



भारतीय भारोत्तोलन महासंघ

Indian Weightlifting Federation

Affiliated to: International Weightlifting Federation, Asian Weightlifting Federation,
Commonwealth Weightlifting Federation and Indian Olympic Association
Recognised by: Ministry of Youth Affairs & Sports, Govt. of India

Regd No.: S-4286/21.11.1960

File No.: IWLF-Cir./2025-26/**270**

Date: 23 January 2026

The President / General Secretary
All Affiliated State / U.T. Weightlifting Associations
Departmental Boards (AIPSCB, RSPB & SSCB)

Sub.: Circulation of Resolution Adopted by Executive Committee in its meeting dated 23rd January 2026 – Agenda No. 2.

Sir/Madam,

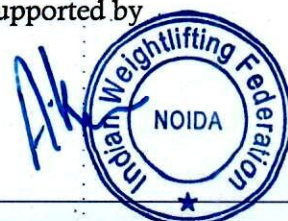
This is to inform that the Executive Committee of Indian Weightlifting Federation, in its meeting dated 23rd January 2026, considered **Agenda No. 2: Consideration of disciplinary action against athletes not participating after verification of final entries in the forthcoming IWLF National Youth (Boys & Girls), Junior (Men & Women) and Senior (Men & Women) Weightlifting Championships**, scheduled to be held at Modinagar, Uttar Pradesh from 3rd to 14th February 2026.

The agenda was taken up for detailed discussion, and observations were invited from the Members to deliberate on the issue of non-participation by athletes after confirmation of final entries and to suggest appropriate disciplinary measures to safeguard the integrity and discipline of the sport.

During extensive deliberations, the Members expressed serious concern over the recurring practice of athletes opting out of competitions after final verification of entries, thereby depriving other eligible athletes of participation opportunities and adversely affecting the smooth conduct of National Championships. **After detailed discussions, the Executive Committee unanimously resolved as under:**

A ban of one (1) year from participation in the succeeding National Weightlifting Championships shall be imposed on athletes who fail to comply with the following conditions:

- Withdrawal from competition after verification of final entries, **except** in cases of:
 - o Medically certified injury reported within **21 days prior to the start of the competition**,
 - OR
 - o Compassionate grounds involving **first-blood relations only**, duly supported by documentary evidence(s).



Neleo
Do....Dare....Win !!



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- For the 2025-26 National Weightlifting Championships at Modinagar, withdrawals on the above grounds will be considered only up to 1st February 2026.
- Athletes who report for **body weight in the weigh-in room** but fail to present themselves for **competition line-up / competition on the competition day**.

The athletes aggrieved by the above decision may represent their case before the **Appellant Commission**, which may consider condonation of the ban based on genuine and verifiable documentary evidence. The Appellant Commission for considering cases of condonation of ban shall comprise the following members:-

1. Dr. Sahdev Yadav, President, IWLF – Chairman
2. Shri Sivalingam Sathish Kumar, Vice Chairperson, Athlete Commission, IWLF – Member
3. Shri S. H. Anande Gowda, Secretary General, IWLF – Member
4. Shri Rajneesh Bhaskar, Legal Counsel, IWLF – Convener

All Affiliated State Associations / U.T. and Departmental Boards are requested to **circulate this resolution widely among athletes, coaches and officials** under their jurisdiction and ensure **strict compliance**.

This letter is issued with the approval of the competent authority.



Yours Sincerely,

Ashwani Kumar
Chief Executive Officer

23/01/2026