

INDIAN WEIGHTLIFTING FEDERATION MINUTES OF THE ANNUAL GENERAL COUNCIL MEETING

Date: 11th May 2025

Time: 5:30 P.M.

Venue: Rajgir, Bihar (Hybrid Mode – Physical and Virtual via Zoom Meeting ID #89437926746)

Attendance in person: Attached separately.

Members Present (Virtual via Zoom): Attached separately

Agenda Item No. 1 - Welcome address by the President:-

The President of the Indian Weightlifting Federation extended a warm welcome to all members attending the Annual General Council Meeting, both physically and virtually.

The President congratulated the Indian athletes for winning medals during the 2025 IWF Youth (Boys & Girls) World Weightlifting Championships at Lima (Peru) from 28 April to 5 May 2025 wherein Mr. Harsabardhan Sahu won 3 bronze medals in 49 kg (S-87 + C&J – 110, T-197), Parv Chaudhary won 2 bronze medal in 96 kg (S-140, C&J-175, T-315) and Jyoshna Sabar won 2 bronze medal in 40 kg (S-56, C&J-72, T-128).

He announced the newly elected members in various state associations, acknowledging their leadership roles and expressing confidence in their contributions to the growth of weightlifting in their respective states. The newly elected members are as follows:

Newly Elected Members:

- **Kerala State Weightlifting Association:**
President: Mr. Alakka Varghese
General Secretary: Mrs. Chithra Chandramohan
- **Telangana Weightlifting Association:**
President: Mrs. Sruthi M.
General Secretary: Mr. Pushpala Ramanna
- **Assam Weightlifting Association:**
President: Mr. Sarbanananda Sonowal, M.P.
General Secretary: Mr. Manoj Kumar Boro
- **Athlete Commission:**
Chairman: Ms. Mirabai Chanu Saikhom, Padma Shri
Vice Chairman: Mr. Sivalingam Sathish Kumar, Arjuna Awardee

Condolence:

The President expressed deep sorrow over the demise of the following individuals and led the members in observing a moment of silence in their memory:

- **Mr. Anil Kumar Jaiswal**, General Secretary of Jharkhand Weightlifting Association, who passed away in the last week of April 2025.



- **The mother of Mr. Krishnaraj K.**, ITO from Karnataka and Vice President of Karnataka State Weightlifters' Association.

New Appointments in the Indian Weightlifting Federation:

The President informed the House about the following developments in the Federation's administrative leadership:

Resignation:

Gp. Capt. Ranjib Sahoo (Retd.) resigned from the post of Chief Executive Officer (CEO) of the Indian Weightlifting Federation in December 2024.

New Appointment:

After a thorough due diligence process, **Mr. Ashwani Kumar** has been appointed as the new Chief Executive Officer of the Indian Weightlifting Federation, effective from 2nd May 2025.

Mr. Ashwani Kumar is the former Director of Khelo India Talent Identification and High-Performance Analysis Cell at the Sports Authority of India.

With his extensive experience in administration and government procedures, he will oversee all administrative matters of the Federation.

Agenda Item no. 2 - Confirmation of minutes of the last Annual General Council Meeting held at Nagrota Bagwan dated 12th October 2024:-

The Secretary General presented the minutes of the previous Annual General Council Meeting to the House for confirmation:

Annual General Council Meeting at Nagrota Bagwan:

Date: 12th October 2024

Minutes Circulation Date: 5th May 2025

The members confirmed receipt of both sets of minutes. After due deliberation, the minutes were unanimously approved by the entire House.

Proposed by: Shri T. Deensha Babu, Secretary, Andhra Pradesh Weightlifting Association.

Seconded by: Shri Arun Kumar, Secretary, Weightlifting Association of Haryana.

Agenda Item no. 3 - Proposed amendment in the Constitution of Indian Weightlifting Federation as per National Sports Development Code – 2011 and subsequent circulars issued by Ministry of Youth Affairs & Sports, Government of India as per Annexure I:-

The Secretary General requested **Mr. Rajneesh Bhaskar**, Legal Counsel of IWLF, to present Agenda Item No. 3 before the House for discussion, deliberation, and approval.

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Presentation of Proposed Amendment:

The Legal Counsel presented the proposed amendment to the House, explaining the reasons for the change. The details of the proposed amendment are as follows:

Existing Clause in the Constitution	Proposed Amendment in the Clause	Reason for Change
Article IX – Management 4. The ‘office bearers’ of the Federation shall be President, Secretary General, Honorary Treasurer. Along with the office bearers, the following will be the elected members: not more than 10 Vice Presidents, 5 Honorary Joint Secretaries from 5 zones – East, West, North, South, and North-East, and 8 Executive Members. The office bearers of the Federation shall be elected every 4 years from amongst the Members mentioned in rule 1 (a) above and in accordance with the Article XI tenure of Office Bearers.	Article IX – Management 4. The ‘office bearers’ of the Federation shall be President, Secretary General, Honorary Treasurer, 2 Vice Presidents (1 seat reserved for female), 2 Honorary Joint Secretaries (1 seat reserved for female), and 5 Executive Members (2 seats reserved for females). The office bearers of the Federation shall be elected every 4 years from amongst the Members mentioned in rule 1 (a) above and in accordance with the Article XI tenure of Office Bearers.	1. To ensure mandatory inclusion of women in the Executive Committee. 2. To reduce the size of the Executive Committee in line with the National Sports Development Code, 2011. 3. To comply with the judgment of the Hon’ble High Court of Delhi.

Legal Clarification:

The Legal Counsel further clarified that the amendment was also necessary in view of an ongoing court case and the judgment of the Hon’ble High Court of Delhi, which mandates compliance with the Sports Code with reduced number of post in the Executive Committee (Office bearers) along with representation of women candidates in the Executive Committee of NSF to maintain parity. It was further informed in the House that the posts which are reserved for women candidates must be represented by atleast 1 women which can also be increased to 2 or severally as per the existing office bearer list of State Associations. The word female to be replaced as women.

Approval:

After detailed deliberations, the House unanimously approved the proposed amendment and corrected the line mistyped as Article XI tenure of Office Bearers (**instead of Article X tenure of Office Bearers**). It will now be incorporated in the Constitution of the Indian Weightlifting Federation as follows:

Revised Clause (Article IX – Management):

4. The ‘office bearers’ of the Federation shall be President, Secretary General, Honorary Treasurer, 2 Vice Presidents (1 seat reserved for women), 2 Honorary



Joint Secretaries (1 seat reserved for women), and 5 Executive Members (2 seats reserved for women's). The office bearers of the Federation shall be elected every 4 years from amongst the Members mentioned in rule 1 (a) above and in accordance with the Article X tenure of Office Bearers.

Proposed by: Shri Arun Kumar Ojha, President, Bihar State Weightlifter's Association
Seconded by: Shri Rajesh Janghel, Secretary, Chhattisgarh Pradesh Weightlifting Association.

