



ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023



RESULT BOOK



SENIOR



ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023



SENIOR MEN's MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
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SENIOR WOMEN'S MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
45 kg	TOTAL	1	135	AKANKSHA VYAVAHARE	19-06-2007	MHR
		2	120	SHRAVYA. M	15-04-2005	KRN
		3	108	SPANDANA K	15-10-2005	KRN
49 kg	TOTAL	1	161	SOUMYA DALVI	18-08-2005	MHR
		2	146	JEEVITHA	01-06-2002	KRN
		3	139	A.POSIKA	24-09-2006	TND
55 kg	TOTAL	1	183	ANANYA PATIL	14-01-2001	MHR
		2	164	T.LAVANYA	04-09-2007	A.P.
		3	163	KANIKASHREE.V.R	15-09-2006	TND
59 kg	TOTAL	1	187	T.M.KEERTHANA	21-10-2004	TND
		2	181	VIDUSHI SHARMA	04-08-2002	M.P.
		3	174	B.HARIKA	10-08-2007	A.P.
64 kg	TOTAL	1	181	POOJA PARDESHI	16-04-2001	MHR
		2	178	L.KOWSHIKA	18-03-2004	PON
		3	178	HIMALI KAMBLE	01-10-2002	GOA
71 kg	TOTAL	1	180	M.LEKHAMAALYA	19-08-2003	TND
		2	178	THANUSHA. M	27-04-2002	KRN
		3	171	NICEMOL THOMAS	09-12-1999	KRL
76 kg	TOTAL	1	179	V. SAHITHI	15-10-2002	TEL
		2	172	ANJANA SREEJITH	25-02-2003	IWLF-NCOE
		3	169	NISHEL DELPHINA D SOUZA	15-03-2003	KRN
81 kg	TOTAL	1	183	R.P. KEERTHANA	20-01-2008	IWLF
		2	180	OVIYA.K	11-02-2007	TND
		3	178	SHREYA GANAMUKHI	24-02-2004	MHR
87 kg	TOTAL	1	177	YOGITA KHEDKAR	15-06-2002	MHR
		2	173	PRATHIBHA KUMARI M P	17-05-2001	KRL
		3	158	PRITI DESHMUKH	25-02-2003	MHR
+87 kg	TOTAL	1	180	RUCHIKA DHORE	26-07-2001	IWLF
		2	177	SITARA	10-09-2001	IWLF
		3	163	NIVETHA T	27-02-1997	IWLF

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V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

SENIOR SUMMARY TEAM CLASSIFICATION

No.	Team	MEN	WOMEN	SUMMARY
1	MHR : MHR	0/0	248/10	248/10
2	IWLF : IWLF	0/0	203/9	203/9
3	KRN : KRN	0/0	201/10	201/10
4	KRL : KRL	0/0	187/9	187/9
5	TND : TND	0/0	171/7	171/7
6	M.P. : M.P.	0/0	151/8	151/8
7	IWLF-NCOE : IWLF-NCOE	0/0	111/5	111/5
8	A.P. : A.P.	0/0	70/3	70/3
9	PON : PON	0/0	46/2	46/2
10	TEL : TEL	0/0	44/2	44/2
11	GOA : GOA	0/0	44/2	44/2



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V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023



SENIOR MEN'S TEAM CLASSIFICATION

No.	Team	TOTAL
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ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

SENIOR WOMEN'S TEAM CLASSIFICATION

No.	Team	45 kg	49 kg	55 kg	59 kg	64 kg	71 kg	76 kg	81 kg	87 kg	+87 kg	TOTAL
1	MHR : MHR	28/1	48/2	28/1	-	28/1	20/1	22/1	23/1	51/2	-	248/10
2	IWLF : IWLF	-	41/2	-	39/2	-	19/1	-	28/1	-	76/3	203/9
3	KRN : KRN	48/2	25/2	20/1	-	39/2	25/1	44/2	-	-	-	201/10
4	KRL : KRL	-	-	21/1	-	39/2	41/2	39/2	-	25/1	22/1	187/9
5	TND : TND	-	23/1	23/1	28/1	-	50/2	-	47/2	-	-	171/7
6	M.P. : M.P.	-	18/1	37/2	43/2	32/2	-	-	-	-	21/1	151/8
7	IWLF-NCOE : IWLF-NCOE	-	21/1	-	22/1	22/1	-	25/1	21/1	-	-	111/5
8	A.P. : A.P.	-	-	47/2	23/1	-	-	-	-	-	-	70/3
9	PON : PON	-	-	-	-	25/1	21/1	-	-	-	-	46/2
10	GOA : GOA	-	-	-	21/1	23/1	-	-	-	-	-	44/2
11	TEL : TEL	-	-	-	-	16/1	-	28/1	-	-	-	44/2

ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

SENIOR SUMMARY MEDALS

No.	Team	1	2	3	4	5	6	7	8	9	10	11
1	MHR : MHR	5		2	1		2					
2	TND : TND	2	1	2	2							
3	IWLF : IWLF	2	1	1	1		1	3				
4	TEL : TEL	1									1	
5	KRN : KRN		3	2		2	1		1			
6	KRL : KRL		1	1	1	1	2	2	1			
7	A.P. : A.P.		1	1	1							
8	IWLF-NCOE : IWLF-NCOE		1		2	2						
9	M.P. : M.P.		1			1		1	3	1		1
10	PON : PON		1			1						
11	GOA : GOA			1		1						



ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023



SENIOR MEN 's MEDALS

No.	Team
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ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

SENIOR WOMEN 's MEDALS

No.	Team	1	2	3	4	5	6	7	8	9	10	11
1	MHR : MHR	5		2	1		2					
2	TND : TND	2	1	2	2							
3	IWLF : IWLF	2	1	1	1		1	3				
4	TEL : TEL	1									1	
5	KRN : KRN		3	2		2	1		1			
6	KRL : KRL		1	1	1	1	2	2	1			
7	A.P. : A.P.		1	1	1							
8	IWLF-NCOE : IWLF-NCOE		1		2	2						
9	M.P. : M.P.		1			1		1	3	1		1
10	PON : PON		1			1						
11	GOA : GOA			1		1						

ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

RESULT SENIOR WOMEN 45 kg

Competition : 07.11.2023 12:30

Weigh in : 10:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	57	[A] AKANKSHA VYAVAHARE	135	MHR	19-06-2007	44.800	56	59	62	62	1	68	73	--	73	1	135	1
2	40	[A] SHRAVYA. M	110	KRN	15-04-2005	44.700	50	54	54	54	2	60	66	68	66	2	120	2
3	12	[A] SPANDANA K	115	KRN	15-10-2005	44.400	47	51	51	47	3	61	65	65	61	3	108	3

Jury

1. A. SHYMALA SHETTY I-1, [KRN]
2. B. R.V.L.N. RATNAKAR RAO, I-1, A [A.P.]
3. C. GEETHA ANANDA, I-2 [KRN]

Referee

- Center - VIRPAL KAUR, N-1 [PUN]
Left - FAJARU NASIK C,V, N-2 [KRL]
Right - SUBEESH NAIR, N-2 [KRL]

Chief Marshal

1. A. SADASHIV BHATT, N-1 [KRN]
2. PUSHPA RAJ HEGDE, N-1 [KRN]
3. ADITYA DWIVEDI, N-2 [M.P.]

Time Keeper

1. R. KAVITHA, N-1 [TND]

Technical Controller

1. MITHUVIN JAYASOORYAN, N-2 [KRL]
2. GIRISH GOPLAKRISHNAN, N-2 [KRL]

Secretary

1. A. PRASHANT BENDRE, I-1 [MHR]
2. K. CHELLAMARIAPDPAM, N-1

ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

RESULT SENIOR WOMEN 49 kg

Competition : 07.11.2023 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	42	[A] SOUMYA DALVI	155	MHR	18-08-2005	47.550	67	71	74	71	2	86	90	--	90	1	161	1
2	98	[A] JEEVITHA	145	KRN	01-06-2002	49.000	55	61	64	64	3	78	82	85	82	2	146	2
3	44	[A] A.POSIKA	125	TND	24-09-2006	48.650	57	58	62	62	4	71	77	77	77	3	139	3
4	136	[A] HARSHADA SHARAD GARUD	155	IWLF	08-11-2003	46.800	60	65	--	60	6	75	--	--	75	4	135	4
5	43	[A] SUFNA JASMIN P S	115	IWLF- NCOE	25-10-2002	47.000	55	60	63	60	7	70	75	78	75	5	135	5
6	89	[A] KHUSHALI GANGURDE	140	MHR	28-06-2001	47.800	60	63	63	60	5	70	73	76	73	6	133	6
7	16	[A] YASHMEEN SHEKH	110	IWLF	08-09-2003	48.500	45	45	50	45	8	60	60	65	65	7	110	7
8	22	[A] ISHIKA LASHKARI	88	M.P.	14-12-2005	47.950	40	43	43	43	9	46	51	51	51	8	94	8
	142	[A] LAKSHMI B	150	KRN	25-06-1999	48.650	70	73	75	73	1	89	89	89	--		--	

