

**ANTI-DOPING POLICY OF  
INDIAN WEIGHTLIFTING FEDERATION**  
*(effective 12-10-2024)*

**1. INTRODUCTION**

The World Anti-Doping Code (WADA) and the National Anti-Doping Code (NADA) are such documents upon which the Anti-Doping programme in sports is based. Implementation of the codes to achieve the desired purpose is mandatory. Whereas the codes provide details of sanctions against the individuals committed Anti-Doping rule violations at International level and National level respectively yet nothing in the aforesaid code(s) precludes the SIGNATORY or the National Federation or the Government to enforce its own rules for the purpose of imposing sanctions on its affiliated / recognized bodies over which the signatory or the National Federation or the Government has the authority. Therefore sanctions are imposed on individuals and affiliated National unit, i.e. Indian Weightlifting Federation (IWLF) against any anti-doping violation in International events by the International Weightlifting Federation (IWF) / International Testing Agency (ITA) and in National events in and out of Competitions by NADA. Hence the following rules have been formulated:-

**2. RULES**

After the sanctions by the IWF or NADA on an Athlete, Registered with IWLF Affiliated Member States or All India Bodies or Union Territories, the IWLF shall impose the following sanctions and fines on the Athlete, Coach, Member State and Member Board in addition in the sanctions imposed by IWF or NADA.

- |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                         |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| a) Positive Dope test in Olympic Games, Asian Games, Commonwealth Games, Youth Commonwealth Games, Youth Olympic Games, South Asian Games, Afro-Asian Games, Asian Championships (Youth, Junior & Senior), Commonwealth Championships (Senior, Junior & Youth), World Championships (Senior, Junior & Youth), World Cups, IWF Cups, Asian Cups, Commonwealth Cups, and all International Competitions which are not named or will be added later on in due course of time where Indian athletes will be participating | Sanctions as per ITA/IWF rules, the fine imposed by IWF (in USD) and monetary fine of Rs. 50,000/- imposed by IWLF on individual Athlete becomes the responsibility of his / her parent and within the period prescribed by IWF / IWLF. |
| b) Positive Dope test at National Senior, Junior or Youth Championships, in or out of the Competitions or Khelo India Games / Championships, Zonal Championships / Games, Women League competitions / Games, National Games (any national level competition which are not named or will be added later on in due course of time where State athletes will be participating) including Selection trials for participation in International events and on induction of athlete in the coaching camp                     | Sanctions as per norms of NADA, the IWLF will impose a fine of Rs. 50,000/- to be paid by the Athlete through his / her parent unit.                                                                                                    |

- c) Positive Dope test in the State Championships, Departmental Championships, Regional Championships, Zonal Championships, Unit Championships, or selection trials for National Championships
- A fine of Rs. 25,000/- shall be imposed on the athlete found dope positive recoverable through respective units. He / She shall remain banned till the fine is deposited. Sanctions as per norms of NADA.
- d) Two or more than two individual positive tests in one calendar year (starting from 1<sup>st</sup> January to 31<sup>st</sup> December) in National (Senior, Junior or Youth) Championships, All International Championships, and Games or Olympics, All Games at National level or on induction of athletes in National camps or coaching camps, Selection trials, in and out of competitions, or Khelo India Games / Championships, Zonal Championships / Games, Women League competitions / Games, National Games (any national level competition which are not named or will be added later on in due course of time where State athletes will be participating) excluding the Khelo India University Games / University Championships (Men & Women) / School Games / School Championships (Men & Women)
- The IWLF shall impose a fine of **Rs. 50,000/-** on the affiliated State / Board and shall ban them from taking part in any activity / competition / meeting / seminar from date of second offence **for one year.**
- The ban shall be lifted immediately on payment of fine of Rs. 1 lacs. The fine shall however be reduced to Rs. 50,000/- in case it is deposited after one year and the ban will continue as long as the fine is not paid.
- e) The Coaches / Coaches In-charge of the particular National State / Board contingent shall be banned to the extent of ban imposed by IWF / NADA / IWLF on the Athlete.
- f) The Manager of the team shall be banned from Managerial job for one year in case any Athlete from the team for International Competition is found dope positive.
- g) Athlete(s) of the defaulting or banned Member State / Board cannot participate from other units except in the case of lifter getting employment and has completed the ban period imposed by NADA / ITA / IWF / IWLF.
- h) The Technical Officials of IWLF shall not be deputed to the erring Member State / Board for assistance in its domestic activities. The Defaulting Technical Officials shall not be nominated for any National / Zonal / All India Championships for one year from the date of default, or till the ban is lifted from the concerned Member State / Board which may be earlier.
- i) The Athlete participating from the State / Board mandatorily submit dope declaration Undertaking Form duly signed and stamped mentioning the pertinent details at the time of body weight for participation during any domestic event conducted / controlled by Indian Weightlifting Federation namely National Weightlifting Championships (Senior, Junior & Youth), Khelo India Games / Championships, Zonal Championships / Games, Women League competitions / Games, National Games (any national level competition which

will be not name or added later on in due course of time where State athletes will be participating).

