



# IWLF NATIONAL SENIOR JUNIOR AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023-24

IWLF NATIONAL YOUTH, JUNIOR AND SENIOR WEIGHTLIFTING CHAMPIONSHIPS-2023-24  
ITANAGAR - ARUNACHAL PRADESH



28/12/2023 to 08/01/2024

## YOUTH WOMEN 's MEDALS

No.	Team	1	2	3	4	5	6	7	8	9	10	11	12	13	14
1	TND : TND	2	1	1		1			2			1	1		
2	MHR : MHR	2		4	1	1		1				1			
3	A.P. : A.P.	1	3	2	2			1							
4	ORS : ORS	1	2	1		1	1		2		1				
5	HRN : HRN	1	1		1	2		2							
6	KRL : KRL	1			1			1							
7	RAJ : RAJ	1					1				2	1			
8	DEL : DEL	1									1		1		
9	U.P. : U.P.		1	1	1		3							1	
10	ASM : ASM		1		2	1	3								
11	IWLF-PON : IWLF-PON		1		1										
12	W.B. : W.B.			1		1				1					
13	CHD : CHD				1	1				1					
14	ARN : ARN					1	2			2					
15	TEL : TEL					1				1	1				
16	MNP : MNP							2	1						
17	PUN : PUN							1	1	1					
18	H.P. : H.P.							1							
19	BHR : BHR								1				1		
20	CG : CG								1				1		
21	GUJ : GUJ								1						
22	JKD : JKD									2	2			1	1
23	KRN : KRN									1					
24	M.P. : M.P.											1			
25	MIZ : MIZ														
26	UKD : UKD														



# IWLF NATIONAL SENIOR JUNIOR AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023-24

IWLF NATIONAL YOUTH, JUNIOR AND SENIOR WEIGHTLIFTING CHAMPIONSHIPS-2023-24  
ITANAGAR - ARUNACHAL PRADESH



28/12/2023 to 08/01/2024

## RESULT YOUTH MEN 49 kg

Competition : 29.12.2023 08:30

Weigh in : 6:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	381	[A] Babulal Hembrom	175	JKD	10-07-2007	48.620	75	81	86	86	1	103	107	111	107	1	193	1
2	230	[A] Rishab Parasher	206	U.P.	04-08-2008	49.000	80	83	86	86	2	106	110	110	106	2	192	2
3	577	[A] Harsabardhan Sahu	171	ORS	22-05-2009	48.440	75	78	78	75	7	98	102	104	102	4	177	3
4	95	[A] Tufail	184	U.P.	15-01-2007	48.680	72	72	75	72	12	103	106	109	103	3	175	4
5	294	[A] Krushna Vyawahare	170	MHR	27-11-2009	49.000	75	75	78	78	3	96	99	100	96	5	174	5
6	522	[A] S. Akash	160	TND	05-08-2006	47.820	72	76	79	76	4	95	95	100	95	8	171	6
7	236	[A] Dharmajyoti Dewgharia	180	ASM	02-07-2009	49.000	75	78	78	75	6	96	96	101	96	6	171	7
8	317	[A] S. Ramaragavan	180	TND	21-11-2006	48.660	74	74	74	74	9	90	95	100	95	7	169	8
9	28	[A] A. Prudhvi	170	A.P.	17-12-2008	48.950	70	70	75	75	8	86	92	95	92	9	167	9
10	173	[A] Arshlan	165	UKD	18-11-2009	48.900	73	73	76	76	5	89	94	97	89	12	165	10
11	353	[A] Simon Shoju	159	ARN	01-09-2009	49.000	73	76	76	73	11	90	95	95	90	11	163	11
12	433	[A] Aman Kumar	165	BHR	11-10-2008	48.220	69	69	72	69	15	86	90	92	92	10	161	12
13	667	[A] Amarnath Kumar	161	BHR	25-12-2007	48.800	70	70	70	70	14	86	86	86	86	13	156	13
14	48	[A] Shah Aman Khan	159	HRN	26-12-2006	49.000	70	70	70	70	13	85	85	90	85	14	155	14
15	509	[A] Obet Sangno	154	ARN	09-03-2009	49.000	69	69	71	69	16	85	85	90	85	15	154	15
	268	[A] Vinayak Katkar	160	MHR	11-11-2007	48.640	73	75	75	73	10	93	93	93	--		--	
	223	[A] Aman Munda	165	JKD	01-01-2007	48.200	74	75	75	--		--	--	--	--		--	

### BREAK RECORDS

YOUTH NATIONAL RECORDS MEN 49 kg TOTAL : S. GURUNAIDU [A.P.] 192 ----> BABULAL HEMBROM [JKD] 193



# IWLF NATIONAL SENIOR JUNIOR AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023-24

IWLF NATIONAL YOUTH, JUNIOR AND SENIOR WEIGHTLIFTING CHAMPIONSHIPS-2023-24  
ITANAGAR - ARUNACHAL PRADESH



28/12/2023 to 08/01/2024

## RESULT YOUTH MEN 55 kg

Competition : 29.12.2023 13:30

Weigh in : 11:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	184	[A] L. Dhanush	230	TND	19-11-2006	55.000	95	99	102	99	2	121	124	--	121	1	220	1
2	734	[B] Sosar Tama	215	ARN	16-01-2006	55.000	90	93	93	93	4	120	127	127	120	2	213	2
3	392	[A] A. Maharajan	220	TND	22-04-2008	54.860	95	95	98	95	3	114	120	120	114	4	209	3
4	438	[B] Nikhil Koli	190	MHR	18-09-2006	54.340	85	90	90	90	5	110	115	120	115	3	205	4
5	629	[B] Sime Tara	191	ARN	03-02-2006	55.000	83	86	86	86	7	108	110	113	110	5	196	5
6	700	[B] Raj Munda	187	JKD	22-07-2007	53.660	80	80	82	82	8	107	107	109	107	6	189	6
7	258	[B] Vaibhav Swami	175	U.P.	01-08-2007	50.590	77	77	81	81	9	95	99	104	99	7	180	7
	684	[A] S. Gurunaidu	235	A.P.	09-05-2006	55.000	101	105	107	105	1	130	130	130	--		--	
	196	[B] Laithanpuia	203	MIZ	18-02-2009	54.500	85	89	89	89	6	107	107	107	--		--	



