

RESULT BOOK



SENIOR



ASMITA KHELO INDIA WOMENS WEIGHTLIFTING LEAGUE- 2023 - ZONAL ROUND - NORTH ZONE

YAMUNA NAGAR - HARYANA

20/09/2023 to 24/09/2023



SENIOR MEN's MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
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SENIOR WOMEN'S MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
45 kg	TOTAL	1	115	Humanshi Gurjar	26-09-2003	RAJ
		2	97	Disha Chotaliya	29-03-2006	GUJ
		3	93	Leena Devatwal	07-08-2003	RAJ
49 kg	TOTAL	1	155	Nilam Patel	17-12-2004	U.P.
		2	142	Sonu	10-04-2003	RAJ
		3	125	Shivani Yadav	01-07-2006	U.P.
55 kg	TOTAL	1	158	Kumkum Yadav	03-06-2004	U.P.
		2	151	Vidhya Sharma	20-01-2005	GUJ
		3	133	Prabhjot Kaur	13-03-2004	RAJ
59 kg	TOTAL	1	179	Usha	09-02-2003	HRN
		2	143	Natasha Negi	20-02-1998	H.P.
		3	125	Jagruti Sapkal	22-06-1992	GUJ
64 kg	TOTAL	1	183	Ankita	10-04-2006	RAJ
		2	155	Bhawna	20-07-2005	HRN
		3	134	Preeti	05-03-1993	UKD
71 kg	TOTAL	1	180	Navdeep Kaur	15-11-2003	PUN
		2	170	Srishti Yadav	06-06-2005	U.P.
		3	145	Kumkum	02-11-2005	RAJ
76 kg	TOTAL	1	160	Jyoti Yadav	31-12-2005	U.P.
		2	151	Poonam Yadav	29-08-2006	U.P.
		3	135	Pragya Sharma	20-02-2006	H.P.
81 kg	TOTAL	1	182	Tamana	10-05-2002	HRN
		2	177	Monika	10-03-1995	HRN
		3	176	Kalpana Yadav	10-07-2002	U.P.
87 kg	TOTAL	1	171	Priyanka	17-07-2003	DEL
		2	164	Aayushi U Gajjar	18-08-2003	GUJ
		3	156	Sakshi Kesarwani	25-07-2004	U.P.
+87 kg	TOTAL	1	200	Purnima Pandey	16-10-1997	U.P.
		2	189	Sonam Yadav	11-11-2003	U.P.
		3	169	Ravnneet Kaur	15-02-2002	PUN

SENIOR SUMMARY TEAM CLASSIFICATION

No.	Team	MEN	WOMEN	SUMMARY
1	U.P. : U.P.	0/0	298/12	298/12
2	RAJ : RAJ	0/0	257/11	257/11
3	GUJ : GUJ	0/0	226/10	226/10
4	H.P. : H.P.	0/0	126/6	126/6
5	HRN : HRN	0/0	106/5	106/5
6	DEL : DEL	0/0	93/4	93/4
7	IWLF : IWLF	0/0	63/3	63/3
8	PUN : PUN	0/0	51/3	51/3
9	UKD : UKD	0/0	43/2	43/2
10	CHD : CHD	0/0	21/1	21/1



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YAMUNA NAGAR - HARYANA

20/09/2023 to 24/09/2023



SENIOR MEN's TEAM CLASSIFICATION

No.	Team	TOTAL
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SENIOR WOMEN'S TEAM CLASSIFICATION

