

**RESULT SHEET - 2023 IWLF JUNIOR (MEN & WOMEN) NATIONAL WEIGHTLIFTING  
CHAMPIONSHIPS-2022-23 HELD AT NAGERCOIL (TAMIL NADU) FROM 27-12-2022 TO 7-1-2023**

WT. CAT.	SECTION	Sl. No.	NAME	TEAM	BORN	Snatch Res.	C&J Res.	Total Res.	Rank
55 kg	Jr. Men	1	MUKUND AHER	MHR	04-07-2003	114	140	254	1
55 kg	Jr. Men	2	KOMAL MAHESWARI	C.G.	07-06-2002	100	137	237	2
55 kg	Jr. Men	3	UDAY MAHAJAN	MHR	13-10-2003	103	131	234	3
55 kg	Jr. Men	4	S.GURU NAIDU	A.P.	09-05-2006	104	129	233	4
55 kg	Jr. Men	5	N. TOMCHOU MEETEI	MNP	03-04-2006	102	130	232	5
55 kg	Jr. Men	6	LOKESH K R	TND	16-12-2002	99	131	230	6
55 kg	Jr. Men	7	BALAJI P	TND	05-01-2002	99	120	219	7
55 kg	Jr. Men	8	KUMBHESWAR MALLIK	ORS	20-06-2002	95	122	217	8
55 kg	Jr. Men	9	VIJAY PRAJAPATI	M.P.	13-12-2005	96	120	216	9
55 kg	Jr. Men	10	SURAJIT CHANGMAI	ASM	22-07-2003	94	120	214	10
55 kg	Jr. Men	11	RAJA BHARTI	C.G.	19-12-2003	100	112	212	11
55 kg	Jr. Men	12	SOSAR TAMA	ARN	16-01-2006	87	117	204	12
55 kg	Jr. Men	13	MANOJ	HRN	08-01-2004	86	115	201	13
55 kg	Jr. Men	14	SIBIN PRASAD	KRL	09-04-2002	84	115	199	14
55 kg	Jr. Men	15	SUSHANTH	KRN	18-08-2003	89	--	--	
55 kg	Jr. Men	16	DERRIC PAUL S.S	KRL	19-03-2002	84	--	--	
55 kg	Jr. Men	17	TADAR TAGING	ARN	03-08-2004	--	--	--	
61 kg	Jr. Men	1	SHANKAR LAPUNG	ARN	22-09-2004	112	143	255	1
61 kg	Jr. Men	2	SHENBAGARAJ.P	TND	17-07-2002	103	139	242	2
61 kg	Jr. Men	3	GOLOM TINKU	ARN	12-05-2006	106	135	241	3
61 kg	Jr. Men	4	SHUBHAM KALBHOR	MHR	01-01-2004	106	131	237	4
61 kg	Jr. Men	5	PATTA MAHESH	PON	16-08-2003	101	128	229	5
61 kg	Jr. Men	6	SADANANDA BARIHA	ORS	15-01-2006	103	125	228	6
61 kg	Jr. Men	7	CHIRANJEEVI	KRN	04-01-2004	95	130	225	7
61 kg	Jr. Men	8	TOMAN KUMAR BHARTI	C.G.	05-08-2003	100	125	225	8
61 kg	Jr. Men	9	RAHUL JANGDE	C.G.	20-06-2002	100	123	223	9
61 kg	Jr. Men	10	SUMIT KUMAR RAJPUT	M.P.	22-08-2006	98	124	222	10
61 kg	Jr. Men	11	KRUSHNA CHANDRA NAYAK	ORS	08-08-2003	95	125	220	11
61 kg	Jr. Men	12	BD SUTHA	MNP	09-12-2004	98	120	218	12
61 kg	Jr. Men	13	MANOHAR KUMAR	UKD	25-10-2005	95	120	215	13
61 kg	Jr. Men	14	SHAM LAL	H.P.	12-09-2004	102	--	--	
61 kg	Jr. Men	15	SHEIKH ARSHAN	M.P.	28-11-2002	94	--	--	
61 kg	Jr. Men	16	RISHABH	J.K.	07-03-2004	93	--	--	
61 kg	Jr. Men	17	SONU KUMAR	BHR	01-02-2005	--	--	--	
61 kg	Jr. Men	18	VANLALRUATA	MIZ	06-10-2005	--	--	--	
