

**MINUTES OF THE ANNUAL GENERAL COUNCIL**  
**MEETING OF THE INDIAN WEIGHTLIFTING**  
**FEDERATION (IWLF)**

**DATE:** 10<sup>th</sup> February 2026

**VENUE:** Weightlifting Warriors – Shri Ram Gym, Modinagar, Uttar Pradesh

**CHAIR:** President, Indian Weightlifting Federation

**1. CALL TO ORDER AND PROCEDURAL FORMALITIES**

- 1.1 The Annual General Council Meeting (the "Meeting") of the Indian Weightlifting Federation (IWLF) commenced at 4 p.m. The Chair extended a formal welcome to all delegates attending via physical presence and those participating through the Zoom digital platform.
- 1.2 A formal call order was conducted. Representatives from the affiliated State and Union Territory (U.T.) Associations introduced themselves for the record.
- 1.3 The House formally acknowledged the presence of the following dignitaries and technical experts:
  - Smt. Mirabai Chanu Saikhom (Padma Shri): Chairperson, Athlete Commission.
  - Shri Sivalingam Sathish Kumar (Arjuna Awardee): Vice Chairperson, Athlete Commission.
  - Shri Kumbasi Subramanya: Chairman, Technical Committee, IWLF.
  - Shri Ashwani Kumar: Chief Executive Officer, IWLF.
  - Shri Rajneesh Bhaksar: Legal Counsel, IWLF.
  - Shri Vijay Sharma (Dronacharya Awardee): Chief National Coach.
- 1.4 The Chair noted that the attendance met the statutory requirements for a quorum as prescribed under the Federation's Constitution. With the permission of the House, the meeting was declared open to transact the business as per the circulated agenda.

**2. STATUTORY AGENDA ITEMS**

**ITEM NO. 1: CONFIRMATION OF MINUTES OF THE PREVIOUS ANNUAL GENERAL COUNCIL MEETING.**

The Minutes of the previous Annual General Council Meeting held on 24<sup>th</sup> August 2025 in Ahmedabad, which were duly circulated to all members on 17<sup>th</sup> September 2025, were placed before the House for consideration.



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**Resolution:**

***"RESOLVED THAT the Minutes of the Annual General Council Meeting held on 24<sup>th</sup> August 2025 be and are hereby confirmed and adopted as a true and accurate record of the proceedings."***

**Proposed by:** Shri Yudhvair Singh (J&K) and Shri S. Brojendro Singh (Manipur).

**Seconded by:** Shri Ch. Ramu (Andhra Pradesh) and Shri Arun Kumar (Haryana).

**Result: Passed Unanimously.**

**ITEM NO. 2: AMENDMENT OF BYE LAWS / CONSTITUTION OF AFFILIATED STATE / U.T. ASSOCIATION(S) IN COMPLIANCE WITH THE NATIONAL SPORTS GOVERNANCE ACT, 2025.**

The Chair apprised the House of the mandatory requirement to align the constitutions of all affiliated State and U.T. Associations with the National Sports Governance Act, 2025. Shri Rajneesh Bhaksar, Legal Counsel, provided a detailed briefing on the statutory mandates, key points are:-

The General Bodies of the State / U.T. Associations must ensure equal representation of affiliates. Executive Committees (EC) shall be capped at 15 members, including a minimum of 2 athletes of outstanding merit, 2 elected Athletes Committee representatives, and a mandatory quota of 4 women.

The establishment of an Athletes Committee, Ethics Committee, and Dispute Resolution/Grievance Committee is now a non-negotiable legal requirement.

**Eligibility & Tenure:** Candidates must be Indian citizens aged 25–70 years. Office bearers (President, Secretary General, Treasurer) are limited to three consecutive terms followed by a mandatory four-year "cooling-off" period.

**Safe Sports:** Mandatory adoption of a Safe Sports Policy and Code of **Ethics to protect vulnerable** persons and minor athletes.

**Directive:** All State units are directed to pass EC resolutions within a prescribed timeframe to adopt these amendments, failing which they may face suspension of recognition under Section 10(1)(e) of the Act.

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Attached is the summary prepared in compliance with Circular No. 269 (dated 19<sup>th</sup> January 2026). The document has been distributed to all members.

