



# KHELO INDIA YOUTH GAMES-TAMIL NADU-2023

KHELO INDIA YOUTH GAMES-WEIGHTLIFTING-2023  
CHENNAI

26/01/2024 to 30/01/2024



## RESULT YOUTH MEN 49 kg

Competition : 26.01.2024 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	57	[A] Babulal Hembrom	180	JKD	10.07.2007	48.940	80	83	84	84	1	102	106	107	107	1	191	1
2	186	[A] Rishab Prasher	192	U.P.	04.08.2008	49.000	78	81	83	83	3	102	105	109	105	3	188	2
3	33	[A] Krushna Vyawahare	174	MHR	27.11.2009	48.930	76	80	83	83	2	97	101	104	101	4	184	3
4	62	[A] Tufail	175	U.P.	15.01.2007	48.900	71	74	74	74	8	102	105	111	105	2	179	4
5	28	[A] Harsabardhan Sahu	177	ORS	22.05.2009	48.020	74	77	77	77	6	100	100	103	100	5	177	5
6	218	[A] S. Akash	171	TND	08.05.2006	48.580	72	76	80	80	4	91	101	105	91	6	171	6
7	141	[A] A. Prudhvi	160	A.P.	13.12.2008	49.000	70	75	78	75	7	90	95	95	90	8	165	7
8	118	[A] S. Ramaragavan	169	TND	21.11.2006	48.230	70	74	77	77	5	80	85	85	85	9	162	8
9	103	[A] Simon Shoju	163	ARN	01.06.2009	48.900	72	72	75	72	9	90	95	95	90	7	162	9
	9	[A] Dharmajyoti Dewgharia	160	ASM	07.02.2009	48.900	74	74	74	--		--	--	--	--		--	
	98	[A] Arshlan	165	UKD	18.11.2009	49.000	75	75	75	--		--	--	--	--		--	



# KHELO INDIA YOUTH GAMES-TAMIL NADU-2023

KHELO INDIA YOUTH GAMES-WEIGHTLIFTING-2023  
CHENNAI

26/01/2024 to 30/01/2024



## RESULT YOUTH MEN 55 kg

Competition : 26.01.2024 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	5	[A] L. Dhanush	220	TND	19.11.2006	55.000	94	98	101	101	1	116	120	124	124	1	225	1
2	61	[A] Nikhil Koli	205	MHR	18.09.2006	55.000	90	93	93	93	3	114	117	119	119	3	212	2
3	4	[A] Sosar Tama	213	ARN	16.01.2006	55.000	88	88	91	91	4	117	121	121	121	2	212	3
4	155	[A] A. Maharajan	209	TND	22.04.2008	54.890	93	96	99	96	2	115	118	118	115	4	211	4
5	177	[A] Sime Tara	196	ARN	02.03.2006	55.000	84	88	90	88	5	105	112	116	112	5	200	5
6	29	[A] Raj Munda	187	JKD	22.07.2007	54.420	78	82	82	78	8	98	103	103	103	6	181	6
7	116	[A] Vaibhav Swami	180	U.P.	01.08.2007	49.560	74	77	80	80	7	93	96	98	96	7	176	7
	113	[A] Rupesh Saini	205	RAJ	05.01.2005	54.690	88	88	91	88	6	115	115	--	--		--	
	193	[A] Mrinmoy Gogoi	200	ASM	09.01.2008	54.660	92	92	92	--		--	--	--	--		--	



# KHELO INDIA YOUTH GAMES-TAMIL NADU-2023

KHELO INDIA YOUTH GAMES-WEIGHTLIFTING-2023  
CHENNAI

26/01/2024 to 30/01/2024



## RESULT YOUTH MEN 61 kg

Competition : 27.01.2024 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	206	[A] Sadananda Bariha	233	ORS	15.01.2006	60.600	101	105	107	107	2	130	135	140	135	1	242	1
2	170	[A] Anush Lokhande	235	MHR	21.12.2007	61.000	99	103	106	106	3	127	131	131	131	2	237	2
3	222	[A] Riki Gogoi	220	ASM	11.12.2005	61.000	101	104	107	107	1	128	128	132	128	4	235	3
4	42	[A] Neelam Sopin	227	ARN	05.02.2006	60.800	98	103	104	104	4	122	126	130	130	3	234	4
5	21	[A] Sumit Kumar Rajput	233	M.P.	22.08.2006	61.000	100	100	103	103	6	127	128	128	128	5	231	5
6	94	[A] Sunil Singh	215	PUN	13.09.2009	60.440	100	104	104	104	5	120	126	129	126	6	230	6
7	82	[A] Sanraj	227	U.P.	04.07.2008	61.000	95	99	99	99	9	123	123	123	123	8	222	7
8	195	[A] J.Jaya Novaraj	200	TND	19.12.2008	61.000	90	95	100	100	7	110	117	120	120	9	220	8
9	200	[A] Samir Khan	224	HRN	01.01.2008	60.900	95	100	100	95	10	120	125	128	125	7	220	9
10	111	[A] Isak Malsawmatluanga	220	MIZ	16.07.2008	60.680	95	95	98	95	11	113	119	123	119	10	214	10
	53	[A] Chera Tania	241	ARN	20.05.2005	60.200	95	99	102	99	8	132	132	137	--		--	
	58	[A] Kiran Kumar	200	PON	09.06.2008	60.530	80	80	--	--		--	--	--	--		--	