Presentation of Proposed Amendment:

The Legal Counsel presented the next amendment, explaining the reasons for the change. The details of the proposed amendment are as follows:

Existing Clause in the Constitution	Proposed Amendment in the Clause	Reason for Change
<p>Article IX – Management 6. The Executive Committee will comprise of 1 President, 1 Secretary General, 1 Honorary Treasurer, not more than 10 Vice Presidents, 5 Honorary Joint Secretaries from 5 zones – East, West, North, South, and North-East, 8 Executive Members, 25% quota of eminent sportspersons in Managing Committee from the Athletes Commission, and Chairman of the International Relations Committee with voting rights.</p> <p>The merit of the sportsperson in the Athlete Commission will be participation in:</p> <p>(i) Olympics (ii) International Competitions (iii) National Level Games/Championships.</p>	<p>Article IX – Management 6. The Executive Committee will comprise of 1 President, 1 Secretary General, 1 Honorary Treasurer, 2 Vice Presidents, 2 Honorary Joint Secretaries, 5 Executive Members, and 2 members of the Athlete Commission (i.e., the elected Chairman and Vice Chairman of the Athlete Commission), 25% quota of eminent sportspersons in Managing Committee inclusive of Athlete Commission members.</p> <p>The merit of the sportsperson for nomination in the Athlete's Commission will be:</p> <p>- Arjuna Awardee / Olympian / Medallist in Olympic Games, Asian Games, or Commonwealth Games.</p> <p>IWLF shall have separate guidelines for the Athlete's</p>	<p>1. To align the composition of the Executive Committee with Article IX (4). 2. To ensure athlete representation by including the elected Chairman and Vice Chairman of the Athlete Commission. 3. To redefine the merit criteria for the Athlete's Commission to focus on distinguished athletes.</p>

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Existing Clause in the Constitution	Proposed Amendment in the Clause	Reason for Change
	Commission as will be notified through various circulars from time to time.	

Clarification by the Legal Counsel:

The Legal Counsel further explained that:

- Two members of the Athlete Commission (Chairman and Vice Chairman) will now be part of the Executive Committee of the Indian Weightlifting Federation.
- 25% of the quota of the total executive committee is allotted to sportspersons which is inclusive of members of Athlete Commission.
- The eligibility criteria for sportspersons in the Athlete Commission have been redefined to focus on top achievers (Arjuna Awardees, Olympians, and medallists in major international events).
- The IWLF will issue separate guidelines for the Athlete's Commission through official circulars as required.

Approval:

After detailed deliberations, the House unanimously approved the proposed amendment. It will now be incorporated into the Constitution of the Indian Weightlifting Federation as follows:

Revised Clause (Article IX – Management):

6. The Executive Committee will comprise of 1 President, 1 Secretary General, 1 Honorary Treasurer, 2 Vice Presidents, 2 Honorary Joint Secretaries, 5 Executive Members, and 2 members of the Athlete Commission (i.e., the elected Chairman and Vice Chairman of the Athlete Commission), 25% quota of eminent sportspersons in the Managing Committee inclusive of Athlete Commission members.

The merit of the sportsperson for nomination in the Athlete's Commission will be:

Arjuna Awardee / Olympian / Medallist in Olympic Games, Asian Games, or Commonwealth Games.

IWLF shall have separate guidelines for the Athlete's Commission as will be notified through various circulars from time to time.

Proposed by: Shri Mayur Patel, Secretary, Gujarat State Weightlifting Association.

Seconded by: Smt. Chithra Chandramohan, Secretary, Kerala State Weightlifting Association.

The Legal Counsel presented the next amendment, explaining the reasons for the change. The details of the proposed amendment are as follows:

Existing Clause in the Constitution	Proposed Amendment in the Clause	Reason for Change
Article X – Elections and Tenure of Office Bearers: (No such clause exists)	Article X – Elections and Tenure of Office Bearers: 2. (ix) The Electoral College shall consist of 2 members from each affiliated State Association / Unit, with a mandatory requirement that at least one (1) female member must be included from each affiliated Unit.	To ensure mandatory inclusion of women voters in the Electoral College, promoting gender representation and empowerment at the State level.

Clarification by the Legal Counsel:

The Legal Counsel further clarified that:

The inclusion of this new clause aims to ensure the active participation of women as voting representatives in the Electoral College of the Indian Weightlifting Federation.

This step aligns with the Federation's commitment to empowering women and enhancing their representation in decision-making roles within the State Associations.

Approval:

After detailed deliberations, the House unanimously approved the proposed amendment. It will now be incorporated into the Constitution of the Indian Weightlifting Federation as follows:

Revised Clause (Article X – Elections and Tenure of Office Bearers):

2. (ix) The Electoral College shall consist of 2 members of Executive Committee of the each affiliated State Association / Union Territory, with a mandatory requirement that at least one (1) women member must be included from each affiliated Unit.

Proposed by: Shri Malsawma Khiangte, Secretary, Mizoram Weightlifting Association

Seconded by: Shri Sudhir Mhlaskar, President, Maharashtra State Weightlifting Association.

The Legal Counsel presented the next amendment, explaining the reasons for the change. The details of the proposed amendment are as follows:

Existing Clause in the Constitution	Proposed Amendment in the Clause	Reason for Change
Article XXIII – Meetings: 3. The quorum at all the General Council meetings shall consist of 15 persons, including the office-	Article XXIII – Meetings: 3. The quorum at all the General Council meetings shall consist of at least 33% of the General Council members, including the	To align the quorum requirements with the amended composition of the General Council and Executive Committee as per Article IX. This change also

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Existing Clause in the Constitution	Proposed Amendment in the Clause	Reason for Change
bearers. The quorum at all the Executive Committee meetings shall consist of 10 persons.	office-bearers. The quorum at all the Executive Committee meetings shall consist of atleast 33% of the Executive Committee.	ensures that the quorum will automatically adjust to changes in membership size.

Clarification by the Legal Counsel:

The Legal Counsel further explained that:

The revision of quorum percentage (33%) ensures that it is dynamically calculated based on the actual number of members in the General Council and Executive Committee. This is a more adaptable approach and avoids the need for manual adjustments to the quorum figure whenever the number of members changes.

Approval:

After detailed deliberations, the House unanimously approved the proposed amendment. It will now be incorporated into the Constitution of the Indian Weightlifting Federation as follows:

Revised Clause (Article XXIII – Meetings):

3. The quorum at all the General Council meetings shall consist of atleast 33% of the General Council members, including the office-bearers. The quorum at all the Executive Committee meetings shall consist of atleast 33% of the Executive Committee.

Proposed by: Shri Yudhvair Singh, Secretary, Jammu & Kashmir Weightlifting Association.

Seconded by: Shri Rajkumar Jamwal, Secretary, Himachal Pradesh Weightlifting Association.

The Legal Counsel presented the addition of a new article in the Constitution, explaining the reasons for the change. The details of the proposed amendment are as follows:

Existing Clause in the Constitution	Proposed Amendment in the Clause	Reason for Change
No such clause exists	ARTICLE-XX: Purchase of Immovable Land / Property / Building / Apartment for Office Use and Restriction on Transfer / Sale of Office Property:	1. To safeguard the office land/building/premises of the IWLF from unauthorized sale, transfer, or alienation. 2. To ensure that any decision to sell or transfer property is

Yudhvair Singh



Existing Clause in the Constitution	Proposed Amendment in the Clause	Reason for Change
	<p>1. The property, movable and immovable, belonging to IWLF, shall be deemed to be vested in the governing body of IWLF on a transferable basis, and in all proceedings, civil and criminal, may be described as the property of the governing body of such society by their proper title.</p> <p>2. No part of the society's office land / building shall be sold, transferred, or alienated in any manner without a special resolution passed by full majority (100%) of the Executive Committee members present and 100% voting at a General Council Meeting specifically convened for this purpose.</p> <p>3. The office land / building / independent floor may be sublet / leased for raising financial benefits for the IWLF with the prior approval of the Executive Committee.</p>	<p>taken with complete consensus (100% voting approval).</p> <p>3. To provide an option for subletting or leasing the property for generating financial resources for the Federation.</p>

Clarification by the Legal Counsel:

The Legal Counsel further explained:

- The Federation has acquired land in **Noida** and has initiated the construction of a permanent office for the Indian Weightlifting Federation.
- This clause is designed to protect the property from being sold or transferred by future office bearers without full consensus from the Executive Committee and General Council.
- However, the clause allows for subletting or leasing the property to generate independent financial resources for the Federation, aiding in the maintenance and upkeep of the office premises.