67 kg	Jr. Men	1	ANIRUDDHA NIPANE	MHR	24-10-2003	121	156	277	1
67 kg	Jr. Men	2	BENGIA TANI	ARN	26-02-2004	121	151	272	2
67 kg	Jr. Men	3	LOGESWARAN .S	TND	17-05-2004	120	148	268	3
67 kg	Jr. Men	4	KANHAIYA KUMAR	BHR	03-03-2002	120	147	267	4
67 kg	Jr. Men	5	JACOB VANLALTLUANGA	MIZ	17-02-2002	120	146	266	5
67 kg	Jr. Men	6	MH.SILVAN BEIHROTHATLO	MIZ	21-08-2004	116	148	264	6
67 kg	Jr. Men	7	GURUKANNAN.K	TND	04-01-2003	111	150	261	7
67 kg	Jr. Men	8	NIRBHAY PRATAP SINGH	J.K.	22-06-2003	112	148	260	8
67 kg	Jr. Men	9	BEDABRAT BHARALI	ASM	19-03-2007	119	140	259	9
67 kg	Jr. Men	10	KALLOL MAL	W.B.	31-08-2005	112	143	255	10
67 kg	Jr. Men	11	MAHADEV VADER	MHR	12-07-2005	113	140	253	11
67 kg	Jr. Men	12	ANUJ KUMAR	U.P.	16-05-2002	111	140	251	12
67 kg	Jr. Men	13	G.HEMANTH KUMAR	A.P.	31-01-2002	101	150	251	13
67 kg	Jr. Men	14	ANIL CHOUDHARY	DEL	15-03-2004	110	141	251	14
67 kg	Jr. Men	15	KAMPU DEGIO	ARN	26-03-2006	107	135	242	15
67 kg	Jr. Men	16	TIPPANNA S L	KRN	30-04-2002	104	133	237	16
67 kg	Jr. Men	17	LOVEDEEP SINGH	PUN	25-07-2002	102	131	233	17

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WT. CAT.	SECTION	Sl. No.	NAME	TEAM	BORN	Snatch Res.	C&J Res.	Total Res.	Rank
67 kg	Jr. Men	18	MOHIT	HRN	07-06-2002	105	--	--	
67 kg	Jr. Men	19	YAAD RAM	H.P.	01-05-2002	102	--	--	
67 kg	Jr. Men	20	ARJUN TOMER	DEL	02-02-2004	100	--	--	
67 kg	Jr. Men	21	MOHIT	M.P.	02-09-2004	100	--	--	
67 kg	Jr. Men	22	ROHAN	UKD	03-06-2004	96	--	--	
67 kg	Jr. Men	23	JEEVAN A.REJI	KRL	29-10-2002	95	--	--	
67 kg	Jr. Men	24	ASHIF	UKD	11-11-2004	--	--	--	
73 kg	Jr. Men	1	KIRAN MARATHE	MHR	07-05-2003	122	155	277	1
73 kg	Jr. Men	2	SHIVA CHOUDHARY	DEL	02-02-2004	123	150	273	2
73 kg	Jr. Men	3	PRABAL PROTIM GOGOI	ASM	01-11-2004	119	154	273	3
73 kg	Jr. Men	4	ABHISHEK MAHAJAN	MHR	13-01-2002	121	151	272	4
73 kg	Jr. Men	5	A.V. YASHWANTH	TEL	09-11-2002	122	149	271	5
73 kg	Jr. Men	6	AMAN	HRN	10-08-2002	120	150	270	6
73 kg	Jr. Men	7	KULDEEP SAHU	ORS	15-01-2004	121	149	270	7
73 kg	Jr. Men	8	PRAVESH BAISOYA	U.P.	02-05-2003	115	151	266	8
73 kg	Jr. Men	9	R.S.TARUN SHARMA	DEL	22-10-2004	117	145	262	9
73 kg	Jr. Men	10	HARIKARAN.B	TND	07-03-2002	117	142	259	10
73 kg	Jr. Men	11	HRUDANANDA DAS	ORS	09-06-2007	111	137	248	11
73 kg	Jr. Men	12	GURLAL CHAUHAN	PUN	03-03-2004	112	136	248	12
73 kg	Jr. Men	13	SHANKAR KUMAR	BHR	15-06-2003	100	133	233	13