No.	Team	45 kg	49 kg	55 kg	59 kg	64 kg	71 kg	76 kg	81 kg	87 kg	+87 kg	TOTAL
1	U.P. : U.P.	-	51/2	28/1	-	20/1	25/1	53/2	45/2	23/1	53/2	298/12
2	RAJ : RAJ	51/2	47/2	44/2	22/1	49/2	23/1	-	-	21/1	-	257/11
3	GUJ : GUJ	25/1	41/2	25/1	23/1	22/1	43/2	22/1	-	25/1	-	226/10
4	H.P. : H.P.	-	-	-	25/1	-	-	43/2	20/1	19/1	19/1	126/6
5	HRN : HRN	0/1	-	-	28/1	25/1	-	-	53/2	-	-	106/5
6	DEL : DEL	-	-	22/1	-	-	-	-	21/1	50/2	-	93/4
7	IWLF : IWLF	-	-	-	-	-	-	21/1	-	20/1	22/1	63/3
8	PUN : PUN	-	0/1	-	-	-	28/1	-	-	-	23/1	51/3
9	UKD : UKD	-	-	-	-	23/1	-	-	-	-	20/1	43/2
10	CHD : CHD	-	-	-	-	-	-	-	-	-	21/1	21/1

ASMITA KHELO INDIA WOMENS WEIGHTLIFTING LEAGUE-2023 - ZONAL ROUND - NORTH ZONE

YAMUNA NAGAR - HARYANA

20/09/2023 to 24/09/2023

SENIOR SUMMARY MEDALS

No.	Team	1	2	3	4	5	6	7
1	U.P. : U.P.	4	3	3	1		1	
2	HRN : HRN	2	2					
3	RAJ : RAJ	2	1	3	2	3		
4	PUN : PUN	1		1				
5	DEL : DEL	1			2	1		
6	GUJ : GUJ		3	1	3	2	1	
7	H.P. : H.P.		1	1			2	2
8	UKD : UKD			1			1	
9	IWLF : IWLF				1	1	1	
10	CHD : CHD					1		



ASMITA KHELO INDIA WOMENS WEIGHTLIFTING LEAGUE-2023 - ZONAL ROUND - NORTH ZONE

YAMUNA NAGAR - HARYANA

20/09/2023 to 24/09/2023



SENIOR MEN 's MEDALS

No.	Team
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ASMITA KHELO INDIA WOMENS WEIGHTLIFTING LEAGUE-2023 - ZONAL ROUND - NORTH ZONE

YAMUNA NAGAR - HARYANA

20/09/2023 to 24/09/2023



SENIOR WOMEN 's MEDALS

No.	Team	1	2	3	4	5	6	7
1	U.P. : U.P.	4	3	3	1		1	
2	HRN : HRN	2	2					
3	RAJ : RAJ	2	1	3	2	3		
4	PUN : PUN	1		1				
5	DEL : DEL	1			2	1		
6	GUJ : GUJ		3	1	3	2	1	
7	H.P. : H.P.		1	1			2	2
8	UKD : UKD			1			1	
9	IWLF : IWLF				1	1	1	
10	CHD : CHD					1		

RESULT SENIOR WOMEN 45 kg

Competition : 21.09.2023 12:00

Weigh in : 10:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	35	[A] Humanshi Gurjar	120	RAJ	26-09-2003	43.820	49	52	55	52	1	59	63	66	63	1	115	1
2	81	[B] Disha Chotaliya	90	GUJ	29-03-2006	44.790	40	43	45	45	2	48	52	52	52	2	97	2
3	157	[A] Leena Devatwal	100	RAJ	07-08-2003	43.000	37	39	41	41	3	47	52	52	52	3	93	3
	143	[A] Divya	85	HRN	23-03-2003	44.200	37	37	37	--		--	--	--	--		--	

Jury

1. A. Hansa Sharma I-1 [UKD]
2. B. Rajesh Kumar I-1 [H.P.]
3. C. Harbans Singh I-1 [PUN]
4. D. Yogendra I-2 [U.P.]
5. E. Amarnath Tyagi I-2 [U.P.]