# IWLF NATIONAL SENIOR JUNIOR AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023-24

IWLF NATIONAL YOUTH, JUNIOR AND SENIOR WEIGHTLIFTING CHAMPIONSHIPS-2023-24  
ITANAGAR - ARUNACHAL PRADESH



28/12/2023 to 08/01/2024

## RESULT YOUTH MEN 61 kg

Competition : 30.12.2023 08:30

Weigh in : 6:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	646	[B] Anush Lokhande	235	MHR	21-12-2007	61.000	102	104	106	104	2	127	130	134	130	1	234	1
2	85	[B] Sadananda Bariha	235	ORS	15-01-2006	60.600	101	105	105	105	1	128	128	133	128	3	233	2
3	403	[C] Sanraj	220	U.P.	04-07-2008	60.820	95	99	102	99	5	124	128	132	128	2	227	3
4	361	[B] Neelam Sopin	238	ARN	02-05-2006	60.100	99	102	104	104	3	123	127	127	123	7	227	4
5	705	[C] Samir Khan	229	HRN	01-01-2008	60.400	94	94	97	97	7	120	126	127	127	4	224	5
6	543	[C] Sunil Singh	227	PUN	13-09-2009	60.320	100	100	101	101	4	121	121	126	121	9	222	6
7	518	[C] Isak Malsawmatluanga	225	MIZ	16-07-2008	59.440	95	96	99	96	8	118	121	123	123	6	219	7
8	32	[C] M. Gopidharshan	220	TND	03-04-2006	59.100	90	94	97	97	6	116	121	125	121	8	218	8
9	112	[C] Balakrishna Jamulamalla	206	TEL	10-05-2008	60.360	93	96	96	96	9	120	120	124	120	10	216	9
10	501	[C] Om Kumar	200	JKD	11-05-2008	59.620	87	91	91	87	13	117	124	132	124	5	211	10
11	220	[C] Chiranjeevi Dasari	203	TEL	09-09-2006	60.540	90	90	94	94	10	115	115	120	115	12	209	11
12	84	[C] Praffula Khada	210	ORS	07-01-2008	59.040	90	95	95	90	11	112	115	117	117	11	207	12
	367	[C] Wangdi Chiroju	203	ARN	21-07-2006	61.000	90	90	90	90	12	115	115	115	--		--	
	565	[C] Sumit Kumar	215	RAJ	06-10-2006	60.500	87	87	87	--		--	--	--	--		--	



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ITANAGAR - ARUNACHAL PRADESH



28/12/2023 to 08/01/2024

## RESULT YOUTH MEN 67 kg

Competition : 31.12.2023 08:30

Weigh in : 6:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	272	[B] K. Dinesh	238	A.P.	04-05-2007	66.140	105	108	108	108	1	122	128	132	132	2	240	1
2	598	[B] Nikhil	219	U.P.	04-06-2006	67.000	97	101	103	101	2	128	132	135	132	1	233	2
3	756	[B] Sreekuttan Kuttan	214	KRL	06-07-2007	66.440	93	96	100	96	4	121	126	130	130	3	226	3
4	330	[B] Mohamad Shahjahan	235	PUN	29-11-2006	66.900	95	100	102	95	5	121	121	125	121	4	216	4
	450	[B] Tagrik Tani	255	ARN	02-02-2007	65.900	100	100	103	100	3	135	135	135	--		--	
	219	[B] Manish Vishwakarma	220	BHR	07-08-2007	66.160	93	95	95	93	6	121	121	121	--		--	
	670	[B] Kampu Degio	245	ARN	26-03-2006	65.800	107	107	107	--		--	--	--	--		--	
	406	[B] Valluri Akhil	230	M.P.	13-07-2007	64.450	100	100	103	--		--	--	--	--		--	
	452	[B] Ajay Sharma	233	RAJ	02-12-2008	66.300	103	104	104	--		--	--	--	--		--	



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ITANAGAR - ARUNACHAL PRADESH



28/12/2023 to 08/01/2024

## RESULT YOUTH MEN 73 kg

Competition : 01.01.2024 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	239	[C] Aayush	258	U.P.	06-01-2009	73.000	111	115	115	111	4	134	139	143	143	1	254	1
2	379	[C] V.M. Vasantha Kumar	256	TND	19-06-2006	72.800	105	109	109	109	6	137	140	142	142	2	251	2
3	30	[C] Swayamjit Prasad Sahoo	227	ORS	15-01-2007	70.780	105	109	112	112	3	131	137	137	137	3	249	3
4	748	[C] Sandeep Das Roy	250	TND	29-11-2006	71.800	111	115	118	115	2	133	137	137	133	4	248	4
5	328	[C] Hemanta Doimari	241	ASM	01-07-2007	72.440	106	110	110	110	5	130	137	137	130	6	240	5
6	600	[C] Himanshu Kushwaha	244	M.P.	17-08-2007	72.600	104	104	108	108	7	126	131	137	131	5	239	6
7	750	[C] Devvrat Sharma	235	CG	22-06-2007	72.580	98	102	105	102	8	125	130	133	125	7	227	7
8	740	[C] Aniruddh Chavan	225	MHR	02-09-2007	68.800	100	100	100	100	9	125	125	128	125	8	225	8
	170	[A] Vijay	276	HRN	25-12-2006	71.440	112	116	119	116	1	144	144	144	--		--	
	370	[C] Vinayak Patel	245	M.P.	29-07-2006	72.020	97	101	101	97	10	128	128	128	--		--	
	404	[C] Gurubaksh Singh	220	UKD	21-04-2008	72.900	95	97	97	95	11	125	125	125	--		--	
	132	[C] Nabam Tania	250	ARN	03-01-2006	72.840	112	112	112	--		--	--	--	--		--	
	760	[C] Lakhan Kumar	215	UKD	16-04-2006	70.000	95	95	--	--		--	--	--	--		--	