73 kg	Jr. Men	14	VISHNU KUMAR	RAJ	15-12-2003	100	131	231	14
73 kg	Jr. Men	15	TINS P. DAS	KRL	12-02-2002	100	130	230	15
73 kg	Jr. Men	16	RAVINDRA SINGH	UKD	23-06-2002	117	--	--	
73 kg	Jr. Men	17	TALUK BAGE	ARN	01-07-2004	110	--	--	
73 kg	Jr. Men	18	BOBBY SHARMA	UKD	05-10-2004	107	--	--	
73 kg	Jr. Men	19	JATIN	H.P.	18-01-2002	100	--	--	
73 kg	Jr. Men	20	SAURYA PRATAP SINGH	BHR	01-07-2004	--	--	--	
81 kg	Jr. Men	1	BHAVESH SARANG	C.G.	27-05-2002	130	151	281	1
81 kg	Jr. Men	2	AAMIR MALIK	UKD	10-09-2004	131	147	278	2
81 kg	Jr. Men	3	AKASH	U.P.	11-04-2002	125	150	275	3
81 kg	Jr. Men	4	B. ADINARAYANA	A.P.	26-12-2004	126	147	273	4
81 kg	Jr. Men	5	SHANKAR	HRN	10-12-2005	122	151	273	5
81 kg	Jr. Men	6	SUMIT	HRN	12-12-2002	120	151	271	6
81 kg	Jr. Men	7	LALRUATFELA	MIZ	05-03-2006	120	150	270	7
81 kg	Jr. Men	8	O. BIKASH SINGH	MNP	03-05-2004	117	138	255	8
81 kg	Jr. Men	9	HARKIRAT SINGH	PUN	14-11-2004	110	141	251	9
81 kg	Jr. Men	10	SHIVANSH SHARMA	DEL	19-10-2002	113	135	248	10
81 kg	Jr. Men	11	BANSI LAL	RAJ	07-01-2003	110	137	247	11
81 kg	Jr. Men	12	RINKU VERMA	RAJ	25-12-2002	105	135	240	12
81 kg	Jr. Men	13	GOKUL DAVID	KRL	29-06-2002	105	135	240	13
81 kg	Jr. Men	14	KRISHNABARATHI.N	TND	24-01-2003	124	--	--	
81 kg	Jr. Men	15	KULDEEP KUMAR	U.P.	01-01-2002	122	--	--	
81 kg	Jr. Men	16	MANI DHIMAN	CHD	14-02-2006	121	--	--	
81 kg	Jr. Men	17	M.ASHOK	A.P.	21-12-2003	120	--	--	
81 kg	Jr. Men	18	MAHAVEER YADAV	UKD	21-10-2002	111	--	--	
81 kg	Jr. Men	19	ARYAN CHOUDHARY	DEL	27-03-2003	105	--	--	
81 kg	Jr. Men	20	GURKARAN SINGH	CHD	26-06-2003	--	--	--	
81 kg	Jr. Men	21	D. GANESH	TEL	13-06-2004	--	--	--	
89 kg	Jr. Men	1	PRINCE MALIK	J.K.	02-12-2002	147	164	311	1
89 kg	Jr. Men	2	SK.LAL BASHEER	A.P.	13-05-2004	140	166	306	2
89 kg	Jr. Men	3	SANIDHYA MORE	MHR	26-03-2005	131	156	287	3
89 kg	Jr. Men	4	HARISH.B	TND	18-01-2003	124	151	275	4

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89 kg	Jr. Men	5	SURINDERPAL SINGH	PUN	20-09-2003	113	156	269	5
89 kg	Jr. Men	6	SAGAR KUMAR	BHR	02-08-2004	116	150	266	6
89 kg	Jr. Men	7	G.KRISHNA BABU	A.P.	15-12-2005	115	150	265	7
89 kg	Jr. Men	8	SHARWAN	M.P.	27-04-2004	116	145	261	8
89 kg	Jr. Men	9	AKASH SUDAN	J.K.	28-03-2002	115	142	257	9
89 kg	Jr. Men	10	VIVEK A.	KRL	23-04-2003	106	141	247	10
