



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



RESULT BOOK



YOUTH



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



YOUTH MEN'S MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
49 kg	TOTAL	1	192	Dhanush LOGANATHAN	19-11-2006	IND
		2	174	Kishore V	14-12-2007	IND
		3	150	Rashmitha R.W.M	05-05-2006	SRI
55 kg	TOTAL	1	229	N. Tomchou MEETEI	04-03-2006	IND
		2	228	Guru Naidu SANAPATHI	09-05-2006	IND
		3	183	Venura K.B.	04-03-2009	SRI
61 kg	TOTAL	1	230	Tinku GOLUM	12-05-2006	IND
		2				
		3				
67 kg	TOTAL	1	269	Bedabrat BHARALI	19-03-2007	IND
		2	262	TITUS IKA	30-07-2006	NRU
		3				
73 kg	TOTAL	1	250	Hrudananda DAS	09-06-2007	IND
		2	242	Nehemiah Kida William ELDER	14-03-2009	FIJ
		3	217	Ayrton RISBY	02-03-2006	AUS
81 kg	TOTAL	1	280	Lalruatfela	05-03-2006	IND
		2	241	Rylee BORG	05-06-2006	MLT
		3	240	Lachlan WATT	23-10-2006	AUS
89 kg	TOTAL	1	257	Benjamin LA CUNZA-WATSON	23-02-2006	AUS
		2	178	Kavsidu YASAN	17-06-2008	SRI
		3				
102 kg	TOTAL	1	269	Kapil SONOWAL	27-12-2006	IND
		2				
		3				
+102 kg	TOTAL	1	306	Paramvir SINGH	05-10-2006	IND
		2				
		3				



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



YOUTH WOMEN'S MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
40 kg	TOTAL	1	116	Jyoshna SABAR	25-10-2008	IND
		2	107	Sumona ROY	03-10-2008	BAN
		3	92	Thirumenan KOSIYA	22-12-2009	SRI
45 kg	TOTAL	1	136	Asmita DHONE	01-05-2007	IND
		2	134	Kim CAMILLERI LAGANA	01-01-2008	MLT
		3	111	Mashiyat Islam Mrithika	01-05-2006	BAN
49 kg	TOTAL	1	152	Koyel BAR	22-06-2008	IND
		2	119	Celine HUYNH	11-07-2007	AUS
		3				
55 kg	TOTAL	1	160	Mina SANTA	07-03-2007	IND
		2	159	Lorah MAELOSIA	21-11-2006	SOL
		3	152	Chloe PERKINS	15-02-2006	AUS
59 kg	TOTAL	1	172	Harika B	10-08-2007	IND
		2	154	Ashley KOLOMOISKY	11-07-2006	AUS
		3	151	Chloe SALIBA	17-10-2006	AUS
64 kg	TOTAL	1	155	HARSHIKA C	31-10-2007	IND
		2	151	Pritila Akter MILA	04-10-2006	BAN
		3				
71 kg	TOTAL	1	179	Taiamoni PAKOTI	14-11-2007	AUS
		2	153	Chelsi	25-03-2006	IND
		3				
76 kg	TOTAL	1	196	Sanjana	18-01-2007	IND
		2				
		3				
81 kg	TOTAL	1	177	KEERTHANA RP	20-01-2008	IND
		2				
		3				
+81 kg	TOTAL	1	214	Angel BILLEN	17-09-2007	CAN
		2	213	Maibam Martina DEVI	21-03-2006	IND
		3	184	Naza GRANT	30-04-2006	CAN



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



YOUTH SUMMARY TEAM CLASSIFICATION

No.	Team	MEN	WOMEN	SUMMARY
1	IND : INDIA	274/10	274/10	548/20
2	AUS : AUSTRALIA	74/3	144/6	218/9
3	SRI : SRI LANKA	71/3	23/2	94/5
4	BAN : BANGLADESH	0/0	91/4	91/4
5	CAN : CANADA	0/0	73/3	73/3
6	FIJ : FIJI	25/1	40/2	65/3
7	MLT : MALTA	25/1	25/1	50/2
8	NRU : NAURU	25/1	22/1	47/2
9	SOL : SOLOMON ISLANDS	0/0	25/1	25/1
10	RSA : SOUTH AFRICA	22/1	0/0	22/1



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



YOUTH MEN'S TEAM CLASSIFICATION

No.	Team	49 kg	55 kg	61 kg	67 kg	73 kg	81 kg	89 kg	102 kg	+102 kg	TOTAL
1	IND : INDIA	53/2	53/2	28/1	28/1	28/1	28/1	-	28/1	28/1	274/10
2	AUS : AUSTRALIA	-	-	-	-	23/1	23/1	28/1	-	-	74/3
3	SRI : SRI LANKA	23/1	23/1	-	-	-	-	25/1	-	-	71/3
4	NRU : NAURU	-	-	-	25/1	-	-	-	-	-	25/1
5	FIJ : FIJI	-	-	-	-	25/1	-	-	-	-	25/1
6	MLT : MALTA	-	-	-	-	-	25/1	-	-	-	25/1
7	RSA : SOUTH AFRICA	-	22/1	-	-	-	-	-	-	-	22/1