**Proposed by:** Smt. Sabina Yadav (Uttar Pradesh) and Smt. Shyamala Shetty (Karnataka).

**Seconded by:** Shri S. Brojendro Singh (Manipur) and Smt. Shipra Soni (Bihar).

**ITEM NO. 3: DISCUSSIONS ON PREPARATIONS FOR CONDUCTING 2026 AWF ASIAN SENIOR (MEN & WOMEN) WEIGHTLIFTING CHAMPIONSHIPS IN GANDHINAGAR (GUJARAT).**

The Chair expressed severe displeasure regarding the administrative inaction of several State units. Despite a circular dated 6<sup>th</sup> January 2026, only 6 out of 30 units submitted the required nominations for the Asian Championships in Gandhinagar by the 31<sup>st</sup> January deadline. The Chair issued a stern warning that such negligence compromises the Federation's international standing.

**ITEM NO. 4: BIDDING OF ASMITA KHELO INDIA NORTH, EAST, WEST, SOUTH ZONE NATIONAL RANKING TOURNAMENT FOR THE YEAR 2026-27.**

The House deliberated on the hosting rights for the Asmita Khelo India National Ranking Tournaments. It was resolved that final allotment is contingent upon a technical "Reece" visit by a 2-member IWLFF committee to verify Field of Play (FOP) and equipment standards.

**Allocations:**

North Zone: Preference to J&K, Chandigarh or Haryana.

East Zone: Preference to Bihar or Odisha.

West Zones: Preference to Chhattisgarh or Madhya Pradesh.

South Zone: Allotted to Tamil Nadu with condition, to be supervised by Shri Sivalingam Sathish Kumar.

**Proposed by:** Ms. Mirabai Chanu Saikhom (Chairperson-Athlete Commission) and Shri Nishikant Paltak (Jharkhand).

**Seconded by:** Smt. Biku Sarita (Arunachal Pradesh) and Smt. Ujwala Mane (Maharashtra)

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**ITEM NO. 5: BIDDING OF ASMITA KHELO INDIA NATIONAL RANKING WEIGHTLIFTING LEAGUE FOR THE YEAR 2026-27.**

As only 1 bid was received by the office for conducting Asmita Khelo India National Ranking Weightlifting League from the State of Karnataka, the house unanimously approved and allotted it to the Karnataka State Weightlifter's Association as the sole bidder.

**Proposed by:** Smt. Sabina Yadav (Uttar Pradesh) and Shri Donald Rymbai (Meghalaya).

**Seconded by:** Shri Manjeet Singh (Punjab) and Shri Arun Kumar (Haryana).

**ITEM NO. 6: BIDDING OF IWLF NATIONAL SENIOR, JUNIOR AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2026-27.**

Following the receipt of a singular bid from Himachal Pradesh, the House discussed the venue's technical readiness.

**Resolution:**

**"RESOLVED THAT** the hosting rights for the IWLF National Senior, Junior, and Youth Weightlifting Championships 2026-27 be and are hereby allotted to the State of Himachal Pradesh."

**Proposed by:** Shri Ravi Sharma (Rajasthan) and Shri Sandip Kumar (Punjab).

**Seconded by:** Smt. Shyamala Shetty (Karnataka) and Shri Koushik Chandra (West Bengal).

**Result: Passed Unanimously.**

**ITEM NO. 7: INITIATION OF ONLINE NET BANKING AND CREDIT CARD PAYMENT FACILITIES FOR THE INDIAN WEIGHTLIFTING FEDERATION WITH HDFC BANK, NOIDA.**

To modernize financial operations and facilitate expedited vendor settlements, the Chair proposed the initiation of digital banking services.

**Resolution:**

**"RESOLVED THAT** the Indian Weightlifting Federation be and is hereby authorized to avail Online Net Banking and Corporate Credit Card facilities with HDFC Bank, Noida.

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**RESOLVED FURTHER THAT** the President and the Treasurer be and are hereby jointly authorized to execute all necessary documents and perform all acts required to operationalize these accounts for official purposes, including but not limited to, online procurement and travel bookings."

**Proposed by:** Shri Rajkumar Jamwal (H.P.), Shri Pradeep Kumar Yadav (U.P.), Smt. Sruthi Mukiri (Telangana) and Shri Gopal Krushna Das (Odisha).

**Seconded by:** Shri Yudhvir Singh (J&K), Shri L. Bikram Singh (Manipur), Smt. Chithra Chandramohan (Kerala) and Shri Deepak Ahlawat (Haryana).

