



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26

Yadav Farm House - Modinagar - Uttar Pradesh

03/02/2026 to 14/02/2026



START BOOK





IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

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Yadav Farm House - Modinagar - Uttar Pradesh

03/02/2026 to 14/02/2026



TIME TABLE [PLATFORM: A]

	GENDER	CATEGORY	TIME	COMPETITOR	JURY	REFEREE	C.MARSHAL	TIME KEEPER	TECHN.	SECRETARY	DOCTOR
04.02.2026											
1	W	44 kg B	09:00	18	1	1	1	1	1	1	
2	W	48 kg C	11:30	17	2	2	2	2	2	2	
3	W	44 kg A , 48 kg B	13:30	16	1	3	1	1	1	1	
4	W	48 kg A	15:30	17	2	1	2	2	2	2	
5	M	56 kg B	17:30	12	1	2	1	1	1	1	
05.02.2026											
6	M	60 kg D	09:00	16	2	3	2	2	2	2	
7	M	56 kg A	11:00	9	1	1	1	1	1	1	
8	M	60 kg C	12:30	14	2	2	2	2	2	2	
9	M	60 kg B	14:00	13	1	3	1	1	1	1	
10	M	60 kg A	15:30	8	2	1	2	2	2	2	
11	W	53 kg C	17:30	18	1	2	1	1	1	1	
06.02.2026											
12	W	53 kg B	09:00	18	2	3	2	2	2	2	
13	W	53 kg A	11:30	13	1	1	1	1	1	1	
14	M	65 kg C	13:30	18	2	2	2	2	2	2	
15	M	65 kg B	16:00	17	1	3	1	1	1	1	
07.02.2026											
16	W	58 kg C	09:00	16	2	1	2	2	2	2	
17	M	65 kg A	11:30	17	1	2	1	1	1	1	
18	W	58 kg B	14:00	16	2	3	2	2	2	2	
19	W	58 kg A	16:30	13	1	1	1	1	1	1	
20	M	71 kg D	18:00	16	2	2	2	2	2	2	
08.02.2026											
21	M	71 kg C	09:00	16	1	3	1	1	1	1	
22	W	63 kg D	11:00	15	2	1	2	2	2	2	
23	W	63 kg C	13:00	15	1	2	1	1	1	1	
24	W	63 kg B	15:30	14	2	3	2	2	2	2	
25	W	63 kg A	17:00	13	1	1	1	1	1	1	

09.02.2026											
26	W	69 kg C	09:00	18	2	2	2	2	2	2	
27	M	71 kg B	11:30	15	1	3	1	1	1	1	
28	M	71 kg A	13:00	12	2	1	2	2	2	2	
29	W	69 kg B	15:30	18	1	2	1	1	1	1	
30	M	79 kg D	18:00	18	2	3	2	2	2	2	
10.02.2026											
31	M	79 kg C	09:00	16	1	1	1	1	1	1	
32	W	69 kg A	11:30	13	2	2	2	2	2	2	
33	M	79 kg B	13:30	16	1	3	1	1	1	1	
34	W	77 kg B	16:00	17	2	1	2	2	2	2	
11.02.2026											
35	M	88 kg C	09:00	18	1	2	1	1	1	1	
36	M	79 kg A	11:30	15	2	3	2	2	2	2	
37	W	77 kg A	13:30	15	1	1	1	1	1	1	
38	M	88 kg B	15:30	17	2	2	2	2	2	2	
39	M	88 kg A	18:00	13	1	3	1	1	1	1	
12.02.2026											
40	M	94 kg C	09:00	17	2	1	2	2	2	2	
41	M	94 kg B	11:30	14	1	2	1	1	1	1	
42	M	94 kg A	13:30	14	2	3	2	2	2	2	
43	W	+77 kg E , 86 kg E , +86 kg E	15:30	15	1	1	1	1	1	1	
44	W	+77 kg D , 86 kg D , +86 kg D	17:00	15	2	2	2	2	2	2	
13.02.2026											
45	W	+77 kg C , 86 kg C , +86 kg C	09:00	15	1	3	1	1	1	1	
46	W	+77 kg B , 86 kg B , +86 kg B	11:00	15	2	1	2	2	2	2	
47	M	110 kg D , +110 kg D	13:00	15	1	2	1	1	1	1	
48	M	110 kg C , +110 kg C	15:00	15	2	3	2	2	2	2	
49	W	+77 kg A , 86 kg A , +86 kg A	17:00	10	1	1	1	1	1	1	
14.02.2026											
50	M	110 kg B , +110 kg B	09:00	14	2	2	2	2	2	2	
51	M	+94 kg A	11:00	8	1	3	1	1	1	1	
52	M	110 kg A , +110 kg A	12:30	13	2	1	2	2	2	2	



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GROUP OF JURIES AND REFEREES

JURY Member Group 1 :

- A) G.P. SHARMA [U.P.] *President of Jury
- SHYAMALA SHETTY [KRN]
- RAJESH KUMAR [H.P.]
- K. SURYANARAYANA [A.P.]
- KHUSHBU YADAV [U.P.]

JURY Member Group 2 :

- A) SABINA YADAV, PRESIDENT [U.P.] *President of Jury
- B) K. SUBRAMANAYA, PRESIDENT [KRN]
- PARDEEP SHARMA [H.P.]
- GEETHA ANANDA [KRN]
- RAJNEESH BHASKAR [BHR]
- S. SHANMUGAVEL [TND]

REFEREE Group 1 :

- RAVI SHARMA [RAJ]
- ANNA LOHITHA [TEL]
- ANANT SANE [MHR]
- RESHMA [DEL]

REFEREE Group 2 :

- BIKU SARITA [ARN]
- VINEET [U.P.]
- GANESH NAGINE [MHR]
- P.A JOSE [KRL]

REFEREE Group 3 :

- P. KYATHI [TEL]
- YASHPAL SINGH [U.P.]
- KUMARI SHIVALI [H.P.]
- CHITTARANJAN SWAIN [ORS]



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GROUP OF OTHER COMPETITION OFFICIALS

CHIEF MARSHAL Group 1 :

PRADEEP YADAV [U.P.]

YUDHVIR SINGH [J&K]

ABHAY SUNDAR [BHR]

CHIEF MARSHAL Group 2 :

VIJAY HOODA [AIPSCB]

RAJ KUMAR JAMWAL [H.P.]

TIMEKEEPER Group 1 :

TRUPTI PARASHAR [MHR]

LUCKY RANI PATRO [ORS]

TIMEKEEPER Group 2 :

SATISH YADAV [BHR]

SONU PRASHAD [U.P.]

TECHNICAL CONTROLLER Group 1 :

P. SRISAILAM [AIPSCB]

SHIPRA SONI [BHR]

TECHNICAL CONTROLLER Group 2 :

SUDHISH KUMAR SINGH [U.P.]

ARUMITA DUTTA [C.G.]

SECRETARY Group 1 :

AKANSHA KAMALE [M.P.]

DHRAMPAL [RSPB]

PRADEEP KUMAR YADAV [DEL]

JASSU KUMARI [BHR]

SECRETARY Group 2 :

DUSHYANT YADAV [U.P.]

BHARTI DEVI [J&K]

MEGHA CHAND [UKD]

SALBEENA [J&K]

SPEAKER Group 1 :

KAMALDEEP SINGH [CHD]

COMPETITION DIRECOTR Group 1 :

HANSA SHARMA [UKD]

TECHNICAL DELEGATE Group 1 :

DR. SAHDEV YADAV [U.P.]

FOP INCHARGE Group 1 :

LOKESH ADHIKARI [UKD]

NADA ASSISTANT Group 1 :

SURAJ JOSHI [UKD]

SPEAKER Group 2 :
KRISHNARAJ K. [KRN]



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STATISTICS MEN

No	TEAM	56 kg	60 kg	65 kg	71 kg	79 kg	88 kg	94 kg	+94 kg	110 kg	+110 kg	TOTAL
1	A.P. : A.P.	1	2	2	4	4	5	3		2		23
2	AIPSCB : AIPSCB		1	1	1	1		1				5
3	ANI : ANI			1								1
4	ARN : ARN	1	3	2	3	2	1					12
5	ASM : ASM		2	2	1	2	1	1	1	2		12
6	BHR : BHR	1	3	4	3	3	1	1	1	2		19
7	C.G. : C.G.	2	2	1	1	2	2	1		1		12
8	CHD : CHD			2		2	2	1		1	2	10
9	DEL : DEL		1	1	3	2	3	4		2	2	18
10	GOA : GOA				1	1	1	2				5
11	GUJ : GUJ	1			1		2	1				5
12	H.P. : H.P.				1	2		1		1		5
13	HRN : HRN		1		2	3	5	2		3	2	18
14	J.K. : J.K.					3	1			2		6
15	JKD : JKD	1	2	1	1	2		1				8
16	KRL : KRL	1	3	1	1	3	1	2		2		14
17	KRN : KRN		2	4	3	2	1	4	1	2	1	20
18	M.P. : M.P.	1	3		1	1	1	1	1	1	1	11
19	MHR : MHR	1	2	3	3	3	4	2	1	2	1	22
20	MIZ : MIZ		1	2	2	2				1	1	9
21	MNP : MNP		3	3	4					1		11
22	ORS : ORS	1	3	3	3	3	1	2				16
23	PON : PON			2		1						3
24	PUN : PUN	1		1	4	3	1	2	1	4	3	20
25	RAJ : RAJ	2	1	2	1	3	4	3		2	2	20
26	RSPB : RSPB		1		2	1	1	1		1	1	8
27	SSCB : SSCB	2	2	3	3	2	3	2			1	18
28	TEL : TEL	1	2	1	2	2	1			1		10
29	TND : TND	1	3	5	2	5	2	3	1	1		23
30	U.P. : U.P.	1	2	1	3	3	1	3	1	1	2	18
31	UKD : UKD	1	3	2	2	2	3	1		1		15
32	W.B. : W.B.	1	3	2	1					1	1	9
	Grand Total	21	51	52	59	65	48	45	8	37	20	406



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STATISTICS WOMEN

No	TEAM	44 kg	48 kg	53 kg	58 kg	63 kg	69 kg	77 kg	+77 kg	86 kg	+86 kg	TOTAL
1	A.P. : A.P.		2	2	3	3	3	4	1	2	1	21
2	AIPSCB : AIPSCB		1	1	1	1		1		1	1	7
3	ANI : ANI	1	1		1	1						4
4	ARN : ARN			4	2	2						8
5	ASM : ASM	1	2	3	2	2		2	1	1	1	15
6	BHR : BHR		1	1	3	1	1	1	1	1		10
7	C.G. : C.G.	2	3	2	1	1						9
8	CHD : CHD		1				1		2		1	5
9	DEL : DEL			2		4	1		2			9
10	GOA : GOA	1		1								2
11	GUJ : GUJ		1	1		1	1		1			5
12	H.P. : H.P.			1		2	2		1	2	1	9
13	HRN : HRN	1	1	3	1	2	4	2		2		16
14	IWLF : IWLF		1			1						2
15	J.K. : J.K.	1			1	1		1		1		5
16	JKD : JKD		3			1						4
17	KRL : KRL			3		2	2	1		3	3	14
18	KRN : KRN	1	3	1	3	2	5	1	1	2	1	20
19	M.P. : M.P.	1	1	1	2	1	2	1			2	11
20	MGH : MGH		1	1								2
21	MHR : MHR	2	3	3	3	3	3	3		1	1	22
22	MNP : MNP		3	2	1	4	2	2	1	1	1	17
23	ORS : ORS	1	3	2	2	4	1	1		2		16
24	PON : PON	2			1	1	2	1	2			9
25	PUN : PUN	1	2	1	2	4	4	2		1	2	19
26	RAJ : RAJ	1	2	2	2	2	2	1	2	2		16
27	RSPB : RSPB		1	1	2	1		1		2		8
28	SSCB : SSCB	1	2		2	2	3					10
29	TEL : TEL		2	2		1	1	2	1	1	1	11
30	TND : TND	1	2	1	2	3	3	3	2	2	1	20
31	U.P. : U.P.	1	1	3	3	2	2	1	1	1	2	17
32	UKD : UKD		2	2	2	2	2	1		1		12
33	W.B. : W.B.	2	2	3	3		2		2		1	15
	Grand Total	21	47	49	45	57	49	32	21	29	20	370



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STATISTICS SENIOR MEN

No	TEAM	60 kg	65 kg	71 kg	79 kg	88 kg	94 kg	110 kg	+110 kg	TOTAL
1	A.P. : A.P.		1	1	2	2	2			8
2	AIPSCB : AIPSCB	1	1	1	1		1			5
3	ARN : ARN	1	1	1	1	1				5
4	ASM : ASM	1	1		2		1	1		6
5	BHR : BHR	1	1					1		3
6	C.G. : C.G.	1	1	1	1	1				5
7	CHD : CHD		1		2	1	1	1	1	7
8	DEL : DEL	1		1		2		1	1	6
9	GOA : GOA			1	1		2			4
10	H.P. : H.P.			1	1		1	1		4
11	HRN : HRN				1	2	1	1	2	7
12	J.K. : J.K.				1					1
13	JKD : JKD	1								1
14	KRL : KRL	2	1	1	1		1	2		8
15	KRN : KRN	2	1	2			2	1		8
16	M.P. : M.P.	2			1		1	1	1	6
17	MHR : MHR		1	2	1	2	1	1	1	9
18	MIZ : MIZ	1	2	2	1					6
19	MNP : MNP	2	1	2						5
20	ORS : ORS	1	1	1	1	1	2			7
21	PON : PON		1							1
22	PUN : PUN		1	1	1		1	2	2	8
23	RAJ : RAJ		1	1		2		1	2	7
24	RSPB : RSPB	1		2	1	1	1	1	1	8
25	SSCB : SSCB	1	1	1	1	1	2		1	8
26	TEL : TEL				1					1
27	TND : TND	1	2		2	1	2			8
28	U.P. : U.P.	1		1	2		2	1	1	8
29	UKD : UKD			1	1	1		1		4
30	W.B. : W.B.			1						1
	Grand Total	21	20	25	27	18	24	17	13	165



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STATISTICS SENIOR WOMEN

No	TEAM	48 kg	53 kg	58 kg	63 kg	69 kg	77 kg	86 kg	+86 kg	TOTAL
1	A.P. : A.P.	1			2	1	2	2		8
2	AIPSCB : AIPSCB	1	1	1	1		1	1	1	7
3	ARN : ARN		1	2	2					5
4	ASM : ASM		2	1	2		1	1		7
5	BHR : BHR	1	1	2		1	1	1		7
6	C.G. : C.G.	1	1		1					3
7	CHD : CHD					1				1
8	DEL : DEL		1		2					3
9	GOA : GOA		1							1
10	GUJ : GUJ		1		1	1				3
11	H.P. : H.P.				1	1		1		3
12	HRN : HRN		2	1	1	2	1	1		8
13	J.K. : J.K.			1	1			1		3
14	KRL : KRL		1			1	1	2	2	7
15	KRN : KRN	2		2	1	1		1	1	8
16	M.P. : M.P.	1	1	1	1					4
17	MHR : MHR	1	2	1	1	1	1	1		8
18	MNP : MNP	2	1		1	1	1	1	1	8
19	ORS : ORS	2	1	2	2			1		8
20	PON : PON				1	1	1			3
21	PUN : PUN	1		1	2	2	1	1		8
22	RAJ : RAJ	1		1	1	1		2		6
23	RSPB : RSPB	1	1	2	1		1	2		8
24	TEL : TEL				1		1	1	1	4
25	TND : TND		1	1	1	1	1	2	1	8
26	U.P. : U.P.	1	1	1	1	1	1	1	1	8
27	UKD : UKD			1	1	1				3
28	W.B. : W.B.	1	1	2		2			1	7
	Grand Total	17	21	23	29	20	15	23	9	157



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STATISTICS JUNIOR MEN

No	TEAM	60 kg	65 kg	71 kg	79 kg	88 kg	94 kg	110 kg	+110 kg	TOTAL
1	A.P. : A.P.	1		1	2	2		2		8
2	ANI : ANI		1							1
3	ARN : ARN	2	1	1						4
4	ASM : ASM	1	1	1	2			2		7
5	BHR : BHR	1	2	2	2			1		8
6	C.G. : C.G.				1	1	1	1		4
7	CHD : CHD		1			1		1	2	5
8	DEL : DEL	1	1	1	1		2	1	1	8
9	GOA : GOA					1				1
10	GUJ : GUJ					1				1
11	H.P. : H.P.				1			1		2
12	HRN : HRN			1	1	2	1	2		7
13	J.K. : J.K.				2	1		2		5
14	JKD : JKD	2	1	1	2					6
15	KRL : KRL	1			1	1				3
16	KRN : KRN		1	1	2	1	1	1	1	8
17	M.P. : M.P.	1			1			1		3
18	MHR : MHR	1	1	1	1	2	1	1		8
19	MIZ : MIZ	1	1		1			1	1	5
20	MNP : MNP	1	2	2				1		6
21	ORS : ORS	2	1	2	1					6
22	PUN : PUN		1	2	1		1	2	1	8
23	RAJ : RAJ	1	1		1	1	1	1	2	8
24	SSCB : SSCB		2	2	1	2				7
25	TEL : TEL	1		2	1	1		1		6
26	TND : TND	1	2	1	1	1	1	1		8
27	U.P. : U.P.			2	1	1	1	1	1	7
28	UKD : UKD	2	2			1	1			6
29	W.B. : W.B.	2	1	1				1	1	6
	Grand Total	22	23	24	27	20	11	25	10	162



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STATISTICS JUNIOR WOMEN

No	TEAM	48 kg	53 kg	58 kg	63 kg	69 kg	77 kg	86 kg	+86 kg	TOTAL
1	A.P. : A.P.		1	2	1	1	1	1	1	8
2	ANI : ANI	1								1
3	ARN : ARN		1							1
4	ASM : ASM	1	2	1	1		1		1	7
5	BHR : BHR	1		1	1		1	1		5
6	C.G. : C.G.	2		1						3
7	CHD : CHD								1	1
8	DEL : DEL				2					2
9	GUJ : GUJ	1	1							2
10	H.P. : H.P.				2			1	1	4
11	HRN : HRN	1	1	1	1	2	1	1		8
12	J.K. : J.K.						1			1
13	JKD : JKD	1			1					2
14	KRL : KRL		2		1	2		2	1	8
15	KRN : KRN	1	1	2	1	2		1		8
16	M.P. : M.P.			1		1			2	4
17	MGH : MGH	1								1
18	MHR : MHR	2	1	1	1	1	1		1	8
19	MNP : MNP	1	1		2	1	1	1	1	8
20	ORS : ORS	1	1	1	2	1	1	1		8
21	PON : PON	1		1		1	1			4
22	PUN : PUN	1	1		1	2			2	7
23	RAJ : RAJ	1	2		2	1	1	1		8
24	SSCB : SSCB	2		1	2	2				7
25	TEL : TEL	2			1	1		1	1	6
26	TND : TND	1	1	1	1	1	1	1	1	8
27	U.P. : U.P.	1	1	1	1	1			1	6
28	UKD : UKD					1	1	1		3
29	W.B. : W.B.	1	2	2		1				6
	Grand Total	24	19	17	24	22	12	13	14	145