Referee

- Center - Arbind Singh Kushwaha N-1 [U.P.]
Left - Subhash Singh N-2 [HRN]
Right - Daljeet Kaur N-2 [PUN]

Chief Marshal

1. Pardeep Yadav N-1 [U.P.]
2. Khushbu Yadav N-1 [U.P.]

Time Keeper

1. Suneet Chopra N-1 [U.P.]
2. Yashpal Singh N-2 [U.P.]

Technical Controller

1. Sakeel Ahmed N-1 [RAJ]
2. Sangeeta Chhabra N-2 [UKD]

Secretary

1. Komalpreet Kaur N-1 [PUN]

RESULT SENIOR WOMEN 49 kg

Competition : 21.09.2023 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	11	[A] Nilam Patel	147	U.P.	17-12-2004	49.000	64	67	69	69	1	82	86	--	86	1	155	1
2	182	[A] Sonu	140	RAJ	10-04-2003	49.000	58	62	65	62	3	80	85	87	80	2	142	2
3	127	[A] Shivani Yadav	125	U.P.	01-07-2006	49.000	53	56	57	57	4	64	68	71	68	4	125	3
4	137	[B] Poonam	120	RAJ	01-07-2005	47.800	47	50	53	50	5	63	66	70	70	3	120	4
5	161	[B] Hetvi Limbani	110	GUJ	23-05-2004	48.600	47	50	52	50	6	60	64	64	64	5	114	5
6	97	[B] Mansi Singh	90	GUJ	26-11-2004	48.200	40	43	43	40	7	48	51	51	51	6	91	6
	153	[A] Vani Puri	130	PUN	16-03-2005	48.480	63	63	63	63	2	80	80	80	--		--	

Jury

1. A. Hansa Sharma I-1 [UKD]
2. B. Rajesh Kumar I-1 [H.P.]
3. C. Harbans Singh I-1 [PUN]
4. D. Yogendra I-2 [U.P.]
5. E. Amarnath Tyagi I-2 [U.P.]

Referee

- Center - Mithlesh N-2 [DEL]
Left - Ravi Sharma N-1 [RAJ]
Right - Vinod N-2 [HRN]

Chief Marshal

1. Pardeep Yadav N-1 [U.P.]
2. Khushbu Yadav N-1 [U.P.]

Time Keeper

1. Suneet Chopra N-1 [U.P.]
2. Yashpal Singh N-2 [U.P.]

Technical Controller

1. Sakeel Ahmed N-1 [RAJ]
2. Sangeeta Chhabra N-2 [UKD]

Secretary

1. Komalpreet Kaur N-1 [PUN]

RESULT SENIOR WOMEN 55 kg

Competition : 21.09.2023 16:30

Weigh in : 14:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	38	[A] Kumkum Yadav	155	U.P.	03-06-2004	54.870	64	67	71	71	1	84	87	--	87	1	158	1
2	76	[A] Vidhya Sharma	150	GUJ	20-01-2005	54.130	63	66	70	66	2	80	83	85	85	2	151	2
3	79	[A] Prabhjot Kaur	135	RAJ	13-03-2004	53.510	55	58	61	58	3	70	75	80	75	3	133	3
4	3	[A] Shalini	144	DEL	20-01-2000	52.770	57	60	60	57	4	67	67	70	67	4	124	4
5	78	[B] Pooja Sharma	80	RAJ	10-02-1999	52.800	35	40	40	35	5	45	50	53	53	5	88	5

Jury

1. A. Pal Singh Sandhu I-1 [U.P.]
2. C. Rajneesh Bhaksar I-1 [U.P.]
3. D. Pardeep Sharma I-1 [H.P.]
4. B. G.P. Sharma I-1 [U.P.]
5. E. Poonam Tiwari I-2 [U.P.]

Referee

- Center - Daljeet Kaur N-2 [PUN]
Left - Arbind Singh Kushwaha N-1 [U.P.]
Right - Subhash Singh N-2 [HRN]

