

भारतीय भारोत्तोलन संघ Indian Weightlifting Federation

Affiliated to: International Weightlifting Federation, Asian Weightlifting Federation,
Commonwealth Weightlifting Federation and Indian Olympic Association
Recognised by: Ministry of Youth Affairs & Sports, Govt. of India



President
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Date: 25 January 2025

*All affiliated States and Union Territories
Departmental Boards
Executive Members,
NCOE centre, State Centres, athletes
of Indian Weightlifting Federation*

Sub.: Sending of preliminary entries, proof of submission of Whereabout Information on Adams website and responsibility of dope test / outcome of dope test of athletes fielded in the preliminary entries latest by 6TH FEBRUARY 2025 for the selection trials for picking up final team contingent for participation during the forthcoming 2025 AWF Senior (Men & Women) Weightlifting Championships at Jiangshan City, Zhejiang Province, China - 9-15 May 2025.

Dear All,

All stakeholders are invited to send the list of athletes from their states for the selection trials to be conducted in the month of March 2025 for final selection of athletes for participation during the forthcoming 2025 AWF Senior (Men & Women) Weightlifting Championships at Jiangshan City, Zhejiang Province, China - 9-15 May 2025.

The cut off weights for the preliminary entries in each body weight category is attached for your kind reference. All stakeholders are requested to send the Dope declaration undertaking form along with the preliminary entries from States / Departmental Units / NCOEs / STC / KIC of its athletes and coaches for the selection trials to be conducted in the month of March 2025 for final selection of athletes for participation during the above Championships

All athletes who will featured in the preliminary entries list of the States must submit their Whereabout Information on the adams portal for the period 6.2.2025 to 30.6.2025 (Q1-2025 and Q2-2025). This is in conformity to the new selection policy of Indian Weightlifting Federation posted on its website. The preliminary entries will only be accepted strictly as per the guidelines of the Selection Policy of Indian

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Weightlifting Federation, attached separately. Please note that maximum of 20 Men and 20 Women athletes are eligible to be included in the preliminary entries and if the entries received from all the stakeholders are more than the above number, the higher total athletes will be allowed in the preliminary entries only.

Please note that the submission of Whereabout Information on ADAMS portal of World Anti-Doping Agency (WADA) before sending the name in the preliminary list is mandatory for participation in the Selection trials. It is the duty of the athlete to register themselves on ADAMS portal and submit the Whereabout Information on quarterly basis every year. The username and password for submission of whereabout information to be obtained from National Anti-Doping Agency, New Delhi for the same, phone number of NADA - 011-24368249, email id of NADA - dopetest-nadaindia@nic.in, nadaregisteredpool@gmail.com.

Kindly note that submission of whereabout information is obligatory for submitting the preliminary entries to the International Weightlifting Federation. The preliminary entry form is also enclosed in which the entries will be accepted from the States based on the best entry total and the allocated quota of entries by International Weightlifting Federation latest by **6th FEBRUARY 2025**.

Yours Sincerely,

[S.H. Anande Gowda]
Secretary General

Encl. as above.

Qualifying Weights for participation of athletes during 2025 AWF
Senior (Men & Women) Weightlifting Championships
Jiangshan City, Zhejiang Province, China - 9-15 May 2025

Wt. Cat.	Senior Men	Wt. Cat.	Senior Women
55 kg	240 kg	45 kg	160 kg
61 kg	278 kg	49 kg	178 kg
67 kg	292 kg	55 kg	190 kg
73 kg	315 kg	59 kg	195 kg
81 kg	317 kg	64 kg	210 kg
89 kg	315 kg	71 kg	213 kg
96 kg	330 kg	76 kg	215 kg
102 kg	345 kg	81 kg	210 kg
109 kg	340 kg	87 kg	220 kg
+109 kg	355 kg	+87 kg	230 kg

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IWLF SELECTION POLICY – 2024-25 ONWARDS


For participation of athletes in International Competitions, the Selection trials will be conducted with advance notification from the Indian Weightlifting Federation before the start of the Event and athletes matching following criteria are eligible to participate in the Selection trials:-

