

# भारतीय भारोत्तोलन संघ Indian Weightlifting Federation

Affiliated to: International Weightlifting Federation, Asian Weightlifting Federation,  
Commonwealth Weightlifting Federation and Indian Olympic Association  
Recognised by: Ministry of Youth Affairs & Sports, Govt. of India



President  
**Sahdev Yadav**  
Mob.: +918130621444

Secretary General  
**S.H.Anande Gowda**  
Mob.: +919845155101

File No.: IWLF-Cir./2024-25/**250-B**

Date: 7 February 2025

*All affiliated States and Union Territories  
Departmental Boards, Executive Members,  
NCOE centre, State Centres, athletes  
of Indian Weightlifting Federation*

**Sub.: Conduct of Selection trials for picking up final team contingent at Sports Authority of India, Netaji Subhash National Institute of Sports, Patiala on 10<sup>th</sup> March 2025 at 9:00 a.m. onwards for final selection in International events namely:**

- (i) **2025 IWF Youth (Boys & Girls) and Junior (Men & Women) Weightlifting Championships at Lima, Peru from 30 April – 5 May 2025.**
- (ii) **2025 AWF Senior (Men & Women) Weightlifting Championships at Jiangshan City, Zhejiang Province, China - 9-15 May 2025.**

Dear All,

All stakeholders are informed that selection trials for picking up final team contingent at Sports Authority of India, Netaji Subhash National Institute of Sports, Patiala on **10<sup>th</sup> March 2025** for picking the final teams for the following Championships:-

- (i) 2025 IWF Youth (Boys & Girls) and Junior (Men & Women) Weightlifting Championships at Lima, Peru from 30 April – 5 May 2025.
- (ii) 2025 AWF Senior (Men & Women) Weightlifting Championships at Jiangshan City, Zhejiang Province, China - 9-15 May 2025.

The list of eligible athletes for participation during the Selection trials on 10<sup>th</sup> March 2025 is enclosed as per **Annexure 1-A & 1-B**. The selection trials will begin at 9:00 a.m. onwards. The athletes have to bear their own boarding & lodging for the Selection trials in Patiala. No athlete other than the names mentioned in Annexure I are eligible to participate in the Selection trials. All athletes have to update their Whereabout Information according to their travel itinerary for Patiala.

The National Anti-Doping Agency, New Delhi will be conducting the dope test at Patiala on 10<sup>th</sup> March 2025 and any untoward dope positive outcome is the financial responsibility of the State Association / Departmental Board(s).

All athletes must carry their original passports and 5 passport size photographs with 35mm x 45mm size along with themselves.

# भारतीय भारोत्तोलन संघ Indian Weightlifting Federation

Affiliated to: International Weightlifting Federation, Asian Weightlifting Federation,  
Commonwealth Weightlifting Federation and Indian Olympic Association  
Recognised by: Ministry of Youth Affairs & Sports, Govt. of India



President

**Sahdev Yadav**  
Mob.: +918130621444

Secretary General

**S.H. Anande Gowda**  
Mob.: +919845155101

The final selection of athletes will be finalized by the Selection Committee Members of Indian Weightlifting Federation as per norms. All athletes participating in the Selection trials must possess the ADEL certificate of WADA with them.

Shri Alakesh Baruah, HPM (Weightlifting), Mobile no. 9707602020 will be the single point of contact from Indian Weightlifting Federation for liaison.

Yours Sincerely,

**[S.H. Anande Gowda]**  
Secretary General

### Copy for information to:-

1. The Chief Executive Officer, Target Olympic Podium Scheme, East Gate, JLN Stadium, East Gate, Lodhi Road, New Delhi 110003 – **You are requested to accord permission for conducting the selection trials by allotting the weightlifting training hall at Patiala and also arrange for the videography as per norms laid down by Ministry of Youth Affairs & Sports, Government of India for conducting the Selection trials.**
2. The Executive Director (Academics), Sports Authority of India, Netaji Subhash National Institute of Sports, Old Moti Bagh Palace, Patiala – **You are requested to provide necessary permission and logistic arrangements for conducting the Selection trials at Patiala and also permit us to book the NIS guest house for the President and other members of the Selection Committee for 9<sup>th</sup> and 10<sup>th</sup> March 2025.**
3. The Director General, National Anti-Doping Agency, JLN Stadium, New Delhi – **You are requested to conduct dope test of the athletes participating in the Selection trials at Patiala on 10<sup>th</sup> March 2025.**
4. Shri Vijay Sharma, Dronacharya Awardee, HPD (Weightlifting), National Coach (Weightlifting), Camp – Modinagar.
5. Shri Alakesh Baruah, HPM (Weightlifting), Sports Authority India, NS NIS, Patiala.

**[S.H. Anande Gowda]**  
Secretary General

Encl. as above.