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



YOUTH WOMEN'S TEAM CLASSIFICATION

No.	Team	40 kg	45 kg	49 kg	55 kg	59 kg	64 kg	71 kg	76 kg	81 kg	+81 kg	TOTAL
1	IND : INDIA	28/1	28/1	28/1	28/1	28/1	28/1	25/1	28/1	28/1	25/1	274/10
2	AUS : AUSTRALIA	-	-	25/1	43/2	48/2	-	28/1	-	-	-	144/6
3	BAN : BANGLADESH	25/1	23/1	-	18/1	-	25/1	-	-	-	-	91/4
4	CAN : CANADA	-	-	-	-	22/1	-	-	-	-	51/2	73/3
5	FIJ : FIJI	-	-	-	40/2	-	-	-	-	-	-	40/2
6	MLT : MALTA	-	25/1	-	-	-	-	-	-	-	-	25/1
7	SOL : SOLOMON ISLANDS	-	-	-	25/1	-	-	-	-	-	-	25/1
8	SRI : SRI LANKA	23/1	-	-	-	0/1	-	-	-	-	-	23/2
9	NRU : NAURU	-	-	-	22/1	-	-	-	-	-	-	22/1



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



YOUTH SUMMARY MEDALS

No.	Team	1	2	3	4	5	6	7	8
1	IND : INDIA	16	4						
2	AUS : AUSTRALIA	2	2	4			1		
3	CAN : CANADA	1		1	1				
4	BAN : BANGLADESH		2	1					1
5	MLT : MALTA		2						
6	SRI : SRI LANKA		1	3					
7	NRU : NAURU		1		1				
8	FIJ : FIJI		1			1		1	
9	SOL : SOLOMON ISLANDS		1						
10	RSA : SOUTH AFRICA				1				



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



YOUTH MEN 's MEDALS

No.	Team	1	2	3	4
1	IND : INDIA	7	2		
2	AUS : AUSTRALIA	1		2	
3	SRI : SRI LANKA		1	2	
4	MLT : MALTA		1		
5	NRU : NAURU		1		
6	FIJ : FIJI		1		
7	RSA : SOUTH AFRICA				1



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



YOUTH WOMEN 's MEDALS

No.	Team	1	2	3	4	5	6	7	8
1	IND : INDIA	8	2						
2	AUS : AUSTRALIA	1	2	2			1		
3	CAN : CANADA	1		1	1				
4	BAN : BANGLADESH		2	1					1
5	MLT : MALTA		1						
6	SOL : SOLOMON ISLANDS		1						
7	SRI : SRI LANKA			1					
8	NRU : NAURU				1				
9	FIJ : FIJI					1		1	



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



RESULT YOUTH MEN 49 kg

Competition : 12.07.2023 12:30

Weigh in : 10:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	155	[A] Dhanush LOGANATHAN	200	IND	19-11-2006	48.850	80	84	87	87	1	100	105	110	105	1	192	1
2	12	[A] Kishore V	190	IND	14-12-2007	48.680	80	84	84	80	2	90	94	94	94	2	174	2
3	157	[A] Rashmitha R.W.M	145	SRI	05-05-2006	48.590	60	65	70	65	3	70	80	85	85	3	150	3

Jury

1. (A) SHAW DELLA [FIJ]
2. (B) DU PLOOY GARDENCIA [RSA]
3. (C) G.P. SHARMA [IND]

Referee

- Center - DU PLOOY KEVIN [RSA]
Left - SSSNKUNGN SALIM MUSOKE [UGA]
Right - SHYMALA SHETTY [IND]

Chief Marshal

1. RAJNEESH BHASKAR [IND]
2. YUDHVIR SINGH [IND]

Time Keeper

1. RAMESH CH. PADHY [IND]

Technical Controller

1. N.P.S CHAUHAN [IND]
2. NARAYAN SAHU [IND]

Secretary

1. SABINA YADAV [IND]
2. PRADEEP SHARMA [IND]
3. K. SURYANARYANA [IND]



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



RESULT YOUTH MEN 55 kg

Competition : 12.07.2023 17:30

Weigh in : 15:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	174	[A] N. Tomchou MEETEI	240	IND	04-03-2006	54.500	98	98	103	98	2	125	131	134	131	1	229	1
2	22	[A] Guru Naidu SANAPATHI	240	IND	09-05-2006	54.950	98	103	106	103	1	125	130	130	125	2	228	2
3	154	[A] Venura K.B.	175	SRI	04-03-2009	55.000	75	80	83	83	3	95	100	100	100	3	183	3
4	80	[A] Boy MEJE	150	RSA	09-06-2006	54.820	75	79	81	81	4	93	93	98	93	4	174	4