Jury

1. A. S.H. ANANDE GOWDA, I-1, [KRN]
2. B. S. SHANMUGAVEL, I-1, A [TND]
3. C. KRISHANRAJ K., I-1, [KRN]

Referee

- Center - K. CHELLAMARIAPDAM, N-1 [TND]
Left - MANOJ JANGID, N-2 [M.P.]
Right - SIYA AJ. N-2 [KRL]

Chief Marshal

1. B. SADASHIV BHATT [KRN]
2. C. ADITYA DWIVEDI, N-2 [M.P.]
3. D. PUSHPA RAJ HEGDE, N-1 [KRN]

Time Keeper

1. SHUBHAM JAIN, N-2 [M.P.]

Technical Controller

1. JITENDRA SWAMI, N-2 [M.P.]
2. SUBEESH NAIR, N-2 [KRL]

Secretary

1. A. PREMNATH ULLAL, N-1 [KRN]
2. B. ASHOK KUMAR S., N-2 [KRL]

ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

RESULT SENIOR WOMEN 55 kg

Competition : 07.11.2023 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	146	[A] ANANYA PATIL	180	MHR	14-01-2001	54.600	75	79	83	83	1	92	96	100	100	1	183	1
2	51	[A] T.LAVANYA	150	A.P.	04-09-2007	55.000	66	69	72	72	2	89	92	95	92	4	164	2
3	131	[A] KANIKASHREE.V.R	155	TND	15-09-2006	54.400	65	69	70	70	4	84	90	93	93	2	163	3
4	48	[A] B.CHANDRIKA	170	A.P.	10-08-2005	50.900	68	71	73	71	3	90	94	94	90	5	161	4
5	118	[A] MANIQUM SHETTY N	173	KRL	02-04-2002	53.900	65	69	69	69	6	88	92	96	92	3	161	5
6	117	[A] YUKTHIKA	150	KRN	27-05-2002	54.850	65	69	72	69	5	86	93	93	86	6	155	6
7	149	[B] CHAITANYA PARMAR	108	M.P.	25-05-2006	53.500	50	53	55	53	7	61	65	68	68	7	121	7
8	11	[B] KIRAN DUDWA	90	M.P.	07-07-2002	54.400	40	42	47	42	8	50	54	54	50	8	92	8

Jury

1. A. SHYMALA SHETTY I-1, [KRN]
2. B. R.V.L.N. RATNAKAR RAO, I-1, A [A.P.]
3. C. GEETHA ANANDA, I-2 [KRN]

Referee

- Center - TRUPTI PARASHER, N-1 [MHR]
Left - JITENDRA SWAMI, N-2 [M.P.]
Right - RATHEESH KUMAR, N-2 [KRL]

