

ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING CHAMPIONSHIP 203-24
INDOOR SPORTS COMPLEX,SEALDAH,WEST BENGAL
02 DEC TO 06 DEC 23
RESULT - WOMEN SENIOR

Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch					Clean&Jerk					Total		
							1	2	3	Max	Rank	1	2	3	Max	Rank	Total	Rank	
SR F 45																			
59	Chandrika	Tarafdar	SR F 45	44.93	WB	12/10/1996	64	68	(70)	68	1	(85)	85	91	91	1	159	1	
45	REKHA MONI	GOGOI	SR F 45	44.25	ASM	11/12/2004	53	(56)	(56)	53	2	64	67	(69)	67	3	120	2	
51	Sandiya	Gungli	SR F 45	44.64	ARN	27/12/2004	48	(52)	(52)	48	3	(68)	68	(73)	68	2	116	3	
127	Manisha	Soren	SR F 45	44.12	JKD	03/10/2007	35	(40)	42	42	5	53	58	62	62	4	104	4	
143	Babita	Kumari	SR F 45	44.33	JKD	01/01/2007	40	44	(47)	44	4	49	52	(55)	52	5	96	5	
SR F 49																			
83	GYANSHWARI	YADAV	SR F 49	48.80	C.G.	08/03/2003	76	79	-	79	1	93	-	-	93	1	172	1	
1	Jhilli	Dalabehera	SR F 49	49.00	ORS	03/02/1999	68	71	74	74	2	(86)	86	90	90	2	164	2	
21	Th Sanju	Devi	SR F 49	48.70	MNP	17/04/2003	(70)	(70)	70	70	3	85	(87)	87	87	3	157	3	
46	Sandhya Rani	Nayak	SR F 49	48.20	ORS	04/04/2003	64	67	69	69	4	83	86	(89)	86	4	155	4	
80	Asrita	Barla	SR F 49	45.74	JKD	01/01/2005	44	49	(52)	49	5	53	56	59	59	5	108	5	
SR F 55																			
109	Shrabani	Das	SR F 55	55.00	WB	16/03/2002	77	(80)	80	80	2	102	(106)	106	106	2	186	1	
20	Sneha	Soren	SR F 55	54.84	ORS	05/02/2001	75	(79)	79	79	3	100	106	(108)	106	1	185	2	
139	L NILAM	DEVI	SR F 55	54.68	MNP	10/06/2004	75	78	80	80	1	94	(98)	98	98	4	178	3	
27	Boni	Mangkhyia	SR F 55	54.83	ARN	06/04/2004	71	74	(76)	74	6	94	100	-	100	3	174	4	
40	Pramila	Krisani	SR F 55	53.43	ORS	09/01/1996	70	74	(76)	74	5	91	96	(100)	96	5	170	5	
100	Khushi	Kumari	SR F 55	55.00	BHR	17/11/2005	70	74	76	76	4	85	89	(93)	89	7	165	6	
33	Anai	Wangsu	SR F 55	54.50	ARN	04/10/2004	(70)	(70)	70	70	7	85	90	(96)	90	6	160	7	
107	Manisha	Kumari	SR F 55	50.96	JKD	03/08/2007	50	55	57	57	8	60	65	70	70	8	127	8	
49	Posen	Kongkang	SR F 55	54.98	ARN	23/02/2010	48	51	(53)	51	9	64	(68)	(68)	64	9	115	9	
36	Smriti	Beng	SR F 55	54.23	JKD	20/12/2007	(48)	48	(51)	48	10	62	(66)	(67)	62	10	110	10	

Lot	Last Name	First Name	Cat.	B.W.	Team	Born	Snatch					Clean&Jerk					Total		
							1	2	3	Max	Rank	1	2	3	Max	Rank	Total	Rank	
149	Priya	Chandra	SR F 55	54.30	BHR	27/02/2003	(53)	(53)	(53)	-	-	-	-	-	-	-	-	-	-

SR F 59

119	Balo	Yalam	SR F 59	58.57	ARN	08/08/2004	73	(76)	76	76	1	95	99	(103)	99	1	175	1
77	P. Shakhenbi	Devi	SR F 59	59.00	MNP	03/04/1998	73	(76)	(76)	73	2	(95)	95	98	98	2	171	2
50	Moti	Jani	SR F 59	58.60	ORS	10/06/2000	70	(73)	73	73	3	90	94	97	97	3	170	3
39	Liza	Kamsha	SR F 59	58.60	ARN	09/02/2003	(71)	71	(75)	71	4	95	(101)	(101)	95	4	166	4
116	Chang	Gangmei	SR F 59	55.12	MNP	21/01/2004	66	(70)	(71)	66	5	88	93	(95)	93	5	159	5
43	Tiluchana	Phukan	SR F 59	58.02	ASM	11/10/2007	65	(69)	(69)	65	6	84	(88)	88	88	6	153	6
120	Paromita	Basak	SR F 59	55.10	WB	26/03/2000	57	(62)	(62)	57	8	75	80	(83)	80	7	137	7
118	Seema	Marandi	SR F 59	57.07	JKD	15/08/2008	58	(62)	(62)	58	7	68	72	75	75	8	133	8
84	Megha	Pal	SR F 59	56.90	C.G.	26/06/2008	(35)	35	(38)	35	9	45	(50)	(50)	45	9	80	9
73	Premlata	Minj	SR F 59	57.91	JKD	25/03/2007	30	(40)	(40)	30	10	42	(47)	(47)	42	10	72	10