- j) The Athletes and team officials participating from the State / Board mandatorily submit the ADEL form generated online from WADA website at the time of body weight for participation during any domestic event conducted / controlled by Indian Weightlifting Federation namely National Weightlifting Championships (Senior, Junior & Youth), Khelo India Games / Championships, Zonal Championships / Games, Women League competitions / Games, National Games (any national level competition which will be not name or added later on in due course of time where State athletes will be participating). The ADEL form will be valid for a period of 2 years from the date of issue.
- k) The Athletes participating from the State / Board mandatorily submit the Whereabout Information form online upto 6 months before the start of the event for getting eligible for participation during any domestic event conducted / controlled by Indian Weightlifting Federation namely National Weightlifting Championships (Senior, Junior & Youth), Khelo India Games / Championships, Zonal Championships / Games, Women League competitions / Games, National Games (any national level competition which will be not name or added later on in due course of time where State athletes will be participating) AND all International events, if selected. All athletes must have a proof of submission of whereabouts information submitted by them. It is the duty of the athletes to get individual username and password from National Anti-Doping Agency, New Delhi for submitting the Whereabout Information online on ADAMS WADA website. Without completing the whereabouts information form on ADAMS WADA website, no athlete will be eligible to participate in any weightlifting event (National and International). NADA / WADA / ITA / IWF / IWLF can serve notice to the athletes missing the out of competition dope test conducted based on whereabouts information submitted by the Athletes and any 3 missed dope test will result in suspension of athletes as per norms.

### 3. Notes:

1. It is mandatory for the affiliated members to inform the IWLF forty five days in advance regarding the conduct of their State / Board Championships vis-a-vis date and venue. The Athlete should be registered with the particular Member State / Board they represent. The list of participants should be sent to IWLF 15 days in advance.
2. Doping control is part of competition. The host affiliated members unit will have to arrange required equipment, facilitation of board and lodging for the dope control team of NADA during the course of National (Senior, Junior & Youth) and State and other domestic Championships near the venue at suitable rates.
3. The sample taking is performed by a doctor(s) / DCO / Chaperone appointed by NADA and they carry out and coordinate the collection and transportation of the sample to the NADA lab at New Delhi. They ensure safe keeping of the samples, perform the technical work, fill out the relevant documents and keep the records.
4. It is mandatory for the IWLF to control dope violations throughout the year in and out of competitions.
5. The Athlete for dope test must report to the concerned in the doping control room. Taking of samples must be carried out according to the anti-doping rules in vogue at

International (National) level. Absence or refusal shall have the same disciplinary consequences as if found dope offensive.

6. When the result is found positive, the NADA lab must indicate on the report the name of the substance(s) detected with a written report to IWLF. The Athlete can ask for analysis of 'B' sample. For this, members State / Board concerned must send a written application to IWLF within the period prescribed in the NADA rules.
7. The GST is inclusive in the dope penalty as per governing laws of the land.
8. The list of prohibited substances keeps on changing every year and is published by World Anti-Doping Agency in the last quarter of the year, the athletes have to educate themselves for avoiding any indifferent consequences arising out of their dope test conducted by NADA / IWF / ITA.
9. **Important website links-**
  - (a) **Anti-Doping Education** - <https://www.wada-ama.org/en/athletes-support-personnel/anti-doping-education>
  - (b) **ADEL courses** - <https://adel.wada-ama.org/learn>
  - (c) **WADA prohibited list** - <https://www.wada-ama.org/en/resources/world-anti-doping-code-and-international-standards/prohibited-list>
  - (d) **Therapeutic Use Exemptions** - <https://www.wada-ama.org/en/what-we-do/science-medicine/therapeutic-use-exemptions#:~:text=Athletes%20may%20have%20illnesses%20or,to%20take%20the%20needed%20medicine.>
  - (e) **National Anti-Doping Act 2022** - [https://prsindia.org/files/bills\\_acts/acts\\_parliament/2022/The%20National%20Anti%20Doping%20Act%202022.pdf](https://prsindia.org/files/bills_acts/acts_parliament/2022/The%20National%20Anti%20Doping%20Act%202022.pdf)
  - (f) **Anti-Doping Rules of IWF** - [https://iwf.sport/wp-content/uploads/downloads/2023/02/ADR\\_2023\\_EDITED\\_v007.pdf#:~:text=Excepting%20those%20substances%20for%20which,an%20anti%20doping%20rule%20violation.](https://iwf.sport/wp-content/uploads/downloads/2023/02/ADR_2023_EDITED_v007.pdf#:~:text=Excepting%20those%20substances%20for%20which,an%20anti%20doping%20rule%20violation.)
  - (g) **Opening of Whereabout Information portal of ADAMS** - <https://adams.wada-ama.org/adams/login.do?prompt=true&nopopup=true>