



ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023



RESULT BOOK



JUNIOR



ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023



JUNIOR MEN's MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
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JUNIOR WOMEN'S MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
45 kg	TOTAL	1	135	AKANKSHA VYAVAHARE	19-06-2007	MHR
		2	133	VINATAI AHER	07-03-2005	IWLF
		3	120	SHRAVYA. M	15-04-2005	KRN
49 kg	TOTAL	1	161	SOUMYA DALVI	18-08-2005	MHR
		2	149	POOJA VAISHNAV	26-03-2005	IWLF-NCOE
		3	139	A.POSIKA	24-09-2006	TND
55 kg	TOTAL	1	164	T.LAVANYA	04-09-2007	A.P.
		2	163	KANIKASHREE.V.R	15-09-2006	TND
		3	161	B.CHANDRIKA	10-08-2005	A.P.
59 kg	TOTAL	1	187	T.M.KEERTHANA	21-10-2004	TND
		2	175	SAKSHI RANMALE	04-12-2003	IWLF
		3	174	B.HARIKA	10-08-2007	A.P.
64 kg	TOTAL	1	178	L.KOWSHIKA	18-03-2004	PON
		2	174	SHRUTIKA JAMDADE	12-11-2006	MHR
		3	174	C. HARSHIKA	31-10-2007	PON
71 kg	TOTAL	1	180	M.LEKHAMAALYA	19-08-2003	TND
		2	169	RAJNANDANI AMANE	28-04-2006	MHR
		3	169	R. HARINI	02-06-2006	PON
76 kg	TOTAL	1	172	ANJANA SREEJITH	25-02-2003	IWLF-NCOE
		2	169	NISHEL DELPHINA D SOUZA	15-03-2003	KRN
		3	141	V. MOUNIKA	24-12-2006	TEL
81 kg	TOTAL	1	183	R.P. KEERTHANA	20-01-2008	IWLF
		2	180	OVIYA.K	11-02-2007	TND
		3	178	SHREYA GANAMUKHI	24-02-2004	MHR
87 kg	TOTAL	1	171	AMRITHA P SUNI	16-01-2007	KRL
		2	158	PRITI DESHMUKH	25-02-2003	MHR
		3	133	K. INDHUMATHI	08-01-2005	PON
+87 kg	TOTAL	1	163	KRISHNAPRIYA B	07-10-2003	KRL
		2	162	DIVYA P	11-07-2006	KRL
		3	145	VARSHITA BOLLAM	29-05-2004	MHR

ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

JUNIOR SUMMARY TEAM CLASSIFICATION

No.	Team	MEN	WOMEN	SUMMARY
1	KRL : KRL	0/0	219/10	219/10
2	TND : TND	0/0	215/9	215/9
3	MHR : MHR	0/0	199/8	199/8
4	IWLF : IWLF	0/0	185/8	185/8
5	KRN : KRN	0/0	184/9	184/9
6	PON : PON	0/0	139/6	139/6
7	IWLF-NCOE : IWLF-NCOE	0/0	114/5	114/5
8	M.P. : M.P.	0/0	90/5	90/5
9	TEL : TEL	0/0	76/4	76/4
10	A.P. : A.P.	0/0	74/3	74/3



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V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023



JUNIOR MEN'S TEAM CLASSIFICATION

No.	Team	TOTAL
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ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

JUNIOR WOMEN'S TEAM CLASSIFICATION

No.	Team	45 kg	49 kg	55 kg	59 kg	64 kg	71 kg	76 kg	81 kg	87 kg	+87 kg	TOTAL
1	KRL : KRL	21/1	-	19/1	20/1	17/1	19/1	20/1	-	50/2	53/2	219/10
2	TND : TND	-	23/1	25/1	28/1	20/1	50/2	22/1	47/2	-	-	215/9
3	MHR : MHR	28/1	28/1	22/1	-	25/1	25/1	-	23/1	25/1	23/1	199/8
4	IWLF : IWLF	25/1	43/2	21/1	25/1	43/2	-	-	28/1	-	-	185/8
5	KRN : KRN	45/2	-	18/1	21/1	34/2	20/1	46/2	-	-	-	184/9
6	PON : PON	-	-	-	-	51/2	44/2	-	21/1	23/1	-	139/6
7	IWLF-NCOE : IWLF-NCOE	-	25/1	-	22/1	19/1	-	28/1	20/1	-	-	114/5
8	M.P. : M.P.	-	20/1	37/2	19/1	14/1	-	-	-	-	-	90/5
9	TEL : TEL	20/1	-	-	-	15/1	18/1	23/1	-	-	-	76/4
10	A.P. : A.P.	-	-	51/2	23/1	-	-	-	-	-	-	74/3

ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

JUNIOR SUMMARY MEDALS

No.	Team	1	2	3	4	5	6	7	8	9	10	11	12
1	MHR : MHR	2	3	2	1								
2	TND : TND	2	2	1	3		1						
3	KRL : KRL	2	1		1	1	2	2		1			
4	IWLF : IWLF	1	2		2	3							
5	IWLF-NCOE : IWLF-NCOE	1	1		1		1	1					
6	PON : PON	1		3		2							
7	A.P. : A.P.	1		2									
8	KRN : KRN		1	1	1	2	1		2		1		
9	TEL : TEL			1			1		1			1	
10	M.P. : M.P.						2	1		1			1



ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023



JUNIOR MEN 's MEDALS

No.	Team
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ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

JUNIOR WOMEN 's MEDALS

No.	Team	1	2	3	4	5	6	7	8	9	10	11	12
1	MHR : MHR	2	3	2	1								
2	TND : TND	2	2	1	3		1						
3	KRL : KRL	2	1		1	1	2	2		1			
4	IWLF : IWLF	1	2		2	3							
5	IWLF-NCOE : IWLF-NCOE	1	1		1		1	1					
6	PON : PON	1		3		2							
7	A.P. : A.P.	1		2									
8	KRN : KRN		1	1	1	2	1		2		1		
9	TEL : TEL			1			1		1			1	
10	M.P. : M.P.						2	1		1			1

ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

RESULT JUNIOR WOMEN 45 kg

Competition : 07.11.2023 12:30

Weigh in : 10:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	57	[A] AKANKSHA VYAVAHARE	135	MHR	19-06-2007	44.800	56	59	62	62	1	68	73	--	73	2	135	1
2	35	[A] VINATAI AHER	120	IWLF	07-03-2005	44.050	52	55	57	57	2	73	76	76	76	1	133	2
3	40	[A] SHRAVYA. M	110	KRN	15-04-2005	44.700	50	54	54	54	3	60	66	68	66	3	120	3
4	12	[A] SPANDANA K	115	KRN	15-10-2005	44.400	47	51	51	47	4	61	65	65	61	4	108	4
5	20	[B] ROSE MARIYA XAVIER	93	KRL	12-05-2006	44.600	40	45	45	40	5	50	54	54	54	5	94	5
6	2	[B] P. ARTHIKA	81	TEL	13-07-2004	41.500	35	40	40	40	6	45	52	57	52	6	92	6

Jury

1. A. SHYMALA SHETTY I-1, [KRN]
2. B. R.V.L.N. RATNAKAR RAO, I-1, A [A.P.]
3. C. GEETHA ANANDA, I-2 [KRN]

Referee

- Center - VIRPAL KAUR, N-1 [PUN]
Left - FAJARU NASIK C,V, N-2 [KRL]
Right - SUBEESH NAIR, N-2 [KRL]

Chief Marshal

1. A. SADASHIV BHATT, N-1 [KRN]
2. PUSHPA RAJ HEGDE, N-1 [KRN]
3. ADITYA DWIVEDI, N-2 [M.P.]

Time Keeper

1. R. KAVITHA, N-1 [TND]

Technical Controller

1. MITHUVIN JAYASOORYAN, N-2 [KRL]
2. GIRISH GOPLAKRISHNAN, N-2 [KRL]

Secretary

1. A. PRASHANT BENDRE, I-1 [MHR]
2. K. CHELLAMARIAPDPAM, N-1

ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

RESULT JUNIOR WOMEN 49 kg

Competition : 07.11.2023 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	42	[A] SOUMYA DALVI	155	MHR	18-08-2005	47.550	67	71	74	71	1	86	90	--	90	1	161	1
2	49	[A] POOJA VAISHNAV	155	IWLF-NCOE	26-03-2005	48.700	62	65	67	67	2	75	79	82	82	2	149	2
3	44	[A] A.POSIKA	125	TND	24-09-2006	48.650	57	58	62	62	3	71	77	77	77	3	139	3
4	136	[A] HARSHADA SHARAD GARUD	155	IWLF	08-11-2003	46.800	60	65	--	60	4	75	--	--	75	4	135	4
5	16	[A] YASHMEEN SHEKH	110	IWLF	08-09-2003	48.500	45	45	50	45	5	60	60	65	65	5	110	5
6	22	[A] ISHIKA LASHKARI	88	M.P.	14-12-2005	47.950	40	43	43	43	6	46	51	51	51	6	94	6