Approval:

After detailed deliberations, the House unanimously approved the proposed addition. It will now be incorporated into the Constitution of the Indian Weightlifting Federation as follows:

New Clause (Article XX – Purchase of Immovable Land / Property / Building / Apartment for Office Use):

The property, movable and immovable, belonging to IWLF, shall be deemed to be vested in the governing body of IWLF on a transferable basis, and in all proceedings, civil and criminal, may be described as the property of the governing body of such society by their proper title.

No part of the society's office land/building shall be sold, transferred, or alienated in any manner without a special resolution passed by full majority (100% votes) of the General Body and Executive Committee members specifically convened for this purpose.

Only the spare space of office land / building / independent floor, if available in addition to adequate office space of IWLF may be sublet/leased for raising financial benefits for the IWLF with the prior approval of the General Body and the Executive Committee.

Proposed by: Smt. Sabina Yadav, President, Uttar Pradesh Weightlifting Association.

Seconded by: Shri Chandan Roy Choudhary, President, West Bengal State Weightlifting Association.

The Legal Counsel presented the addition of a new article in the Constitution, explaining the reasons for the change. The details of the proposed amendment are as follows:

Existing Clause in the Constitution	Proposed Amendment in the Clause	Reason for Change
No such clause exists	<p>Article XXI: Appointment, Duties, and Rights of Chief Executive Officer (CEO)</p> <p>1. The CEO shall be an ex-officio member of the Executive Council with no voting rights.</p> <p>2. The President/Secretary General is empowered to appoint the CEO as per guidelines formulated by the Ministry of Youth Affairs and Sports (MYAS) and the Sports Authority of India (SAI).</p>	<p>1. To establish clear guidelines for the appointment and functioning of the CEO of IWLF.</p> <p>2. To align with the guidelines issued by MYAS and SAI for the appointment of CEOs in National Sports Federations.</p> <p>3. To ensure efficient</p>

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Existing Clause in the Constitution	Proposed Amendment in the Clause	Reason for Change
	<p>3. The CEO must be a management professional with 5-10 years of management experience or as decided by IWLF.</p> <p>4. The CEO shall devote their full time to IWLF and shall not engage in any other profession or employment. They shall not be a former Office Bearer of IWLF or any State Sports Association. After their term, they shall not be eligible to contest for any Office Bearer position in IWLF.</p> <p>5. Duties of the CEO:</p> <p>a) Manage day-to-day administration of IWLF.</p> <p>b) Conduct office business as per the decisions of the President/Secretary General, General Assembly, and Executive Committee.</p> <p>c) Oversee all staff functions of IWLF.</p> <p>d) Generate and manage financial resources.</p> <p>e) Maintain government relations, in coordination with the President/Secretary General.</p> <p>f) Coordinate IWLF communications following Executive Committee policies.</p> <p>g) Prepare business plans, annual and quadrennial reports, and budgets.</p> <p>h) Implement the decisions of the Executive Committee.</p> <p>i) Handle correspondence as directed by the President/Secretary General.</p> <p>j) Maintain minutes of meetings, membership registers, and all essential records.</p> <p>k) Manage properties (movable and immovable) of IWLF.</p> <p>l) Present the Annual Report at the General Assembly with the President/Secretary General.</p> <p>m) Convene meetings as directed by the</p>	<p>administration of the IWLF with defined roles and responsibilities for the CEO.</p>

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Existing Clause in the Constitution	Proposed Amendment in the Clause	Reason for Change
	President/Secretary General. n) Perform any other tasks directed by the President/Secretary General, Executive Committee, or General Council. o) The CEO cannot override the administrative and financial powers of Executive Committee members.	

Clarification by the Legal Counsel:

The Legal Counsel further explained:

This amendment is in line with the guidelines of the **Ministry of Youth Affairs and Sports (MYAS)** and the **Sports Authority of India (SAI)**, which recommend the appointment of a CEO for efficient administration in National Sports Federations (NSFs).

The detailed duties ensure that the CEO has a clear scope of responsibilities while maintaining the authority of the Executive Committee.

The restriction on the CEO's ability to become an Office Bearer in IWLF after their term is to avoid any conflict of interest.

Approval:

After detailed deliberations, the House unanimously approved the proposed addition. It will now be incorporated into the Constitution of the Indian Weightlifting Federation as follows:

New Clause (Article XXI – Appointment, Duties, and Rights of Chief Executive Officer - CEO):

The CEO shall be an ex-officio member of the Executive Council with no voting rights.

The President/Secretary General is empowered to appoint the CEO as per guidelines formulated by MYAS and SAI.

The CEO must be a management professional with 5-10 years of management experience or as decided by IWLF.

The CEO shall devote their full time to IWLF and shall not engage in any other profession or employment. They shall not be a former Office Bearer of IWLF or any State Sports Association. After their term, they shall not be eligible to contest for any Office Bearer position in IWLF.

Duties of the CEO:

a) Manage day-to-day administration of IWLF.

- b) Conduct office business as per the decisions of the President/Secretary General, General Assembly, and Executive Committee.
- c) Oversee all staff functions of IWLF.
- d) Generate and manage financial resources.
- e) Maintain government relations, in coordination with the President/Secretary General.
- f) Coordinate IWLF communications following Executive Committee policies.
- g) Prepare business plans, annual and quadrennial reports, and budgets.
- h) Implement the decisions of the Executive Committee.
- i) Handle correspondence as directed by the President/Secretary General.
- j) Maintain minutes of meetings, membership registers, and all essential records.
- k) Manage properties (movable and immovable) of IWLF.
- l) Present the Annual Report at the General Assembly with the President/Secretary General.

- m) Convene meetings as directed by the President/Secretary General.
- n) Perform any other tasks directed by the President/Secretary General, Executive Committee, or General Council.

- o) The CEO cannot override the administrative and financial powers of Executive Committee members.

Proposed by: Shri Chitta Ranjan Swain, President, Odisha Weightlifting Association.

Seconded by: Shri Ravi Sharma, Secretary, Rajasthan State Weightlifting Association.

Item Agenda no. 4 - Intimating formation of Athlete Commission and elections thereof, nomination of Chairman and Vice Chairman as members of the Executive Committee of Indian Weightlifting Federation:-

The President informed the House that the **Indian Weightlifting Federation (IWLF)** had initiated the process for the formation of an **Athlete Commission** by calling for nominations of eminent sportspersons from across the country.