# IWLF NATIONAL SENIOR JUNIOR AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023-24

IWLF NATIONAL YOUTH, JUNIOR AND SENIOR WEIGHTLIFTING CHAMPIONSHIPS-2023-24  
ITANAGAR - ARUNACHAL PRADESH



28/12/2023 to 08/01/2024

## RESULT YOUTH MEN 81 kg

Competition : 02.01.2024 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	249	[A] Sairaj Pardeshi	290	MHR	08-06-2007	76.240	127	130	133	133	1	161	166	166	161	1	294	1
2	649	[A] Lalruatfela	300	MIZ	05-03-2006	80.440	125	125	125	125	4	155	160	160	155	2	280	2
3	487	[B] Hrudananda Das	275	ORS	09-06-2007	80.140	121	125	125	125	3	151	151	160	151	3	276	3
4	2	[C] D. Premsagar	271	A.P.	20-10-2006	78.260	115	120	125	125	2	141	150	153	150	4	275	4
5	176	[C] Sushant Nirbal	257	U.P.	01-02-2006	80.760	113	117	122	117	5	140	146	146	140	5	257	5
6	708	[C] Mohan Shyam Chauhan	270	HRN	01-01-2006	76.280	114	117	117	114	7	140	140	144	140	7	254	6
7	102	[C] Karan Sindhu	260	M.P.	01-08-2007	80.200	114	114	117	117	6	132	140	141	132	8	249	7
8	265	[C] Tayar Ronik	240	ARN	10-10-2007	78.820	97	97	100	97	13	140	140	143	140	6	237	8
9	312	[C] Shubham Nirala	235	CG	25-05-2006	79.900	100	105	105	100	9	127	127	132	132	9	232	9
10	468	[C] Mukesh Kumar Mahto	223	JKD	25-04-2006	77.160	97	101	105	105	8	126	130	130	126	10	231	10
11	9	[C] Sai Vardhan	223	TEL	16-09-2007	81.000	97	102	102	97	10	126	126	132	126	11	223	11
	411	[C] Upender Singh	230	RAJ	15-08-2006	79.240	97	100	100	97	11	126	126	126	--		--	
	100	[C] Shivam Kumar	223	JKD	21-12-2007	73.180	97	97	100	97	12	126	126	126	--		--	
	531	[C] M. Tarun	271	A.P.	23-05-2007	77.120	113	113	113	--		--	--	--	--		--	
	129	[A] Himanshu Nath	223	M.P.	21-03-2006													
	385	[C] Daniel Beichhuasa	223	MIZ	12-11-2009	80.500	97	97	97	--		--	--	--	--		--	
	683	[A] K. Hakash Justin	222	IWLF-PON	14-10-2006													
	412	[C] Vishavjeet Singh	255	PUN	30-06-2006	80.420	125	125	125	--		--	--	--	--		--	



# IWLF NATIONAL SENIOR JUNIOR AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023-24

IWLF NATIONAL YOUTH, JUNIOR AND SENIOR WEIGHTLIFTING CHAMPIONSHIPS-2023-24  
ITANAGAR - ARUNACHAL PRADESH



28/12/2023 to 08/01/2024

## RESULT YOUTH MEN 89 kg

Competition : 03.01.2024 08:30

Weigh in : 6:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	263	[B] Dheershan.J	290	TND	30-08-2006	87.760	125	130	133	133	1	150	157	160	150	3	283	1
2	737	[B] Rohit Tehlan	280	HRN	04-09-2006	87.260	120	124	128	128	2	150	155	160	155	2	283	2
3	189	[C] V. Ramu	270	A.P.	06-06-2006	88.280	113	118	121	121	3	152	157	161	161	1	282	3
4	459	[C] Mani Dhiman	270	CHD	14-02-2006	87.040	120	127	128	120	4	146	154	154	146	4	266	4
5	128	[C] Rishabh Yadav	260	U.P.	16-03-2006	85.720	114	117	117	114	5	142	142	150	142	6	256	5
6	607	[C] S.B. Charukesh	240	TND	09-06-2007	88.400	111	114	114	114	6	130	136	137	137	9	251	6
7	291	[C] Hariom Sharma	255	RAJ	04-10-2007	88.400	110	113	113	110	8	134	140	141	141	7	251	7
8	372	[C] Ch. Venkatesh	240	A.P.	30-12-2007	87.660	98	98	105	105	10	135	139	144	144	5	249	8
9	590	[C] Rohan Kumar Mahto	230	JKD	20-03-2008	81.700	100	105	111	111	7	132	137	142	137	8	248	9
10	126	[C] Veer Singh	235	CG	19-06-2006	88.120	109	114	114	109	9	128	132	132	132	10	241	10
11	21	[C] Aryan Thakran	235	HRN	22-12-2006	86.700	98	103	107	103	11	126	132	132	126	11	229	11
	478	[C] Balveer Singh	250	RAJ	01-01-2006	87.440	110	110	110	--		--	--	--	--		--	