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STATISTICS YOUTH MEN

No	TEAM	56 kg	60 kg	65 kg	71 kg	79 kg	88 kg	94 kg	+94 kg	TOTAL
1	A.P. : A.P.	1	1	1	2	1	1	1		8
2	ARN : ARN	1	1		1	1				4
3	ASM : ASM		1	1	1		1		1	5
4	BHR : BHR	1	1	1	1	1	1	1	1	8
5	C.G. : C.G.	2	1					1		4
6	DEL : DEL			1	1	1	1	2		6
7	GUJ : GUJ	1			1		1	1		4
8	HRN : HRN		1		1	2	2	1	1	8
9	J.K. : J.K.								1	1
10	JKD : JKD	1	1			1		1		4
11	KRL : KRL	1				1		1		3
12	KRN : KRN			2				1	1	4
13	M.P. : M.P.	1			1		1		1	4
14	MHR : MHR	1	1	2	1	1	1		1	8
15	MIZ : MIZ			1		1			1	3
16	MNP : MNP			1	1					2
17	ORS : ORS	1	2	2	1	1				7
18	PON : PON			1		1				2
19	PUN : PUN	1		1	1	1	1	1	1	7
20	RAJ : RAJ	2				2	1	2		7
21	SSCB : SSCB	2	1	2	2					7
22	TEL : TEL	1	1	1	1					4
23	TND : TND	1	1	1	1	2		1	1	8
24	U.P. : U.P.	1	1	1	2	1		1	1	8
25	UKD : UKD	1	1		1		1			4
26	W.B. : W.B.	1	2	2						5
	Grand Total	21	17	21	20	18	12	15	11	135



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26

Yadav Farm House - Modinagar - Uttar Pradesh

03/02/2026 to 14/02/2026



STATISTICS YOUTH WOMEN

No	TEAM	44 kg	48 kg	53 kg	58 kg	63 kg	69 kg	77 kg	+77 kg	TOTAL
1	A.P. : A.P.		1	1	2	1	1	1	1	8
2	ANI : ANI	1			1	1				3
3	ARN : ARN			2						2
4	ASM : ASM	1	1		1				1	4
5	BHR : BHR				1				1	2
6	C.G. : C.G.	2	1	1	1					5
7	CHD : CHD		1						2	3
8	DEL : DEL			1		1	1		2	5
9	GOA : GOA	1								1
10	GUJ : GUJ								1	1
11	H.P. : H.P.			1		1	1		1	4
12	HRN : HRN	1	1	1		1	2	1	1	8
13	IWLF : IWLF		1			1				2
14	J.K. : J.K.	1								1
15	JKD : JKD		2			1				3
16	KRL : KRL					1	1			2
17	KRN : KRN	1	1		1	1	2	1	1	8
18	M.P. : M.P.	1					1	1	1	4
19	MGH : MGH			1						1
20	MHR : MHR	2		1	1	1	2	1		8
21	MNP : MNP				1	1		1	1	4
22	ORS : ORS	1	1	1		2		1	1	7
23	PON : PON	2			1		1		2	6
24	PUN : PUN	1	1		1	1		1	1	6
25	RAJ : RAJ	1	2		1	1	1		2	8
26	SSCB : SSCB	1	2		2	2	1			8
27	TEL : TEL		1	2				1	2	6
28	TND : TND	1	1		1	1	1	1	2	8
29	U.P. : U.P.	1		1	2				1	5
30	UKD : UKD		2	2	1	1				6
31	W.B. : W.B.	2	1	2	1				2	8
	Grand Total	21	20	17	19	19	15	10	26	147



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26

Yadav Farm House - Modinagar - Uttar Pradesh

03/02/2026 to 14/02/2026



COMBINED STATISTICS Age Group

No	TEAM	SENIOR		JUNIOR		YOUTH		MEN	WOMEN	TOTAL
		MEN	WOMEN	MEN	WOMEN	MEN	WOMEN			
1	A.P. : A.P.	8	8	8	8	8	8	23	21	44
2	AIPSCB : AIPSCB	5	7	0	0	0	0	5	7	12
3	ANI : ANI	0	0	1	1	0	3	1	4	5
4	ARN : ARN	5	5	4	1	4	2	12	8	20
5	ASM : ASM	6	7	7	7	5	4	12	15	27
6	BHR : BHR	3	7	8	5	8	2	19	10	29
7	C.G. : C.G.	5	3	4	3	4	5	12	9	21
8	CHD : CHD	7	1	5	1	0	3	10	5	15
9	DEL : DEL	6	3	8	2	6	5	18	9	27
10	GOA : GOA	4	1	1	0	0	1	5	2	7
11	GUJ : GUJ	0	3	1	2	4	1	5	5	10
12	H.P. : H.P.	4	3	2	4	0	4	5	9	14
13	HRN : HRN	7	8	7	8	8	8	18	16	34
14	IWLF : IWLF	0	0	0	0	0	2	0	2	2
15	J.K. : J.K.	1	3	5	1	1	1	6	5	11
16	JKD : JKD	1	0	6	2	4	3	8	4	12
17	KRL : KRL	8	7	3	8	3	2	14	14	28
18	KRN : KRN	8	8	8	8	4	8	20	20	40
19	M.P. : M.P.	6	4	3	4	4	4	11	11	22
20	MGH : MGH	0	0	0	1	0	1	0	2	2
21	MHR : MHR	9	8	8	8	8	8	22	22	44
22	MIZ : MIZ	6	0	5	0	3	0	9	0	9
23	MNP : MNP	5	8	6	8	2	4	11	17	28
24	ORS : ORS	7	8	6	8	7	7	16	16	32
25	PON : PON	1	3	0	4	2	6	3	9	12
26	PUN : PUN	8	8	8	7	7	6	20	19	39
27	RAJ : RAJ	7	6	8	8	7	8	20	16	36
28	RSPB : RSPB	8	8	0	0	0	0	8	8	16
29	SSCB : SSCB	8	0	7	7	7	8	18	10	28
30	TEL : TEL	1	4	6	6	4	6	10	11	21
31	TND : TND	8	8	8	8	8	8	23	20	43
32	U.P. : U.P.	8	8	7	6	8	5	18	17	35
33	UKD : UKD	4	3	6	3	4	6	15	12	27
34	W.B. : W.B.	1	7	6	6	5	8	9	15	24
Grand Total		165	157	162	145	135	147	406	370	776



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26

Yadav Farm House - Modinagar - Uttar Pradesh

03/02/2026 to 14/02/2026



COMBINED STATISTICS

No	TEAM	MEN	WOMEN	TOTAL
1	A.P. : A.P.	23	21	44
2	AIPSCB : AIPSCB	5	7	12
3	ANI : ANI	1	4	5
4	ARN : ARN	12	8	20
5	ASM : ASM	12	15	27
6	BHR : BHR	19	10	29
7	C.G. : C.G.	12	9	21
8	CHD : CHD	10	5	15
9	DEL : DEL	18	9	27
10	GOA : GOA	5	2	7
11	GUJ : GUJ	5	5	10
12	H.P. : H.P.	5	9	14
13	HRN : HRN	18	16	34
14	IWLF : IWLF	0	2	2
15	J.K. : J.K.	6	5	11
16	JKD : JKD	8	4	12
17	KRL : KRL	14	14	28
18	KRN : KRN	20	20	40
19	M.P. : M.P.	11	11	22
20	MGH : MGH	0	2	2
21	MHR : MHR	22	22	44
22	MIZ : MIZ	9	0	9
23	MNP : MNP	11	17	28
24	ORS : ORS	16	16	32
25	PON : PON	3	9	12
26	PUN : PUN	20	19	39
27	RAJ : RAJ	20	16	36
28	RSPB : RSPB	8	8	16
29	SSCB : SSCB	18	10	28
30	TEL : TEL	10	11	21
31	TND : TND	23	20	43
32	U.P. : U.P.	18	17	35
33	UKD : UKD	15	12	27
34	W.B. : W.B.	9	15	24
Grand Total		406	370	776



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26

Yadav Farm House - Modinagar - Uttar Pradesh

03/02/2026 to 14/02/2026



START LIST

WOMEN 44 kg B

Competition : 04.02.2026 09:00

Weigh in : 7:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
44 kg B								
1	12	KHUSHBOO	27-01-2009	PUN	120			44
2	50	PARI	11-10-2012	HRN	112			44
3	57	PURVI LASHKARI	23-03-2008	M.P.	100			44
4	138	TITLI MAJI	22-12-2011	W.B.	125			44
5	163	PALLAVI	25-04-2008	KRN	90			44
6	164	TEJASWINI GEHLOT	08-08-2008	RAJ	120			44
7	202	MEGHALI YEIN	17-02-2008	ASM	130			44
8	231	ABHIPSSA ACHARYA	24-07-2009	ORS	125			44
9	235	RESHAM SAHU	28-04-2010	C.G.	120			44
10	351	GAURAVI DESSAI	07-02-2009	GOA	110			44
11	369	SHWETHA K	05-10-2009	PON	108			44
12	382	SAMEKSHA DUBEY	21-09-2010	J.K.	100			44
13	417	SAYANIKA KARATI	21-08-2012	W.B.	105			44
14	494	ISHWARIYA K	22-09-2009	TND	120			44
15	565	PRIYA KASHYAP	25-12-2012	U.P.	115			44
16	566	DHARSHINIPRIYA I	17-04-2009	PON	120		48	44
17	569	SHEMORINE	30-09-2012	ANI	88			44
18	743	CHANCHAL RAWTE	03-10-2010	C.G.	95			44

Jury

1. A) G.P. Sharma [U.P.] * President of Jury
2. Shyamala Shetty [KRN]
5. Khushbu Yadav [U.P.]

3. Rajesh Kumar [H.P.]

4. K. Suryanarayana [A.P.]

Referee

- C- Ravi Sharma [RAJ]
Res- Reshma [DEL]

L- Anna Lohitha [TEL]

R- Anant Sane [MHR]

Chief Marshal

1. Pradeep Yadav [U.P.]

2. Yudhvir Singh [J&K]

3. Abhay Sundar [BHR]

Time Keeper

1. Tupti Parashar [MHR]

2. Lucky Rani Patro [ORS]

Technical Controller

1. P. Srisailam [AIPSCB]

2. Shipra Soni [BHR]

Secretary

1. Akansha Kamale [M.P.]
4. Jassu Kumari [BHR]

2. Dhrampal [RSPB]

3. Pradeep Kumar Yadav [DEL]

Records:	Snatch	Clean and Jerk	Total
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IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26
Yadav Farm House - Modinagar - Uttar Pradesh
03/02/2026 to 14/02/2026



START LIST

WOMEN 48 kg C

Competition : 04.02.2026 11:30

Weigh in : 9:30

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
48 kg C								
1	10	KHUSHI	27-06-2010	PUN	113			48
2	72	DHANPATI KUMARI	06-08-2008	JKD	106			48
3	83	ZEEL GAJJAR	10-06-2007	GUJ	115		48	
4	114	AARUSHI VERMA	21-06-2008	CHD	121			48
5	173	PULI SRI PADA SRIJA	12-07-2008	TEL	115		48	48
6	315	NAMRATA HEMROM	25-02-2009	JKD	120			48
7	371	HARSHITHA P P	22-08-2008	KRN	130			48
8	400	CHENDU ANISHA	15-03-2005	TEL	115		48	
9	435	ALAASKA ALEENA	10-06-2006	ANI	111		48	
10	510	KUSUM KUMARI PRAJAPATI	12-06-2009	JKD	106		48	
11	532	CHANDAHASINI PATIL	16-04-2010	C.G.	106			48
12	542	DOLLY PAL	27-03-2010	UKD	127			48
13	556	AKSHARA PANWAR	15-02-2009	RAJ	106			48
14	610	ROHINI P K	30-01-2008	TND	123			48
15	621	PRASIDDHI YADAV	13-11-2008	UKD	120			48
16	681	ISALARICA LAPANG	09-05-2005	MGH	125		48	
17	786	MAMITHA K	01-12-2007	TND	123		48	

Jury

1. A) Sabina Yadav, President [U.P.] * President of Jury
2. B) K. Subramanaya, President [KRN]
3. Pardeep Sharma [H.P.]
4. Geetha Ananda [KRN]
5. Rajneesh Bhaskar [BHR]
6. S. Shanmugavel [TND]

Referee

- C- Biku Sarita [ARN] L- Vineet [U.P.] R- Ganesh Nagine [MHR]
Res- P.A Jose [KRL]

Chief Marshal

1. Vijay Hooda [AIPSCB]
2. Raj Kumar Jamwal [H.P.]

Time Keeper

1. Satish Yadav [BHR]
2. Sonu Prashad [U.P.]

Technical Controller

1. Sudhish Kumar Singh [U.P.]
2. Arumita Dutta [C.G.]

Secretary

1. Dushyant Yadav [U.P.]
2. Bharti Devi [J&K]
3. Megha Chand [UKD]
4. Salbeena [J&K]

Records: Snatch Clean and Jerk Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

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START LIST

WOMEN 44 kg A , 48 kg B

Competition : 04.02.2026 13:30

Weigh in : 11:30

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
44 kg A								
1	130	SHRAVANI KUMBHAR	16-08-2009	MHR	130			44
2	186	PARISHMITA GOGOI	29-03-2010	SSCB	132			44
3	810	NETRA THORAT	29-03-2010	MHR	130			44
48 kg B								
1	58	HARSHINI CHAVAN	26-11-2010	SSCB	140		48	48
2	93	RIMA MAJI	19-09-2010	W.B.	149		48	48
3	125	KAJOL SARGAR	01-10-2005	MHR	150		48	
4	201	KUMKUM DHURUW	13-01-2007	C.G.	140	48	48	
5	271	PALLAVI L	09-01-2004	KRN	140	48		
6	365	GOURI PRAVA SONOWAL	18-12-2007	ASM	146		48	
7	388	BYREDDI RAJESWARI	10-07-2002	A.P.	150	48		
8	557	NIDHI	19-09-2009	HRN	144		48	48
9	560	SHRAVYA M	15-04-2005	KRN	145	48	48	
10	583	KH. LUWANGSANA CHANU	15-02-2008	MNP	135		48	
11	705	MAUSAMI NIRMALKAR	10-04-2006	C.G.	135		48	
12	792	BANITA NAIK	09-09-2008	ORS	150			48
13	805	BANDANA BHARALI	31-10-2012	IWLF	150			48

Jury

1. A) G.P. Sharma [U.P.] * President of Jury
2. Shyamala Shetty [KRN]
3. Rajesh Kumar [H.P.]
4. K. Suryanarayana [A.P.]
5. Khushbu Yadav [U.P.]

Referee

- C- P. Kyathi [TEL]
Res- Chittaranjan Swain [ORS]
- L- Yashpal Singh [U.P.]
R- Kumari Shivali [H.P.]

Chief Marshal

1. Pradeep Yadav [U.P.]
2. Yudhvir Singh [J&K]
3. Abhay Sundar [BHR]

Time Keeper

1. Trupti Parashar [MHR]
2. Lucky Rani Patro [ORS]

Technical Controller

1. P. Srisailam [AIPSCB]
2. Shipra Soni [BHR]

Secretary

1. Akansha Kamale [M.P.]
2. Dhrampal [RSPB]
3. Pradeep Kumar Yadav [DEL]
4. Jassu Kumari [BHR]

Records: Snatch Clean and Jerk Total

START LIST

WOMEN 48 kg A

Competition : 04.02.2026 15:30

Weigh in : 13:30

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
48 kg A								
1	25	CHANDRIKA TARAFDER	12-10-1996	W.B.	158	48		
2	49	PRITEESMITA BHOI	14-11-2008	ORS	155	48	48	
3	169	VANI PURI	16-03-2005	PUN	175	48	48	
4	197	KUMKUM KUMARI	01-01-2006	BHR	160	48	48	
5	239	PUNGNI TARA	25-07-2008	SSCB	155		48	48
6	280	RINKI NAYAK	09-01-2004	ORS	160	48		
7	404	S. MIRABAI CHANU	08-08-1994	MNP	200	48		
8	451	AKANKSHA VYAVAHARE	19-06-2007	MHR	165		48	
9	508	RANI NAYAK	10-08-2002	M.P.	160	48		
10	568	REDDY BHAVANI	20-03-2008	A.P.	155			48
11	626	KOMAL KOHAR	24-07-2002	RSPB	185	48		
12	651	SOUMYA DALVI	18-08-2005	MHR	185	48		
13	664	KRISHTINA BORPATRAGOHAIN	01-07-2009	ASM	155			48
14	684	ANNU KUMARI	27-11-2008	RAJ	165	48	48	48
15	693	MANSI CHAMUNDA	04-01-2007	U.P.	167	48	48	
16	765	RADHA SONI	27-04-2003	AIPSCB	175	48		
17	795	K. NOMITA DEVI	01-03-2002	MNP	165	48		

Jury

1. A) Sabina Yadav, President [U.P.] * President of Jury
2. B) K. Subramanaya, President [KRN] 3. Pardeep Sharma [H.P.] 4. Geetha Ananda [KRN]
5. Rajneesh Bhaskar [BHR] 6. S. Shanmugavel [TND]

Referee

- | | | |
|-----------------------|----------------------|-----------------------|
| C- Reshma [DEL] | L- Ravi Sharma [RAJ] | R- Anna Lohitha [TEL] |
| Res- Anant Sane [MHR] | | |

Chief Marshal

-
1. Vijay Hooda [AIPSCB]
2. Raj Kumar Jamwal [H.P.]

Time Keeper

1. Satish Yadav [BHR] 2. Sonu Prashad [U.P.]

Technical Controller

-
1. Sudhish Kumar Singh [U.P.]