Formation of Athlete Commission:

A total of **17 eligible eminent athletes** have formed the Athlete Commission of IWLF w.e.f. 2024 to 2028.

Following the election process, the following athletes are elected as were confirmed:

Chairman: Ms. Mirabai Chanu Saikhom (Manipur), recipient of Padma Shri and Rajiv Gandhi Khel Ratna Award, Olympian (Silver medallist).

Vice Chairman: Mr. Sivalingam Sathish Kumar (Tamil Nadu), recipient of Arjuna Award, Olympian, Commonwealth Games Gold medallist.



Inclusion in the Executive Committee:

In line with the recent amendments adopted in the Constitution of the Federation, both the Chairman and Vice Chairman of the Athlete Commission are automatically included as members of the **Executive Committee of IWLF as representative of Athlete's Commission**.

Therefore, **Ms. Mirabai Chanu Saikhom** and **Mr. Sivalingam Sathish Kumar** are now formally members of the Executive Committee of IWLF, effective **11th May 2025**.

Proposed by: Smt. Shyamala Shetty, Working President, Karnataka State Weightlifter's Association.

Seconded by: Smt. Shipra Soni, Treasurer, Bihar State Weightlifter's Association.

Item Agenda no. 5 - Discussions on elections, date and venue of Indian Weightlifting Federation for the term 2025-2029 and appointment of Returning Officer for elections of Indian Weightlifting Federation:-

The Secretary General invited the House to deliberate on the upcoming elections of the **Indian Weightlifting Federation (IWLF)** for the term **2025-2029**. The following points were discussed:

Mr. Chandan Roy Choudhary, Vice President of IWLF, proposed that the authority to finalize the election process, including the appointment of a **Returning Officer**, the election date, and the venue, should be delegated to the **President** of IWLF.

He further suggested that the President should have the power to:-

- **Nominate the Returning Officer**, ensuring the selected person has the required experience and integrity to conduct free and fair elections.
- **Decide on appropriate professional fee for the Returning Officer**, adhering to the guidelines of the **National Sports Development Code, 2011** and the Constitution of IWLF.
- **Finalize the election dates and venue**, providing ample notice to all affiliated State Associations and ensuring smooth conduct of the electoral process.

Unanimous Approval by the House:

The proposal was thoroughly discussed, and members shared their views on the importance of maintaining transparency and fairness in the election process.

It was emphasized that the delegation of this authority to the President would ensure a streamlined and efficient process, avoiding delays and maintaining the integrity of the electoral procedure.

After detailed deliberations, the House unanimously resolved to:

Empower the President of IWLF to finalize the election date and venue for the term 2025-2029 and issue agenda notice / letter for the elections.

Authorize the President to appoint a **Returning Officer** with suitable professional / legal fee, in accordance with the guidelines of the **National Sports Development Code, 2011** and the IWLF Constitution.

Proposed by: Smt. Biku Sarita, Secretary, Arunachal Pradesh Weightlifting Association, Shri Mayur Patel, Secretary, Gujarat State Weightlifting Association and Shri Jayesh Naik, Vice President, Weightlifting Association of Goa.

Seconded by: Shri Rajesh Janghel, Secretary, Chhattisgarh Pradesh Weightlifting Association and Shri Arun Kumar, Secretary, Weightlifting Association of Haryana.

Item Agenda no. 6 - Report of the Secretary General for the year 2024-25:-

The Secretary General of the **Indian Weightlifting Federation (IWLF)** presented the **Annual Report for the year 2024-25** before the House. The comprehensive report highlighted the key activities, achievements, challenges, and future plans of the Federation.

Key Highlights of the Secretary General's Report:

- **Technical and Training Programs:**
- **National and International Participation:**
Indian athletes participated in various international competitions, achieving commendable results and bringing laurels to the nation.

IWLF successfully hosted several national championships, maintaining high standards of competition and athlete welfare.

Continuous efforts were made to ensure that Indian weightlifters were adequately prepared for upcoming major events, including the **Asian Games**, **Commonwealth Games**, and **Olympic qualifiers**.

- **Compliance and Legal Matters:**
- **Future Plans and Vision:**
Expansion of training centers and enhancement of athlete facilities across the country.
Strengthening the Athlete Commission to ensure greater athlete representation in decision-making.
Developing a roadmap for talent identification at the grassroots level, ensuring a steady supply of young talent in the sport.
Enhancing international partnerships for knowledge exchange and exposure of Indian athletes.

After a detailed presentation, the Secretary General invited questions and comments from the House.

The members appreciated the detailed and transparent presentation of the report, acknowledging the efforts of the Secretary General and the Federation's management. After brief discussions, the House unanimously approved the Secretary General's Report for the year 2024-25.

Proposed by: Shri Shailendra Joshi, Executive Member, Madhya Pradesh Amateur Weightlifting Association.

Seconded by: Shri Malsawma Khiangte, Secretary, Mizoram Weightlifting Association.

Item no. 7 - Annual Budget for the year 2025-26:-

The Secretary General of the **Indian Weightlifting Federation (IWLF)** presented the **Annual Budget for the financial year 2025-26** before the House. The budget was presented in a detailed format, outlining the expected income, planned expenditure, and projected deficit for the upcoming financial year.

Total Budget Amount:

The total budget for the year **2025-26** was presented as **₹3,10,45,175/- (3.10 Crores)**.
Breakdown of Expenditure Heads:

Construction and furnishing expenses of the new building at Noida.

Office Rent: Funds allocated for the rent of the Federation's office premises.

Electricity and Water Supplies: Estimated expenses for utility services.

Salary: Provisions for the payment of salaries to administrative and technical staff of IWLF.

Printing and Stationery: Expenses for office supplies, printing materials, and administrative documentation.

Audit Fee: Allocation for statutory audits and financial compliance.

Legal Expenses: Provision for legal fees related to ongoing cases and other legal advisory services.

Website Running Expenses: Costs for maintaining and updating the IWLF official website.

Breakdown of Income Heads:

Annual Affiliation Fee: Fees collected from affiliated State Associations.

Capitation Fee: Income from participation in various competitions.

Entry Fee: Charges for athletes participating in IWLF competitions.

Doping Fee: Income generated from anti-doping testing fees.

ID Card Fee: Charges for issuing ID cards to athletes and officials.

Referee Exam Fee: Income from conducting referee certification exams.

Hosting of International Championships Fee: Revenue from hosting international events.

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Projected Deficit and Its Management:

The total projected **deficit** for the financial year **2025-26** was calculated to be **₹1.39 Crores**.

It was proposed that the deficit would be managed through:

Loans: Borrowings from banks or financial institutions.

Donations: Contributions from well-wishers, sponsors, and philanthropists supportive of the Federation's goals.

Approval of the Budget:

After a detailed presentation and discussion, the House appreciated the clarity and transparency in the presentation of the budget.

The members acknowledged the efforts of the Secretary General and the Finance Committee in preparing a balanced budget despite the challenges.

The House unanimously approved the Annual Budget for the year **2025-26**, as presented.

Proposed by: Shri Sudhir Mhlaskar, President, Maharashtra State Weightlifting Association.

Seconded by: Smt. Shyamala Shetty, Working President, Karnataka State Weightlifter's Association.