89 kg	Jr. Men	11	KARTIKAY PATEL	M.P.	14-11-2004	110	136	246	11
89 kg	Jr. Men	12	BHOPENDRA	KRN	07-03-2003	106	--	--	
89 kg	Jr. Men	13	BITTU RAJPUT	UKD	31-08-2002	--	--	--	
96 kg	Jr. Men	1	ALOK YADAV	U.P.	29-12-2003	126	179	305	1
96 kg	Jr. Men	2	RAHUL	HRN	02-08-2003	134	168	302	2
96 kg	Jr. Men	3	DILBAG SINGH	PUN	13-10-2004	133	165	298	3
96 kg	Jr. Men	4	PUNIT CHANDRA SAHU	ORS	10-06-2003	121	176	297	4
96 kg	Jr. Men	5	M.MANKANTA	A.P.	13-11-2002	132	162	294	5
96 kg	Jr. Men	6	ANIL SINGH	PUN	01-02-2002	127	162	289	6
96 kg	Jr. Men	7	RITESH MHAISHALE	MHR	05-02-2003	124	165	289	7
96 kg	Jr. Men	8	SUVANSH THAKUR	H.P.	14-02-2005	125	151	276	8
96 kg	Jr. Men	9	KAPIL SONOWAL	ASM	27-11-2006	124	146	270	9
96 kg	Jr. Men	10	SUMIT PUROHIT	RAJ	17-10-2005	100	122	222	10
96 kg	Jr. Men	11	D.SAGAR	A.P.	22-11-2002	118	--	--	
96 kg	Jr. Men	12	PRATHAM YADAV	RAJ	10-03-2003	115	--	--	
96 kg	Jr. Men	13	KAPIL	DEL	22-02-2003	110	--	--	
96 kg	Jr. Men	14	SWAYAM	M.P.	10-06-2004	--	--	--	
102 kg	Jr. Men	1	ABHIMANYU PANDAY	PUN	27-01-2002	123	160	283	1
102 kg	Jr. Men	2	GOLDY KHAN	H.P.	01-09-2005	129	153	282	2
102 kg	Jr. Men	3	YOGESH SHARMA	J.K.	07-06-2003	123	158	281	3
102 kg	Jr. Men	4	AMAL N.P.	KRL	21-04-2003	117	157	274	4
102 kg	Jr. Men	5	ASHWAR KHAN	H.P.	11-04-2002	124	150	274	5
102 kg	Jr. Men	6	SANOVAR	U.P.	03-01-2003	117	150	267	6
102 kg	Jr. Men	7	P.DAYA SAGAR	A.P.	13-07-2002	115	152	267	7
102 kg	Jr. Men	8	AMAN CHOUDHARY	M.P.	29-07-2004	121	146	267	8
102 kg	Jr. Men	9	AKSHAT SHARMA	DEL	04-01-2005	124	142	266	9
102 kg	Jr. Men	10	PARSHANT KUMAR KAILLEY	PUN	26-06-2004	118	144	262	10
102 kg	Jr. Men	11	Y. YASHWANTH GOUD	TEL	02-07-2005	111	135	246	11
102 kg	Jr. Men	12	JASMEET SINGH	CHD	20-04-2004	110	135	245	12
109 kg	Jr. Men	1	AKASH KAUSHAL	M.P.	27-12-2002	136	173	309	1
109 kg	Jr. Men	2	GYANESH	HRN	06-03-2002	137	161	298	2
109 kg	Jr. Men	3	BHOLA SINGH	BHR	05-05-2004	138	159	297	3
109 kg	Jr. Men	4	SUJEETH.R	TND	04-12-2003	127	162	289	4
109 kg	Jr. Men	5	GAUTAM SINGH	U.P.	26-11-2004	130	155	285	5
109 kg	Jr. Men	6	PARWINDER SINGH	CHD	19-02-2003	126	157	283	6
109 kg	Jr. Men	7	VINOD LAKHANI	RAJ	04-03-2003	129	147	276	7
109 kg	Jr. Men	8	GOURAV KUMAR RANA	J.K.	03-01-2004	114	154	268	8
109 kg	Jr. Men	9	PRITHVIRAJ DONGLE	MHR	27-09-2003	120	145	265	9
109 kg	Jr. Men	10	JAGANNATH GOUDA	ORS	07-09-2003	110	148	258	10