**PRELIMINARY ENTRIES RECEIVED FOR SELECTION TRIALS FROM STATES AND UNITS**  
**FOR 2025 AWF ASIAN SENIOR (MEN & WOMEN) WEIGHTLIFTING CHAMPIONSHIPS**  
**AT JIANGSHAN (CHINA) FROM 9-15 MAY 2025**

<b>S.No.</b>	<b>Name of Athlete</b>	<b>Section</b>	<b>State/Unit</b>	<b>Gender</b>	<b>Wt. Cat.</b>	<b>Best Total</b>
1	Lovepreet Singh	Senior	Punjab	Men	+109 kg	366
2	Dilbag Singh	Senior	Punjab	Men	96 kg	337
3	Harcharan Singh	Senior	Rajasthan	Men	109 kg	347
4	Vijay Kumar	Senior	Chhattisgarh	Men	55 kg	240
5	Jeremy Lalrinnunga	Senior	SSCB	Men	67 kg	293
6	Achinta Sheuli	Senior	SSCB	Men	81 kg	317
7	Abhishek Suresh Nipane	Senior	SSCB	Men	81 kg	321
8	Ajay Singh	Senior	SSCB	Men	89 kg	320
9	Suditya Baruah	Senior	SSCB	Men	89 kg	315
10	Jagdish Vishwakarma	Senior	SSCB	Men	102 kg	345
11	Sneha Soren	Senior	Odisha	Women	55 kg	191
12	Rima Bhoi	Senior	Odisha	Women	59 kg	198
13	Vanshita Verma	Senior	RSPB	Women	81 kg	218
14	Komal Kohar	Senior	RSPB	Women	49 kg	182
15	Seram Nirupama Devi	Senior	RSPB	Women	64 kg	208
16	Preeti	Senior	RSPB	Women	49 kg	191
17	Mehak Sharma	Senior	Punjab	Women	+87 kg	244
18	Harmanpreet Kaur	Senior	Punjab	Women	76 kg	223



*S.H. Anande Gowda*

**[S.H. Anande Gowda]**  
**Secretary General**  
**Indian Weightlifting Federation**

**PRELIMINARY ENTRIES RECEIVED FOR SELECTION TRIALS FROM STATES AND UNITS  
FOR 2025 IWF YOUTH (BOYS & GIRLS) AND JUNIOR (MEN & WOMEN) WEIGHTLIFTING  
CHAMPIONSHIPS AT LIMA (PERU) FROM 30 APR - 5 MAY 2025**

S.No.	Name of Athlete	Date of Birth	State/Unit	Section	Wt. Cat.	Best Total
1	Sanapathi Gurunaidu	9.5.2006	NCOE, Patiala	Jr. Men	55 kg	235
2	A. Maharajan	22.4.2008	NCOE, Patiala	Youth Boy	61 kg	227
3	Parv Chaudhary	10.7.2008	NCOE, Patiala	Youth Boy	96 kg	310
4	Isak Malsawmtluanga	16.7.2008	NCOE, Imphal	Youth & Jr	61 kg	233
5	Sunil Singh	13.9.2009	NCOE, LKO	Youth Boy	61 kg	243
6	Riki Gogoi	11.12.2005	NCOE, I'ngr	Jr. Men	67 kg	284
7	Babulal Hembrom	10.7.2007	NCOE, Patiala	Jr. Men	55 kg	225
8	N. Tomchou Meetei	4.3.2006	NCOE, Imphal	Jr. Men	55 kg	238
9	L. Dhanush	19.11.2006	NCOE, A'bad	Jr. Men	55 kg	227
10	Arshlan	18.11.2009	Uttarakhand	Youth & Jr	55 kg	210
11	Harsabardhan Sahu	22.5.2009	Odisha	Youth Boy	49 kg	195
12	Sadananda Bariha	15.1.2006	Odisha	Jr. Men	61 kg	249
13	Manash Protim Daruah	10.3.2009	Assam	Youth Boy	49 kg	175
14	Maibam Martina Devi	21.03.2006	NCOE, Patiala	Jr. Women	+87 kg	236
15	Asmita Dhone	01.05.2007	NCOE, Patiala	Jr. Women	49 kg	166
16	Panchami Sonowal	05.05.2005	NCOE, Patiala	Jr. Women	49 kg	166
17	Sanjana	18.1.2007	NCOE, Patiala	Jr. Women	76 kg	210
18	Mina Santa	7.3.2007	Odisha	Jr. Women	55 kg	179
19	Akanksha Vyavahare	19.6.2007	NCOE, A'bad	Jr. Women	45 kg	151
20	Byreddi Chandrika	10.8.2005	NCOE, A'bad	Jr. Women	49 kg	163
21	K. Oviya	2.11.2007	NCOE, A'bad	Jr. Women	81 kg	198
22	R. Bhavani	20.3.2008	NCOE, A'bad	Youth Girl	45 kg	136
23	Jyoshna Sabar	25.10.2008	Odisha	Youth Girl	40 kg	135
24	B. Bhargavi	19.2.2009	NCOE, Patiala	Youth Girl	49 kg	157
25	R.P. Keerthana	20.1.2008	NCOE, Patiala	Youth Girl	81 kg	186
26	Aisangfa Gogoi	16.12.2007	NCOE, LKO	Jr. Women	55 kg	178
27	Hariram Vidhya Sharma	20.1.2005	Gujarat	Jr. Women	55 kg	171
28	Vani Puri	16.3.2005	Punjab	Jr. Women	49 kg	164
29	Preetismita Bhoi	14.11.2008	Odisha	Youth & Jr.	45 kg	145
30	Bidusmita Bhoi	31.7.2005	Odisha	Jr. Women	59 kg	195
31	Bhawna	20.7.2005	Haryana	Jr. Women	71 kg	194



*S.H. Anande Gowda*

**[S.H. Anande Gowda]  
Secretary General**

**Indian Weightlifting Federation**

