



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA

23/10/2023 to 30/10/2023



# RESULTS BOOK

---



## SENIOR



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**SENIOR MEN'S MEDALLISTS**

	LIFT	RANK	RESULT	NAME	BORN	TEAM
55 kg	TOTAL	1	249	MUKUND AHER	04-07-2003	MHR
		2	230	S.GURU NAIDU	09-05-2006	A.P.
		3	228	N. TOMCHOU MEETEI	03-04-2006	MNP
61 kg	TOTAL	1	267	CHARU PESI	03-09-2002	SSCB
		2	266	SIDHANTA GOGOI	08-04-2004	ASM
		3	263	SUBHAM T.TODKAR	19-05-1997	MHR
67 kg	TOTAL	1	281	LALHUNTHARA	07-12-2002	MIZ
		2	280	SUBHASH LAHRE	10-11-2002	SSCB
		3	277	BENGIA TANI	26-02-2004	ARN
73 kg	TOTAL	1	290	N.AJITH	27-01-1999	TND
		2	281	RANJEET CHAVAN	20-02-1998	MHR
		3	279	J.KOTESWARA RAO	26-01-2001	A.P.
81 kg	TOTAL	1	312	VALLURI AJAYA BABU	25-11-2004	M.P.
		2	309	ABHISHEK NIPANE	11-12-2001	MHR
		3	308	AJAY SINGH	17-04-1997	RAJ
89 kg	TOTAL	1	319	GOURAV	28-06-1995	CHD
		2	318	MARUSH PS	22-06-1999	SSCB
		3	317	AMARJIT GURU	23-07-1995	PUN
96 kg	TOTAL	1	335	HARSHAD WADEKAR	14-06-1995	MHR
		2	333	JAGDISH VISHAKARMA	11-08-1994	SSCB
		3	321	SURESH YADAV	23-08-1994	ORS
102 kg	TOTAL	1	330	KOJUM TABA	18-06-1997	SSCB
		2	326	SHUBHAM VERMA	10-06-1994	GOA
		3	325	MD. JAMEIR HUSSAIN	03-04-1993	ASM
109 kg	TOTAL	1	333	LOVEPREET SINGH	06-09-1997	SSCB
		2	320	B.S.D. VISHNU VARDHAN	14-06-1998	A.P.
		3	319	AKASH KAUSHAL	27-12-2002	M.P.
+109 kg	TOTAL	1	348	VIPAN KUMAR	30-01-1994	SSCB
		2	343	S.RUDRAMAYAN	10-04-2002	TND
		3	339	GAGANDEEP GILL	29-07-2002	PUN



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**SENIOR WOMEN'S MEDALLISTS**

	LIFT	RANK	RESULT	NAME	BORN	TEAM
45 kg	TOTAL	1	165	DIPALI GURSALE	10-11-1996	MHR
		2	162	CHANDRIKA TARAFDAR	12-10-1996	W.B.
		3	153	K.V.L. PAVANI KUMARI	05-03-2003	A.P.
49 kg	TOTAL	1	177	GYANESHWARI YADAV	08-03-2003	C.G.
		2	174	PREETI	15-08-2002	HRN
		3	167	JHILLI DALABEHERA	03-02-1999	ORS
55 kg	TOTAL	1	187	SHRABANI DAS	16-03-2002	W.B.
		2	186	SNEHA SOREN	05-02-2001	ORS
		3	185	USHA	09-02-2003	HRN
59 kg	TOTAL	1	191	POPY HAZARIKA	08-12-1998	ASM
		2	183	DAVINDER KAUR	11-03-1995	PUN
		3	180	M.DEEPANAYOMI	24-06-2002	A.P.
64 kg	TOTAL	1	200	DITIMONI SONOWAL	04-12-2003	ASM
		2	195	S. NIRUPAMA DEVI	05-10-2000	MNP
		3	186	JASVIR KAUR	22-02-1993	PUN
71 kg	TOTAL	1	201	HARJINDER KAUR	14-10-1996	PUN
		2	190	TRUPTI MANE	20-09-2001	MHR
		3	189	P.UMESHWORI DEVI	28-07-2002	MNP
76 kg	TOTAL	1	193	HARMANPREET KAUR	09-10-2001	PUN
		2	192	S. CHAOBA CHANU	05-01-2004	MNP
		3	175	ANJANA SREEJITH	25-02-2003	KRL
81 kg	TOTAL	1	208	VANSHITA VERMA	08-10-2001	CHD
		2	207	RAKHI PUROHIT	23-06-1999	RAJ
		3	191	CH.SRI LAKSHMI	19-10-2004	A.P.
87 kg	TOTAL	1	205	KOMAL WAKALE	01-11-1990	MHR
		2	203	B.N.USHA	02-04-1995	KRN
		3	196	RAKHI	11-10-1996	HRN
+87 kg	TOTAL	1	222	PURNIMA PANDEY	16-10-1997	U.P.
		2	206	ANN MARIYA M.T.	21-08-1998	KRL
		3	198	YOGITA KHEDKAR	15-06-2002	MHR



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**SENIOR SUMMARY TEAM CLASSIFICATION**

No.	Team	MEN	WOMEN	SUMMARY
1	GOA : GOA	163/9	204/10	367/19
2	MHR : MHR	150/6	148/8	298/14
3	SSCB : SSCB	187/7	0/0	187/7
4	PUN : PUN	68/6	104/4	172/10
5	A.P. : A.P.	94/4	69/3	163/7
6	HRN : HRN	22/1	135/8	157/9
7	KRL : KRL	63/3	91/4	154/7
8	ASM : ASM	48/2	100/4	148/6
9	ARN : ARN	67/3	61/3	128/6
10	MNP : MNP	23/1	94/4	117/5
11	RAJ : RAJ	87/4	25/1	112/5
12	ORS : ORS	64/3	48/2	112/5
13	U.P. : U.P.	20/2	91/5	111/7
14	CHD : CHD	71/3	28/1	99/4
15	KRN : KRN	20/1	68/4	88/5
16	M.P. : M.P.	73/3	0/0	73/3
17	MIZ : MIZ	69/3	0/0	69/3
18	TND : TND	53/2	0/0	53/2
19	W.B. : W.B.	0/0	53/3	53/3
20	C.G. : C.G.	22/1	28/1	50/2
21	UKD : UKD	21/1	0/0	21/1
22	BHR : BHR	20/1	0/0	20/1
23	TEL : TEL	0/1	0/0	0/1



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**SENIOR MEN'S TEAM CLASSIFICATION**

No.	Team	55 kg	61 kg	67 kg	73 kg	81 kg	89 kg	96 kg	102 kg	109 kg	+109 kg	TOTAL
1	SSCB : SSCB	-	28/1	25/1	-	-	25/1	25/1	28/1	28/1	28/1	187/7
2	GOA : GOA	-	19/1	21/1	19/1	21/1	19/1	0/1	25/1	20/1	19/1	163/9
3	MHR : MHR	28/1	23/1	-	25/1	25/1	-	28/1	21/1	-	-	150/6
4	A.P. : A.P.	25/1	-	-	23/1	-	21/1	-	-	25/1	-	94/4
5	RAJ : RAJ	-	-	-	20/1	23/1	-	-	22/1	-	22/1	87/4
6	M.P. : M.P.	-	-	-	-	28/1	22/1	-	-	23/1	-	73/3
7	CHD : CHD	-	-	-	-	-	28/1	22/1	-	-	21/1	71/3
8	MIZ : MIZ	-	41/2	28/1	-	-	-	-	-	-	-	69/3
9	PUN : PUN	-	-	-	-	0/1	23/2	-	0/1	22/1	23/1	68/6
10	ARN : ARN	-	22/1	45/2	-	-	-	-	-	-	-	67/3
11	ORS : ORS	-	-	-	21/1	20/1	-	23/1	-	-	-	64/3
12	KRL : KRL	-	-	-	-	22/1	20/1	-	-	21/1	-	63/3
13	TND : TND	-	-	-	28/1	-	-	-	-	-	25/1	53/2
14	ASM : ASM	-	25/1	-	-	-	-	-	23/1	-	-	48/2
15	MNP : MNP	23/1	-	-	-	-	-	-	-	-	-	23/1
16	HRN : HRN	-	-	-	22/1	-	-	-	-	-	-	22/1
17	C.G. : C.G.	22/1	-	-	-	-	-	-	-	-	-	22/1
18	UKD : UKD	-	-	-	-	-	-	21/1	-	-	-	21/1
19	BHR : BHR	-	-	20/1	-	-	-	-	-	-	-	20/1
20	KRN : KRN	-	-	-	-	-	-	-	-	-	20/1	20/1
21	U.P. : U.P.	-	-	-	-	-	-	20/1	0/1	-	-	20/2
22	TEL : TEL	-	-	-	-	-	-	-	-	0/1	-	0/1



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**SENIOR WOMEN'S TEAM CLASSIFICATION**

No.	Team	45 kg	49 kg	55 kg	59 kg	64 kg	71 kg	76 kg	81 kg	87 kg	+87 kg	TOTAL
1	GOA : GOA	21/1	19/1	20/1	19/1	22/1	20/1	22/1	20/1	21/1	20/1	204/10
2	MHR : MHR	28/2	0/1	22/1	-	-	25/1	-	-	28/1	45/2	148/8
3	HRN : HRN	0/1	25/1	23/1	22/1	21/1	-	0/1	21/1	23/1	-	135/8
4	PUN : PUN	-	-	-	25/1	23/1	28/1	28/1	-	-	-	104/4
5	ASM : ASM	-	22/1	-	28/1	28/1	-	-	-	22/1	-	100/4
6	MNP : MNP	-	-	-	21/1	25/1	23/1	25/1	-	-	-	94/4
7	KRL : KRL	22/1	-	-	-	-	-	23/1	-	-	46/2	91/4
8	U.P. : U.P.	-	20/1	-	-	-	21/1	-	22/2	-	28/1	91/5
9	A.P. : A.P.	23/1	-	-	23/1	-	-	-	23/1	-	-	69/3
10	KRN : KRN	-	21/1	-	-	-	22/1	-	-	25/2	-	68/4
11	ARN : ARN	-	-	21/1	20/1	20/1	-	-	-	-	-	61/3
12	W.B. : W.B.	25/1	-	28/1	0/1	-	-	-	-	-	-	53/3
13	ORS : ORS	-	23/1	25/1	-	-	-	-	-	-	-	48/2
14	CHD : CHD	-	-	-	-	-	-	-	28/1	-	-	28/1
15	C.G. : C.G.	-	28/1	-	-	-	-	-	-	-	-	28/1
16	RAJ : RAJ	-	-	-	-	-	-	-	25/1	-	-	25/1



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**SENIOR SUMMARY MEDALS**

No.	Team	1	2	3	4	5	6	7
1	MHR : MHR	4	3	2	2	1		
2	SSCB : SSCB	4	3					
3	PUN : PUN	2	1	3	1			
4	ASM : ASM	2	1	1	2			
5	CHD : CHD	2			1	1		
6	TND : TND	1	1					
7	W.B. : W.B.	1	1					
8	M.P. : M.P.	1		1	1			
9	U.P. : U.P.	1			1	1	2	
10	C.G. : C.G.	1			1			
11	MIZ : MIZ	1				1	1	
12	A.P. : A.P.		2	4		1		
13	MNP : MNP		2	2		1		
14	HRN : HRN		1	2	2	2		
15	ORS : ORS		1	2		1	1	
16	KRL : KRL		1	1	2	2	1	
17	RAJ : RAJ		1	1	2		1	
18	GOA : GOA		1		2	4	5	6
19	KRN : KRN		1		1	1	1	
20	ARN : ARN			1	2	1	2	
21	UKD : UKD					1		
22	BHR : BHR						1	
23	TEL : TEL							



