



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING
CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT BOOK



YOUTH



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



YOUTH MEN's MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
49 kg	TOTAL	1	184	L. Dhanush	19.11.2006	TND
		2	183	Vaibhav Swami	01.08.2007	U.P.
		3	181	Vijay Prajapati	13.12.2005	M.P.
55 kg	TOTAL	1	227	S. Guru Naidu	06.09.2006	A.P
		2	210	S. Muthumanian	03.06.2004	TND
		3	201	Ujwal Mahajan	02.01.2004	MHR
61 kg	TOTAL	1	257	T. Madhavan	03.12.2004	TND
		2	243	Shankar Lapung	22.09.2004	ARN
		3	234	Golom Tinku	12.05.2006	ARN
67 kg	TOTAL	1	254	S. Logeshwaran	17.05.2004	TND
		2	251	MH. Silvan Beihrothalo	21.08.2004	MIZ
		3	248	Bengia Tani	26.02.2004	ARN
73 kg	TOTAL	1	265	Kuldeep Sahu	15.01.2004	ORS
		2	263	B. Venkata Krishna	17.12.2006	A.P
		3	252	Shiva Chaudhary	02.02.2004	DEL
81 kg	TOTAL	1	295	Valluri Ajay Babu	25.11.2004	M.P.
		2	280	G. Ravi Sankar	11.10.2004	A.P
		3	276	D. Ganesh	13.06.2004	TEL
89 kg	TOTAL	1	275	Suditya Baruah	16.12.2004	ASM
		2	273	Sk. Lal Basheer	17.05.2004	A.P
		3	272	Vedant Choudhary	07.02.2005	U.P.
96 kg	TOTAL	1	283	Dilbag Singh	13.10.2004	PUN
		2	266	N. Narasimha Naik	08.06.2005	A.P
		3	265	Ayush Bhardwaj	14.09.2004	DEL
102 kg	TOTAL	1	276	Bhola Singh	05.05.2004	BHR
		2	257	Netranjan Patil	03.06.2004	MHR
		3	254	Parshant Kumar kailley	26.06.2004	PUN
+102 kg	TOTAL	1	271	Paramvir Singh	05.10.2006	CHD
		2	263	Keshav Bissa	17.12.2005	RAJ
		3	261	Navjot Singh Lal	28.10.2004	C.G.



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	LIFT	RANK	RESULT	NAME	BORN	TEAM
40 kg	TOTAL	1	127	Akanksha Vyavahare	19.06.2007	MHR
		2	116	A. Poshika	24.09.2006	TND
		3	113	Mansi Chamunda	04.01.2007	U.P.
45 kg	TOTAL	1	147	Anjali Patel	10.08.2004	U.P.
		2	134	Asmita Dhone	01.05.2007	MHR
		3	129	R. Bhavani	20.03.2008	A.P
49 kg	TOTAL	1	155	V. Madhumitha	13.09.2004	PON
		2	152	Nilam Patel	17.12.2004	U.P.
		3	150	V. Rithika	25.07.2004	TND
55 kg	TOTAL	1	171	Boni Mangkhya	04.06.2004	ARN
		2	170	Bhumika Mohite	20.09.2006	MHR
		3	168	Nikita Kamalakar	10.12.2005	MHR
59 kg	TOTAL	1	173	T.M. Keerthana	21.10.2004	TND
		2	172	Sonam Singh	18.12.2004	U.P.
		3	163	Ankita	10.04.2006	RAJ
64 kg	TOTAL	1	165	C. Harshika	31.10.2007	PON
		2	154	Sushma Devi	08.07.2005	U.P.
		3	148	Archita Sidhant Shirodkar	10.02.2005	GOA
71 kg	TOTAL	1	166	Sanjana	18.01.2007	HRN
		2	150	S. Rithika	15.09.2005	PON
		3	149	R. Harini	02.06.2006	PON
76 kg	TOTAL	1	149	Shital	17.12.2004	HRN
		2	148	Vydhadi Devi	09.04.2004	PON
		3	139	Jyoti Yadav	31.12.2005	U.P.
81 kg	TOTAL	1	185	Ch. Srilakshmi	19.10.2004	A.P
		2	166	Amritha P. Suni	16-01-2007	KRL
		3	164	Y. Chaitna Kumari	12.08.2006	A.P
+81 kg	TOTAL	1	172	M. Martina Devi	21.03.2006	MNP
		2	161	Aditi	06.05.2007	U.P.
		3	155	K. Oviya	02.11.2007	TND



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YOUTH SUMMARY TEAM CLASSIFICATION

No.	Team	MEN	WOMEN	SUMMARY
1	A.P : A.P	225/10	214/10	439/20
2	TND : TND	212/10	176/8	388/18
3	MHR : MHR	205/10	179/9	384/19
4	U.P. : U.P.	132/9	229/10	361/19
5	ARN : ARN	179/11	126/7	305/18
6	ORS : ORS	140/8	145/10	285/18
7	HRN : HRN	93/7	165/9	258/16
8	ASM : ASM	107/6	104/5	211/11
9	M.P. : M.P.	184/10	6/3	190/13
10	DEL : DEL	166/9	11/1	177/10
11	KRL : KRL	55/4	115/7	170/11
12	BHR : BHR	134/10	31/2	165/12
13	PON : PON	10/2	133/8	143/10
14	MNP : MNP	27/3	111/6	138/9
15	JKD : JKD	50/5	84/7	134/12
16	RAJ : RAJ	73/8	57/5	130/13
17	PUN : PUN	108/8	21/2	129/10
18	TEL : TEL	49/3	58/4	107/7
19	MIZ : MIZ	78/4	15/2	93/6
20	W.B. : W.B.	17/1	71/4	88/5
21	GOA : GOA	64/4	23/1	87/5
22	C.G. : C.G.	50/3	35/2	85/5
23	GUJ : GUJ	17/1	38/3	55/4
24	IWLF : IWLF	16/1	31/2	47/3
25	TR.I : TR.I	0/0	47/3	47/3
26	CHD : CHD	40/2	0/0	40/2
27	H.P. : H.P.	40/4	0/0	40/4
28	UKD : UKD	18/3	0/0	18/3
29	KRN : KRN	0/0	13/2	13/2
30	J.K. : J.K.	0/1	0/0	0/1



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YOUTH MEN'S TEAM CLASSIFICATION