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KHELO INDIA YOUTH GAMES-WEIGHTLIFTING-2023  
CHENNAI

26/01/2024 to 30/01/2024



## RESULT YOUTH MEN 67 kg

Competition : 27.01.2024 12:00

Weigh in : 10:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	212	[A] Mahadev Vadar	260	MHR	12.07.2005	67.000	113	117	118	113	1	140	150	--	140	1	253	1
2	66	[A] P Akash	150	TND	16.02.2005	66.850	100	107	112	112	2	126	130	142	130	4	242	2
3	127	[A] Deepak Kumar Pradhan	240	ORS	12.01.2005	66.940	104	108	108	108	4	130	134	134	134	2	242	3
4	56	[A] K. Dinesh	230	A.P.	04.05.2007	66.320	103	108	111	108	3	126	126	131	131	3	239	4
5	151	[A] Sreekuttan Kuttan	226	KRL	07.06.2007	66.950	90	95	98	95	6	120	120	127	120	5	215	5
6	174	[A] Mohamad Shahjahan	216	PUN	29.11.2006	66.320	88	93	--	93	7	115	120	120	115	6	208	6
7	164	[A] V. Dheenadayalan	150	PON	20.11.2006	66.280	75	78	78	75	8	95	100	102	100	7	175	7
	154	[A] Nikhil	233	U.P.	06.04.2006	65.750	98	98	100	98	5	128	128	128	--		--	



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KHELO INDIA YOUTH GAMES-WEIGHTLIFTING-2023  
CHENNAI

26/01/2024 to 30/01/2024



## RESULT YOUTH MEN 73 kg

Competition : 27.01.2024 13:30

Weigh in : 11:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	190	[A] N.V. Mahesh	255	A.P.	19.04.2005	71.380	112	117	125	117	1	140	148	155	148	1	265	1
2	93	[A] V.M. Vasantha Kumar	251	TND	19.06.2006	72.920	103	108	111	108	5	135	138	150	138	2	246	2
3	76	[A] Aayush Rana	254	U.P.	06.01.2009	72.570	105	109	112	112	2	133	138	138	133	3	245	3
4	50	[A] Himanshu Kushwaha	239	M.P.	17.08.2007	72.920	105	105	109	109	4	130	130	134	130	6	239	4
5	120	[A] Hemanta Doimary	220	ASM	07.01.2007	71.780	105	110	110	110	3	125	132	132	125	7	235	5
6	40	[A] Swayamjit Prasad Sahoo	249	ORS	15.01.2007	70.860	105	110	110	105	6	130	135	137	130	4	235	6
7	69	[A] Aniruddha Chavan	235	MHR	09.03.2007	71.120	103	106	106	103	7	123	130	133	130	5	233	7
8	140	[A] Devvrat Sharma	227	C.G.	22.06.2007	72.790	97	103	105	103	8	121	121	121	121	8	224	8
	217	[A] Santhosh Kumar	150	PON	04.05.2008	72.630	55	57	58	57	9	75	75	75	--		--	



