

**ASIAN YOUTH AND JUNIOR WEIGHTLIFTING CHAMPIONSHIPS-TASHKENT-
UZBEKISTAN 7-14 AUGUST 2026**

1. ATHLETES

S.No.	Name of Athlete	State/NCOE	YOB	Section	Gender	Wt. Cat.
1	Titli Majhi	NCOE, Patiala	2011	Youth	Women	45 kg
2	Parishmita Gogoi	NCOE, Patiala	2010	Youth	Women	45 kg
3	Bellana Bhargavi	NCOE, Patiala	2009	Youth	Women	53 kg
4	K. Tharangani	NCOE, Patiala	2009	Youth	Women	61 kg
5	Luna Sonowal	ASI, Pune	2009	Youth	Women	69 kg
6	Ratika Chinchwadai	Maharashtra	2009	Youth	Women	69 kg
7	Rajyashree Biswas	NCOE, Patiala	2006	Junior	Women	57 kg
8	Tamana	Haryana	2007	Junior	Women	69 kg
9	Bellana Harika	NCOE, Patiala	2007	Junior	Women	69 kg
10	Vaishanvi	NCOE, Patiala	2010	Youth & Junior	Women	77 kg
11	Arshlan	ASI, Pune	2009	Youth	Men	55 kg
12	Dharmajyoti Dewgarhia	NCOE, Patiala	2009	Youth	Men	60 kg
13	Hariprasad Kachari	NCOE, Itanagar	2010	Youth	Men	60 kg
14	Sunil Singh	NCOE, Lucknow	2009	Youth	Men	65 kg
15	Krushna Vyavahare	Maharashtra	2009	Youth	Men	70 kg
16	Abhinob Gogoi	NCOE, Patiala	2009	Youth	Men	75 kg
17	Sanapathi Gurunaidu	NCOE, Patiala	2006	Junior	Men	60 kg
18	N. Tomchou Meetei	NCOE, Imphal	2006	Junior	Men	60 kg
19	Arumugapandian Maharajan	NCOE, Patiala	2008	Junior	Men	65 kg
20	Yash Khandagale	Maharashtra	2007	Junior	Men	70 kg
21	Parv Chaudhary	NCOE, Patiala	2008	Junior	Men	95 kg

2. TEAM OFFICIALS

S.No.	Name	Designation	State / Department
23	Mr. T.G. Pandian	Coach-cum-Manager	SAI, NS NIS, Patiala
24	Mr. V. Naga Raja Sekhar	Coach	NCOE, Lucknow
25	Mr. Yukar Sibi	Coach	ASI, Pune
26	Mr. Sukhmendra Chaudhary	Coach	NCOE, Patiala
27	Ms. Yumkhaibam Nafisa	Coach	Senior camp-Patiala
28	Mr. Jitin Chahal	Physiotherapist	Senior camp-Patiala
29	Mr. Pardeep Kumar Yadav, International Technical Official	Referee	Uttar Pradesh
30	Mrs. Khushbu Yadav, International Technical Official	Referee	Uttar Pradesh