Jury

1. A. S.H. ANANDE GOWDA, I-1, [KRN]
2. B. S. SHANMUGAVEL, I-1, A [TND]
3. C. KRISHANRAJ K., I-1, [KRN]

Referee

- Center - K. CHELLAMARIAPDPAM, N-1 [TND]
Left - MANOJ JANGID, N-2 [M.P.]
Right - SIYA AJ. N-2 [KRL]

Chief Marshal

1. B. SADASHIV BHATT [KRN]
2. C. ADITYA DWIVEDI, N-2 [M.P.]
3. D. PUSHPA RAJ HEGDE, N-1 [KRN]

Time Keeper

1. SHUBHAM JAIN, N-2 [M.P.]

Technical Controller

1. JITENDRA SWAMI, N-2 [M.P.]
2. SUBEESH NAIR, N-2 [KRL]

Secretary

1. A. PREMNATH ULLAL, N-1 [KRN]
2. B. ASHOK KUMAR S., N-2 [KRL]

ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

RESULT JUNIOR WOMEN 55 kg

Competition : 07.11.2023 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	51	[A] T.LAVANYA	150	A.P.	04-09-2007	55.000	66	69	72	72	1	89	92	95	92	2	164	1
2	131	[A] KANIKASHREE.V.R	155	TND	15-09-2006	54.400	65	69	70	70	3	84	90	93	93	1	163	2
3	48	[A] B.CHANDRIKA	170	A.P.	10-08-2005	50.900	68	71	73	71	2	90	94	94	90	3	161	3
4	141	[A] MAAHI BABHULKAR	145	MHR	07-11-2006	54.450	60	64	67	64	4	80	85	88	85	4	149	4
5	120	[A] PURVA JADHEKAR	140	IWLF	09-05-2004	54.750	60	63	63	60	5	78	81	83	81	5	141	5
6	149	[B] CHAITANYA PARMAR	108	M.P.	25-05-2006	53.500	50	53	55	53	6	61	65	68	68	6	121	6
7	87	[B] ANCY M S	115	KRL	04-10-2003	55.000	47	50	54	50	7	58	63	66	63	7	113	7
8	129	[B] R EVANGELIN	97	KRN	02-01-2007	52.550	42	42	45	42	9	55	59	62	59	8	101	8
9	128	[B] KUMKUM SEN	90	M.P.	01-02-2004	54.000	40	43	46	43	8	45	50	52	45	9	88	9

Jury

1. A. SHYMALA SHETTY I-1, [KRN]
2. B. R.V.L.N. RATNAKAR RAO, I-1, A [A.P.]
3. C. GEETHA ANANDA, I-2 [KRN]

Referee

- Center - TRUPTI PARASHER, N-1 [MHR]
Left - JITENDRA SWAMI, N-2 [M.P.]
Right - RATHEESH KUMAR, N-2 [KRL]