### BREAK RECORDS

YOUTH NATIONAL RECORDS MEN 89 kg SNATCH : SANIDHYA MORE [MHR] 131 ----> DHEERSHAN.J [TND] 133

YOUTH NATIONAL RECORDS MEN 89 kg CLEAN&JERK : SUDITYA BARUAH [ASM] 159 ----> V. RAMU [A.P.] 161





# IWLF NATIONAL SENIOR JUNIOR AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023-24

IWLF NATIONAL YOUTH, JUNIOR AND SENIOR WEIGHTLIFTING CHAMPIONSHIPS-2023-24  
ITANAGAR - ARUNACHAL PRADESH



28/12/2023 to 08/01/2024

## RESULT YOUTH MEN 96 kg

Competition : 04.01.2024 08:30

Weigh in : 6:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	130	[A] Parv Chaudhary	295	U.P.	10-07-2008	95.020	119	127	132	127	1	156	159	168	159	1	286	1
2	712	[B] A. Arunesh Babu	270	A.P.	11-03-2006	90.120	113	118	121	118	3	137	145	150	145	2	263	2
3	214	[C] Aditya	261	HRN	12-03-2008	94.440	111	115	118	118	2	134	134	134	134	5	252	3
4	746	[C] Kishore.R	260	TND	21-04-2007	95.500	110	114	114	110	5	133	136	143	136	3	246	4
5	519	[C] David Lalzawmdika	255	MIZ	02-08-2007	91.700	108	113	116	113	4	131	136	140	131	6	244	5
6	16	[C] Yuvraj Singh	240	RAJ	13-02-2006	89.300	104	104	104	104	8	133	136	136	136	4	240	6
7	557	[C] Manoj Kumar	221	KRN	15-02-2006	91.200	100	104	107	104	7	125	130	135	130	7	234	7
8	729	[C] Poonamchand	237	RAJ	04-11-2008	91.500	107	107	107	107	6	126	131	133	126	10	233	8
9	544	[C] T. Ravi Teja	225	A.P.	22-07-2007	93.230	93	98	103	103	9	117	127	127	127	9	230	9
10	656	[C] Tilak A	220	KRN	19-03-2006	93.600	95	100	103	100	10	125	130	134	130	8	230	10
11	363	[C] Gaurav Sureshbhai Patil	230	GUJ	10-11-2006	89.100	92	96	99	99	12	118	123	123	123	12	222	11
12	284	[C] Ankush Kumar Yadav	210	UKD	02-03-2006	89.600	95	99	103	99	11	116	121	126	121	13	220	12
13	614	[C] Balaram Senapati	214	ORS	13-06-2006	90.120	91	94	94	94	15	115	120	125	125	11	219	13
14	181	[C] Aman Mehta	225	BHR	07-02-2007	95.000	92	94	94	94	16	116	118	118	116	14	210	14
15	401	[C] Rudra Rajdeep Tiwari	210	GUJ	29-08-2006	96.000	91	94	97	94	13	115	118	--	115	16	209	15
16	348	[C] Harsh Kumar Hembram	206	JKD	05-10-2009	91.460	91	91	91	91	19	115	120	120	115	15	206	16
17	422	[C] Yoganand Khare	206	CG	27-01-2006	95.700	91	91	95	91	18	115	115	115	115	17	206	17
	736	[C] A. Mohamed Yaguf	202	IWLF-PON	16-03-2006	91.860	91	94	97	94	14	115	115	--	--		--	



# IWLF NATIONAL SENIOR JUNIOR AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023-24

IWLF NATIONAL YOUTH, JUNIOR AND SENIOR WEIGHTLIFTING CHAMPIONSHIPS-2023-24  
ITANAGAR - ARUNACHAL PRADESH



28/12/2023 to 08/01/2024

## RESULT YOUTH MEN 96 kg

Competition : 04.01.2024 08:30

Weigh in : 6:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
	358	[C] Sachin Singh	210	CHD	01-01-2007	90.120	91	91	93	91	17	115	115	115	--		--	
	606	[C] Pratyush Parida	206	ORS	17-09-2006	89.400	91	91	91	--		--	--	--	--		--	

### BREAK RECORDS

YOUTH NATIONAL RECORDS MEN 96 kg CLEAN&JERK : DILBAG SINGH [PUN] 158 ---> PARV CHAUDHARY [U.P.] 159



# IWLF NATIONAL SENIOR JUNIOR AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023-24

IWLF NATIONAL YOUTH, JUNIOR AND SENIOR WEIGHTLIFTING CHAMPIONSHIPS-2023-24  
ITANAGAR - ARUNACHAL PRADESH



28/12/2023 to 08/01/2024

## RESULT YOUTH MEN 102 kg

Competition : 05.01.2024 10:30

Weigh in : 8:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	75	[B] Kapil Sonowal	285	ASM	27-12-2006	101.800	119	123	126	123	4	150	153	153	153	1	276	1
2	221	[C] Prince Ruhil	260	HRN	11-07-2006	97.520	115	119	123	123	3	145	152	157	152	2	275	2
3	106	[B] Ch Vamsi	270	A.P.	08-02-2006	97.200	120	124	124	124	2	145	150	150	150	3	274	3
4	545	[B] Ankur Tiwari	275	MHR	01-01-2006	100.900	122	125	128	128	1	145	150	150	145	4	273	4
5	460	[C] Shah Hussain	231	HRN	26-01-2008	96.180	110	115	115	110	6	130	138	145	138	5	248	5
6	251	[C] Misem Chowdhary	230	J.K.	25-06-2006	97.820	111	111	111	111	5	126	130	133	130	6	241	6



