

No. 8-23/2024-SP-III
Government of India
Ministry of Youth Affairs & Sports
Department of Sports


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Hall No. 103, JLN Stadium,
New Delhi, 29 July 2024

Office Memorandum

Subject: Launch of Retired Sportsperson Empowerment Training (RESET) Programme

The undersigned is directed to say that the Department of Sports, Ministry of Youth Affairs & Sports has formulated the "Retired Sportsperson Empowerment Training" (RESET) Programme with a view to facilitate retired athletes' career development by providing them tailor-made education for their academic enhancement supplemented with internship and live projects with the industry to strengthen their competitiveness in the sports industry. A copy of RESET Programme is sent herewith.


(Tarun Pareek)

Under Secretary to the Government of India

To

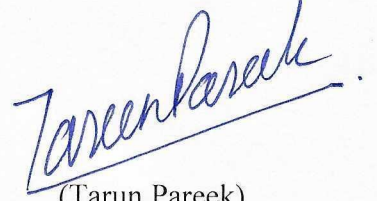
1. President, Indian Olympic Association
2. President/Secretary General of recognized National Sports Federations
3. Director General, Sports Authority of India

Copy to:

1. Secretary, Ministry of Skill Development & Entrepreneurship
2. Secretary, Department of Higher Education, Ministry of Education
3. Secretary, Department of School Education & Literacy, Ministry of Education
4. Secretary General, University Grants Commission
5. Chairperson, National Council for Vocational Education & Training
6. Chief Executive Officer (CEO), Sports, Physical Education, Fitness and Leisure Skills Council (SPEFL-SC)
7. Addl Chief Secretary/Principal Secretary/Secretary of Sports Departments of State Governments/Union Territory Administrations
8. Vice Chancellor, Lakshmibai National Institute of Physical Education, Gwalior
9. Vice Chancellor, National Sports University, Imphal
10. Executive Director, Netaji Subhash National Institute of Sports, Patiala
11. Principal, Lakshmibai National College of Physical Education, Thiruvanthapuram

Copy also to:

1. PS to Hon'ble Minister of Youth Affairs & Sports
2. PS to Hon'ble Minister of State (Youth Affairs & Sports)
3. PPS to Secretary (Sports)
4. Joint Secretary (Sports)
5. All Directors/Deputy Secretaries in Department of Sports
6. All Under Secretaries in the Department of Sports
7. All Sections in the Department of Sports
8. Guard File



(Tarun Pareek)

Under Secretary to the Government of India

No. 8-23/2024-SP-III
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....

Hall No. 103, Jawaharlal Nehru Stadium,
Lodhi Road, New Delhi.

Date: 29 July 2024

Subject: Retired Sportsperson Empowerment Training (RESET) Programme

1. Introduction

The Ministry of Youth Affairs and Sports (the "Ministry") is the nodal Ministry in the Government of India for the development of sports in the country. Through its various schemes, including the Scheme of Assistance to National Sports Federations (NSFs), the Target Olympic Podium Scheme (TOPS) and the Khelo India Scheme, the Ministry supports various aspects of sports development, including preparation and participation of Indian Sportspersons/Teams in international sporting events, organizing international sports events in India, training of elite sportspersons for Olympics/Asian Games/Commonwealth Games and other events, talent identification and development, etc.

It is a known fact that most of the sportspersons who aspire to participate in major international sports events and win medals, devote their time almost entirely to training and participation in competitions during their active sports career. As a result of this, they tend to lag behind in academics, and miss opportunities that will prepare them for an alternate career option. Due to this, once their active sports career is over, they struggle to find good employment opportunities within and outside the field of sports.

This Ministry and several other institutions run educational programmes in various sports related subjects, giving opportunity for sports persons to get education and develop skills. The Human Resource Development Scheme (HRDS) of this Ministry is one such scheme. However, it is a fact that there is a need to create more educational and skill development opportunities to enable sports persons to pursue a successful career/gain employment once their sporting career is over.

Major strides have been made in the country in the sporting sector in the last decade. As more and more opportunities come for Indian sports to excel, including the proposed hosting of Summer Olympics 2036 and Youth Olympics 2030, there is a need to create more and more skilled manpower to meet the human resource requirements. The existing pool of retired athletes, with its diverse profiles, can contribute to the required capacity of the sports sector if their skills and educational qualifications are augmented.