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**SENIOR MEN 's MEDALS**

No.	Team	1	2	3	4	5	6	7
1	SSCB : SSCB	4	3					
2	MHR : MHR	2	2	1		1		
3	TND : TND	1	1					
4	M.P. : M.P.	1		1	1			
5	CHD : CHD	1			1	1		
6	MIZ : MIZ	1				1	1	
7	A.P. : A.P.		2	1		1		
8	ASM : ASM		1	1				
9	GOA : GOA		1			2	1	4
10	PUN : PUN			2	1			
11	RAJ : RAJ			1	2		1	
12	ARN : ARN			1	2			
13	ORS : ORS			1		1	1	
14	MNP : MNP			1				
15	KRL : KRL				1	1	1	
16	C.G. : C.G.				1			
17	HRN : HRN				1			
18	UKD : UKD					1		
19	U.P. : U.P.						1	
20	BHR : BHR						1	
21	KRN : KRN						1	
22	TEL : TEL							





**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**SENIOR WOMEN 's MEDALS**

No.	Team	1	2	3	4	5	6	7
1	MHR : MHR	2	1	1	2			
2	PUN : PUN	2	1	1				
3	ASM : ASM	2			2			
4	W.B. : W.B.	1	1					
5	U.P. : U.P.	1			1	1	1	
6	C.G. : C.G.	1						
7	CHD : CHD	1						
8	MNP : MNP		2	1		1		
9	HRN : HRN		1	2	1	2		
10	KRL : KRL		1	1	1	1		
11	ORS : ORS		1	1				
12	KRN : KRN		1		1	1		
13	RAJ : RAJ		1					
14	A.P. : A.P.			3				
15	GOA : GOA				2	2	4	2
16	ARN : ARN					1	2	



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**RESULT SENIOR MEN 55 kg**

Competition : 25.10.2023 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	130	[A] MUKUND AHER	250	MHR	04-07-2003	55.000	109	112	114	112	1	133	137	137	137	1	249	1
2	114	[A] S.GURU NAIDU	225	A.P.	09-05-2006	55.000	101	101	104	104	2	126	132	132	126	3	230	2
3	133	[A] N. TOMCHOU MEETEI	220	MNP	03-04-2006	54.960	95	100	103	103	3	120	125	125	125	4	228	3
4	107	[A] VIJAY KUMAR MAHESHWARI	232	C.G.	15-02-1999	55.000	95	99	101	99	4	126	132	132	126	2	225	4



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**RESULT SENIOR MEN 61 kg**

Competition : 25.10.2023 15:00

Weigh in : 13:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	110	[A] CHARU PESI	267	SSCB	03-09-2002	60.700	116	119	119	116	1	145	149	151	151	1	267	1
2	52	[A] SIDHANTA GOGOI	260	ASM	08-04-2004	61.000	112	112	116	116	2	146	150	150	150	2	266	2
3	136	[A] SUBHAM T.TODKAR	271	MHR	19-05-1997	60.800	115	115	118	115	3	145	148	153	148	3	263	3
4	84	[A] SHANKAR LAPUNG	254	ARN	22-09-2004	61.000	112	117	117	112	4	142	142	149	142	5	254	4
5	143	[A] LALZUIDIKA	252	MIZ	23-06-1997	60.740	107	111	114	111	5	137	142	150	142	4	253	5
6	79	[A] ZAKHUMA	250	MIZ	01-04-2001	61.000	108	112	112	108	6	135	142	145	135	6	243	6
7	67	[A] RAVINDR JEWEL DIAS	200	GOA	10-02-1999	59.840	80	85	89	89	7	100	105	110	105	7	194	7



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**RESULT SENIOR MEN 67 kg**

Competition : 26.10.2023 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	104	[A] LALHUNTHARA	275	MIZ	07-12-2002	67.000	118	122	124	122	3	154	159	159	159	1	281	1
2	123	[A] SUBHASH LAHRE	280	SSCB	10-11-2002	66.900	121	124	126	124	1	152	156	156	156	3	280	2
3	117	[A] BENGIA TANI	275	ARN	26-02-2004	66.740	118	121	121	121	4	152	156	156	156	2	277	3
4	44	[A] MARKIO TARIO	275	ARN	01-01-2004	67.000	118	122	124	122	2	153	159	159	153	4	275	4
5	51	[A] AKSHAY GAIKWAD	270	GOA	16-04-1996	67.000	119	119	121	119	5	145	145	155	145	5	264	5
6	66	[A] KANHAIYA KUMAR	220	BHR	03-03-2002	67.000	90	95	100	100	6	110	115	120	120	6	220	6



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**RESULT SENIOR MEN 73 kg**

Competition : 26.10.2023 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	118	[A] N.AJITH	310	TND	27-01-1999	73.000	130	--	--	130	1	160	--	--	160	1	290	1
2	31	[A] RANJEET CHAVAN	280	MHR	20-02-1998	72.980	117	121	121	121	4	155	158	160	160	2	281	2
3	53	[A] J.KOTESWARA RAO	279	A.P.	26-01-2001	72.740	118	122	125	125	2	150	154	154	154	3	279	3
4	62	[A] HASEEN	276	HRN	02-07-2001	72.680	123	126	126	123	3	153	153	157	153	4	276	4
5	128	[A] MIHIR KANTA SETHI	260	ORS	21-11-1996	72.960	115	115	120	115	5	145	145	152	145	5	260	5
6	113	[A] PUSKARRAJ JANGID	260	RAJ	12-12-1999	73.000	110	110	116	110	6	136	136	141	136	6	246	6
7	65	[A] AVIDH ANAND MORAJKAR	190	GOA	26-03-1992	72.340	75	80	83	83	7	105	105	117	117	7	200	7



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**RESULT SENIOR MEN 81 kg**

Competition : 27.10.2023 09:30

Weigh in : 7:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	145	[A] VALLURI AJAYA BABU	303	M.P.	25-11-2004	79.980	137	142	142	142	1	165	170	173	170	4	312	1
2	28	[A] ABHISHEK NIPANE	300	MHR	11-12-2001	80.760	131	136	139	136	4	173	178	178	173	1	309	2
3	103	[A] AJAY SINGH	312	RAJ	17-04-1997	81.000	138	143	143	138	2	170	170	178	170	5	308	3
4	115	[A] SKILTIN PAUL	302	KRL	29-05-2000	81.000	137	140	140	137	3	169	169	169	169	6	306	4
5	17	[A] LALU TAKU	290	GOA	08-12-1998	80.920	126	131	134	131	6	167	172	178	172	2	303	5
6	119	[A] KANHU CHARANA SAHU	303	ORS	03-05-1997	80.160	127	132	132	132	5	165	170	177	170	3	302	6
	93	[A] RAGHVEER SINGH	275	PUN	21-03-1995	77.500	110	110	115	110	7	145	145	145	--		--	



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**RESULT SENIOR MEN 89 kg**

Competition : 27.10.2023 12:30

Weigh in : 10:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	14	[A] GOURAV	315	CHD	28-06-1995	88.960	140	140	143	140	3	170	178	179	179	1	319	1
2	13	[A] MARUSH PS	310	SSCB	22-06-1999	88.300	137	141	144	144	1	168	172	174	174	3	318	2
3	54	[A] AMARJIT GURU	305	PUN	23-07-1995	89.000	135	140	143	143	2	167	171	174	174	2	317	3
4	33	[A] HIMANSHU THAPA	299	M.P.	30-03-2001	88.560	131	136	138	136	4	164	164	169	164	4	300	4
5	76	[A] SK.LAL BASHEER	306	A.P.	13-05-2004	89.000	130	135	138	135	5	156	163	168	163	5	298	5
6	56	[A] JANIS ABBAS	293	KRL	17-01-2000	88.640	128	131	133	133	6	157	167	167	157	6	290	6
7	37	[A] BHASKAR GAIN	270	GOA	21-07-2000	84.320	110	118	123	123	7	140	147	152	147	7	270	7
	96	[A] NIKHIL TUGNAIT	250	PUN	09-11-1999	83.500	--	--	--	--		--	--	--	--		--	



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**RESULT SENIOR MEN 96 kg**

Competition : 27.10.2023 16:30

Weigh in : 14:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	127	[A] HARSHAD WADEKAR	332	MHR	14-06-1995	95.400	145	148	150	148	1	183	187	190	187	1	335	1
2	131	[A] JAGDISH VISHAKARMA	330	SSCB	11-08-1994	96.000	144	147	150	147	2	180	186	190	186	2	333	2
3	64	[A] SURESH YADAV	323	ORS	23-08-1994	95.580	136	140	143	140	4	171	177	181	181	3	321	3
4	32	[A] GURPREET SINGH BHANGU	306	CHD	13-01-2001	91.120	132	137	137	137	5	165	172	172	165	4	302	4
5	132	[A] VISHAL RAJWAR	297	UKD	04-05-1995	95.200	135	140	143	140	3	160	166	--	160	5	300	5
6	26	[A] BHEEM SINGH	280	U.P.	10-05-1996	95.620	120	124	124	124	6	155	155	155	155	6	279	6
	112	[A] GORAKSHNATH WAIFALKAR	270	GOA	16-03-2001	93.960	118	122	122	122	7	150	150	150	--		--	





**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**RESULT SENIOR MEN 102 kg**

Competition : 28.10.2023 11:30

Weigh in : 9:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	19	[A] KOJUM TABA	325	SSCB	18-06-1997	99.620	145	148	148	148	2	176	182	186	182	2	330	1
2	9	[A] SHUBHAM VERMA	310	GOA	10-06-1994	101.560	138	143	146	143	4	177	183	188	183	1	326	2
3	80	[A] MD. JAMEIR HUSSAIN	330	ASM	03-04-1993	102.000	144	145	145	145	3	180	180	186	180	3	325	3
4	105	[A] HARCHARAN SINGH	330	RAJ	20-08-2001	102.000	148	148	152	148	1	171	177	177	171	5	319	4
5	88	[A] CHIRAG WAGHAVALA	310	MHR	28-03-2003	101.540	135	135	141	135	5	170	175	180	180	4	315	5
	50	[A] SACHIN MEHMI	330	PUN	11--08-1995	101.900	145	146	146	--		--	--	--	--		--	
	7	[A] AJIT SINGH	314	U.P.	01-01-1997	101.920	139	139	140	--		--	--	--	--		--	



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**RESULT SENIOR MEN 109 kg**