# IWLF NATIONAL SENIOR JUNIOR AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023-24

IWLF NATIONAL YOUTH, JUNIOR AND SENIOR WEIGHTLIFTING CHAMPIONSHIPS-2023-24  
ITANAGAR - ARUNACHAL PRADESH



28/12/2023 to 08/01/2024

## RESULT YOUTH MEN +102 kg

Competition : 07.01.2024 08:30

Weigh in : 6:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	269	[A] Naman Chaudhary	260	U.P.	10-01-2008	104.400	112	116	116	116	2	141	145	148	145	4	261	1
2	510	[A] Upender Singh	250	RAJ	22-09-2006	103.200	104	108	111	108	8	140	151	153	153	1	261	2
3	286	[A] Sarth Jadhav	250	MHR	08-09-2006	129.800	107	107	111	111	4	137	146	149	149	3	260	3
4	728	[A] David Zohmingmawia	240	MIZ	08-05-2008	112.320	105	109	113	109	6	135	142	149	149	2	258	4
5	695	[A] Lovedeep Singh	255	PUN	03-12-2006	105.440	112	115	117	115	3	136	141	141	141	6	256	5
6	270	[A] Chanakya Bora	240	ASM	15-09-2008	104.800	103	108	112	108	7	134	140	143	143	5	251	6
7	8	[A] Ujjawal Kumar	230	BHR	20-12-2006	120.200	105	110	110	110	5	125	--	--	125	8	235	7
8	210	[A] Shajohn Sumesh	215	KRL	21-01-2006	110.300	97	103	107	107	9	128	128	128	128	7	235	8
9	36	[D] Amogh Harish Sharma	180	IWLF	05-01-2008	111.880	75	80	85	85	10	95	101	101	95	9	180	9
	668	[A] Paramvir Singh	300	CHD	05-10-2006	122.400	145	--	--	145	1	185	185	185	--		--	
	476	[A] Satvik Luthra	240	J.K.	06-03-2008	109.800	107	107	108	--		--	--	--	--		--	

### BREAK RECORDS

YOUTH NATIONAL RECORDS MEN +102 kg SNATCH : PARAMVIR SINGH [CHD] 143 ----> PARAMVIR SINGH [CHD] 145



# IWLF NATIONAL SENIOR JUNIOR AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023-24

IWLF NATIONAL YOUTH, JUNIOR AND SENIOR WEIGHTLIFTING CHAMPIONSHIPS-2023-24  
ITANAGAR - ARUNACHAL PRADESH



28/12/2023 to 08/01/2024

## RESULT YOUTH WOMEN 40 kg

Competition : 29.12.2023 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	444	[A] Jyoshna Sabar	116	ORS	25-10-2008	39.700	53	56	58	58	1	65	68	71	71	1	129	1
2	707	[A] Priteesmita Bhoi	120	ORS	14-11-2008	39.600	52	55	57	55	2	67	70	72	67	2	122	2
3	586	[A] B. Neeraja	105	A.P.	26-06-2007	39.580	46	51	53	53	3	60	65	65	60	5	113	3
4	241	[A] Kristina Borpatra Gohain	113	ASM	01-07-2009	40.000	45	50	50	50	4	56	60	60	56	7	106	4
5	611	[B] Ashwini Chaudhari	100	MHR	18-07-2006	39.420	41	44	45	45	8	55	55	60	60	3	105	5
6	242	[A] Kaken Doyom	107	ARN	07-07-2006	39.160	43	45	45	45	9	60	63	63	60	4	105	6
7	227	[B] Nidhi	100	HRN	19-09-2009	40.000	43	45	48	48	5	53	56	56	53	8	101	7
8	658	[B] Zeel Umeshbhai Gajjar	90	GUJ	10-06-2007	40.000	42	42	42	42	11	52	56	59	59	6	101	8
9	619	[B] Sartam Chummi Rughu	97	ARN	13-08-2010	40.000	40	43	45	45	7	52	52	52	52	10	97	9
10	232	[B] Sripada Sreeja Puli	98	TEL	12-07-2008	39.920	45	50	50	45	6	50	50	55	50	11	95	10
11	709	[B] Umeshree Katte	90	MHR	05-12-2006	39.060	42	45	45	42	10	52	52	55	52	9	94	11
12	63	[A] Saloni Kumari	110	BHR	02-12-2007	40.000	40	43	43	40	14	50	50	52	50	12	90	12
13	198	[B] Sanjana Yadav	85	U.P.	08-08-2008	38.680	38	41	41	38	15	45	48	48	45	13	83	13
14	4	[B] Kusum Kumari Prajapati	70	JKD	12-06-2009	39.920	30	30	32	30	16	40	42	44	42	14	72	14
	395	[B] Dharshinipriya I.	88	IWLF-PON	17-04-2009	34.640	40	43	43	40	12	50	50	50	--		--	
	6	[B] Khushboo	95	PUN	27-01-2009	40.000	39	39	40	40	13	50	50	50	--		--	
	409	[B] Kumkum Kumari	100	BHR	01-01-2006	39.940	35	35	35	--		--	--	--	--		--	



# IWLF NATIONAL SENIOR JUNIOR AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023-24

IWLF NATIONAL YOUTH, JUNIOR AND SENIOR WEIGHTLIFTING CHAMPIONSHIPS-2023-24  
ITANAGAR - ARUNACHAL PRADESH



28/12/2023 to 08/01/2024

## RESULT YOUTH WOMEN 45 kg

Competition : 29.12.2023 17:30

Weigh in : 15:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	470	[A] Payal	150	HRN	24-07-2009	45.000	65	67	70	67	1	78	81	83	81	2	148	1
2	488	[A] R. Bhavani	140	A.P.	20-03-2008	44.720	55	61	64	61	3	75	81	84	81	1	142	2
3	188	[A] Akanksha Vyavhare	150	MHR	19-06-2007	44.480	58	61	63	63	2	78	81	81	78	4	141	3
4	155	[A] Megha Aher	150	MHR	20-08-2006	45.000	60	63	63	60	4	79	83	83	79	3	139	4
5	80	[B] Tagrik Naya	131	ARN	04-04-2006	44.220	51	54	56	56	5	68	72	72	72	5	128	5
6	318	[B] Luna Sonowal	125	ASM	14-09-2009	44.850	53	53	56	53	7	68	71	71	68	7	121	6
7	595	[B] Sarika	112	PUN	15-12-2007	44.850	50	50	54	50	10	65	69	73	69	6	119	7
8	149	[B] Tulasi Sabar	111	ORS	09-04-2007	44.180	50	53	55	53	6	60	63	65	65	9	118	8
9	56	[B] Pungni Tara	118	ARN	25-07-2008	44.240	52	54	54	52	9	65	70	70	65	8	117	9
10	147	[B] Jayanti Mallik	113	ORS	05-01-2008	44.960	48	51	53	53	8	60	63	66	63	10	116	10
11	86	[B] Annu	115	RAJ	27-11-2008	44.740	47	48	51	48	11	62	69	69	62	11	110	11
12	610	[B] Rohini P.K.	100	TND	30-01-2008	44.850	42	46	49	46	13	55	58	58	55	13	101	12
13	238	[B] Manisha Soren	95	JKD	10-03-2007	43.580	40	43	43	40	16	55	58	62	58	12	98	13
	608	[B] Disha Hareshbhai Chotaliya	95	GUJ	29-03-2006	44.850	42	46	48	46	12	55	55	55	--		--	
	477	[B] Zodinsangi	95	MIZ	22-09-2008	44.600	40	45	48	45	14	55	55	55	--		--	
	436	[B] Babita kumari	95	JKD	01-01-2007	44.560	40	44	47	44	15	55	55	55	--		--	



