

MINUTES OF THE EXECUTIVE COMMITTEE MEETING
OF THE INDIAN WEIGHTLIFTING FEDERATION
HELD VIA ZOOM (MEETING ID: 898 6546 9562)
ON 23RD JANUARY 2026 AT 12:00 NOON

The meeting of the Executive Committee of the Indian Weightlifting Federation was held via Zoom on 23rd January 2026 at 12:00 noon.

The Secretary General welcomed all the members present and appreciated the participation of all 14 members of the Executive Committee, noting that the full quorum was present for this important meeting.

The President also welcomed Shri Kumbasi Subramanya, Chairman – Technical Committee and Shri Rajneesh Bhaskar, Legal Counsel, IWLF in the House.

The President extended his greetings to all the members and conveyed his best wishes on the auspicious occasion of Basant Panchami 2026.

Thereafter, the Secretary General took up the agenda items as under:

Agenda No. 1: Confirmation of Minutes of the Previous Executive Committee Meeting-

The Secretary General informed the august House that the Minutes of the previous Executive Committee Meeting held on 22nd October 2025 were duly circulated to all Executive Committee Members via official communication on 14th January 2026 for their perusal and comments, if any.

The Members present confirmed receipt of the said Minutes and, having found the same to be in order and reflective of the decisions taken therein, confirmed and adopted the Minutes unanimously, without any modification or amendment.

The House further authorized the Secretariat to place the confirmed Minutes on official record and to act upon the decisions contained therein.

Proposed by:

Shri Chandan Roy Choudhary and Smt. N. Lakshmi, Vice Presidents

Seconded by:

Smt. Sabina Yadav, Joint Secretary and Ms. Mirabai Chanu Saikhom, Chairperson, Athlete Commission

Agenda No. 2: Consideration of disciplinary action against athletes not participating after verification of final entries in the forthcoming IWLF National Youth (Boys & Girls), Junior (Men & Women) and Senior (Men & Women) Weightlifting Championships to be held at Modinagar, Uttar Pradesh from 3rd to 14th February 2026-

The Chair took up the agenda for discussion and invited observations from the Members.



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At the outset, Shri Kumbasi Subramanya, Chairman – Technical Committee, suggested that, in the interest of better planning, athlete discipline, and logistical efficiency, the Final Verification of Entries Meeting should be concluded at least 15 days prior to the commencement of the Championships. Accordingly, he proposed that the wording of the agenda be modified **to reflect the Final Entries Meeting scheduled on 23rd January 2026, in place of 30th January 2026.** The House considered the suggestion and agreed that early closure of final entries would help prevent last-minute withdrawals and ensure competitive fairness.

The President further apprised the House that, as an incentive and encouragement to athletes, cash awards would be distributed during the Championships as follows:

- ₹10,000/- to Gold Medal winners
 - ₹7,500/- to Silver Medal winners
 - ₹5,000/- to Bronze Medal winners
- in each weight category across Youth, Junior, and Senior sections.**

The President thereafter requested the Members to deliberate in detail on the issue of non-participation by athletes after confirmation of final entries and to suggest appropriate disciplinary measures to safeguard the integrity and discipline of the sport.

During extensive deliberations, the Members expressed serious concern over the recurring practice of athletes opting out of competitions after final verification of entries, thereby depriving other eligible athletes of participation opportunities and adversely affecting the conduct of National Championships.

Whereas all the members are of the opinion that submission of mandatory Whereabout Information within the stipulated deadline, without exception, for participation in National Championships to remain in force. Additionally, the Federation Office reserves the absolute right to delete or cancel any entry at any time up to the commencement of the competition, if at any stage any discrepancy, irregularity, or non-compliance is detected with respect to the athlete's eligibility, including but not limited to participation in the State Championships, eliminated in State Championships, submission or validity of the NOC, or any other grounds deemed sufficient to render the athlete ineligible.

The Members unanimously opined that such conduct amounts to indiscipline and undermines the competitive structure from weightlifting. Several Members strongly recommended imposing strict deterrent measures, including suspension from future competitions.

After detailed discussions, the Executive Committee unanimously resolved as under:

A ban of one (1) year from participation in the succeeding National Weightlifting Championships shall be imposed on athletes who fail to comply with the following conditions:

- Withdrawal from competition after verification of final entries, except in cases of:
 - Medically certified injury reported within 21 days prior to the start of the competition, or



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- Compassionate grounds involving first-blood relations only, duly supported by the documentary evidence(s).
- For the 2025–26 National Weightlifting Championships at Modinagar, withdrawals on the above grounds will be considered only up to 1st February 2026.
- Athletes who report for body weight measurement but fail to present themselves for competition line-up on the competition day.

Athletes aggrieved by the above decision may represent their case before the Appellant Commission, which may consider condonation of the ban based on genuine and verifiable documentary evidence.

Constitution of Appellant Commission

The Appellant Commission for considering cases of condonation of ban shall comprise of the following members:-

1. Shri Sahdev Yadav, President, IWLF – Chairman
2. Shri Sivalingam Sathish Kumar, Vice Chairperson, Athlete Commission, IWLF – Member
3. Shri S. H. Anande Gowda, Secretary General, IWLF – Member
4. Shri Rajneesh Bhaskar, Legal Counsel, IWLF – Convener

Proposed by:

Smt. N. Lakshmi, Vice President;

Smt. Sabina Yadav, Joint Secretary;

Shri Lalsawma Khiangte, Shri Sudhir Mhlaskar, Executive Members;

Ms. Mirabai Chanu Saikhom, Chairperson, Athlete Commission;

Shri S. Sathish Kumar, Vice Chairperson, Athlete Commission

Seconded by:

Shri Chandan Roy Choudhary, Vice President;

Shri Pardeep Sharma, Treasurer;

Smt. Chithra Chandramohan, Joint Secretary;

Shri Mayur Patel, Smt. Shipra Soni, Smt. Sruthi Mukiri, Executive Members

Agenda No. 3: Amendment of Bye-laws / Constitution of Affiliated State and U.T. Associations in Compliance with the National Sports Governance Act, 2025

The Secretary General placed before the House the Gazette Notification issued by the Ministry of Youth Affairs & Sports pertaining to the National Sports Governance Act, 2025, and briefed the Members on its implications for affiliated State and U.T. Associations.