Item no. 8 - Preparations and planning for the 2025 Commonwealth Youth, Junior and Senior Weightlifting Championships at Ahmedabad from 24-30 August 2025:-

The President of the **Indian Weightlifting Federation (IWLF)** briefed the House on the extensive preparations and planning currently underway for the upcoming **2025 Commonwealth Youth, Junior, and Senior Weightlifting Championships**, scheduled to be held in **Ahmedabad from 24th to 30th August 2025**. This international event is expected to be a grand showcase of talent and sportsmanship, further elevating India's reputation in the global weightlifting community.

Ongoing Preparations and Arrangements:

Venue and Facilities:

- The main competition venue has been finalized in Ahmedabad as Naranpura Sports Complex, ensuring that it meets the international standards required for a successful championship.
- Necessary arrangements for competition areas, warm-up zones, and athlete facilities are being ensured.

Accommodation:

- Hotel bookings for athletes, officials, technical staff, and international delegates have been completed.



- Special care has been taken to ensure that the hotels are in close proximity to the competition venue, providing convenience for participants.

Event Logistics:

- Procurement of essential materials such as trophies, medals, certificates, T-shirts, and other event memorabilia is in full swing.
- Customized mementos and souvenirs are being prepared to be presented to distinguished guests and dignitaries.
- A dedicated team is overseeing the printing of official stationery, banners, and event branding materials.

Technical Arrangements:

- The Competition Director, **Mr. Kumbasi Subramanya**, will take charge of the technical aspects of the championship.
- He will establish his operational office at Ahmedabad one month prior to the event, ensuring seamless coordination and management.
- The competition equipment, including weightlifting platforms, barbells, and weights, are being arranged in line with international specifications.
- A comprehensive plan for technical conduct, athlete registration, weigh-in procedures, and anti-doping measures is being implemented.

Support and Benefits for Annual General Council Members:

- In recognition of their continuous support and contribution, the President announced special arrangements for the **Annual General Council Members**:
- They will be provided **three days of free boarding and lodging** during the championship.
- A **travel allowance equivalent to 2nd Tier rail fare** from their hometown to Ahmedabad and back will be provided.

A Grand Spectacle Expected:

The President emphasized that the **2025 edition of the Commonwealth Weightlifting Championships** will be even more grand and comprehensive than the **2023 Greater Noida edition**.

The Federation is committed to making this event a memorable experience for all participants, officials, and spectators.

With the support of the Competition Director and the dedicated team of volunteers, the Federation aims to deliver a flawless and prestigious championship.

The President appreciated the efforts of the Sports Authority of Gujarat for its extensive support extended to the Indian Weightlifting Federation in hosting the event at the Naranpura Sports Complex. He also informed the House that the 2026 AWF Senior (Men & Women) Weightlifting Championships being held at the same venue from April 1 to 10, 2026. Furthermore, the President unveiled the logo of the Commonwealth



Championships, which prominently features the Gir Lion, symbolizing the State of Gujarat.

House Deliberations and Approval:

The members of the House appreciated the detailed preparations and the President's proactive approach.

The proposal to extend hospitality and travel benefits to the Annual General Council members was well-received.

The logo of the Commonwealth Championships has been approved by the entire House unanimously besides approving the preparations and arrangements as presented.

Proposed by: Shri Chandan Roy Choudhary, President, West Bengal State Weightlifting Association.

Seconded by: Shri T. Deensha Babu, Secretary, Andhra Pradesh Weightlifting Association.

Item No. 9 - Finalization of conduct of IWLF National Youth, Junior and Senior Weightlifting Championships-2025-26 at Modinagar:-

The Secretary General informed the House that three bids were received by the Federation for hosting the IWLF National Youth, Junior, and Senior Weightlifting Championships for the year 2025-26. These bids were evaluated during the Executive Committee meeting held at Nagrota Bagwan on 12th October 2024. After careful consideration, the bid was awarded in favour of the **Uttar Pradesh Weightlifting Association**, and it was decided that the **IWLF National Youth, Junior, and Senior Weightlifting Championships 2025-26** will be hosted in **Modinagar, Uttar Pradesh**, in **December 2025**, subject to adjustments in accordance with the international weightlifting calendar.

Furthermore, the Secretary General emphasized the importance of timely completion of state-level championships to ensure a smooth and efficient entry process for the national event. To facilitate this, all member state associations were requested to conduct and complete their respective state championships **by the end of September 2025**, thus avoiding last-minute delays in entry submissions for the National Championships.

The House unanimously endorsed this proposal, reflecting collective agreement and support for the decision.

Proposed by: Shri Yudhvair Singh, Secretary, Jammu & Kashmir Weightlifting Association.

Seconded by: Shri Jayesh Naik, Vice President, Weightlifting Association of Goa.



Item no. 10 - Bidding and finalization of Asmita Khelo India Zonal Women's Weightlifting Championships for Zone A, Zone B, Zone C and Zonal National events for the year 2025-26:-

The Secretary General informed the House of the opportunity to host the **Zone A, Zone B, Zone C, and Zonal National Khelo India Asmita Women's Weightlifting Ranking League Tournaments for the year 2025-26**. Following an open invitation for bids, the following associations expressed their interest in hosting the respective tournaments:

- **Zone A:** West Bengal State Weightlifting Association
- **Zone B:** Uttar Pradesh Weightlifting Association
- **Zone C:** Kerala State Weightlifting Association
- **Zonal National:** Uttar Pradesh Weightlifting Association
- Noting that no other bids were received for the aforementioned tournaments, the House unanimously resolved to approve the above bidders as hosts for their respective zones.

Finalization of Venues: The approved host associations are granted a period upto 31st July 2025 to finalize the specific venues for the tournaments within their respective states.

Information Circulation: Upon finalization of the venues, the details shall be immediately communicated to all affiliated state associations and units to enable them to initiate necessary preparations.

Host Responsibilities: The host associations shall ensure that the tournaments are organized in strict compliance with IWLF guidelines and maintain the highest standards of competition, athlete safety, and event management.

The House expressed confidence in the capabilities of the selected host associations and encouraged them to commence preparations at the earliest.

Proposed by: Shri Mayur Patel, Secretary, Gujarat State Weightlifting Association.

Seconded by: Shri Ravi Sharma, Secretary, Rajasthan State Weightlifting Association.

Item no. 11 - Adoption of new logo of Indian Weightlifting Federation as per approved designs:-

The President apprised the House of the background regarding the adoption of a new logo for the Indian Weightlifting Federation (IWLF). It was recalled that during the **Annual General Council Meeting held at Nagercoil on 31st December 2022**, a resolution was passed to adopt a new logo for the Federation. At that time, it was resolved that all stakeholders, including affiliated state associations, would be invited to submit their suggestions and designs for the new logo.



Despite the open invitation and sufficient time for submissions, no affiliated state association came forward with any logo design suggestions, resulting in a delay of over two years in the logo adoption process. Acknowledging the need for progress, the Federation proactively undertook the task of designing a new logo that would effectively represent the identity, values, and heritage of Indian Weightlifting.

The newly designed logo of the Indian Weightlifting Federation features the following elements:-

- **Weightlifting Plates with Standard Colours:** Representing the core of the sport, the logo incorporates the standardized colours of weightlifting plates, symbolizing the strength, precision, and integrity of the sport.
- **Indian Emblem:** The incorporation of the Indian national emblem signifies the Federation's official status, its commitment to national values, and its representation of the country in the sport of weightlifting.
- **Modern and Dynamic Design:** The overall design reflects a modern and professional aesthetic, ensuring a strong visual identity for the Federation.