Through the "Retired Sportsperson Empowerment Training" (RESET) Programme of the Ministry, it is envisaged to support retired athletes on their career development journey, making them more employable and, bridging the skill gap that exists in our sports ecosystem. Through the program, retired sportspersons will be empowered with the necessary knowledge and skills for their transition into a suitable career option.

2. Objectives

The objectives of the programme are:

- i) To empower retired sportspersons with the necessary knowledge and skills to transition to a different career;
- ii) To offer retired sportspersons with necessary programs, resources, tools to acquire knowledge and skills;
- iii) To address the existing human resource gap in the sports sector;
- iv) To enable athletes to pursue education and skill development programs and support them to move to a new career domain through Education, Career Planning, Guidance, Employment Support and Networking opportunities.

3. Strategic Framework

The introduction of the National Education Policy (NEP-2020) emphasizes holistic student development and skills for the 21st century. The RESET Programme aims to achieve this and, thus address the issue of insufficient skilled human resources in the sports industry, thus, contributing to “Atmanirbhar Bharat”.

4. Adoption of New Age Learning

Integration of technology and pedagogy is essential for imparting standardised and modernised curriculum to the candidates.

- **Active Learning Strategies:** Online and face-to-face classes engaging learners through Problem-based learning, Group discussions, Case studies, Projects, and Simulation.
- **Flipped Classroom:** Hybrid classes involving online and on-campus sessions for discussions and practical activities.
- **Experiential Learning:** Credits awarded for sports achievements, experiences and hands-on industry work, suitable credits for sporting career, NSFs as certifying authorities by National Council of Vocational Education & Training (NCVET)
- **Collaborative Learning:** Teams and groups assigned live projects to develop teamwork and responsibility.
- **Assessment strategies:** At the end of programme, students will undergo assessment process to gather information about their knowledge, skills and understanding through Multiple choice questions, Short answer questions; Essay-type questions; Peer review exercises; and Self-assessments.

The adoption of above-mentioned new age learning will be realised by collaborative efforts of the institutions and bodies affiliated to the Ministry of Youth Affairs & Sports and the Ministry of Skill Development & Entrepreneurship.

5. Eligibility Criteria

- i) The athlete should have retired from an active sports career, i.e., who has not played an NSF-recognized competition in the last one year from the date of application;
- ii) The athlete should be aged between 20 and 50 years;

- iii) The athlete who has won an International Medal (or) participated in world-level tournaments/games organized/recognized by the respective International Sports Federation/International Olympic Committee or its affiliated Continental bodies;
- iv) National medallist/State medallist/participation in competitions recognized by an NSF/Indian Olympic Association (IOA)/Government of India
- v) The athlete should have played a sport which is/was included in the Summer Olympics, Winter Olympics, Asian Games, Commonwealth Games or their Para equivalent.

6. Selection Process

- i) The application will be through a dedicated portal;
- ii) The applicant will opt for one course of his/her choice from the offered programmes, subject to the condition of his/her fulfilment of the eligibility criteria;
- iii) A pre-program evaluation will be done through a written examination and interview to assess the competency and aptitude of the applicant;
- iv) Physical/fitness evaluation may also be conducted for select programs.

7. Programmes for retired athletes

Initially, the following programmes will be offered for the retiring athletes of two levels, keeping in view their educational qualifications:

- A. Level: 12th and above
- B. Level: 11th and below.

Further, it will be categorized based on duration, i.e., 45 Days and 30 Days.