Competition : 28.10.2023 15:30

Weigh in : 13:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	146	[A] LOVEPREET SINGH	340	SSCB	06-09-1997	108.260	151	160	160	151	1	182	193	--	182	1	333	1
2	60	[A] B.S.D. VISHNU VARDHAN	302	A.P.	14-06-1998	108.820	133	138	141	141	4	173	179	185	179	2	320	2
3	15	[A] AKASH KAUSHAL	309	M.P.	27-12-2002	107.980	137	141	144	141	2	173	178	180	178	3	319	3
4	1	[A] VIKRAM JIT SINGH	305	PUN	26-10-1992	108.540	133	138	141	141	3	172	172	179	172	4	313	4
5	83	[A] UNNIKRIHNNAN S.	302	KRL	03-04-1991	109.000	130	134	137	137	5	164	170	170	164	5	301	5
6	20	[A] MAHESH KAVLEKAR	190	GOA	10-04-1987	108.080	75	80	85	80	6	95	100	102	102	6	182	6
	74	[A] AKHIL SARGARI	318	TEL	16-03-2000	107.260	135	135	137	--		--	--	--	--		--	



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**RESULT SENIOR MEN +109 kg**

Competition : 29.10.2023 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	72	[A] VIPAN KUMAR	351	SSCB	30-01-1994	138.940	147	152	156	156	2	184	188	192	192	2	348	1
2	78	[A] S.RUDRAMAYAN	325	TND	10-04-2002	136.620	155	160	163	160	1	177	183	183	183	3	343	2
3	40	[A] GAGANDEEP GILL	317	PUN	29-07-2002	140.100	143	147	147	147	5	184	192	197	192	1	339	3
4	147	[A] SHYOPAT SINGH	320	RAJ	17-11-1989	126.700	145	150	153	150	3	180	186	188	180	4	330	4
5	139	[A] DILABARDEEP SINGH	326	CHD	01-04-2000	147.860	142	148	151	148	4	180	180	180	180	5	328	5
6	3	[A] KUSHAL GOWDA	300	KRN	12-03-1999	180.000	135	140	143	135	6	145	--	--	145	6	280	6
7	61	[A] BALKRISHNA SARDESSAI	190	GOA	18-09-1982	128.840	80	90	96	90	7	100	110	120	120	7	210	7



37TH NATIONAL GAMES  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

RESULT SENIOR WOMEN 45 kg

Competition : 25.10.2023 09:30

Weigh in : 7:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	29	[A] DIPALI GURSALE	158	MHR	10-11-1996	44.880	70	73	75	75	1	87	90	--	90	2	165	1
2	35	[A] CHANDRIKA TARAFDAR	145	W.B.	12-10-1996	44.980	64	67	69	67	5	85	90	95	95	1	162	2
3	85	[A] K.V.L. PAVANI KUMARI	154	A.P.	05-03-2003	44.980	63	67	71	67	4	81	86	89	86	3	153	3
4	86	[A] SUFNA JASMIN P.S.	135	KRL	25-10-2002	45.000	58	58	58	58	6	70	--	--	70	4	128	4
5	99	[A] GAURAVI RAVI DESAI	65	GOA	07-02-2009	41.900	21	23	23	23	7	31	33	35	33	5	56	5
	124	[A] KOMAL KOHAR	160	HRN	24-07-2002	45.000	70	70	73	70	2	87	87	87	--		--	
	24	[A] SARIKA SHINGARE	159	MHR	01-12-1998	45.000	65	68	70	68	3	--	--	--	--		--	

BREAK RECORDS

SENIOR SR-29-3-2023 WOMEN 45 kg SNATCH : KOMAL KOHAR [HAR] 74 KG ---> DIPALI GURSALE [MHR] 75

SENIOR SR-29-3-2023 WOMEN 45 kg CLEAN&JERK : JHILLI DALABEHERA [RSPB] 94 KG ---> CHANDRIKA TARAFDAR [W.B.] 95

SENIOR SR-29-3-2023 WOMEN 45 kg TOTAL : JHILLI DALABEHERA [RSPB] 164 K ---> DIPALI GURSALE [MHR] 165



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**RESULT SENIOR WOMEN 49 kg**

Competition : 25.10.2023 12:30

Weigh in : 10:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	42	[A] GYANESHWARI YADAV	170	C.G.	08-03-2003	48.640	77	80	80	80	1	97	100	101	97	1	177	1
2	4	[A] PREETI	176	HRN	15-08-2002	48.540	75	79	81	79	2	95	100	100	95	2	174	2
3	102	[A] JHILLI DALABEHERA	160	ORS	03-02-1999	49.000	70	73	76	73	4	90	94	96	94	3	167	3
4	71	[A] BORNALI BORAH	165	ASM	31-07-2000	49.000	70	73	75	73	3	93	96	96	93	4	166	4
5	108	[A] LAKSHMI B	150	KRN	25-06-1999	48.460	70	73	73	73	5	89	94	95	89	5	162	5
6	149	[A] RADHA SONI	125	U.P.	27-04-2003	48.900	53	58	61	61	7	65	--	--	65	6	126	6
7	11	[A] HAMISHA KUTTIKAR	85	GOA	03-04-2001	48.580	30	33	36	36	8	40	43	46	46	7	82	7
	36	[A] SAKSHI MASKE	160	MHR	23-03-2001	49.000	70	70	70	70	6	90	90	93	--		--	



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**RESULT SENIOR WOMEN 55 kg**

Competition : 25.10.2023 16:30

Weigh in : 14:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	57	[A] SHRABANI DAS	180	W.B.	16-03-2002	54.060	77	79	81	81	2	103	106	109	106	2	187	1
2	21	[A] SNEHA SOREN	175	ORS	05-02-2001	54.360	75	76	80	80	3	100	106	110	106	1	186	2
3	89	[A] USHA	175	HRN	09-02-2003	54.780	77	78	80	80	4	98	101	105	105	3	185	3
4	95	[A] ANANYA PATIL	177	MHR	14-01-2001	54.240	77	80	82	82	1	93	97	98	93	5	175	4
5	5	[A] BONI MANGKHYA	169	ARN	04-06-2004	55.000	71	74	77	74	5	97	101	106	101	4	175	5
6	59	[A] VAISHNAVI UGADEKAR	90	GOA	26-05-1997	54.180	35	39	42	42	6	50	55	59	55	6	97	6



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**RESULT SENIOR WOMEN 59 kg**

Competition : 26.10.2023 11:30

Weigh in : 9:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	121	[A] POPY HAZARIKA	190	ASM	08-12-1998	58.980	81	84	86	86	1	103	105	107	105	2	191	1
2	41	[A] DAVINDER KAUR	180	PUN	11-03-1995	59.000	80	80	83	83	3	100	104	104	100	4	183	2
3	70	[A] M.DEEPANAYOMI	180	A.P.	24-06-2002	58.540	75	79	79	75	5	100	105	107	105	1	180	3
4	120	[A] SNEHA	180	HRN	20-12-1999	59.000	84	87	88	84	2	95	100	100	95	6	179	4
5	27	[A] P. SHAKHENBI DEVI	175	MNP	03-04-1998	59.000	75	81	81	75	4	100	105	106	100	3	175	5
6	138	[A] BALO YALAM	170	ARN	08-08-2004	58.680	75	75	78	75	6	95	100	106	100	5	175	6
7	111	[A] SUJATA RAI	160	GOA	17-11-2002	57.580	55	65	70	65	7	85	90	92	92	7	157	7
	47	[A] SUKARNA ADAK	191	W.B.	10-01-2003	58.880	78	78	78	--		--	--	--	--		--	



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**RESULT SENIOR WOMEN 64 kg**

Competition : 26.10.2023 15:30

Weigh in : 13:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	126	[A] DITIMONI SONOWAL	187	ASM	04-12-2003	64.000	83	86	88	88	1	108	112	115	112	1	200	1
2	81	[A] S. NIRUPAMA DEVI	194	MNP	05-10-2000	63.960	82	85	87	85	2	110	116	116	110	2	195	2
3	92	[A] JASVIR KAUR	196	PUN	22-02-1993	64.000	80	83	83	80	4	106	106	109	106	3	186	3
4	68	[A] HIMALI NAGESH KAMBLE	180	GOA	01-10-2002	63.280	80	84	87	84	3	101	106	106	101	4	185	4
5	48	[A] BHAWNA	180	HRN	20-07-2005	63.900	76	79	79	79	5	94	98	98	98	5	177	5
6	63	[A] POSEN KONGKANG	166	ARN	14-01-2003	60.740	68	73	73	73	6	90	94	94	94	6	167	6





**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**RESULT SENIOR WOMEN 71 kg**

Competition : 27.10.2023 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	39	[A] HARJINDER KAUR	195	PUN	14-10-1996	70.580	83	86	88	88	1	108	113	--	113	1	201	1
2	75	[A] TRUPTI MANE	193	MHR	20-09-2001	70.980	81	84	87	87	2	103	103	107	103	3	190	2
3	101	[A] P.UMESHWORI DEVI	183	MNP	28-07-2002	70.100	78	82	85	85	3	104	108	108	104	2	189	3
4	77	[A] TANUSHA	160	KRN	27-04-2002	70.740	70	70	77	70	4	95	--	--	95	4	165	4
5	90	[A] SRASHTI	160	U.P.	12-06-2002	71.000	60	64	68	64	5	80	--	--	80	5	144	5
6	8	[A] SHREYA SHREEDHAR NAIK	100	GOA	06-06-1998	68.840	40	45	50	45	6	55	60	65	60	6	105	6



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**RESULT SENIOR WOMEN 76 kg**

Competition : 27.10.2023 15:00

Weigh in : 13:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	58	[A] HARMANPREET KAUR	196	PUN	09-10-2001	75.540	78	81	81	81	2	103	107	112	112	1	193	1
2	137	[A] S. CHAOBA CHANU	190	MNP	05-01-2004	74.920	83	83	86	83	1	103	106	109	109	2	192	2
3	16	[A] ANJANA SREEJITH	180	KRL	25-02-2003	75.880	75	80	80	75	3	100	107	107	100	3	175	3
4	148	[A] SAKSHI HALDANKAR	115	GOA	13-11-2002	73.720	42	42	50	42	4	56	66	70	66	4	108	4
	2	[A] RENU DEVI	185	HRN	10-03-1989	72.060	--	--	---	--		--	--	--	--		--	



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**RESULT SENIOR WOMEN 81 kg**

Competition : 28.10.2023 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	46	[A] VANSHITA VERMA	213	CHD	08-10-2001	80.680	86	90	92	90	3	115	118	122	118	1	208	1
2	45	[A] RAKHI PUROHIT	195	RAJ	23-06-1999	80.240	83	87	91	91	1	104	116	119	116	2	207	2
3	22	[A] CH.SRI LAKSHMI	190	A.P.	19-10-2004	80.540	80	83	86	83	5	100	104	108	108	3	191	3
4	129	[A] KALPANA YADAV	172	U.P.	10-07-2002	80.420	75	80	84	84	4	95	100	103	100	5	184	4
5	38	[A] TAMANA	175	HRN	10-05-2002	80.400	76	80	80	76	6	101	107	107	107	4	183	5
6	109	[A] NIKITA BETKIKAR	115	GOA	20-10-2001	79.820	40	48	53	48	7	56	65	70	65	6	113	6
	141	[A] PUNAM YADAV	190	U.P.	09-07-1995	80.300	84	88	91	91	2	103	103	103	--		--	



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**RESULT SENIOR WOMEN 87 kg**

