

Name : **ASMITA KHELO INDIA SOUTH ZONE WOMENS WEIGHTLIFTING LEAGUE TOURNAMENT**

Youth-YTH Site : **V.K.N MENON**

City : **THRISSUR, KERALA**

Date : **12/2/2025**

Organizer : **KERALA STATE WEIGHTLIFTING A**

Memb.	Start	Lot	Last Name	First Name	Cat.	B.W	Team	Born	Snatch			Best Snatch	Clean&Jerk			Best C&J	Total	Rank	Best Athlete
									1	2	3		1	2	3				
YTH F 44																			
	2	43	I.	Dharshinipriya	YTH F 44	42.04	Puducherry	4/17/2009	52	55	57	57	65	69	72	72	129	1	478.972
	1	17	K.	Iswariya	YTH F 44	42.94	TAMILNADU	12/9/2009	50	(54)	56	56	61	66	(73)	66	122	2	397.943
	4	67	PALLAVI	-	YTH F 44	43.70	Karnataka	4/25/2008	(40)	40	43	43	50	(55)	55	55	98	3	192.218
	3	64	DEVIKA	P Nair	YTH F 44	42.78	Kerala	8/22/2010	28	(31)	31	31	35	39	(43)	39	70	4	62.859

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JURY PRESIDENT
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Name : ASMITA KHELO SOUTH ZONE WOMENS WEIGHTLIFTING LEAGUE TOURNAMENT
Youth-YTH Site : V.K.N MENON
Date : 12/2/2025 City : THRISSUR, KERALA
Organizer : KERALA STATE WEIGHTLIFTING A

Memb.	Start	Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch			Best Snatch	Clean&Jerk			Best C&J	Total	Rank	Best Athlete
									1	2	3		1	2	3				
YTH F 48																			
	2	27	Harshita	P P	YTH F 48	47.29	Karnataka	8/22/2008	48	51	54	54	64	67	72	72	126	1	348.860
	1	15	VAIGA	Raju	YTH F 48	47.39	Kerala	7/7/2008	45	50	53	53	60	(65)	66	66	119	2	288.529
	3	28	K.	Shwetha	YTH F 48	47.11	Puducherry	10/5/2009	(40)	40	45	45	50	55	60	60	105	3	190.378

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Name : ASMITA KHELO A SOUTH ZONE WOMENS WEIGHTLIFTING LEAGUE TOURNAMENT
 Junior-JR Site : V.K.N MENON City : THRISSUR, KERALA
 Date : 12/2/2025 Organizer : KERALA STATE WEIGHTLIFTING A

Memb.	Start	Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch			Best Snatch	Clean&Jerk			Best C&J	Total	Rank	Best Athlete
									1	2	3		1	2	3				
JR F 48																			
	4	79	SHRAVYA	M.	JR F 48	47.07	Karnataka	4/15/2005	60	63	(66)	63	75	(78)	78	78	141	1	307.964
	2	43	I.	Dharshinipriya	JR F 48	42.04	Puducherry	4/17/2009	52	55	57	57	65	69	72	72	129	2	478.972
	1	15	VAIGA	Raju	JR F 48	47.39	Kerala	7/7/2008	45	50	53	53	60	(65)	66	66	119	3	288.529
	5	85	Alaaska	Aleena	JR F 48	42.41	A & N Islands	6/10/2006	45	49	(52)	49	53	(61)	61	61	110	4	134.992

S. Shetty
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Name : **ASMITA KHELO** SOUTH ZONE WOMENS WEIGHTLIFTING LEAGUE TOURNAMENT
 Senior-SR Site : **V.K.N MENON** City : **THRISSUR, KERALA**
 Date : **12/2/2025** Organizer : **KERALA STATE WEIGHTLIFTING A**