109 kg	Jr. Men	11	UDAY SINGH RATHORE	RAJ	20-02-2002	116	140	256	11
109 kg	Jr. Men	12	PRINCE	HRN	27-09-2003	--	--	--	
+109 kg	Jr. Men	1	PARAMVIR SINGH	CHD	05-10-2006	143	176	319	1
+109 kg	Jr. Men	2	KESAV BISSA	RAJ	17-12-2005	128	161	289	2
+109 kg	Jr. Men	3	NAVJOT SINGH LAL	C.G.	28-10-2004	125	157	282	3
+109 kg	Jr. Men	4	BANSHI SIHAG	HRN	17-12-2003	129	148	277	4
+109 kg	Jr. Men	5	PARAG JAIN	M.P.	21-03-2002	115	156	271	5

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+109 kg	Jr. Men	6	TEJVEER SINGH	PUN	19-01-2004	130	140	270	6
+109 kg	Jr. Men	7	KISHORE KUMAR.S	TND	25-07-2003	121	146	267	7
+109 kg	Jr. Men	8	PRATHVIRAJ	RAJ	30-11-2004	121	146	267	8
+109 kg	Jr. Men	9	AKHAND PRATAP SINGH	U.P.	15-01-2004	120	141	261	9
+109 kg	Jr. Men	10	AMARJIT MOHARANA	ORS	24-12-2004	110	150	260	10
+109 kg	Jr. Men	11	CH.AVINASH	A.P.	06-07-2002	119	140	259	11
+109 kg	Jr. Men	12	NILESH YADAV MAHENDRAP	GUJ	27-07-2004	111	142	253	12
+109 kg	Jr. Men	13	AKASH R. CHANDRAN	KRL	07-11-2004	112	136	248	13
+109 kg	Jr. Men	14	AMIYO GHOSH	W.B.	19-09-2003	--	--	--	
45 kg	Jr. Women	1	SUFNA JASMIN P.S.	KRL	25-10-2002	73	87	160	1
45 kg	Jr. Women	2	B. RAJESWARI	A.P.	10-02-2002	68	80	148	2
45 kg	Jr. Women	3	ANJALI PATEL	U.P.	10-08-2004	66	77	143	3
45 kg	Jr. Women	4	RANI NAYAK	M.P.	10-08-2002	63	73	136	4
45 kg	Jr. Women	5	MEGHA AHER	MHR	20-05-2006	56	79	135	5
45 kg	Jr. Women	6	POSHIKA A	TND	24-09-2006	60	68	128	6
45 kg	Jr. Women	7	VANI PURI	PUN	16-03-2005	57	68	125	7
45 kg	Jr. Women	8	REKHAMONI GOGOI	ASM	11-12-2004	56	69	125	8
45 kg	Jr. Women	9	TINAMONI SONOWAL	ASM	03-04-2002	55	68	123	9
45 kg	Jr. Women	10	TAGRIK NAYA	ARN	04-04-2006	54	69	123	10
45 kg	Jr. Women	11	SANDIYA GUNGLI	ARN	27-12-2004	50	65	115	11
49 kg	Jr. Women	1	GYANESHWARI YADAV	C.G.	08-03-2003	78	92	170	1
49 kg	Jr. Women	2	PREETI	HRN	15-08-2002	73	90	163	2
49 kg	Jr. Women	3	PANCHAMI SONOWAL	ASM	05-05-2005	70	91	161	3
49 kg	Jr. Women	4	RADHA SONI	U.P.	27-04-2003	70	91	161	4
49 kg	Jr. Women	5	TH. SANJU DEVI	MNP	17-04-2003	72	86	158	5
49 kg	Jr. Women	6	PRATIKSHA SATHE	MHR	24-12-2002	69	85	154	6
49 kg	Jr. Women	7	SANDHYA RANI NAYAK	ORS	04-04-2003	64	87	151	7
49 kg	Jr. Women	8	HIMANSHEE	HRN	14-03-2005	71	80	151	8
49 kg	Jr. Women	9	RITHIKA.V	TND	25-07-2004	67	84	151	9
49 kg	Jr. Women	10	AISANGFA GOGOI	ASM	16-12-2007	63	79	142	10