2. Arumita Dutta [C.G.]

Secretary

1. Dushyant Yadav [U.P.] 2. Bharti Devi [J&K] 3. Megha Chand [UKD]
4. Salbeena [J&K]

Records:	Snatch	Clean and Jerk	Total
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START LIST

MEN 56 kg B

Competition : 04.02.2026 17:30

Weigh in : 15:30

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
56 kg B								
1	171	JEEVAN KUMAR UNIYARA	17-08-2008	M.P.	174			56
2	240	KUNDAN VISHWAKARMA	24-02-2008	C.G.	180			56
3	299	SAMEER SINGH	28-07-2010	PUN	190			56
4	416	BYAGARI NANDHAKISHOR	08-03-2010	TEL	180			56
5	525	NARESH KUMAR	18-03-2008	RAJ	195			56
6	555	ATHARVA DHOKATE	21-08-2010	MHR	200			56
7	582	YASIR SHAIKH	17-12-2008	GUJ	183			56
8	593	HARSABARDHAN SAHU	22-05-2009	SSCB	200			56
9	599	HRITAM KHANRA	08-07-2010	W.B.	186			56
10	645	PRIYANSHU JAWA	03-03-2010	RAJ	196			56
11	744	NIKLESH LAKRA	25-04-2009	JKD	180			56
12	747	VIPUL RAI	13-12-2011	U.P.	185			56

Jury

1. A) G.P. Sharma [U.P.] * President of Jury

2. Shyamala Shetty [KRN]

5. Khushbu Yadav [U.P.]

3. Rajesh Kumar [H.P.]

4. K. Suryanarayana [A.P.]

Referee

C- P.A Jose [KRL]

Res- Ganesh Nagine [MHR]

L- Biku Sarita [ARN]

R- Vineet [U.P.]

Chief Marshal

1. Pradeep Yadav [U.P.]

2. Yudhvir Singh [J&K]

3. Abhay Sundar [BHR]

Time Keeper

1. Trupti Parashar [MHR]

2. Lucky Rani Patro [ORS]

Technical Controller

1. P. Srisailam [AIPSCB]

2. Shipra Soni [BHR]

Secretary

1. Akansha Kamale [M.P.]

4. Jassu Kumari [BHR]

2. Dhrampal [RSPB]

3. Pradeep Kumar Yadav [DEL]

Records:

Snatch

Clean and Jerk

Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26

Yadav Farm House - Modinagar - Uttar Pradesh

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START LIST

MEN 60 kg D

Competition : 05.02.2026 09:00

Weigh in : 7:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
60 kg D								
1	52	HARIPRASAD KACHARI	25-02-2010	ASM	210			60
2	56	VANARASA HAREESH TEJA	04-04-2009	TEL	200			60
3	82	MUKESH KUMAR M.G	07-12-2009	TND	204			60
4	86	HARSHIT KARADE	05-01-2007	M.P.	210		60	
5	107	DAKSH	08-04-2008	HRN	180			60
6	209	BONTHU RAMJI	08-11-2009	A.P.	195			60
7	357	RICKY LOLLEN	12-04-2009	ARN	210			60
8	364	ROHIT NOKHWAL	01-10-2010	SSCB	200			60
9	445	ABHISHEK MITRA	20-04-2007	UKD	210		60	
10	469	AMAL RAJ BIJU	09-11-2006	KRL	200		60	
11	497	ANSHUL	01-12-2010	UKD	195			60
12	504	ANKIT BHARTI	02-03-2009	C.G.	200			60
13	579	RANVEER KUMAR	01-01-2010	BHR	190			60
14	692	AVRADEEP SEAL	19-12-2006	W.B.	208		60	
15	694	SUJAN ADHIKARI	29-09-2008	W.B.	207			60
16	749	ANMOL PANDEY	01-04-2007	UKD	201		60	

Jury

1. A) Sabina Yadav, President [U.P.] * President of Jury

2. B) K. Subramanaya, President [KRN]

5. Rajneesh Bhaskar [BHR]

3. Pardeep Sharma [H.P.]

6. S. Shanmugavel [TND]

4. Geetha Ananda [KRN]

Referee

C- Chittaranjan Swain [ORS]

Res- Kumari Shivali [H.P.]

L- P. Kyathi [TEL]

R- Yashpal Singh [U.P.]

Chief Marshal

1. Vijay Hooda [AIPSCB]

2. Raj Kumar Jamwal [H.P.]

Time Keeper

1. Satish Yadav [BHR]

2. Sonu Prashad [U.P.]

Technical Controller

1. Sudhish Kumar Singh [U.P.]

2. Arumita Dutta [C.G.]

Secretary

1. Dushyant Yadav [U.P.]

4. Salbeena [J&K]

2. Bharti Devi [J&K]

3. Megha Chand [UKD]

Records:

Snatch

Clean and Jerk

Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26

Yadav Farm House - Modinagar - Uttar Pradesh

03/02/2026 to 14/02/2026



START LIST

MEN 56 kg A

Competition : 05.02.2026 11:00

Weigh in : 9:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
56 kg A								
1	95	APPANENI PRUDVI	13-12-2008	A.P.	210			56
2	100	SIPUN MADKAMI	23-09-2008	ORS	205			56
3	128	ARSHLAN ARSHLAN	18-11-2009	UKD	225			56
4	208	SIMON SHOJU	01-06-2009	ARN	205			56
5	233	CHIRANJIV BHARTI	27-06-2008	C.G.	200			56
6	289	SEBIN SEBASTIAN	20-11-2008	KRL	201			56
7	410	ABHAY KUMAR	08-10-2009	BHR	200			56
8	581	KABILAN S R	06-01-2011	TND	203			56
9	785	DHARMA JYOTI DEWGHARIA	07-02-2009	SSCB	230			56

Jury

1. A) G.P. Sharma [U.P.] * President of Jury

2. Shyamala Shetty [KRN]

5. Khushbu Yadav [U.P.]

3. Rajesh Kumar [H.P.]

4. K. Suryanarayana [A.P.]

Referee

C- Anant Sane [MHR]

Res- Anna Lohitha [TEL]

L- Reshma [DEL]

R- Ravi Sharma [RAJ]

Chief Marshal

1. Pradeep Yadav [U.P.]

2. Yudhvir Singh [J&K]

3. Abhay Sundar [BHR]

Time Keeper

1. Trupti Parashar [MHR]

2. Lucky Rani Patro [ORS]

Technical Controller

1. P. Srisailam [AIPSCB]

2. Shipra Soni [BHR]

Secretary

1. Akansha Kamale [M.P.]

4. Jassu Kumari [BHR]

2. Dhrampal [RSPB]

3. Pradeep Kumar Yadav [DEL]

Records:

Snatch

Clean and Jerk

Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26
Yadav Farm House - Modinagar - Uttar Pradesh
03/02/2026 to 14/02/2026



START LIST

MEN 60 kg C

Competition : 05.02.2026 12:30

Weigh in : 10:30

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
60 kg C								
1	103	TH. BUNNY SINGH	25-09-2007	MNP	215		60	
2	135	PIYUSH SINGH	27-12-1999	M.P.	225	60		
3	207	BABULAL HEMBROM	10-07-2007	JKD	225	60	60	
4	326	SUDESH PANDEY	20-02-1999	AIPSCB	225	60		
5	335	SUBRAT NAIK	01-09-2009	ORS	230		60	60
6	336	DONIGOLLA VEERESH	12-06-2005	A.P.	220		60	
7	348	ADITYA KUMAR	01-12-2007	BHR	220		60	
8	385	BISHNU SONOWAL	27-09-2006	ASM	230	60	60	
9	421	OM KUMAR	11-05-2008	JKD	220		60	60
10	466	VINAYAK KATKAR	11-11-2007	MHR	230		60	
11	489	MAYURESH SURYAWANSHI	04-01-2009	MHR	220			60
12	577	KETHAVATH MOHAN	02-09-2006	TEL	230		60	
13	663	DHRITIMAN PATRA	07-08-2008	W.B.	213		60	60
14	700	ANSHUL	28-10-2007	DEL	220	60	60	

Jury

1. A) Sabina Yadav, President [U.P.] * President of Jury
2. B) K. Subramanaya, President [KRN]
3. Pardeep Sharma [H.P.]
4. Geetha Ananda [KRN]
5. Rajneesh Bhaskar [BHR]
6. S. Shanmugavel [TND]

Referee

- C- Ganesh Nagine [MHR] L- P.A Jose [KRL] R- Biku Sarita [ARN]
Res- Vineet [U.P.]

Chief Marshal

1. Vijay Hooda [AIPSCB]
2. Raj Kumar Jamwal [H.P.]

Time Keeper

1. Satish Yadav [BHR]
2. Sonu Prashad [U.P.]

Technical Controller

1. Sudhish Kumar Singh [U.P.]
2. Arumita Dutta [C.G.]

Secretary

1. Dushyant Yadav [U.P.]
2. Bharti Devi [J&K]
3. Megha Chand [UKD]
4. Salbeena [J&K]

Records: Snatch Clean and Jerk Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26
Yadav Farm House - Modinagar - Uttar Pradesh
03/02/2026 to 14/02/2026



START LIST

MEN 60 kg B

Competition : 05.02.2026 14:00

Weigh in : 12:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
60 kg B								
1	161	MUNA NAYAK	20-10-2002	ORS	249	60		
2	219	ISAK MALSAWMTLUANGA	16-07-2007	MIZ	245	60	60	
3	257	MAHENDRA P	17-12-2005	TND	246		60	
4	319	SHANKAR KUMAR	15-06-2003	BHR	230	60		
5	374	SOURABH S	23-09-1999	KRL	240	60		
6	415	RUPESH SAIN	05-01-2005	RAJ	235		60	
7	481	ANAKHIN VARGHESE	11-10-2004	KRL	233	60		
8	520	KARAN LAHRE	28-07-2000	C.G.	245	60		
9	536	MUKESH GAMANGO	12-08-2008	ORS	235		60	60
10	584	SUBRAHMANYA	12-04-2001	KRN	250	60		
11	611	VISHAL PAL	04-01-2004	M.P.	240	60		
12	618	RISHABH PARASHAR	04-08-2008	U.P.	235			60
13	730	NEELAM SOPIN	05-02-2006	ARN	245		60	

Jury

1. A) G.P. Sharma [U.P.] * President of Jury
2. Shyamala Shetty [KRN]
3. Rajesh Kumar [H.P.]
4. K. Suryanarayana [A.P.]
5. Khushbu Yadav [U.P.]

Referee

- C- Kumari Shivali [H.P.]
- L- Chittaranjan Swain [ORS]
- R- P. Kyathi [TEL]
- Res- Yashpal Singh [U.P.]

Chief Marshal

1. Pradeep Yadav [U.P.]
2. Yudhvir Singh [J&K]
3. Abhay Sundar [BHR]

Time Keeper

1. Trupti Parashar [MHR]
2. Lucky Rani Patro [ORS]

Technical Controller

1. P. Srisailam [AIPSCB]
2. Shipra Soni [BHR]

Secretary

1. Akansha Kamale [M.P.]
2. Dhrampal [RSPB]
3. Pradeep Kumar Yadav [DEL]
4. Jassu Kumari [BHR]

Records: Snatch Clean and Jerk Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26

Yadav Farm House - Modinagar - Uttar Pradesh

03/02/2026 to 14/02/2026



START LIST

MEN 60 kg A

Competition : 05.02.2026 15:30

Weigh in : 13:30

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
60 kg A								
1	20	CH. RISHIKANTA SINGH	05-07-1998	MNP	270	60		
2	119	DHANUSH KUMAR P	01-12-2003	RSPB	268	60		
3	242	PRADEEP U	25-05-2001	TND	250	60		
4	306	GURURAJA POOJARI	15-08-1992	KRN	270	60		
5	323	S GURU NAIDU	09-05-2006	SSCB	262	60		
6	360	CHERA TANIA	20-05-2005	ARN	262	60	60	
7	383	HIMANSHU MAHESHWARI	12-07-2003	U.P.	255	60		
8	480	N. TOMCHOU MEETEI	04-03-2006	MNP	252	60		

Jury

1. A) Sabina Yadav, President [U.P.] * President of Jury

2. B) K. Subramanaya, President [KRN]

5. Rajneesh Bhaskar [BHR]

3. Pardeep Sharma [H.P.]

6. S. Shanmugavel [TND]

4. Geetha Ananda [KRN]

Referee

C- Anna Lohitha [TEL]

Res- Ravi Sharma [RAJ]

L- Anant Sane [MHR]

R- Reshma [DEL]

Chief Marshal

1. Vijay Hooda [AIPSCB]

2. Raj Kumar Jamwal [H.P.]

Time Keeper

1. Satish Yadav [BHR]

2. Sonu Prashad [U.P.]

Technical Controller

1. Sudhish Kumar Singh [U.P.]

2. Arumita Dutta [C.G.]

Secretary

1. Dushyant Yadav [U.P.]

4. Salbeena [J&K]

2. Bharti Devi [J&K]

3. Megha Chand [UKD]

Records:	Snatch	Clean and Jerk	Total
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IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26
Yadav Farm House - Modinagar - Uttar Pradesh
03/02/2026 to 14/02/2026



START LIST

WOMEN 53 kg C

Competition : 05.02.2026 17:30

Weigh in : 15:30

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
53 kg C								
1	18	PATLOTA ARCHANA	04-09-2010	TEL	112			53
2	137	EVANGELIN.R	02-01-2007	KRN	130		53	
3	172	NISHA	01-01-2011	U.P.	140			53
4	212	POSEN KONGKANG	05-10-2009	ARN	130			53
5	260	ROSE MARIYA XAVIER XAVIER A	12-05-2006	KRL	136		53	
6	270	MONIKA PAL	20-03-2009	UKD	124			53
7	284	KHUSHBOO	02-01-2009	UKD	122			53
8	345	RADHIKA SINGH	01-01-2009	U.P.	130		53	
9	534	SANIKA CHANDEL	25-01-2011	C.G.	110			53
10	617	SULAKSHMI GOLUI	14-07-2011	W.B.	116			53
11	646	SHIVANI SHARMA	18-12-2009	DEL	132			53
12	649	ANJALI	11-12-2008	HRN	125			53
13	653	SHAGUN	01-10-2010	H.P.	125			53
14	682	SREELAKSHMI K	15-08-2005	KRL	136		53	
15	731	ANNE THONI SRI	06-02-2010	TEL	116			53
16	758	SARTAM CHUMMI RUGHU	13-08-2010	ARN	130			53
17	773	LAXMI TIWARI	29-12-2006	RAJ	140		53	
18	779	KASANCHI DONESA J.MARAK	24-08-2009	MGH	117			53

Jury

1. A) G.P. Sharma [U.P.] * President of Jury
2. Shyamala Shetty [KRN]
3. Rajesh Kumar [H.P.]
4. K. Suryanarayana [A.P.]
5. Khushbu Yadav [U.P.]

Referee

- C- Vineet [U.P.] L- Ganesh Nagine [MHR] R- P.A Jose [KRL]
Res- Biku Sarita [ARN]

Chief Marshal

1. Pradeep Yadav [U.P.]
2. Yudhvir Singh [J&K]
3. Abhay Sundar [BHR]

Time Keeper

1. Tupti Parashar [MHR]
2. Lucky Rani Patro [ORS]

Technical Controller

1. P. Srisailam [AIPSCB]
2. Shipra Soni [BHR]

Secretary

1. Akansha Kamale [M.P.]
2. Dhrampal [RSPB]
3. Pradeep Kumar Yadav [DEL]
4. Jassu Kumari [BHR]

Records:	Snatch	Clean and Jerk	Total
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IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26
Yadav Farm House - Modinagar - Uttar Pradesh
03/02/2026 to 14/02/2026



START LIST

WOMEN 53 kg B

Competition : 06.02.2026 09:00

Weigh in : 7:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
53 kg B								
1	35	ANU N	16-02-2002	KRL	150	53		
2	61	REESHIKA	03-09-2006	HRN	165	53	53	
3	78	MONIKA	23-05-2003	HRN	165	53		
4	183	MINA SANTA B	27-03-2008	ORS	170		53	53
5	350	PRATIKSHA SATHE	24-12-2002	GOA	160	53		
6	419	KM. GUDIYA	14-10-2001	U.P.	158	53		
7	479	KIRAN BAGHEL	17-11-1997	C.G.	145	53		
8	487	CH. YAIPHABI DEVI	22-10-2006	MNP	157		53	
9	503	NOMI KHATOWAL	27-09-2006	ASM	145	53	53	
10	511	POSEN KONGKANG	14-01-2003	ARN	170	53		
11	515	BELLANA BHARGAVI	19-02-2009	A.P.	170			53
12	523	NEHA DHOLI	15-07-2006	RAJ	160		53	
13	665	ASHA SHEULI	25-02-2005	W.B.	154		53	
14	720	PIPI YANGFO	18-10-2006	ARN	161		53	
15	724	SARIKA	15-12-2007	PUN	160		53	
16	726	POSHIKA A	24-09-2006	TND	170	53	53	
17	745	SHRAVANI PURANDARE	08-09-2008	MHR	145			53
18	772	DUBA HEMASRI	22-08-2006	A.P.	170		53	

Jury

1. A) Sabina Yadav, President [U.P.] * President of Jury
2. B) K. Subramanaya, President [KRN]
3. Pardeep Sharma [H.P.]
4. Geetha Ananda [KRN]
5. Rajneesh Bhaskar [BHR]
6. S. Shanmugavel [TND]

Referee

- C- Yashpal Singh [U.P.] L- Kumari Shivali [H.P.] R- Chittaranjan Swain [ORS]
Res- P. Kyathi [TEL]

Chief Marshal

1. Vijay Hooda [AIPSCB]
2. Raj Kumar Jamwal [H.P.]

Time Keeper

1. Satish Yadav [BHR]
2. Sonu Prashad [U.P.]

Technical Controller

1. Sudhish Kumar Singh [U.P.]
2. Arumita Dutta [C.G.]

Secretary

1. Dushyant Yadav [U.P.]
2. Bharti Devi [J&K]
3. Megha Chand [UKD]
4. Salbeena [J&K]

Records:	Snatch	Clean and Jerk	Total
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IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26
Yadav Farm House - Modinagar - Uttar Pradesh
03/02/2026 to 14/02/2026



START LIST

WOMEN 53 kg A

Competition : 06.02.2026 11:30

Weigh in : 9:30

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
53 kg A								
1	134	VEERJEET KAUR	02-03-1999	RSPB	192	53		
2	166	PANCHAMI SONOWAL	05-05-2005	ASM	170		53	
3	268	SAPNA KUMARI	06-07-2003	BHR	180	53		
4	295	POOJA KENE	21-11-1999	MHR	180	53		
5	316	BORNALI BORAH	31-07-2000	ASM	180	53		
6	322	L. NILAM DEVI	10-06-2004	MNP	172	53		
7	349	ASMITA DHONE	01-05-2007	MHR	180	53	53	
8	394	GYANESHWARI YADAV	03-08-2003	AIPSCB	191	53		
9	424	SHALU	20-08-2003	DEL	180	53		
10	436	SNEHA SOREN	02-05-2001	ORS	193	53		
11	631	VIDUSHI SHARMA	04-08-2002	M.P.	175	53		
12	668	KOYEL BOR	22-06-2008	W.B.	190	53	53	53
13	729	VIDHYA SHARMA	20-01-2005	GUJ	175	53	53	

Jury

1. A) G.P. Sharma [U.P.] * President of Jury
2. Shyamala Shetty [KRN]
3. Rajesh Kumar [H.P.]
4. K. Suryanarayana [A.P.]
5. Khushbu Yadav [U.P.]