Chief Marshal

1. A. SADASHIV BHATT, N-1 [KRN]
2. PUSHPA RAJ HEGDE, N-1 [KRN]
3. ADITYA DWIVEDI, N-2 [M.P.]

Time Keeper

1. R. KAVITHA, N-1 [TND]

Technical Controller

1. MITHUVIN JAYASOORYAN, N-2 [KRL]
2. GIRISH GOPLAKRISHNAN, N-2 [KRL]

Secretary

1. A. PRASHANT BENDRE, I-1 [MHR]
2. K. CHELLAMARIAPDPAM, N-1

ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

RESULT JUNIOR WOMEN 59 kg

Competition : 08.11.2023 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	119	[A] T.M.KEERTHANA	185	TND	21-10-2004	58.400	77	77	81	81	1	95	100	106	106	1	187	1
2	1	[A] SAKSHI RANMALE	175	IWLF	04-12-2003	58.900	70	74	77	77	3	94	98	101	98	2	175	2
3	37	[A] B.HARIKA	170	A.P.	10-08-2007	59.000	72	76	79	79	2	90	95	99	95	4	174	3
4	75	[A] BHUMIKA MOHITE	173	IWLF-NCOE	20-09-2006	58.200	68	72	74	74	4	92	96	96	96	3	170	4
5	69	[B] SWAPNA Y.P.	135	KRN	11-07-2005	58.500	55	59	62	62	5	70	74	77	77	5	139	5
6	122	[A] PUNNYA SUNIL	100	KRL	23-04-2008	58.450	35	40	43	40	7	50	55	59	59	6	99	6
7	56	[B] ROSHNI SILAWAT	97	M.P.	14-12-2005	58.650	40	43	43	40	6	53	58	58	53	7	93	7

Jury

1. A. S.H. ANANDE GOWDA, I-1, [KRN]
2. B. S. SHANMUGAVEL, I-1, A [TND]
3. C. KRISHANRAJ K., I-1, [KRN]

Referee

- Center - RATHEESH KUMAR, N-2 [KRL]
Left - TRUPTI PARASHER, N-1 [MHR]
Right - JITENDRA SWAMI, N-2 [M.P.]

Chief Marshal

1. B. SADASHIV BHATT [KRN]
2. C. ADITYA DWIVEDI, N-2 [M.P.]
3. D. PUSHPA RAJ HEGDE, N-1 [KRN]

Time Keeper

1. SHUBHAM JAIN, N-2 [M.P.]

Technical Controller

1. JITENDRA SWAMI, N-2 [M.P.]
2. SUBEESH NAIR, N-2 [KRL]

Secretary

1. A. PREMNATH ULLAL, N-1 [KRN]
2. B. ASHOK KUMAR S., N-2 [KRL]

ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

RESULT JUNIOR WOMEN 64 kg

Competition : 08.11.2023 15:30

Weigh in : 13:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	45	[A] L.KOWSHIKA	180	PON	18-03-2004	63.650	75	78	78	78	2	96	100	103	100	1	178	1
2	101	[A] SHRUTIKA JAMDADE	170	MHR	12-11-2006	60.700	74	77	79	79	1	90	95	99	95	3	174	2
3	68	[A] C. HARSHIKA	176	PON	31-10-2007	62.600	73	76	78	76	3	93	98	100	98	2	174	3
4	67	[A] VAISHNAVI IPPER	165	IWLF	02-05-2004	61.050	67	70	72	70	6	90	94	94	94	4	164	4
5	59	[A] VAISHNAVI UGALE	165	IWLF	13-10-2004	60.500	70	74	77	74	4	85	88	91	88	5	162	5
6	82	[A] J.SIVARANJANI	150	TND	18-04-2004	63.500	69	72	75	72	5	80	85	85	80	9	152	6
7	106	[A] RENNUMOL P. R	165	IWLF- NCOE	01-10-2007	63.850	66	66	68	68	7	80	84	86	84	6	152	7
8	132	[B] SANGEETHA A.M.	135	KRN	10-10-2004	63.150	50	57	58	58	8	74	79	82	82	8	140	8
9	14	[B] ANUSREE N B	110	KRL	20-01-2005	60.600	56	56	58	56	10	72	77	82	82	7	138	9
10	103	[B] ANUSHA	126	KRN	04-05-2003	62.250	53	58	58	58	9	73	78	82	78	10	136	10
11	61	[B] K. SESA SAI	100	TEL	12-06-2005	63.500	45	50	56	50	11	55	60	60	60	11	110	11
12	108	[B] SONALI VARMA	108	M.P.	03-08-2007	61.100	45	50	53	45	12	50	55	55	55	12	100	12

Jury

1. A. SHYMALA SHETTY I-1, [KRN]
2. B. R.V.L.N. RATNAKAR RAO, I-1, A [A.P.]
3. C. GEETHA ANANDA, I-2 [KRN]

Referee

- Center - FAJARU NASIK C,V, N-2 [KRL]
Left - SUBEESH NAIR, N-2 [KRL]
Right - VIRPAL KAUR, N-1 [PUN]