Memb.	Start	Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch			Best	Clean&Jerk			Best	Total	Rank	Best Athlete
									1	2	3	Snatch	1	2	3	C&J			
SR F 48																			
	4	79	SHRAVYA	M.	SR F 48	47.07	Karnataka	4/15/2005	60	63	(66)	63	75	(78)	78	78	141	1	307.964
	2	43	I.	Dharshinipriya	SR F 48	42.04	Puducherry	4/17/2009	52	55	57	57	65	69	72	72	129	2	478.972
	5	85	Alaaska	Aleena	SR F 48	42.41	A & N Islands	6/10/2006	45	49	(52)	49	53	(61)	61	61	110	3	134.992

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Date : 12/3/2025 Organizer : KERALA STATE WEIGHTLIFTING A

Memb.	Start	Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch			Best Snatch	Clean&Jerk			Best C&J	Total	Rank	Best Athlete
									1	2	3		1	2	3				
YTH F 53																			
	6	78	S.R.	Deepana	YTH F 53	52.46	TAMILNADU	6/15/2009	50	(54)	(54)	50	65	72	(75)	72	122	1	237.765
	2	4	DEEPIKA	Kuragod	YTH F 53	50.44	Karnataka	2/19/2008	40	(43)	43	43	53	57	61	61	104	2	139.911
	3	51	MTR	Prithika	YTH F 53	51.26	A & N Islands	3/8/2010	43	(47)	(47)	43	54	58	(62)	58	101	3	126.947
	1	3	I.	Dharinisana	YTH F 53	48.46	Puducherry	12/10/2012	32	35	(38)	35	40	(45)	(45)	40	75	4	47.231
	4	99	NUHA	K	YTH F 53	48.60	Kerala	9/4/2008	30	(35)	(35)	30	40	(44)	44	44	74	5	45.172

S. Shanmugavel 3 12/25
(S. SHANMUGAVEL)
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 Date : 12/3/2025 Organizer : KERALA STATE WEIGHTLIFTING A

Memb.	Start	Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch			Best Snatch	Clean&Jerk			Best C&J	Total	Rank	Best Athlete		
									1	2	3		1	2	3						
JR F 53																					
	2	38	B.	Chandrika	JR F 53	52.00	A.P	10/8/2005	69	72	(75)	72	88	92	95	95	167	1	452.672		
	4	59	ROSE MARIYA	Xavier	JR F 53	52.34	Kerala	5/12/2006	60	(66)	66	66	80	86	(89)	86	152	2	331.137		
	1	12	R	Evangelin	JR F 53	52.58	Karnataka	1/2/2007	(54)	54	(58)	54	(67)	71	(73)	71	125	3	172.927		
	5	70	S.	Bavadharani	JR F 53	51.92	TAMILNADU	11/24/2006	50	54	(58)	54	65	(70)	(72)	65	119	4	146.858		

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 Date : 12/3/2025 Organizer : KERALA STATE WEIGHTLIFTING A

Memb.	Start	Lot	Last Name	First Name	Cat	B.W	Team	Born	Snatch			Best Snatch	Clean&Jerk			Best C&J	Total	Rank	Best Athlete
									1	2	3		1	2	3				
SR F 53																			
	2	38	B.	Chandrika	SR F 53	52.00	A.P	10/8/2005	69	72	(75)	72	88	92	95	95	167	1	452.672
	3	58	LAKSHMI	B	SR F 53	53.00	Karnataka	6/25/1999	65	68	(71)	68	85	(88)	(90)	85	153	2	286.080
	4	59	ROSE MARIYA	Xavier	SR F 53	52.34	Kerala	5/12/2006	60	(66)	66	66	80	86	(89)	86	152	3	331.137

S. Shanmugavelu
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 JURY - President

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 Date: 12/3/2025 Organizer: KERALA STATE WEIGHTLIFTING A