Competition : 28.10.2023 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	91	[A] KOMAL WAKALE	201	MHR	01-11-1990	86.960	89	93	96	93	2	108	111	112	112	1	205	1
2	34	[A] B.N.USHA	185	KRN	02-04-1995	86.820	89	92	95	95	1	108	108	112	108	3	203	2
3	6	[A] RAKHI	190	HRN	11-10-1996	82.020	80	84	87	87	3	105	109	119	109	2	196	3
4	134	[A] SWAPNA PRIYA BARUAH	175	ASM	24-09-1996	86.860	77	81	84	81	4	105	105	110	105	4	186	4
5	98	[A] TANUJA KUNKOLKAR	93	GOA	27-02-2002	84.500	38	42	45	42	5	45	50	54	54	5	96	5
	49	[A] USHA S R	180	KRN	21-08-2000	85.700	88	88	88	--		--	--	--	--		--	



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**RESULT SENIOR WOMEN +87 kg**

Competition : 29.10.2023 09:30

Weigh in : 7:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	87	[A] PURNIMA PANDEY	220	U.P.	16-10-1997	104.540	95	100	105	100	1	115	122	129	122	1	222	1
2	23	[A] ANN MARIYA M.T.	200	KRL	21-08-1998	122.320	80	85	88	88	3	110	118	122	118	2	206	2
3	12	[A] YOGITA KHEDKAR	195	MHR	15-06-2002	87.200	85	88	89	89	2	103	107	109	109	4	198	3
4	73	[A] RUCHIKA DHORE	189	MHR	26-07-2001	87.940	83	86	88	88	4	104	104	109	109	3	197	4
5	135	[A] BISNA VARGHESE	160	KRL	08-01-1997	88.700	60	67	67	60	5	80	80	--	80	5	140	5
6	10	[A] SHRAVANI SHIVAJI UBALE	85	GOA	30-12-2003	91.060	35	38	41	41	6	40	45	50	50	6	91	6



37TH NATIONAL GAMES  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

START LIST / PROTOCOL

Competition : 25.10.2023 09:30

WOMEN 45 kg A

Weigh in : 7:30

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
45 kg A																		
1	24	SARIKA SHINGARE	159	MHR	01-12-1998	45.000	65	68	70	68		--	--	--	--		--	
2	29	DIPALI GURSALE	158	MHR	10-11-1996	44.880	70	73	75	75		87	90	--	90		165	
3	35	CHANDRIKA TARAFDAR	145	W.B.	12-10-1996	44.980	64	67	69	67		85	90	95	95		162	
4	85	K.V.L. PAVANI KUMARI	154	A.P.	05-03-2003	44.980	63	67	71	67		81	86	89	86		153	
5	86	SUFNA JASMIN P.S.	135	KRL	25-10-2002	45.000	58	58	58	58		70	--	--	70		128	
6	99	GAURAVI RAVI DESAI	65	GOA	07-02-2009	41.900	21	23	23	23		31	33	35	33		56	
7	124	KOMAL KOHAR	160	HRN	24-07-2002	45.000	70	70	73	70		87	87	87	--		--	

**Jury**

1. A. Hansa Manral I-1 [UKD]
2. B. Sunil Kumar I-1 [RSPB]
3. C. Pardeep Sharma I-1 [H.P.]
4. E. S. Shanmughavel I-1 [TND]
5. D. Geetha Ananda I-2 [KRN]

**Referee**

- Center - Akansha Kamale N-1 [M.P.]  
Left - Biku Sarita N-1 [ARN]  
Right - Ranjit Bhattacharjee N-1 [W.B.]

**Chief Marshal**

1. Kamaldeep Singh N-1 [CHD]
2. Khushbu Yadav N-1 [U.P.]
3. Komalpreet Kaur N-2 [PUN]

**Time Keeper**

1. R. Kavitha N-1 [TND]

**Technical Controller**

1. P. Rangaswamy N-1 [RSPB]
2. Amarnath Tyagi I-2 [U.P.]
3. Virpal Kaur N-1 [PUN]

**Secretary**

1. Daljit Kaur N-2 [PUN]
2. Vijay Hooda N-1 [AIPSCB]
3. Anju Bala N-2 [H.P.]



37TH NATIONAL GAMES  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

START LIST / PROTOCOL

Competition : 25.10.2023 11:00

MEN 55 kg A

Weigh in : 9:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
55 kg A																		
1	107	VIJAY KUMAR MAHESHWARI	232	C.G.	15-02-1999	55.000	95	99	101	99		126	132	132	126		225	
2	114	S.GURU NAIDU	225	A.P.	09-05-2006	55.000	101	101	104	104		126	132	132	126		230	
3	130	MUKUND AHER	250	MHR	04-07-2003	55.000	109	112	114	112		133	137	137	137		249	
4	133	N. TOMCHOU MEETEI	220	MNP	03-04-2006	54.960	95	100	103	103		120	125	125	125		228	

**Jury**

1. A. Hansa Manral I-1 [UKD]
2. B. Sunil Kumar I-1 [RSPB]
3. C. Pardeep Sharma I-1 [H.P.]
4. E. S. Shanmughavel I-1 [TND]
5. D. Geetha Ananda I-2 [KRN]

**Referee**

- Center - Ravi Sharma N-1 [RAJ]  
Left - Jayesh C. Naik N-1 [GOA]  
Right - Pratima Kumari N-1 [AIPSCB]  
Reserve - Ranu Mohanty N-1 [ORS]

**Chief Marshal**

1. Ujwala Mane N-1 [MHR]
2. Pradeep Kumar Yadav N-1 [U.P.]
3. Suman Devi N-1 [U.P.]

**Time Keeper**

1. Trupti Parasher N-1 [MHR]

**Technical Controller**

1. K. Suryanaryana I-2 [A.P.]
2. Rajesh Janghel N-1 [C.G.]
3. Yogendra I-2 [U.P.]

**Secretary**

1. E. Rajneesh Bhaskar I-1 [BHR]
2. Milli Chopra N-2 [U.P.]
3. Mukesh Kumar N-1 [BHR]



37TH NATIONAL GAMES  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

START LIST / PROTOCOL

Competition : 25.10.2023 12:30

WOMEN 49 kg A

Weigh in : 10:30

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
49 kg A																		
1	4	PREETI	176	HRN	15-08-2002	48.540	75	79	81	79		95	100	100	95		174	
2	11	HAMISHA KUTTIKAR	85	GOA	03-04-2001	48.580	30	33	36	36		40	43	46	46		82	
3	36	SAKSHI MASKE	160	MHR	23-03-2001	49.000	70	70	70	70		90	90	93	--		--	
4	42	GYANESHWARI YADAV	170	C.G.	08-03-2003	48.640	77	80	80	80		97	100	101	97		177	
5	71	BORNALI BORAH	165	ASM	31-07-2000	49.000	70	73	75	73		93	96	96	93		166	
6	102	JHILLI DALABEHERA	160	ORS	03-02-1999	49.000	70	73	76	73		90	94	96	94		167	
7	108	LAKSHMI B	150	KRN	25-06-1999	48.460	70	73	73	73		89	94	95	89		162	
8	149	RADHA SONI	125	U.P.	27-04-2003	48.900	53	58	61	61		65	--	--	65		126	

**Jury**

1. A. G.P. Sharma I-1 [U.P.]
2. B. Shyamala Shetty I-1 [KRN]
3. C. S.H. Ananda Gowda I-1 [KRN]
4. E. Rajesh Kumar I-1 [H.P.]
5. D. Sabina Yadav I-2 [U.P.]

**Referee**

- Center - Rajkumar Jamwal N-1 [H.P.]  
Left - Srishti Singh N-1 [RSPB]  
Right - Pranjal Solanki N-2 [M.P.]

**Chief Marshal**

1. Kamaldeep Singh N-1 [CHD]
2. Khushbu Yadav N-1 [U.P.]
3. Komalpreet Kaur N-2 [PUN]

**Time Keeper**

1. R. Kavitha N-1 [TND]

**Technical Controller**

1. P. Rangaswamy N-1 [RSPB]
2. Amarnath Tyagi I-2 [U.P.]
3. Virpal Kaur N-1 [PUN]

**Secretary**

1. Daljit Kaur N-2 [PUN]
2. Vijay Hooda N-1 [AIPSCB]
3. Anju Bala N-2 [H.P.]





37TH NATIONAL GAMES  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

START LIST / PROTOCOL

Competition : 25.10.2023 15:00

MEN 61 kg A

Weigh in : 13:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
61 kg A																		
1	52	SIDHANTA GOGOI	260	ASM	08-04-2004	61.000	112	112	116	116		146	150	150	150		266	
2	67	RAVINDR JEWEL DIAS	200	GOA	10-02-1999	59.840	80	85	89	89		100	105	110	105		194	
3	79	ZAKHUMA	250	MIZ	01-04-2001	61.000	108	112	112	108		135	142	145	135		243	
4	84	SHANKAR LAPUNG	254	ARN	22-09-2004	61.000	112	117	117	112		142	142	149	142		254	
5	110	CHARU PESI	267	SSCB	03-09-2002	60.700	116	119	119	116		145	149	151	151		267	
6	136	SUBHAM T.TODKAR	271	MHR	19-05-1997	60.800	115	115	118	115		145	148	153	148		263	
7	143	LALZUIDIKA	252	MIZ	23-06-1997	60.740	107	111	114	111		137	142	150	142		253	

**Jury**

1. A. G.P. Sharma I-1 [U.P.]
2. B. Shyamala Shetty I-1 [KRN]
3. C. S.H. Ananda Gowda I-1 [KRN]
4. E. Rajesh Kumar I-1 [H.P.]
5. D. Sabina Yadav I-2 [U.P.]

**Referee**

- Center - Ranjit Bhattacharjee N-1 [W.B.]  
Left - Akansha Kamale N-1 [M.P.]  
Right - Biku Sarita N-1 [ARN]

**Chief Marshal**

1. Ujwala Mane N-1 [MHR]
2. Pradeep Kumar Yadav N-1 [U.P.]
3. Suman Devi N-1 [U.P.]

**Time Keeper**

1. Trupti Parasher N-1 [MHR]

**Technical Controller**

1. K. Suryanaryana I-2 [A.P.]
2. Rajesh Janghel N-1 [C.G.]
3. Yogendra I-2 [U.P.]

**Secretary**

1. E. Rajneesh Bhaskar I-1 [BHR]
2. Milli Chopra N-2 [U.P.]
3. Mukesh Kumar N-1 [BHR]



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**START LIST / PROTOCOL**

Competition : 25.10.2023 16:30

**WOMEN 55 kg A**

Weigh in : 14:30

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
55 kg A																		
1	5	BONI MANGKHYA	169	ARN	04-06-2004	55.000	71	74	77	74		97	101	106	101		175	
2	21	SNEHA SOREN	175	ORS	05-02-2001	54.360	75	76	80	80		100	106	110	106		186	
3	57	SHRABANI DAS	180	W.B.	16-03-2002	54.060	77	79	81	81		103	106	109	106		187	
4	59	VAISHNAVI UGADEKAR	90	GOA	26-05-1997	54.180	35	39	42	42		50	55	59	55		97	
5	89	USHA	175	HRN	09-02-2003	54.780	77	78	80	80		98	101	105	105		185	
6	95	ANANYA PATIL	177	MHR	14-01-2001	54.240	77	80	82	82		93	97	98	93		175	

**Jury**

1. A. Hansa Manral I-1 [UKD]
2. B. Sunil Kumar I-1 [RSPB]
3. C. Pardeep Sharma I-1 [H.P.]
4. E. S. Shanmughavel I-1 [TND]
5. D. Geetha Ananda I-2 [KRN]