No.	Team	49 kg	55 kg	61 kg	67 kg	73 kg	81 kg	89 kg	96 kg	102 kg	+102 kg	TOTAL
1	A.P. : A.P	22/1	28/1	17/1	-	25/1	43/2	46/2	25/1	19/1	-	225/10
2	TND : TND	28/1	45/2	49/2	28/1	15/1	17/1	30/2	-	-	-	212/10
3	MHR : MHR	20/1	23/1	40/2	21/1	-	16/1	22/1	18/1	45/2	-	205/10
4	M.P. : M.P.	44/2	21/1	13/1	0/1	20/1	28/1	16/1	42/2	-	-	184/10
5	ARN : ARN	37/2	22/2	48/2	41/2	17/2	14/1	-	-	-	-	179/11
6	DEL : DEL	-	-	29/2	20/1	23/1	-	28/2	23/1	21/1	22/1	166/9
7	ORS : ORS	-	30/2	31/2	19/1	41/2	-	-	-	-	19/1	140/8
8	BHR : BHR	-	11/2	20/1	0/2	21/1	-	17/1	17/1	28/1	20/1	134/10
9	U.P. : U.P.	25/1	12/1	0/1	0/1	18/1	19/1	23/1	14/1	-	21/1	132/9
10	PUN : PUN	-	9/1	-	15/1	0/1	20/1	13/1	28/2	23/1	-	108/8
11	ASM : ASM	-	-	-	22/2	41/2	-	28/1	16/1	-	-	107/6
12	HRN : HRN	-	0/1	-	14/1	16/1	21/2	20/1	-	22/1	-	93/7
13	MIZ : MIZ	15/1	-	16/1	25/1	-	22/1	-	-	-	-	78/4
14	RAJ : RAJ	-	13/2	-	-	-	0/1	11/1	24/2	-	25/2	73/8
15	GOA : GOA	-	19/1	-	16/1	-	15/1	14/1	-	-	-	64/4
16	KRL : KRL	-	8/1	-	-	14/1	-	15/1	-	-	18/1	55/4
17	C.G. : C.G.	17/1	-	-	-	-	-	10/1	-	-	23/1	50/3
18	JKD : JKD	-	25/2	0/1	-	-	25/2	-	-	-	-	50/5
19	TEL : TEL	-	-	11/1	-	-	23/1	-	15/1	-	-	49/3
20	CHD : CHD	-	-	-	-	-	-	-	12/1	-	28/1	40/2
21	H.P. : H.P.	-	0/1	-	0/1	-	-	-	40/2	-	-	40/4
22	MNP : MNP	-	17/2	-	-	-	-	-	10/1	-	-	27/3
23	UKD : UKD	-	18/1	0/1	-	0/1	-	-	-	-	-	18/3
24	W.B. : W.B.	-	-	-	17/1	-	-	-	-	-	-	17/1
25	GUJ : GUJ	-	-	-	-	-	-	-	-	-	17/1	17/1
26	IWLF : IWLF	16/1	-	-	-	-	-	-	-	-	-	16/1
27	PON : PON	-	-	10/2	-	-	-	-	-	-	-	10/2
28	J.K. : J.K.	-	0/1	-	-	-	-	-	-	-	-	0/1



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YOUTH WOMEN'S TEAM CLASSIFICATION

No.	Team	40 kg	45 kg	49 kg	55 kg	59 kg	64 kg	71 kg	76 kg	81 kg	+81 kg	TOTAL
1	U.P. : U.P.	23/1	28/1	25/1	-	25/1	43/2	20/1	23/1	17/1	25/1	229/10
2	A.P. : A.P	18/1	23/1	-	19/1	40/2	-	21/1	21/1	51/2	21/1	214/10
3	MHR : MHR	28/1	47/2	-	48/2	16/1	-	0/1	-	40/2	-	179/9
4	TND : TND	25/1	-	23/1	16/1	28/1	20/1	19/1	22/1	-	23/1	176/8
5	HRN : HRN	-	13/1	20/1	14/1	21/1	19/1	28/1	28/2	22/1	-	165/9
6	ORS : ORS	33/2	19/2	21/2	20/1	-	14/1	-	-	38/2	-	145/10
7	PON : PON	-	-	28/1	-	0/2	32/2	48/2	25/1	-	-	133/8
8	ARN : ARN	36/2	20/1	-	50/2	20/1	0/1	-	-	-	-	126/7
9	KRL : KRL	-	27/2	-	-	-	10/1	31/2	-	25/1	22/1	115/7
10	MNP : MNP	-	-	-	21/1	19/1	28/2	15/1	-	-	28/1	111/6
11	ASM : ASM	42/2	-	19/1	-	-	43/2	-	-	-	-	104/5
12	JKD : JKD	17/1	12/1	-	12/2	13/1	12/1	18/1	-	-	-	84/7
13	W.B. : W.B.	-	15/1	22/1	18/1	-	-	-	-	16/1	-	71/4
14	TEL : TEL	-	-	-	-	17/1	26/2	-	-	15/1	-	58/4
15	RAJ : RAJ	-	18/1	-	0/1	23/1	16/1	0/1	-	-	-	57/5
16	TR.I : TR.I	16/1	31/2	-	-	-	-	-	-	-	-	47/3
17	GUJ : GUJ	-	-	-	-	15/1	7/1	16/1	-	-	-	38/3
18	C.G. : C.G.	13/1	-	-	-	-	-	22/1	-	-	-	35/2
19	BHR : BHR	-	-	-	17/1	14/1	-	-	-	-	-	31/2
20	IWLF : IWLF	-	-	18/1	13/1	-	-	-	-	-	-	31/2
21	GOA : GOA	-	-	-	-	-	23/1	-	-	-	-	23/1
22	PUN : PUN	-	21/1	-	-	-	0/1	-	-	-	-	21/2
23	MIZ : MIZ	-	-	0/1	15/1	-	-	-	-	-	-	15/2
24	KRN : KRN	-	-	-	-	-	13/2	-	-	-	-	13/2
25	DEL : DEL	-	-	-	-	-	11/1	-	-	-	-	11/1
26	M.P. : M.P.	-	-	-	-	-	6/1	0/1	-	0/1	-	6/3



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YOUTH SUMMARY MEDALS

No.	Team	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
1	TND : TND	4	2	2	1	1	2	1	1	1	1	1			1								
2	A.P. : A.P	2	4	2	2	4		2	3	1													
3	PON : PON	2	2	1													1						1
4	HRN : HRN	2			2	2	2	1			1		2	1									
5	U.P. : U.P.	1	5	3		1	1	1	2	1			1		1								
6	MHR : MHR	1	3	2	3	2	2	1	2		2												
7	ARN : ARN	1	1	2	2	1	2	1	2	1		1	1										
8	M.P. : M.P.	1		1	1	2	2				1			1							1		
9	PUN : PUN	1		1		1	1					1		1					1				
10	ASM : ASM	1			4	1	1	2			1												
11	ORS : ORS	1				1	2	5	1		1		3	1	1								
12	BHR : BHR	1				1	2			3			1			1							
13	MNP : MNP	1				1		1		1		2		1			1						
14	CHD : CHD	1													1								
15	RAJ : RAJ		1	1					1		1			2		2							
16	KRL : KRL		1		1				1	1	1	1	2			1	1		1				
17	MIZ : MIZ		1		1						1	2											
18	DEL : DEL			2	1	1	1	1				1	1			1		1					
19	C.G. : C.G.			1	1					1				1			1						
20	GOA : GOA			1				1			1	1	1										
21	TEL : TEL			1						2		2				1		1					
22	W.B. : W.B.				1				1	1	1	1											
23	H.P. : H.P.					1		1															
24	JKD : JKD								1	1		1		2	4		1						
25	IWLF : IWLF								1		1			1									
26	UKD : UKD								1														
27	GUJ : GUJ									1	1	1									1		
28	TR.I : TR.I									1	1		1										
29	KRN : KRN																			1			1
30	J.K. : J.K.																						