Memb.	Start	Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch			Best Snatch	Clean&Jerk			Best C&J	Total	Rank	Best Athlete
									1	2	3		1	2	3				
YTH F 58																			
	6	68	S.	Sakthisaraswathi	YTH F 58	57.11	Puducherry	1/4/2009	67	70	73	73	86	91	95	95	168	1	551.145
	4	34	G.	Lenin Priya	YTH F 58	56.37	A.P	6/9/2011	55	(60)	60	60	73	(82)	82	82	142	2	315.279
	1	19	KANCHANA	Talwar	YTH F 58	57.11	Karnataka	1/14/2008	54	(57)	(60)	54	68	(71)	71	71	125	3	206.411
	7	69	Melesna		YTH F 58	55.07	A & N Islands	12/7/2011	(50)	50	(53)	50	55	60	65	65	115	4	156.473

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 Junior-JR Site : **V.K.N MENON** City : **THRISSUR, KERALA**
 Date : **12/3/2025** Organizer : **KERALA STATE WEIGHTLIFTING A**

Memb.	Start	Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch			Best Snatch	Clean&Jerk			Best C&J	Total	Rank	Best Athlete
									1	2	3		1	2	3				
JR F 58																			
	3	33	V.R.KANIGA	Shri	JR F 58	56.97	TAMILNADU	9/15/2006	77	(80)	(81)	77	96	-	-	96	173	1	436.729
	6	68	S.	Sakthisaraswathi	JR F 58	57.11	Puducherry	1/4/2009	67	70	73	73	86	91	95	95	168	2	551.145
	5	49	MONISHA	P	JR F 58	57.87	Karnataka	1/7/2008	65	70	(74)	70	(90)	90	(95)	90	160	3	336.909
	7	69	Melesna		JR F 58	55.07	A & N Islands	12/7/2011	(50)	50	(53)	50	55	60	65	65	115	4	156.473
	2	20	SREELAKSHMI	K	JR F 58	54.61	Kerala	2/18/2005	(60)	(60)	(60)	-	-	-	-	-	-		-

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SHYAMALA SHETTY
JURY PRESIDENT
3.12.2025

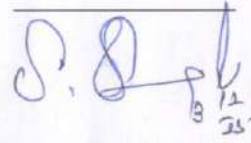
Name : **ASMITA KHELO INDIA SOUTH ZONE WOMENS WEIGHTLIFTING LEAGUE TOURNAMENT**
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Memb.	Start	Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch			Best Snatch	Clean&Jerk			Best C&J	Total	Rank	Best Athlete
									1	2	3		1	2	3				
SR F 58																			
	3	33	V.R.KANIGA	Shri	SR F 58	56.97	TAMILNADU	9/15/2006	77	(80)	(81)	77	96	-	-	96	173	1	436.729
	6	68	S.	Sakthisaraswathi	SR F 58	57.11	Puducherry	1/4/2009	67	70	73	73	86	91	95	95	168	2	551.145
	5	49	MONISHA	P	SR F 58	57.87	Karnataka	1/7/2006	65	70	(74)	70	(90)	90	(95)	90	160	3	336.909
	2	20	SREELAKSHMI	K	SR F 58	54.61	Kerala	2/18/2005	(60)	(60)	(60)	-	-	-	-	-	-	-	-

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Memb.	Start	Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch			Best Snatch	Clean&Jerk			Best C&J	Total	Rank	Best Athlete
									1	2	3		1	2	3				
YTH F 63																			
	4	42	Tanyasha		YTH F 63	59.92	A & N Islands	10/21/2010	52	56	(59)	56	60	70	74	74	130	1	193.936
	2	48	B Geeta	Rani	YTH F 63	61.34	A.P	1/10/2011	50	55	58	58	65	71	(75)	71	129	2	189.024
	3	81	HAMSAVENI	A	YTH F 63	62.52	Karnataka	1/3/2008	(55)	55	(59)	55	70	(74)	(74)	70	125	3	170.245