Referee

- C- Ravi Sharma [RAJ]
- L- Anna Lohitha [TEL]
- R- Anant Sane [MHR]
- Res- Reshma [DEL]

Chief Marshal

1. Pradeep Yadav [U.P.]
2. Yudhvir Singh [J&K]
3. Abhay Sundar [BHR]

Time Keeper

1. Trupti Parashar [MHR]
2. Lucky Rani Patro [ORS]

Technical Controller

1. P. Srisailam [AIPSCB]
2. Shipra Soni [BHR]

Secretary

1. Akansha Kamale [M.P.]
2. Dhrampal [RSPB]
3. Pradeep Kumar Yadav [DEL]
4. Jassu Kumari [BHR]

Records: Snatch Clean and Jerk Total

START LIST

MEN 65 kg C

Competition : 06.02.2026 13:30

Weigh in : 11:30

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
65 kg C								
1	23	SUNNY KUMAR	27-12-2006	BHR	223		65	
2	75	SOMANATH PARASETH	06-02-2008	ORS	216			65
3	80	MANOHAR KUMAR	25-10-2005	UKD	230		65	
4	96	PREM KUMAR	09-02-2009	BHR	203			65
5	263	KENCHAPPA GADDI	21-11-2005	KRN	218		65	
6	281	YUVAPRASAD V	22-01-2009	PON	197			65
7	290	ANUBHAV YADAV	29-07-2009	DEL	228		65	65
8	314	ARJUN .	10-03-2007	CHD	218		65	
9	439	SURYAPRAKASH D	04-04-2008	KRN	197			65
10	448	ABDUL REHAMAN NANNE BAI GARI	04-02-2011	A.P.	210			65
11	507	L. WILSON SINGH	21-11-2007	MNP	227		65	
12	564	TONKESWAR GOGOI	17-08-2008	ASM	225		65	65
13	585	SAMARESH SEULI	28-11-2008	W.B.	221			65
14	642	TH. SUPREEM MEITEI	13-03-2009	MNP	216			65
15	654	LAKHAN KUMAR	16-04-2006	UKD	225		65	
16	657	T D SATHISH KUMAR	24-12-2007	ANI	160		65	
17	672	GANESH V	23-12-2009	KRN	220			65
18	739	VIKAS KUMAR	09-04-2009	U.P.	235			65

Jury

1. A) Sabina Yadav, President [U.P.] * President of Jury
2. B) K. Subramanaya, President [KRN] 3. Pardeep Sharma [H.P.] 4. Geetha Ananda [KRN]
5. Rajneesh Bhaskar [BHR] 6. S. Shanmugavel [TND]

Referee

C- Biku Sarita [ARN]	L- Vineet [U.P.]	R- Ganesh Nagine [MHR]
Res- P.A Jose [KRL]		

Chief Marshal

-
1. Vijay Hooda [AIPSCB]
2. Raj Kumar Jamwal [H.P.]

Time Keeper

-
1. Satish Yadav [BHR]
2. Sonu Prashad [U.P.]

Technical Controller

-
1. Sudhish Kumar Singh [U.P.]

2. Arumita Dutta [C.G.]

Secretary

- | | | |
|--------------------------|----------------------|----------------------|
| 1. Dushyant Yadav [U.P.] | 2. Bharti Devi [J&K] | 3. Megha Chand [UKD] |
| 4. Salbeena [J&K] | | |

Records:	Snatch	Clean and Jerk	Total
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IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26

Yadav Farm House - Modinagar - Uttar Pradesh

03/02/2026 to 14/02/2026



START LIST

MEN 65 kg B

Competition : 06.02.2026 16:00

Weigh in : 14:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
65 kg B								
1	24	PRITAM WOD	03-04-2009	MHR	250			65
2	94	ANIK MODI	24-04-2008	W.B.	240		65	65
3	153	KAMPU DEGIO	26-03-2006	ARN	257		65	
4	185	NITESH KUMAR	26-01-2005	BHR	235		65	
5	380	GUNIGANTI MALLESH REVANTH	26-02-2008	TEL	240			65
6	396	LAI THANPUIA	18-02-2009	MIZ	244	65	65	65
7	447	JAGADISH NAHAK	13-03-1998	AIPSCB	250	65		
8	449	JAYANOVARAJ J	19-12-2008	TND	241			65
9	625	MAJID ALI	01-04-2005	RAJ	245		65	
10	635	SUNIL SINGH	13-09-2009	PUN	260	65	65	65
11	644	DIKASH YUMNAM	26-08-2006	MNP	255	65	65	
12	746	MAGIMAIDASS D	15-04-2001	TND	260	65		
13	748	DUDEKULA MOULALI	23-12-2003	A.P.	250	65		
14	754	SURAJ KUMAR MAHTO	22-02-2007	JKD	250		65	
15	766	PRAFULLA KHADA	07-01-2008	ORS	235			65
16	787	KISHORE V	14-12-2007	TND	250		65	
17	793	KRUSHNA VYAWAHARE	27-11-2009	MHR	255		65	65

Jury

1. A) G.P. Sharma [U.P.] * President of Jury
2. Shyamala Shetty [KRN]
5. Khushbu Yadav [U.P.]

3. Rajesh Kumar [H.P.]

4. K. Suryanarayana [A.P.]

Referee

- C- P. Kyathi [TEL]
Res- Chittaranjan Swain [ORS]

L- Yashpal Singh [U.P.]

R- Kumari Shivali [H.P.]

Chief Marshal

1. Pradeep Yadav [U.P.]

2. Yudhvir Singh [J&K]

3. Abhay Sundar [BHR]

Time Keeper

1. Trupti Parashar [MHR]

2. Lucky Rani Patro [ORS]

Technical Controller

1. P. Srisailam [AIPSCB]

2. Shipra Soni [BHR]

Secretary

1. Akansha Kamale [M.P.]
4. Jassu Kumari [BHR]

2. Dhrampal [RSPB]

3. Pradeep Kumar Yadav [DEL]

Records:

Snatch

Clean and Jerk

Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26

Yadav Farm House - Modinagar - Uttar Pradesh

03/02/2026 to 14/02/2026



START LIST

WOMEN 58 kg C

Competition : 07.02.2026 09:00

Weigh in : 7:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
58 kg C								
1	8	MANDEEP KAUR	27-06-2009	PUN	120			58
2	17	APEKSHA PANWAR	21-06-2004	RAJ	156	58		
3	36	AYUSHI VERMA	02-01-2003	M.P.	155	58		
4	79	LOITONGAM CHINGLEMBI	29-02-2012	SSCB	155			58
5	133	KANCHANA TALAWAR	14-01-2008	KRN	125			58
6	176	KHUSHI JAISWAL	24-10-2009	BHR	120			58
7	229	MONISHA P	07-01-2006	KRN	160	58	58	
8	250	BHAVNA GOGOI	17-07-2008	ASM	160			58
9	307	VANYA RAO	24-10-2009	C.G.	140		58	58
10	320	PRACHI VIJAY	29-09-2010	U.P.	147			58
11	328	SAPNA YADAV	10-10-2010	U.P.	134			58
12	543	MELESNA	07-12-2011	ANI	122			58
13	547	ASHRUKANA BISWAS	08-06-2008	W.B.	159		58	58
14	589	KOMAL	20-01-2011	UKD	131			58
15	632	CHAITANYA PARMAR	25-05-2006	M.P.	150		58	
16	778	VEDIKA KANWAR	19-01-2008	RAJ	162			58

Jury

1. A) Sabina Yadav, President [U.P.] * President of Jury

2. B) K. Subramanaya, President [KRN]

5. Rajneesh Bhaskar [BHR]

3. Pardeep Sharma [H.P.]

6. S. Shanmugavel [TND]

4. Geetha Ananda [KRN]

Referee

C- Reshma [DEL]

Res- Anant Sane [MHR]

L- Ravi Sharma [RAJ]

R- Anna Lohitha [TEL]

Chief Marshal

1. Vijay Hooda [AIPSCB]

2. Raj Kumar Jamwal [H.P.]

Time Keeper

1. Satish Yadav [BHR]

2. Sonu Prashad [U.P.]

Technical Controller

1. Sudhish Kumar Singh [U.P.]

2. Arumita Dutta [C.G.]

Secretary

1. Dushyant Yadav [U.P.]

2. Bharti Devi [J&K]

3. Megha Chand [UKD]

4. Salbeena [J&K]

Records:

Snatch

Clean and Jerk

Total

START LIST

MEN 65 kg A

Competition : 07.02.2026 11:30

Weigh in : 9:30

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
65 kg A								
1	122	PRABANJAN S	09-12-2005	TND	270		65	
2	206	MARKIO TARIO	01-01-2004	ARN	285	65		
3	272	KANHAIYA KUMAR	03-03-2002	BHR	260	65		
4	324	MUTHUPANDI RAJA	12-01-2000	TND	300	65		
5	329	SHUBHAM TODKAR	19-05-1997	MHR	270	65		
6	366	AHAMED IBRAHIM M	28-03-2001	KRL	260	65		
7	423	TOMAN BHARTI	05-08-2003	C.G.	260	65		
8	434	PRAVEEN KUMAR CHOUDHARY	30-08-2002	RAJ	260	65		
9	463	TIPPANNA LAKKANNAVAR	21-04-2002	KRN	265	65		
10	519	JEREMY LALRINNINGA	26-10-2002	MIZ	270	65		
11	553	SADANANDA BARIHA	15-01-2006	ORS	265	65	65	
12	554	CHARU PESI	30-09-2002	SSCB	290	65		
13	588	SIDHANTA GOGOI	08-04-2004	ASM	280	65		
14	595	ARUMUGAPANDIAN MAHARAJAN	22-04-2008	SSCB	265		65	65
15	742	SANJAY M	15-05-2004	PON	270	65		
16	774	SAMIR KHAN	01-01-2008	SSCB	261		65	65
17	777	MUTHUMANIYAN .	03-06-2004	CHD	280	65		

Jury

1. A) G.P. Sharma [U.P.] * President of Jury
2. Shyamala Shetty [KRN]
3. Rajesh Kumar [H.P.]
4. K. Suryanarayana [A.P.]
5. Khushbu Yadav [U.P.]

Referee

- | | | |
|--------------------------|----------------------|------------------|
| C- P.A Jose [KRL] | L- Biku Sarita [ARN] | R- Vineet [U.P.] |
| Res- Ganesh Nagine [MHR] | | |

Chief Marshal

-
- | | | |
|-------------------------|------------------------|-----------------------|
| 1. Pradeep Yadav [U.P.] | 2. Yudhvīr Singh [J&K] | 3. Abhay Sundar [BHR] |
|-------------------------|------------------------|-----------------------|

Time Keeper

1. Trupti Parashar [MHR] 2. Lucky Rani Patro [ORS]

Technical Controller

-
1. P. Srisailam [AIPSCB]

2. Shipra Soni [BHR]

Secretary

- | | | |
|--------------------------|--------------------|-------------------------------|
| 1. Akansha Kamale [M.P.] | 2. Dhrampal [RSPB] | 3. Pradeep Kumar Yadav [DEL] |
| 4. Jassu Kumari [BHR] | | |

Records:	Snatch	Clean and Jerk	Total
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IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26
Yadav Farm House - Modinagar - Uttar Pradesh
03/02/2026 to 14/02/2026



START LIST

WOMEN 58 kg B

Competition : 07.02.2026 14:00

Weigh in : 12:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
58 kg B								
1	32	AISANGFA GOGOI	16-12-2007	ASM	180	58	58	
2	77	VALLURI SUSMITHA	18-08-2008	A.P.	180		58	58
3	85	BONI MANGKHYA	10-04-2004	ARN	182	58		
4	101	NISHIGANDHA KADOLE	03-02-2010	MHR	170			58
5	102	SAKTHISARASWATHI S	04-01-2009	PON	165		58	58
6	150	KARANGI HEMASRI	16-02-2011	A.P.	175			58
7	165	ANKITA PRADHAN	15-03-2009	SSCB	170		58	58
8	359	PRIYA CHANDRA	27-02-2003	BHR	165	58		
9	473	ANAI WANGSU	10-04-2004	ARN	180	58		
10	512	THALA CHUTLA LAVANYA	09-04-2007	A.P.	175		58	
11	600	SWAPNA Y J	11-07-2005	KRN	170	58	58	
12	641	NITHYASREE S	24-09-2009	TND	165			58
13	680	SIMRAN	21-09-1999	J.K.	182	58		
14	691	M. ANJELINA DEVI	01-03-2009	MNP	163			58
15	733	KHUSHI KUMARI	17-11-2005	BHR	175	58	58	
16	788	KM MONISHA	23-08-1997	UKD	180	58		

Jury

1. A) Sabina Yadav, President [U.P.] * President of Jury
2. B) K. Subramanaya, President [KRN]
3. Pardeep Sharma [H.P.]
4. Geetha Ananda [KRN]
5. Rajneesh Bhaskar [BHR]
6. S. Shanmugavel [TND]

Referee

- C- Chittaranjan Swain [ORS] L- P. Kyathi [TEL] R- Yashpal Singh [U.P.]
Res- Kumari Shivali [H.P.]

Chief Marshal

1. Vijay Hooda [AIPSCB]
2. Raj Kumar Jamwal [H.P.]

Time Keeper

1. Satish Yadav [BHR]
2. Sonu Prashad [U.P.]

Technical Controller

1. Sudhish Kumar Singh [U.P.]
2. Arumita Dutta [C.G.]

Secretary

1. Dushyant Yadav [U.P.]
2. Bharti Devi [J&K]
3. Megha Chand [UKD]
4. Salbeena [J&K]

Records: Snatch Clean and Jerk Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26
Yadav Farm House - Modinagar - Uttar Pradesh
03/02/2026 to 14/02/2026



START LIST

WOMEN 58 kg A

Competition : 07.02.2026 16:30

Weigh in : 14:30

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
58 kg A								
1	28	SARIKA SHINGARE	12-01-1998	MHR	203	58		
2	51	S. BINDYARANI DEVI	27-01-1999	RSPB	195	58		
3	217	MAMTA	21-04-1997	PUN	185	58		
4	269	MINA SANTA A	07-03-2007	ORS	183	58	58	
5	283	KANIKASHREE V R	15-09-2006	TND	184	58	58	
6	358	NIKITA KAMALAKAR	10-12-2005	MHR	185		58	
7	397	USHA	09-02-2003	RSPB	198	58		
8	441	NEETU	08-06-2005	HRN	190	58	58	
9	533	ABHIRAM P MATHEW	21-03-2000	AIPSCB	190	58		
10	636	RIMA BHOI	29-08-2002	ORS	197	58		
11	671	SAGUN RAV	24-02-2005	U.P.	187	58	58	
12	789	SHRABANI DAS	16-03-2002	W.B.	196	58		
13	790	RAJYASHREE BISWAS	20-10-2006	W.B.	191	58	58	

Jury

1. A) G.P. Sharma [U.P.] * President of Jury
2. Shyamala Shetty [KRN]
3. Rajesh Kumar [H.P.]
4. K. Suryanarayana [A.P.]
5. Khushbu Yadav [U.P.]

Referee

- C- Anant Sane [MHR]
- L- Reshma [DEL]
- R- Ravi Sharma [RAJ]
- Res- Anna Lohitha [TEL]

Chief Marshal

1. Pradeep Yadav [U.P.]
2. Yudhvir Singh [J&K]
3. Abhay Sundar [BHR]

Time Keeper

1. Trupti Parashar [MHR]
2. Lucky Rani Patro [ORS]

Technical Controller

1. P. Srisailam [AIPSCB]
2. Shipra Soni [BHR]

Secretary

1. Akansha Kamale [M.P.]
2. Dhrampal [RSPB]
3. Pradeep Kumar Yadav [DEL]
4. Jassu Kumari [BHR]

Records: Snatch Clean and Jerk Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26
Yadav Farm House - Modinagar - Uttar Pradesh
03/02/2026 to 14/02/2026



START LIST

MEN 71 kg D

Competition : 07.02.2026 18:00

Weigh in : 16:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
71 kg D								
1	38	KARAPATI CHAITANYA	22-07-2008	A.P.	235			71
2	68	SEELAVALASA ARAVIND	18-01-2008	A.P.	230			71
3	81	Y. SURCHANDRA SINGH	01-07-2000	MNP	205	71		
4	147	JAMULAMOLLA BALAKRISHNA	10-05-2008	TEL	230		71	71
5	178	M VINAI	09-08-2008	ORS	220			71
6	252	BONDEEP BORGOHAIN	02-12-2009	ASM	240		71	71
7	261	DEEPAK KUMAR PRADHAN	01-12-2005	ORS	244		71	
8	340	SHIVAM KUMAR	21-12-2007	JKD	224		71	
9	353	ANISHEK RAJ SAHIL	01-09-2008	BHR	240			71
10	485	MAHIL LIMBANI	22-08-2009	GUJ	215			71
11	562	BAYI LOLLEN	13-12-2009	ARN	235			71
12	660	H. SHITALJIT MEITEI	05-01-2006	MNP	231		71	
13	699	RAVI YADAV	14-11-2005	DEL	234		71	
14	703	ADITYA THAKUR	26-02-2008	M.P.	220			71
15	718	JASHANDEEP SINGH	18-06-2010	PUN	210			71
16	776	SUDEEP ROY K	05-01-2008	TND	233			71

Jury

1. A) Sabina Yadav, President [U.P.] * President of Jury
2. B) K. Subramanaya, President [KRN]
3. Pardeep Sharma [H.P.]
4. Geetha Ananda [KRN]
5. Rajneesh Bhaskar [BHR]
6. S. Shanmugavel [TND]

Referee

- C- Ganesh Nagine [MHR] L- P.A Jose [KRL] R- Biku Sarita [ARN]
Res- Vineet [U.P.]