Chief Marshal

1. A. SADASHIV BHATT, N-1 [KRN]
2. PUSHPA RAJ HEGDE, N-1 [KRN]
3. ADITYA DWIVEDI, N-2 [M.P.]

Time Keeper

1. R. KAVITHA, N-1 [TND]

Technical Controller

1. MITHUVIN JAYASOORYAN, N-2 [KRL]
2. GIRISH GOPLAKRISHNAN, N-2 [KRL]

Secretary

1. A. PRASHANT BENDRE, I-1 [MHR]
2. K. CHELLAMARIAPDPAM, N-1

ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

RESULT JUNIOR WOMEN 71 kg

Competition : 09.11.2023 12:00

Weigh in : 10:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	54	[A] M.LEKHAMAALYA	165	TND	19-08-2003	71.000	75	79	81	81	1	95	99	99	99	1	180	1
2	33	[A] RAJNANDANI AMANE	170	MHR	28-04-2006	70.350	73	76	79	76	2	88	91	93	93	3	169	2
3	64	[A] R. HARINI	180	PON	02-06-2006	70.750	72	75	78	75	4	91	94	96	94	2	169	3
4	124	[A] M.A. HASINA SHRIN	158	TND	06-05-2008	70.100	68	73	76	76	3	84	89	92	92	5	168	4
5	65	[B] S. RITHIKA	150	PON	15-09-2005	71.000	65	70	72	72	5	85	90	92	92	4	164	5
6	130	[B] THEJASHWINI POOJARY	135	KRN	06-01-2005	69.400	60	64	66	64	6	80	85	87	87	6	151	6
7	73	[B] PRATHYUSHA T V	135	KRL	10-04-2004	66.900	53	55	58	55	7	65	70	75	70	7	125	7
8	24	[B] K. HARISHITA	100	TEL	25-08-2007	67.200	46	50	53	50	8	60	63	64	64	8	114	8

Jury

1. A. S.H. ANANDE GOWDA, I-1, [KRN]
2. B. S. SHANMUGAVEL, I-1, A [TND]
3. C. KRISHANRAJ K., I-1, [KRN]

Referee

- Center - VIRPAL KAUR, N-1 [PUN]
Left - RATHEESH KUMAR, N-2 [KRL]
Right - SANTOSH C. KURIAKOSE, N-2 [KRL]

Chief Marshal

1. B. SADASHIV BHATT [KRN]
2. C. ADITYA DWIVEDI, N-2 [M.P.]
3. D. PUSHPA RAJ HEGDE, N-1 [KRN]

Time Keeper

1. SHUBHAM JAIN, N-2 [M.P.]

Technical Controller

1. JITENDRA SWAMI, N-2 [M.P.]
2. SUBEESH NAIR, N-2 [KRL]

Secretary

1. A. PREMNATH ULLAL, N-1 [KRN]
2. B. ASHOK KUMAR S., N-2 [KRL]

ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

RESULT JUNIOR WOMEN 76 kg

Competition : 09.11.2023 14:30

Weigh in : 12:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	100	[A] ANJANA SREEJITH	192	IWLF-NCOE	25-02-2003	75.400	73	77	77	73	2	99	99	107	99	1	172	1
2	133	[A] NISHEL DELPHINA D SOUZA	165	KRN	15-03-2003	74.750	72	76	78	78	1	91	96	96	91	2	169	2
3	78	[B] V. MOUNIKA	115	TEL	24-12-2006	72.600	55	61	64	61	3	70	75	80	80	3	141	3
4	58	[B] R.JAISRI	125	TND	01-07-2004	71.500	52	55	57	57	4	65	69	74	69	5	126	4
5	30	[B] VITHASHREE .V GOWDA	115	KRN	31-05-2004	71.500	50	55	55	50	5	65	70	74	70	4	120	5
6	55	[B] PRARTHANA U P	93	KRL	27-03-2006	72.150	38	41	45	41	6	51	56	56	51	6	92	6

Jury

1. A. SHYMALA SHETTY I-1, [KRN]
2. B. R.V.L.N. RATNAKAR RAO, I-1, A [A.P.]
3. C. GEETHA ANANDA, I-2 [KRN]

Referee

Center - TRUPTI PARASHER, N-1 [MHR]
Left - M. RAVINDRANATHAN, N-1 [KRL]
Right - SANJIV RAZDAN, N-2 [M.P.]