49 kg	Jr. Women	11	YAMUNA . L	TND	25-11-2003	55	72	127	11
49 kg	Jr. Women	12	JIVEETHA	KRN	01-06-2002	--	--	--	
49 kg	Jr. Women	13	SONU	RAJ	10-04-2003	--	--	--	
55 kg	Jr. Women	1	USHA	HRN	09-02-2003	83	100	183	1
55 kg	Jr. Women	2	L. NILAM DEVI	MNP	06-10-2004	74	94	168	2
55 kg	Jr. Women	3	VIDUSHI SHARMA	M.P.	04-08-2002	71	96	167	3
55 kg	Jr. Women	4	KHUSHI KUMARI	BHR	17-11-2005	74	89	163	4
55 kg	Jr. Women	5	ANAI WANGSU	ARN	10-04-2004	73	89	162	5
55 kg	Jr. Women	6	MINA SANTA	ORS	07-03-2007	71	91	162	6
55 kg	Jr. Women	7	V. MADHUMITHA	PON	13-09-2004	65	95	160	7
55 kg	Jr. Women	8	GITASHREE SONOWAL	ASM	22-11-2005	68	86	154	8
55 kg	Jr. Women	9	B.CHANDRIKA	A.P.	10-08-2005	66	88	154	9
55 kg	Jr. Women	10	KUM KUM YADAV	U.P.	03-06-2004	65	89	154	10
55 kg	Jr. Women	11	MANIQUAM SHETTY N.	KRL	02-04-2002	65	86	151	11
55 kg	Jr. Women	12	SHALINI	J.K.	01-01-2004	63	86	149	12
55 kg	Jr. Women	13	GAGAN DEEP KAUR	RAJ	06-06-2004	63	81	144	13
55 kg	Jr. Women	14	YUKTHIKA	KRN	27-05-2002	60	80	140	14
55 kg	Jr. Women	15	BARSHA BOR	W.B.	12-08-2007	71	--	--	
55 kg	Jr. Women	16	JASHANPREET KAUR	PUN	13-06-2004	60	--	--	
55 kg	Jr. Women	17	SHALU	DEL	20-08-2003	60	--	--	
55 kg	Jr. Women	18	KAJAL CHOUDHARY	H.P.	07-06-2002	--	--	--	

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55 kg	Jr. Women	19	SAKSHI RANMALE	MHR	04-12-2003	--	--	--	
55 kg	Jr. Women	20	APEKSHA PANWAR	RAJ	21-06-2004	--	--	--	
55 kg	Jr. Women	21	ASHA SHEULI	W.B.	25-02-2005	--	--	--	
59 kg	Jr. Women	1	SONAM SINGH	U.P.	18-12-2004	80	104	184	1
59 kg	Jr. Women	2	M.DEEPANAYOMI	A.P.	24-06-2002	75	105	180	2
59 kg	Jr. Women	3	NIKITA KAMLAKAR	MHR	10-12-2005	75	103	178	3
59 kg	Jr. Women	4	BALO YALAM	ARN	08-08-2004	74	97	171	4
59 kg	Jr. Women	5	B.HARIKA	A.P.	10-08-2007	76	94	170	5
59 kg	Jr. Women	6	LIZA KAMSHA	ARN	02-10-2003	73	95	168	6
59 kg	Jr. Women	7	SONALI YADU	C.G.	19-09-2002	76	92	168	7
59 kg	Jr. Women	8	BIBARI BORO	ASM	23-12-2002	74	93	167	8
59 kg	Jr. Women	9	T.M.KEERTHANA	TND	21-10-2004	74	92	166	9
59 kg	Jr. Women	10	APARAJITA BHUYAN	ORS	27-10-2002	70	93	163	10
59 kg	Jr. Women	11	SHANDRELLA HUYAM	MNP	06-10-2005	68	92	160	11
59 kg	Jr. Women	12	KIUCHANGLIU GANGMEI	MNP	21-10-2004	68	90	158	12
59 kg	Jr. Women	13	SHITAL JADHAV	MHR	26-01-2003	65	85	150	13
59 kg	Jr. Women	14	ASHWITHA V	KRN	20-04-2002	62	76	138	14