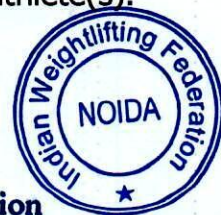
1. Before the trials, the State Associations and Departmental Boards have to send a preliminary list of entries for its athletes based on qualifying mark (which is separate for World Championships, Asian Championships and Commonwealth Championships and circulated by the Federation in advance). The circular will be published 15 days in advance before closing of preliminary entries for following Championships:-
 - (a) IWF Senior (Men & Women) World Championships,
 - (b) IWF Junior (Men & Women) World Championships,
 - (c) IWF Youth (Boys & Girls) World Championships,
 - (d) AWF Asian Senior (Men & Women) Championships,
 - (e) AWF Asian Junior (Men & Women) Championships,
 - (f) AWF Asian Youth (Boys & Girls) Championships,
 - (g) Commonwealth Senior (Men & Women) Championships,
 - (h) Commonwealth Junior (Men & Women) Championships,
 - (i) Commonwealth Youth (Boys & Girls) Championships,
 - (j) Other allied Games

for submission to

*International Weightlifting Federation
Asian Weightlifting Federation and
Commonwealth Weightlifting Federation.*

The preliminary entries will be decided upon the best total received from different State and Departments, the total weight lifted by each individual should be verified through the latest / last Edition of National Championships / NCOE performance trials duly certified by HPM (Weightlifting) only, along with a fitness certificate of the athlete(s).


Sahdev Yadav
President
Indian Weightlifting Federation




W.e.f. 1-1-2025 to 31-5-2025 - From the combined preliminary list received from the States and Departments, based on results and ranking, the Federation will draw out best 20 athletes in Men section and 20 athletes in Women section who will be eligible for participation in the Selection trials, which means only 40 athletes (20 Men and 20 Women) are eligible to participate in the Selection trials.


W.e.f. 1-6-2025 ONWARDS - From the combined preliminary list received from the States and Departments, based on results and ranking, the Federation will draw out best 16 athletes in Men section and 16 athletes in Women section who will be eligible for participation in the Selection trials, which means only 32 athletes (16 Men and 16 Women) are eligible to participate in the Selection trials.

NO OTHER ATHLETES WILL BE ELIGIBLE FOR THE SELECTION TRIALS.

2. ELIGIBILITY CRITERIA for participation in the Selection trials:-

- (a) Athletes who had participated in the International events for the previous 2 years preceding the Selection trials date.
- (b) The registered athletes of NCOE.
- (c) Athletes who participated in the last Edition of the National Championships.
- (d) Age criteria set forth by International Weightlifting Federation, Asian Weightlifting Federation and Commonwealth Weightlifting Federation.
- (e) Submission of Whereabout Information on ADAMS portal of World Anti-Doping Agency (WADA) before sending the name in the preliminary list is mandatory for participation in the Selection trials. It is the duty of the athlete to register themselves on ADAMS portal and submit the Whereabout Information on quarterly basis every year. The username and password for submission of whereabouts information to be obtained from National Anti-Doping Agency, New Delhi for the same, phone number of NADA – 011-24368249, email id of NADA - dopetest-nadaindia@nic.in, nadaregisteredpool@gmail.com.
- (f) The athletes featuring in the preliminary entries will move to the final entries based on their performance of Selection trials and proceedings of the Selection Committee Members.
- (g) The minimum qualifying standard for competing in each body weight category will be separate for each event as published in Serial no. 1. The detailed circular will be published by the Indian Weightlifting Federation from the ranking based on last year's


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President
Indian Weightlifting Federation




results achieved in the same competition, for which the Selection trials is being conducted. The results of last year International Championships can be obtained from the website of International Weightlifting Federation, i.e. www.iwf.sport, Asian Weightlifting Federation, i.e. www.awf.sport and Commonwealth Weightlifting Federation, i.e. www.commonwealthweightlifting.com.