**Referee**

- Center - Ranu Mohanty N-1 [ORS]  
Left - Ravi Sharma N-1 [RAJ]  
Right - Jayesh C. Naik N-1 [GOA]  
Reserve - Pratima Kumari N-1 [AIPSCB]

**Chief Marshal**

1. Kamaldeep Singh N-1 [CHD]
2. Khushbu Yadav N-1 [U.P.]
3. Komalpreet Kaur N-2 [PUN]

**Time Keeper**

1. R. Kavitha N-1 [TND]

**Technical Controller**

1. P. Rangaswamy N-1 [RSPB]
2. Amarnath Tyagi I-2 [U.P.]
3. Virpal Kaur N-1 [PUN]

**Secretary**

1. Daljit Kaur N-2 [PUN]
2. Vijay Hooda N-1 [AIPSCB]
3. Anju Bala N-2 [H.P.]



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**START LIST / PROTOCOL**

Competition : 26.10.2023 10:00

**MEN 67 kg A**

Weigh in : 8:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
67 kg A																		
1	44	MARKIO TARIO	275	ARN	01-01-2004	67.000	118	122	124	122		153	159	159	153		275	
2	51	AKSHAY GAIKWAD	270	GOA	16-04-1996	67.000	119	119	121	119		145	145	155	145		264	
3	66	KANHAIYA KUMAR	220	BHR	03-03-2002	67.000	90	95	100	100		110	115	120	120		220	
4	104	LALHUNTHARA	275	MIZ	07-12-2002	67.000	118	122	124	122		154	159	159	159		281	
5	117	BENGIA TANI	275	ARN	26-02-2004	66.740	118	121	121	121		152	156	156	156		277	
6	123	SUBHASH LAHRE	280	SSCB	10-11-2002	66.900	121	124	126	124		152	156	156	156		280	

**Jury**

1. A. Hansa Manral I-1 [UKD]
2. B. Sunil Kumar I-1 [RSPB]
3. C. Pardeep Sharma I-1 [H.P.]
4. E. S. Shanmughavel I-1 [TND]
5. D. Geetha Ananda I-2 [KRN]

**Referee**

- Center - Pranjali Solanki N-2 [M.P.]  
Left - Rajkumar Jamwal N-1 [H.P.]  
Right - Srishti Singh N-1 [RSPB]

**Chief Marshal**

1. Ujwala Mane N-1 [MHR]
2. Pradeep Kumar Yadav N-1 [U.P.]
3. Suman Devi N-1 [U.P.]

**Time Keeper**

1. Trupti Parasher N-1 [MHR]

**Technical Controller**

1. K. Suryanaryana I-2 [A.P.]
2. Rajesh Janghel N-1 [C.G.]
3. Yogendra I-2 [U.P.]

**Secretary**

1. E. Rajneesh Bhaskar I-1 [BHR]
2. Milli Chopra N-2 [U.P.]
3. Mukesh Kumar N-1 [BHR]



37TH NATIONAL GAMES  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

START LIST / PROTOCOL

Competition : 26.10.2023 11:30

WOMEN 59 kg A

Weigh in : 9:30

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
59 kg A																		
1	27	P. SHAKHENBI DEVI	175	MNP	03-04-1998	59.000	75	81	81	75		100	105	106	100		175	
2	41	DAVINDER KAUR	180	PUN	11-03-1995	59.000	80	80	83	83		100	104	104	100		183	
3	47	SUKARNA ADAK	191	W.B.	10-01-2003	58.880	78	78	78	--		--	--	--	--		--	
4	70	M.DEEPANAYOMI	180	A.P.	24-06-2002	58.540	75	79	79	75		100	105	107	105		180	
5	111	SUJATA RAI	160	GOA	17-11-2002	57.580	55	65	70	65		85	90	92	92		157	
6	120	SNEHA	180	HRN	20-12-1999	59.000	84	87	88	84		95	100	100	95		179	
7	121	POPY HAZARIKA	190	ASM	08-12-1998	58.980	81	84	86	86		103	105	107	105		191	
8	138	BALO YALAM	170	ARN	08-08-2004	58.680	75	75	78	75		95	100	106	100		175	

**Jury**

1. A. G.P. Sharma I-1 [U.P.]
2. B. Shyamala Shetty I-1 [KRN]
3. C. S.H. Ananda Gowda I-1 [KRN]
4. E. Rajesh Kumar I-1 [H.P.]
5. D. Sabina Yadav I-2 [U.P.]

**Referee**

- Center - Biku Sarita N-1 [ARN]  
Left - Ranjit Bhattacharjee N-1 [W.B.]  
Right - Akansha Kamale N-1 [M.P.]

**Chief Marshal**

1. Kamaldeep Singh N-1 [CHD]
2. Khushbu Yadav N-1 [U.P.]
3. Komalpreet Kaur N-2 [PUN]

**Time Keeper**

1. R. Kavitha N-1 [TND]

**Technical Controller**

1. P. Rangaswamy N-1 [RSPB]
2. Amarnath Tyagi I-2 [U.P.]
3. Virpal Kaur N-1 [PUN]

**Secretary**

1. Daljit Kaur N-2 [PUN]
2. Vijay Hooda N-1 [AIPSCB]
3. Anju Bala N-2 [H.P.]



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**START LIST / PROTOCOL**

Competition : 26.10.2023 14:00

**MEN 73 kg A**

Weigh in : 12:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
73 kg A																		
1	31	RANJEET CHAVAN	280	MHR	20-02-1998	72.980	117	121	121	121		155	158	160	160		281	
2	53	J.KOTESWARA RAO	279	A.P.	26-01-2001	72.740	118	122	125	125		150	154	154	154		279	
3	62	HASEEN	276	HRN	02-07-2001	72.680	123	126	126	123		153	153	157	153		276	
4	65	AVIDH ANAND MORAJKAR	190	GOA	26-03-1992	72.340	75	80	83	83		105	105	117	117		200	
5	113	PUSKARRAJ JANGID	260	RAJ	12-12-1999	73.000	110	110	116	110		136	136	141	136		246	
6	118	N.AJITH	310	TND	27-01-1999	73.000	130	--	--	130		160	--	--	160		290	
7	128	MIHIR KANTA SETHI	260	ORS	21-11-1996	72.960	115	115	120	115		145	145	152	145		260	

**Jury**

1. A. G.P. Sharma I-1 [U.P.]
2. B. Shyamala Shetty I-1 [KRN]
3. C. S.H. Ananda Gowda I-1 [KRN]
4. E. Rajesh Kumar I-1 [H.P.]
5. D. Sabina Yadav I-2 [U.P.]

**Referee**

- Center - Pratima Kumari N-1 [AIPSCB]  
Left - Ranu Mohanty N-1 [ORS]  
Right - Ravi Sharma N-1 [RAJ]  
Reserve - Jayesh C. Naik N-1 [GOA]

**Chief Marshal**

1. Ujwala Mane N-1 [MHR]
2. Pradeep Kumar Yadav N-1 [U.P.]
3. Suman Devi N-1 [U.P.]

**Time Keeper**

1. Trupti Parasher N-1 [MHR]

**Technical Controller**

1. K. Suryanaryana I-2 [A.P.]
2. Rajesh Janghel N-1 [C.G.]
3. Yogendra I-2 [U.P.]

**Secretary**

1. E. Rajneesh Bhaskar I-1 [BHR]
2. Milli Chopra N-2 [U.P.]
3. Mukesh Kumar N-1 [BHR]



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**START LIST / PROTOCOL**

Competition : 26.10.2023 15:30

**WOMEN 64 kg A**

Weigh in : 13:30

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
64 kg A																		
1	48	BHAWNA	180	HRN	20-07-2005	63.900	76	79	79	79		94	98	98	98		177	
2	63	POSEN KONGKANG	166	ARN	14-01-2003	60.740	68	73	73	73		90	94	94	94		167	
3	68	HIMALI NAGESH KAMBLE	180	GOA	01-10-2002	63.280	80	84	87	84		101	106	106	101		185	
4	81	S. NIRUPAMA DEVI	194	MNP	05-10-2000	63.960	82	85	87	85		110	116	116	110		195	
5	92	JASVIR KAUR	196	PUN	22-02-1993	64.000	80	83	83	80		106	106	109	106		186	
6	126	DITIMONI SONOWAL	187	ASM	04-12-2003	64.000	83	86	88	88		108	112	115	112		200	

**Jury**

1. A. Hansa Manral I-1 [UKD]
2. B. Sunil Kumar I-1 [RSPB]
3. C. Pardeep Sharma I-1 [H.P.]
4. E. S. Shanmughavel I-1 [TND]
5. D. Geetha Ananda I-2 [KRN]

**Referee**

- Center - Srishti Singh N-1 [RSPB]  
Left - Pranjal Solanki N-2 [M.P.]  
Right - Rajkumar Jamwal N-1 [H.P.]

**Chief Marshal**

1. Kamaldeep Singh N-1 [CHD]
2. Khushbu Yadav N-1 [U.P.]
3. Komalpreet Kaur N-2 [PUN]

**Time Keeper**

1. R. Kavitha N-1 [TND]

**Technical Controller**

1. P. Rangaswamy N-1 [RSPB]
2. Amarnath Tyagi I-2 [U.P.]
3. Virpal Kaur N-1 [PUN]

**Secretary**

1. Daljit Kaur N-2 [PUN]
2. Vijay Hooda N-1 [AIPSCB]
3. Anju Bala N-2 [H.P.]



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**START LIST / PROTOCOL**

Competition : 27.10.2023 09:30

**MEN 81 kg A**

Weigh in : 7:30

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
81 kg A																		
1	17	LALU TAKU	290	GOA	08-12-1998	80.920	126	131	134	131		167	172	178	172		303	
2	28	ABHISHEK NIPANE	300	MHR	11-12-2001	80.760	131	136	139	136		173	178	178	173		309	
3	93	RAGHVEER SINGH	275	PUN	21-03-1995	77.500	110	110	115	110		145	145	145	--		--	
4	103	AJAY SINGH	312	RAJ	17-04-1997	81.000	138	143	143	138		170	170	178	170		308	
5	115	SKILTIN PAUL	302	KRL	29-05-2000	81.000	137	140	140	137		169	169	169	169		306	
6	119	KANHU CHARANA SAHU	303	ORS	03-05-1997	80.160	127	132	132	132		165	170	177	170		302	
7	145	VALLURI AJAYA BABU	303	M.P.	25-11-2004	79.980	137	142	142	142		165	170	173	170		312	

**Jury**

1. A. Hansa Manral I-1 [UKD]
2. B. Sunil Kumar I-1 [RSPB]
3. C. Pardeep Sharma I-1 [H.P.]
4. E. S. Shanmughavel I-1 [TND]
5. D. Geetha Ananda I-2 [KRN]

**Referee**

- Center - Akansha Kamale N-1 [M.P.]  
Left - Biku Sarita N-1 [ARN]  
Right - Ranjit Bhattacharjee N-1 [W.B.]