Shri Kumbasi Subramanya, Chairman – Technical Committee, suggested that a model draft of amended bye-laws be circulated to all affiliated State and U.T. Associations to facilitate uniform compliance.



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Shri Rajneesh Bhaskar, Legal Counsel, assured the House that a draft model bye-laws would be prepared and submitted for circulation prior to the Annual General Council Meeting scheduled at Modinagar on 10th February 2026.

After detailed deliberations, the Executive Committee unanimously resolved to comply fully with the provisions of the National Sports Governance Act, 2025 and authorized the Secretariat office of IWLF to take all necessary steps for its implementation.

Proposed by:

Shri Chandan Roy Choudhary and Smt. N. Lakshmi, Vice Presidents;

Shri Pardeep Sharma, Treasurer;

Smt. Chithra Chandramohan, Joint Secretary;

Shri Mayur Patel, Smt. Shipra Soni, Smt. Sruthi Mukiri, Executive Members

Seconded by:

Smt. Sabina Yadav, Joint Secretary;

Shri Lalsawma Khiangte, Shri Sudhir Mhlaskar, Executive Members;

Ms. Mirabai Chanu Saikhom, Chairperson, Athlete Commission;

Shri S. Sathish Kumar, Vice Chairperson, Athlete Commission

Agenda No. 4: Any Other Item with the Permission of the Chair

(i) Participation of SSCB Athletes

The Chief Executive Officer informed the House that Youth and Junior athletes of the Services Sports Control Board (SSCB) would henceforth be permitted to participate under the SSCB banner from the forthcoming National Championships at Modinagar onwards.

The Members appreciated the initiative, noting that it would enhance grassroots participation in the States. However, the House was of the opinion that SSCB teams should not be included in overall team trophy classification, which should remain exclusive to State / U.T. Associations until a comprehensive policy is framed in this regard.

The House unanimously approved the proposal accordingly.

(ii) Introduction of Video Playback Technology (VPT)

Smt. Sabina Yadav proposed the introduction of Video Playback Technology (VPT) during National Championships.

The Chair agreed in principle and approved implementation of VPT from the financial year 2026–27 onwards.

(iii) Rationalization of Competition Calendar

Smt. Sabina Yadav further requested fixation of a structured calendar for District, State, and National Championships to avoid overlap.



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In response, Shri Ashwani Kumar, Chief Executive Officer, informed the House that a quarter-wise calendar would be prepared as follows:

- 1st Quarter: District Championships (April to June)
- 2nd Quarter: State Championships (July to September)
- 3rd & 4th Quarter: National Championships (October to March)

(iv) **Compliance with IWLF Circulars**

The Secretary General advised all Members to ensure strict compliance with IWLF circulars issued from time to time.

(v) **Additional items Approvals by the President and Executive Committee-**

- Wild Card entry for the National Championships restricted to athletes from National Camps under the banner of IWLF.
- Free boarding and lodging for Presidents and Secretaries of State / U.T. Associations (not Acting/Working) for 4 (four) days in Ahmedabad during 2026 Asian Weightlifting Championships. Deadline for receipt of nomination will be upto 31st January 2026.
- Distribution of official blazers cloth to Executive Committee Members, with fixed stitching cost of ₹3,000/-.

There being no other business, the meeting concluded with a vote of thanks to the Chair.



S.H. Anande Gowda
Secretary General

Enclosure – Attendance Sheet

**ATTENDANCE SHEET OF EXECUTIVE COMMITTEE MEETING - INDIAN
WEIGHTLIFTING FEDERATION ON ZOOM ONLINE ID #89865469562
ON 23RD JANUARY 2026**

| S.No. | Name of Delegate | Designation | Remarks |
|--------------|---|---------------------------------------|----------------|
| 1 | Dr. Sahdev Yadav | President | Present |
| 2 | Mr. S.H. Anande Gowda | Secretary General | Present |
| 3 | Mr. Pardeep Sharma | Treasurer | Present |
| 4 | Mr. Chandan Roy Choudhary | Vice President | Present |
| 5 | Mrs. N. Lakshmi, Arjuna Awardee | Vice President | Present |
| 6 | Mrs. Sabina Yadav | Jt. Secretary | Present |
| 7 | Mrs. Chithra Chandramohan | Jt. Secretary | Present |
| 8 | Mrs. Sruthi Mukiri | Executive Member | Present |
| 9 | Mr. Mayur Patel | Executive Member | Present |
| 10 | Mr. Sudhir Mhlaskar | Executive Member | Present |
| 11 | Mrs. Shipra Soni | Executive Member | Present |
| 12 | Mr. Malsawma Khiangte | Executive Member | Present |
| 13 | Ms. Mirabai Chanu Saikhom, Padma Shri | Chairperson-Athlete Commission | Present |
| 14 | Mr. Sivalingam Sathish Kumar, Arjuna Awardee | Vice Chairperson - Athlete Commission | Present |
| 15 | Mr. Kumbasi Subramanya, By Special Invitation | Chairman-Technical Committee, IWLF | Present |
| 16 | Mr. Rajneesh Bhaskar, By Special Invitation | Legal Counsel, IWLF | Present |