59 kg	Jr. Women	15	AARTI	DEL	11-01-2004	58	76	134	15
59 kg	Jr. Women	16	PRIYANKA MOURYA	J.K.	08-06-2002	70	--	--	
59 kg	Jr. Women	17	KHUSHBOO KUMARI	BHR	12-01-2004	60	--	--	
59 kg	Jr. Women	18	ROSHNI	PUN	10-05-2004	--	--	--	
64 kg	Jr. Women	1	BHAWNA	HRN	20-07-2005	85	107	192	1
64 kg	Jr. Women	2	DITIMONI SONOWAL	ASM	04-12-2003	81	106	187	2
64 kg	Jr. Women	3	KH. ANJALI DEVI	MNP	03-06-2003	79	100	179	3
64 kg	Jr. Women	4	POSEN KONGKANG	ARN	14-01-2003	78	98	176	4
64 kg	Jr. Women	5	L.KOWSHIKA	PON	18-03-2004	80	95	175	5
64 kg	Jr. Women	6	A.YASASRI	A.P.	02-12-2005	73	96	169	6
64 kg	Jr. Women	7	C. HARSHIKA	PON	31-10-2007	73	88	161	7
64 kg	Jr. Women	8	DEBAKI KHILLA	ORS	17-03-2002	65	94	159	8
64 kg	Jr. Women	9	KETAKI PATIL	MHR	09-04-2003	70	87	157	9
64 kg	Jr. Women	10	B.SRI LOHITA	A.P.	18-03-2002	60	85	145	10
64 kg	Jr. Women	11	JYOTI YADAV	U.P.	30-12-2003	74	--	--	
64 kg	Jr. Women	12	DEEPSIKHA BORO	ASM	13-10-2002	--	--	--	
64 kg	Jr. Women	13	SALBEENA ASLAM SHALLA	J.K.	28-08-2003	--	--	--	
64 kg	Jr. Women	14	PALAK MANHAS	J.K.	06-03-2004	--	--	--	
64 kg	Jr. Women	15	SANGEETA PADHY	ORS	21-03-2003	--	--	--	
64 kg	Jr. Women	16	ANKITA	RAJ	04-10-2006	--	--	--	
71 kg	Jr. Women	1	NAVDEEP KAUR	PUN	15-11-2003	80	114	194	1
71 kg	Jr. Women	2	SRASHTI	U.P.	12-06-2002	84	109	193	2
71 kg	Jr. Women	3	M.LEKHAMAALYA	TND	19-08-2003	74	102	176	3
71 kg	Jr. Women	4	T. RENUKA	A.P.	16-04-2004	74	101	175	4
71 kg	Jr. Women	5	H. RODI CHANU	MNP	03-04-2004	78	96	174	5
71 kg	Jr. Women	6	CHELSI	DEL	25-03-2006	74	96	170	6
71 kg	Jr. Women	7	B.NANI	A.P.	25-03-2002	73	96	169	7
71 kg	Jr. Women	8	TANUSHA	KRN	27-04-2002	74	94	168	8
71 kg	Jr. Women	9	SONGITA SADHANIDAR	ASM	16-08-2004	75	91	166	9
71 kg	Jr. Women	10	R. HARINI	PON	02-06-2006	74	92	166	10
71 kg	Jr. Women	11	M. ANUSHA	TEL	23-08-2003	70	90	160	11
71 kg	Jr. Women	12	SANDHYA SARODE	MHR	24-08-2005	74	85	159	12
71 kg	Jr. Women	13	AKTA BANJARE	C.G.	24-08-2005	70	85	155	13
71 kg	Jr. Women	14	PRATHYUSHA T.V.	KRL	10-04-2004	58	79	137	14
71 kg	Jr. Women	15	KRITIKA RANA	H.P.	12-07-2003	--	--	--	

**RESULT SHEET - 2023 IWLF JUNIOR (MEN & WOMEN) NATIONAL WEIGHTLIFTING  
CHAMPIONSHIPS-2022-23 HELD AT NAGERCOIL (TAMIL NADU) FROM 27-12-2022 TO 7-1-2023**

WT. CAT.	SECTION	Sl. No.	NAME	TEAM	BORN	Snatch Res.	C&J Res.	Total Res.	Rank