Chief Marshal

1. Vijay Hooda [AIPSCB]
2. Raj Kumar Jamwal [H.P.]

Time Keeper

1. Satish Yadav [BHR]
2. Sonu Prashad [U.P.]

Technical Controller

1. Sudhish Kumar Singh [U.P.]
2. Arumita Dutta [C.G.]

Secretary

1. Dushyant Yadav [U.P.]
2. Bharti Devi [J&K]
3. Megha Chand [UKD]
4. Salbeena [J&K]

Records: Snatch Clean and Jerk Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26
Yadav Farm House - Modinagar - Uttar Pradesh
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START LIST

MEN 71 kg C

Competition : 08.02.2026 09:00

Weigh in : 7:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
71 kg C								
1	4	SWAYAMJIT PRASAD SAHOO	15-01-2007	ORS	252	71	71	
2	29	NG. YOIHENBA MEETEI	30-03-2009	MNP	252		71	71
3	39	MOHAMAD SHAHJAHAN	29-11-2006	PUN	250		71	
4	71	ROUSHAN KUMAR	25-11-2007	BHR	250		71	
5	84	AAS MOHAMMAD ASHU	16-01-2010	U.P.	253		71	71
6	154	ANANT KUMAR SINGH	16-09-2009	DEL	255			71
7	189	DEVENDRA R	13-2-2005	KRN	245		71	
8	210	GURBAKSH SINGH	21-04-2008	UKD	254			71
9	346	VIVEK KUMAR	12-06-2006	BHR	250		71	
10	398	YASH PANWAR	20-02-2009	HRN	250			71
11	405	DASARI CHIRANJEEVI	09-09-2006	TEL	250		71	
12	499	RICHIN CHONGRUJUI	28-08-2008	SSCB	258		71	71
13	513	CHIRANJEEVI R	01-04-2003	KRN	251	71		
14	573	KAMLESH NAG	01-01-1994	C.G.	251	71		
15	627	TAYAR RONI K	10-10-2007	ARN	255		71	
16	669	SARIK	01-01-2006	U.P.	260	71	71	

Jury

1. A) G.P. Sharma [U.P.] * President of Jury
2. Shyamala Shetty [KRN]
3. Rajesh Kumar [H.P.]
4. K. Suryanarayana [A.P.]
5. Khushbu Yadav [U.P.]

Referee

- C- Kumari Shivali [H.P.]
Res- Yashpal Singh [U.P.]
- L- Chittaranjan Swain [ORS]
- R- P. Kyathi [TEL]

Chief Marshal

1. Pradeep Yadav [U.P.]
2. Yudhvir Singh [J&K]
3. Abhay Sundar [BHR]

Time Keeper

1. Trupti Parashar [MHR]
2. Lucky Rani Patro [ORS]

Technical Controller

1. P. Srisailam [AIPSCB]
2. Shipra Soni [BHR]

Secretary

1. Akansha Kamale [M.P.]
2. Dhrampal [RSPB]
3. Pradeep Kumar Yadav [DEL]
4. Jassu Kumari [BHR]

Records: Snatch Clean and Jerk Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26
Yadav Farm House - Modinagar - Uttar Pradesh
03/02/2026 to 14/02/2026



START LIST

WOMEN 63 kg D

Competition : 08.02.2026 11:00

Weigh in : 9:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
63 kg D								
1	5	KAJAL RAJPUT	06-03-2005	U.P.	154		63	
2	9	YASHMEEN KAUR	24-09-2009	PUN	140			63
3	59	ANUSREE N B	20-01-2005	KRL	151		63	
4	192	KITTU PANWAR	14-09-2009	UKD	138			63
5	262	TANYASHA	21-10-2010	ANI	128			63
6	278	ANUSREE S	20-10-2009	TND	135			63
7	370	KHANAK SINGH	09-07-2009	DEL	128			63
8	372	HAMSAVENI	03-01-2008	KRN	130			63
9	524	TH. PREETY DEVI	04-07-2009	MNP	156		63	
10	619	TANIYA	07-01-2008	H.P.	152		63	63
11	670	PALAK MANHAS	07-04-1999	J.K.	160	63		
12	698	MEGHNA BOHRA	08-10-2007	DEL	145		63	
13	732	PRIYANKA	27-05-2008	HRN	150			63
14	750	ANNMARIYA JOY	07-02-2009	KRL	132			63
15	751	SADHVI CHOUDHARY	01-07-2010	MHR	160			63

Jury

1. A) Sabina Yadav, President [U.P.] * President of Jury
2. B) K. Subramanaya, President [KRN]
3. Pardeep Sharma [H.P.]
4. Geetha Ananda [KRN]
5. Rajneesh Bhaskar [BHR]
6. S. Shanmugavel [TND]

Referee

- C- Anna Lohitha [TEL] L- Anant Sane [MHR] R- Reshma [DEL]
Res- Ravi Sharma [RAJ]

Chief Marshal

1. Vijay Hooda [AIPSCB]
2. Raj Kumar Jamwal [H.P.]

Time Keeper

1. Satish Yadav [BHR]
2. Sonu Prashad [U.P.]

Technical Controller

1. Sudhish Kumar Singh [U.P.]
2. Arumita Dutta [C.G.]

Secretary

1. Dushyant Yadav [U.P.]
2. Bharti Devi [J&K]
3. Megha Chand [UKD]
4. Salbeena [J&K]

Records: Snatch Clean and Jerk Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26
Yadav Farm House - Modinagar - Uttar Pradesh
03/02/2026 to 14/02/2026



START LIST

WOMEN 63 kg C

Competition : 08.02.2026 13:00

Weigh in : 11:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
63 kg C								
1	109	NIDHI THAKUR	02-12-2005	H.P.	160	63	63	
2	142	ALISHA BEHERA	07-11-2008	ORS	165	63		
3	180	DUN KHAM SENG TURUNG	25-01-2006	ASM	160	63	63	
4	203	SADHANA SINGH	22-06-1998	GUJ	170	63		
5	247	PREETI	05-03-1993	UKD	165	63		
6	291	VALASANI MOUNIKA	24-12-2006	TEL	170	63	63	
7	294	RIYA MALBARI	06-11-2009	SSCB	160		63	63
8	420	ANJALI KUMARI	31-03-2008	JKD	165		63	63
9	549	SWATI PANWAR	25-10-2010	RAJ	160		63	63
10	601	PRAGYA SHARMA	23-07-2005	RAJ	170	63	63	
11	622	SHREYA CHANDRA	14-10-2005	BHR	160		63	
12	659	MUSKAN SHEIKH KHAN	12-05-2004	M.P.	162	63		
13	677	PAYAL	11-05-2005	DEL	162	63	63	
14	697	DIKSHA RANI	16-04-2007	PUN	165		63	
15	767	ODDUPALLI GAYATHRI	25-08-2005	A.P.	170	63		

Jury

1. A) G.P. Sharma [U.P.] * President of Jury
2. Shyamala Shetty [KRN]
3. Rajesh Kumar [H.P.]
4. K. Suryanarayana [A.P.]
5. Khushbu Yadav [U.P.]

Referee

- C- Vineet [U.P.] L- Ganesh Nagine [MHR] R- P.A Jose [KRL]
Res- Biku Sarita [ARN]

Chief Marshal

1. Pradeep Yadav [U.P.]
2. Yudhvir Singh [J&K]
3. Abhay Sundar [BHR]

Time Keeper

1. Trupti Parashar [MHR]
2. Lucky Rani Patro [ORS]

Technical Controller

1. P. Srisailam [AIPSCB]
2. Shipra Soni [BHR]

Secretary

1. Akansha Kamale [M.P.]
2. Dhrampal [RSPB]
3. Pradeep Kumar Yadav [DEL]
4. Jassu Kumari [BHR]

Records: Snatch Clean and Jerk Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26

Yadav Farm House - Modinagar - Uttar Pradesh

03/02/2026 to 14/02/2026



START LIST

WOMEN 63 kg B

Competition : 08.02.2026 15:30

Weigh in : 13:30

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
63 kg B								
1	1	SANIKA B M	28-02-2007	KRN	170	63	63	
2	223	EPHAM QUASAR KHANAM	25-03-2001	ARN	180	63		
3	236	SWETALIN MOHANTY	23-09-2010	ORS	180		63	63
4	245	KOWSHIKA L	18-03-2004	PON	180	63		
5	277	SONALI YADU	19-09-2002	C.G.	180	63		
6	296	SIMARDEEP KAUR	17-07-2003	PUN	180	63		
7	386	TIKIMOHINI MALLIK	02-02-2008	ORS	171			63
8	528	PAVITHRA V	22-08-2005	TND	181		63	
9	597	A. MANDAKINI DEVI	23-10-2008	MNP	182			63
10	676	ARTI KUMARI	11-01-2004	DEL	175	63		
11	738	NG. BALLERINA DEVI	20-11-2006	MNP	184		63	
12	761	KARANGI THARANGINI	04-06-2009	A.P.	180		63	63
13	764	LUNA SONWAL	14-09-2009	SSCB	180		63	63
14	808	PANCHANA BOHRA	14-08-2011	IWLF	170			63

Jury

1. A) Sabina Yadav, President [U.P.] * President of Jury

2. B) K. Subramanaya, President [KRN]

5. Rajneesh Bhaskar [BHR]

3. Pardeep Sharma [H.P.]

6. S. Shanmugavel [TND]

4. Geetha Ananda [KRN]

Referee

C- Yashpal Singh [U.P.]

Res- P. Kyathi [TEL]

L- Kumari Shivali [H.P.]

R- Chittaranjan Swain [ORS]

Chief Marshal

1. Vijay Hooda [AIPSCB]

2. Raj Kumar Jamwal [H.P.]

Time Keeper

1. Satish Yadav [BHR]

2. Sonu Prashad [U.P.]

Technical Controller

1. Sudhish Kumar Singh [U.P.]

2. Arumita Dutta [C.G.]

Secretary

1. Dushyant Yadav [U.P.]

4. Salbeena [J&K]

2. Bharti Devi [J&K]

3. Megha Chand [UKD]

Records:

Snatch

Clean and Jerk

Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26
Yadav Farm House - Modinagar - Uttar Pradesh
03/02/2026 to 14/02/2026



START LIST

WOMEN 63 kg A

Competition : 08.02.2026 17:00

Weigh in : 15:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
63 kg A								
1	40	SAKSHI RANMALE	04-12-2003	MHR	195	63		
2	69	KH. ANJALI DEVI	06-03-2003	MNP	200	63		
3	168	JASVIR KAUR	22-02-1993	PUN	195	63		
4	211	DITIMONI SONOWAL	04-12-2003	ASM	200	63		
5	288	KEERTHANA T M	21-10-2004	TND	188	63		
6	339	NIRUPAMA DEVI	05-10-2000	RSPB	225	63		
7	373	SONAM SINGH	18-12-2004	U.P.	191	63		
8	390	MOGILI DEEPA NAYOMI	24-06-2002	A.P.	185	63		
9	413	BIDUSMITA BHOI	31-07-2005	ORS	210	63	63	
10	550	DRISHTI	07-04-2006	HRN	200	63	63	
11	571	BALO YALAM	08-08-2004	ARN	195	63		
12	728	BHUMIKA MOHITE	20-09-2006	MHR	190		63	
13	759	ANNU	08-08-1997	AIPSCB	200	63		

Jury

1. A) G.P. Sharma [U.P.] * President of Jury
2. Shyamala Shetty [KRN]
3. Rajesh Kumar [H.P.]
4. K. Suryanarayana [A.P.]
5. Khushbu Yadav [U.P.]

Referee

- C- Ravi Sharma [RAJ]
- L- Anna Lohitha [TEL]
- R- Anant Sane [MHR]
- Res- Reshma [DEL]

Chief Marshal

1. Pradeep Yadav [U.P.]
2. Yudhvir Singh [J&K]
3. Abhay Sundar [BHR]

Time Keeper

1. Trupti Parashar [MHR]
2. Lucky Rani Patro [ORS]

Technical Controller

1. P. Srisailam [AIPSCB]
2. Shipra Soni [BHR]

Secretary

1. Akansha Kamale [M.P.]
2. Dhrampal [RSPB]
3. Pradeep Kumar Yadav [DEL]
4. Jassu Kumari [BHR]

Records: Snatch Clean and Jerk Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26

Yadav Farm House - Modinagar - Uttar Pradesh

03/02/2026 to 14/02/2026



START LIST

WOMEN 69 kg C

Competition : 09.02.2026 09:00

Weigh in : 7:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
69 kg C								
1	118	WAIKHOM MANGALEIBI CHANU	15-03-2011	SSCB	155		69	
2	123	NEELIMA VADREVU	28-12-2008	PON	125			69
3	218	SWATHI M D	18-05-2008	KRN	140			69
4	255	DHIYA JAYARAJ	28-02-2008	KRL	150		69	69
5	256	GEETANJALI YADAV	10-12-2006	U.P.	160		69	
6	275	RIMJHIM NAYAK	01-11-2007	ORS	160		69	
7	297	SHRADDHA HONMORE	31-07-2008	MHR	160			69
8	311	NEELAMBIKE PATIL	15-01-2008	KRN	127			69
9	330	ANAMIKA	15-10-2008	H.P.	150			69
10	352	TANISHA ASNANI	28-10-2011	M.P.	127			69
11	442	MALLAMMA KANABUR	07-06-2006	KRN	150		69	
12	444	ARTI	23-07-2009	HRN	155			69
13	475	VARSHA VAISHNAV	20-04-2008	DEL	131			69
14	477	LACKY SHARMA	06-10-2008	RAJ	135			69
15	496	LATIKA BRJWAL	12-08-2009	SSCB	149		69	
16	544	NIDHI GANDHI	13-10-1999	GUJ	160	69		
17	561	SHEETAL RAJPUT	01-01-2006	M.P.	136		69	
18	629	MUDARI YAMINI	19-11-2005	TEL	146		69	

Jury

1. A) Sabina Yadav, President [U.P.] * President of Jury

2. B) K. Subramanaya, President [KRN]

5. Rajneesh Bhaskar [BHR]

3. Pardeep Sharma [H.P.]

6. S. Shanmugavel [TND]

4. Geetha Ananda [KRN]

Referee

C- Biku Sarita [ARN]

Res- P.A Jose [KRL]

L- Vineet [U.P.]

R- Ganesh Nagine [MHR]

Chief Marshal

1. Vijay Hooda [AIPSCB]

2. Raj Kumar Jamwal [H.P.]

Time Keeper

1. Satish Yadav [BHR]

2. Sonu Prashad [U.P.]

Technical Controller

1. Sudhish Kumar Singh [U.P.]

2. Arumita Dutta [C.G.]

Secretary

1. Dushyant Yadav [U.P.]

4. Salbeena [J&K]

2. Bharti Devi [J&K]

3. Megha Chand [UKD]

Records:	Snatch	Clean and Jerk	Total
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IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26

Yadav Farm House - Modinagar - Uttar Pradesh

03/02/2026 to 14/02/2026



START LIST

MEN 71 kg B

Competition : 09.02.2026 11:30

Weigh in : 9:30

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
71 kg B								
1	30	JUTURI KOTESWARARAO	26-01-2001	A.P.	270	71		
2	42	NETHETTI SRINU	08-05-1993	GOA	265	71		
3	48	AKASH P	16-02-2005	TND	275		71	
4	104	KARROTHU DINESH	04-05-2007	A.P.	260		71	
5	124	ABBUJ SHUKLA	05-11-2009	U.P.	265			71
6	131	MEET GHODE	04-04-2009	MHR	260			71
7	238	ABHISHEK JANJU	28-06-2007	PUN	270		71	
8	309	KALLOL MAL	31-08-2005	W.B.	279	71	71	
9	368	BANSHILAL	01-07-2003	RAJ	260	71		
10	376	YAADRAM	01-05-2002	H.P.	265	71		
11	393	ABHINOBO GOGOI	31-08-2009	SSCB	278		71	71
12	531	HASEEN	02-07-2001	AIPSCB	260	71		
13	567	VIJAY	25-12-2006	HRN	260		71	
14	650	R.S. TARUN SHARMA	22-10-2004	DEL	270	71		
15	656	MH SILVAN BEIHROTHATLO	21-08-2004	MIZ	280	71		

Jury

1. A) G.P. Sharma [U.P.] * President of Jury
2. Shyamala Shetty [KRN]
5. Khushbu Yadav [U.P.]

3. Rajesh Kumar [H.P.]

4. K. Suryanarayana [A.P.]

Referee

- C- P. Kyathi [TEL]
Res- Chittaranjan Swain [ORS]

L- Yashpal Singh [U.P.]

R- Kumari Shivali [H.P.]

Chief Marshal

1. Pradeep Yadav [U.P.]

2. Yudhvir Singh [J&K]

3. Abhay Sundar [BHR]

Time Keeper

1. Trupti Parashar [MHR]

2. Lucky Rani Patro [ORS]

Technical Controller

1. P. Srisailam [AIPSCB]

2. Shipra Soni [BHR]

Secretary

1. Akansha Kamale [M.P.]
4. Jassu Kumari [BHR]

2. Dhrampal [RSPB]

3. Pradeep Kumar Yadav [DEL]

Records:

Snatch

Clean and Jerk

Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26

Yadav Farm House - Modinagar - Uttar Pradesh

03/02/2026 to 14/02/2026



START LIST

MEN 71 kg A

Competition : 09.02.2026 13:00

Weigh in : 11:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
71 kg A								
1	13	N AJITH	27-01-1999	RSPB	315	71		
2	91	YASH KHANDAGALE	27-10-2007	MHR	285	71	71	
3	108	LAL HUNTHARA	07-12-2002	MIZ	300	71		
4	184	N. SAMSON SINGH	16-03-2000	MNP	282	71		
5	194	SHUBHAM KALBHOR	01-01-2004	MHR	290	71		
6	195	GULAM NAVI	15-06-2000	UKD	290	71		
7	254	SUBHASH LAHRE	12-11-2002	SSCB	295	71		
8	428	T MADHAVAN	03-12-2004	RSPB	315	71		
9	455	MANJUNATH MARATI	01-05-1995	KRN	290	71		
10	675	SHANKAR LAPUNG	22-09-2004	ARN	292	71		
11	707	ACQUIN ROLAND	30-04-2001	KRL	290	71		
12	736	ADITYA	16-09-2000	PUN	290	71		

Jury

1. A) Sabina Yadav, President [U.P.] * President of Jury

2. B) K. Subramanaya, President [KRN]

5. Rajneesh Bhaskar [BHR]

3. Pardeep Sharma [H.P.]

6. S. Shanmugavel [TND]

4. Geetha Ananda [KRN]

Referee

C- Reshma [DEL]

Res- Anant Sane [MHR]

L- Ravi Sharma [RAJ]

R- Anna Lohitha [TEL]

Chief Marshal

1. Vijay Hooda [AIPSCB]

2. Raj Kumar Jamwal [H.P.]

Time Keeper

1. Satish Yadav [BHR]

2. Sonu Prashad [U.P.]

Technical Controller

1. Sudhish Kumar Singh [U.P.]

2. Arumita Dutta [C.G.]

Secretary

1. Dushyant Yadav [U.P.]

4. Salbeena [J&K]

2. Bharti Devi [J&K]

3. Megha Chand [UKD]

Records:

Snatch

Clean and Jerk

Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26
Yadav Farm House - Modinagar - Uttar Pradesh
03/02/2026 to 14/02/2026



START LIST

WOMEN 69 kg B

Competition : 09.02.2026 15:30

Weigh in : 13:30

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
69 kg B								
1	45	VICTORIA DEVI	22-10-2011	SSCB	160			69
2	53	JASHANDEEP KAUR	10-04-2006	PUN	180		69	
3	87	SUMAIYYA NAYAB	13-09-2006	UKD	180		69	
4	111	SEEMA AJAYAKANTH	17-06-2006	KRN	160		69	
5	145	MAHAK	10-11-2008	HRN	160			69
6	146	RAJNANDINI AMANE	28-04-2006	MHR	185	69	69	
7	182	RATIKA CHINCHWAADAY	05-11-2009	MHR	185			69
8	199	SALONI SINGH	25-10-2001	U.P.	169	69		
9	226	K. ROSHILATA DEVI	11-07-1999	MNP	183	69		
10	230	TULSI KUMARI	04-05-2002	BHR	166	69		
11	488	KH. ELIZAH CHANU	01-04-2006	MNP	172		69	
12	545	KAJAL CHOUDHARY	07-06-2002	H.P.	176	69		
13	552	NAVJOT KAUR	21-11-2006	PUN	180		69	
14	603	SANDHYA R	30-10-2008	TND	161			69
15	604	BHARANI PRIYA S	31-03-2006	TND	171		69	
16	639	CHALLA BATHULA JUHITA GUNA	26-04-2011	A.P.	170			69
17	791	BELLANA HARIKA	10-08-2007	A.P.	185		69	
18	880	SHREYA RANA	01-01-2001	UKD	185	69		

Jury

1. A) G.P. Sharma [U.P.] * President of Jury
2. Shyamala Shetty [KRN]
5. Khushbu Yadav [U.P.]

3. Rajesh Kumar [H.P.]

4. K. Suryanarayana [A.P.]

Referee

- C- P.A Jose [KRL]
Res- Ganesh Nagine [MHR]

L- Biku Sarita [ARN]

R- Vineet [U.P.]