S.SHANMUGAVEL
Jury President

Name : ASMITA KHELO INDIA SOUTH ZONE WOMENS WEIGHTLIFTING LEAGUE TOURNAMENT
 Junior-JR Site : V.K.N MENON City : THRISSUR, KERALA
 Date : 12/3/2025 Organizer : KERALA STATE WEIGHTLIFTING A

Memb.	Start	Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch			Best Snatch	Clean&Jerk			Best C&J	Total	Rank	Best Athlete
									1	2	3		1	2	3				
JR F 63																			
	3	31	Odupalli	Gayatri	JR F 63	63.00	A.P	8/25/2005	(70)	70	75	75	95	102	(110)	102	177	1	407.028
	1	1	Sanika	B M	JR F 63	62.94	Karnataka	2/28/2007	65	(69)	69	69	83	90	(97)	90	159	2	285.037
	2	18	ALINA	Benny	JR F 63	61.66	Kerala	1/5/2005	61	(66)	(70)	61	75	80	(85)	80	141	3	191.236
	4	42	Tanyasha		JR F 63	59.92	A & N Islands	10/21/2010	52	56	(59)	56	60	70	74	74	130	4	193.936
	1	7	M.	Harini	JR F 63	62.94	Puducherry	5/15/2009	40	45	(48)	45	50	55	(60)	55	100	5	81.123

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 S. S. S. S. S. S.
 Jy. President

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 Date : **12/3/2025** Organizer : **KERALA STATE WEIGHTLIFTING A**

Memb.	Start	Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch			Best Snatch	Clean&Jerk			Best C&J	Total	Rank	Best Athlete
									1	2	3		1	2	3				
SR F 63																			
	3	31	Odupalli	Gayatri	SR F 63	63.00	A.P	8/25/2005	(70)	70	75	75	95	102	(110)	102	177	1	407.028
	1	1	Sanika	B M	SR F 63	62.94	Karnataka	2/28/2007	65	(69)	69	69	83	90	(97)	90	159	2	285.037
	2	18	ALINA	Benny	SR F 63	61.66	Kerala	1/5/2005	61	(66)	(70)	61	75	80	(85)	80	141	3	191.236
	4	42	Tanyasha		SR F 63	59.92	A & N Islands	10/21/2010	52	56	(59)	56	60	70	74	74	130	4	193.936

S. Shanmugavel
3-12-25
S. SHANMUGAVEL
Jury President

Name : **ASMITA KHELO** SOUTH ZONE WOMENS WEIGHTLIFTING LEAGUE TOURNAMENT
 Youth-YTH Site : **V.K.N. MENON** City : **THRISSUR, KERALA**
 Date : **12/3/2025** Organizer : **KERALA STATE WEIGHTLIFTING ASSOCIATION**

Memb.	Start	Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch			Best Snatch	Clean&Jerk			Best C&J	Total	Rank	Best Athlete
									1	2	3		1	2	3				
YTH F 69																			
	9	73	DIYA	Jayaraj	YTH F 69	67.57	Kerala	2/28/2008	65	70	(73)	70	83	88	(91)	88	158	1	309.029
	4	40	M.	Satyavathi	YTH F 69	67.59	A.P	8/28/2010	58	(63)	63	63	75	80	(86)	80	143	2	221.866
	6	56	Swati	M D	YTH F 69	63.53	Karnataka	5/18/2008	52	57	61	61	68	73	78	78	139	3	201.911
	2	26	Vadrevu	Neelima	YTH F 69	68.33	Puducherry	12/28/2008	(45)	(45)	45	45	55	60	(65)	60	105	4	79.518


 S. SHANMUGA R. L.
 Joint President

Name : ASMITA KHELO IL SOUTH ZONE WOMENS WEIGHTLIFTING LEAGUE TOURNAMENT
 Junior-J Site : V.K.N MENON City : THRISSUR, KERALA
 Date : 12/3/2025 Organizer : KERALA STATE WEIGHTLIFTING A