Chief Marshal

1. A. SADASHIV BHATT, N-1 [KRN]
2. PUSHPA RAJ HEGDE, N-1 [KRN]
3. ADITYA DWIVEDI, N-2 [M.P.]

Time Keeper

1. R. KAVITHA, N-1 [TND]

Technical Controller

1. MITHUVIN JAYASOORYAN, N-2 [KRL]
2. GIRISH GOPLAKRISHNAN, N-2 [KRL]

Secretary

1. A. PRASHANT BENDRE, I-1 [MHR]
2. K. CHELLAMARIAPDPAM, N-1

ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

RESULT JUNIOR WOMEN 81 kg

Competition : 10.11.2023 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	93	[C] R.P. KEERTHANA	132	IWLF	20-01-2008	80.050	72	77	81	81	1	94	99	102	102	1	183	1
2	9	[A] OVIYA.K	175	TND	11-02-2007	79.600	75	79	83	79	2	96	101	105	101	2	180	2
3	84	[A] SHREYA GANAMUKHI	180	MHR	24-02-2004	80.250	70	74	78	78	4	95	100	103	100	3	178	3
4	90	[B] K.SUBIKSHA	170	TND	22-04-2006	78.000	78	82	82	78	3	95	101	103	95	4	173	4
5	74	[C] G. KANIMOZHI	81	PON	22-10-2004	78.850	50	50	53	50	6	60	65	70	70	5	120	5
6	88	[C] AMULYA R RAO	110	IWLF- NCOE	18-09-2005	76.200	46	50	53	53	5	60	65	65	65	6	118	6

Jury

1. A. S.H. ANANDE GOWDA, I-1, [KRN]
2. B. S. SHANMUGAVEL, I-1, A [TND]
3. C. KRISHANRAJ K., I-1, [KRN]

Referee

- Center - TRUPTI PARASHER, N-1 [MHR]
Left - M. RAVINDRANATHAN, N-1 [KRL]
Right - SANJIV RAZDAN, N-2 [M.P.]

Chief Marshal

1. B. SADASHIV BHATT [KRN]
2. C. ADITYA DWIVEDI, N-2 [M.P.]
3. D. PUSHPA RAJ HEGDE, N-1 [KRN]

Time Keeper

1. SHUBHAM JAIN, N-2 [M.P.]

Technical Controller

1. JITENDRA SWAMI, N-2 [M.P.]
2. SUBEESH NAIR, N-2 [KRL]

Secretary

1. A. PREMNATH ULLAL, N-1 [KRN]
2. B. ASHOK KUMAR S., N-2 [KRL]

ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

RESULT JUNIOR WOMEN 87 kg

Competition : 09.11.2023 17:30

Weigh in : 15:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	138	[A] AMRITHA P SUNI	170	KRL	16-01-2007	83.250	72	76	78	78	1	93	93	93	93	1	171	1
2	25	[B] PRITI DESHMUKH	170	MHR	25-02-2003	86.000	68	68	71	68	2	90	90	94	90	2	158	2
3	95	[C] K. INDHUMATHI	87	PON	08-01-2005	84.100	50	55	58	58	3	70	75	80	75	3	133	3
4	148	[C] ASNA SUNIL	105	KRL	03-04-2006	81.100	40	43	43	43	4	50	56	63	56	4	99	4

Jury

1. A. SHYMALA SHETTY I-1, [KRN]
2. B. R.V.L.N. RATNAKAR RAO, I-1, A [A.P.]
3. C. GEETHA ANANDA, I-2 [KRN]

Referee

- Center - RATHEESH KUMAR, N-2 [KRL]
Left - VIRPAL KAUR, N-1 [PUN]
Right - SANTOSH C. KURIAKOSE, N-2 [KRL]

Chief Marshal

1. A. SADASHIV BHATT, N-1 [KRN]
2. PUSHPA RAJ HEGDE, N-1 [KRN]
3. ADITYA DWIVEDI, N-2 [M.P.]

Time Keeper

1. R. KAVITHA, N-1 [TND]

Technical Controller

1. MITHUVIN JAYASOORYAN, N-2 [KRL]
2. GIRISH GOPLAKRISHNAN, N-2 [KRL]

Secretary

1. A. PRASHANT BENDRE, I-1 [MHR]
2. K. CHELLAMARIAPDPAM, N-1

ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023

RESULT JUNIOR WOMEN +87 kg

Competition : 10.11.2023 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	145	[B] KRISHNAPRIYA B	163	KRL	07-10-2003	92.850	62	66	69	66	2	85	92	97	97	1	163	1
2	5	[B] DIVYA P	160	KRL	11-07-2006	103.80	61	66	70	70	1	85	89	92	92	2	162	2
3	62	[C] VARSHITA BOLLAM	145	MHR	29-05-2004	95.200	55	60	65	65	3	75	80	88	80	3	145	3