Chief Marshal

1. Pradeep Yadav [U.P.]

2. Yudhvir Singh [J&K]

3. Abhay Sundar [BHR]

Time Keeper

1. Tupti Parashar [MHR]

2. Lucky Rani Patro [ORS]

Technical Controller

1. P. Srisailam [AIPSCB]

2. Shipra Soni [BHR]

Secretary

1. Akansha Kamale [M.P.]
4. Jassu Kumari [BHR]

2. Dhrampal [RSPB]

3. Pradeep Kumar Yadav [DEL]

Records:	Snatch	Clean and Jerk	Total
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IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26
Yadav Farm House - Modinagar - Uttar Pradesh
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START LIST

MEN 79 kg D

Competition : 09.02.2026 18:00

Weigh in : 16:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
79 kg D								
1	7	MUKESH KUMAR MAHTO	25-04-2006	JKD	237		79	
2	16	YOGHESWARAN R	06-01-2008	PON	210			79
3	98	MOHAMMAD UNZER BHAT	18-10-2006	J.K.	240		79	
4	148	VISHAL GILL	22-07-2009	HRN	240			79
5	155	SUROOR MUHAMMED P P	26-08-2006	KRL	240		79	
6	174	ABHINANDAN B S	04-12-2006	KRN	240		79	
7	200	LAL FAKAWMA	17-11-2008	MIZ	220		79	79
8	214	JAIS MANOJ	14-01-2008	KRL	213			79
9	308	IRSHAD AHMAD	25-12-2008	79 UKD	217			
10	367	SYED AHTISHAM ANDRABI	15-01-2007	J.K.	240		79	
11	378	ANKIT THAKRAN	14-05-2009	DEL	251			79
12	516	TUMBANATH SETHI	26-11-2008	ORS	225			79
13	541	SHIVAM DUBEY	18-10-2006	BHR	240		79	
14	596	DEVVRAT SHARMA	22-06-2007	C.G.	245		79	
15	655	SHIVAM KUMAR	31-12-2009	BHR	200			79
16	662	HARIOM NISHAD MALLA	18-03-2009	RAJ	239			79
17	688	NIYA DODUM	02-12-2008	ARN	240			79
18	752	ISHWAR SINGH	31-07-2005	H.P.	237		79	

Jury

1. A) Sabina Yadav, President [U.P.] * President of Jury
2. B) K. Subramanaya, President [KRN]
3. Pardeep Sharma [H.P.]
4. Geetha Ananda [KRN]
5. Rajneesh Bhaskar [BHR]
6. S. Shanmugavel [TND]

Referee

- C- Chittaranjan Swain [ORS] L- P. Kyathi [TEL] R- Yashpal Singh [U.P.]
Res- Kumari Shivali [H.P.]

Chief Marshal

1. Vijay Hooda [AIPSCB]
2. Raj Kumar Jamwal [H.P.]

Time Keeper

1. Satish Yadav [BHR]
2. Sonu Prashad [U.P.]

Technical Controller

1. Sudhish Kumar Singh [U.P.]
2. Arumita Dutta [C.G.]

Secretary

1. Dushyant Yadav [U.P.]
2. Bharti Devi [J&K]
3. Megha Chand [UKD]
4. Salbeena [J&K]

Records:	Snatch	Clean and Jerk	Total
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IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26
Yadav Farm House - Modinagar - Uttar Pradesh
03/02/2026 to 14/02/2026



START LIST

MEN 79 kg C

Competition : 10.02.2026 09:00

Weigh in : 7:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
79 kg C								
1	26	JERRIPOTHULA MADHU	10-11-2006	TEL	250		79	
2	33	ROHAN KUMAR MAHTO	20-03-2008	JKD	267		79	79
3	43	VATSAL MEHTA	05-06-2008	RAJ	260			79
4	76	KISHORE D	16-02-2008	TND	250			79
5	157	PIYUSH KUMAR	25-03-2007	BHR	264		79	
6	253	LIPTESH KUMAR HOTA	27-03-2007	ORS	246		79	
7	301	ABHISHEK	12-09-2005	RAJ	250		79	
8	333	ANANT SHARMA	03-10-2008	HRN	265			79
9	338	AKSHAY GAIKWAD	16-04-1996	GOA	270	79		
10	440	PRABHGURSHARAN BHATTI	07-12-2009	PUN	245			79
11	465	MANINDER SINGH KAILEY	01-05-2004	PUN	270	79		
12	539	HARKIRAT SINGH	03-04-2007	PUN	245		79	
13	551	HIMANSHU KUSHWAHA	17-08-2007	M.P.	262	79	79	
14	615	SORAM HITLAR TAGRU	07-02-1996	ARN	270	79		
15	686	ASHWIN K	23-08-2008	TND	259			79
16	712	DHULI BHANU TEJA	24-01-2009	A.P.	255			79

Jury

1. A) G.P. Sharma [U.P.] * President of Jury
2. Shyamala Shetty [KRN]
3. Rajesh Kumar [H.P.]
4. K. Suryanarayana [A.P.]
5. Khushbu Yadav [U.P.]

Referee

- C- Anant Sane [MHR]
- L- Reshma [DEL]
- R- Ravi Sharma [RAJ]
- Res- Anna Lohitha [TEL]

Chief Marshal

1. Pradeep Yadav [U.P.]
2. Yudhvir Singh [J&K]
3. Abhay Sundar [BHR]

Time Keeper

1. Trupti Parashar [MHR]
2. Lucky Rani Patro [ORS]

Technical Controller

1. P. Srisailam [AIPSCB]
2. Shipra Soni [BHR]

Secretary

1. Akansha Kamale [M.P.]
2. Dhrampal [RSPB]
3. Pradeep Kumar Yadav [DEL]
4. Jassu Kumari [BHR]

Records: Snatch Clean and Jerk Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26

Yadav Farm House - Modinagar - Uttar Pradesh

03/02/2026 to 14/02/2026



START LIST

WOMEN 69 kg A

Competition : 10.02.2026 11:30

Weigh in : 9:30

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
69 kg A								
1	47	NAVDEEP KAUR	15-11-2003	CHD	190	69		
2	127	BARSHA BOR	12-08-2007	W.B.	188	69	69	
3	162	HARJINDER KAUR	14-10-1996	PUN	205	69		
4	264	THANUSHA M	27-04-2002	KRN	200	69		
5	286	ARSHA S S	26-08-2005	KRL	190	69	69	
6	303	RAKHI HALDER	06-07-1993	W.B.	192	69		
7	310	SARBJEET KAUR	04-04-1992	PUN	202	69		
8	425	SIVARANJANI J	18-04-2004	TND	195	69		
9	474	HIMANSHEE	14-03-2005	HRN	200	69	69	
10	476	SANAPATHI PALLAVI	13-07-2003	A.P.	200	69		
11	634	TAMANNA	13-10-2007	HRN	190	69	69	
12	709	HARSHIKA C	31-10-2007	PON	190	69	69	
13	784	ANKITA	10-04-2006	RAJ	195	69	69	

Jury

1. A) Sabina Yadav, President [U.P.] * President of Jury

2. B) K. Subramanaya, President [KRN]

5. Rajneesh Bhaskar [BHR]

3. Pardeep Sharma [H.P.]

6. S. Shanmugavel [TND]

4. Geetha Ananda [KRN]

Referee

C- Ganesh Nagine [MHR]

Res- Vineet [U.P.]

L- P.A Jose [KRL]

R- Biku Sarita [ARN]

Chief Marshal

1. Vijay Hooda [AIPSCB]

2. Raj Kumar Jamwal [H.P.]

Time Keeper

1. Satish Yadav [BHR]

2. Sonu Prashad [U.P.]

Technical Controller

1. Sudhish Kumar Singh [U.P.]

2. Arumita Dutta [C.G.]

Secretary

1. Dushyant Yadav [U.P.]

4. Salbeena [J&K]

2. Bharti Devi [J&K]

3. Megha Chand [UKD]

Records:

Snatch

Clean and Jerk

Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26
Yadav Farm House - Modinagar - Uttar Pradesh
03/02/2026 to 14/02/2026



START LIST

MEN 79 kg B

Competition : 10.02.2026 13:30

Weigh in : 11:30

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
79 kg B								
1	6	SANKETH S	03-03-2007	KRN	270		79	
2	46	DHILJITH D S	19-02-2001	KRL	281	79		
3	90	SAHIL JADHAV	29-11-2008	MHR	270			79
4	117	ASHOK KUMAR P	25-11-2004	TND	285	79		
5	190	KARAMPREET SINGH	15-03-2004	CHD	280	79		
6	215	ARYAN THAKRAN	22-12-2006	HRN	280	79	79	
7	225	NIRBHAY PARTAP SINGH	22-06-2003	J.K.	280	79		
8	293	KALYANAPU ANIL KUMAR	09-05-2005	A.P.	280		79	
9	304	SAHIL KUTLEHRIA	25-01-1997	H.P.	270	79		
10	500	DNYANESHWAR ASAWALE	05-05-2005	MHR	290		79	
11	529	ABHISHEK POONIA	01-01-2002	U.P.	280	79		
12	538	KIRAN MARATHE	05-07-2003	AIPSCB	280	79		
13	540	B VENKATA KARISHNA	17-12-2006	SSCB	280		79	
14	696	AAYUSH RANA	06-01-2009	U.P.	290			79
15	735	KARAN SINDHU	08-01-2007	DEL	276		79	
16	768	VASANTHAKUMAR V M	19-06-2006	TND	273		79	

Jury

1. A) G.P. Sharma [U.P.] * President of Jury
2. Shyamala Shetty [KRN]
3. Rajesh Kumar [H.P.]
4. K. Suryanarayana [A.P.]
5. Khushbu Yadav [U.P.]

Referee

- C- Kumari Shivali [H.P.] L- Chittaranjan Swain [ORS] R- P. Kyathi [TEL]
Res- Yashpal Singh [U.P.]

Chief Marshal

1. Pradeep Yadav [U.P.]
2. Yudhvir Singh [J&K]
3. Abhay Sundar [BHR]

Time Keeper

1. Trupti Parashar [MHR]
2. Lucky Rani Patro [ORS]

Technical Controller

1. P. Srisailam [AIPSCB]
2. Shipra Soni [BHR]

Secretary

1. Akansha Kamale [M.P.]
2. Dhrampal [RSPB]
3. Pradeep Kumar Yadav [DEL]
4. Jassu Kumari [BHR]

Records: Snatch Clean and Jerk Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26
Yadav Farm House - Modinagar - Uttar Pradesh
03/02/2026 to 14/02/2026



START LIST

WOMEN 77 kg B

Competition : 10.02.2026 16:00

Weigh in : 14:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
77 kg B								
1	15	BEDIKA KAUSHAL	06-08-2010	PUN	139			77
2	21	PARI BELDAR	16-12-2009	M.P.	146			77
3	65	MIRIYALA ANUSHA	22-08-2003	TEL	175	77		
4	121	KOMAL BHATI	30-07-2008	HRN	170			77
5	141	PRATIVARANI PATRA	10-11-2009	ORS	156		77	77
6	149	H. OLYMPIA DEVI	08-07-2009	MNP	166		77	77
7	187	MONIKA SHARMA	16-07-2008	BHR	180	77	77	
8	327	MANASA S	26-01-2008	KRN	158			77
9	432	BRISHTI REKHA HAZARIKA	20-04-2007	ASM	175		77	
10	450	ANNAPURNA CHOUDHARY	21-10-2005	RAJ	160		77	
11	467	PRAJAKTA SALUNKHE	20-08-2001	MHR	175	77		
12	514	ANYA RAKWAL	09-09-2009	J.K.	170		77	
13	679	BOJANKI JHANSI	13-06-2005	A.P.	180		77	
14	687	RIMJHIM SINGH CHAUHAN	27-07-2005	UKD	150		77	
15	721	SAGGAM VARSHINI	08-04-2009	TEL	139			77
16	756	BITRA ROCHISMATHI	29-08-2009	A.P.	160			77
17	762	HARINI R	02-06-2006	PON	180	77	77	

Jury

1. A) Sabina Yadav, President [U.P.] * President of Jury
2. B) K. Subramanaya, President [KRN]
3. Pardeep Sharma [H.P.]
4. Geetha Ananda [KRN]
5. Rajneesh Bhaskar [BHR]
6. S. Shanmugavel [TND]

Referee

- C- Anna Lohitha [TEL] L- Anant Sane [MHR] R- Reshma [DEL]
Res- Ravi Sharma [RAJ]

Chief Marshal

1. Vijay Hooda [AIPSCB]
2. Raj Kumar Jamwal [H.P.]

Time Keeper

1. Satish Yadav [BHR]
2. Sonu Prashad [U.P.]

Technical Controller

1. Sudhish Kumar Singh [U.P.]
2. Arumita Dutta [C.G.]

Secretary

1. Dushyant Yadav [U.P.]
2. Bharti Devi [J&K]
3. Megha Chand [UKD]
4. Salbeena [J&K]

Records: Snatch Clean and Jerk Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26

Yadav Farm House - Modinagar - Uttar Pradesh

03/02/2026 to 14/02/2026



START LIST

MEN 88 kg C

Competition : 11.02.2026 09:00

Weigh in : 7:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
88 kg C								
1	60	SAHIL SHARMA	03-04-2006	J.K.	250		88	
2	63	ASHWIN S	10-02-2006	KRN	250		88	
3	67	RAJAS SHINDE	13-07-2009	MHR	260			88
4	92	MOKSHIT SEHRAWAT	02-12-2009	DEL	208			88
5	276	CHENCHU VENKATESH	30-12-2007	A.P.	265		88	
6	318	JENNA SYAM SUNDAR	28-12-2005	A.P.	265		88	
7	362	SHAH HUSSAIN	26-01-2008	HRN	270			88
8	384	ROHIT VISHWAKARMA	10-02-2005	GUJ	255		88	
9	530	ANIKET PANDEY	20-01-2008	UKD	225			88
10	548	GURKIRAT SINGH	28-12-2008	PUN	247			88
11	609	KIRAN KUMAR REDDY INDLA VENKATA	22-09-2010	A.P.	230			88
12	620	MANISH PRAJAPATI	04-06-2009	M.P.	223			88
13	637	ANANT DEO	14-11-2009	BHR	240			88
14	727	GAURAV JOSHI	10-10-2009	GUJ	240			88
15	740	PRITAM SONOWAL	01-01-2009	ASM	235			88
16	753	AJIT	10-11-2007	CHD	245		88	
17	769	JAVAJI SAI VARDHAN	16-09-2007	TEL	270		88	
18	877	ANKUSH KUMAR YADAV	03-02-2006	UKD	244		88	

Jury

1. A) G.P. Sharma [U.P.] * President of Jury
2. Shyamala Shetty [KRN]
5. Khushbu Yadav [U.P.]

3. Rajesh Kumar [H.P.]

4. K. Suryanarayana [A.P.]

Referee

- C- Vineet [U.P.]
Res- Biku Sarita [ARN]

L- Ganesh Nagine [MHR]

R- P.A Jose [KRL]

Chief Marshal

1. Pradeep Yadav [U.P.]

2. Yudhvir Singh [J&K]

3. Abhay Sundar [BHR]

Time Keeper

1. Tupti Parashar [MHR]

2. Lucky Rani Patro [ORS]

Technical Controller

1. P. Srisailam [AIPSCB]

2. Shipra Soni [BHR]

Secretary

1. Akansha Kamale [M.P.]
4. Jassu Kumari [BHR]

2. Dhrampal [RSPB]

3. Pradeep Kumar Yadav [DEL]

Records:

Snatch

Clean and Jerk

Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26

Yadav Farm House - Modinagar - Uttar Pradesh

03/02/2026 to 14/02/2026



START LIST

MEN 79 kg A

Competition : 11.02.2026 11:30

Weigh in : 9:30

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
79 kg A								
1	14	BHAVESH SARANG	27-05-2002	C.G.	310	79		
2	112	NARRA VENKATA MAHESH	19-04-2005	A.P.	290	79	79	
3	158	HEMANTA DOIMARI	07-01-2007	ASM	295	79	79	
4	243	BEDABRAT BHARALI	19-03-2007	ASM	315	79	79	
5	258	GURKARAN SINGH	26-06-2003	CHD	300	79		
6	313	ABISHEK N S	29-10-2000	TND	298	79		
7	392	JACOB VANLALTLUANGA	17-02-2002	MIZ	300	79		
8	402	ACHINTA SHEULI	24-11-2001	SSCB	317	79		
9	414	RAVINDRA SINGH	23-06-2002	UKD	290	79		
10	464	DHANAVATH GANESH	13-06-2004	TEL	300	79		
11	498	DAMADAR PANIGRAHY	25-02-2002	ORS	290	79		
12	574	VALLURI AJAYA BABU	25-11-2004	A.P.	310	79		
13	578	SKLITIN PAUL	29-05-2000	RSPB	312	79		
14	683	AASHISH	08-09-2006	U.P.	291	79	79	
15	794	PANDURANG GAIKWAD	05-03-2001	MHR	310	79		

Jury

1. A) Sabina Yadav, President [U.P.] * President of Jury

2. B) K. Subramanaya, President [KRN]

5. Rajneesh Bhaskar [BHR]

3. Pardeep Sharma [H.P.]

6. S. Shanmugavel [TND]

4. Geetha Ananda [KRN]

Referee

C- Yashpal Singh [U.P.]