Jury

1. (A) SHAW DELLA [FIJ]
2. (B) DU PLOOY GARDENCIA [RSA]
3. (C) G.P. SHARMA [IND]

Referee

- Center - VENKATRAMAIAH [IND]
Left - FARUK AHMED [BAN]
Right - RAMNATH MOHIT [MAU]

Chief Marshal

1. PRASHANT BENDRE [IND]
2. GEETHA ANANDA [IND]

Time Keeper

1. RAMESH CH. PADHY [IND]

Technical Controller

1. N.P.S CHAUHAN [IND]
2. NARAYAN SAHU [IND]

Secretary

1. SABINA YADAV [IND]
2. PRADEEP SHARMA [IND]
3. K. SURYANARYANA [IND]



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



RESULT YOUTH MEN 61 kg

Competition : 13.07.2023 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	146	[A] Tinku GOLUM	235	IND	12-05-2006	60.710	95	100	104	100	1	125	130	138	130	1	230	1

Jury

1. (A) LIAW TOM [SGP]
2. (B) HANSA SHARMA [IND]
3. (C) RANDHIR SINGH [CAN]

Referee

- Center - SHYMALA SHETTY [IND]
Left - DU PLOOY KEVIN [RSA]
Right - SSSNKUNGN SALIM MUSOKE [UGA]

Chief Marshal

1. RAJNEESH BHASKAR [IND]
2. YUDHVIR SINGH [IND]

Time Keeper

1. NIRLEP SINGH [IND]

Technical Controller

1. SUNIL KUMAR [IND]
2. BHABAJYOTHI GOSWAMI [IND]

Secretary

1. RATNAKAR RAO RVLN [IND]
2. RAJESH KUMAR [IND]



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



RESULT YOUTH MEN 67 kg

Competition : 13.07.2023 15:00

Weigh in : 13:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	130	[A] Bedabrat BHARALI	270	IND	19-03-2007	66.930	116	121	125	121	1	143	148	152	148	2	269	1
2	94	[A] TITUS IKA	260	NRU	30-07-2006	66.520	105	108	110	110	2	140	145	152	152	1	262	2

Jury

1. (A) LIAW TOM [SGP]
2. (B) HANSA SHARMA [IND]
3. (C) RANDHIR SINGH [CAN]

Referee

- Center - RAMNATH MOHIT [MAU]
Left - VENKATRAMAIAH [IND]
Right - FARUK AHMED [BAN]

Chief Marshal

1. PRASHANT BENDRE [IND]
2. GEETHA ANANDA [IND]

Time Keeper

1. NIRLEP SINGH [IND]

Technical Controller

1. SUNIL KUMAR [IND]
2. BHABAJYOTHI GOSWAMI [IND]

Secretary

1. RATNAKAR RAO RVLN [IND]
2. RAJESH KUMAR [IND]



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



RESULT YOUTH MEN 73 kg

Competition : 14.07.2023 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	29	[A] Hrudananda DAS	250	IND	09-06-2007	73.000	102	106	110	110	2	135	135	140	140	1	250	1
2	117	[A] Nehemiah Kida William ELDER	220	FIJ	14-03-2009	70.870	100	105	110	110	1	125	130	132	132	2	242	2
3	95	[A] Ayrton RISBY	212	AUS	02-03-2006	72.320	88	92	96	92	3	115	120	125	125	3	217	3

Jury

1. (A) LIAW TOM [SGP]
2. (B) HANSA SHARMA [IND]
3. (C) RANDHIR SINGH [CAN]

Referee

- Center - CHEN TING CHUNG [SGP]
Left - SHANMUGAVEL [IND]
Right - SHAHRIYA SULTANA [BAN]

Chief Marshal

1. S.H. ANANDE GOWDA [IND]
2. HARBANS SINGH [IND]

Time Keeper

1. NIRLEP SINGH [IND]

Technical Controller

1. SUNIL KUMAR [IND]
2. BHABAJYOTHI GOSWAMI [IND]

Secretary

1. RATNAKAR RAO RVLN [IND]
2. RAJESH KUMAR [IND]



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



RESULT YOUTH MEN 81 kg

Competition : 14.07.2023 15:30

Weigh in : 13:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	88	[A] Lalruatfela	280	IND	05-03-2006	79.900	120	125	128	125	1	148	155	155	155	1	280	1
2	72	[A] Rylee BORG	250	MLT	05-06-2006	79.950	102	104	106	104	3	130	134	137	137	2	241	2
3	68	[A] Lachlan WATT	230	AUS	23-10-2006	78.990	100	105	110	110	2	125	130	133	130	3	240	3