**Result: Passed Unanimously.**

### **3. TECHNICAL AND DISCIPLINARY DELIBERATIONS**

#### **ITEM NO. 8: DISCUSSION OF DEVELOPMENT OF GRASSROOT WEIGHTLIFTING IN INDIA.**

The House noted the expansion of the Asmita Khelo India District Leagues from 150 to 500 events for 2026-27.

**Requirement:** Mandatory registration of all athletes on the NSRS Portal is essential for the disbursement of cash prizes.

**Documentation:** State Secretaries must submit audited bills and event reports within 15 days of completion.

#### **ITEM NO. 9: ANY OTHER ITEMS WITH THE PERMISSION OF THE CHAIR.**

##### **Disciplinary Framework for Athlete Non-Participation**

The Executive Committee's resolution dated 23<sup>rd</sup> January 2026 regarding the "No-Show" policy was presented for ratification. The House expressed concern over athletes withdrawing after the final verification of entries, which disrupts the competition schedule.

##### **Resolution:**

**"IT IS HEREBY RESOLVED THAT** a mandatory one (1) year suspension from the succeeding National Championships shall be imposed on any athlete who:

Withdraws after the final verification of entries, barring medical emergencies reported 21 days prior or proven compassionate grounds.

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Fails to present themselves for competition after completing the official weigh-in.

This regulation shall remain in force for all future IWLFF National events. Aggrieved athletes may appeal to the Appellant Commission based on verifiable documentary evidence."

**Proposed by:** Shri Arun Kumar Ojha (Bihar), Shri Yudhvir Singh (Jammu) and Ms. Anjana Sreejith (Kerala).

**Seconded by:** Shri P. Vadivelu (Tamilnadu), Smt. Hansa Sharma (Uttarakhand) and Shri Rajkumar Jamwal (Himachal Pradesh).

**Result: Passed Unanimously.**

**ANTI-DOPING AND SELECTION INTEGRITY:**

Shri Vijay Sharma (Chief Coach) emphasized that 45 athletes were disqualified due to non-compliance with "Whereabouts Information." He proposed a partnership with NADA to integrate ADAMS portal credentials for all National-level athletes.

**Selection Protocols:** It was resolved that State Associations must submit scorecards within 3 days of state trials. The Federation reserves the right to disqualify any athlete entered who did not participate in or was eliminated from the respective State Championships / Departmental Games unless the following will be met with:-

**No Objection Certificates (NOC):** To ensure eligibility, all participating athletes must obtain a written NOC from their respective lending States or Departments. This document must be secured at least six months prior the commencement of the National Championships.

**Selection Trials:** To ensure fair representation, specialized selection trials will be held 30–45 days before the National Championships. These trials are available for:

- Athletes who were eliminated during the State Championships.
- Athletes who were unable to participate in the State Championships.

**Fair Play Provision:** For each weight/age category being contested in the trials, the first-place athlete from the State Championships will also be invited to compete to ensure a transparent and fair selection process.

**Performance Standards:** Eligibility is strictly merit-based. Any athlete who fails to meet the Minimum Qualifying Standards during

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either the State Championships or the selection trials will be disqualified from further consideration.

**Dope Penalty:** The House resolved that while athletes caught in doping during School/University games will be penalized, the financial fine shall not be recovered from the State Association moving forward.

**Proposed by:** Shri K. Zonunsanga (Mizoram), Shri Shailendra Joshi (Madhya Pradesh) and Shri A. Subramaniam (Tamilnadu)

**Seconded by:** Shri Koushik Chandra (West Bengal) and Shri Gopal Krushna Das (Odisha).

#### **4. MISCELLANEOUS AND CLOSING**

**Telangana Association Dispute:** Smt. M. Sruthi (President, TWA) reported the illegal retention of Federation assets (stamps/letterheads) by the former Secretary. The Chair directed the President of TWA to initiate criminal proceedings by lodging an F.I.R.