(A) LEVEL: 12th and above

S. No.	Name of Program	Duration of Program
1.	Strength & Conditioning Trainer	45 days
2.	Sports Nutritionists	45 days
3.	Sports Event Management	45 days
4.	Corporate Wellness Trainer	45 days
5.	Sports Masseur	30 days
6.	Sports Entrepreneurship	30 days
7.	Store Manager	30 days
8.	Fitness Centre Manager	30 days

(B) LEVEL: 11th and below

S. No.	Name of Program	Duration of Program
1.	Physical Education Trainer	45 days
2.	Fitness Trainer	45 days
3.	Yoga Trainer	45 days
4.	Venue Supervisor	45 days
5.	Self-Defence Trainer	30 days
6.	Community Sports Trainer	30 days
7.	Camping & Trekking Guide	30 days
8.	Facility Caretaker	30 days

8. Governance Structure

A. High-level Committee: A High-Level Committee (HLC) will be constituted under the Chairmanship of Hon'ble Minister of Youth Affairs & Sports. The HLC will be responsible for policy-level interventions and overall monitoring of the programme, with the following composition:

1	Hon'ble Minister of Youth Affairs & Sports	Chairperson
2	Hon'ble Minister of State for Youth Affairs & Sports	Vice-Chairperson
3	Secretary (Sports)	Ex-officio Member
4	Additional Secretary & Financial Advisor (MYAS)	Ex-officio Member
5	Director General, Sports Authority of India	Ex-officio Member
6	Representative of Ministry of Skill Development & Entrepreneurship (Not below the level of Joint Secretary)	Ex-officio Member
7	Representative of Department of Higher Education, Ministry of Education (Not below the level of Joint Secretary)	Ex-officio Member
8	Representative of Department of School Education & Literacy, Ministry of Education (Not below the level of Joint Secretary)	Ex-officio Member
9	Representative of University Grants Commission (Not below the level of Joint Secretary)	Ex-officio Member
10	Chairperson, National Council for Vocational Education & Training or his/her nominee	Ex-officio Member
11	Vice Chancellor, Lakshmibai National Institute of Physical Education, Gwalior	Ex-officio Member
12	Vice Chancellor, National Sports University, Imphal	Ex-officio Member
13	ED/Dean, NIS Patiala	Ex-officio Member
14	02 Nominated Members (Leading Educationalists in Sports Sector)	Nominated
15	President, Indian Olympic Association (IOA) or his/her nominee from Executive Committee of IOA	Ex-officio Member
16	03 Nominees (Presidents of NSFs)	Nominated
17	Chief Executive Officer (CEO), Sports, Physical Education, Fitness and Leisure Skills Council (SPEFL-SC)	Ex-officio Member
18	03 Nominees (Prominent Sportspersons – Dhyan Chand Khel Ratna or Arjuna Awardees)	Nominated
19	02 Nominees (Eminent Coaches – Dronacharya Awardees)	Nominated
20	Joint Secretary (Sports)	Member Secretary

Note: Any experts may be co-opted in the HLC with the approval of Hon'ble Minister of Youth Affairs & Sports. Composition of High-Level Committee may be revised with the approval of Hon'ble Minister (YA&S).

B. Executive Committee: An Executive Committee will be set up under the chairpersonship of Secretary (Sports) for the effective implementation of the programme, with the following composition:

1	Secretary (Sports)	Chairperson
2	Director General, Sports Authority of India	Ex-officio Member
3	Vice Chancellor, Lakshmibai National Institute of Physical Education, Gwalior	Ex-officio Member
4	Vice Chancellor, National Sports University, Imphal	Ex-officio Member
5	Principal, Lakshmibai College of Physical Education (LNCPE), Thiruvanthapuram	Ex-officio Member
6	Executive Director, Netaji Subhash National Institute of Sports, Patiala	Ex-officio Member
7	Representative of Ministry of Skill Development & Entrepreneurship (Not below the level of Director)	Ex-officio Member
8	Representative of Department of Higher Education, Ministry of Education (Not below the level of Director)	Ex-officio Member
9	Representative of Department of School Education & Literacy, Ministry of Education (Not below the level of Director)	Ex-officio Member
10	Chairperson, National Council for Vocational Education & Training or his/her nominee	Ex-officio Member
11	President, Indian Olympic Association or his/her nominee (Member of IOA EC)	Ex-officio Member
12	03 Nominees (President/Secretary General/CEO of 3 NSFs)	Nominated
13	Representative of University Grants Commission (Not below the level of Director)	Ex-officio Member
14	Chief Executive Officer (CEO), Sports, Physical Education, Fitness and Leisure Skills Council (SPEFL-SC)	Ex-officio Member
15	03 Nominees (Prominent Sportspersons – Dhyan Chand Khel Ratna or Arjuna Awardees)	Nominated
16	02 Nominees (Eminent Coaches – Dronacharya Awardees)	Nominated
17	Joint Secretary (Sports)	Ex-officio Member
18	Secretary (SAI)/DDG (TEAMS), SAI	Ex-officio Member
19	Director /Deputy Secretary, MYAS	Member Secretary

Note: Any experts may be co-opted in the Committee with the approval of Secretary (Sports). Composition of Executive Committee may be revised with the approval of Secretary (Sports).