Jury

1. (A) LIAW TOM [SGP]
2. (B) HANSA SHARMA [IND]
3. (C) RANDHIR SINGH [CAN]

Referee

- Center - DU PLOOY KEVIN [RSA]
Left - SSSNKUNGN SALIM MUSOKE [UGA]
Right - SHYMALA SHETTY [IND]

Chief Marshal

1. RAJNEESH BHASKAR [IND]
2. YUDHVIR SINGH [IND]

Time Keeper

1. NIRLEP SINGH [IND]

Technical Controller

1. SUNIL KUMAR [IND]
2. BHABAJYOTHI GOSWAMI [IND]

Secretary

1. RATNAKAR RAO RVLN [IND]
2. RAJESH KUMAR [IND]



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



RESULT YOUTH MEN 89 kg

Competition : 15.07.2023 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	73	[A] Benjamin LA CUNZA-WATSON	251	AUS	23-02-2006	85.310	110	115	121	115	1	130	137	142	142	1	257	1
2	50	[A] Kavsidu YASAN	170	SRI	17-06-2008	81.100	68	69	78	78	2	85	100	105	100	2	178	2

Jury

1. (A) LIAW TOM [SGP]
2. (B) HANSA SHARMA [IND]
3. (C) RANDHIR SINGH [CAN]

Referee

- Center - VENKATRAMAIAH [IND]
Left - FARUK AHMED [BAN]
Right - RAMNATH MOHIT [MAU]

Chief Marshal

1. PRASHANT BENDRE [IND]
2. GEETHA ANANDA [IND]

Time Keeper

1. NIRLEP SINGH [IND]

Technical Controller

1. SUNIL KUMAR [IND]
2. BHABAJYOTHI GOSWAMI [IND]

Secretary

1. RATNAKAR RAO RVLN [IND]
2. RAJESH KUMAR [IND]



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



RESULT YOUTH MEN 102 kg

Competition : 15.07.2023 17:30

Weigh in : 15:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	71	[A] Kapil SONOWAL	270	IND	27-12-2006	101.200	110	110	117	117	1	140	152	159	152	1	269	1

Jury

1. (A) SHAW DELLA [FIJ]
2. (B) DU PLOOY GARDENCIA [RSA]
3. (C) G.P. SHARMA [IND]

Referee

- Center - RAMNATH MOHIT [MAU]
Left - VENKATRAMAIAH [IND]
Right - FARUK AHMED [BAN]

Chief Marshal

1. PRASHANT BENDRE [IND]
2. GEETHA ANANDA [IND]

Time Keeper

1. RAMESH CH. PADHY [IND]

Technical Controller

1. N.P.S CHAUHAN [IND]
2. NARAYAN SAHU [IND]

Secretary

1. SABINA YADAV [IND]
2. PRADEEP SHARMA [IND]
3. K. SURYANARYANA [IND]



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



RESULT YOUTH MEN +102 kg

Competition : 16.07.2023 15:00

Weigh in : 13:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	27	[A] Paramvir SINGH	300	IND	05-10-2006	120.120	131	136	141	136	1	157	165	170	170	1	306	1

Jury

1. (A) LIAW TOM [SGP]
2. (B) HANSA SHARMA [IND]
3. (C) RANDHIR SINGH [CAN]

Referee

- Center - FARUK AHMED [BAN]
Left - RAMNATH MOHIT [MAU]
Right - VENKATRAMAIAH [IND]

Chief Marshal

1. PRASHANT BENDRE [IND]
2. GEETHA ANANDA [IND]

Time Keeper

1. NIRLEP SINGH [IND]

Technical Controller

1. SUNIL KUMAR [IND]
2. BHABAJYOTHI GOSWAMI [IND]

Secretary

1. RATNAKAR RAO RVLN [IND]
2. RAJESH KUMAR [IND]



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



RESULT YOUTH WOMEN 40 kg

Competition : 12.07.2023 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	179	[A] Jyoshna SABAR	115	IND	25-10-2008	39.600	46	50	52	52	1	58	61	64	64	1	116	1
2	114	[A] Sumona ROY	115	BAN	03-10-2008	39.760	45	48	51	48	2	55	59	62	59	2	107	2
3	2	[A] Thirumenan KOSIYA	85	SRI	22-12-2009	39.400	35	40	45	40	3	45	50	52	52	3	92	3

Jury

1. (A) LIAW TOM [SGP]
2. (B) HANSA SHARMA [IND]
3. (C) RANDHIR SINGH [CAN]