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KHELO INDIA YOUTH GAMES-WEIGHTLIFTING-2023  
CHENNAI

26/01/2024 to 30/01/2024



## RESULT YOUTH MEN 81 kg

Competition : 28.01.2024 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	100	[A] Sairaj Pardeshi	294	MHR	08.06.2007	76.980	124	124	124	124	3	153	159	162	162	1	286	1
2	152	[A] Hrudananda Das	276	ORS	09.06.2007	80.860	120	124	126	126	1	150	156	160	156	2	282	2
3	159	[A] D. Premsagar	255	A.P.	20.10.2006	79.160	116	121	124	124	2	142	148	148	148	5	272	3
4	6	[A] Sharthak Thapa	260	GOA	03.09.2005	80.720	116	116	119	116	6	143	150	157	150	3	266	4
5	221	[A] Nakul Goswami	276	U.P.	20.03.2005	77.880	116	120	120	116	5	145	150	162	150	4	266	5
6	63	[A] Sushant Nirbal	257	U.P.	01.02.2006	79.090	111	111	117	117	4	137	137	137	137	8	254	6
7	108	[A] Mohan Shyam Chauhan	254	HRN	01.01.2006	77.100	105	110	113	113	8	135	138	138	138	7	251	7
8	23	[A] Sandeep Das Roy	150	TND	29.11.2006	75.150	110	115	118	115	7	132	132	137	132	9	247	8
9	133	[A] Karan Sindhu	249	M.P.	01.08.2007	80.850	105	105	110	110	9	132	132	--	132	10	242	9
10	105	[A] Tayar Ronik	237	ARN	10.10.2007	80.270	95	99	102	102	10	135	140	143	140	6	242	10
11	167	[A] E. RAJESH	150	PON	27.03.2005	80.400	85	90	95	90	11	110	116	116	116	11	206	11
	138	[A] Dheeraj Kumar	275	HRN	02.07.2005	79.150	116	116	116	--		--	--	--	--		--	



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KHELO INDIA YOUTH GAMES-WEIGHTLIFTING-2023  
CHENNAI

26/01/2024 to 30/01/2024



## RESULT YOUTH MEN 89 kg

Competition : 28.01.2024 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	112	[A] V. Ramu	265	A.P.	06.06.2006	87.780	118	123	126	126	3	153	161	166	166	1	292	1
2	73	[A] Sanidhya Sanjay More	280	MHR	26.03.2005	88.020	128	132	135	135	1	150	156	160	156	2	291	2
3	80	[A] Dheershan J.	283	TND	30.08.2006	88.120	125	130	133	133	2	145	153	159	153	3	286	3
4	97	[A] Mani Dhiman	266	CHD	14.02.2006	87.170	120	124	125	125	4	146	150	151	146	4	271	4
5	181	[A] Rishabh Yadav	256	U.P.	16.03.2006	86.870	115	119	123	123	5	145	150	150	145	5	268	5
6	173	[A] S.B. Charukesh	251	TND	09.06.2007	88.780	114	114	117	117	7	130	137	137	130	9	247	6
7	47	[A] Rohan Kumar Mahto	230	JKD	20.03.2008	81.400	103	103	105	105	9	128	135	141	141	6	246	7
8	160	[A] Veer Singh	241	C.G.	19.06.2006	88.390	108	115	117	115	8	130	136	137	130	8	245	8
9	101	[A] Ch. Venkatesh	210	A.P.	30.12.2007	88.750	95	102	107	102	10	125	133	139	139	7	241	9
10	180	[A] Aryan Thakran	229	HRN	22.12.2006	87.500	97	101	104	101	11	126	130	130	126	10	227	10
	102	[A] Rohit Tehlan	283	HRN	09.04.2006	85.550	119	123	123	119	6	146	146	--	--		--	



# KHELO INDIA YOUTH GAMES-TAMIL NADU-2023

KHELO INDIA YOUTH GAMES-WEIGHTLIFTING-2023  
CHENNAI

26/01/2024 to 30/01/2024



## RESULT YOUTH MEN 96 kg

Competition : 29.01.2024 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	172	[A] Parv Chaudhary	286	U.P.	10.07.2008	94.350	120	125	125	120	1	146	155	160	160	1	280	1
2	214	[A] A. Arunesh Babu	260	A.P.	11.03.2006	91.600	112	117	120	117	2	141	150	150	141	2	258	2
3	46	[A] Aditya	252	HRN	3.12.2008	92.700	111	115	118	115	3	131	131	134	134	3	249	3
4	115	[A] David Lalzawmdika	244	MIZ	02.08.2007	92.650	108	108	111	111	4	130	130	139	130	8	241	4
5	88	[A] Kishore R.	246	TND	21.04.2007	90.100	110	110	110	110	5	131	137	137	131	4	241	5
6	16	[A] T. Ravi Teja	215	A.P.	22.07.2007	95.450	96	101	105	105	6	121	128	131	131	5	236	6
7	60	[A] Manoj Kumar	234	KRN	15.02.2006	89.900	99	102	102	102	7	125	130	133	130	6	232	7
8	208	[A] Gaurav Sureshbhai Patil	210	GUJ	10.11.2006	89.590	92	97	101	101	8	118	123	127	127	9	228	8
9	77	[A] Yuvraj Singh	240	RAJ	13.02.2006	89.350	98	98	98	98	9	125	130	133	130	7	228	9
10	44	[A] Tilak A.	230	KRN	19.03.2006	93.970	95	95	95	95	11	125	130	130	125	10	220	10
11	158	[A] A. MOHAMED YAGUF	150	PON	16.03.2006	93.100	85	92	95	95	10	105	111	111	105	11	200	11