Chief Marshal

1. Raj Kumar Jamwal N-1 [H.P.]
2. Chancel Yadav N-2 [H.P.]

Time Keeper

1. Pawan Kumar Patial N-2 [H.P.]

Technical Controller

1. Ankit N-2 [HRN]
2. Shubham Jain N-2 [M.P.]

Secretary

1. Sukhchain Singh I-2 [HRN]

RESULT SENIOR WOMEN 59 kg

Competition : 22.09.2023 11:30

Weigh in : 9:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	36	[A] Usha	175	HRN	09-02-2003	55.780	75	75	78	78	1	94	99	101	101	1	179	1
2	188	[A] Natasha Negi	135	H.P.	20-02-1998	58.450	60	64	64	64	2	75	79	82	79	2	143	2
3	22	[A] Jagruti Sapkal	120	GUJ	22-06-1992	58.380	55	58	58	55	3	64	67	70	70	3	125	3
4	33	[A] Sumita Kumari	120	RAJ	06-12-2001	56.700	45	50	53	50	4	57	63	63	63	4	113	4

Jury

1. A. Pal Singh Sandhu I-1 [U.P.]
2. C. Rajneesh Bhaksar I-1 [U.P.]
3. D. Pardeep Sharma I-1 [H.P.]
4. B. G.P. Sharma I-1 [U.P.]
5. E. Poonam Tiwari I-2 [U.P.]

Referee

- Center - Subhash Singh N-2 [HRN]
Left - Daljeet Kaur N-2 [PUN]
Right - Arbind Singh Kushwaha N-1 [U.P.]

Chief Marshal

1. Raj Kumar Jamwal N-1 [H.P.]
2. Chancel Yadav N-2 [H.P.]

Time Keeper

1. Pawan Kumar Patial N-2 [H.P.]

Technical Controller

1. Ankit N-2 [HRN]
2. Shubham Jain N-2 [M.P.]

Secretary

1. Sukhchain Singh I-2 [HRN]

RESULT SENIOR WOMEN 64 kg

Competition : 22.09.2023 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	49	[A] Ankita	170	RAJ	10-04-2006	63.240	75	79	82	79	1	99	104	107	104	1	183	1
2	61	[A] Bhawna	150	HRN	20-07-2005	64.000	75	75	75	75	2	80	90	--	80	2	155	2
3	175	[A] Preeti	140	UKD	05-03-1993	61.950	55	55	60	60	4	68	74	77	74	3	134	3
4	172	[A] Sadhana Singh	130	GUJ	22-06-1998	63.100	56	61	63	61	3	70	74	74	70	4	131	4
5	124	[B] Jashoda	70	RAJ	30-03-1998	63.940	40	40	45	40	6	55	55	60	60	5	100	5
6	37	[B] Moni Sahani	100	U.P.	06-10-2005	61.600	41	44	46	44	5	47	47	50	50	6	94	6

Jury

1. A. Pal Singh Sandhu I-1 [U.P.]
2. C. Rajneesh Bhaksar I-1 [U.P.]
3. D. Pardeep Sharma I-1 [H.P.]
4. B. G.P. Sharma I-1 [U.P.]
5. E. Poonam Tiwari I-2 [U.P.]

Referee

- Center - Ravi Sharma N-1 [RAJ]
Left - Vinod N-2 [HRN]
Right - Mithlesh N-2 [DEL]

Chief Marshal

1. Raj Kumar Jamwal N-1 [H.P.]
2. Chancal Yadav N-2 [H.P.]

Time Keeper

1. Pawan Kumar Patial N-2 [H.P.]

Technical Controller

1. Ankit N-2 [HRN]
2. Shubham Jain N-2 [M.P.]

Secretary

1. Sukhchain Singh I-2 [HRN]

RESULT SENIOR WOMEN 71 kg

Competition : 23.09.2023 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	185	[A] Navdeep Kaur	190	PUN	15-11-2003	70.240	75	76	80	80	1	100	--	--	100	1	180	1
2	92	[A] Srishti Yadav	170	U.P.	06-06-2005	70.320	72	75	78	75	2	92	95	97	95	2	170	2
3	120	[A] Kumkum	135	RAJ	02-11-2005	68.600	62	65	68	68	3	72	77	80	77	3	145	3
4	168	[B] Priti Mishra	100	GUJ	08-10-2000	65.350	38	41	41	38	4	50	53	55	53	4	91	4
5	55	[B] Simran Prajapati	80	GUJ	04-05-2006	64.200	36	38	41	38	5	46	50	54	50	5	88	5

Jury

1. A. Hansa Sharma I-1 [UKD]
2. B. Rajesh Kumar I-1 [H.P.]
3. C. Harbans Singh I-1 [PUN]
4. D. Yogendra I-2 [U.P.]
5. E. Amarnath Tyagi I-2 [U.P.]