Referee

- Center - FARUK AHMED [BAN]
Left - RAMNATH MOHIT [MAU]
Right - VENKATRAMAIAH [IND]

Chief Marshal

1. PRASHANT BENDRE [IND]
2. GEETHA ANANDA [IND]

Time Keeper

1. NIRLEP SINGH [IND]

Technical Controller

1. SUNIL KUMAR [IND]
2. BHABAJYOTHI GOSWAMI [IND]

Secretary

1. RATNAKAR RAO RVLN [IND]
2. RAJESH KUMAR [IND]



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



RESULT YOUTH WOMEN 45 kg

Competition : 12.07.2023 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	47	[A] Asmita DHONE	145	IND	01-05-2007	45.000	57	60	60	60	1	70	73	76	76	2	136	1
2	103	[A] Kim CAMILLERI LAGANA	130	MLT	01-01-2008	44.750	54	56	58	58	2	69	73	76	76	1	134	2
3	153	[A] Mashiyat Islam Mrithika	120	BAN	01-05-2006	44.850	45	48	50	50	3	55	58	61	61	3	111	3

Jury

1. (A) LIAW TOM [SGP]
2. (B) HANSA SHARMA [IND]
3. (C) RANDHIR SINGH [CAN]

Referee

- Center - FARUK AHMED [BAN]
Left - RAMNATH MOHIT [MAU]
Right - VENKATRAMAIAH [IND]

Chief Marshal

1. PRASHANT BENDRE [IND]
2. GEETHA ANANDA [IND]

Time Keeper

1. NIRLEP SINGH [IND]

Technical Controller

1. SUNIL KUMAR [IND]
2. BHABAJYOTHI GOSWAMI [IND]

Secretary

1. RATNAKAR RAO RVLN [IND]
2. RAJESH KUMAR [IND]



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



RESULT YOUTH WOMEN 49 kg

Competition : 12.07.2023 12:30

Weigh in : 10:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	90	[A] Koyel BAR	155	IND	22-06-2008	48.320	60	64	67	67	1	78	82	85	85	1	152	1
2	4	[A] Celine HUYNH	125	AUS	11-07-2007	48.710	53	57	57	53	2	62	66	70	66	2	119	2

Jury

1. (A) SHAW DELLA [FIJ]
2. (B) DU PLOOY GARDENCIA [RSA]
3. (C) G.P. SHARMA [IND]

Referee

- Center - DU PLOOY KEVIN [RSA]
Left - SSSNKUNGN SALIM MUSOKE [UGA]
Right - SHYMALA SHETTY [IND]

Chief Marshal

1. RAJNEESH BHASKAR [IND]
2. YUDHVIR SINGH [IND]

Time Keeper

1. RAMESH CH. PADHY [IND]

Technical Controller

1. N.P.S CHAUHAN [IND]
2. NARAYAN SAHU [IND]

Secretary

1. SABINA YADAV [IND]
2. PRADEEP SHARMA [IND]
3. K. SURYANARYANA [IND]



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



RESULT YOUTH WOMEN 55 kg

Competition : 12.07.2023 17:30

Weigh in : 15:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	158	[A] Mina SANTA	155	IND	07-03-2007	54.580	67	70	73	73	2	83	87	91	87	1	160	1
2	177	[A] Lorah MAELOSIA	148	SOL	21-11-2006	54.440	65	70	75	75	1	78	84	89	84	4	159	2
3	164	[A] Chloe PERKINS	150	AUS	15-02-2006	52.920	63	66	69	66	4	80	83	86	86	2	152	3
4	151	[A] MY-ONLY STEPHEN	160	NRU	22-05-2006	54.690	66	70	70	66	3	85	88	90	85	3	151	4
5	184	[A] Margaret Vira ATECA	145	FIJ	26-03-2007	53.910	60	64	67	64	6	80	84	87	84	5	148	5
6	10	[A] Natalya GHETTO	141	AUS	16-09-2006	54.330	60	64	66	64	5	71	71	75	71	7	135	6
7	21	[A] Elizabeth Vinaina Darlene Josephine CHUTE	125	FIJ	29-03-2007	53.380	47	53	58	58	7	70	74	77	77	6	135	7
8	37	[A] Shammi Sultana	120	BAN	02-03-2010	54.540	48	52	52	48	8	60	65	68	68	8	116	8

Jury

1. (A) SHAW DELLA [FIJ]
2. (B) DU PLOOY GARDENCIA [RSA]
3. (C) G.P. SHARMA [IND]

Referee

- Center - VENKATRAMAIAH [IND]
Left - FARUK AHMED [BAN]
Right - RAMNATH MOHIT [MAU]