# IWLF NATIONAL SENIOR JUNIOR AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023-24

IWLF NATIONAL YOUTH, JUNIOR AND SENIOR WEIGHTLIFTING CHAMPIONSHIPS-2023-24  
ITANAGAR - ARUNACHAL PRADESH



28/12/2023 to 08/01/2024

## RESULT YOUTH WOMEN 49 kg

Competition : 30.12.2023 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	425	[B] Asmita Dhone	150	MHR	01-05-2007	49.000	63	66	68	68	1	82	82	87	87	1	155	1
2	538	[B] B. Bhargavi	155	A.P.	19-02-2009	48.860	62	65	67	67	2	80	84	89	84	3	151	2
3	301	[C] Mina Singh	137	ORS	11-05-2008	48.860	58	61	64	64	3	77	81	85	85	2	149	3
4	159	[C] Mansi Chamunda	144	U.P.	04-01-2007	48.380	63	66	66	63	4	79	83	87	79	4	142	4
5	502	[C] Poshika A.	131	TND	24-09-2006	48.460	59	59	62	62	5	76	81	81	76	5	138	5
6	285	[C] Neha Dholi	145	RAJ	15-07-2006	49.000	55	58	61	61	6	73	76	76	73	7	134	6
7	417	[C] Sherin P Benny	131	KRL	09-12-2006	49.000	55	59	61	59	7	72	72	74	74	6	133	7
8	212	[C] N. Nirmala Chanu	130	MNP	12-03-2006	48.940	56	59	61	59	8	71	71	74	71	9	130	8
9	587	[C] Purnima Halder	129	W.B.	10-03-2009	48.020	56	58	58	58	9	68	71	73	71	8	129	9
10	418	[C] Muskan Saini	123	RAJ	22-08-2007	48.240	55	55	55	55	10	68	71	71	68	10	123	10
	698	[C] Sakthi Saraswathi S.	128	IWLF-PON	04-01-2009	48.320	55	55	55	--		--	--	--	--		--	



# IWLF NATIONAL SENIOR JUNIOR AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023-24

IWLF NATIONAL YOUTH, JUNIOR AND SENIOR WEIGHTLIFTING CHAMPIONSHIPS-2023-24  
ITANAGAR - ARUNACHAL PRADESH



28/12/2023 to 08/01/2024

## RESULT YOUTH WOMEN 55 kg

Competition : 31.12.2023 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	579	[A] V. Susmitha	178	A.P.	18-08-2008	53.520	74	74	77	77	1	96	101	101	96	1	173	1
2	741	[B] Mina Santa	158	ORS	07-03-2007	55.000	70	74	74	74	2	87	91	94	94	2	168	2
3	517	[B] Kanika Shree.V.R.	160	TND	15-09-2006	54.680	67	71	74	71	4	88	91	98	91	3	162	3
4	574	[C] Aisangfa Gogoi	150	ASM	16-12-2007	53.620	66	70	72	70	5	85	88	90	90	4	160	4
5	266	[C] Mina Santa	149	ORS	27-03-2008	54.380	65	69	71	71	3	80	80	85	85	6	156	5
6	480	[B] Pipi Yangfo	157	ARN	18-10-2006	53.780	65	68	70	68	7	86	90	90	86	5	154	6
7	205	[C] Sonakshi	155	HRN	18-03-2006	55.000	66	69	72	69	6	80	84	84	80	7	149	7
8	245	[C] Mansi Yadav	125	CG	10-05-2007	51.520	55	55	55	55	13	70	73	73	70	8	125	8
9	576	[C] Monisha	125	KRN	01-07-2006	53.960	55	55	58	55	12	70	73	73	70	9	125	9
10	725	[C] Manisha Kumari	125	JKD	03-08-2007	51.560	55	56	57	55	10	70	72	72	70	10	125	10
	505	[C] Madhusa Kumari	139	RAJ	28-04-2006	50.920	60	63	63	60	8	70	70	70	--		--	
	498	[C] M. Dhivya	135	TND	01-01-2006	53.460	55	57	59	57	9	70	70	70	--		--	
	364	[C] Sumaiyya Nayab	125	UKD	13-09-2006	54.600	55	55	57	55	11	70	--	--	--		--	
	334	[C] Chaitanya Parmar	125	M.P.	25-05-2006	53.460	55	55	55	55	14	70	70	70	--		--	
	763	[C] Smriti Beng	125	JKD	20-12-2007	54.200	55	55	55	--		--	--	--	--		--	