SR F 64

11	Ditimoni	Sonowal	SR F 64	64.00	ASM	04/12/2003	80	-	-	80	1	100	105	-	105	1	185	1
69	Sonali	Yadu	SR F 64	60.92	C.G.	19/09/2002	73	76	79	79	2	95	102	(107)	102	2	181	2
98	Epham Quasar	Khanam	SR F 64	60.98	ARN	25/03/2001	(75)	(75)	75	75	3	90	95	(98)	95	3	170	3
22	Khushboo	Kumari	SR F 64	63.50	BHR	12/01/2004	(70)	70	72	72	4	82	86	89	89	5	161	4
5	Debaki	Khilla	SR F 64	63.70	ORS	27/03/2002	(70)	70	(74)	70	5	(90)	(90)	90	90	4	160	5
121	Khemmin	Patel	SR F 64	61.66	C.G.	05/10/2003	54	(57)	57	57	7	77	82	(85)	82	6	139	6
67	Jenis	Barla	SR F 64	60.12	JKD	16/06/2006	(52)	52	55	55	8	72	76	(80)	76	7	131	7
72	Puspita	Mahajan	SR F 64	61.86	WB	01/12/2002	54	57	(59)	57	6	65	71	(75)	71	8	128	8
13	Anupma	Kumari	SR F 64	59.76	JKD	25/12/2005	51	(54)	54	54	9	(67)	70	(73)	70	9	124	9

SR F 71

104	Akta	Banjare	SR F 71	69.06	C.G.	24/08/2005	74	77	(79)	77	2	(93)	93	98	98	2	175	1
108	Songita	Sadhanidar	SR F 71	68.25	ASM	16/08/2004	75	79	(81)	79	1	90	95	(96)	95	3	174	2
90	Shandrella	.	SR F 71	66.31	MNP	10/06/2005	67	70	73	73	3	90	98	(103)	98	1	171	3
16	Shalini	Kumari	SR F 71	69.32	BHR	18/06/2005	60	65	68	68	4	79	(84)	(84)	79	6	147	4

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							1	2	3	Max	Rank	1	2	3	Max	Rank	Total	Rank
97	Aruhi	Kumari	SR F 71	68.62	JKD	09/09/2007	50	55	60	60	5	75	80	(84)	80	4	140	5
105	Riya	Ghosh	SR F 71	70.87	WB	28/12/2000	50	55	(60)	55	6	70	75	80	80	5	135	6
SR F 76																		
135	Maganthi	Keerthi	SR F 76	75.95	ORS	12/03/2001	70	(75)	75	75	1	90	95	(101)	95	1	170	1
122	Soweta	Kundu	SR F 76	72.45	WB	28/12/2002	(68)	68	(75)	68	3	85	90	(103)	90	2	158	2
93	CINDY	LALPARMAWII	SR F 76	72.20	MIZ	24/01/2008	46	50	53	53	4	58	64	67	67	3	120	3
126	Shikha	Bayan	SR F 76	73.60	ASM	14/07/1998	65	(70)	70	70	2	(80)	(83)	(83)	-	-	-	-
SR F 81																		
148	W.Sapana	Devi	SR F 81	80.35	MNP	15/01/2003	76	80	83	83	1	97	105	112	112	1	195	1
41	Swetalina	Nayak	SR F 81	80.00	ORS	01/02/2002	65	70	74	74	2	85	89	-	89	2	163	2
124	Palki Pradip	Kayshap	SR F 81	76.80	ASM	07/08/2001	55	58	61	61	4	70	73	76	76	3	137	3
106	Rithi	Bag	SR F 81	77.32	WB	03/10/2005	55	60	63	63	3	(65)	65	(70)	65	4	128	4
55	SOUMITRI	DAS	SR F 81	76.40	WB	08/01/1996	40	45	50	50	5	(55)	55	65	65	5	115	5
142	Shipra	Bishwash	SR F 81	77.10	C.G.	24/01/2000	37	(41)	(42)	37	6	50	55	(58)	55	6	92	6
SR F 87																		
2	Shivani	Yadav	SR F 87	85.70	ORS	05/01/2001	75	81	84	84	1	86	96	110	110	1	194	1
31	Subhasmita	Mohanty	SR F 87	84.55	ORS	27/11/1995	73	(76)	76	76	2	85	(89)	89	89	2	165	2
SR F >87																		
75	Sneha	Halder	SR F >87	93.35	WB	17/08/2001	55	60	62	62	1	70	77	(83)	77	1	139	1
112	Rimjhim	Mengi	SR F >87	98.32	C.G.	09/01/2003	53	57	(59)	57	2	74	(78)	(78)	74	2	131	2
131	Aditi	Kumari	SR F >87	88.90	BHR	19/02/2007	35	40	(45)	40	3	45	(50)	(50)	45	3	85	3