Chief Marshal

1. A. SADASHIV BHATT, N-1 [KRN]
2. PUSHPA RAJ HEGDE, N-1 [KRN]
3. ADITYA DWIVEDI, N-2 [M.P.]

Time Keeper

1. R. KAVITHA, N-1 [TND]

Technical Controller

1. MITHUVIN JAYASOORYAN, N-2 [KRL]
2. GIRISH GOPLAKRISHNAN, N-2 [KRL]

Secretary

1. A. PRASHANT BENDRE, I-1 [MHR]
2. K. CHELLAMARIAPDPAM, N-1

ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

RESULT SENIOR WOMEN 59 kg

Competition : 08.11.2023 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	119	[A] T.M.KEERTHANA	185	TND	21-10-2004	58.400	77	77	81	81	1	95	100	106	106	1	187	1
2	50	[A] VIDUSHI SHARMA	180	M.P.	04-08-2002	57.950	74	77	79	77	3	100	104	110	104	2	181	2
3	37	[A] B.HARIKA	170	A.P.	10-08-2007	59.000	72	76	79	79	2	90	95	99	95	4	174	3
4	75	[A] BHUMIKA MOHITE	173	IWLF- NCOE	20-09-2006	58.200	68	72	74	74	4	92	96	96	96	3	170	4
5	116	[A] SUJATA RAI	151	GOA	17-11-2002	58.100	60	68	73	68	6	88	90	93	93	5	161	5
6	63	[A] ASHWITHA B	155	IWLF	24-04-2002	57.750	65	69	73	69	5	85	89	91	91	6	160	6
7	104	[B] HAFIZA SH	105	IWLF	18-06-1998	57.400	46	48	48	48	7	55	60	63	63	7	111	7
8	56	[B] ROSHNI SILAWAT	97	M.P.	14-12-2005	58.650	40	43	43	40	8	53	58	58	53	8	93	8

Jury

1. A. S.H. ANANDE GOWDA, I-1, [KRN]
2. B. S. SHANMUGAVEL, I-1, A [TND]
3. C. KRISHANRAJ K., I-1, [KRN]

Referee

- Center - RATHEESH KUMAR, N-2 [KRL]
Left - TRUPTI PARASHER, N-1 [MHR]
Right - JITENDRA SWAMI, N-2 [M.P.]

Chief Marshal

1. B. SADASHIV BHATT [KRN]
2. C. ADITYA DWIVEDI, N-2 [M.P.]
3. D. PUSHPA RAJ HEGDE, N-1 [KRN]

Time Keeper

1. SHUBHAM JAIN, N-2 [M.P.]

Technical Controller

1. JITENDRA SWAMI, N-2 [M.P.]
2. SUBEESH NAIR, N-2 [KRL]

Secretary

1. A. PREMNATH ULLAL, N-1 [KRN]
2. B. ASHOK KUMAR S., N-2 [KRL]

ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

RESULT SENIOR WOMEN 64 kg

Competition : 08.11.2023 15:30

Weigh in : 13:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	38	[A] POOJA PARDESHI	190	MHR	16-04-2001	62.450	78	78	81	81	1	96	100	103	100	2	181	1
2	45	[A] L.KOWSHIKA	180	PON	18-03-2004	63.650	75	78	78	78	2	96	100	103	100	3	178	2
3	147	[A] HIMALI KAMBLE	170	GOA	01-10-2002	62.550	75	75	80	75	3	95	103	103	103	1	178	3
4	106	[A] RENUMOL P. R	165	IWLF- NCOE	01-10-2007	63.850	66	66	68	68	4	80	84	86	84	4	152	4
5	71	[B] JASHMITHA D.R	135	KRN	29-10-2001	60.000	58	61	64	61	6	75	80	83	83	5	144	5
6	70	[A] TELCY ANITT BENNY	145	KRL	02-09-2001	60.750	60	65	68	65	5	79	79	88	79	7	144	6
7	14	[B] ANUSREE N B	110	KRL	20-01-2005	60.600	56	56	58	56	8	72	77	82	82	6	138	7
8	103	[B] ANUSHA	126	KRN	04-05-2003	62.250	53	58	58	58	7	73	78	82	78	8	136	8
9	79	[B] SNEHA BATRA	125	M.P.	13-03-1999	62.900	50	50	55	55	9	60	67	67	60	9	115	9
10	97	[B] SONY REDDY.G	113	TEL	29-03-1999	63.050	45	48	52	48	10	60	65	65	60	10	108	10
11	108	[B] SONALI VARMA	108	M.P.	03-08-2007	61.100	45	50	53	45	11	50	55	55	55	11	100	11

Jury

1. A. SHYMALA SHETTY I-1, [KRN]
2. B. R.V.L.N. RATNAKAR RAO, I-1, A [A.P.]
3. C. GEETHA ANANDA, I-2 [KRN]

Referee

- Center - FAJARU NASIK C,V, N-2 [KRL]
Left - SUBEESH NAIR, N-2 [KRL]
Right - VIRPAL KAUR, N-1 [PUN]