Chief Marshal

1. PRASHANT BENDRE [IND]
2. GEETHA ANANDA [IND]

Time Keeper

1. RAMESH CH. PADHY [IND]

Technical Controller

1. N.P.S CHAUHAN [IND]
2. NARAYAN SAHU [IND]

Secretary

1. SABINA YADAV [IND]
2. PRADEEP SHARMA [IND]
3. K. SURYANARYANA [IND]



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



RESULT YOUTH WOMEN 59 kg

Competition : 13.07.2023 12:30

Weigh in : 10:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	25	[A] Harika B	164	IND	10-08-2007	58.450	69	73	76	76	1	89	93	96	96	1	172	1
2	148	[A] Ashley KOLOMOISKY	146	AUS	11-07-2006	58.090	61	65	67	67	3	80	84	87	87	2	154	2
3	77	[A] Chloe SALIBA	152	AUS	17-10-2006	57.470	60	64	67	67	2	84	87	88	84	3	151	3
4	161	[A] Makenna SMITH	142	CAN	01-09-2006	59.000	60	60	64	60	4	73	75	80	75	4	135	4
	83	[A] Laksarani R.L.S.R.	135	SRI	14-06-2006	55.090	59	60	60	--		--	--	--	--		--	

Jury

1. (A) SHAW DELLA [FIJ]
2. (B) DU PLOOY GARDENCIA [RSA]
3. (C) G.P. SHARMA [IND]

Referee

- Center - SHANMUGAVEL [IND]
Left - SHAHRIYA SULTANA [BAN]
Right - CHEN TING CHUNG [SGP]

Chief Marshal

1. S.H. ANANDE GOWDA [IND]
2. HARBANS SINGH [IND]

Time Keeper

1. RAMESH CH. PADHY [IND]

Technical Controller

1. N.P.S CHAUHAN [IND]
2. NARAYAN SAHU [IND]

Secretary

1. SABINA YADAV [IND]
2. PRADEEP SHARMA [IND]
3. K. SURYANARYANA [IND]



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



RESULT YOUTH WOMEN 64 kg

Competition : 13.07.2023 17:30

Weigh in : 15:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	133	[A] HARSHIKA C	152	IND	31-10-2007	59.870	63	66	68	68	2	81	84	87	87	1	155	1
2	113	[A] Pritila Akter MILA	160	BAN	04-10-2006	63.710	65	68	70	70	1	81	84	85	81	2	151	2

Jury

1. (A) SHAW DELLA [FIJ]
2. (B) DU PLOOY GARDENCIA [RSA]
3. (C) G.P. SHARMA [IND]

Referee

Center - SSNKUNGN SALIM
MUSOKE [UGA]
Left - SHYMALA SHETTY [IND]
Right - DU PLOOY KEVIN [RSA]

Chief Marshal

1. RAJNEESH BHASKAR [IND]
2. YUDHVIR SINGH [IND]

Time Keeper

1. RAMESH CH. PADHY [IND]

Technical Controller

1. N.P.S CHAUHAN [IND]
2. NARAYAN SAHU [IND]

Secretary

1. SABINA YADAV [IND]
2. PRADEEP SHARMA [IND]
3. K. SURYANARYANA [IND]



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



RESULT YOUTH WOMEN 71 kg

Competition : 14.07.2023 12:30

Weigh in : 10:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	44	[A] Taiamoni PAKOTI	171	AUS	14-11-2007	66.730	70	75	78	78	1	93	98	101	101	1	179	1
2	75	[A] Chelsi	163	IND	25-03-2006	70.000	63	66	69	69	2	84	89	89	84	2	153	2

Jury

1. (A) SHAW DELLA [FIJ]
2. (B) DU PLOOY GARDENCIA [RSA]
3. (C) G.P. SHARMA [IND]

Referee

- Center - FARUK AHMED [BAN]
Left - RAMNATH MOHIT [MAU]
Right - VENKATRAMAIAH [IND]

Chief Marshal

1. PRASHANT BENDRE [IND]
2. GEETHA ANANDA [IND]

Time Keeper

1. RAMESH CH. PADHY [IND]

Technical Controller

1. N.P.S CHAUHAN [IND]
2. NARAYAN SAHU [IND]

Secretary

1. SABINA YADAV [IND]
2. PRADEEP SHARMA [IND]
3. K. SURYANARYANA [IND]



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



RESULT YOUTH WOMEN 76 kg

Competition : 14.07.2023 17:30

Weigh in : 15:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	136	[A] Sanjana	200	IND	18-01-2007	75.180	81	85	88	88	1	108	108	115	108	1	196	1

Jury

1. (A) SHAW DELLA [FIJ]
2. (B) DU PLOOY GARDENCIA [RSA]
3. (C) G.P. SHARMA [IND]

Referee

- Center - SHAHRIYA SULTANA [BAN]
Left - CHEN TING CHUNG [SGP]
Right - SHANMUGAVEL [IND]