### BREAK RECORDS

YOUTH NATIONAL RECORDS WOMEN 55 kg TOTAL : BONI MANGKHYA [ARN] 171 ----> V. SUSMITHA [A.P.] 173





# IWLF NATIONAL SENIOR JUNIOR AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023-24

IWLF NATIONAL YOUTH, JUNIOR AND SENIOR WEIGHTLIFTING CHAMPIONSHIPS-2023-24  
ITANAGAR - ARUNACHAL PRADESH



28/12/2023 to 08/01/2024

## RESULT YOUTH WOMEN 59 kg

Competition : 01.01.2024 17:15

Weigh in : 15:15

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	110	[B] Bhumika Mohite	170	MHR	20-09-2006	58.180	70	74	74	74	2	92	99	106	99	1	173	1
2	302	[B] Jyoti	176	HRN	10-05-2006	58.600	76	79	81	79	1	87	90	93	93	3	172	2
3	7	[B] Tanuja Pol	161	MHR	02-04-2007	58.600	66	69	69	66	7	92	97	100	97	2	163	3
4	50	[B] B. Harika	170	A.P.	10-08-2007	58.940	70	74	74	70	3	86	88	92	92	4	162	4
5	507	[B] Rajyashree Biswas	158	W.B.	20-10-2006	57.180	70	74	74	70	4	87	87	87	87	5	157	5
6	512	[C] Tiluchana Phukan	153	ASM	11-10-2007	57.900	65	69	69	69	5	86	86	88	86	6	155	6
7	547	[C] M. Anjelina Devi	151	MNP	03-01-2009	57.740	65	68	68	68	6	78	81	84	81	7	149	7
8	727	[C] Tulasi Sahu	150	ORS	23-08-2006	59.000	60	64	67	64	8	78	83	83	78	8	142	8
9	120	[C] Diksha Rani	130	PUN	16-04-2007	57.640	59	62	64	62	9	74	77	80	77	9	139	9
10	97	[C] Seema Marandi	129	JKD	15-08-2008	57.520	57	60	64	60	10	72	76	81	76	10	136	10
11	197	[C] S. Akshita	140	TND	24-04-2007	58.540	57	60	63	60	11	73	76	77	73	11	133	11
12	720	[C] Lukeshwari Sahu	132	CG	23-11-2007	58.160	57	60	62	60	12	72	72	72	72	12	132	12
	490	[C] Anjali kumari	129	JKD	31-03-2008	56.320	57	59	59	57	13	72	72	72	--		--	
	521	[C] Gudiya Kumawat	136	RAJ	11-12-2007	55.600	57	60	60	57	14	72	72	72	--		--	
	342	[A] Aneesha Sakkeer	129	KRL	31-08-2006													
	533	[A] Sheetal Rajput	126	M.P.	01-01-2006													
	262	[C] B. Lalremruati	129	MIZ	14-03-2009	58.380	57	--	--	--		--	--	--	--		--	
	405	[C] Bidusmita Bhoi	150	ORS	31-07-2006	58.860	68	68	69	--		--	--	--	--		--	



# IWLF NATIONAL SENIOR JUNIOR AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023-24

IWLF NATIONAL YOUTH, JUNIOR AND SENIOR WEIGHTLIFTING CHAMPIONSHIPS-2023-24  
ITANAGAR - ARUNACHAL PRADESH



28/12/2023 to 08/01/2024

## RESULT YOUTH WOMEN 64 kg

Competition : 02.01.2024 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	354	[A] Ankita	190	RAJ	10-04-2006	63.220	78	81	81	81	1	100	104	105	100	1	181	1
2	187	[A] C. Harshika	176	IWLF-PON	31-10-2007	62.580	74	77	79	79	2	94	97	99	97	2	176	2
3	296	[B] Barsha Bor	174	W.B.	12-08-2007	61.960	73	73	75	73	3	92	95	98	95	3	168	3
4	193	[B] Drishti	170	HRN	04-07-2006	62.060	70	73	73	70	5	90	92	92	92	4	162	4
5	766	[B] Tamanna	160	HRN	13-10-2007	63.620	65	69	73	73	4	84	88	88	88	7	161	5
6	68	[B] Tiki Mohini Mallik	159	ORS	05-02-2008	63.380	65	69	72	69	6	86	90	90	90	6	159	6
7	53	[B] G. Varshita	165	A.P.	27-12-2007	60.180	62	70	70	62	8	85	90	97	90	5	152	7
8	168	[B] Baranipriya S.	145	TND	31-03-2006	63.380	60	64	64	64	7	74	78	83	83	8	147	8
9	674	[B] Jenis Barla	132	JKD	16-06-2006	60.060	58	60	60	58	10	74	80	80	80	9	138	9
10	357	[B] Kirti Solanki	132	DEL	30-09-2006	63.500	60	60	63	60	9	74	77	77	74	10	134	10
	568	[B] Khushi Beldar	133	M.P.	08-12-2007	60.760	58	58	58	--		--	--	--	--		--	



# IWLF NATIONAL SENIOR JUNIOR AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023-24

IWLF NATIONAL YOUTH, JUNIOR AND SENIOR WEIGHTLIFTING CHAMPIONSHIPS-2023-24  
ITANAGAR - ARUNACHAL PRADESH



28/12/2023 to 08/01/2024

## RESULT YOUTH WOMEN 71 kg

Competition : 03.01.2024 15:00

Weigh in : 13:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	662	[B] Chelsi	168	DEL	25-03-2006	70.620	80	83	85	85	1	98	102	105	105	1	190	1
2	171	[A] Nanchangfa Borgohain	175	ASM	06-12-2007	67.960	74	74	77	74	4	94	98	102	102	2	176	2
3	451	[A] Rajnandini Amare	180	MHR	28-04-2006	69.840	74	77	77	77	2	88	91	94	94	4	171	3
4	566	[B] R. Harini	168	IWLF-PON	02-06-2006	71.000	76	79	79	76	3	94	98	98	94	3	170	4
5	206	[B] Komal Bhati	160	HRN	30-07-2007	68.840	68	68	71	71	5	80	84	84	80	7	151	5
6	341	[B] Mahi	161	U.P.	07-07-2007	68.960	63	67	71	67	7	84	88	88	84	5	151	6
7	224	[B] A. Mandakini Devi	150	MNP	23-10-2008	64.340	65	65	68	68	6	80	84	84	80	8	148	7
8	124	[B] Monika Sharma	150	BHR	16-07-2008	70.580	62	65	65	62	8	82	82	82	82	6	144	8
9	314	[B] Aruhi Kumari	135	JKD	09-09-2007	69.260	60	60	60	60	10	75	82	82	75	9	135	9
	355	[B] Pari Beldar	137	M.P.	16-12-2009	68.800	60	60	62	60	9	75	75	75	--		--	
	620	[B] Reenumol P.R.	165	KRL	10-01-2007	66.460	68	68	68	--		--	--	--	--		--	
	93	[B] Bhumika Swami	135	RAJ	26-03-2007	66.820	60	60	60	--		--	--	--	--		--	