Chief Marshal

1. A. SADASHIV BHATT, N-1 [KRN]
2. PUSHPA RAJ HEGDE, N-1 [KRN]
3. ADITYA DWIVEDI, N-2 [M.P.]

Time Keeper

1. R. KAVITHA, N-1 [TND]

Technical Controller

1. MITHUVIN JAYASOORYAN, N-2 [KRL]
2. GIRISH GOPLAKRISHNAN, N-2 [KRL]

Secretary

1. A. PRASHANT BENDRE, I-1 [MHR]
2. K. CHELLAMARIAPDPAM, N-1

ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

RESULT SENIOR WOMEN 71 kg

Competition : 09.11.2023 12:00

Weigh in : 10:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	54	[A] M.LEKHAMAALYA	165	TND	19-08-2003	71.000	75	79	81	81	1	95	99	99	99	2	180	1
2	15	[A] THANUSHA. M	180	KRN	27-04-2002	71.000	74	74	78	78	3	100	100	100	100	1	178	2
3	83	[B] NICEMOL THOMAS	145	KRL	09-12-1999	70.550	74	78	81	78	2	88	93	97	93	3	171	3
4	124	[A] M.A. HASINA SHRIN	158	TND	06-05-2008	70.100	68	73	76	76	4	84	89	92	92	5	168	4
5	65	[B] S. RITHIKA	150	PON	15-09-2005	71.000	65	70	72	72	5	85	90	92	92	4	164	5
6	112	[B] KARUNA GADHE	150	MHR	20-07-2000	67.150	62	65	68	65	6	81	84	88	84	6	149	6
7	23	[B] BEULAH P T	150	IWLF	01-11-2002	66.350	60	63	66	63	7	81	81	81	81	7	144	7
8	73	[B] PRATHYUSHA T V	135	KRL	10-04-2004	66.900	53	55	58	55	8	65	70	75	70	8	125	8

Jury

1. A. S.H. ANANDE GOWDA, I-1, [KRN]
2. B. S. SHANMUGAVEL, I-1, A [TND]
3. C. KRISHANRAJ K., I-1, [KRN]

Referee

- Center - VIRPAL KAUR, N-1 [PUN]
Left - RATHEESH KUMAR, N-2 [KRL]
Right - SANTOSH C. KURIAKOSE, N-2 [KRL]

Chief Marshal

1. B. SADASHIV BHATT [KRN]
2. C. ADITYA DWIVEDI, N-2 [M.P.]
3. D. PUSHPA RAJ HEGDE, N-1 [KRN]

Time Keeper

1. SHUBHAM JAIN, N-2 [M.P.]

Technical Controller

1. JITENDRA SWAMI, N-2 [M.P.]
2. SUBEESH NAIR, N-2 [KRL]

Secretary

1. A. PREMNATH ULLAL, N-1 [KRN]
2. B. ASHOK KUMAR S., N-2 [KRL]

ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

RESULT SENIOR WOMEN 76 kg

Competition : 09.11.2023 14:30

Weigh in : 12:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	53	[A] V. SAHITHI	185	TEL	15-10-2002	74.250	77	80	82	80	1	96	96	99	99	2	179	1
2	100	[A] ANJANA SREEJITH	192	IWLF- NCOE	25-02-2003	75.400	73	77	77	73	4	99	99	107	99	1	172	2
3	133	[A] NISHEL DELPHINA D SOUZA	165	KRN	15-03-2003	74.750	72	76	78	78	2	91	96	96	91	5	169	3
4	19	[A] ANUYA GAONKAR	175	MHR	02-06-1991	75.400	77	77	80	77	3	91	91	95	91	6	168	4
5	27	[A] YASHAWINI .V .BHANDARY	167	KRN	16-02-2001	72.600	70	70	70	70	5	90	94	97	94	3	164	5
6	21	[A] RENJINI R S	162	KRL	15-11-2001	73.500	65	70	70	65	6	88	93	100	93	4	158	6
7	55	[B] PRARTHANA U P	93	KRL	27-03-2006	72.150	38	41	45	41	7	51	56	56	51	7	92	7

Jury

1. A. SHYMALA SHETTY I-1, [KRN]
2. B. R.V.L.N. RATNAKAR RAO, I-1, A [A.P.]
3. C. GEETHA ANANDA, I-2 [KRN]

Referee

Center - TRUPTI PARASHER, N-1 [MHR]
Left - M. RAVINDRANATHAN, N-1 [KRL]
Right - SANJIV RAZDAN, N-2 [M.P.]