# KHELO INDIA YOUTH GAMES-TAMIL NADU-2023

KHELO INDIA YOUTH GAMES-WEIGHTLIFTING-2023  
CHENNAI

26/01/2024 to 30/01/2024



## RESULT YOUTH MEN 102 kg

Competition : 29.01.2024 12:00

Weigh in : 10:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	225	[A] Ch. Vamsi	265	A.P.	08.02.2006	99.730	119	123	126	126	1	144	148	154	154	2	280	1
2	110	[A] Ankur Tiwari	275	MHR	01.01.2006	100.800	121	124	124	124	4	147	151	155	155	1	279	2
3	197	[A] Kapil Sonowal	270	ASM	27.12.2006	101.390	120	123	125	125	2	148	148	153	153	4	278	3
4	17	[A] Prince Ruhil	275	HRN	07.11.2006	96.310	115	120	123	123	5	148	153	157	153	3	276	4
5	179	[A] Y Yashwanth	270	TEL	02.07.2005	96.100	120	120	124	124	3	145	145	145	145	6	269	5
6	137	[A] A. Vishwa	200	TND	6.6.2005	98.250	110	117	117	110	7	146	146	156	146	5	256	6
7	45	[A] Shah Hussain	248	HRN	26.01.2008	96.550	111	115	118	115	6	135	140	140	140	7	255	7
8	204	[A] Misem Chowdhary	241	J.K.	25.06.2006	97.810	105	112	116	105	8	116	122	130	130	8	235	8



# KHELO INDIA YOUTH GAMES-TAMIL NADU-2023

KHELO INDIA YOUTH GAMES-WEIGHTLIFTING-2023  
CHENNAI

26/01/2024 to 30/01/2024



## RESULT YOUTH MEN +102 kg

Competition : 30.01.2024 13:30

Weigh in : 11:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	43	[A] Suvansh Thakur	270	H.P.	14.02.2005	105.700	120	125	125	125	1	150	155	--	155	1	280	1
2	165	[A] David Zohmingmawia	260	MIZ	05.08.2008	114.540	108	113	116	113	3	145	150	153	153	2	266	2
3	18	[A] Sarth Jadhav	250	MHR	08.09.2006	128.200	108	112	112	112	6	145	152	155	152	3	264	3
4	209	[A] Jeenath Kumar R.	200	TND	4.9.2006	127.540	116	116	121	116	2	147	154	154	147	4	263	4
5	55	[A] Lovedeep Singh	240	PUN	03.12.2006	105.490	107	112	116	112	4	135	139	145	139	6	251	5
6	27	[A] Chanakya Bora	235	ASM	15.09.2008	104.500	100	106	106	100	8	130	136	141	141	5	241	6
7	196	[A] Shajohn Sumesh	235	KRL	21.01.2006	113.570	95	100	101	95	9	120	--	--	120	7	215	7
8	169	[A] Amogh Harish Sharma	180	U.P.	05.01.2008	111.400	78	83	87	83	10	97	101	101	97	8	180	8
	166	[A] Upendra Singh	261	RAJ	22.09.2006	102.900	105	109	112	112	5	143	143	146	--		--	
	107	[A] Naman Chaudhary	261	U.P.	10.01.2008	106.800	110	110	115	110	7	136	--	--	--		--	



