



भारतीय भारोत्तोलन महासंघ

Indian Weightlifting Federation

Affiliated to: International Weightlifting Federation, Asian Weightlifting Federation,
Commonwealth Weightlifting Federation and Indian Olympic Association
Recognised by: Ministry of Youth Affairs & Sports, Govt. of India

Regd No.: S-4286/21.11.1960

File No.: IWLFF-Cir./2026-27/ **275**

Date: 8 June 2026

*All Affiliated State Weightlifting Associations,
Union Territories & Departments of
Indian Weightlifting Federation*

Sub.: Conduct of Level-2 Coaching Course by the Indian Weightlifting Federation.

Sir/Madam,

The Indian Weightlifting Federation (IWLFF) is pleased to invite applications from eligible coaches for participation in the **Level-2 Coaching Course** to be conducted under the aegis of the Federation.

All affiliated State Associations, Union Territories, and Departmental Boards are requested to circulate this information amongst their eligible coaches and forward nominations for enrolment in the course.

Eligibility Criteria

The applicants must fulfill any of the following criteria:

1. Hold a valid **Level-1 Coaching Course Diploma**; and/or
2. Have served as a coach in recognized **International Weightlifting Competitions**.

Course Details

- **Course Fee:** ₹25,000/- per participant
- **Boarding & Lodging:** To be arranged by the participants at their own cost.
- **Seats Available:** Maximum 40 participants
- **Selection Basis:** First-come, first-served basis. Only the first 40 eligible candidates whose applications are received and approved by the Federation shall be admitted to the course.



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Coach Educator Details

Particulars	Details
Name & Designation	Dr. Ahmed Awad Ahmed Hassan (Egypt), Coach Educator, Indian Weightlifting Federation
Brief Profile	Over 15 years of experience in coaching education, including 2 years of engagement with the Indian Weightlifting Federation
Availability	As per mutual consent and approved schedule
Duration of Course	14 Days

Hosting of Level-2 Coaching Course

Affiliated States, Union Territories, and Departmental Boards interested in hosting the Level-2 Coaching Course may submit their proposals to the Indian Weightlifting Federation well in advance for approval and scheduling.

The host organization shall be responsible for providing the following facilities and arrangements:

1. Air tickets from the nearest airport to the course venue for the Coach Educator and accompanying translator.
2. Local transportation (SUV) for airport transfers and daily travel during the course period.
3. Air-conditioned classroom with adequate seating arrangements.
4. Public Address (P.A.) system with cordless microphones and speakers.
5. Projector and screen for presentations, along with printer and white sheets.
6. Teaching stationery (pens, notepads, folders, index files, etc.).
7. Boarding and lodging (single occupancy) for the Coach Educator in a 4/5-star hotel, with a ceiling of ₹2,500/- per day towards food expenses.



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8. Boarding and lodging for the course translator, with a ceiling of ₹1,000/- per day towards food expenses.
9. Complimentary T-shirts for participants and staff as per IWLF-approved design.
10. Printing of participation certificates as per IWLF-approved design and template.
11. Backdrop banner displaying the course title and relevant details.

Interested State Associations, Union Territories, and Departmental Boards are requested to submit nominations of eligible candidates and/or proposals for hosting the course at the earliest to enable timely planning and scheduling.

For further details and submission of nominations, please contact the office of the Indian Weightlifting Federation.

Yours Sincerely,

08/06/2026
Ashwani Kumar
Chief Executive Officer