On **5th May 2025**, the newly designed logo was circulated to all members of the Annual General Council Members via email, seeking their review and approval. Following this, the majority of the Annual General Council members provided their approval through email, formally endorsing the new logo.

Subsequently, the new logo was officially unveiled to the House during the meeting on a **large LED screen**, with colour printouts distributed to all members for their reference and appreciation.

After thorough deliberation and unanimous consent of the House, it was resolved that the newly designed logo of the Indian Weightlifting Federation is hereby formally adopted, effectively replacing the existing star logo with **immediate effect**.

Official Use: The new logo shall be immediately adopted across all official documents, letterheads, certificates, publications, websites, social media platforms, and any other medium representing the Federation.

Communication: The adoption of the new logo shall be formally communicated to all affiliated state associations, national and international partners, and other stakeholders.

Transition Period: A period of one month is provided for all affiliated units to update their materials and communication platforms with the new logo.

The House commended the Federation's proactive approach in designing a new logo that reflects the values and identity of Indian Weightlifting and expressed confidence that the new logo would significantly enhance the Federation's brand image.

Proposed by: Shri Rajkumar Jamwal, Secretary, Himachal Pradesh Weightlifting Association.

Seconded by: Shri Chitta Ranjan Swain, President, Odisha Weightlifting Association.

Chitta



Item no. 12 - Modalities for patent registration of old and new logo of Indian Weightlifting Federation:-

The Secretary General informed the House that following the recent adoption of the new logo for the Indian Weightlifting Federation (IWLF), it is essential to ensure the legal protection of the Federation's brand identity. This protection is necessary to prevent unauthorized use, misrepresentation, or misuse of the Federation's logos, whether the newly adopted logo or the previously used star logo.

The House acknowledged that registering the logos as official trademarks or patents is a critical step to:

- **Safeguard Intellectual Property:** Prevent unauthorized use, duplication, or modification of the IWLF logos.
- **Maintain Brand Integrity:** Ensure that only the Federation and its authorized representatives can use the official logos.
- **Prevent Misrepresentation:** Mitigate the risk of third parties using the logos to create false affiliations or misleading propaganda.
- **Establish Legal Ownership:** Secure the Federation's exclusive rights to both the old and new logos under the applicable laws.

Deliberations:

- The House engaged in a comprehensive discussion on the modalities for patent registration of both the old and new logos of IWLF. After thorough deliberation, it was unanimously resolved that:

The President of the Indian Weightlifting Federation is hereby authorized to initiate and oversee the process of patent registration for both the old and new logos of the Federation.

- **Legal Formalities:** The President is empowered to engage with legal professionals, intellectual consultants, or any other relevant authorities to facilitate the successful completion of the patent registration process and initiate any documentary proceedings as required under the Law.
- **Financial Authority:** The President is granted the necessary financial powers to allocate and approve funds for all expenses related to the patent registration of both logos, including government fees, legal consultancy charges, and any other incidental expenses.

The Secretariat is instructed to provide all necessary documents and design specifications for both the old and new logos to facilitate the registration process.

The registration shall be sought under the relevant provisions of the **Indian Trademarks Act, 1999**, or any other applicable intellectual property legislation.

The registration certificates, upon issuance, shall be securely maintained in the records of the Federation and used as evidence of ownership whenever necessary.

The House expressed its confidence in the President's ability to efficiently complete the registration process and ensure the legal protection of the Federation's brand identity.

Proposed by: Smt. Sabina Yadav, President, Uttar Pradesh Weightlifting Association.

Seconded by: Smt. Shyamala Shetty, Working President, Karnataka State Weightlifter's Association.

Item no. 13 - Any other items with the permission of the Chair:-

A) The Secretary General informed the House that the Federation has been facing significant financial burdens due to ongoing disputes within several State Associations.

These disputes have led to increased expenses for the Federation, including:

- **Travel Expenses:** Frequent visits of Adhoc Committee members to resolve disputes.
- **Legal and Professional Charges:** Payments made to advocates for representing and advising the Federation in these disputes.

In this context, the Secretary General apprised the House that **Mr. Rajneesh Bhaskar**, Legal Counsel of IWLF, has been granted a retainership income of **₹20,000 per month**, primarily to cover his road transportation expenses between his residence and the IWLF Office in Noida.

The President appealed to the members present to resolve their personal disputes amicably, either directly among themselves or through a mutually agreed committee, rather than escalating them to legal forums. This approach was supported by **Mr. Chandan Roy Choudhary**, Vice President, who proposed the formation of a **Legal & Dispute Resolution Committee** within the Federation. This committee would serve as the first point of resolution for any disputes arising within State Associations, providing an internal mechanism for conflict resolution without resorting to court proceedings. The House appreciated this proposal, and the Chair endorsed the idea.

B) **Mr. Rajneesh Bhaskar**, Legal Counsel, brought to the House's attention that the **Maharashtra State Weightlifting Association** has not submitted its office records for the past eight years, a clear violation of IWLF guidelines. Additionally, he reported that the **dollars collected during the 2015 Commonwealth Youth, Junior, and Senior Weightlifting Championships held in Pune** were not properly accounted for, and no financial records for these funds had been submitted to the Federation for the past ten years.

The House expressed serious concern over this issue and unanimously authorized the President to take immediate and appropriate punitive action against the Maharashtra State Weightlifting Association to ensure accountability and transparency.



C) **Mr. Pal Singh Sandhu**, Special Invitee, proposed the inclusion of **Video Playback Technology (VPT)** during the National Championships and other competitive events. This technology would ensure complete transparency in officiating decisions made by the Jury members, especially in situations where unanimous decisions are not achieved. The House recognized the importance of transparency and agreed to explore the implementation of VPT in future events.

D) **Mr. Rajneesh Bhaskar** requested the Chair for approval to serve as the **Coordinator for the Development of a New Indigenous Technical Scoring and Result (TSR) / Technology Information System (TIS)** for the Indian Weightlifting Federation.

The proposed system will be developed in collaboration with experts from **Indian Institute of Technology (IIT), New Delhi** or in any other competent Engineer in consultation with the President of Indian Weightlifting Federation.

It will be designed to maintain uniformity in result sheets, ensure accurate score management, and maintain a comprehensive database of athletes.

This system will also be made available to State Associations for consistent and professional management of their competitions.

The House approved the proposal and authorized Mr. Rajneesh Bhaskar to lead the project, ensuring the development of both hardware and software components for the TSR system at a subsidized cost.

E) The Assistant Secretary, Indian Weightlifting Federation requested a revision in the salaries of the **office staff of IWLF**, effective from **1st April 2025**.

After seeking the views of the members, the House empowered the President to grant salary increments to the office staff members as per the existing policy framework. The President was authorized to make decisions regarding the quantum of increments in line with the financial capacity of the Federation.

Proposed by: Shri Pardeep Sharma, Vice President, Himachal Pradesh Weightlifting Association.

Seconded by: Smt. P. Kyathi, Vice President, Telangana Weightlifting Association.

F) The Assistant Secretary informed the House that the **last date for submission of preliminary entries** for the **2025 Commonwealth Youth, Junior, and Senior Weightlifting Championships**, scheduled in Ahmedabad, India, from **24th to 30th August 2025**, is **20th May 2025**.