Chief Marshal

1. S.H. ANANDE GOWDA [IND]
2. HARBANS SINGH [IND]

Time Keeper

1. RAMESH CH. PADHY [IND]

Technical Controller

1. N.P.S CHAUHAN [IND]
2. NARAYAN SAHU [IND]

Secretary

1. SABINA YADAV [IND]
2. PRADEEP SHARMA [IND]
3. K. SURYANARYANA [IND]



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



RESULT YOUTH WOMEN 81 kg

Competition : 14.07.2023 15:30

Weigh in : 13:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	176	[A] KEERTHANA RP	175	IND	20-01-2008	79.400	72	77	81	77	1	90	95	100	100	1	177	1

Jury

1. (A) LIAW TOM [SGP]
2. (B) HANSA SHARMA [IND]
3. (C) RANDHIR SINGH [CAN]

Referee

- Center - DU PLOOY KEVIN [RSA]
Left - SSSNKUNGN SALIM MUSOKE [UGA]
Right - SHYMALA SHETTY [IND]

Chief Marshal

1. RAJNEESH BHASKAR [IND]
2. YUDHVIR SINGH [IND]

Time Keeper

1. NIRLEP SINGH [IND]

Technical Controller

1. SUNIL KUMAR [IND]
2. BHABAJYOTHI GOSWAMI [IND]

Secretary

1. RATNAKAR RAO RVLN [IND]
2. RAJESH KUMAR [IND]



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



RESULT YOUTH WOMEN +81 kg

Competition : 16.07.2023 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	23	[A] Angel BILLEN	209	CAN	17-09-2007	108.090	88	88	91	91	2	110	118	123	123	1	214	1
2	35	[A] Maibam Martina DEVI	210	IND	21-03-2006	112.470	88	92	95	95	1	114	114	118	118	2	213	2
3	172	[A] Naza GRANT	180	CAN	30-04-2006	85.440	77	81	83	83	3	97	101	105	101	3	184	3

Jury

1. (A) SHAW DELLA [FIJ]
2. (B) DU PLOOY GARDENCIA [RSA]
3. (C) G.P. SHARMA [IND]

Referee

- Center - CHEN TING CHUNG [SGP]
Left - SHANMUGAVEL [IND]
Right - SHAHRIYA SULTANA [BAN]

Chief Marshal

1. S.H. ANANDE GOWDA [IND]
2. HARBANS SINGH [IND]

Time Keeper

1. RAMESH CH. PADHY [IND]

Technical Controller

1. N.P.S CHAUHAN [IND]
2. NARAYAN SAHU [IND]

Secretary

1. SABINA YADAV [IND]
2. PRADEEP SHARMA [IND]
3. K. SURYANARYANA [IND]



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



GROUP OF JURIES AND REFEREES

JURY Member Group 1 :

- (A) LIAW TOM [SGP] *President of Jury
- (B) HANSA SHARMA [IND]
- (C) RANDHIR SINGH [CAN]

JURY Member Group 2 :

- (A) SHAW DELLA [FIJ] *President of Jury
- (B) DU PLOOY GARDENCIA [RSA]
- (C) G.P. SHARMA [IND]

REFEREE Member Group 1 :

- FARUK AHMED [BAN]
- RAMNATH MOHIT [MAU]
- VENKATRAMAIAH [IND]

REFEREE Member Group 2 :

- DU PLOOY KEVIN [RSA]
- SSNKUNGN SALIM MUSOKE [UGA]
- SHYMALA SHETTY [IND]

REFEREE Member Group 3 :

- CHENG CHUN TING [SGP]
- SHANMUGAVEL [IND]
- SHAHRIYA SULTANA [BAN]



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



GROUP OF OTHER COMPETITION OFFICIALS

CHIEF MARSHAL Member Group 1 :

PRASHANT BENDRE [IND]

GEETHA ANANDA [IND]

CHIEF MARSHAL Member Group 2 :

RAJNEESH BHASKAR [IND]

YUDHVIR SINGH [IND]

CHIEF MARSHAL Member Group 3 :

S.H. ANANDE GOWDA [IND]

HARBANS SINGH [IND]

TIMEKEEPER Member Group 1 :

NIRLEP SINGH [IND]

TIMEKEEPER Member Group 2 :

RAMESH CH. PADHY [IND]

TECHNICAL CONTROLLER Member Group 1 :

SUNIL KUMAR [IND]

BHABAJYOTHI GOSWAMI [IND]

TECHNICAL CONTROLLER Member Group 2 :

N.P.S CHAUHAN [IND]

NARAYAN SAHU [IND]

SECRETARY Member Group 1 :

RATNAKAR RAO RVLN [IND]