Chief Marshal

1. A. SADASHIV BHATT, N-1 [KRN]
2. PUSHPA RAJ HEGDE, N-1 [KRN]
3. ADITYA DWIVEDI, N-2 [M.P.]

Time Keeper

1. R. KAVITHA, N-1 [TND]

Technical Controller

1. MITHUVIN JAYASOORYAN, N-2 [KRL]
2. GIRISH GOPLAKRISHNAN, N-2 [KRL]

Secretary

1. A. PRASHANT BENDRE, I-1 [MHR]
2. K. CHELLAMARIAPDPAM, N-1

ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

RESULT SENIOR WOMEN 81 kg

Competition : 10.11.2023 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	93	[C] R.P. KEERTHANA	132	IWLF	20-01-2008	80.050	72	77	81	81	1	94	99	102	102	1	183	1
2	9	[A] OVIYA.K	175	TND	11-02-2007	79.600	75	79	83	79	2	96	101	105	101	2	180	2
3	84	[A] SHREYA GANAMUKHI	180	MHR	24-02-2004	80.250	70	74	78	78	4	95	100	103	100	3	178	3
4	90	[B] K.SUBIKSHA	170	TND	22-04-2006	78.000	78	82	82	78	3	95	101	103	95	4	173	4
5	88	[C] AMULYA R RAO	110	IWLF- NCOE	18-09-2005	76.200	46	50	53	53	5	60	65	65	65	5	118	5

Jury

1. A. S.H. ANANDE GOWDA, I-1, [KRN]
2. B. S. SHANMUGAVEL, I-1, A [TND]
3. C. KRISHANRAJ K., I-1, [KRN]

Referee

- Center - TRUPTI PARASHER, N-1 [MHR]
Left - M. RAVINDRANATHAN, N-1 [KRL]
Right - SANJIV RAZDAN, N-2 [M.P.]

Chief Marshal

1. B. SADASHIV BHATT [KRN]
2. C. ADITYA DWIVEDI, N-2 [M.P.]
3. D. PUSHPA RAJ HEGDE, N-1 [KRN]

Time Keeper

1. SHUBHAM JAIN, N-2 [M.P.]

Technical Controller

1. JITENDRA SWAMI, N-2 [M.P.]
2. SUBEESH NAIR, N-2 [KRL]

Secretary

1. A. PREMNATH ULLAL, N-1 [KRN]
2. B. ASHOK KUMAR S., N-2 [KRL]

ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

RESULT SENIOR WOMEN 87 kg

Competition : 10.11.2023 11:30

Weigh in : 9:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	109	[A] YOGITA KHEDKAR	195	MHR	15-06-2002	84.950	80	--	--	80	1	97	--	--	97	2	177	1
2	28	[B] PRATHIBHA KUMARI M P	174	KRL	17-05-2001	85.900	65	71	75	75	2	89	94	98	98	1	173	2
3	25	[B] PRITI DESHMUKH	170	MHR	25-02-2003	86.000	68	68	71	68	3	90	90	94	90	3	158	3

Jury

1. A. SHYMALA SHETTY I-1, [KRN]
2. B. R.V.L.N. RATNAKAR RAO, I-1, A [A.P.]
3. C. GEETHA ANANDA, I-2 [KRN]

Referee

- Center - SUMIT PALIWAL, N-2 [M.P.]
Left - SIYA AJ. N-2 [KRL]
Right - VINOD KUMAR P V, N-2 [KRL]

Chief Marshal

1. A. SADASHIV BHATT, N-1 [KRN]
2. PUSHPA RAJ HEGDE, N-1 [KRN]
3. ADITYA DWIVEDI, N-2 [M.P.]

Time Keeper

1. R. KAVITHA, N-1 [TND]

Technical Controller

1. MITHUVIN JAYASOORYAN, N-2 [KRL]
2. GIRISH GOPLAKRISHNAN, N-2 [KRL]

Secretary

1. A. PRASHANT BENDRE, I-1 [MHR]
2. K. CHELLAMARIAPDPAM, N-1

ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

RESULT SENIOR WOMEN +87 kg

Competition : 10.11.2023 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	96	[A] RUCHIKA DHORE	185	IWLF	26-07-2001	89.850	80	--	--	80	2	100	--	--	100	1	180	1
2	113	[C] SITARA	160	IWLF	10-09-2001	92.900	75	78	83	83	1	90	94	94	94	3	177	2
3	41	[B] NIVETHA T	160	IWLF	27-02-1997	101.100	70	70	80	70	3	89	93	98	93	4	163	3
4	145	[B] KRISHNAPRIYA B	163	KRL	07-10-2003	92.850	62	66	69	66	4	85	92	97	97	2	163	4
5	91	[C] DIVYA GURJAR	128	M.P.	09-08-1997	97.450	55	58	61	61	5	70	75	80	75	5	136	5