76 kg	Jr. Women	1	ANJANA SREEJITH	KRL	25-02-2003	86	112	198	1
76 kg	Jr. Women	2	SANJANA	HRN	18-01-2007	82	111	193	2
76 kg	Jr. Women	3	V. SAHITHI	TEL	15-10-2002	79	102	181	3
76 kg	Jr. Women	4	SHREYA GANMUKHI	MHR	24-02-2004	74	96	170	4
76 kg	Jr. Women	5	PRATIKSHA KADU	MHR	17-10-2003	78	90	168	5
76 kg	Jr. Women	6	HEENA	PUN	11-02-2006	71	92	163	6
76 kg	Jr. Women	7	S. RITHIKA	PON	15-09-2005	70	92	162	7
76 kg	Jr. Women	8	JYOTI YADAV	U.P.	31-12-2005	70	89	159	8
76 kg	Jr. Women	9	MONALI SAHOO	ORS	14-09-2003	65	94	159	9
76 kg	Jr. Women	10	NISHEL DELPHINA DSOUZA	KRN	15-03-2003	68	85	153	10
76 kg	Jr. Women	11	VYDHADI DEVI	PON	09-04-2004	69	83	152	11
76 kg	Jr. Women	12	MANVI	HRN	28-08-2002	69	83	152	12
76 kg	Jr. Women	13	DEVIKA	CHD	17-07-2006	67	81	148	13
76 kg	Jr. Women	14	M. RAMA DEVI	MNP	25-03-2005	65	80	145	14
76 kg	Jr. Women	15	P.DHATRI	A.P.	22-06-2003	80	--	--	
76 kg	Jr. Women	16	KANIKA	H.P.	11-09-2002	63	--	--	
76 kg	Jr. Women	17	AKAM KOUR	J.K.	01-05-2004	--	--	--	
81 kg	Jr. Women	1	TAMANA	HRN	10-05-2002	83	116	199	1
81 kg	Jr. Women	2	KALPANA YADAV	U.P.	10-07-2002	86	105	191	2
81 kg	Jr. Women	3	AMRITHA P.SUNI	KRL	16-01-2007	76	96	172	3
81 kg	Jr. Women	4	SHEETAL BHATI	HRN	17-12-2004	77	94	171	4
81 kg	Jr. Women	5	SWETALINA NAYAK	ORS	02-01-2002	74	95	169	5
87 kg	Jr. Women	1	SONAM YADAV	U.P.	11-11-2003	77	95	172	1
87 kg	Jr. Women	2	ABHISHIKTA KADULURI	ORS	26-04-2004	73	94	167	2
87 kg	Jr. Women	3	AAYUSHI UMESHBHAI GAJJAR	GUJ	18-08-2003	70	93	163	3
87 kg	Jr. Women	4	RASHMI	HRN	18-07-2002	75	87	162	4
87 kg	Jr. Women	5	PRIYANKA	DEL	17-07-2003	67	83	150	5
87 kg	Jr. Women	6	KRISHNAPRIYA B.	KRL	07-10-2003	59	82	141	6
+87 kg	Jr. Women	1	M. MARTINA DEVI	MNP	21-03-2006	85	115	200	1
+87 kg	Jr. Women	2	R.GAYATRI	A.P.	21-11-2003	72	98	170	2
+87 kg	Jr. Women	3	AAHANA KAPURIA	MHR	15-03-2005	74	89	163	3
+87 kg	Jr. Women	4	ICHHA PATEL	U.P.	08-09-2004	71	90	161	4
+87 kg	Jr. Women	5	MEGHA CHAND	UKD	13-09-2002	66	90	156	5
+87 kg	Jr. Women	6	SAKSHI KESHWARWANI	J.K.	25-07-2004	68	85	153	6
+87 kg	Jr. Women	7	A MOHANA PRIYA	TND	21-01-2003	66	85	151	7
+87 kg	Jr. Women	8	J PRIYADARSHINI	TND	02-08-2003	63	78	141	8
+87 kg	Jr. Women	9	DIVYA P.	KRL	11-07-2006	61	78	139	9
+87 kg	Jr. Women	10	GOWDA POOJA YASHODHAR	KRN	25-05-2003	57	78	135	10
+87 kg	Jr. Women	11	SEHAJ	PUN	08-12-2002	--	--	--	