All stakeholders were advised to adhere to the deadline and ensure that their entries, along with requisite documents, are submitted well in advance.

It was further announced that the **International Weightlifting Federation (IWF)** has revised the weight categories in the Youth Boys section to **94 kg and +94 kg**, while the Junior and Senior categories will retain the **94 kg limit**, replacing the previously declared **98 kg and +98 kg** categories.

G) The House was reminded of the mandatory requirement for athletes to maintain their **whereabouts information on the ADAMS portal of the World Anti-Doping Agency (WADA)** to be eligible for international competitions.

Any deviation, even if discovered later, would result in disqualification from participation.

The State Associations were urged to educate their athletes on these requirements. For further assistance, they were encouraged to coordinate with the **National Anti-Doping Agency (NADA), New Delhi**, which regularly conducts online sessions and workshops on the subject.

H) The President announced that the Indian Weightlifting Federation (IWLF) would bid for the hosting rights of the **Youth, Junior, or Senior World Weightlifting Championships**.

The **hosting fee** for the event would be **₹1 crore**, in addition to a **bidding amount of USD 700,000**, which would be payable to the **International Weightlifting Federation (IWF)**.

The House appreciated the ambition of the Federation to host world-class events, further raising the profile of Indian weightlifting.

I) The President shared the Federation's long-term vision of developing future champions for the **2036 Olympic Games**. In line with this vision:

Talent identification programs were successfully conducted in **Maharashtra, Tamil Nadu, Assam, and Uttar Pradesh**, where promising young athletes aged **8-12 years** were identified.

A **World-Class Weightlifting Centre** has been established at **Shri Ram Gymnasium, Modinagar**, under the guidance of **Mr. Vijay Sharma, High-Performance Director (HPD), Dronacharya Awardee**.

This center aims to nurture young talent, providing them with high-quality training and support.

The House commended the President's vision for grassroots development and acknowledged the positive impact of these initiatives on the future of Indian weightlifting.

J) Mr. Rajneesh Bhaskar apprised the House that, in an effort to permanently resolve the ongoing disputes within the Puducherry Weightlifting Association, elections have been formally scheduled for June 2025. This decision aims to establish a democratically elected body that can effectively govern the association and ensure smooth administration of weightlifting activities in the region.

The House recognized this as a constructive step toward restoring stability, promoting transparency, and upholding good governance within the Puducherry Weightlifting Association.

K) In a gesture of respect and appreciation, the Bihar State Weightlifters' Association organized a special felicitation ceremony.

The ceremony commenced with the felicitation of the esteemed President of the IWLF. As a token of admiration and gratitude, Mr. Arun Kumar Ojha and Ms. Shipra Soni graciously presented a beautifully crafted shawl to the President. The shawl, a symbol of respect in Indian tradition, was a mark of the association's appreciation for the President's unwavering leadership and support.

In addition to the shawl, a meticulously drawn sketch of the President was also presented. This sketch, an artistic representation handmade by Mr Upendra Kumar, Secretary, Bihar, was a heartfelt tribute that captured the essence and dedication of the President. It served as a reminder of his invaluable contributions and his inspiring leadership, which has been a guiding force for the association.

Following this, Mr. Naresh Sharma, the Treasurer of the IWLF, was also honoured with a shawl.

L) Mr. Pal Singh Sandhu expressed serious concerns regarding the engagement of foreign coaches in Indian weightlifting. He highlighted a troubling history, pointing out that since the 1982 Asian Games, foreign coaches have often misused their authority, allegedly involving Indian athletes in doping practices. His statement drew attention to the persistent risk of doping scandals within Indian weightlifting, a threat that has historically tarnished the sport's reputation.

Mr. Sandhu emphasized that despite the lessons of the past, some state governments and various departments have once again begun to employ foreign coaches, once again. According to him, this decision could potentially expose Indian athletes to the same harmful practices, increasing the risk of doping violations and resulting in severe consequences for both the athletes and the Indian Weightlifting Federation (IWLF).

His cautionary remarks underscored the importance of maintaining strict vigilance over coaching practices and ensuring that the welfare of athletes remains a priority. Mr. Sandhu urged the August House to reassess the engagement of foreign coaches, advocating for greater accountability and transparency to protect the integrity of Indian weightlifting on the global stage.

Guida



M) The Secretary General informed the House that Gp. Capt. Ranjib Sahoo (Retd.), CEO of the Indian Weightlifting Federation and Convener of the Adhoc Committee of the Delhi State Weightlifting Association, resigned in December 2024. As a result, the functioning of the Adhoc Committee came to a standstill.

The Secretary General sought the views of the House.

After due deliberations and discussions held in the meeting, Mr. Chandan Roy Choudhary, Vice President, proposed that the Chair may consider providing an opportunity to the erstwhile Executive Body members of the Delhi State Weightlifting Association headed by Shri Naresh Sharma (President) and Shri Paramjit Singh (Secretary) for the reinstatement of weightlifting activities in the State of Delhi.

The House unanimously agreed to the proposal, subject to the condition that the Delhi State Weightlifting Association shall fully comply with the Constitution of the Indian Weightlifting Federation and shall submit the following documents and information as sought by the Federation:-

1. Certified true copy of the Registration Certificate issued by the Registrar of Societies, Delhi.
2. Certified true copy of the Constitution of the Delhi State Weightlifting Association, along with amendments, if any.
3. Minutes of Executive Committee Meetings and General Council Meetings held during the last five years (i.e. 2019, 2020, 2021, 2022, and 2023).
4. Audited Statements of Accounts and Balance Sheets for the financial years 2019-20, 2020-21, 2021-22, and 2022-23 (duly audited and bearing UDIN numbers).
5. Individual affidavits from all Office Bearers affirming that they are not holding any position in any other National Sports Federation, except the State Olympic Association.
6. Certified true copy of the latest updated bank statement/passbook of the Association, bearing the bank's stamp, covering the period from 01.04.2019 to 31.10.2023.
7. Certified true copies of the Registration Certificates issued by the Registrar of Societies, Delhi, for all affiliated clubs and gyms.

RESOLVED THAT, subject to submission and verification of the above-mentioned documents and in adherence to the Constitution and rules of the Indian Weightlifting Federation, the Ad-hoc Committee presently overseeing the affairs of the Delhi State Weightlifting Association shall stand dissolved, and the former Office Bearers of the Delhi State Weightlifting Association shall be reinstated with immediate effect.

Chudhary



This resolution was passed unanimously and shall be effective forthwith, conditional upon compliance with the above requirements.

Item no. 14 – Vote of thanks:-

The vote of thanks delivered by the Secretary General of the Indian Weightlifting Federation (IWLF).

Honorable President, esteemed members of the General House, distinguished guests, and respected colleagues,

On behalf of the Indian Weightlifting Federation, it is with profound honour and privilege, the Secretary General extended a heartfelt vote of thanks to the esteemed President. Over the past four years, the Secretary General had the distinct pleasure of working alongside a leader whose vision, dedication, and unwavering commitment have transformed the landscape of Indian weightlifting.

Under dynamic leadership of the President, the Federation has not only witnessed substantial growth but has also achieved remarkable milestones that were once considered ambitious. His transparent governance style, characterized by open communication, accountability, and ethical decision-making, has established a culture of integrity and trust within the Federation. His ability to manage multiple complex tasks with exceptional skill and precision has ensured the efficient execution of numerous projects and initiatives.