Jury

1. A. S.H. ANANDE GOWDA, I-1, [KRN]
2. B. S. SHANMUGAVEL, I-1, A [TND]
3. C. KRISHANRAJ K., I-1, [KRN]

Referee

- Center - TRUPTI PARASHER, N-1 [MHR]
Left - M. RAVINDRANATHAN, N-1 [KRL]
Right - SANJIV RAZDAN, N-2 [M.P.]

Chief Marshal

1. B. SADASHIV BHATT [KRN]
2. C. ADITYA DWIVEDI, N-2 [M.P.]
3. D. PUSHPA RAJ HEGDE, N-1 [KRN]

Time Keeper

1. SHUBHAM JAIN, N-2 [M.P.]

Technical Controller

1. JITENDRA SWAMI, N-2 [M.P.]
2. SUBEESH NAIR, N-2 [KRL]

Secretary

1. A. PREMNATH ULLAL, N-1 [KRN]
2. B. ASHOK KUMAR S., N-2 [KRL]

GROUP OF JURIES AND REFEREES

JURY Member Group 1 :

- A. SHYMALA SHETTY I-1, [KRN] *President of Jury
- B. R.V.L.N. RATNAKAR RAO, I-1, A [A.P.]
- C. GEETHA ANANDA, I-2 [KRN]

JURY Member Group 2 :

- A. S.H. ANANDE GOWDA, I-1, [KRN] *President of Jury
- B. S. SHANMUGAVEL, I-1, A [TND]
- C. KRISHANRAJ K., I-1, [KRN]

REFEREE Member Group 1 :

- TRUPTI PARASHER, N-1 [MHR]
- M. RAVINDRANATHAN, N-1 [KRL]
- SANJIV RAZDAN, N-2 [M.P.]

REFEREE Member Group 2 :

- SIYA AJ. N-2 [KRL]
- SUMIT PALIWAL, N-2 [M.P.]
- VINOD KUMAR P V, N-2 [KRL]

REFEREE Member Group 3 :

- RATHEESH KUMAR, N-2 [KRL]
- VIRPAL KAUR, N-1 [PUN]
- SANTOSH C. KURIAKOSE, N-2 [KRL]

GROUP OF OTHER COMPETITION OFFICIALS

CHIEF MARSHAL Member Group 1 :

- A. SADASHIV BHATT, N-1 [KRN]
- PUSHPA RAJ HEGDE, N-1 [KRN]
- ADITYA DWIVEDI, N-2 [M.P.]

CHIEF MARSHAL Member Group 2 :

- B. SADASHIV BHATT [KRN]
- C. ADITYA DWIVEDI, N-2 [M.P.]
- D. PUSHPA RAJ HEGDE, N-1 [KRN]

TIMEKEEPER Member Group 1 :

- R. KAVITHA, N-1 [TND]

TIMEKEEPER Member Group 2 :

- SHUBHAM JAIN, N-2 [M.P.]

TECHNICAL CONTROLLER Member Group 1 :

- MITHUVIN JAYASOORYAN, N-2 [KRL]
- GIRISH GOPLAKRISHNAN, N-2 [KRL]

TECHNICAL CONTROLLER Member Group 2 :

- JITENDRA SWAMI, N-2 [M.P.]
- SUBEESH NAIR, N-2 [KRL]

SECRETARY Member Group 1 :

- A. PRASHANT BENDRE, I-1 [MHR]
- K. CHELLAMARIAPDPAM, N-1 [TND]

SECRETARY Member Group 2 :

- A. PREMNATH ULLAL, N-1 [KRN]
- B. ASHOK KUMAR S. , N-2 [KRL]

COMPETITION DIRECTOR Member Group 1 :

- KUMBASI SUBRAMANYA, I-1 [KRN]

SPEAKER Member Group 1 :

- P.A. JOSE, N-1 [KRL]

TIS MEMBER Member Group 1 :

- SHIVAM MISHRA, N-2 [IWLF]
- PURAN CHANDRA, N-2 [IWLF]

SPEAKER Member Group 2 :

- MANOJ JANGID, N-2 [M.P.]