Referee

- Center - Arbind Singh Kushwaha N-1 [U.P.]
Left - Subhash Singh N-2 [HRN]
Right - Daljeet Kaur N-2 [PUN]

Chief Marshal

1. Pardeep Yadav N-1 [U.P.]
2. Khushbu Yadav N-1 [U.P.]

Time Keeper

1. Suneet Chopra N-1 [U.P.]
2. Yashpal Singh N-2 [U.P.]

Technical Controller

1. Sakeel Ahmed N-1 [RAJ]
2. Sangeeta Chhabra N-2 [UKD]

Secretary

1. Komalpreet Kaur N-1 [PUN]

RESULT SENIOR WOMEN 76 kg

Competition : 23.09.2023 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	160	[A] Jyoti Yadav	160	U.P.	31-12-2005	73.630	70	74	77	77	1	80	80	83	83	1	160	1
2	30	[A] Poonam Yadav	150	U.P.	29-08-2006	74.800	63	67	71	71	2	75	80	86	80	2	151	2
3	122	[A] Pragya Sharma	120	H.P.	20-02-2006	71.100	55	55	60	60	3	70	75	78	75	3	135	3
4	148	[B] Komal Devrapelli	110	GUJ	06-10-2005	71.250	46	50	55	50	4	65	65	70	70	4	120	4
5	109	[B] Saniya Siddiqui	82	IWLF	03-04-2008	72.600	35	37	37	37	5	38	40	40	38	6	75	5
6	17	[B] Ruby Choudhary	90	H.P.	12-01-2005	74.900	30	33	33	30	6	40	40	42	40	5	70	6

Jury

1. A. Pal Singh Sandhu I-1 [U.P.]
2. C. Rajneesh Bhaksar I-1 [U.P.]
3. D. Pardeep Sharma I-1 [H.P.]
4. B. G.P. Sharma I-1 [U.P.]
5. E. Poonam Tiwari I-2 [U.P.]

Referee

- Center - Satish Dhema N-2 [H.P.]
Left - Ashok Kumar N-1 [U.P.]
Right - Ghynashyam Yadav N-2 [U.P.]

Chief Marshal

1. Raj Kumar Jamwal N-1 [H.P.]
2. Chancal Yadav N-2 [H.P.]

Time Keeper

1. Pawan Kumar Patial N-2 [H.P.]

Technical Controller

1. Ankit N-2 [HRN]
2. Shubham Jain N-2 [M.P.]

Secretary

1. Sukhchain Singh I-2 [HRN]

RESULT SENIOR WOMEN 81 kg

Competition : 23.09.2023 15:30

Weigh in : 13:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	80	[A] Tamana	185	HRN	10-05-2002	81.000	72	75	78	78	3	101	101	104	104	1	182	1
2	135	[A] Monika	125	HRN	10-03-1995	77.740	73	76	79	79	2	93	98	101	98	2	177	2
3	132	[A] Kalpana Yadav	180	U.P.	10-07-2002	80.820	73	77	82	82	1	94	98	98	94	3	176	3
4	173	[A] Preeti Yadav	155	U.P.	04-07-2004	75.660	60	66	66	66	4	75	80	80	75	4	141	4
5	18	[A] Monika	140	DEL	08-01-1990	76.720	54	57	57	54	5	70	73	73	70	5	124	5
6	130	[A] Sunakshi	95	H.P.	14-03-2005	79.520	40	43	46	43	6	45	50	53	50	6	93	6

Jury

1. A. Hansa Sharma I-1 [UKD]
2. B. Rajesh Kumar I-1 [H.P.]
3. C. Harbans Singh I-1 [PUN]
4. D. Yogendra I-2 [U.P.]
5. E. Amarnath Tyagi I-2 [U.P.]