# KHELO INDIA YOUTH GAMES-TAMIL NADU-2023

KHELO INDIA YOUTH GAMES-WEIGHTLIFTING-2023  
CHENNAI

26/01/2024 to 30/01/2024



## RESULT YOUTH WOMEN 40 kg

Competition : 26.01.2024 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	228	[A] Jyoshna Sabar	120	ORS	25.10.2008	40.000	54	57	60	60	1	65	70	70	70	1	130	1
2	171	[A] Priteesmita Bhoi	117	ORS	14.11.2008	39.860	52	55	55	52	2	61	64	67	64	2	116	2
3	182	[A] B. Neeraja	100	A.P.	26.06.2007	40.000	48	50	52	52	3	58	62	65	62	3	114	3
4	199	[A] Ashwini Chaudhari	105	MHR	18.07.2006	39.820	43	46	48	46	5	58	62	69	62	4	108	4
5	65	[A] Kaken Doyom	105	ARN	07.09.2006	39.960	43	45	45	43	7	58	58	62	58	5	101	5
6	34	[A] Nidhi	101	HRN	19.09.2009	40.000	42	45	47	47	4	52	55	55	52	8	99	6
7	201	[A] Zeel Umeshbhai Gajjar	101	GUJ	06.10.2007	39.850	40	45	45	40	9	50	55	58	55	6	95	7
8	156	[A] Umashree Katte	94	MHR	12.05.2006	40.000	40	40	40	40	11	50	53	55	53	7	93	8
9	48	[A] Nagalakshmi D. R	70	TND	4.6.2008	39.660	35	40	43	40	10	45	50	50	50	10	90	9
10	203	[A] Simran Akhter	60	TR.I	20.02.2010	39.350	39	39	39	39	12	45	50	52	50	9	89	10
	37	[A] Sripada Sreeja Puli	95	TEL	12.07.2007	40.000	43	46	46	43	6	53	53	53	--		--	
	176	[A] Sartam Chummi Rughu	97	ARN	13.08.2010	40.000	41	43	43	41	8	52	52	--	--		--	



# KHELO INDIA YOUTH GAMES-TAMIL NADU-2023

KHELO INDIA YOUTH GAMES-WEIGHTLIFTING-2023  
CHENNAI

26/01/2024 to 30/01/2024



## RESULT YOUTH WOMEN 45 kg

Competition : 26.01.2024 12:00

Weigh in : 10:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	2	[A] Megha Aher	145	MHR	20.05.2006	45.000	60	60	63	63	2	78	83	85	85	1	148	1
2	143	[A] R. Bhavani	130	A.P.	20.03.2008	44.900	56	61	63	63	3	76	81	84	84	2	147	2
3	153	[A] Payal	148	HRN	24.07.2009	45.000	63	65	67	67	1	78	78	80	78	3	145	3
4	38	[A] Akanksha Vyavahare	145	MHR	19.06.2007	44.590	59	62	62	59	4	77	77	80	77	4	136	4
5	109	[A] Tagrik Naya	128	ARN	04.04.2006	45.000	54	57	57	57	5	73	73	77	73	5	130	5
6	146	[A] Pungni Tara	117	ARN	25.07.2008	45.000	53	55	55	53	7	65	70	73	70	6	123	6
7	162	[A] Tulasi Sabar	115	ORS	09.04.2007	43.650	50	54	56	54	6	63	65	67	67	8	121	7
8	54	[A] Sarika	119	PUN	15.12.2007	45.000	50	50	50	50	10	65	68	70	68	7	118	8
9	32	[A] Jayanti Mallik	110	ORS	05.01.2008	45.000	50	50	53	50	9	60	65	67	65	9	115	9
10	216	[A] Annu	110	RAJ	27.11.2008	44.580	48	52	52	48	11	60	60	65	65	10	113	10
11	75	[A] K. Mamitha	100	TND	1.12.2007	41.730	40	45	50	45	12	50	56	61	56	11	101	11
12	3	[A] Sangita Chowdhury	50	TR.I	06.08.2006	41.440	35	40	42	42	13	50	55	57	55	12	97	12
	121	[A] Luna Sonowal	115	ASM	14.09.2009	45.000	50	53	53	50	8	65	65	65	--		--	



# KHELO INDIA YOUTH GAMES-TAMIL NADU-2023

KHELO INDIA YOUTH GAMES-WEIGHTLIFTING-2023  
CHENNAI

26/01/2024 to 30/01/2024



## RESULT YOUTH WOMEN 49 kg

Competition : 27.01.2024 15:00

Weigh in : 13:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	198	[A] Panchami Sonowal	165	ASM	05.05.2005	48.800	71	74	76	74	2	93	93	97	93	1	167	1
2	205	[A] Soumya Dalvi	160	MHR	18.08.2005	48.850	70	73	75	75	1	90	93	93	90	2	165	2
3	14	[A] B. Chandrika	150	A.P.	10.08.2005	48.750	63	65	67	67	3	84	89	89	84	3	151	3
4	150	[A] Mansi Chamunda	142	U.P.	04.01.2007	48.780	60	65	68	65	5	80	83	86	83	4	148	4
5	192	[A] Mina Singh	140	ORS	11.05.2008	48.950	60	63	66	66	4	79	83	83	79	5	145	5
6	213	[A] Poshika A.	138	TND	24.09.2006	49.000	59	62	63	63	6	75	81	82	75	8	138	6
7	189	[A] B. Bhargavi	140	A.P.	19.02.2009	49.000	60	60	60	60	8	78	83	83	78	6	138	7
8	49	[A] Neha Dholi	134	RAJ	15.07.2006	49.000	57	61	62	57	10	73	77	82	77	7	134	8
9	184	[A] Sherin P Benny	133	KRL	09.12.2006	49.000	55	59	61	59	9	67	73	77	73	9	132	9
	86	[A] Neetu	138	HRN	08.06.2005	49.000	60	63	63	60	7	79	79	79	--		--	
	106	[A] Yukar Amak	138	ARN	08.02.2005	48.880	58	58	58	--		--	--	--	--		--	