Res- P. Kyathi [TEL]

L- Kumari Shivali [H.P.]

R- Chittaranjan Swain [ORS]

Chief Marshal

1. Vijay Hooda [AIPSCB]

2. Raj Kumar Jamwal [H.P.]

Time Keeper

1. Satish Yadav [BHR]

2. Sonu Prashad [U.P.]

Technical Controller

1. Sudhish Kumar Singh [U.P.]

2. Arumita Dutta [C.G.]

Secretary

1. Dushyant Yadav [U.P.]

4. Salbeena [J&K]

2. Bharti Devi [J&K]

3. Megha Chand [UKD]

Records:

Snatch

Clean and Jerk

Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26
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START LIST

WOMEN 77 kg A

Competition : 11.02.2026 13:30

Weigh in : 11:30

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
77 kg A								
1	74	SHIKHA KIRAN BAYAN	14-07-1998	ASM	180	77		
2	126	HEENA	11-02-2006	RSPB	220	77		
3	139	CH. NIRMALA DEVI	19-06-2001	MNP	193	77		
4	159	ANANDI SANGLE	01-06-2010	MHR	180			77
5	181	INDHU MATHI N	20-01-2000	TND	205	77		
6	188	SAMRUDDHI DHONE	26-07-2007	MHR	185		77	
7	216	POOJA YADAV	15-07-1996	U.P.	198	77		
8	274	THADISETTI RENUKA	16-04-2004	A.P.	190	77		
9	342	HASINA SHRIN M A	05-06-2008	TND	185			77
10	395	SUBIKSHA K	22-04-2006	TND	181		77	
11	468	SANJANA	18-01-2007	HRN	210	77	77	
12	490	KOMAL KHAN	23-03-2001	AIPSCB	190	77		
13	546	MEENA KUMARI	15-08-1989	PUN	190	77		
14	780	NICEMOL THOMAS	09-12-1999	KRL	185	77		
15	798	BELLANA NANI	25-03-2002	A.P.	185	77		

Jury

1. A) G.P. Sharma [U.P.] * President of Jury
2. Shyamala Shetty [KRN]
3. Rajesh Kumar [H.P.]
4. K. Suryanarayana [A.P.]
5. Khushbu Yadav [U.P.]

Referee

- C- Ravi Sharma [RAJ]
- L- Anna Lohitha [TEL]
- R- Anant Sane [MHR]
- Res- Reshma [DEL]

Chief Marshal

1. Pradeep Yadav [U.P.]
2. Yudhvir Singh [J&K]
3. Abhay Sundar [BHR]

Time Keeper

1. Trupti Parashar [MHR]
2. Lucky Rani Patro [ORS]

Technical Controller

1. P. Srisailam [AIPSCB]
2. Shipra Soni [BHR]

Secretary

1. Akansha Kamale [M.P.]
2. Dhrampal [RSPB]
3. Pradeep Kumar Yadav [DEL]
4. Jassu Kumari [BHR]

Records: Snatch Clean and Jerk Total

START LIST

MEN 88 kg B

Competition : 11.02.2026 15:30

Weigh in : 13:30

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
88 kg B								
1	11	AJAY SHARMA	12-02-2008	RAJ	270			88
2	62	KUSHANK ARORA	09-01-2001	DEL	296	88		
3	66	BATTU ADINARAYANA	26-12-2004	A.P.	290	88		
4	177	PREJITH DEV A	26-05-2005	KRL	270		88	
5	228	MAYANK	10-12-2006	HRN	285	88	88	
6	237	SARTHAK THAPA	03-09-2005	SSCB	290		88	
7	354	VISINIGIRI RAMU	06-06-2006	SSCB	290		88	
8	422	BALVEER SINGH SHEKHAWAT	01-01-2006	RAJ	280		88	
9	606	RITESH YADAV	21-09-2005	C.G.	280		88	
10	648	PARANDHAMAN S	28-08-2005	GOA	280		88	
11	661	MOHD. TALIB	12-07-2006	U.P.	290		88	
12	685	ATISH PATIL	27-03-1996	C.G.	295	88		
13	689	SUJAL PATIL	03-09-2005	MHR	283		88	
14	695	TUSHAR	17-09-2005	HRN	290		88	
15	706	SHANKAR	10-12-2002	HRN	290	88		
16	713	SUMIT KUMAR	12-12-2002	DEL	297	88		
17	722	HEMRAJ	01-04-2009	HRN	275			88

Jury

1. A) Sabina Yadav, President [U.P.] * President of Jury
2. B) K. Subramanaya, President [KRN] 3. Pardeep Sharma [H.P.] 4. Geetha Ananda [KRN]
5. Rajneesh Bhaskar [BHR] 6. S. Shanmugavel [TND]

Referee

C- Biku Sarita [ARN]	L- Vineet [U.P.]	R- Ganesh Nagine [MHR]
Res- P.A Jose [KRL]		

Chief Marshal

-
1. Vijay Hooda [AIPSCB]
2. Raj Kumar Jamwal [H.P.]

Time Keeper

1. Satish Yadav [BHR] 2. Sonu Prashad [U.P.]

Technical Controller

-
1. Sudhish Kumar Singh [U.P.] 2. Arumita Dutta [C.G.]

Secretary

1. Dushyant Yadav [U.P.] 2. Bharti Devi [J&K] 3. Megha Chand [UKD]
4. Salbeena [J&K]

Records:	Snatch	Clean and Jerk	Total
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IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

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START LIST

MEN 88 kg A

Competition : 11.02.2026 18:00

Weigh in : 16:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
88 kg A								
1	31	G.RAVI SHANKAR	11-10-2004	RSPB	320	88		
2	179	ABHIJIT DISALE	06-06-2003	MHR	320	88		
3	193	KANHU CHARAN SAHU	03-05-1997	ORS	300	88		
4	204	ADIBOINA SIVA RAMA KRISHNA YADAV	05-06-2002	A.P.	315	88		
5	251	LALU TAKU	08-12-1998	ARN	305	88		
6	321	SAIRAJ PARDESHI	08-06-2007	MHR	330	88	88	
7	343	VIVEK SWAMI	22-07-2000	RAJ	301	88		
8	443	SUDITYA BORUAH	16-12-2004	SSCB	316	88		
9	461	KRISHNA BARATHI N	24-01-2003	TND	320	88		
10	472	SANDEEP DAS ROY N	29-11-2006	TND	312		88	
11	501	VIVEK SHARMA	13-03-1995	RAJ	322	88		
12	505	VISHAL RAJWAR	04-07-1995	UKD	300	88		
13	522	P.S. MARUSH	22-06-1999	CHD	300	88		

Jury

1. A) G.P. Sharma [U.P.] * President of Jury
2. Shyamala Shetty [KRN]
3. Rajesh Kumar [H.P.]
4. K. Suryanarayana [A.P.]
5. Khushbu Yadav [U.P.]

Referee

- C- P. Kyathi [TEL]
- L- Yashpal Singh [U.P.]
- R- Kumari Shivali [H.P.]
- Res- Chittaranjan Swain [ORS]

Chief Marshal

1. Pradeep Yadav [U.P.]
2. Yudhvir Singh [J&K]
3. Abhay Sundar [BHR]

Time Keeper

1. Trupti Parashar [MHR]
2. Lucky Rani Patro [ORS]

Technical Controller

1. P. Srisailam [AIPSCB]
2. Shipra Soni [BHR]

Secretary

1. Akansha Kamale [M.P.]
2. Dhrampal [RSPB]
3. Pradeep Kumar Yadav [DEL]
4. Jassu Kumari [BHR]

Records:	Snatch	Clean and Jerk	Total
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START LIST

MEN 94 kg C

Competition : 12.02.2026 09:00

Weigh in : 7:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
94 kg C								
1	88	HIMANSHU	28-03-2008	U.P.	220			94
2	129	ALABONI KURMANATH	01-01-2009	A.P.	240			94
3	132	BARANIDHARAN G	29-09-2008	TND	243			94
4	144	SHAMANTH SHETTY	04-03-2008	KRN	240			94
5	222	AMARNATH P SUNI	19-10-2008	KRL	200			94
6	266	REHAN KHAN	04-09-2009	C.G.	272		94	94
7	267	HIMANSHU	23-06-2005	DEL	278		94	
8	332	VISHESH GILL	25-05-2009	HRN	220			94
9	407	NAITIK SEHRAWAT	13-04-2009	DEL	212			94
10	426	AKSHAT SHARMA	01-04-2005	DEL	274		94	
11	431	AMIT KUMAR	25-01-2008	BHR	220			94
12	478	TANISHQ SHARMA	05-06-2009	RAJ	270			94
13	493	NAVNEET SIHAG	15-10-2008	GUJ	215			94
14	576	HARSH KUMAR HEMBRAM	15-10-2009	JKD	235			94
15	590	PRATHAM	20-10-2009	DEL	226			94
16	607	TILAK A	19-03-2006	KRN	250		94	
17	640	HASRAT SINGH	18-02-2008	PUN	240			94

Jury

1. A) Sabina Yadav, President [U.P.] * President of Jury
2. B) K. Subramanaya, President [KRN] 3. Pardeep Sharma [H.P.] 4. Geetha Ananda [KRN]
5. Rajneesh Bhaskar [BHR] 6. S. Shanmugavel [TND]

Referee

- | | | |
|-----------------------|----------------------|-----------------------|
| C- Reshma [DEL] | L- Ravi Sharma [RAJ] | R- Anna Lohitha [TEL] |
| Res- Anant Sane [MHR] | | |

Chief Marshal

-
1. Vijay Hooda [AIPSCB]
2. Raj Kumar Jamwal [H.P.]

Time Keeper

1. Satish Yadav [BHR] 2. Sonu Prashad [U.P.]

Technical Controller

-
1. Sudhish Kumar Singh [U.P.] 2. Arumita Dutta [C.G.]

Secretary

- | | | |
|--------------------------|----------------------|----------------------|
| 1. Dushyant Yadav [U.P.] | 2. Bharti Devi [J&K] | 3. Megha Chand [UKD] |
| 4. Salbeena [J&K] | | |

Records:	Snatch	Clean and Jerk	Total
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IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26
Yadav Farm House - Modinagar - Uttar Pradesh
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START LIST

MEN 94 kg B

Competition : 12.02.2026 11:30

Weigh in : 9:30

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
94 kg B								
1	191	RAMANDEEP SINGH	09-11-2004	H.P.	285	94		
2	205	GORAKSHNATH WAIFALKAR	16-03-2001	GOA	290	94		
3	317	GURPREET SINGH BHANGU	13-01-2001	AIPSCB	290	94		
4	344	SANIDHYA MORE	26-03-2005	MHR	300		94	
5	412	ROHIT VAISHNAV	15-07-2008	RAJ	280			94
6	430	VISHAVJEET SINGH	30-06-2006	PUN	280	94	94	
7	433	ABBABATHULA ARUNESH BABU	11-03-2006	A.P.	285	94		
8	437	HARIOM SHARMA	04-10-2007	RAJ	285		94	
9	484	JAMES CAREE J	12-11-2000	KRN	292	94		
10	517	VIVEK A	23-04-2003	KRL	295	94		
11	630	VINAY KUMAR	01-03-2005	UKD	280		94	
12	643	SANTHOSH M K	16-06-2000	KRN	285	94		
13	701	ROHIT TEHLAN	09-04-2006	HRN	290	94	94	
14	704	VIJAY T	26-11-2001	TND	290	94		

Jury

1. A) G.P. Sharma [U.P.] * President of Jury
2. Shyamala Shetty [KRN]
3. Rajesh Kumar [H.P.]
4. K. Suryanarayana [A.P.]
5. Khushbu Yadav [U.P.]

Referee

- C- P.A Jose [KRL] L- Biku Sarita [ARN] R- Vineet [U.P.]
Res- Ganesh Nagine [MHR]

Chief Marshal

1. Pradeep Yadav [U.P.]
2. Yudhvir Singh [J&K]
3. Abhay Sundar [BHR]

Time Keeper

1. Trupti Parashar [MHR]
2. Lucky Rani Patro [ORS]

Technical Controller

1. P. Srisailam [AIPSCB]
2. Shipra Soni [BHR]

Secretary

1. Akansha Kamale [M.P.]
2. Dhrampal [RSPB]
3. Pradeep Kumar Yadav [DEL]
4. Jassu Kumari [BHR]

Records: Snatch Clean and Jerk Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

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Yadav Farm House - Modinagar - Uttar Pradesh
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START LIST

MEN 94 kg A

Competition : 12.02.2026 13:30

Weigh in : 11:30

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
94 kg A								
1	2	SHAIK LAL BASHEER	13-05-2004	A.P.	305	94		
2	55	DHEERSHAN J	30-08-2006	TND	316	94	94	
3	70	PARV CHAUDHARY	10-07-2008	U.P.	331	94	94	
4	73	ABHISHEK NIPANE	11-12-2001	MHR	310	94		
5	106	RAMKARAN PRAJAPATI	15-07-1998	U.P.	313	94		
6	224	ADITYA KUMAR SAHU	19-09-2001	ORS	312	94		
7	248	GULAP GOGOI	01-04-2000	ASM	305	94		
8	265	DILBAG SINGH	13-10-2004	SSCB	323	94		
9	287	HIMANSHU THAPA	30-03-2001	M.P.	310	94		
10	429	UMER KHAN	13-10-2004	CHD	320	94		
11	459	SHUBHAM	10-06-1994	GOA	330	94		
12	563	SURESH KUMAR YADAV	01-01-2001	ORS	315	94		
13	796	HARSHIT SEHRAWT	04-05-2000	RSPB	330	94		
14	797	SAMBO LAPUNG	03-06-1997	SSCB	325	94		

Jury

1. A) Sabina Yadav, President [U.P.] * President of Jury
2. B) K. Subramanaya, President [KRN]
3. Pardeep Sharma [H.P.]
4. Geetha Ananda [KRN]
5. Rajneesh Bhaskar [BHR]
6. S. Shanmugavel [TND]

Referee

- C- Chittaranjan Swain [ORS] L- P. Kyathi [TEL] R- Yashpal Singh [U.P.]
Res- Kumari Shivali [H.P.]

Chief Marshal

1. Vijay Hooda [AIPSCB]
2. Raj Kumar Jamwal [H.P.]

Time Keeper

1. Satish Yadav [BHR]
2. Sonu Prashad [U.P.]

Technical Controller

1. Sudhish Kumar Singh [U.P.]
2. Arumita Dutta [C.G.]

Secretary

1. Dushyant Yadav [U.P.]
2. Bharti Devi [J&K]
3. Megha Chand [UKD]
4. Salbeena [J&K]

Records: Snatch Clean and Jerk Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

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Yadav Farm House - Modinagar - Uttar Pradesh
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START LIST

WOMEN +77 kg E , 86 kg E , +86 kg E

Competition : 12.02.2026 15:30

Weigh in : 13:30

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
+77 kg E								
1	34	NATHIYA N	12-12-2012	PON	120			+77
2	325	KIRANMAYA M	11-03-2010	PON	115			+77
3	334	MULTI DEBNATH	09-10-2011	W.B.	115			+77
4	711	HIRALKUMARI PATEL	21-10-2008	GUJ	115			+77
5	760	JINIYA CHATTERJEE	07-11-2008	W.B.	115			+77
86 kg E								
1	391	K THEJASHWINI POOJARY	06-01-2005	KRN	170		86	
2	647	PRAGYA SHARMA	20-02-2006	H.P.	163		86	
3	702	MAGANTI KEERTHI	08-12-2009	ORS	180	86		
4	710	MAUSUMI DAS	08-12-2009	ORS	165		86	+77
5	734	AMEESHA ANWAR	08-04-2006	KRL	160		86	
6	875	KIRAN KANWAR	03-08-2006	UKD	160		86	
+86 kg E								
1	37	ANANYA	28-04-2009	PUN	140		+86	+77
2	196	SUNAKSHI RANA	14-03-2005	H.P.	148		+86	
3	605	DAKSHITA TRIVEDI	01-06-2008	M.P.	124		+86	+77
4	725	BRINDAWANI PACHANI	19-11-2007	ASM	145		+86	

Jury

1. A) G.P. Sharma [U.P.] * President of Jury
2. Shyamala Shetty [KRN]
3. Rajesh Kumar [H.P.]
4. K. Suryanarayana [A.P.]
5. Khushbu Yadav [U.P.]

Referee

- C- Anant Sane [MHR] L- Reshma [DEL] R- Ravi Sharma [RAJ]
Res- Anna Lohitha [TEL]

Chief Marshal

1. Pradeep Yadav [U.P.]
2. Yudhvir Singh [J&K]
3. Abhay Sundar [BHR]

Time Keeper

1. Trupti Parashar [MHR]
2. Lucky Rani Patro [ORS]

Technical Controller

1. P. Srisailam [AIPSCB]
2. Shipra Soni [BHR]

Secretary

1. Akansha Kamale [M.P.]
2. Dhrampal [RSPB]
3. Pradeep Kumar Yadav [DEL]
4. Jassu Kumari [BHR]

Records: Snatch Clean and Jerk Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26
Yadav Farm House - Modinagar - Uttar Pradesh
03/02/2026 to 14/02/2026



START LIST

WOMEN +77 kg D , 86 kg D , +86 kg D

Competition : 12.02.2026 17:00

Weigh in : 15:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
+77 kg D								
1	3	GAYTARI KUMAWAT	24-08-2009	RAJ	125		86	+77
2	105	NIHARIKA DADWAL	18-11-2011	H.P.	121			+77
3	427	KHUSHBOO	07-02-2008	DEL	127			+77
4	614	JANAKNANDANI KUMARI	08-05-2009	BHR	130			+77
5	719	SWATI	11-09-2011	DEL	126			+77
86 kg D								
1	361	NAKUSHA P PATIL	23-04-2003	KRN	180	86		
2	418	ALLU REVATHI	10-06-2007	A.P.	180	86	86	
3	438	BHUVANESHWARI	11-07-2006	TND	180	86		
4	509	VAISHNAVI SAROHA	20-05-2010	HRN	180		86	+77
5	613	AKAM KOUR	05-01-2004	J.K.	180	86		
+86 kg D								
1	116	MEGHASHREE CHOUDHARY	27-05-2006	M.P.	170		+86	
2	156	VAKEEL SAHASRA	16-08-2008	TEL	175	+86	+86	+77
3	273	GURLEEN KAUR	11-10-2008	PUN	170		+86	
4	572	NAVJOT CHOUDHARY	04-08-2006	CHD	175		+86	
5	591	DIVYA P	11-07-2006	KRL	170		+86	

Jury

1. A) Sabina Yadav, President [U.P.] * President of Jury
2. B) K. Subramanaya, President [KRN]
3. Pardeep Sharma [H.P.]
4. Geetha Ananda [KRN]
5. Rajneesh Bhaskar [BHR]
6. S. Shanmugavel [TND]

Referee

- C- Ganesh Nagine [MHR] L- P.A Jose [KRL] R- Biku Sarita [ARN]
Res- Vineet [U.P.]