**Chief Marshal**

1. Ujwala Mane N-1 [MHR]
2. Pradeep Kumar Yadav N-1 [U.P.]
3. Suman Devi N-1 [U.P.]

**Time Keeper**

1. Trupti Parasher N-1 [MHR]

**Technical Controller**

1. K. Suryanaryana I-2 [A.P.]
2. Rajesh Janghel N-1 [C.G.]
3. Yogendra I-2 [U.P.]

**Secretary**

1. E. Rajneesh Bhaskar I-1 [BHR]
2. Milli Chopra N-2 [U.P.]
3. Mukesh Kumar N-1 [BHR]



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**START LIST / PROTOCOL**

Competition : 27.10.2023 11:00

**WOMEN 71 kg A**

Weigh in : 9:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
71 kg A																		
1	8	SHREYA SHREEDHAR NAIK	100	GOA	06-06-1998	68.840	40	45	50	45		55	60	65	60		105	
2	39	HARJINDER KAUR	195	PUN	14-10-1996	70.580	83	86	88	88		108	113	--	113		201	
3	75	TRUPTI MANE	193	MHR	20-09-2001	70.980	81	84	87	87		103	103	107	103		190	
4	77	TANUSHA	160	KRN	27-04-2002	70.740	70	70	77	70		95	--	--	95		165	
5	90	SRASHTI	160	U.P.	12-06-2002	71.000	60	64	68	64		80	--	--	80		144	
6	101	P.UMESHWORI DEVI	183	MNP	28-07-2002	70.100	78	82	85	85		104	108	108	104		189	

**Jury**

1. A. G.P. Sharma I-1 [U.P.]
2. B. Shyamala Shetty I-1 [KRN]
3. C. S.H. Ananda Gowda I-1 [KRN]
4. E. Rajesh Kumar I-1 [H.P.]
5. D. Sabina Yadav I-2 [U.P.]

**Referee**

- Center - Jayesh C. Naik N-1 [GOA]  
Left - Pratima Kumari N-1 [AIPSCB]  
Right - Ranu Mohanty N-1 [ORS]  
Reserve - Ravi Sharma N-1 [RAJ]

**Chief Marshal**

1. Kamaldeep Singh N-1 [CHD]
2. Khushbu Yadav N-1 [U.P.]
3. Komalpreet Kaur N-2 [PUN]

**Time Keeper**

1. R. Kavitha N-1 [TND]

**Technical Controller**

1. P. Rangaswamy N-1 [RSPB]
2. Amarnath Tyagi I-2 [U.P.]
3. Virpal Kaur N-1 [PUN]

**Secretary**

1. Daljit Kaur N-2 [PUN]
2. Vijay Hooda N-1 [AIPSCB]
3. Anju Bala N-2 [H.P.]





**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**START LIST / PROTOCOL**

Competition : 27.10.2023 12:30

**MEN 89 kg A**

Weigh in : 10:30

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
89 kg A																		
1	13	MARUSH PS	310	SSCB	22-06-1999	88.300	137	141	144	144		168	172	174	174		318	
2	14	GOURAV	315	CHD	28-06-1995	88.960	140	140	143	140		170	178	179	179		319	
3	33	HIMANSHU THAPA	299	M.P.	30-03-2001	88.560	131	136	138	136		164	164	169	164		300	
4	37	BHASKAR GAIN	270	GOA	21-07-2000	84.320	110	118	123	123		140	147	152	147		270	
5	54	AMARJIT GURU	305	PUN	23-07-1995	89.000	135	140	143	143		167	171	174	174		317	
6	56	JANIS ABBAS	293	KRL	17-01-2000	88.640	128	131	133	133		157	167	167	157		290	
7	76	SK.LAL BASHEER	306	A.P.	13-05-2004	89.000	130	135	138	135		156	163	168	163		298	
8	96	NIKHIL TUGNAIT	250	PUN	09-11-1999	83.500	--	--	--	--		--	--	--	--		--	

**Jury**

1. A. G.P. Sharma I-1 [U.P.]
2. B. Shyamala Shetty I-1 [KRN]
3. C. S.H. Ananda Gowda I-1 [KRN]
4. E. Rajesh Kumar I-1 [H.P.]
5. D. Sabina Yadav I-2 [U.P.]

**Referee**

- Center - Rajkumar Jamwal N-1 [H.P.]  
Left - Srishti Singh N-1 [RSPB]  
Right - Pranjal Solanki N-2 [M.P.]

**Chief Marshal**

1. Ujwala Mane N-1 [MHR]
2. Pradeep Kumar Yadav N-1 [U.P.]
3. Suman Devi N-1 [U.P.]

**Time Keeper**

1. Trupti Parasher N-1 [MHR]

**Technical Controller**

1. K. Suryanaryana I-2 [A.P.]
2. Rajesh Janghel N-1 [C.G.]
3. Yogendra I-2 [U.P.]

**Secretary**

1. E. Rajneesh Bhaskar I-1 [BHR]
2. Milli Chopra N-2 [U.P.]
3. Mukesh Kumar N-1 [BHR]



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**START LIST / PROTOCOL**

Competition : 27.10.2023 15:00

**WOMEN 76 kg A**

Weigh in : 13:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
76 kg A																		
1	2	RENU DEVI	185	HRN	10-03-1989	72.060	--	--	---	--		--	--	--	--		--	
2	16	ANJANA SREEJITH	180	KRL	25-02-2003	75.880	75	80	80	75		100	107	107	100		175	
3	58	HARMANPREET KAUR	196	PUN	09-10-2001	75.540	78	81	81	81		103	107	112	112		193	
4	137	S. CHAOBA CHANU	190	MNP	05-01-2004	74.920	83	83	86	83		103	106	109	109		192	
5	148	SAKSHI HALDANKAR	115	GOA	13-11-2002	73.720	42	42	50	42		56	66	70	66		108	

**Jury**

1. A. Hansa Manral I-1 [UKD]
2. B. Sunil Kumar I-1 [RSPB]
3. C. Pardeep Sharma I-1 [H.P.]
4. E. S. Shanmughavel I-1 [TND]
5. D. Geetha Ananda I-2 [KRN]

**Referee**

- Center - Ranjit Bhattacharjee N-1 [W.B.]  
Left - Akansha Kamale N-1 [M.P.]  
Right - Biku Sarita N-1 [ARN]

**Chief Marshal**

1. Kamaldeep Singh N-1 [CHD]
2. Khushbu Yadav N-1 [U.P.]
3. Komalpreet Kaur N-2 [PUN]

**Time Keeper**

1. R. Kavitha N-1 [TND]

**Technical Controller**

1. P. Rangaswamy N-1 [RSPB]
2. Amarnath Tyagi I-2 [U.P.]
3. Virpal Kaur N-1 [PUN]

**Secretary**

1. Daljit Kaur N-2 [PUN]
2. Vijay Hooda N-1 [AIPSCB]
3. Anju Bala N-2 [H.P.]



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**START LIST / PROTOCOL**

Competition : 27.10.2023 16:30

**MEN 96 kg A**

Weigh in : 14:30

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
96 kg A																		
1	26	BHEEM SINGH	280	U.P.	10-05-1996	95.620	120	124	124	124		155	155	155	155		279	
2	32	GURPREET SINGH BHANGU	306	CHD	13-01-2001	91.120	132	137	137	137		165	172	172	165		302	
3	64	SURESH YADAV	323	ORS	23-08-1994	95.580	136	140	143	140		171	177	181	181		321	
4	112	GORAKSHNATH WAIFALKAR	270	GOA	16-03-2001	93.960	118	122	122	122		150	150	150	--		--	
5	127	HARSHAD WADEKAR	332	MHR	14-06-1995	95.400	145	148	150	148		183	187	190	187		335	
6	131	JAGDISH VISHAKARMA	330	SSCB	11-08-1994	96.000	144	147	150	147		180	186	190	186		333	
7	132	VISHAL RAJWAR	297	UKD	04-05-1995	95.200	135	140	143	140		160	166	--	160		300	

**Jury**

1. A. Hansa Manral I-1 [UKD]
2. B. Sunil Kumar I-1 [RSPB]
3. C. Pardeep Sharma I-1 [H.P.]
4. E. S. Shanmughavel I-1 [TND]
5. D. Geetha Ananda I-2 [KRN]

**Referee**

- Center - Ravi Sharma N-1 [RAJ]  
Left - Jayesh C. Naik N-1 [GOA]  
Right - Pratima Kumari N-1 [AIPSCB]  
Reserve - Ranu Mohanty N-1 [ORS]

**Chief Marshal**

1. Ujwala Mane N-1 [MHR]
2. Pradeep Kumar Yadav N-1 [U.P.]
3. Suman Devi N-1 [U.P.]

**Time Keeper**

1. Trupti Parasher N-1 [MHR]

**Technical Controller**

1. K. Suryanaryana I-2 [A.P.]
2. Rajesh Janghel N-1 [C.G.]
3. Yogendra I-2 [U.P.]

**Secretary**

1. E. Rajneesh Bhaskar I-1 [BHR]
2. Milli Chopra N-2 [U.P.]
3. Mukesh Kumar N-1 [BHR]



37TH NATIONAL GAMES  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

START LIST / PROTOCOL

Competition : 28.10.2023 10:00

WOMEN 81 kg A

Weigh in : 8:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
81 kg A																		
1	22	CH.SRI LAKSHMI	190	A.P.	19-10-2004	80.540	80	83	86	83		100	104	108	108		191	
2	38	TAMANA	175	HRN	10-05-2002	80.400	76	80	80	76		101	107	107	107		183	
3	45	RAKHI PUROHIT	195	RAJ	23-06-1999	80.240	83	87	91	91		104	116	119	116		207	
4	46	VANSHITA VERMA	213	CHD	08-10-2001	80.680	86	90	92	90		115	118	122	118		208	
5	109	NIKITA BETKIKAR	115	GOA	20-10-2001	79.820	40	48	53	48		56	65	70	65		113	
6	129	KALPANA YADAV	172	U.P.	10-07-2002	80.420	75	80	84	84		95	100	103	100		184	
7	141	PUNAM YADAV	190	U.P.	09-07-1995	80.300	84	88	91	91		103	103	103	--		--	

**Jury**

1. A. G.P. Sharma I-1 [U.P.]
2. B. Shyamala Shetty I-1 [KRN]
3. C. S.H. Ananda Gowda I-1 [KRN]
4. E. Rajesh Kumar I-1 [H.P.]
5. D. Sabina Yadav I-2 [U.P.]