3. ATHLETES INELIGIBLE for the Selection trials:-

- (a) The athletes and coaches against whom incident(s) of indiscipline are/were reported during the NCOE camps, National camps, Selection trials, departmental Games, National Championships, State Championships or other allied Championships and Games are ineligible to participate.
 - (b) If the report of dope samples taken by National Anti-Doping Agency, New Delhi / World Anti-Doping Agency (WADA) / International Testing Agency (ITA) remains pending till the time participation of athlete begins in the International event.
4. The selection of athletes is a subjective matter and will be finalized by the Selection Committee of Indian Weightlifting Federation in the proceedings of Selection Committee, as and when held and will be the final authority.

The Selection of athletes will be made based on fulling of above criteria set forth and merit ranking taken by the Selection Committee.

INDIAN WEIGHTLIFTING FEDERATION RESERVES THE RIGHT AND RETAINS THE AUTHORITY TO CHANGE OR UPDATE ITS SELECTION CRITERIA OR RULES AS AND WHEN NEEDED. THIS PROVISION ENSURES FLEXIBILITY FOR THE FEDERATION TO MAKE ADJUSTMENTS IN RESPONSE TO EVOLVING CIRCUMSTANCES, SUCH AS UPDATES IN INTERNATIONAL STANDARDS, CHANGES IN COMPETITION FORMATS, OR OTHER ADMINISTRATIVE AND STRATEGIC REASONS.


Sandev Yadav
President
Indian Weightlifting Federation



UNDERTAKING **DOPE DECLARATION FORM**

We, _____ (name of the State Association / Departmental Boards / NCOE centre / KIC centre / STC centre) do hereby declare that the athletes fielded by us in the preliminary entries for the selection trials to be conducted in the month of March 2025 for final selection of athletes for participation during the forthcoming 2025 AWF Senior (Men & Women) Weightlifting Championships at Jiangshan City, Zhejiang Province, China - 9-15 May 2025 are fully **aware of names of banned drugs under LATEST WADA / NADA code and state with full responsibility that they have not consumed any banned substance and that they are absolutely free from banned drugs.**

In case of my positive dope test in the selection trials / random dope testing (out of competition and in competition) after sending of the preliminary entries, we shall solely be responsible for the same and shall be liable for all compensation / consequences arising out of my positive dope test as provided in the Anti-Doping Rules / Policy of Indian Weightlifting Federation (posted on its website www.iwlf.in) and National Anti-Doping Agency (<https://nadaindia.yas.gov.in/>).

Further, it is the personal duty of the athlete to ensure that no Prohibited Substance enters their body. We are responsible for any Prohibited Substance or its Metabolites or Markers found to be present in above athlete's sample. Accordingly, it is not necessary that intent, fault, negligence or knowing Use on my part be demonstrated in order to establish an anti-doping violation.

We certify that we understand the contents of this undertaking which has been explained to us by the Coach / Manager / Secretary of the State Association / center heads of NCOE centre / KIC centre / STC centre in the language known to the athletes. It is further certified that the coach of following athletes agree to abide by rules and regulations of latest Anti-Doping Policy of Indian Weightlifting Federation / National Anti-Doping Agency and is aware of the consequences of use of banned drug(s) by their trainee. we support and abide by the sanctions imposed on me by Indian Weightlifting Federation / National Anti-Doping Agency in case of above athlete being testing positive.

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13									
14									
15									

Enclose copy of aadhar cards of above athletes and coaches.

Verified & Certified by
STATE ASSOCIATION / DEPARTMENTAL BOARDS / NCOE HEADS / KIC HEADS / STC HEADS:-

We hereby certify that information provided in this Undertaking / Dope Declaration form is true and correct. We will be responsible for any discrepancy found in this form and actions thereof.

We undertake to pay the administrative dope penalty charges as per Anti-Doping Policy of Indian Weightlifting Federation within 30 days and accept the suspension of the State Association / forfeiture of participation in any future Championship(s) as an affiliate Unit (Department or State) / NCOE / KIC / STC as individual lifter till such time this financial outstanding is cleared.

Name of Secretary / Centre Head : _____

.....
[Signature]

State / Unit / Department

Dated:

With seal