Memb.	Start	Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch			Best Snatch	Clean&Jerk			Best C&J	Total	Rank	Best Athlete
									1	2	3		1	2	3				
JR F 69																			
	1	8	C.	Harshika	JR F 69	68.47	Puducherry	10/31/2007	80	83	86	86	100	105	(108)	105	191	1	449.383
	3	30	BARANI	Priya	JR F 69	68.69	TAMILNADU	3/31/2006	67	(72)	72	72	87	94	97	97	169	2	299.273
	5	47	SHANNET	P Shaju	JR F 69	67.59	Kerala	3/19/2007	(67)	67	71	71	84	89	(96)	89	160	3	249.526
	4	40	M.	Satyavathi	JR F 69	67.59	A.P	8/28/2010	58	(63)	63	63	75	80	(86)	80	143	4	221.866
	2	26	Vadrevu	Neelima	JR F 69	68.33	Puducherry	12/28/2008	(45)	(45)	45	45	55	60	(65)	60	105	5	79.518
	7	61	SEEMA AJAYAKANT	Halirole	JR F 69	65.73	Karnataka	6/17/2008	(70)	(70)	(70)	-	-	-	-	-	-		-

S. Shanmugavel
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 S. SHANMUGAVEL
 JURY - President

Name : ASMITA KHELO A SOUTH ZONE WOMENS WEIGHTLIFTING LEAGUE TOURNAMENT
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 Date : 12/3/2025 Organizer : KERALA STATE WEIGHTLIFTING A

Memb.	Start	Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch			Best Snatch	Clean&Jerk			Best C&J	Total	Rank	Best Athlete
									1	2	3		1	2	3				
SR F 69																			
	1	8	C.	Harshika	SR F 69	68.47	Puducherry	10/31/2007	80	83	86	86	100	105	(108)	105	191	1	449.383
	3	30	BARANI	Priya	SR F 69	68.69	TAMILNADU	3/31/2006	67	(72)	72	72	87	94	97	97	169	2	299.273
	5	47	SHANNET	P Shaju	SR F 69	67.59	Kerala	3/19/2007	(67)	67	71	71	84	89	(96)	89	160	3	249.526
	8	71	ANUSREE	N B	SR F 69	64.11	Kerala	1/20/2005	(67)	(67)	67	67	93	(99)	(103)	93	160	4	249.526
	4	40	M.	Satyavathi	SR F 69	67.59	A.P	8/28/2010	58	(63)	63	63	75	80	(86)	80	143	5	221.866
	7	61	SEEMA AJAYAKANT	Halijole	SR F 69	65.73	Karnataka	6/17/2006	(70)	(70)	(70)	-	-	-	-	-	-		-

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 Senior-SR Site : V.K.N MENON City : THRISSUR, KERALA
 Date : 12/4/2025 Organizer : KERALA STATE WEIGHTLIFTING A

Memb.	Start	Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch			Best Snatch	Clean&Jerk			Best C&J	Total	Rank	Best Athlete
									1	2	3		1	2	3				
SR F 77																			
	4	37	Bojanki	Jhansi	SR F 77	76.28	A.P	6/13/2005	70	75	78	78	100	108	(117)	108	186	1	341.613
	2	10	NICEMOL	Thomas	SR F 77	77.00	Kerala	12/9/1999	(75)	75	79	79	(91)	91	97	97	176	2	229.826
	7	74	MONILA	M	SR F 77	73.76	TAMILNADU	11/14/2006	70	74	77	77	91	97	(101)	97	174	3	273.728
	9	80	MANASA	S	SR F 77	74.30	Karnataka	1/26/2008	(65)	65	(70)	65	88	(93)	94	94	159	4	265.546

S. Shanmugavel
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A Dr
S. SHANMUGAVEL
Jury President

Name : ASMITA KHELO ILLA SOUTH ZONE WOMENS WEIGHTLIFTING LEAGUE TOURNAMENT
 Junior-JR Site : V.K.N MENON City : THRISSUR, KERALA
 Date : 12/4/2025 Organizer : KERALA STATE WEIGHTLIFTING A