**Referee**

- Center - Pranjal Solanki N-2 [M.P.]  
Left - Rajkumar Jamwal N-1 [H.P.]  
Right - Srishti Singh N-1 [RSPB]

**Chief Marshal**

1. Kamaldeep Singh N-1 [CHD]
2. Khushbu Yadav N-1 [U.P.]
3. Komalpreet Kaur N-2 [PUN]

**Time Keeper**

1. R. Kavitha N-1 [TND]

**Technical Controller**

1. P. Rangaswamy N-1 [RSPB]
2. Amarnath Tyagi I-2 [U.P.]
3. Virpal Kaur N-1 [PUN]

**Secretary**

1. Daljit Kaur N-2 [PUN]
2. Vijay Hooda N-1 [AIPSCB]
3. Anju Bala N-2 [H.P.]



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**START LIST / PROTOCOL**

Competition : 28.10.2023 11:30

**MEN 102 kg A**

Weigh in : 9:30

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
102 kg A																		
1	7	AJIT SINGH	314	U.P.	01-01-1997	101.92 0	139	139	140	--		--	--	--	--		--	
2	9	SHUBHAM VERMA	310	GOA	10-06-1994	101.56 0	138	143	146	143		177	183	188	183		326	
3	19	KOJUM TABA	325	SSCB	18-06-1997	99.620	145	148	148	148		176	182	186	182		330	
4	50	SACHIN MEHMI	330	PUN	11-08-1995	101.90 0	145	146	146	--		--	--	--	--		--	
5	80	MD. JAMEIR HUSSAIN	330	ASM	03-04-1993	102.00 0	144	145	145	145		180	180	186	180		325	
6	88	CHIRAG WAGHAVALA	310	MHR	28-03-2003	101.54 0	135	135	141	135		170	175	180	180		315	
7	105	HARCHARAN SINGH	330	RAJ	20-08-2001	102.00 0	148	148	152	148		171	177	177	171		319	

**Jury**

1. A. G.P. Sharma I-1 [U.P.]
2. B. Shyamala Shetty I-1 [KRN]
3. C. S.H. Ananda Gowda I-1 [KRN]
4. E. Rajesh Kumar I-1 [H.P.]
5. D. Sabina Yadav I-2 [U.P.]

**Referee**

- Center - Biku Sarita N-1 [ARN]  
Left - Ranjit Bhattacharjee N-1 [W.B.]  
Right - Akansha Kamale N-1 [M.P.]

**Chief Marshal**

1. Ujwala Mane N-1 [MHR]
2. Pradeep Kumar Yadav N-1 [U.P.]
3. Suman Devi N-1 [U.P.]

**Time Keeper**

1. Trupti Parasher N-1 [MHR]

**Technical Controller**

1. K. Suryanaryana I-2 [A.P.]
2. Rajesh Janghel N-1 [C.G.]
3. Yogendra I-2 [U.P.]

**Secretary**

1. E. Rajneesh Bhaskar I-1 [BHR]
2. Milli Chopra N-2 [U.P.]
3. Mukesh Kumar N-1 [BHR]



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**START LIST / PROTOCOL**

Competition : 28.10.2023 14:00

**WOMEN 87 kg A**

Weigh in : 12:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
87 kg A																		
1	6	RAKHI	190	HRN	11-10-1996	82.020	80	84	87	87		105	109	119	109		196	
2	34	B.N.USHA	185	KRN	02-04-1995	86.820	89	92	95	95		108	108	112	108		203	
3	49	USHA S R	180	KRN	21-08-2000	85.700	88	88	88	--		--	--	--	--		--	
4	91	KOMAL WAKALE	201	MHR	01-11-1990	86.960	89	93	96	93		108	111	112	112		205	
5	98	TANUJA KUNKOLKAR	93	GOA	27-02-2002	84.500	38	42	45	42		45	50	54	54		96	
6	134	SWAPNA PRIYA BARUAH	175	ASM	24-09-1996	86.860	77	81	84	81		105	105	110	105		186	

**Jury**

1. A. Hansa Manral I-1 [UKD]
2. B. Sunil Kumar I-1 [RSPB]
3. C. Pardeep Sharma I-1 [H.P.]
4. E. S. Shanmughavel I-1 [TND]
5. D. Geetha Ananda I-2 [KRN]

**Referee**

- Center - Ranu Mohanty N-1 [ORS]  
Left - Ravi Sharma N-1 [RAJ]  
Right - Jayesh C. Naik N-1 [GOA]  
Reserve - Pratima Kumari N-1 [AIPSCB]

**Chief Marshal**

1. Kamaldeep Singh N-1 [CHD]
2. Khushbu Yadav N-1 [U.P.]
3. Komalpreet Kaur N-2 [PUN]

**Time Keeper**

1. R. Kavitha N-1 [TND]

**Technical Controller**

1. P. Rangaswamy N-1 [RSPB]
2. Amarnath Tyagi I-2 [U.P.]
3. Virpal Kaur N-1 [PUN]

**Secretary**

1. Daljit Kaur N-2 [PUN]
2. Vijay Hooda N-1 [AIPSCB]
3. Anju Bala N-2 [H.P.]



37TH NATIONAL GAMES  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

START LIST / PROTOCOL

Competition : 28.10.2023 15:30

MEN 109 kg A

Weigh in : 13:30

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
109 kg A																		
1	1	VIKRAM JIT SINGH	305	PUN	26-10-1992	108.54 0	133	138	141	141		172	172	179	172		313	
2	15	AKASH KAUSHAL	309	M.P.	27-12-2002	107.98 0	137	141	144	141		173	178	180	178		319	
3	20	MAHESH KAVLEKAR	190	GOA	10-04-1987	108.08 0	75	80	85	80		95	100	102	102		182	
4	60	B.S.D. VISHNU VARDHAN	302	A.P.	14-06-1998	108.82 0	133	138	141	141		173	179	185	179		320	
5	74	AKHIL SARGARI	318	TEL	16-03-2000	107.26 0	135	135	137	--		--	--	--	--		--	
6	83	UNNIKRISHNAN S.	302	KRL	03-04-1991	109.00 0	130	134	137	137		164	170	170	164		301	
7	146	LOVEPREET SINGH	340	SSCB	06-09-1997	108.26 0	151	160	160	151		182	193	--	182		333	

**Jury**

1. A. Hansa Manral I-1 [UKD]
2. B. Sunil Kumar I-1 [RSPB]
3. C. Pardeep Sharma I-1 [H.P.]
4. E. S. Shanmughavel I-1 [TND]
5. D. Geetha Ananda I-2 [KRN]

**Referee**

- Center - Srishti Singh N-1 [RSPB]  
Left - Pranjal Solanki N-2 [M.P.]  
Right - Rajkumar Jamwal N-1 [H.P.]

**Chief Marshal**

1. Ujwala Mane N-1 [MHR]
2. Pradeep Kumar Yadav N-1 [U.P.]
3. Suman Devi N-1 [U.P.]

**Time Keeper**

1. Trupti Parasher N-1 [MHR]

**Technical Controller**

1. K. Suryanaryana I-2 [A.P.]
2. Rajesh Janghel N-1 [C.G.]
3. Yogendra I-2 [U.P.]

**Secretary**

1. E. Rajneesh Bhaskar I-1 [BHR]
2. Milli Chopra N-2 [U.P.]
3. Mukesh Kumar N-1 [BHR]



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**START LIST / PROTOCOL**

Competition : 29.10.2023 09:30

**WOMEN +87 kg A**

Weigh in : 7:30

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
<b>+87 kg A</b>																		
1	10	SHRAVANI SHIVAJI UBALE	85	GOA	30-12-2003	91.060	35	38	41	41		40	45	50	50		91	
2	12	YOGITA KHEDKAR	195	MHR	15-06-2002	87.200	85	88	89	89		103	107	109	109		198	
3	23	ANN MARIYA M.T.	200	KRL	21-08-1998	122.320	80	85	88	88		110	118	122	118		206	
4	73	RUCHIKA DHORE	189	MHR	26-07-2001	87.940	83	86	88	88		104	104	109	109		197	
5	87	PURNIMA PANDEY	220	U.P.	16-10-1997	104.540	95	100	105	100		115	122	129	122		222	
6	135	BISNA VARGHESE	160	KRL	08-01-1997	88.700	60	67	67	60		80	80	--	80		140	

**Jury**

1. A. G.P. Sharma I-1 [U.P.]
2. B. Shyamala Shetty I-1 [KRN]
3. C. S.H. Ananda Gowda I-1 [KRN]
4. E. Rajesh Kumar I-1 [H.P.]
5. D. Sabina Yadav I-2 [U.P.]

**Referee**

- Center - Akansha Kamale N-1 [M.P.]  
Left - Biku Sarita N-1 [ARN]  
Right - Ranjit Bhattacharjee N-1 [W.B.]

**Chief Marshal**

1. Kamaldeep Singh N-1 [CHD]
2. Khushbu Yadav N-1 [U.P.]
3. Komalpreet Kaur N-2 [PUN]

**Time Keeper**

1. R. Kavitha N-1 [TND]

**Technical Controller**

1. P. Rangaswamy N-1 [RSPB]
2. Amarnath Tyagi I-2 [U.P.]
3. Virpal Kaur N-1 [PUN]

**Secretary**

1. Daljit Kaur N-2 [PUN]
2. Vijay Hooda N-1 [AIPSCB]
3. Anju Bala N-2 [H.P.]





37TH NATIONAL GAMES  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

START LIST / PROTOCOL

Competition : 29.10.2023 11:00

MEN +109 kg A

Weigh in : 9:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
<b>+109 kg A</b>																		
1	3	KUSHAL GOWDA	300	KRN	12-03-1999	180.00 0	135	140	143	135		145	--	--	145		280	
2	40	GAGANDEEP GILL	317	PUN	29-07-2002	140.10 0	143	147	147	147		184	192	197	192		339	
3	61	BALKRISHNA SARDESSAI	190	GOA	18-09-1982	128.84 0	80	90	96	90		100	110	120	120		210	
4	72	VIPAN KUMAR	351	SSCB	30-01-1994	138.94 0	147	152	156	156		184	188	192	192		348	
5	78	S.RUDRAMAYAN	325	TND	10-04-2002	136.62 0	155	160	163	160		177	183	183	183		343	
6	139	DILABARDEEP SINGH	326	CHD	01-04-2000	147.86 0	142	148	151	148		180	180	180	180		328	
7	147	SHYOPAT SINGH	320	RAJ	17-11-1989	126.70 0	145	150	153	150		180	186	188	180		330	

**Jury**

1. A. Hansa Manral I-1 [UKD]
2. B. Sunil Kumar I-1 [RSPB]
3. C. Pardeep Sharma I-1 [H.P.]
4. E. S. Shanmughavel I-1 [TND]
5. D. Geetha Ananda I-2 [KRN]

**Referee**

- Center - Pratima Kumari N-1 [AIPSCB]  
Left - Ranu Mohanty N-1 [ORS]  
Right - Ravi Sharma N-1 [RAJ]  
Reserve - Jayesh C. Naik N-1 [GOA]

**Chief Marshal**

1. Ujwala Mane N-1 [MHR]
2. Pradeep Kumar Yadav N-1 [U.P.]
3. Suman Devi N-1 [U.P.]

**Time Keeper**

1. Trupti Parasher N-1 [MHR]

**Technical Controller**

1. K. Suryanaryana I-2 [A.P.]
2. Rajesh Janghel N-1 [C.G.]
3. Yogendra I-2 [U.P.]

**Secretary**

1. E. Rajneesh Bhaskar I-1 [BHR]
2. Milli Chopra N-2 [U.P.]
3. Mukesh Kumar N-1 [BHR]



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

## GROUP OF JURIES AND REFEREES

### JURY Member Group 1 :

- A. HANSA MANRAL I-1 [UKD] \*President of Jury
- B. SUNIL KUMAR I-1 [RSPB]
- C. PARDEEP SHARMA I-1 [H.P.]
- E. S. SHANMUGHAVEL I-1 [TND]
- D. GEETHA ANANDA I-2 [KRN]

### JURY Member Group 2 :

- A. G.P. SHARMA I-1 [U.P.] \*President of Jury
- B. SHYAMALA SHETTY I-1 [KRN]
- C. S.H. ANANDA GOWDA I-1 [KRN]
- E. RAJESH KUMAR I-1 [H.P.]
- D. SABINA YADAV I-2 [U.P.]