# KHELO INDIA YOUTH GAMES-TAMIL NADU-2023

KHELO INDIA YOUTH GAMES-WEIGHTLIFTING-2023  
CHENNAI

26/01/2024 to 30/01/2024



## RESULT YOUTH WOMEN 55 kg

Competition : 27.01.2024 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	30	[A] V. Susmitha	160	A.P.	18.08.2008	53.950	70	74	76	76	1	90	94	97	97	1	173	1
2	96	[A] Mina Santa	158	ORS	07.03.2007	55.000	70	72	75	75	2	89	93	96	96	3	171	2
3	210	[A] Kanika Shree.V.R.	162	TND	15.09.2006	54.830	65	71	71	71	5	89	94	97	97	2	168	3
4	188	[A] Aisangfa Gogoi	155	ASM	16.12.2007	54.600	70	72	74	74	3	90	93	93	93	5	167	4
5	202	[A] Nikita Kamalakar	175	MHR	10.12.2005	54.380	67	70	70	67	8	90	95	102	95	4	162	5
6	83	[A] T. Lavanya	150	A.P.	09.04.2007	55.000	65	69	71	71	4	85	90	90	85	7	156	6
7	67	[A] Vidhya Hariram Sharma	151	GUJ	20.01.2005	54.730	65	69	70	70	7	82	87	87	82	9	152	7
8	10	[A] Pipi Yangfo	154	ARN	18.10.2006	53.760	66	69	69	66	9	81	85	89	85	8	151	8
9	148	[A] Mina Santa	145	ORS	27.03.2008	54.700	65	69	69	65	10	80	84	86	86	6	151	9
10	70	[A] Mansi Yadav	125	C.G.	10.05.2007	52.450	55	55	57	57	12	68	71	71	68	10	125	10
	191	[A] Sonakshi	149	HRN	18.03.2006	54.590	68	68	70	70	6	80	80	80	--		--	
	125	[A] Payal	150	HRN	11.05.2005	55.000	55	60	60	60	11	75	75	75	--		--	
	71	[A] Shalini V	100	PON	02.03.2010	50.350	35	37	37	35	13	45	45	45	--		--	



# KHELO INDIA YOUTH GAMES-TAMIL NADU-2023

KHELO INDIA YOUTH GAMES-WEIGHTLIFTING-2023  
CHENNAI

26/01/2024 to 30/01/2024



## RESULT YOUTH WOMEN 59 kg

Competition : 28.01.2024 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	168	[A] Sagun Rav	182	U.P.	24.02.2005	59.000	75	75	77	77	1	91	94	98	98	1	175	1
2	122	[A] Bhumika Mohite	170	MHR	20.09.2006	59.000	72	72	75	75	3	92	97	101	97	2	172	2
3	8	[A] B. Harika	150	A.P.	08.10.2007	59.000	70	73	75	73	4	89	93	95	93	4	166	3
4	85	[A] Rajyashree Biswas	157	W.B.	20.10.2006	58.610	68	72	75	72	5	85	85	90	90	5	162	4
5	149	[A] Jyoti	172	HRN	05.10.2006	57.750	75	75	77	75	2	85	90	90	85	6	160	5
6	131	[A] Tanuja Pol	159	MHR	02.04.2007	58.730	66	68	68	66	8	93	97	97	93	3	159	6
7	229	[A] Tiluchana Phukan	150	ASM	10.11.2007	58.740	65	65	69	69	7	83	88	88	83	7	152	7
8	144	[A] M. Anjelina Devi	145	MNP	03.01.2009	58.150	64	67	70	70	6	80	83	83	80	8	150	8
9	59	[A] Tulasi Sahu	140	ORS	23.08.2006	59.000	58	62	65	62	9	77	81	81	77	9	139	9
10	20	[A] L.Rassia	100	TND	28.11.2005	55.850	55	60	63	60	10	71	76	80	76	10	136	10
11	226	[A] Seema Marandi	129	JKD	15.08.2008	58.310	55	60	60	60	11	70	75	81	75	11	135	11
	136	[A] M. Priyadharshini	100	PON	23.10.2009	55.280	35	35	36	35	12	45	45	45	--		--	