Chief Marshal

1. Vijay Hooda [AIPSCB]
2. Raj Kumar Jamwal [H.P.]

Time Keeper

1. Satish Yadav [BHR]
2. Sonu Prashad [U.P.]

Technical Controller

1. Sudhish Kumar Singh [U.P.]
2. Arumita Dutta [C.G.]

Secretary

1. Dushyant Yadav [U.P.]
2. Bharti Devi [J&K]
3. Megha Chand [UKD]
4. Salbeena [J&K]

Records: Snatch Clean and Jerk Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26

Yadav Farm House - Modinagar - Uttar Pradesh

03/02/2026 to 14/02/2026



START LIST

WOMEN +77 kg C , 86 kg C , +86 kg C

Competition : 13.02.2026 09:00

Weigh in : 7:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
+77 kg C								
1	22	CHINTA SRI SATHWIKA	15-02-2010	A.P.	140			+77
2	249	TANISHKA KANOJIA	06-12-2008	U.P.	137			+77
3	482	VIOLINA BHAGAWATI	16-11-2011	ASM	142			+77
4	586	GUDUGUNTLA SAHITHI	25-04-2008	TEL	140		86	+77
5	592	PAVANI J R	18-10-2010	KRN	133			+77
86 kg C								
1	409	RITU	10-12-1996	RAJ	190	86		
2	456	AMRITHA P SUNI	16-01-2007	KRL	190	86	86	
3	506	RADHIKA KATOCH	22-08-2000	H.P.	182	86		
4	638	SHALINI KUMARI	18-06-2005	BHR	190	86	86	
5	717	DIKSHA SHARMA	26-09-1999	PUN	190	86		
+86 kg C								
1	347	NIVETHA T	27-02-1997	KRN	190	+86		
2	356	SNEHA HALDER	17-08-2001	W.B.	183	+86		
3	389	KARNATI NAGA RAMA LAKSHMI	07-07-2007	A.P.	190		+86	
4	471	AKSHADA KADAM	17-08-2006	MHR	180		+86	
5	716	POMPI SAIKIA	01-09-1996	AIPSCB	177	+86		

Jury

1. A) G.P. Sharma [U.P.] * President of Jury
2. Shyamala Shetty [KRN]
5. Khushbu Yadav [U.P.]

3. Rajesh Kumar [H.P.]

4. K. Suryanarayana [A.P.]

Referee

C- Kumari Shivali [H.P.]
Res- Yashpal Singh [U.P.]

L- Chittaranjan Swain [ORS]

R- P. Kyathi [TEL]

Chief Marshal

1. Pradeep Yadav [U.P.]

2. Yudhvir Singh [J&K]

3. Abhay Sundar [BHR]

Time Keeper

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2. Lucky Rani Patro [ORS]

Technical Controller

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2. Shipra Soni [BHR]

Secretary

1. Akansha Kamale [M.P.]
4. Jassu Kumari [BHR]

2. Dhrampal [RSPB]

3. Pradeep Kumar Yadav [DEL]

Records:

Snatch

Clean and Jerk

Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26
Yadav Farm House - Modinagar - Uttar Pradesh
03/02/2026 to 14/02/2026



START LIST

WOMEN +77 kg B , 86 kg B , +86 kg B

Competition : 13.02.2026 11:00

Weigh in : 9:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
+77 kg B								
1	97	JANISHA	25-01-2009	RAJ	142			+77
2	399	JAISMEEN KAUR SANDHU	26-07-2008	CHD	160			+77
3	526	N. MONALISHA CHANU	09-12-2008	MNP	165		86	+77
4	527	KAVIYA E	09-01-2009	TND	165			+77
5	612	SANNA	11-08-2008	CHD	155			+77
86 kg B								
1	27	M. RAMA DEVI	25-03-2005	MNP	190	86		
2	241	ARMANDEEP KAUR	07-10-2002	RAJ	195	86		
3	285	DIMPI DUTTA	05-11-1999	AIPSCB	200	86		
4	458	VAISHNAVI PAWAR	17-11-2004	MHR	195	86		
5	495	OVIYA K	02-11-2007	TND	200	86	86	
6	667	MODHUSMRITA BARUAH	01-02-1993	ASM	200	86		
7	708	PALATI DHATHRI	22-06-2002	A.P.	195	86		
+86 kg B								
1	403	BISNA VARGHESE	08-01-1997	KRL	195	+86		
2	559	ADITI	07-05-2007	U.P.	202		+86	
3	674	PRIYA R	20-01-2005	TND	192	+86	+86	

Jury

1. A) Sabina Yadav, President [U.P.] * President of Jury
2. B) K. Subramanaya, President [KRN]
3. Pardeep Sharma [H.P.]
4. Geetha Ananda [KRN]
5. Rajneesh Bhaskar [BHR]
6. S. Shanmugavel [TND]

Referee

- C- Anna Lohitha [TEL] L- Anant Sane [MHR] R- Reshma [DEL]
Res- Ravi Sharma [RAJ]

Chief Marshal

1. Vijay Hooda [AIPSCB]
2. Raj Kumar Jamwal [H.P.]

Time Keeper

1. Satish Yadav [BHR]
2. Sonu Prashad [U.P.]

Technical Controller

1. Sudhish Kumar Singh [U.P.]
2. Arumita Dutta [C.G.]

Secretary

1. Dushyant Yadav [U.P.]
2. Bharti Devi [J&K]
3. Megha Chand [UKD]
4. Salbeena [J&K]

Records: Snatch Clean and Jerk Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26
Yadav Farm House - Modinagar - Uttar Pradesh
03/02/2026 to 14/02/2026



START LIST

MEN 110 kg D , +110 kg D

Competition : 13.02.2026 13:00

Weigh in : 11:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
110 kg D								
1	115	KAPIL CHAUDHARY	22-02-2003	DEL	279	110		
2	140	MISIM CHOUDHARY	25-06-2006	J.K.	245		110	
3	160	H. BIKASH MEITEI	21-04-2005	MNP	260		110	
4	401	GANESHA U	15-12-2007	KRN	250		110	
5	454	BIPRATIP JANA	24-06-2006	W.B.	263		110	
6	457	YOGANAND KHARE	27-01-2006	C.G.	260		110	
7	492	VARUN JOSIYA	20-02-2007	DEL	245		110	
8	658	DAVID LALZAWMDIKA	02-08-2007	MIZ	280		110	
9	714	SAHIB SINGH	14-01-2005	PUN	280		110	
10	783	NISHANT	26-05-2005	HRN	270		110	
+110 kg D								
1	175	UDAY SINGH	18-02-2005	CHD	254		+110	
2	244	JARNAIL SINGH	04-02-2007	PUN	250		+110	
3	282	RANJITH KUMAR M	04-01-2005	KRN	270		+110	
4	312	DAVID ZOHRMINGMAWIA	05-08-2008	MIZ	280		+110	+94
5	624	SURAJIT SETH	08-09-2006	W.B.	294		+110	

Jury

1. A) G.P. Sharma [U.P.] * President of Jury
2. Shyamala Shetty [KRN]
3. Rajesh Kumar [H.P.]
4. K. Suryanarayana [A.P.]
5. Khushbu Yadav [U.P.]

Referee

- C- Vineet [U.P.] L- Ganesh Nagine [MHR] R- P.A Jose [KRL]
Res- Biku Sarita [ARN]

Chief Marshal

1. Pradeep Yadav [U.P.]
2. Yudhvir Singh [J&K]
3. Abhay Sundar [BHR]

Time Keeper

1. Trupti Parashar [MHR]
2. Lucky Rani Patro [ORS]

Technical Controller

1. P. Srisailam [AIPSCB]
2. Shipra Soni [BHR]

Secretary

1. Akansha Kamale [M.P.]
2. Dhrampal [RSPB]
3. Pradeep Kumar Yadav [DEL]
4. Jassu Kumari [BHR]

Records: Snatch Clean and Jerk Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26
Yadav Farm House - Modinagar - Uttar Pradesh
03/02/2026 to 14/02/2026



START LIST

MEN 110 kg C , +110 kg C

Competition : 13.02.2026 15:00

Weigh in : 13:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
110 kg C								
1	381	SATWIK LUTHRA	03-06-2008	J.K.	290		110	+94
2	411	ASHUTOSH KUMAR SINGH	17-12-1995	UKD	300	110		
3	452	GANDIKOTA KRISHNA BABU	15-12-2005	A.P.	295		110	
4	462	CHENCHU VAMSI	08-02-2006	A.P.	280		110	
5	558	VARUN	12-01-2005	PUN	285		110	
6	594	GURPREET RALH	23-05-1998	PUN	295	110		
7	633	CHARUKESH S.B	06-09-2007	TND	288		110	
8	723	PRIYANSHU RAJ	09-05-2006	BHR	295		110	
9	737	YADAVALLI YASHWANTH GOUD	02-07-2005	TEL	290		110	
10	781	PRATHYUSH	09-04-2000	KRN	290	110		
+110 kg C								
1	143	GULBHAR	13-07-2009	U.P.	295		+110	
2	292	HIMANSHU GUPTA	12-08-1999	DEL	305	+110		
3	602	NITESH	31-03-2007	DEL	295		+110	
4	690	HIMANSHU KUMAR CHANG	15-01-1992	U.P.	300	+110		
5	782	VISHNU BHOI	22-11-2002	MHR	305	+110		

Jury

1. A) Sabina Yadav, President [U.P.] * President of Jury
2. B) K. Subramanaya, President [KRN]
3. Pardeep Sharma [H.P.]
4. Geetha Ananda [KRN]
5. Rajneesh Bhaskar [BHR]
6. S. Shanmugavel [TND]

Referee

- C- Yashpal Singh [U.P.] L- Kumari Shivali [H.P.] R- Chittaranjan Swain [ORS]
Res- P. Kyathi [TEL]

Chief Marshal

1. Vijay Hooda [AIPSCB]
2. Raj Kumar Jamwal [H.P.]

Time Keeper

1. Satish Yadav [BHR]
2. Sonu Prashad [U.P.]

Technical Controller

1. Sudhish Kumar Singh [U.P.]
2. Arumita Dutta [C.G.]

Secretary

1. Dushyant Yadav [U.P.]
2. Bharti Devi [J&K]
3. Megha Chand [UKD]
4. Salbeena [J&K]

Records: Snatch Clean and Jerk Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26

Yadav Farm House - Modinagar - Uttar Pradesh

03/02/2026 to 14/02/2026



START LIST

WOMEN +77 kg A , 86 kg A , +86 kg A

Competition : 13.02.2026 17:00

Weigh in : 15:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
+77 kg A								
1	406	KEERTHANA R P	20-01-2008	TND	180			+77
86 kg A								
1	305	USHA S.R	21-08-2000	RSPB	215	86		
2	387	VEMULA SAHITHI	15-10-2002	TEL	210	86		
3	446	VANSHITA VERMA	08-10-2001	RSPB	220	86		
4	486	KM. KARTIGYA	13-09-1999	U.P.	203	86		
5	575	ANJANA SREEJITH	25-02-2003	KRL	205	86		
6	587	TAMANA	10-05-2002	HRN	210	86		
+86 kg A								
1	453	MAIBAM MARTINA DEVI	21-03-2006	MNP	230	+86	+86	
2	470	PURNIMA PANDEY	16-10-1997	U.P.	210	+86		
3	580	ASWINI BIJU	09-10-2004	KRL	206	+86		

Jury

1. A) G.P. Sharma [U.P.] * President of Jury
2. Shyamala Shetty [KRN]
5. Khushbu Yadav [U.P.]

3. Rajesh Kumar [H.P.]

4. K. Suryanarayana [A.P.]

Referee

- C- Ravi Sharma [RAJ]
Res- Reshma [DEL]

L- Anna Lohitha [TEL]

R- Anant Sane [MHR]

Chief Marshal

1. Pradeep Yadav [U.P.]

2. Yudhvir Singh [J&K]

3. Abhay Sundar [BHR]

Time Keeper

1. Trupti Parashar [MHR]

2. Lucky Rani Patro [ORS]

Technical Controller

1. P. Srisailam [AIPSCB]

2. Shipra Soni [BHR]

Secretary

1. Akansha Kamale [M.P.]
4. Jassu Kumari [BHR]

2. Dhrampal [RSPB]

3. Pradeep Kumar Yadav [DEL]

Records:

Snatch

Clean and Jerk

Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26

Yadav Farm House - Modinagar - Uttar Pradesh

03/02/2026 to 14/02/2026



START LIST

MEN 110 kg B , +110 kg B

Competition : 14.02.2026 09:00

Weigh in : 7:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
110 kg B								
1	99	AMAL N P	21-04-2003	KRL	300	110		
2	170	DEVENDRA SINGH RATHORE	02-09-2005	RAJ	305		110	
3	246	PARSHANT KUMAR KAILLEY	26-06-2004	PUN	305	110		
4	259	BHOLA SINGH	05-05-2004	BHR	300	110		
5	341	SUVANSH THAKUR	14-02-2005	H.P.	310	110	110	
6	379	AKASH KAUSHAL	27-12-2002	M.P.	310	110		
7	491	ADITYA	03-12-2008	HRN	290		110	+94
8	535	ANKUR SINGH	10-01-1996	U.P.	308	110		
9	763	HARSHVARDHAN KADAM	11-02-2005	MHR	303		110	
+110 kg B								
1	89	HARMAN SINGH	01-08-2007	RAJ	325	+110	+110	
2	221	ASHISH	10-04-2003	HRN	320	+110		
3	234	IMRAN KHAN	06-04-1994	M.P.	310	+110		
4	666	DILABARDEEP SINGH	04-01-2000	PUN	330	+110		
5	755	BANSHI SIHAG	17-12-2003	HRN	320	+110		

Jury

1. A) Sabina Yadav, President [U.P.] * President of Jury

2. B) K. Subramanaya, President [KRN]

5. Rajneesh Bhaskar [BHR]

3. Pardeep Sharma [H.P.]

6. S. Shanmugavel [TND]

4. Geetha Ananda [KRN]

Chief Marshal

1. Vijay Hooda [AIPSCB]

2. Raj Kumar Jamwal [H.P.]

Time Keeper

1. Satish Yadav [BHR]

2. Sonu Prashad [U.P.]

Technical Controller

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2. Arumita Dutta [C.G.]

Secretary

1. Dushyant Yadav [U.P.]

2. Bharti Devi [J&K]

3. Megha Chand [UKD]

4. Salbeena [J&K]

Records:

Snatch

Clean and Jerk

Total



IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26

Yadav Farm House - Modinagar - Uttar Pradesh

03/02/2026 to 14/02/2026



START LIST

MEN +94 kg A

Competition : 14.02.2026 11:00

Weigh in : 9:00

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
+94 kg A								
1	64	MANAV PATIL	28-09-2008	MHR	260			+94
2	232	ADARSH CHOUDHARY	06-05-2008	M.P.	260		110	+94
3	300	GAURAV SINGH	02-10-2008	BHR	230			+94
4	337	TUSHAR CHAUDHARY	07-12-2008	U.P.	300		110	+94
5	628	S. SRIRANJAN S	11-03-2009	TND	230			+94
6	678	PARTHA RAJ M	28-09-2008	KRN	220			+94
7	715	CHANAKYA BORAH	15-09-2008	ASM	295		110	+94
8	770	MANTEJ SINGH BHINDER	16-02-2009	PUN	219			+94

Jury

1. A) G.P. Sharma [U.P.] * President of Jury

2. Shyamala Shetty [KRN]

5. Khushbu Yadav [U.P.]

3. Rajesh Kumar [H.P.]

4. K. Suryanarayana [A.P.]

Referee

C- Biku Sarita [ARN]

Res- P.A Jose [KRL]

L- Vineet [U.P.]

R- Ganesh Nagine [MHR]

Chief Marshal

1. Pradeep Yadav [U.P.]

2. Yudhvir Singh [J&K]

3. Abhay Sundar [BHR]

Time Keeper

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Secretary

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2. Dhrampal [RSPB]

3. Pradeep Kumar Yadav [DEL]

Records:	Snatch	Clean and Jerk	Total
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IWLF NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2025-26

IWLF National Youth Junior and Senior Weightlifting Championships - 2025-26

Yadav Farm House - Modinagar - Uttar Pradesh

03/02/2026 to 14/02/2026



START LIST

MEN 110 kg A , +110 kg A

Competition : 14.02.2026 12:30

Weigh in : 10:30

Platform : A

No	LOT	NAME	BORN	TEAM	ENT.	SENIOR	JUNIOR	YOUTH
110 kg A								
1	41	MANISH	20-12-1998	HRN	340	110		
2	44	VAISHNAV THAKUR	31-08-2002	MHR	340	110		
3	167	VINOD LAKHANI	04-03-2003	RAJ	322	110		
4	227	KAPIL SONOWAL	27-12-2006	ASM	310		110	
5	502	MD JAMEIR HUSSAIN	03-04-1993	ASM	330	110		
6	537	ASWIN MENON K	18-04-1995	KRL	325	110		
7	608	MANI DHIMAN	14-02-2006	CHD	330	110	110	
8	673	HARCHARAN SINGH	28-08-2001	RSPB	350	110		
+110 kg A								
1	213	S RUDRAMAYAN	10-04-2002	RSPB	355	+110		
2	279	KESHAV BISSA	17-12-2005	RAJ	360	+110	+110	
3	598	PARAMVIR SINGH	05-10-2006	CHD	330	+110	+110	
4	757	GAGANDEEP GILL	29-07-2002	PUN	340	+110		
5	771	LOVEPREET SINGH	09-06-1997	SSCB	365	+110		

Jury

1. A) Sabina Yadav, President [U.P.] * President of Jury

2. B) K. Subramanaya, President [KRN]

5. Rajneesh Bhaskar [BHR]

3. Pardeep Sharma [H.P.]

6. S. Shanmugavel [TND]

4. Geetha Ananda [KRN]

Referee

C- P. Kyathi [TEL]

Res- Chittaranjan Swain [ORS]

L- Yashpal Singh [U.P.]

R- Kumari Shivali [H.P.]

Chief Marshal

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2. Arumita Dutta [C.G.]

Secretary

1. Dushyant Yadav [U.P.]

4. Salbeena [J&K]

2. Bharti Devi [J&K]

3. Megha Chand [UKD]

Records:

Snatch

Clean and Jerk

Total