C. **Course Planning Committee** will be set up to consult with NSFs, industry bodies, sports organizations, retired sportspersons, etc. to understand the market needs for various courses/programs and to plan for the certification programmes, with the following composition:

1	Vice Chancellor, LNIPE, Gwalior	Chairperson
2	Vice Chancellor, National Sports University, Imphal	Ex-officio Member
3	Principal, Lakshmibai College of Physical Education (LNCPE), Thiruvanthapuram	Ex-officio Member
4	Executive Director, Netaji Subhash National Institute of Sports, Patiala	Ex-officio Member
5	Chief Executive Officer (CEO), Sports, Physical Education, Fitness and Leisure Skills Council (SPEFL-SC)	Ex-officio Member
6	Professor/Associate Professor (nominated by VC, LNIPE)	Member Secretary

The Course Planning Committee shall be responsible for the following important components of the scheme:

a) **Content Development:** Content development for the various programmes using the available expertise and resources of the educational institutions under this Ministry, namely, the National Sports University (NSU), the Lakshmibai National Institute of Physical Education (LNIPE), the Netaji Subhash National Institute of Sports (NS-NIS), the National Centre for Sports Science Research (NCSSR) & the Lakshmibai National College of Physical Education (LNCPE). The syllabi and content of the programmes, both online and in-class, shall be responsibility of this Committee.

b) **Programme Delivery and Assessment:** Various strategies including interactive programme delivery, hybrid learning, experiential learning, collaborative learning etc., shall also be included in the programme delivery strategy. The Committee shall also devise a transparent and scientific assessment process as deemed necessary alongwith adoption of the new age learning methodologies.

9. **Dual format Program Delivery:** The programme will be offered in both Physical and Virtual Formats, as per details below:

(i) **Physical Delivery:** The physical program will be delivered through the educational institutions under the Ministry viz. NSU, LNIPE, NSNIS, NCSSR, LNCPE. Retired athletes who do not have any limitations to attend the program physically can opt for the same.

(ii) **Virtual Delivery:** The program delivery will also be through online sessions. The e-Khelfathshala platform of the Ministry will be utilised for the program delivery. Retired athletes who cannot participate in the program physically, shall opt for the virtual program. However, for practical sessions, the nearest affiliated sports stadium/physical education institute/Khelo India State Centre of Excellence or any affiliated sports academy shall be utilised.

10. Internship: The students will be provided the opportunity to hone their skills through Internships in sports organisations, sporting competitions/training camps, leagues. The educational institutions responsible for a course shall also enable the student to undertake internship.

11. Placement Support: Once the student has successfully completed the programme, the educational institutions under the Ministry shall guide and support him/her with placement assistance, guidance for entrepreneurial ventures, etc.

12. Responsibility for execution and implementation of the Programme: The Department of Sports, Ministry of Youth Affairs & Sports will be the nodal office for implementation and monitoring of the programme through institutions under its administrative control namely LNIPE, NSU, LNCPE and NSNIS.

13. Funding: The initial phase of the program shall be undertaken through the fund available under the Scheme for Human Resource Development in Sports (HRDS). Initially, a seed amount of Rs 2 crore may be sanctioned for the pilot, which will be spent predominantly on Portal Development, Content Development, Classroom Upgradation, Support to Trainees, Programme Monitoring and Other Administrative Expenses.

The delivering institution will decide on fee structures for the programs offered.

14. Relaxation: Any provision of the programme may be altered, revised, and modified with the approval of the Hon'ble Minister of Youth Affairs & Sports with the justifications/reasons to be recorded in writing.