TIS MEMBER Member Group 2 :

- VISHAL CHOUDHARY, N-2 [IWLF]
- SUNEET CHOPRA, N-1 [IWLF]
- AJAY KUMAR DAS, N-1 [SSCB]



ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023



MEN 's ROBI TOTAL POINT

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
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WOMEN 's ROBI TOTAL POINT

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
1	ANANYA PATIL	14-01-2001	MHR	54.600	183	448.243
2	T.M.KEERTHANA	21-10-2004	TND	58.400	187	396.759
3	SOUMYA DALVI	18-08-2005	MHR	47.550	161	376.729
4	VIDUSHI SHARMA	04-08-2002	M.P.	57.950	181	356.023
5	AKANKSHA VYAVAHARE	19-06-2007	MHR	44.800	135	315.782
6	B.HARIKA	10-08-2007	A.P.	59.000	174	312.303
7	T.LAVANYA	04-09-2007	A.P.	55.000	164	311.434
8	KANIKASHREE.V.R	15-09-2006	TND	54.400	163	305.170
9	POOJA PARDESHI	16-04-2001	MHR	62.450	181	296.442
10	B.CHANDRIKA	10-08-2005	A.P.	50.900	161	292.908
11	MANIQUM SHETTY N	02-04-2002	KRL	53.900	161	292.908
12	BHUMIKA MOHITE	20-09-2006	IWLF-NCOE	58.200	170	289.084
13	L.KOWSHIKA	18-03-2004	PON	63.650	178	280.432
14	HIMALI KAMBLE	01-10-2002	GOA	62.550	178	280.432
15	JEEVITHA	01-06-2002	KRN	49.000	146	272.231
16	YUKTHIKA	27-05-2002	KRN	54.850	155	258.189
17	M.LEKHAMAALYA	19-08-2003	TND	71.000	180	250.666
18	THANUSHA. M	27-04-2002	KRN	71.000	178	241.533
19	SUJATA RAI	17-11-2002	GOA	58.100	161	241.296
20	ASHWITHA B	24-04-2002	IWLF	57.750	160	236.353
21	R.P. KEERTHANA	20-01-2008	IWLF	80.050	183	234.986
22	V. SAHITHI	15-10-2002	TEL	74.250	179	231.673
23	A.POSIKA	24-09-2006	TND	48.650	139	231.235
24	OVIYA.K	11-02-2007	TND	79.600	180	222.431
25	SHREYA GANAMUKHI	24-02-2004	MHR	80.250	178	214.326
26	SHRAVYA. M	15-04-2005	KRN	44.700	120	213.531
27	NICEMOL THOMAS	09-12-1999	KRL	70.550	171	211.395
28	HARSHADA SHARAD GARUD	08-11-2003	IWLF	46.800	135	209.859
29	SUFNA JASMIN P S	25-10-2002	IWLF-NCOE	47.000	135	209.859
30	ANJANA SREEJITH	25-02-2003	IWLF-NCOE	75.400	172	202.919
31	KHUSHALI GANGURDE	28-06-2001	MHR	47.800	133	199.708
32	M.A. HASINA SHRIN	06-05-2008	TND	70.100	168	199.324
33	K.SUBIKSHA	22-04-2006	TND	78.000	173	194.971
34	NISHEL DELPHINA D SOUZA	15-03-2003	KRN	74.750	169	191.398
35	ANUYA GAONKAR	02-06-1991	MHR	75.400	168	187.662
36	YOGITA KHEDKAR	15-06-2002	MHR	84.950	177	185.325
37	S. RITHIKA	15-09-2005	PON	71.000	164	183.990
38	YASHAWINI .V .BHANDARY	16-02-2001	KRN	72.600	164	173.225
39	PRATHIBHA KUMARI M P	17-05-2001	KRL	85.900	173	171.773
40	RENNUMOL P. R	01-10-2007	IWLF-NCOE	63.850	152	165.967