Memb.	Start	Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch			Best Snatch	Clean&Jerk			Best C&J	Total	Rank	Best Athlete
									1	2	3		1	2	3				
JR F 77																			
	4	37	Bojanki	Jhansi	JR F 77	76.28	A.P	6/13/2005	70	75	78	78	100	108	(117)	108	186	1	341.613
	7	74	MONILA	M	JR F 77	73.76	TAMILNADU	11/14/2006	70	74	77	77	91	97	(101)	97	174	2	273.728
	5	50	PRARTHANA	U P	JR F 77	76.36	Kerala	3/27/2006	65	70	75	75	86	(91)	91	91	166	3	234.107
	9	80	MANASA	S	JR F 77	74.30	Karnataka	1/26/2008	(65)	65	(70)	65	88	(93)	94	94	159	4	265.546

S. Shanmugavel
 S. SHANMUGAVEL
 Jury President

Name : ASMITA KHELO SOUTH ZONE WOMENS WEIGHTLIFTING LEAGUE TOURNAMENT
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 City : THRISSUR, KERALA
 Date : 12/4/2025
 Organizer : KERALA STATE WEIGHTLIFTING ASSOCIATION

Memb.	Start	Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch			Best Snatch	Clean&Jerk			Best C&J	Total	Rank	Best Athlete
									1	2	3		1	2	3				
YTH F 77																			
	6	54	E.	Kaviya	YTH F 77	77.00	TAMILNADU	9/1/2009	67	(70)	70	70	90	(94)	(94)	90	160	1	271.135
	1	9	R.	Sandhya	YTH F 77	69.66	TAMILNADU	10/30/2008	67	(72)	72	72	82	87	(92)	87	159	2	265.546
	9	80	MANASA	S	YTH F 77	74.30	Karnataka	1/26/2008	(65)	65	(70)	65	88	(93)	94	94	159	3	265.546
	3	32	LIYA	P P	YTH F 77	69.28	Kerala	5/14/2008	68	(71)	(72)	68	(86)	86	(88)	86	154	4	238.805
	8	76	HAUSA	Yasmin .S	YTH F 77	72.80	Kerala	2/12/2011	48	51	54	54	60	65	(70)	65	119	5	101.409

S. S. Shanmugavel
 4/12/25
 S. SHANMUGAVEL
 JURY - President

Name: ASMITA KHE **INDIA SOUTH ZONE WOMENS WEIGHTLIFTING LEAGUE TOURNAMENT**
 Junior-JR Site: V.K.N MENON
 Date: 12/4/2025 City: THRISSUR, KERALA
 Organizer: KERALA STATE WEIGHTLIFTING A

Memb.	Start	Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch			Best Snatch	Clean&Jerk			Best C&J	Total	Rank	Best Athlete
JR F 86																			
	1	23	AMRITHA	P.suni	JR F 86	85.64	Kerala/NCOE	1/16/2007	81	84	86	86	99	104	107	107	193	1	323.823
	2	75	R.	Harini	JR F 86	81.62	Puducherry	6/2/2006	80	(84)	(84)	80	90	-	-	90	170	2	212.443
	3	84	K Thejashwini	Poojary	JR F 86	82.52	Karnataka	6/1/2005	(70)	(70)	70	70	80	-	-	80	150	3	140.175

Shetty
SHYAMALA SHETTY
JURY PRESIDENT
4.12.2025

Name : **ASMITA KHELC** A SOUTH ZONE WOMENS WEIGHTLIFTING LEAGUE TOURNAMENT
 Senior-SR Site : **V.K.N MENON** City : **THRISSUR, KERALA**
 Date : **12/4/2025** Organizer : **KERALA STATE WEIGHTLIFTING A**

