 10 – LIST OF VALIDLY NOMINATED CANDIDATES**Indian Weightlifting Federation****Election as on _____**

Sl. No.	Name, address of candidate	Elected Post	Name and Sl. No. in Electoral Roll of Proposer	Name and Sl. No. in Electoral Roll of Secunder

Name:**Electoral Officer, Indian Weightlifting Federation****Date:****Place:**

MODEL FORM 11- NOTICE OF WITHDRAWAL**Indian Weightlifting Federation****Election as on _____****NOTICE OF WITHDRAWAL OF CANDIDATURE FOR ELECTION AS
_____ (NAME OF THE POST)****To,****The Electoral Officer, Indian Weightlifting Federation
C-2/18, Sector-31, Noida, Uttar Pradesh 201301****I, the validly nominated candidate, do hereby give my notice of withdrawal of
candidature for the above Elected Post.****Name of the Candidate _____****Name of Affiliate Unit Represented, if applicable****_____****Sl. No. in the Electoral Roll list, if applicable _____****Signature: _____**

MODEL FORM 12 – LIST OF CONTESTING CANDIDATES**Indian Weightlifting Federation****Election as on _____**

Sl. No.	Elected Post	Name of Candidate	Name of Affiliated Unit Represented, if applicable	Name and Sl. No. in Electoral Roll List (if applicable)

Name:**Electoral Officer, Indian Weightlifting Federation****Date:****Place:**

MODEL FORM 13 – BALLOT PAPER**Indian Weightlifting Federation****Election as on _____**

Elected Post	Name of Candidate	Mark vote here by placing tick mark (☐)

- (1) Place the mark (☐) against the name of only one (1) contesting candidate for the respective Elected Post,**
- (2) DO NOT place any other mark like (x) or work against the name of any Candidate as that shall render your ballot paper liable for rejection.**
- (3) Place a tick mark on the ballot paper with the article specially provided by the Electoral Officer for the purpose. Any ballot paper marker with any other pen, ball point pen, etc shall render your ballot paper liable for rejection.**

Name:**Electoral Officer, Indian Weightlifting Federation****Date:****Place:**

MODEL FORM 14 – RESULT OF COUNTING OF VOTES**Indian Weightlifting Federation****Election as on _____**

Name of Post	Total Votes Polled	Total Votes rejected	Name of Candidate	Valid Votes polled
President (1)				
Secretary General (1)				
Treasurer (1)				
Vice President (2)				
Jt. Secretary (2)				
Executive Member (4)				
Male sportspersons of outstanding merit (1)				

Female sportspersons of outstanding merit (1)				
Chairperson – Athlete Committee (1)				
Vice-Chairperson – Athlete Committee (1)				

Name:

Electoral Officer, Indian Weightlifting Federation

Date:

Place:

Name: _____

Observer (if present)

MODEL FORM 15 – DECLARATION OF RESULTS**Indian Weightlifting Federation****Election as on _____**

I, the Electoral Officer for the above elections, hereby declare the following candidates as duly elected to the Elected Post(s) mentioned against their name.

Elected Post	Name of Candidate
President (1)	
Secretary General (1)	
Treasurer (1)	
Vice President (2)	
Jt. Secretary (2)	
Executive Member (4)	
Male sportspersons of outstanding merit (1)	
Female sportspersons of outstanding merit (1)	
Chairperson – Athlete Committee (1)	
Vice-Chairperson – Athlete Committee (1)	

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Name:

Electoral Officer, Indian Weightlifting Federation

Date:

Place:

Name: _____

Observer (if present)

MODEL FORM 16 - Application for Affiliation / Renewal**Indian Weightlifting Federation**

Particular	Details / document reference
Name and jurisdiction	
Registration number/date/law	
Registered office and contacts	
Office bearers and term	
District/club/athlete membership	
Championships held in last two years	
Audited accounts enclosed	
Constitution compliant with Act/Rules	
Bank account in unit name	
Safe-sport and anti-doping officers	
Dues paid	
Board registration status	

Undertaking: We recognise IWLF and its superior bodies, accept jurisdiction and will report changes within thirty days.

MODEL FORM 17 - Grievance / Appeal Form**Indian Weightlifting Federation**

Particular	Details
Complainant / appellant	
Capacity and contact	
Decision/action challenged	
Date of knowledge	
Facts and grounds	
Urgency / event deadline	
Interim relief sought	
Final relief sought	
Documents enclosed	
Other proceedings disclosed	

Verification

and

signature:

MODEL FORM 18 - Annual Conflict-of-Interest Disclosure**Indian Weightlifting Federation**

Interest category	Details / None
Sports-body offices	
Employment/consultancy	
Ownership in vendors, academies or sponsors	
Close relatives in Federation ecosystem	
Gifts/hospitality above threshold	
Litigation or disputes with Federation	
Other actual/potential/perceived conflicts	

I undertake to update this disclosure promptly. Signature: _____ Date: _____

MODEL FORM 19 - CEO Candidate Evaluation and Annual Performance Review**Indian Weightlifting Federation**

Criterion	Weight	Score	Evidence / remarks
Governance and statutory compliance	20		
Athlete services and safeguarding	15		
Financial management and controls	15		
Events and technical operations	15		
Strategic plan and development	10		
Sponsorship and revenue	10		
People and Secretariat management	10		
Digital systems and transparency	5		

Overall recommendation: Appoint / Renew / Improvement plan / Do not renew

SCHEDULE VIII - MINIMUM WEBSITE AND ANNUAL DISCLOSURES

Area	Minimum disclosure
Governance	Constitution, regulations, affiliations, registration, General Body categories, Executive Committee and committee members, terms and biographies.
Elections	Election notice, Electoral Officer, draft/final rolls, candidate lists, decisions, results and term-history register.
Finance	Audited accounts, annual report, grants received, utilisation summaries, tenders and awarded major contracts.
Sport	Calendar, event sanctions, selection policies, selected teams, results, records, technical circulars and registration information.
Athletes	Athletes Committee, athlete rights, welfare/entitlement rules, grievance procedure, anti-doping education and safe-sport contacts.
Integrity	Code of Ethics, conflict rules, disciplinary decisions, whistleblowing and safeguarding policies with lawful redactions.
Access	RTI details where applicable, office contacts, service timelines and accessible document formats.