

भारतीय भारोत्तोलन संघ Indian Weightlifting Federation



Affiliated to: International Weightlifting Federation, Asian Weightlifting Federation,
Commonwealth Weightlifting Federation and Indian Olympic Association
Recognised by: Ministry of Youth Affairs & Sports, Govt. of India

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Date: 24 April 2024

*All affiliated States / Units
and Executive Members of Indian Weightlifting Federation*

Sub.: Mandatory applying for LEVEL 1 Coaching Course by District and State Level Coaches of affiliated States of Indian Weightlifting Federation to learn the latest techniques.

Dear All,

In compliance with the resolution adopted in the Special Executive Committee Meeting of Indian Weightlifting Federation on 24th April 2024, all affiliated States and Units of Indian Weightlifting Federation are requested to widely promote the LEVEL 1 Coaching Course being conducted regularly by Indian Weightlifting Federation under a Foreign Coaching Expert and Coach Educator.

The course will benefit grass root level Coaches of Districts and States who in turn will help the athletes for the development of weightlifting.

Yours Sincerely,


Gp. Capt. Ranjib Sahoo (Retd.)
Chief Executive Officer