Memb.	Start	Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch			Best Snatch	Clean&Jerk			Best C&J	Total	Rank	Best Athlete
									1	2	3		1	2	3				
SR F 86																			
	1	23	AMRITHA	P.suni	SR F 86	85.64	Kerala/NCOE	1/16/2007	81	84	86	86	99	104	107	107	193	1	323.823
	2	75	R.	Harini	SR F 86	81.62	Puducherry	6/2/2006	80	(84)	(84)	80	90	-	-	90	170	2	212.443
	3	84	K Thejashwini	Poojary	SR F 86	82.52	Karnataka	6/1/2005	(70)	(70)	70	70	80	-	-	80	150	3	140.175

Shetty
SHYAMALA SHETTY
JURY PRESIDENT
4.12.2025

Name: ASMITA KHEL DIA SOUTH ZONE WOMENS WEIGHTLIFTING LEAGUE TOURNAMENT
 Youth-YTH Site: V.K.N MENON
 Date: 12/5/2025
 City: THRISSUR, KERALA
 Organizer: KERALA STATE WEIGHTLIFTING A

Memb.	Start	Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch			Best	Clean&Jerk			Best	Total	Rank	Best Athlete
									1	2	3	Snatch	1	2	3	C&J			
YTH F 77+																			
	3	6	PAVANI	J R	YTH F 77+	77.43	Karnataka	10/18/2010	(55)	55	58	58	75	80	(83)	80	138	1	140.774
	7	65	M.	Kiranmaya	YTH F 77+	82.51	Puducherry	3/11/2010	47	51	(55)	51	(55)	55	(60)	55	106	2	58.603

S. Shanmugavel
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 S. SHANMUGAVEL
 Jory President

Name : ASMITA KHELO IN SOUTH ZONE WOMENS WEIGHTLIFTING LEAGUE TOURNAMENT
 Junior-JR Site : V.K.N MENON City : HRISSUR, KERALA
 Date : 12/5/2025 Organizer : KERALA STATE WEIGHTLIFTING A

Memb.	Start	Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch			Best Snatch	Clean&Jerk			Best C&J	Total	Rank	Best Athlete
									1	2	3		1	2	3				
JR F 86+																			
	8	82	DIVYA	P	JR F 86+	105.81	Kerala	7/11/2006	73	(78)	78	78	87	93	-	93	171	1	124.717
	6	39	AMEESHA	Anwar	JR F 86+	86.53	Kerala	8/4/2006	(67)	67	73	73	84	(88)	(93)	84	157	2	93.906
	5	25	Clarissa	Angel Monteiro	JR F 86+	120.03	Karnataka	10/2/2008	52	57	(62)	57	67	72	(75)	72	129	3	112.519

S. Shanmugavel
 5 12/25
 S. SHANMUGAVEL
 Jury President

Name : ASMITA KHELO INDIA YOUTH ZONE WOMENS WEIGHTLIFTING LEAGUE TOURNAMENT
 Senior-SR Site : V.K.N MENON City : THRISSUR, KERALA
 Date : 12/5/2025 Organizer : KERALA STATE WEIGHTLIFTING ASSOCIATION

Memb.	Start	Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch			Best Snatch	Clean&Jerk			Best C&J	Total	Rank	Best Athlete
									1	2	3		1	2	3				
SR F 86+																			
	4	11	ASWINI	Biju	SR F 86+	101.21	Kerala	10/9/2004	(82)	82	(86)	82	109	113	(120)	113	195	1	183.246
	1	2	Nivetha	T	SR F 86+	100.21	Karnataka	2/27/1997	(78)	82	85	85	105	109	(115)	109	194	2	180.143
	2	5	BISNA	Varghese	SR F 86+	110.03	Kerala	1/8/1997	(80)	80	(83)	80	100	(106)	(111)	100	180	3	140.461



S. SHANMUGAVEL
 JURY President