RAJESH KUMAR [IND]

SECRETARY Member Group 2 :

SABINA YADAV [IND]

PRADEEP SHARMA [IND]

K. SURYANARYANA [IND]



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



MEN 's ROBI TOTAL POINT

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
1	N. Tomchou MEETEI	04-03-2006	IND	54.500	229	690.564
2	Guru Naidu SANAPATHI	09-05-2006	IND	54.950	228	680.597
3	Bedabrat BHARALI	19-03-2007	IND	66.930	269	651.740
4	Dhanush LOGANATHAN	19-11-2006	IND	48.850	192	626.700
5	TITUS IKA	30-07-2006	NRU	66.520	262	597.084
6	Tinku GOLUM	12-05-2006	IND	60.710	230	545.715
7	Hrudananda DAS	09-06-2007	IND	73.000	250	494.676
8	Kishore V	14-12-2007	IND	48.680	174	451.899
9	Nehemiah Kida William ELDER	14-03-2009	FIJ	70.870	242	444.018
10	Paramvir SINGH	05-10-2006	IND	120.120	306	424.650
11	Lalruatfela	05-03-2006	IND	79.900	280	382.286
12	Benjamin LA CUNZA-WATSON	23-02-2006	AUS	85.310	257	335.617
13	Venura K.B.	04-03-2009	SRI	55.000	183	327.869
14	Ayrton RISBY	02-03-2006	AUS	72.320	217	309.092
15	Kapil SONOWAL	27-12-2006	IND	101.200	269	301.304
16	Boy MEJE	09-06-2006	RSA	54.820	174	277.296
17	Rashmitha R.W.M	05-05-2006	SRI	48.590	150	276.004
18	Rylee BORG	05-06-2006	MLT	79.950	241	232.271
19	Lachlan WATT	23-10-2006	AUS	78.990	240	229.085
20	Kavsidu YASAN	17-06-2008	SRI	81.100	178	99.073



COMMONWEALTH SR. JR. AND YOUTH WEIGHTLIFTING CHAMPIONSHIPS-2023

GAUTAM BUDDHA UNIVERSITY GREATER NOIDA U.P. - INDIA

12/07/2023 to 16/07/2023



WOMEN 's ROBI TOTAL POINT

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
1	Jyoshna SABAR	25-10-2008	IND	39.600	116	604.179
2	Sanjana	18-01-2007	IND	75.180	196	596.357
3	Angel BILLEN	17-09-2007	CAN	108.090	214	558.616
4	Maibam Martina DEVI	21-03-2006	IND	112.470	213	549.992
5	Mina SANTA	07-03-2007	IND	54.580	160	492.687
6	Lorah MAELOSIA	21-11-2006	SOL	54.440	159	482.532
7	Koyel BAR	22-06-2008	IND	48.320	152	476.510
8	Sumona ROY	03-10-2008	BAN	39.760	107	462.010
9	Asmita DHONE	01-05-2007	IND	45.000	136	458.351
10	Kim CAMILLERI LAGANA	01-01-2008	MLT	44.750	134	436.339
11	Taiamoni PAKOTI	14-11-2007	AUS	66.730	179	434.836
12	Chloe PERKINS	15-02-2006	AUS	52.920	152	415.500
13	KEERTHANA RP	20-01-2008	IND	79.400	177	412.911
14	MY-ONLY STEPHEN	22-05-2006	NRU	54.690	151	406.488
15	Harika B	10-08-2007	IND	58.450	172	392.080
16	Margaret Vira ATECA	26-03-2007	FIJ	53.910	148	380.274
17	Naza GRANT	30-04-2006	CAN	85.440	184	338.227
18	Natalya GHETTO	16-09-2006	AUS	54.330	135	280.194
19	Elizabeth Vinaina Darlene Josephine CHUTE	29-03-2007	FIJ	53.380	135	280.194
20	Thirumenan KOSIYA	22-12-2009	SRI	39.400	92	279.735
21	Ashley KOLOMOISKY	11-07-2006	AUS	58.090	154	271.579
22	HARSHIKA C	31-10-2007	IND	59.870	155	258.189
23	Chelsi	25-03-2006	IND	70.000	153	258.165
24	Chloe SALIBA	17-10-2006	AUS	57.470	151	254.399
25	Pritila Akter MILA	04-10-2006	BAN	63.710	151	236.711
26	Mashiyat Islam Mrithika	01-05-2006	BAN	44.850	111	233.427
27	Celine HUYNH	11-07-2007	AUS	48.710	119	211.330
28	Makenna SMITH	01-09-2006	CAN	59.000	135	175.358
29	Shammi Sultana	02-03-2010	BAN	54.540	116	169.287
30	Laksarani R.L.S.R.	14-06-2006	SRI	55.090	--	