# KHELO INDIA YOUTH GAMES-TAMIL NADU-2023

KHELO INDIA YOUTH GAMES-WEIGHTLIFTING-2023  
CHENNAI

26/01/2024 to 30/01/2024



## RESULT YOUTH WOMEN 64 kg

Competition : 28.01.2024 12:00

Weigh in : 10:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	183	[A] Ankita	181	RAJ	10.04.2006	62.900	75	78	80	78	2	96	100	100	96	1	174	1
2	7	[A] C. Harshika	176	PON	31.10.2007	63.080	74	77	79	79	1	94	97	97	94	4	173	2
3	74	[A] Barsha Bor	168	W.B.	12.08.2007	63.000	72	75	77	75	3	92	96	99	96	2	171	3
4	215	[A] Shandrella Huyam	160	MNP	10.06.2005	63.520	70	73	73	73	4	91	95	97	95	3	168	4
5	147	[A] G. Varshita	140	A.P.	27.12.2007	62.300	65	69	71	71	5	88	94	101	94	5	165	5
6	19	[A] Tiki Mohini Mallik	150	ORS	05.02.2008	63.120	65	70	70	70	7	88	92	95	92	6	162	6
7	178	[A] Drishti	162	HRN	07.04.2006	62.180	68	71	71	68	8	87	90	90	90	8	158	7
8	35	[A] A. Yasasri	150	A.P.	02.12.2005	63.370	65	65	69	65	10	85	90	94	90	7	155	8
9	52	[A] Tamanna	161	HRN	13.10.2007	62.720	66	70	73	70	6	80	84	84	84	10	154	9
10	1	[A] Bharanipriya S.	147	TND	31.03.2006	64.000	60	66	66	66	9	75	81	86	86	9	152	10
11	64	[A] Kirti Solanki	134	DEL	30.09.2006	63.730	55	58	60	60	11	70	75	80	75	11	135	11
12	11	[A] Jenis Barla	132	JKD	16.06.2006	60.950	51	51	55	51	12	70	70	70	70	12	121	12





# KHELO INDIA YOUTH GAMES-TAMIL NADU-2023

KHELO INDIA YOUTH GAMES-WEIGHTLIFTING-2023  
CHENNAI

26/01/2024 to 30/01/2024



## RESULT YOUTH WOMEN 71 kg

Competition : 29.01.2024 13:30

Weigh in : 11:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	87	[A] Chelsi	190	DEL	25.03.2006	70.870	78	78	81	81	1	95	99	103	103	2	184	1
2	39	[A] Manju	182	HRN	27.08.2005	70.000	74	78	78	78	2	94	99	103	103	1	181	2
3	145	[A] J. Devisri	160	A.P.	30.08.2009	66.650	72	76	76	76	4	91	95	98	98	3	174	3
4	99	[A] Rajnandini Amane	175	MHR	28.04.2006	69.320	74	77	79	77	3	89	93	96	93	5	170	4
5	161	[A] Nanchangfa Borgohain	160	ASM	06.12.2007	67.880	72	75	75	72	6	94	103	103	94	4	166	5
6	211	[A] R, Harini	170	PON	02.06.2006	70.670	70	74	74	74	5	88	93	93	88	6	162	6
7	223	[A] Kh. Elizah Chanu	153	MNP	01.04.2006	65.250	68	71	71	68	7	84	87	90	87	7	155	7
8	187	[A] P.Bhuvaneshwari	100	TND	11.7.2006	70.390	60	67	72	67	9	80	85	89	85	8	152	8
9	36	[A] A. Mandakani Devi	145	MNP	23.10.2008	64.430	65	68	68	68	8	80	83	83	83	9	151	9
10	22	[A] Komal Bhati	151	HRN	30.07.2008	70.090	63	66	68	66	10	70	75	80	80	10	146	10
11	95	[A] M.Kalaimathi	100	PON	09.03.2009	70.460	40	45	48	48	11	50	55	58	55	11	103	11