Referee

- Center - Vinod N-2 [HRN]
Left - Mithlesh N-2 [DEL]
Right - Ravi Sharma N-1 [RAJ]

Chief Marshal

1. Pardeep Yadav N-1 [U.P.]
2. Khushbu Yadav N-1 [U.P.]

Time Keeper

1. Suneet Chopra N-1 [U.P.]
2. Yashpal Singh N-2 [U.P.]

Technical Controller

1. Sakeel Ahmed N-1 [RAJ]
2. Sangeeta Chhabra N-2 [UKD]

Secretary

1. Komalpreet Kaur N-1 [PUN]

RESULT SENIOR WOMEN 87 kg

Competition : 24.09.2023 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	116	[A] Priyanka	150	DEL	17-07-2003	86.690	72	76	80	76	1	95	95	98	95	1	171	1
2	28	[A] Aayushi U Gajjar	160	GUJ	18-08-2003	83.000	68	68	72	72	2	88	92	96	92	2	164	2
3	145	[A] Sakshi Kesarwani	170	U.P.	25-07-2004	85.500	66	73	73	66	3	90	95	95	90	3	156	3
4	77	[A] Sarita Khatana	160	DEL	17-05-2000	83.800	65	65	68	65	5	85	85	92	85	4	150	4
5	89	[A] Neelam	147	RAJ	12-28-1998	86.030	66	66	66	66	4	80	85	85	80	5	146	5
6	117	[A] Priyanshi Singh	115	IWLF	20-05-2002	86.776	53	55	60	55	6	65	65	65	65	6	120	6
7	162	[A] Deepali Sharma	105	H.P.	19-02-2004	81.100	45	50	55	50	7	55	57	60	60	7	110	7

Jury

1. A. Hansa Sharma I-1 [UKD]
2. B. Rajesh Kumar I-1 [H.P.]
3. C. Harbans Singh I-1 [PUN]
4. D. Yogendra I-2 [U.P.]
5. E. Amarnath Tyagi I-2 [U.P.]

Referee

- Center - Ghynashyam Yadav N-2 [U.P.]
Left - Satish Dhema N-2 [H.P.]
Right - Ashok Kumar N-1 [U.P.]

Chief Marshal

1. Pardeep Yadav N-1 [U.P.]
2. Khushbu Yadav N-1 [U.P.]

Time Keeper

1. Suneet Chopra N-1 [U.P.]
2. Yashpal Singh N-2 [U.P.]

Technical Controller

1. Sakeel Ahmed N-1 [RAJ]
2. Sangeeta Chhabra N-2 [UKD]

Secretary

1. Komalpreet Kaur N-1 [PUN]

RESULT SENIOR WOMEN +87 kg

Competition : 24.09.2023 10:30

Weigh in : 8:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	4	[A] Purnima Pandey	200	U.P.	16-10-1997	103.900	90	--	--	90	1	110	--	--	110	1	200	1
2	138	[A] Sonam Yadav	185	U.P.	11-11-2003	89.740	80	84	87	87	2	96	102	105	102	2	189	2
3	83	[A] Ravneet Kaur	175	PUN	15-02-2002	97.890	75	78	78	75	3	87	91	94	94	3	169	3
4	54	[A] Preety	160	IWLF	02-07-2000	102.670	60	65	65	60	5	86	90	90	86	4	146	4
5	111	[A] Kulbir Kaur	135	CHD	04-02-1987	87.330	60	64	66	64	4	74	79	81	79	5	143	5
6	68	[A] Megha Chand	140	UKD	13-09-2002	101.700	60	64	64	60	6	75	79	79	75	6	135	6
7	131	[A] Palak Rana	120	H.P.	14-02-2004	88.590	50	55	55	50	7	60	65	65	60	7	110	7

Jury

1. A. Pal Singh Sandhu I-1 [U.P.]
2. C. Rajneesh Bhaksar I-1 [U.P.]
3. D. Pardeep Sharma I-1 [H.P.]
4. B. G.P. Sharma I-1 [U.P.]
5. E. Poonam Tiwari I-2 [U.P.]