**Bihar Talent Scouting:** Shri Arun Kumar Ojha invited members to collaborate on the Bihar talent scouting model.

**Adjournment:** There being no further business, the meeting concluded at 5:45 p.m. with a vote of thanks to the Chair.



**[S.H. Anande Gowda]**  
Secretary General

*Encl. as above.*

**ATTENDANCE SHEET OF ANNUAL GENERAL COUNCIL MEETING -**  
**INDIAN WEIGHTLIFTING FEDERATION AT MODINGAR ON 10 FEBRUARY 2026**

S.No.	Name of Delegate & Designation	State	Attendance
1	Mrs. N. Lakshmi, President	Andhra Pradesh	Via Zoom
2	Mr. Challa Ramu, Jt. Secretary	Andhra Pradesh	Physically present
3	Mrs. Biku Sarita, Secretary	Arunachal Pradesh	Physically present
4	Mr. Arun Kumar Ojha, President	Bihar	Physically present
5	Mrs. Shipra Soni, Vice President	Bihar	Physically present
6	Mr. Kamaldeep Singh, Vice President	Chandigarh	Physically present
7	Mr. Naresh Sharma, President	Delhi	Physically present
8	Mr. Paramjit Singh, Secretary	Delhi	Physically present
9	Mr. Mayur Patel, Secretary	Gujarat	Via Zoom
10	Adv. Priyanka Naik, President	Goa	Via Zoom
11	Mr. Deepak Ahlawat, President	Haryana	Physically present
12	Mr. Arun Kumar. Secretary	Haryana	Physically present
13	Mr. Pardeep Sharma, Vice President	Himachal Pradesh	Physically present
14	Mr. Rajkumar Jamwal, Secretary	Himachal Pradesh	Physically present
15	Mr. Yudhvir Singh, Secretary	Jammu & Kashmir	Physically present
16	Mrs. Bharti Devi, Executive Member	Jammu & Kashmir	Physically present
17	Mr. Nishikant Paltak, Secretary	Jharkhand	Physically present
18	Mr. S.H. Anande Gowda, Secretary	Karnataka	Via Zoom
19	Mrs. Shyamala Shetty, Working President	Karnataka	Physically present
20	Mr. Krishnaraj K. Jt. Secretary	Karnataka	Physically present
21	Mrs. Chithra Chandramohan, Secretary	Kerala	Physically present
22	Ms. Anjana Sreejith, Jt. Secretary	Kerala	Physically present
23	Mrs. Ujwala Mane, Jt. Secretary	Maharashtra	Physically present
24	Mr. Prashant Bendre, Working Secretary	Maharashtra	Via Zoom
25	Mr. S. Brojendro Singh, Secretary	Manipur	Physically present
26	Mr. L. Bikram Singh, Jt. Secretary	Manipur	Physically present
27	Mr. K. Zonunsanga, Jt. Secretary	Mizoram	Physically present
28	Mr. Narain Lama, Executive Member	Mizoram	Physically present
29	Mr. Donald Rymbai, President	Meghalaya	Physically present
30	Mr. Baktskhem Basaiwmoit, General Secretary	Meghalaya	Physically present
31	Mr. Shailendra Joshi, Jt. Secretary	Madhya Pradesh	Physically present
32	Mr. Chitta Ranjan Swain, President	Odisha	Via Zoom
33	Mr. Gopal Krushna Das, Secretary	Odisha	Physically present
34	Mr. Janaki Ballav Mishra, Jt. Secretary	Odisha	Physically present
35	Mr. S. Udaya Kumar, President	Puducherry	Via Zoom
36	Mr. Sandip Kumar, Secretary	Punjab	Physically present
37	Mr. Manjit Singh, Jt. Secretary	Punjab	Physically present
38	Mr. Kamlesh Sharma, President	Rajasthan	Physically present
39	Mr. Ravi Sharma, Secretary	Rajasthan	Physically present
40	Mr. P. Vadivelu, Secretary	Tamilnadu	Physically present
41	Mr. A. Subramaniam, Jt. Secretary	Tamilnadu	Physically present
42	Mrs. M. Sruthi, President	Telangana	Physically present
43	Mr. P.V. Ramana, Secretary	Telangana	Physically present
44	Mr. Sahdev Yadav, Sr. Vice President	Uttar Pradesh	Physically present



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47	Mrs. Hansa Sharma, Treasurer	Uttarakhand	Physically present
48	Mr. Chandan Roy Choudhary, President	West Bengal	Via Zoom
49	Mr. Koushik Chandra, Secretary	West Bengal	Physically present
50	Mr. Kumbasi Subramanya, Special Invitee	Chairman-Technical Committee, IWLF	Physically present
51	Mr. Rajneesh Bhaskar, Special Invitee	Legal Counsel, IWLF	Physically present
52	Ms. Mirabai Chanu Saikhom, Padma Shri	Chairperson, Athlete Commission, IWLF	Physically present
53	Mr. Sivalingam Sathish Kumar, Arjuna Awardee	Vice Chairperson, Athlete Commission, IWLF	Physically present



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