### BREAK RECORDS

YOUTH NATIONAL RECORDS WOMEN 71 kg SNATCH : M. LEKHAMAALAYA [TND] 80 ----> CHELSI [DEL] 85

YOUTH NATIONAL RECORDS WOMEN 71 kg CLEAN&JERK : M. LEKHAMAALAYA [TND] 100 ----> CHELSI [DEL] 105

YOUTH NATIONAL RECORDS WOMEN 71 kg TOTAL : M. LEKHAMAALAYA [TND] 180 ----> CHELSI [DEL] 190



# IWLF NATIONAL SENIOR JUNIOR AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023-24

IWLF NATIONAL YOUTH, JUNIOR AND SENIOR WEIGHTLIFTING CHAMPIONSHIPS-2023-24  
ITANAGAR - ARUNACHAL PRADESH



28/12/2023 to 08/01/2024

## RESULT YOUTH WOMEN 76 kg

Competition : 04.01.2024 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	274	[B] Hasinashirin M.A.	159	TND	05-06-2008	71.440	75	78	80	80	1	90	93	93	93	2	173	1
2	434	[B] A, Revathi	165	A.P.	10-06-2007	75.060	75	79	81	79	2	85	91	95	91	4	170	2
3	511	[B] Grishma Thorat	170	MHR	25-03-2008	75.020	70	73	73	70	5	90	96	101	96	1	166	3
4	54	[B] B. Rochismathi	165	A.P.	29-08-2009	72.540	69	73	76	73	3	89	92	94	92	3	165	4
5	62	[B] V. Sahasra	151	TEL	16-08-2008	74.640	70	74	74	70	4	80	85	85	85	5	155	5
6	716	[B] Dungkham Sang Turung	145	ASM	25-01-2006	71.140	63	66	66	66	7	81	84	87	84	6	150	6
7	722	[B] Pragya Sharma	145	H.P.	20-02-2006	71.800	61	65	68	68	6	76	79	81	81	8	149	7
8	584	[B] Gagandeep Kaur	142	PUN	03-06-2007	75.580	61	63	63	63	8	76	76	81	81	7	144	8
9	350	[B] V. Mounika	139	TEL	24-12-2006	72.900	61	61	64	61	9	76	80	80	80	9	141	9



# IWLF NATIONAL SENIOR JUNIOR AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023-24

IWLF NATIONAL YOUTH, JUNIOR AND SENIOR WEIGHTLIFTING CHAMPIONSHIPS-2023-24  
ITANAGAR - ARUNACHAL PRADESH



28/12/2023 to 08/01/2024

## RESULT YOUTH WOMEN 81 kg

Competition : 05.01.2024 16:30

Weigh in : 14:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	113	[A] Oviya K.	190	TND	11-02-2007	80.340	78	81	83	83	1	98	102	105	105	1	188	1
2	493	[B] K. Subiksha	180	TND	22-04-2006	79.000	76	76	76	76	3	97	97	103	97	2	173	2
3	426	[B] Santushti Chaudhary	180	U.P.	28-10-2009	77.360	75	77	79	77	2	95	98	98	95	3	172	3
4	749	[B] Navjot Choudhary	131	CHD	04-08-2006	76.860	57	60	64	64	4	70	75	75	70	4	134	4
5	17	[B] Jabin Sultana	125	ASM	14-03-2007	79.900	57	57	59	57	5	65	70	73	70	5	127	5
6	319	[B] Anushka Kushwaha	129	U.P.	20-10-2006	76.420	57	57	59	57	6	67	67	72	67	6	124	6



# IWLF NATIONAL SENIOR JUNIOR AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023-24

IWLF NATIONAL YOUTH, JUNIOR AND SENIOR WEIGHTLIFTING CHAMPIONSHIPS-2023-24  
ITANAGAR - ARUNACHAL PRADESH



28/12/2023 to 08/01/2024

## RESULT YOUTH WOMEN +81 kg

Competition : 06.01.2024 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	122	[A] Amritha P Suni	178	KRL	16-01-2007	85.400	74	77	80	77	3	95	101	105	101	1	178	1
2	333	[A] Aditi	140	U.P.	06-05-2007	89.700	74	78	81	81	1	91	91	96	96	2	177	2
3	513	[A] Y. Chaitna Kumari	170	A.P.	12-08-2006	85.700	68	74	78	78	2	86	86	91	91	4	169	3
4	479	[B] Divya P	150	KRL	11-07-2006	105.680	65	69	71	71	4	88	93	99	93	3	164	4
5	111	[A] Devika	150	CHD	17-07-2006	81.900	67	67	67	67	6	80	85	90	90	5	157	5
6	755	[A] Rajnandani Singh	138	U.P.	25-03-2007	83.400	60	64	68	68	5	78	81	86	81	6	149	6
7	758	[A] Akshada Kadam	155	MHR	17-08-2006	82.000	63	66	66	63	7	72	75	77	75	7	138	7
8	631	[A] Ramani R.	110	TND	22-03-2007	86.100	51	51	54	51	9	63	70	70	70	8	121	8
9	14	[A] Sanna	110	CHD	10-08-2008	84.700	50	54	56	54	8	60	61	66	66	9	120	9
10	234	[A] Rashmi Sharma	110	RAJ	12-10-2007	99.100	50	50	54	50	11	60	64	67	64	10	114	10
11	747	[A] Meghashree Choudhary	110	M.P.	27-05-2006	99.800	51	51	51	51	10	60	63	63	60	12	111	11
12	541	[A] Vaishnavi	110	DEL	20-08-2008	117.600	50	50	53	50	12	60	63	64	60	11	110	12