Referee

- Center - Subhash Singh N-2 [HRN]
Left - Daljeet Kaur N-2 [PUN]
Right - Arbind Singh Kushwaha N-1 [U.P.]

Chief Marshal

1. Raj Kumar Jamwal N-1 [H.P.]
2. Chancal Yadav N-2 [H.P.]

Time Keeper

1. Pawan Kumar Patial N-2 [H.P.]

Technical Controller

1. Ankit N-2 [HRN]
2. Shubham Jain N-2 [M.P.]

Secretary

1. Sukhchain Singh I-2 [HRN]

GROUP OF JURIES AND REFEREES

JURY Member Group 1 :

- A. PAL SINGH SANDHU I-1 [U.P.] *President of Jury
- C. RAJNEESH BHAKSAR I-1 [U.P.]
- D. PARDEEP SHARMA I-1 [H.P.]
- B. G.P. SHARMA I-1 [U.P.]
- E. POONAM TIWARI I-2 [U.P.]

JURY Member Group 2 :

- A. HANSA SHARMA I-1 [UKD] *President of Jury
- B. RAJESH KUMAR I-1 [H.P.]
- C. HARBANS SINGH I-1 [PUN]
- D. YOGENDRA I-2 [U.P.]
- E. AMARNATH TYAGI I-2 [U.P.]

REFEREE Member Group 1 :

- RAVI SHARMA N-1 [RAJ]
- VINOD N-2 [HRN]
- MITHLESH N-2 [DEL]

REFEREE Member Group 2 :

- ASHOK KUMAR N-1 [U.P.]
- GHYNASHYAM YADAV N-2 [U.P.]
- SATISH DHEMA N-2 [H.P.]

REFEREE Member Group 3 :

- ARBIND SINGH KUSHWAHA N-1 [U.P.]
- SUBHASH SINGH N-2 [HRN]
- DALJEET KAUR N-2 [PUN]

GROUP OF OTHER COMPETITION OFFICIALS

CHIEF MARSHAL Member Group 1 :

RAJ KUMAR JAMWAL N-1 [H.P.]
CHANCAL YADAV N-2 [H.P.]

CHIEF MARSHAL Member Group 2 :

PARDEEP YADAV N-1 [U.P.]
KHUSHBU YADAV N-1 [U.P.]

TIMEKEEPER Member Group 1 :

PAWAN KUMAR PATIAL N-2 [H.P.]

TIMEKEEPER Member Group 2 :

SUNEET CHOPRA N-1 [U.P.]
YASHPAL SINGH N-2 [U.P.]

TECHNICAL CONTROLLER Member Group 1 :

ANKIT N-2 [HRN]
SHUBHAM JAIN N-2 [M.P.]

TECHNICAL CONTROLLER Member Group 2 :

SAKEEL AHMED N-1 [RAJ]
SANGEETA CHHABRA N-2 [UKD]

SECRETARY Member Group 1 :

SUKHCHAIN SINGH I-2 [HRN]

SECRETARY Member Group 2 :

KOMALPREET KAUR N-1 [PUN]

COMPETITION SECRETARY Member Group 1 :

GP. CAPT. RANJIB SAHOO N-1 [DEL]

SPEAKER Member Group 1 :

KAMALDEEP SINGH N-1 [CHD]

FOP INCHARGE Member Group 1 :

SUDHISH KUMAR SINGH N-1 [U.P.]

RESERVE WEIGH-IN OFF Member Group 1 :

MONA SINHA N-2 [U.P.]

YOUTUBE OPERATOR Member Group 1 :

AJAY KUMAR DAS N-1 [SSCB]

TSR Member Group 1 :

PURAN CHANDRA N-2 [DEL]
VISHAL CHAUDHARY N-2 [U.P.]