Jury

1. A. S.H. ANANDE GOWDA, I-1, [KRN]
2. B. S. SHANMUGAVEL, I-1, A [TND]
3. C. KRISHANRAJ K., I-1, [KRN]

Referee

- Center - TRUPTI PARASHER, N-1 [MHR]
Left - M. RAVINDRANATHAN, N-1 [KRL]
Right - SANJIV RAZDAN, N-2 [M.P.]

Chief Marshal

1. B. SADASHIV BHATT [KRN]
2. C. ADITYA DWIVEDI, N-2 [M.P.]
3. D. PUSHPA RAJ HEGDE, N-1 [KRN]

Time Keeper

1. SHUBHAM JAIN, N-2 [M.P.]

Technical Controller

1. JITENDRA SWAMI, N-2 [M.P.]
2. SUBEESH NAIR, N-2 [KRL]

Secretary

1. A. PREMNATH ULLAL, N-1 [KRN]
2. B. ASHOK KUMAR S., N-2 [KRL]

GROUP OF JURIES AND REFEREES

JURY Member Group 1 :

- A. SHYMALA SHETTY I-1, [KRN] *President of Jury
- B. R.V.L.N. RATNAKAR RAO, I-1, A [A.P.]
- C. GEETHA ANANDA, I-2 [KRN]

JURY Member Group 2 :

- A. S.H. ANANDE GOWDA, I-1, [KRN] *President of Jury
- B. S. SHANMUGAVEL, I-1, A [TND]
- C. KRISHANRAJ K., I-1, [KRN]

REFEREE Member Group 1 :

- TRUPTI PARASHER, N-1 [MHR]
- M. RAVINDRANATHAN, N-1 [KRL]
- SANJIV RAZDAN, N-2 [M.P.]

REFEREE Member Group 2 :

- SIYA AJ. N-2 [KRL]
- SUMIT PALIWAL, N-2 [M.P.]
- VINOD KUMAR P V, N-2 [KRL]

REFEREE Member Group 3 :

- RATHEESH KUMAR, N-2 [KRL]
- VIRPAL KAUR, N-1 [PUN]
- SANTOSH C. KURIAKOSE, N-2 [KRL]

GROUP OF OTHER COMPETITION OFFICIALS

CHIEF MARSHAL Member Group 1 :

- A. SADASHIV BHATT, N-1 [KRN]
- PUSHPA RAJ HEGDE, N-1 [KRN]
- ADITYA DWIVEDI, N-2 [M.P.]

CHIEF MARSHAL Member Group 2 :

- B. SADASHIV BHATT [KRN]
- C. ADITYA DWIVEDI, N-2 [M.P.]
- D. PUSHPA RAJ HEGDE, N-1 [KRN]

TIMEKEEPER Member Group 1 :

- R. KAVITHA, N-1 [TND]

TIMEKEEPER Member Group 2 :

- SHUBHAM JAIN, N-2 [M.P.]

TECHNICAL CONTROLLER Member Group 1 :

- MITHUVIN JAYASOORYAN, N-2 [KRL]
- GIRISH GOPLAKRISHNAN, N-2 [KRL]

TECHNICAL CONTROLLER Member Group 2 :

- JITENDRA SWAMI, N-2 [M.P.]
- SUBEESH NAIR, N-2 [KRL]

SECRETARY Member Group 1 :

- A. PRASHANT BENDRE, I-1 [MHR]
- K. CHELLAMARIAPDPAM, N-1 [TND]

SECRETARY Member Group 2 :

- A. PREMNATH ULLAL, N-1 [KRN]
- B. ASHOK KUMAR S. , N-2 [KRL]

COMPETITION DIRECTOR Member Group 1 :

- KUMBASI SUBRAMANYA, I-1 [KRN]

SPEAKER Member Group 1 :

- P.A. JOSE, N-1 [KRL]

TIS MEMBER Member Group 1 :

- SHIVAM MISHRA, N-2 [IWLF]
- PURAN CHANDRA, N-2 [IWLF]

SPEAKER Member Group 2 :

- MANOJ JANGID, N-2 [M.P.]