The conduct of two prestigious international weightlifting events in **2023** and now the upcoming events in **2025 and 2026** stand as a testament to his exceptional leadership. These events have not only enhanced the Federation's international reputation but have also provided Indian athletes with invaluable exposure and experience on the global stage.

These achievements are rare in the history of Indian weightlifting, and they reflect the President's strategic vision and tireless efforts to elevate the sport.

Under his leadership, the Federation has seen the introduction of new programs, modernization of training facilities, and the adoption of best practices that have significantly improved the standard of coaching and athlete performance in the country.

His focus on transparent financial management, as evidenced by the meticulous allocation of resources for various development projects, has further strengthened the Federation's credibility.

The President has not only strengthened India's presence in the international weightlifting community but has also built strong relationships with global bodies, thereby enhancing India's standing in the world of weightlifting.

The Treasurer also appreciated and acknowledged the contribution of President of the Indian Weightlifting Federation. The Treasurer highlighted the President's brilliance in guiding the Federation to unprecedented success, both in India and abroad. His leadership has not only raised the profile of Indian weightlifting but has also inspired confidence among our stakeholders and partners.

Honourable President, your unwavering commitment, visionary leadership, and exceptional organizational skills have left an indelible mark on the Federation. Your tireless efforts in promoting the sport, both domestically and internationally, have set a new benchmark for excellence.

On behalf of the entire Indian Weightlifting Federation, the Treasurer also expressed his deepest gratitude and appreciation.



[S.H. Anande Gowda]
Secretary General

Encl. as above.

ATTENDANCE SHEET
ANNUAL GENERAL COUNCIL MEETING OF INDIAN WEIGHTLIFTING FEDERATION
HELD AT RAJGIR, BIHAR ON 11TH MAY 2025

No.	Name of affiliated Member / State / Union Territory	S.No.	Names of Authorized Representatives	Remarks
1	Andhra Pradesh Weightlifting Association	1	T. DEENSHA RAO	T. Deensha Rao
		2		
2	Arunachal Pradesh Weightlifting Association	3	BIKU SARITA	Biku Sarita
		4		
3	Assam Weightlifting Association	5		
		6		
4	Bihar Weightlifters' Association	7	Arum Kumar Ojha	Arum Kumar Ojha
		8	Dr. Shipra Soni	Shipra Soni
5	Chandigarh Amateur Weightlifting Association	9		
		10		
6	Chhattisgarh Pradesh Weightlifting Association	11	Dr. Rishabh Singh	Dr. Rishabh Singh
		12		
7	Delhi State Weightlifting Association	13		
		14		
8	Weightlifting Association of Goa	15	Jayesh C. Malik	Jayesh C. Malik
		16		
9	Gujarat State Weightlifting Association	17	Dr. Manish M. Patel	Dr. Manish M. Patel
		18		
10	Weightlifting Association of Haryana	19	Arum Kumar	Arum Kumar
		20		

ATTENDANCE SHEET

ANNUAL GENERAL COUNCIL MEETING OF INDIAN WEIGHTLIFTING FEDERATION

HELD AT RAJGIR, BIHAR ON 11TH MAY 2025

No.	Name of affiliated Member / State / Union Territory	S.No.	Names of Authorized Representatives	Remarks
11	Himachal Pradesh Weightlifting Association	21	<i>Im</i> <i>Hardeep Sharma</i>	<i>Im</i>
		22	<i>RAJ KUMAR JAMWAL</i>	<i>g</i>
12	Jammu & Kashmir Weightlifting Association	23	<i>Yuchwiv Singh</i>	<i>L</i>
		24		
13	Jharkhand Weightlifting Association	25		
		26		
14	Karnataka State Weightlifters' Association	27	<i>S.H. Anand Gowda</i>	<i>Chudg.</i>
		28	<i>SHYAMALA SHETTY</i>	<i>Shetty</i>
15	Kerala State Weightlifting Association	29	<i>Chithra Chandramohan</i>	<i>Chithra</i>
		30		
16	Pradesh Weightlifting Association - Madhya Pradesh	31	<i>Shailendra Joshi</i>	<i>Shailendra</i>
		32		
17	Maharashtra State Weightlifting Association	33	<i>Sudhir V. Mhalaskar</i>	<i>Mhalaskar</i>
		34		
18	Manipur Weightlifting Association	35		
		36		
19	Meghalaya Weightlifting Association	37		
		38		
20	Mizoram Weightlifting Association	39	<i>BAI MALSAWMA KHIANKE</i>	<i>Bai</i>
		40		

ATTENDANCE SHEET


ANNUAL GENERAL COUNCIL MEETING OF INDIAN WEIGHTLIFTING FEDERATION

HELD AT RAJGIR, BIHAR ON 11TH MAY 2025

No.	Name of affiliated Member / State / Union Territory	S.No.	Names of Authorized Representatives	Remarks
21	Odisha Weightlifting Association	41	Chitta Ranjan Swain	Swain
		42		
22	Puducherry Weightlifting Association	43		
		44		
23	Punjab Weightlifting Association	45		
		46		
24	Rajasthan State Weightlifting Association	47	24th	24th
		48		
25	Tamilnadu State Weightlifting Association	49		
		50		
26	Telangana Weightlifting Association	51		
		52	P. Kyathi	P. Kyathi
27	Tripura Weightlifting Association	53		
		54		
28	Uttar Pradesh Weightlifting Association	55	BABINA YADAV	Babina Yadav
		56	Sahdev Yadav	Sahdev
29	Uttarakhand Weightlifting Association	57		
		58		
30	West Bengal State Weightlifting Association	59	Chandra Roy Choudhary	Chandra
		60	Koushik Chandra	K. Chandra
31	All India Police Sports Control Board	61		

ATTENDANCE SHEET

ANNUAL GENERAL COUNCIL MEETING OF INDIAN WEIGHTLIFTING FEDERATION
HELD AT RAJGIR, BIHAR ON 11TH MAY 2025

No.	Name of affiliated Member / State / Union Territory	S.No.	Names of Authorized Representatives	Remarks
32	Railway Sports Promotion Board	62		
33	Services Sports Control Board	63	Comdr Varnan Singh Secy	

**ATTENDANCE SHEET OF ANNUAL GENERAL COUNCIL MEETING-INDIAN WEIGHTLIFTING
FEDERATION - ZOOM ONLINE MEETING ID - #89437926746 ON 11TH MAY 2025 AT 5:30 P.M.**

S.No.	Name of Delegate	Designation
1	Shri Kamaldeep Singh	Vice President, Chandigarh
2	Shri A. Subramanya	Executive Member, Tamil Nadu
3	Shri Sandip Kumar	Secretary, Punjab
4	Shri Prashant Bendre	Executive Member, Maharashtra
5	Shri Venkata Ramana	Secretary, Telangana
6	Shri Sunil Singh Elangbam	Secretary, Manipur
7	Shri Nirlep Singh	General Secretary, Uttar Pradesh
8	Shri Pon. Robert Singh	President, Tamil Nadu
9	Shri Donald Rymbai	President, Meghalaya
10	Shri Abhraham K. Tech	President, Arunachal Pradesh