RESERVE OFFICIALS Member Group 1 :

KARAN THAPA N-2 [U.P.]
AMANDEEP KAUR N-2 [CHD]

SPEAKER Member Group 2 :

K.D.S. NAGRA N-1 [CHD]

FOP INCHARGE Member Group 2 :

SANJIV RAZDAN N-2 [M.P.]

TSR Member Group 2 :

SHIVAM MISHRA N-2 [U.P.]



ASMITA KHELO INDIA WOMENS WEIGHTLIFTING LEAGUE- 2023 - ZONAL ROUND - NORTH ZONE

YAMUNA NAGAR - HARYANA

20/09/2023 to 24/09/2023



MEN 's ROBI TOTAL POINT

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
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WOMEN 's ROBI TOTAL POINT

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
1	Usha	09-02-2003	HRN	55.780	179	343.122
2	Nilam Patel	17-12-2004	U.P.	49.000	155	337.234
3	Ankita	10-04-2006	RAJ	63.240	183	307.464
4	Kumkum Yadav	03-06-2004	U.P.	54.870	158	300.077
5	Vidhya Sharma	20-01-2005	GUJ	54.130	151	258.141
6	Sonu	10-04-2003	RAJ	49.000	142	252.089
7	Navdeep Kaur	15-11-2003	PUN	70.240	180	250.666
8	Tamana	10-05-2002	HRN	81.000	182	230.747
9	Monika	10-03-1995	HRN	77.740	177	210.352
10	Srishti Yadav	06-06-2005	U.P.	70.320	170	207.316
11	Kalpana Yadav	10-07-2002	U.P.	80.820	176	206.430
12	Humanshi Gurjar	26-09-2003	RAJ	43.820	115	185.379
13	Purnima Pandey	16-10-1997	U.P.	103.900	200	180.235
14	Bhawna	20-07-2005	HRN	64.000	155	177.100
15	Prabhjot Kaur	13-03-2004	RAJ	53.510	133	169.330
16	Priyanka	17-07-2003	DEL	86.690	171	165.265
17	Shivani Yadav	01-07-2006	U.P.	49.000	125	165.041
18	Natasha Negi	20-02-1998	H.P.	58.450	143	162.744
19	Jyoti Yadav	31-12-2005	U.P.	73.630	160	159.583
20	Sonam Yadav	11-11-2003	U.P.	89.740	189	149.357
21	Poonam	01-07-2005	RAJ	47.800	120	144.111
22	Aayushi U Gajjar	18-08-2003	GUJ	83.000	164	143.840
23	Shalini	20-01-2000	DEL	52.770	124	134.168
24	Poonam Yadav	29-08-2006	U.P.	74.800	151	131.663
25	Kumkum	02-11-2005	RAJ	68.600	145	122.223
26	Sakshi Kesarwani	25-07-2004	U.P.	85.500	156	121.823
27	Hetvi Limbani	23-05-2004	GUJ	48.600	114	121.534
28	Preeti	05-03-1993	UKD	61.950	134	109.190
29	Sarita Khatana	17-05-2000	DEL	83.800	150	106.942
30	Disha Chotaliya	29-03-2006	GUJ	44.790	97	105.313
31	Jagruti Sapkal	22-06-1992	GUJ	58.380	125	104.092
32	Ravnneet Kaur	15-02-2002	PUN	97.890	169	103.006
33	Sadhana Singh	22-06-1998	GUJ	63.100	131	101.278
34	Preeti Yadav	04-07-2004	U.P.	75.660	141	98.831
35	Neelam	12-28-1998	RAJ	86.030	146	97.758
36	Leena Devatwal	07-08-2003	RAJ	43.000	93	91.565
37	Pragya Sharma	20-02-2006	H.P.	71.100	135	90.756
38	Sumita Kumari	06-12-2001	RAJ	56.700	113	74.441
39	Monika	08-01-1990	DEL	76.720	124	64.497
40	Preety	02-07-2000	IWLF	102.670	146	63.359