### REFEREE Member Group 1 :

- AKANSHA KAMALE N-1 [M.P.]
- BIKU SARITA N-1 [ARN]
- RANJIT BHATTACHARJEE N-1 [W.B.]

### REFEREE Member Group 2 :

- RAVI SHARMA N-1 [RAJ]
- JAYESH C. NAIK N-1 [GOA]
- PRATIMA KUMARI N-1 [AIPSCB]
- RANU MOHANTY N-1 [ORS]

### REFEREE Member Group 3 :

- RAJKUMAR JAMWAL N-1 [H.P.]
- SRISHTI SINGH N-1 [RSPB]
- PRANJAL SOLANKI N-2 [M.P.]



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**GROUP OF OTHER COMPETITION OFFICIALS**

**CHIEF MARSHAL Member Group 1 :**

KAMALDEEP SINGH N-1 [CHD]  
KHUSHBU YADAV N-1 [U.P.]  
KOMALPREET KAUR N-2 [PUN]

**CHIEF MARSHAL Member Group 2 :**

UJWALA MANE N-1 [MHR]  
PRADEEP KUMAR YADAV N-1 [U.P.]  
SUMAN DEVI N-1 [U.P.]

**TIMEKEEPER Member Group 1 :**

R. KAVITHA N-1 [TND]

**TIMEKEEPER Member Group 2 :**

TRUPTI PARASHER N-1 [MHR]

**TECHNICAL CONTROLLER Member Group 1 :**

P. RANGASWAMY N-1 [RSPB]  
AMARNATH TYAGI I-2 [U.P.]  
VIRPAL KAUR N-1 [PUN]

**TECHNICAL CONTROLLER Member Group 2 :**

K. SURYANARYANA I-2 [A.P.]  
RAJESH JANGHEL N-1 [C.G.]  
YOGENDRA I-2 [U.P.]

**SECRETARY Member Group 1 :**

DALJIT KAUR N-2 [PUN]  
VIJAY HOODA N-1 [AIPSCB]  
ANJU BALA N-2 [H.P.]

**SECRETARY Member Group 2 :**

E. RAJNEESH BHASKAR I-1 [BHR]  
MILLI CHOPRA N-2 [U.P.]  
MUKESH KUMAR N-1 [BHR]

**TECHNICAL DELEGATE Member Group :**

SAHDEV YADAV I-1 [U.P.]

**TIS ASSISTANT Member Group :**

PURAN CHANDRA N-2 [DEL]  
VISHAL CHAUDHARY N-2 [U.P.]  
SHIVAM MISHRA N-2 [U.P.]

**TIS IN-CHARGE Member Group :**

SUNEET CHOPRA N-1 [U.P.]

**DIRECTOR OF COMPETIT Member Group 1 :**

KUMBASI SUBRAMANYA I-1 [KRN]

**C.E.O-IWLF Member Group 1 :**

GP. CAPT. RANJIB SAHOO N-1 [DEL]

**F.O.P INCHARGE Member Group 1 :**

YASHPAL SINGH N-2 [U.P.]

**SPEAKER Member Group 1 :**

KRISHNARAJ K. I-1 [KRN]

**F.O.P. IN-CHARGE Member Group 1 :**

KARAN THAPA N-2 [U.P.]

**SPEAKER Member Group 2 :**

PRASHANT BENDRE I-1 [MHR]

**F.O.P. INCHARGE Member Group 2 :**

P. SRISAILAM N-1 [AIPSCB]



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**NEW RECORDS**

RECORDS	CATRGORY	NEW RECORDS	NAME	TEAM	BORN	DATE
SR-29-3-2023 - SENIOR	WOMEN 45 kg	SNATCH 74 KG ---> 75	DIPALI GURSALE	MHR	10-11-1996	25.10.2023
SR-29-3-2023 - SENIOR	WOMEN 45 kg	CLEAN&JERK 94 KG ---> 95	CHANDRIKA TARAFDAR	W.B.	12-10-1996	25.10.2023
SR-29-3-2023 - SENIOR	WOMEN 45 kg	TOTAL 164 K ---> 165	DIPALI GURSALE	MHR	10-11-1996	25.10.2023



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**MEN 's ROBI TOTAL POINT**

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
1	MUKUND AHER	04-07-2003	MHR	55.000	249	575.877
2	CHARU PESI	03-09-2002	SSCB	60.700	267	559.517
3	SIDHANTA GOGOI	08-04-2004	ASM	61.000	266	552.585
4	LALHUNTHARA	07-12-2002	MIZ	67.000	281	536.148
5	SUBHAM T.TODKAR	19-05-1997	MHR	60.800	263	532.152
6	SUBHASH LAHRE	10-11-2002	SSCB	66.900	280	529.836
7	VALLURI AJAYA BABU	25-11-2004	M.P.	79.980	312	528.640
8	ABHISHEK NIPANE	11-12-2001	MHR	80.760	309	511.942
9	BENGIA TANI	26-02-2004	ARN	66.740	277	511.212
10	AJAY SINGH	17-04-1997	RAJ	81.000	308	506.459
11	MARKIO TARIO	01-01-2004	ARN	67.000	275	499.053
12	SKILTIN PAUL	29-05-2000	KRL	81.000	306	495.616
13	GOURAV	28-06-1995	CHD	88.960	319	487.591
14	HARSHAD WADEKAR	14-06-1995	MHR	95.400	335	487.055
15	MARUSH PS	22-06-1999	SSCB	88.300	318	482.532
16	LALU TAKU	08-12-1998	GOA	80.920	303	479.658
17	KOJUM TABA	18-06-1997	SSCB	99.620	330	478.434
18	AMARJIT GURU	23-07-1995	PUN	89.000	317	477.510
19	JAGDISH VISHAKARMA	11-08-1994	SSCB	96.000	333	477.462
20	KANHU CHARANA SAHU	03-05-1997	ORS	80.160	302	474.419
21	SHANKAR LAPUNG	22-09-2004	ARN	61.000	254	474.026
22	N.AJITH	27-01-1999	TND	73.000	290	470.018
23	LALZUIDIKA	23-06-1997	MIZ	60.740	253	467.854
24	SHUBHAM VERMA	10-06-1994	GOA	101.560	326	459.439
25	MD. JAMEIR HUSSAIN	03-04-1993	ASM	102.000	325	454.774
26	S.GURU NAIDU	09-05-2006	A.P.	55.000	230	442.403
27	AKSHAY GAIKWAD	16-04-1996	GOA	67.000	264	435.765
28	N. TOMCHOU MEETEI	03-04-2006	MNP	54.960	228	429.752
29	HARCHARAN SINGH	20-08-2001	RAJ	102.000	319	427.476
30	RANJEET CHAVAN	20-02-1998	MHR	72.980	281	423.284
31	SURESH YADAV	23-08-1994	ORS	95.580	321	422.659
32	J.KOTESWARA RAO	26-01-2001	A.P.	72.740	279	413.358
33	LOVEPREET SINGH	06-09-1997	SSCB	108.260	333	411.630
34	VIJAY KUMAR MAHESHWARI	15-02-1999	C.G.	55.000	225	411.253
35	CHIRAG WAGHAVALA	28-03-2003	MHR	101.540	315	409.928
36	ZAKHUMA	01-04-2001	MIZ	61.000	243	409.194
37	HASEEN	02-07-2001	HRN	72.680	276	398.777
38	HIMANSHU THAPA	30-03-2001	M.P.	88.560	300	397.614
39	SK.LAL BASHEER	13-05-2004	A.P.	89.000	298	388.877
40	B.S.D. VISHNU VARDHAN	14-06-1998	A.P.	108.820	320	360.626



**37TH NATIONAL GAMES**  
37TH NATIONAL GAMES-WEIGHTLIFTING  
CAMPAL GROUND - PANJIM - GOA



23/10/2023 to 30/10/2023

**WOMEN 's ROBI TOTAL POINT**

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
1	DIPALI GURSALE	10-11-1996	MHR	44.880	165	615.026
2	CHANDRIKA TARAFDAR	12-10-1996	W.B.	44.980	162	578.657
3	GYANESHWARI YADAV	08-03-2003	C.G.	48.640	177	516.081
4	PREETI	15-08-2002	HRN	48.540	174	487.591
5	SHRABANI DAS	16-03-2002	W.B.	54.060	187	481.624
6	K.V.L. PAVANI KUMARI	05-03-2003	A.P.	44.980	153	478.585
7	SNEHA SOREN	05-02-2001	ORS	54.360	186	473.121
8	USHA	09-02-2003	HRN	54.780	185	464.724
9	POPY HAZARIKA	08-12-1998	ASM	58.980	191	425.659
10	JHILLI DALABEHERA	03-02-1999	ORS	49.000	167	425.419
11	BORNALI BORAH	31-07-2000	ASM	49.000	166	417.015
12	DITIMONI SONOWAL	04-12-2003	ASM	64.000	200	413.000
13	BONI MANGKHYA	04-06-2004	ARN	55.000	175	386.389
14	ANANYA PATIL	14-01-2001	MHR	54.240	175	386.389
15	LAKSHMI B	25-06-1999	KRN	48.460	162	384.559
16	S. NIRUPAMA DEVI	05-10-2000	MNP	63.960	195	379.686
17	DAVINDER KAUR	11-03-1995	PUN	59.000	183	369.260
18	HARJINDER KAUR	14-10-1996	PUN	70.580	201	361.655
19	VANSHITA VERMA	08-10-2001	CHD	80.680	208	359.568
20	RAKHI PUROHIT	23-06-1999	RAJ	80.240	207	353.858
21	M.DEEPANAYOMI	24-06-2002	A.P.	58.540	180	349.531
22	SNEHA	20-12-1999	HRN	59.000	179	343.122
23	JASVIR KAUR	22-02-1993	PUN	64.000	186	324.528
24	HIMALI NAGESH KAMBLE	01-10-2002	GOA	63.280	185	318.769
25	BALO YALAM	08-08-2004	ARN	58.680	175	318.305
26	P. SHAKHENBI DEVI	03-04-1998	MNP	59.000	175	318.305
27	KOMAL WAKALE	01-11-1990	MHR	86.960	205	301.862
28	TRUPTI MANE	20-09-2001	MHR	70.980	190	299.984
29	HARMANPREET KAUR	09-10-2001	PUN	75.540	193	297.520
30	P.UMESHWORI DEVI	28-07-2002	MNP	70.100	189	294.771
31	S. CHAOBA CHANU	05-01-2004	MNP	74.920	192	292.430
32	B.N.USHA	02-04-1995	KRN	86.820	203	292.189
33	BHAWNA	20-07-2005	HRN	63.900	177	275.232
34	CH.SRI LAKSHMI	19-10-2004	A.P.	80.540	191	270.876
35	SUFNA JASMIN P.S.	25-10-2002	KRL	45.000	128	264.589
36	RAKHI	11-10-1996	HRN	82.020	196	260.038
37	PURNIMA PANDEY	16-10-1997	U.P.	104.540	222	254.917
38	KALPANA YADAV	10-07-2002	U.P.	80.420	184	239.279
39	TAMANA	10-05-2002	HRN	80.400	183	234.986
40	POSEN KONGKANG	14-01-2003	ARN	60.740	167	226.881