TIS MEMBER Member Group 2 :

- VISHAL CHOUDHARY, N-2 [IWLF]
- SUNEET CHOPRA, N-1 [IWLF]
- AJAY KUMAR DAS, N-1 [SSCB]



ASMITA KHELO INDIA WOMEN'S WEIGHTLIFTING RANKING LEAGUE ZONE C

V.K.N. MENON STADIUM, THRISSUR

07/11/2023 to 10/11/2023



MEN 's ROBI TOTAL POINT

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
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WOMEN 's ROBI TOTAL POINT

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
1	T.M.KEERTHANA	21-10-2004	TND	58.400	187	461.585
2	SOUMYA DALVI	18-08-2005	MHR	47.550	161	440.977
3	T.LAVANYA	04-09-2007	A.P.	55.000	164	419.607
4	KANIKASHREE.V.R	15-09-2006	TND	54.400	163	411.167
5	B.CHANDRIKA	10-08-2005	A.P.	50.900	161	394.646
6	AKANKSHA VYAVAHARE	19-06-2007	MHR	44.800	135	391.742
7	VINATAI AHER	07-03-2005	IWLF	44.050	133	372.792
8	L.KOWSHIKA	18-03-2004	PON	63.650	178	370.547
9	SAKSHI RANMALE	04-12-2003	IWLF	58.900	175	370.312
10	B.HARIKA	10-08-2007	A.P.	59.000	174	363.329
11	C. HARSHIKA	31-10-2007	PON	62.600	174	343.600
12	SHRUTIKA JAMDADE	12-11-2006	MHR	60.700	174	343.600
13	POOJA VAISHNAV	26-03-2005	IWLF-NCOE	48.700	149	340.932
14	BHUMIKA MOHITE	20-09-2006	IWLF-NCOE	58.200	170	336.316
15	M.LEKHAMAALYA	19-08-2003	TND	71.000	180	322.745
16	R.P. KEERTHANA	20-01-2008	IWLF	80.050	183	311.410
17	MAAHI BABHULKAR	07-11-2006	MHR	54.450	149	305.112
18	OVIYA.K	11-02-2007	TND	79.600	180	294.771
19	SHREYA GANAMUKHI	24-02-2004	MHR	80.250	178	284.031
20	VAISHNAVI IPPER	02-05-2004	IWLF	61.050	164	282.268
21	VAISHNAVI UGALE	13-10-2004	IWLF	60.500	162	270.994
22	A.POSIKA	24-09-2006	TND	48.650	139	270.670
23	SHRAVYA. M	15-04-2005	KRN	44.700	120	264.896
24	RAJNANDANI AMANE	28-04-2006	MHR	70.350	169	261.750
25	R. HARINI	02-06-2006	PON	70.750	169	261.750
26	K.SUBIKSHA	22-04-2006	TND	78.000	173	258.381
27	ANJANA SREEJITH	25-02-2003	IWLF-NCOE	75.400	172	256.718
28	M.A. HASINA SHRIN	06-05-2008	TND	70.100	168	256.640
29	PURVA JADHEKAR	09-05-2004	IWLF	54.750	141	254.005
30	HARSHADA SHARAD GARUD	08-11-2003	IWLF	46.800	135	245.649
31	NISHEL DELPHINA D SOUZA	15-03-2003	KRN	74.750	169	242.143
32	S. RITHIKA	15-09-2005	PON	71.000	164	236.896
33	AMRITHA P SUNI	16-01-2007	KRL	83.250	171	222.019
34	RENNUMOL P. R	01-10-2007	IWLF-NCOE	63.850	152	219.299
35	J.SIVARANJANI	18-04-2004	TND	63.500	152	219.299
36	SPANDANA K	15-10-2005	KRN	44.400	108	186.669
37	THEJASHWINI POOJARY	06-01-2005	KRN	69.400	151	180.057
38	SWAPNA Y.P.	11-07-2005	KRN	58.500	139	172.305
39	PRITI DESHMUKH	25-02-2003	MHR	86.000	158	170.733
40	SANGEETHA A.M.	10-10-2004	KRN	63.150	140	166.875