# KHELO INDIA YOUTH GAMES-TAMIL NADU-2023

KHELO INDIA YOUTH GAMES-WEIGHTLIFTING-2023  
CHENNAI

26/01/2024 to 30/01/2024



## RESULT YOUTH WOMEN 76 kg

Competition : 29.01.2024 15:30

Weigh in : 13:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	224	[A] Sanjana	180	HRN	18.01.2007	75.390	83	87	90	90	1	108	113	116	116	1	206	1
2	128	[A] Grishma Thorat	166	MHR	25.03.2008	75.530	69	72	72	72	4	91	95	100	95	2	167	2
3	68	[A] M.A. Hasinashrin	173	TND	05.06.2008	71.500	76	79	80	76	3	87	90	93	90	3	166	3
4	219	[A] A. Revathi	160	A.P.	10.06.2007	75.740	74	78	80	78	2	87	87	90	87	4	165	4
5	12	[A] B. Rochismathi	140	A.P.	29.08.2009	73.000	66	70	72	70	6	86	91	91	86	5	156	5
6	25	[A] Dungkhanm Seng Turung	140	ASM	25.01.2006	70.440	63	66	66	66	9	78	83	86	86	6	152	6
7	134	[A] Gagandeep Kaur	144	PUN	03.06.2007	75.950	63	67	70	70	7	80	84	84	80	7	150	7
8	207	[A] V. Saharsa	150	TEL	16.08.2008	74.100	68	73	73	68	8	79	79	83	79	8	147	8
9	230	[A] Pragya Sharma	130	H.P.	20.02.2006	74.650	50	55	60	60	11	60	65	70	70	9	130	9
	31	[A] Srishti Yadav	166	U.P.	06.06.2005	72.800	70	71	74	71	5	87	87	87	--		--	
	15	[A] V. Mounika	135	TEL	24.12.2006	73.900	60	60	64	60	10	72	72	72	--		--	
	129	[A] Cindy Lalpawmawii	120	MIZ	24.01.2008	73.150	50	53	55	55	12	65	65	65	--		--	



# KHELO INDIA YOUTH GAMES-TAMIL NADU-2023

KHELO INDIA YOUTH GAMES-WEIGHTLIFTING-2023  
CHENNAI

26/01/2024 to 30/01/2024



## RESULT YOUTH WOMEN 81 kg

Competition : 30.01.2024 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	220	[A] R P Keerthana	187	TND	20.01.2008	80.740	78	82	85	85	1	97	101	103	103	2	188	1
2	175	[A] Oviya K	188	TND	02.11.2007	80.280	78	81	83	78	2	100	106	11	106	1	184	2
3	227	[A] Santushti Choudhary	172	U.P.	28.10.2009	79.000	70	74	76	76	3	86	91	91	86	3	162	3
4	90	[A] Jyoti Yadav	158	U.P.	31.12.2005	76.200	70	73	76	73	4	82	82	82	82	5	155	4
5	92	[A] K Thejashwini Poojary	152	KRN	06.01.2005	76.220	60	60	60	60	6	80	83	83	83	4	143	5
6	89	[A] Navjot Choudhary	134	CHD	04.08.2006	77.450	57	60	63	60	5	75	80	80	75	6	135	6
7	72	[A] Jabin Sultana	115	ASM	14.03.2007	80.180	50	54	57	54	7	63	67	70	67	7	121	7



# KHELO INDIA YOUTH GAMES-TAMIL NADU-2023

KHELO INDIA YOUTH GAMES-WEIGHTLIFTING-2023  
CHENNAI

26/01/2024 to 30/01/2024



## RESULT YOUTH WOMEN +81 kg

Competition : 30.01.2024 11:30

Weigh in : 9:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	91	[A] Amritha P. Suni	178	KRL	16.01.2007	87.500	74	77	79	79	2	94	99	102	102	1	181	1
2	41	[A] Aditi	177	U.P.	06.05.2007	90.010	74	77	79	79	1	90	94	101	94	2	173	2
3	142	[A] Y. Chaitna Kumari	150	A.P.	12.08.2006	89.000	72	75	78	75	3	85	90	94	94	3	169	3
4	26	[A] Devika	157	CHD	17.07.2006	81.300	69	72	75	75	4	86	91	95	91	5	166	4
5	132	[A] Divya P.	164	KRL	11.07.2006	107.670	66	70	72	70	5	85	91	100	91	4	161	5
6	135	[A] Akshada Kadam	130	MHR	17.08.2006	82.060	62	65	67	65	6	72	75	78	75	7	140	6
7	126	[A] K.INDHUMATHI	100	PON	01.08.2005	84.860	55	58	60	60	7	67	73	76	76	6	136	7
8	157	[A] Ramani R.	121	TND	22.03.2007	87.360	52	57	60	57	8	65	73	80	73	8	130	8
9	123	[A] Sanna	120	CHD	10.08.2008	87.500	50	54	56	54	10	60	65	65	65	9	119	9
10	79	[A] Meghashree Choudhary	111	M.P.	27.05.2006	101.560	50	53	56	56	9	60	60	65	60	10	116	10