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No.	Team	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
1	TND : TND	3	1			1	1		1	1		1			1				
2	A.P : A.P	1	4		1	1		1	1	1									
3	M.P. : M.P.	1		1	1	2	2				1			1					
4	PUN : PUN	1		1			1					1		1				1	
5	ASM : ASM	1			2			1			1								
6	BHR : BHR	1				1	2			2						1			
7	ORS : ORS	1						3			1		1	1	1				
8	CHD : CHD	1													1				
9	ARN : ARN		1	2	1			1	2	1			1						
10	MHR : MHR		1	1	2	1	2		2		1								
11	U.P. : U.P.		1	1		1		1	1				1		1				
12	MIZ : MIZ		1		1						1	1							
13	RAJ : RAJ		1											2		2			
14	DEL : DEL			2	1	1	1	1				1	1					1	
15	C.G. : C.G.			1						1							1		
16	TEL : TEL			1								1				1			
17	HRN : HRN				1	1	1				1		1						
18	H.P. : H.P.					1		1											
19	GOA : GOA							1			1	1	1						
20	KRL : KRL								1			1	1						1
21	UKD : UKD								1										
22	MNP : MNP									1							1		
23	GUJ : GUJ									1									
24	W.B. : W.B.									1									
25	IWLF : IWLF										1								
26	JKD : JKD											1		1	1		1		
27	PON : PON																1		
28	J.K. : J.K.																		



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YOUTH WOMEN 's MEDALS

No.	Team	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	
1	PON : PON	2	2	1																			1	
2	HRN : HRN	2			1	1	1	1					1	1										
3	U.P. : U.P.	1	4	2			1		1	1														
4	MHR : MHR	1	2	1	1	1		1			1													
5	TND : TND	1	1	2	1		1	1			1													
6	A.P. : A.P.	1		2	1	3		1	2															
7	ARN : ARN	1			1	1	2					1												
8	MNP : MNP	1				1		1				2		1										
9	KRL : KRL		1		1					1	1		1			1	1							
10	RAJ : RAJ			1					1		1													
11	GOA : GOA			1																				
12	ASM : ASM				2	1	1	1																
13	W.B. : W.B.				1				1		1	1												
14	C.G. : C.G.				1									1										
15	ORS : ORS					1	2	2	1				2											
16	PUN : PUN					1																		
17	JKD : JKD								1	1				1	3									
18	IWLF : IWLF								1					1										
19	TEL : TEL									2		1							1					
20	TR.I : TR.I									1	1		1											
21	BHR : BHR									1			1											
22	GUJ : GUJ										1	1									1			
23	MIZ : MIZ											1												
24	DEL : DEL															1								
25	KRN : KRN																		1				1	
26	M.P. : M.P.																				1			



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RESULT YOUTH MEN 49 kg

Competition : 20.03.2022 15:30

Weigh in : 13:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	192	[A] L. Dhanush	180	TND	19.11.2006	48.200	76	80	84	84	3	96	100	103	100	1	184	1
2	137	[A] Vaibhav Swami	185	U.P.	01.08.2007	48.600	78	84	87	84	1	95	99	102	99	2	183	2
3	465	[A] Vijay Prajapati	190	M.P.	13.12.2005	48.450	79	84	88	84	2	97	101	101	97	3	181	3
4	18	[A] D. Veeresh	170	A.P	12.06.2005	48.500	77	77	77	77	4	95	105	105	95	4	172	4
5	359	[A] Vicky Nath	180	M.P.	21.09.2004	48.750	75	75	79	75	5	93	96	96	93	8	168	5
6	654	[A] Tushar Mahajan	160	MHR	10.12.2004	48.550	71	74	77	74	6	90	94	96	94	5	168	6
7	416	[A] Sosar Tama	160	ARN	16.01.2006	48.550	71	71	71	71	8	91	94	98	94	6	165	7
8	750	[A] Yukam Dada	165	ARN	04.11.2005	48.750	68	71	73	71	7	90	94	94	94	7	165	8
9	509	[A] Vikas Lahre	160	C.G.	18.07.2005	48.600	65	70	72	70	9	88	93	93	88	10	158	9
10	212	[A] Tufail	149	IWLF	15.01.2007	48.400	65	65	65	65	11	85	90	92	90	9	155	10
11	637	[A] Isak Malsawmtluanga	155	MIZ	16.07.2008	48.550	67	72	72	67	10	87	87	87	87	11	154	11

Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

Referee

- Center - Rajesh Kumar, I-1 [H.P.]
 Left - K. Suryanarayana, I-2 [A.P.]
 Right - Biku Sarita, N-1 [ARN]
 Reserve - K.D.S. Nagra, N-1 [CHD]

Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

Secretary

1. S. Shanmugavel, I-1 [TND]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT YOUTH MEN 55 kg

Competition : 20.03.2022 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	561	[A] S. Guru Naidu	215	A.P	06.09.2006	54.700	95	99	102	102	1	120	120	125	125	1	227	1
2	246	[B] S. Muthumaniyan	200	TND	03.06.2004	54.900	92	95	95	92	3	115	115	118	118	2	210	2
3	267	[B] Ujwal Mahajan	200	MHR	02.01.2004	54.550	83	87	87	87	8	110	114	114	114	3	201	3
4	378	[B] Bacho Chiroju	190	ARN	01.07.2004	53.750	86	88	90	88	6	105	110	111	105	6	193	4
5	319	[C] Sumit Rajput	162	M.P.	22.08.2006	54.250	80	84	85	85	11	103	107	110	107	4	192	5
6	455	[B] S. Subash	190	TND	06.03.2005	54.750	80	85	87	87	7	100	103	106	103	8	190	6
7	19	[B] Sushil	200	GOA	05.08.2005	54.100	84	84	88	84	12	100	104	110	104	7	188	7
8	377	[C] Manohar Kumar	185	UKD	25-10-2005	54.000	83	88	88	88	4	96	96	99	99	14	187	8
9	462	[C] Dikash Yumnam	181	MNP	28.08.2006	54.150	80	85	90	85	10	96	99	103	99	13	184	9
10	250	[C] Manoj Madhi	188	ORS	13.07.2008	54.400	78	82	85	82	13	101	108	108	101	10	183	10
11	68	[C] Babulal Hembrom	170	JKD	10.07.2007	53.850	70	76	76	76	19	97	102	106	106	5	182	11
12	144	[C] Mukesh Wika	179	ORS	17.05.2006	54.400	75	80	83	80	14	101	109	109	101	9	181	12
13	334	[C] Rupesh Sain	175	RAJ	05.01.2005	54.350	72	76	79	79	16	97	100	102	100	11	179	13
14	55	[C] Rohit Kumar	174	U.P.	09.04.2004	54.200	75	77	77	77	18	100	100	103	100	12	177	14
15	688	[C] Md. Zulfequar Ali	165	BHR	01.02.2005	53.350	75	80	83	80	15	96	96	96	96	18	176	15
16	280	[C] O M Kumar	162	JKD	11.05.2008	54.100	70	76	78	78	17	96	100	103	96	16	174	16
17	463	[C] Ishwor	175	PUN	20.02.2006	54.750	70	75	76	76	20	96	96	96	96	17	172	17
18	131	[C] Anakhin Varghese	172	KRL	11-10-2004	52.950	68	73	77	73	22	96	100	102	96	15	169	18



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT YOUTH MEN 55 kg

Competition : 20.03.2022 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
	127	[A] N. Tomchou Meetei	245	MNP	04.03.2006	54.550	98	100	103	100	2	127	127	127	--		--	
	197	[B] Chera Tania	210	ARN	25.05.2005	54.050	88	91	91	88	5	120	120	121	--		--	
	454	[B] Manoj	208	HRN	08.01.2004	54.800	86	89	89	86	9	118	118	125	--		--	
	343	[C] Akhilesh Kumar	170	BHR	01.12.2004	53.650	75	75	75	75	21	96	96	96	--		--	
	123	[C] Syed Ahtisham Andrabi	162	J.K.	15.01.2007	54.700	70	70	70	70	23	96	--	--	--		--	
	218	[C] Ishwar Singh	180	H.P.	31.07.2005	54.650	66	66	71	66	24	96	--	--	--		--	
	58	[A] Devesh Sharma	150	RAJ	14.01.2006	46.600	65	65	65	--		--	--	--	--		--	

Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

Referee

- Center - Santosh Sinhasane, I-1 [MHR]
Left - Geetha Ananda, N-1 [KRN]
Right - P.A. Jose, N-1 [KRL]
Reserve - Ranjit Bhattacharjee, N-1 [W.B.]

Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT YOUTH MEN 61 kg

Competition : 21.03.2022 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	114	[A] T. Madhavan	260	TND	03.12.2004	60.500	114	117	119	117	1	134	140	143	140	1	257	1
2	386	[A] Shankar Lapung	250	ARN	22.09.2004	60.100	108	111	111	111	2	132	132	138	132	3	243	2
3	749	[A] Golom Tinku	240	ARN	12.05.2006	59.900	100	102	104	102	5	127	132	135	132	2	234	3
4	777	[B] Vaibhav Pandav	230	MHR	29.02.2004	60.050	100	103	106	103	4	130	130	138	130	4	233	4
5	642	[B] A. Rudhreshwar	235	TND	28.08.2004	60.100	100	103	106	103	3	123	123	126	123	7	226	5
6	88	[C] Sonu Kumar	185	BHR	10.02.2005	60.800	98	101	101	101	6	115	123	126	123	6	224	6
7	790	[B] Sadananda Bariha	231	ORS	15.01.2006	60.400	95	101	101	95	7	118	125	132	125	5	220	7
8	146	[C] Rohan Katkar	200	MHR	25.08.2004	60.850	87	90	92	92	11	110	110	115	115	8	207	8
9	121	[C] K. Anil Kumar	205	A.P	09.05.2005	60.600	85	93	93	93	10	113	121	121	113	9	206	9
10	594	[C] Vanlalruata	165	MIZ	06.10.2005	58.550	90	92	92	92	12	108	109	112	108	11	200	10
11	282	[C] Devashish Sharma	198	DEL	30.08.2005	60.250	85	85	88	88	14	105	110	114	110	10	198	11
12	540	[C] Ravi Yadav	198	DEL	14.11.2005	59.850	85	89	91	89	13	103	107	107	103	16	192	12
13	395	[C] Vinayak Patel	183	M.P.	29.07.2006	60.250	82	85	88	85	16	103	106	109	106	12	191	13
14	324	[C] Deepak Pradhan	191	ORS	12.01.2005	60.250	81	86	86	86	15	103	107	107	103	14	189	14
15	276	[C] D. Chiranjeevi	186	TEL	09.09.2006	58.900	83	87	87	83	17	103	106	106	106	13	189	15
16	328	[C] S. Jeeva	183	PON	07.06.2004	59.800	80	83	83	80	18	103	107	107	103	15	183	16
	743	[C] Asif	200	UKD	11-11-2004	60.350	93	93	97	93	8	113	113	113	--		--	
	613	[C] Harish Kumar	205	U.P.	30.10.2005	59.950	90	90	93	93	9	120	123	123	--		--	



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT YOUTH MEN 61 kg

Competition : 21.03.2022 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL		
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank	
	422	[C] Suraj kumar Mohto	183	JKD	22.02.2007	60.200	80	80	80	--		--	--	--	--	--		--	
	101	[C] V. Vishvha	183	PON	14.12.2005	58.050	80	--	--	--		--	--	--	--		--		

Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

Referee

- Center - Ranjit Bhattacharjee, N-1 [W.B.]
Left - Santosh Sinhasane, I-1 [MHR]
Right - Geetha Ananda, N-1 [KRN]
Reserve - P.A. Jose, N-1 [KRL]

Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

Secretary

1. S. Shanmugavel, I-1 [TND]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT YOUTH MEN 67 kg

Competition : 23.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	211	[A] S. Logeshwaran	260	TND	17.05.2004	66.500	113	113	113	113	1	136	141	146	141	2	254	1
2	439	[B] MH. Silvan Beihrothalo	250	MIZ	21.08.2004	65.950	105	108	111	108	5	140	143	145	143	1	251	2
3	310	[B] Bengia Tani	250	ARN	26.02.2004	66.000	107	110	112	110	2	138	143	145	138	3	248	3
4	618	[C] Bedobrot Bharali	229	ASM	19.03.2007	66.600	102	105	108	108	4	128	132	136	136	4	244	4
5	241	[B] Pranit Mahajan	245	MHR	20.03.2004	66.350	98	102	105	105	8	136	144	144	136	5	241	5
6	284	[B] Anil Chaudhary	259	DEL	15.07.2004	66.500	105	109	109	105	6	135	135	135	135	7	240	6
7	788	[B] Prabhat Jhodia	247	ORS	18.11.2005	66.850	99	101	101	101	10	130	136	136	136	6	237	7
8	38	[C] Kampu Degio	235	ARN	26.03.2006	63.700	104	104	106	104	9	128	132	136	132	8	236	8
9	443	[B] Kallol Mal	250	W.B.	31.08.2005	66.550	100	105	108	105	7	130	135	135	130	9	235	9
10	340	[C] Sharthak Thapa	220	GOA	03.09.2005	66.350	95	99	101	99	11	118	118	120	120	11	219	10
11	680	[C] Mohommad Shahjahan	222	PUN	29.11.2006	64.200	90	90	93	93	15	120	--	--	120	10	213	11
12	516	[C] Vijay	210	HRN	25.12.2006	65.300	85	90	94	94	14	118	126	126	118	12	212	12
	474	[A] Sachin Panwar	260	M.P.	29.08.2004	66.800	106	109	112	109	3	135	135	140	--		--	
	230	[C] Anshu Kumar	203	BHR	15.08.2004	66.500	97	97	97	97	12	126	126	126	--		--	
	632	[C] Sham Lal	220	H.P.	12.09.2004	64.350	88	92	96	96	13	120	120	120	--		--	
	424	[C] Ayush Rai	215	ASM	03.09.2005	66.150	95	95	95	--		--	--	--	--		--	
	252	[C] Nitesh Kumar Singh	203	BHR	26.01.2005	64.600	95	95	95	--		--	--	--	--		--	
	605	[C] Sanraj	228	U.P.	04.07.2008	65.100	101	101	101	--		--	--	--	--		--	

Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

Referee

- Center - Rajesh Kumar, I-1 [H.P.]
 Left - K. Suryanarayana, I-2 [A.P.]
 Right - Biku Sarita, N-1 [ARN]
 Reserve - K.D.S. Nagra, N-1 [CHD]

Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

Secretary

1. S. Shanmugavel, I-1 [TND]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT YOUTH MEN 73 kg

Competition : 23.03.2022 16:30

Weigh in : 14:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	602	[B] Kuldeep Sahu	260	ORS	15.01.2004	72.700	112	116	119	119	1	142	146	151	146	2	265	1
2	414	[B] B. Venkata Krishna	245	A.P	17.12.2006	71.800	111	111	115	115	2	141	147	148	148	1	263	2
3	574	[C] Shiva Chaudhary	232	DEL	02.02.2004	72.700	105	112	112	112	3	133	140	143	140	3	252	3
4	385	[B] Prabal Protim Gogoi	255	ASM	01.11.2004	70.350	106	111	113	111	4	136	142	142	136	5	247	4
5	423	[C] Saurya Pratap Singh	220	BHR	01.07.2004	71.400	106	106	110	106	6	137	141	141	137	4	243	5
6	481	[B] Kush Choudhary	260	M.P.	27.05.2005	73.000	105	105	107	107	5	135	135	137	135	6	242	6
7	525	[C] Niraj Pradhan	240	ASM	06.11.2005	71.400	99	101	104	101	8	131	135	135	131	7	232	7
8	452	[C] Sachin Kumar	223	U.P.	04.03.2004	72.100	100	104	104	100	9	125	128	130	128	9	228	8
9	323	[C] Nabam Tania	235	ARN	07.03.2006	67.100	96	96	99	96	12	123	127	130	130	8	226	9
10	471	[C] Rohan	224	HRN	03.06.2004	72.900	100	100	100	100	11	125	129	131	125	10	225	10
11	760	[C] A. Padmanathan	210	TND	02.10.2004	72.100	91	96	100	100	10	115	120	120	115	13	215	11
12	724	[C] Aadarsh R.J.	210	KRL	03-10-2004	69.900	90	96	96	96	13	118	122	122	118	11	214	12
13	725	[C] Subrat Mallik	220	ORS	11.03.2004	67.900	90	90	90	90	14	115	118	120	118	12	208	13
	349	[B] Bobby	250	UKD	05-11-2004	72.350	106	109	110	106	7	132	132	132	--		--	
	80	[A] Taluk Bage	260	ARN	01.07.2004	71.700	110	110	110	--		--	--	--	--		--	
	475	[B] Harpreet Singh	244	PUN	20.01.2004	67.850	104	104	104	--		--	--	--	--		--	

Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

Referee

- Center - K.D.S. Nagra, N-1 [CHD]
 Left - Rajesh Kumar, I-1 [H.P.]
 Right - K. Suryanarayana, I-2 [A.P.]
 Reserve - Biku Sarita, N-1 [ARN]

Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT YOUTH MEN 81 kg

Competition : 25.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	251	[A] Valluri Ajay Babu	290	M.P.	25.11.2004	80.750	125	130	134	134	1	154	154	161	161	1	295	1
2	35	[C] G. Ravi Sankar	260	A.P	11.10.2004	80.000	115	122	122	122	5	148	153	158	158	2	280	2
3	616	[B] D. Ganesh	266	TEL	13.06.2004	80.250	123	123	126	123	4	148	153	158	153	3	276	3
4	468	[C] Lalruatfela	260	MIZ	05.03.2006	80.350	120	125	125	120	6	148	151	156	151	4	271	4
5	83	[C] Umer Khan	255	HRN	13.10.2004	79.600	110	115	115	115	8	143	147	151	151	5	266	5
6	279	[B] Vishavjeet Singh	267	PUN	30.06.2006	79.600	123	123	125	123	3	143	143	149	143	7	266	6
7	332	[B] Aamir Malik	275	U.P.	10.09.2004	80.600	117	121	124	124	2	141	146	148	141	8	265	7
8	272	[C] V. Ramu	255	A.P	06.06.2006	79.500	109	114	117	117	7	141	147	153	147	6	264	8
9	776	[D] M. Madhankumar	235	TND	10.10.2004	78.350	105	105	108	108	10	130	135	140	140	9	248	9
10	498	[D] Dinesh Mahajan	235	MHR	25.10.2004	74.950	95	95	100	100	11	125	130	130	130	10	230	10
11	797	[D] Pawan	215	GOA	03.02.2006	76.900	91	96	100	96	12	114	118	121	121	11	217	11
12	513	[D] Tayar Ronik	200	ARN	10.10.2007	73.900	85	90	90	90	14	110	117	121	117	12	207	12
13	703	[D] Mukesh Kumar Mohto	195	JKD	25.04.2006	73.850	85	88	91	91	13	110	115	120	115	13	206	13
14	404	[D] Harshit Bage	195	JKD	10.04.2008	73.250	85	85	87	85	15	110	112	112	110	14	195	14
	766	[C] Jaideep	255	HRN	21.12.2005	80.350	112	112	115	112	9	141	141	141	--		--	
	723	[D] Karanveer Singh	212	RAJ	03.02.2005	74.400	87	87	87	--		--	--	--	--		--	

Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

Referee

- Center - D. Sailoo, N-2 [TEL]
 Left - Harpal Singh, N-2 [PUN]
 Right - Khushbu Singh Yadav, N-1 [U.P.]
 Reserve - Ramesh Ch. Padhy, I-2 [ORS]

Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

Secretary

1. S. Shanmugavel, I-1 [TND]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT YOUTH MEN 89 kg

Competition : 26.03.2022 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	696	[B] Suditya Baruah	275	ASM	16.12.2004	86.000	116	116	120	116	6	150	156	159	159	1	275	1
2	184	[B] Sk. Lal Basheer	270	A.P	17.05.2004	87.850	116	121	124	121	4	145	152	152	152	3	273	2
3	270	[B] Vedant Choudhary	282	U.P.	07.02.2005	81.100	118	122	126	122	3	144	150	153	150	4	272	3
4	129	[B] Sanidhya More	265	MHR	26.03.2005	86.450	118	122	125	125	1	143	146	146	146	5	271	4
5	145	[B] G. Krishna Babu	265	A.P	15.12.2005	85.350	116	--	--	116	5	145	153	158	153	2	269	5
6	506	[C] Harsh	252	HRN	11.11.2004	84.900	114	118	122	122	2	142	149	149	142	7	264	6
7	598	[C] Abhay Kataria	243	DEL	02.12.2004	82.700	107	111	114	114	8	140	140	145	145	6	259	7
8	92	[C] S. Premkumar	250	TND	08.07.2004	87.000	105	110	115	115	7	132	138	141	141	8	256	8
9	533	[C] Sagar Kumar	210	BHR	02.08.2004	83.750	105	109	112	109	9	132	132	132	132	10	241	9
10	41	[C] Sharwan	240	M.P.	27.04.2004	83.700	96	103	107	103	12	124	130	136	136	9	239	10
11	91	[C] Aby Syril	220	KRL	06-10-2005	87.450	100	105	108	108	10	125	130	135	130	11	238	11
12	583	[C] Aman	237	GOA	22.04.2007	86.500	100	105	105	105	11	120	126	130	130	12	235	12
13	6	[C] Abhishek Kumar	235	PUN	04.01.2005	87.100	100	100	105	100	14	117	117	123	123	13	223	13
14	10	[C] L. Kishore	230	TND	15.06.2005	85.850	95	102	106	102	13	115	120	--	120	14	222	14
15	115	[C] Upendra Singh	209	RAJ	22.09.2006	87.250	90	91	98	98	15	110	120	122	110	16	208	15
16	738	[C] Veer Singh	200	C.G.	19.06.2006	88.080	90	93	95	95	16	110	110	115	110	17	205	16
17	81	[C] Anmol Tyagi	208	DEL	08.01.2005	88.900	90	90	90	90	17	110	115	119	115	15	205	17

Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

Referee

- Center - K.D.S. Nagra, N-1 [CHD]
 Left - Rajesh Kumar, I-1 [H.P.]
 Right - K. Suryanarayana, I-2 [A.P.]
 Reserve - Biku Sarita, N-1 [ARN]

Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT YOUTH MEN 96 kg

Competition : 28.03.2022 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	764	[A] Dilbag Singh	299	PUN	13.10.2004	95.800	125	125	125	125	1	154	158	161	158	1	283	1
2	170	[C] N. Narasimha Naik	250	A.P	08.06.2005	89.100	105	115	118	118	3	141	148	153	148	2	266	2
3	156	[B] Ayush Bhardwaj	273	DEL	14.09.2004	93.900	120	124	127	124	2	141	144	144	141	7	265	3
4	584	[B] Swayam	265	M.P.	10.06.2004	92.550	112	112	118	112	8	144	147	155	147	3	259	4
5	135	[C] Suvansh	260	H.P.	14.02.2005	91.200	113	117	117	117	4	135	141	145	141	6	258	5
6	511	[D] Aman Choudhary	250	M.P.	29.07.2004	93.850	110	113	113	113	6	136	140	142	142	5	255	6
7	690	[D] Goldy	240	H.P.	01.09.2005	91.850	105	105	112	112	7	134	138	142	142	4	254	7
8	780	[D] Ankur Tiwari	240	MHR	01.01.2006	90.900	105	108	111	111	9	125	130	135	130	9	241	8
9	644	[D] Priyanshu Raj	200	BHR	05.09.2006	94.900	95	100	104	104	11	125	132	137	137	8	241	9
10	50	[D] Kapil Sonowal	230	ASM	27.12.2006	93.800	106	111	114	114	5	126	126	129	126	12	240	10
11	752	[D] Y. Yaswanth Goud	210	TEL	02.07.2005	89.650	100	105	108	105	10	127	127	134	127	11	232	11
12	431	[D] Kishan Kumar	215	U.P.	19.11.2004	95.700	91	96	98	98	15	126	130	130	130	10	228	12
13	757	[D] Tushar Suthar	206	RAJ	03.03.2006	89.200	93	96	100	100	12	114	119	121	119	14	219	13
14	126	[D] Mohit Singh	230	CHD	28.12.2004	92.400	91	95	101	95	16	120	124	127	124	13	219	14
15	297	[D] Devendra Singh	206	RAJ	09.02.2005	90.850	98	103	103	98	13	116	119	122	119	15	217	15
16	295	[D] H. Bikash Meitei	210	MNP	21.04.2005	90.400	90	95	98	98	14	113	118	123	118	16	216	16
	647	[C] Harkaran Singh	255	PUN	13.04.2004	94.300	108	108	108	--		--	--	--		--		

Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

Referee

- Center - Geetha Ananda, N-1 [KRN]
 Left - P.A. Jose, N-1 [KRL]
 Right - Ranjit Bhattacharjee, N-1 [W.B.]
 Reserve - Santosh Sinhasane, I-1 [MHR]

Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

Secretary

1. S. Shanmugavel, I-1 [TND]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT YOUTH MEN 102 kg

Competition : 28.03.2022 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	70	[B] Bholu Singh	276	BHR	05.05.2004	99.700	120	126	134	126	1	145	150	150	150	1	276	1
2	344	[C] Netranjan Patil	250	MHR	03.06.2004	98.200	106	109	111	111	4	137	143	146	146	2	257	2
3	173	[C] Parshant Kumar kailley	268	PUN	26.06.2004	100.750	110	113	116	113	3	138	141	141	141	3	254	3
4	660	[C] Aryan	250	HRN	27.05.2006	96.800	112	116	116	116	2	137	137	141	137	4	253	4
5	571	[C] Priyanshu	249	DEL	09.02.2004	96.400	105	105	106	106	5	127	133	134	134	5	240	5
6	95	[C] Harshwardhan Kadam	230	MHR	11.02.2005	101.450	104	104	107	104	6	125	125	130	130	6	234	6
7	446	[C] Ch.Vamsi	230	A.P	08.02.2006	96.250	95	102	106	102	7	115	122	130	122	7	224	7

Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

Referee

- Center - Khushbu Singh Yadav, N-1 [U.P.]
Left - Ramesh Ch. Padhy, I-2 [ORS]
Right - D. Sailoo, N-2 [TEL]
Reserve - Harpal Singh, N-2 [PUN]

Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

Secretary

1. S. Shanmugavel, I-1 [TND]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT YOUTH MEN +102 kg

Competition : 30.03.2022 11:30

Weigh in : 9:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	483	[A] Paramvir Singh	225	CHD	05.10.2006	106.900	115	120	124	124	1	142	142	147	147	2	271	1
2	742	[A] Keshav Bissa	256	RAJ	17.12.2005	113.100	112	117	119	117	3	142	146	150	146	3	263	2
3	611	[A] Navjot Singh Lal	255	C.G.	28.10.2004	116.750	110	114	117	114	5	140	140	147	147	1	261	3
4	791	[A] Mohit Rajput	240	DEL	05.05.2005	108.400	110	117	121	121	2	130	130	136	136	5	257	4
5	464	[A] Akhand Pratap Singh	241	U.P.	15.01.2004	107.500	107	113	117	117	4	127	135	135	135	6	252	5
6	29	[A] Ujjwal Kumar	220	BHR	20.06.2006	125.800	105	109	112	112	6	134	139	143	139	4	251	6
7	232	[A] Amarjit Maharana	212	ORS	24.12.2004	124.650	90	95	98	95	9	121	127	133	133	7	228	7
8	627	[A] Akash R. Chandran	215	KRL	07-11-2004	118.200	95	100	100	100	8	121	127	127	127	8	227	8
9	575	[A] Nilesh Yadav Mahendrapratap	222	GUJ	27.07.2004	112.950	96	101	105	101	7	120	127	127	120	9	221	9
	496	[A] Prithviraj Acharya	225	RAJ	30.11.2004	139.500	113	113	113	--		--	--	--	--		--	

Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

Referee

- Center - K. Suryanarayana, I-2 [A.P.]
 Left - Biku Sarita, N-1 [ARN]
 Right - K.D.S. Nagra, N-1 [CHD]
 Reserve - Rajesh Kumar, I-1 [H.P.]

Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT YOUTH WOMEN 40 kg

Competition : 20.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	294	[A] Akanksha Vyavahare	125	MHR	19.06.2007	39.650	53	56	58	58	1	63	67	69	69	1	127	1
2	364	[A] A. Poshika	100	TND	24.09.2006	40.000	49	53	55	53	2	60	63	65	63	2	116	2
3	261	[A] Mansi Chamunda	110	U.P.	04.01.2007	39.450	50	50	50	50	4	62	62	63	63	3	113	3
4	47	[A] Rekhamoni Gogoi	105	ASM	11.12.2004	39.500	48	51	53	53	3	59	62	62	59	5	112	4
5	621	[A] Sandiya Gungli	108	ARN	27.12.2004	39.950	43	47	48	48	6	62	62	62	62	4	110	5
6	678	[A] Chitraprava Chetia	100	ASM	10.07.2004	39.400	45	45	48	48	5	57	60	60	57	6	105	6
7	566	[A] Jyoshna Sabar	110	ORS	25.10.2008	39.300	44	48	48	44	7	53	59	59	53	9	97	7
8	754	[A] B. Neeraja	80	A.P	26.06.2007	39.950	34	38	38	38	10	50	54	57	57	7	95	8
9	286	[A] Manisha Soren	81	JKD	10.03.2007	39.900	33	33	36	36	12	45	50	55	55	8	91	9
10	53	[A] Sangita Choudhury	74	TR.I	01.01.2007	39.600	35	37	39	39	8	50	54	54	50	10	89	10
11	186	[A] Kaken Doyom	92	ARN	07.09.2006	37.850	36	38	40	38	9	48	50	53	50	11	88	11
12	553	[A] Mamita Mallik	85	ORS	10.10.2006	39.600	36	39	39	36	11	40	44	46	44	12	80	12
13	113	[A] Kumkum Dhruw	68	C.G.	13.01.2007	38.950	27	33	36	33	13	40	40	43	43	13	76	13

Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

Referee

- Center - K. Suryanarayana, I-2 [A.P.]
 Left - Biku Sarita, N-1 [ARN]
 Right - K.D.S. Nagra, N-1 [CHD]
 Reserve - Rajesh Kumar, I-1 [H.P.]

Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT YOUTH WOMEN 45 kg

Competition : 20.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	720	[A] Anjali Patel	144	U.P.	10.08.2004	44.600	65	67	71	67	1	78	80	82	80	1	147	1
2	5	[A] Asmita Dhone	130	MHR	01.05.2007	44.900	53	56	60	56	3	70	74	78	78	2	134	2
3	228	[B] R. Bhavani	120	A.P	20.03.2008	43.900	52	56	59	59	2	65	70	75	70	3	129	3
4	301	[B] Vedika Tole	120	MHR	18.10.2007	45.000	52	52	54	54	4	63	65	67	65	5	119	4
5	356	[B] Vani Puri	119	PUN	16.03.2005	44.450	48	51	53	51	6	62	65	68	65	4	116	5
6	650	[B] Yukar Amak	116	ARN	08.02.2005	44.850	48	51	51	48	7	60	62	62	60	7	108	6
7	472	[B] Lalita Batra	112	ORS	15.10.2006	44.700	44	47	47	44	9	53	57	60	60	8	104	7
8	202	[B] Laxmi Tiwari	92	RAJ	29.12.2006	43.000	45	48	48	45	8	55	58	61	58	10	103	8
9	758	[B] Sebika Das	93	TR.I	15.01.2008	44.000	40	42	45	42	11	53	58	58	58	11	100	9
10	538	[B] Sherin P. Benny	105	KRL	09-12-2006	44.500	40	43	45	40	14	55	58	60	60	9	100	10
11	181	[B] Ankita Sarkar	91	W.B.	08.08.2008	42.150	40	40	44	44	10	50	55	60	55	13	99	11
12	492	[B] Sikha Mallick	92	TR.I	13.10.2006	44.250	40	40	42	42	12	52	55	57	57	12	99	12
13	185	[B] Ritu	93	HRN	22.07.2004	44.100	38	38	41	38	15	55	60	61	61	6	99	13
14	303	[C] Babita Kumari	82	JKD	01.01.2007	44.600	35	38	41	41	13	47	51	51	51	14	92	14
15	792	[C] Diya K.T.	82	KRL	04-03-2004	44.550	35	40	40	35	16	47	51	51	47	15	82	15
	265	[B] Mina Singh	110	ORS	10.05.2008	43.800	50	53	56	53	5	65	68	68	--		--	

Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

Referee

- Center - K. Suryanarayana, I-2 [A.P.]
Left - Biku Sarita, N-1 [ARN]
Right - K.D.S. Nagra, N-1 [CHD]
Reserve - Rajesh Kumar, I-1 [H.P.]

Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT YOUTH WOMEN 49 kg

Competition : 20.03.2022 15:30

Weigh in : 13:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	470	[A] V. Madhumitha	150	PON	13.09.2004	48.150	63	63	65	65	3	86	90	93	90	1	155	1
2	499	[B] Nilam Patel	143	U.P.	17.12.2004	49.000	62	65	67	67	1	82	85	88	85	3	152	2
3	118	[B] V. Rithika	120	TND	25.07.2004	48.700	65	65	68	65	2	80	85	88	85	2	150	3
4	353	[B] Koyel Bar	134	W.B.	22.06.2008	48.700	61	61	61	61	5	73	76	76	76	4	137	4
5	713	[B] Meena Santa B	140	ORS	27.03.2008	48.450	57	61	62	61	4	69	74	74	69	7	130	5
6	130	[B] Himanshee	137	HRN	14.03.2005	48.450	60	60	63	60	6	70	75	75	70	6	130	6
7	557	[B] Aisangfa Gogoi	115	ASM	16.12.2007	47.750	52	55	55	52	8	70	74	74	74	5	126	7
8	515	[B] Shivani Yadav	110	IWLF	01.07.2006	48.350	52	56	56	52	7	63	63	66	63	8	115	8
	3	[B] Lalhminghluii	125	MIZ	05.12.2005	48.450	50	50	52	50	9	62	62	62	--		--	
	645	[B] Ranjita Majhi	133	ORS	12.04.2004	47.600	53	53	53	--		--	--	--	--		--	

Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

Referee

- Center - Rajesh Kumar, I-1 [H.P.]
Left - K. Suryanarayana, I-2 [A.P.]
Right - Biku Sarita, N-1 [ARN]
Reserve - K.D.S. Nagra, N-1 [CHD]

Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

Secretary

1. S. Shanmugavel, I-1 [TND]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT YOUTH WOMEN 55 kg

Competition : 20.03.2022 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	405	[A] Boni Mangkhya	167	ARN	04.06.2004	54.500	70	73	73	73	3	92	96	98	98	1	171	1
2	46	[A] Bhumika Mohite	160	MHR	20.09.2006	53.900	68	72	75	75	1	89	93	95	95	2	170	2
3	656	[A] Nikita Kamalakar	180	MHR	10.12.2005	54.550	70	74	76	74	2	94	97	97	94	3	168	3
4	322	[B] Anai Wangsu	160	ARN	10.04.2004	54.900	62	65	68	65	5	82	84	84	84	4	149	4
5	428	[C] Kiuchangliu Gangmei	128	MNP	21.10.2004	52.400	58	61	63	63	7	78	81	83	83	5	146	5
6	305	[B] Meena Santa A	155	ORS	07.03.2007	53.400	63	64	67	67	4	78	82	82	78	8	145	6
7	503	[C] B. Chandrika	135	A.P	10.08.2005	51.150	55	60	64	60	9	75	83	83	83	6	143	7
8	345	[C] Barsha Bor	128	W.B.	12.08.2007	55.300	60	60	64	64	6	73	77	80	77	9	141	8
9	208	[C] Khushi Kumari	118	BHR	17.11.2005	54.050	55	60	60	60	10	75	75	78	78	7	138	9
10	235	[C] L. Rashiya	130	TND	28.11.2005	52.150	56	59	61	59	11	73	77	77	77	10	136	10
11	354	[B] Ramchhanchhuahi	135	MIZ	22.12.2006	52.600	52	56	59	59	12	70	75	78	75	11	134	11
12	97	[C] Jyoti	125	HRN	05.10.2006	52.500	55	58	61	61	8	65	70	70	65	12	126	12
13	321	[C] Preeti Yadav	110	IWLF	02.07.2007	55.000	52	54	54	52	14	63	65	65	63	13	115	13
14	628	[C] Anupama Kumari	115	JKD	25.12.2005	53.550	52	54	54	52	15	63	63	65	63	14	115	14
	418	[C] Poonam	130	RAJ	01.07.2005	51.450	55	57	57	55	13	75	75	75	--		--	
	603	[C] Manisha Kumari	115	JKD	03.08.2007	52.000	52	52	52	--		--	--	--	--		--	

Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

Referee

- Center - Santosh Sinhasane, I-1 [MHR]
 Left - Geetha Ananda, N-1 [KRN]
 Right - P.A. Jose, N-1 [KRL]
 Reserve - Ranjit Bhattacharjee, N-1 [W.B.]

Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT YOUTH WOMEN 59 kg

Competition : 24.03.2022 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	49	[B] T.M. Keerthana	160	TND	21.10.2004	55.600	72	77	77	77	1	90	96	96	96	2	173	1
2	277	[B] Sonam Singh	161	U.P.	18.12.2004	57.750	72	76	78	76	2	90	93	96	96	1	172	2
3	193	[A] Ankita	175	RAJ	10.04.2006	58.950	72	75	75	72	5	91	93	93	91	3	163	3
4	293	[B] B. Harika	150	A.P	10.02.2007	58.100	67	72	75	72	4	80	85	88	88	5	160	4
5	76	[A] Sonakshi	168	HRN	08.03.2006	57.500	72	75	75	75	3	84	91	91	84	8	159	5
6	194	[A] Balo Yalam	167	ARN	08.08.2004	58.300	68	68	72	68	6	90	96	96	90	4	158	6
7	33	[B] Shandrella Huyam	146	MNP	10.06.2005	58.950	63	67	67	63	7	84	84	84	84	7	147	7
8	187	[B] A.Yasari	150	A.P	02.12.2005	57.700	62	62	65	62	9	80	85	91	85	6	147	8
9	199	[B] B. Gangothi	133	TEL	18.06.2004	57.850	58	61	64	61	10	76	83	87	83	9	144	9
10	596	[B] Sonali Gaikwad	150	MHR	07.04.2004	56.950	60	63	63	63	8	80	83	83	80	10	143	10
11	736	[B] Vidhya Hariram Sharma	110	GUJ	20.01.2005	55.450	51	55	58	58	11	61	65	70	70	11	128	11
12	591	[B] Khushboo Kumari	110	BHR	12.02.2004	58.900	52	57	57	57	12	65	68	70	68	12	125	12
13	546	[B] Seema Marandi	115	JKD	15.08.2008	57.050	52	55	55	55	13	63	66	71	66	13	121	13
	692	[B] A. Nakshathra	110	PON	28.12.2005	56.800	50	50	52	50	14	60	60	60	--		--	
	572	[A] L. Kowshika	180	PON	18.03.2004	58.300	72	72	72	--		--	--	--	--		--	

Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

Referee

- Center - Biku Sarita, N-1 [ARN]
 Left - K.D.S. Nagra, N-1 [CHD]
 Right - Rajesh Kumar, I-1 [H.P.]
 Reserve - K. Suryanarayana, I-2 [A.P.]

Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

Secretary

1. S. Shanmugavel, I-1 [TND]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT YOUTH WOMEN 64 kg

Competition : 25.03.2022 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	175	[A] C. Harshika	170	PON	31.10.2007	59.950	70	75	75	70	1	85	90	95	95	1	165	1
2	695	[B] Sushma Devi	140	U.P.	08.07.2005	62.750	64	67	69	69	2	85	89	89	85	2	154	2
3	180	[B] Archita Sidhant Shirodkar	139	GOA	10.02.2005	61.600	60	64	66	64	6	79	82	84	84	3	148	3
4	292	[B] Nang Sengfa Borgohain	145	ASM	12.06.2007	63.150	65	68	68	65	3	80	85	85	80	5	145	4
5	555	[B] Songita Sadhanidar	140	ASM	16.08.2004	59.500	62	62	65	65	4	76	81	81	76	7	141	5
6	329	[B] M. Monila	145	TND	14.11.2006	62.200	60	65	65	60	9	81	81	84	81	4	141	6
7	110	[C] Yatna	120	HRN	19.09.2007	61.950	55	59	64	64	5	69	74	74	74	11	138	7
8	370	[C] Khushboo Yadav	125	U.P.	27.07.2005	60.900	55	60	63	60	8	72	77	77	77	6	137	8
9	233	[C] V. Mounika	120	TEL	24.12.2006	62.500	55	58	62	62	7	68	74	78	74	10	136	9
10	732	[B] Gagandeep Kaur	133	RAJ	06.06.2004	59.750	55	60	64	60	10	76	76	81	76	8	136	10
11	528	[C] A. Debaarbina Chanu	126	MNP	15.11.2005	63.350	55	59	62	59	11	65	70	73	73	12	132	11
12	336	[C] Tikimohini Mallik	132	ORS	05.02.2008	60.300	52	56	58	58	12	67	71	73	73	13	131	12
13	150	[B] Kh. Elizah Chanu	134	MNP	01.04.2006	62.600	53	56	60	56	14	70	75	78	75	9	131	13
14	16	[C] Jenis Barla	116	JKD	16.06.2006	59.850	50	54	57	54	16	63	67	71	71	14	125	14
15	489	[C] Chelsi	111	DEL	25.03.2006	61.800	50	54	54	54	18	65	69	70	70	15	124	15
16	734	[C] Reenumol P.R.	119	KRL	01-10-2007	60.300	50	54	57	57	13	60	65	65	65	19	122	16
17	497	[C] K. Sessa Sai	120	TEL	12.06.2005	62.900	50	54	56	54	17	62	62	65	65	18	119	17
18	348	[C] Shivani Pranesh	110	KRN	10.05.2004	62.500	50	54	54	50	20	65	68	71	68	16	118	18



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT YOUTH WOMEN 64 kg

Competition : 25.03.2022 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
19	531	[C] Hetvi Jayeshbhai Limbani	100	GUJ	23.05.2004	59.550	47	51	55	51	19	57	62	66	62	20	113	19
20	147	[C] Muskan Sheikh	100	M.P.	12.05.2004	60.300	45	45	45	45	23	60	65	68	65	17	110	20
21	789	[C] Vaibhavi Raju Delavi	100	KRN	19.05.2004	60.450	45	48	51	48	21	55	59	62	59	21	107	21
22	417	[C] P. Charumathi	100	PON	16.07.2006	63.750	45	48	48	45	22	55	55	55	55	22	100	22
	648	[B] Konsam Yaiphabi Devi	140	ARN	10.03.2004	63.550	55	60	60	55	15	75	75	75	--		--	
	207	[A] Shalini	170	PUN	18.09.2004	60.900	67	67	67	--		--	--	--	--		--	

Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

Referee

- Center - Rajesh Kumar, I-1 [H.P.]
Left - K. Suryanarayana, I-2 [A.P.]
Right - Biku Sarita, N-1 [ARN]
Reserve - K.D.S. Nagra, N-1 [CHD]

Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

Secretary

1. S. Shanmugavel, I-1 [TND]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT YOUTH WOMEN 71 kg

Competition : 27.03.2022 12:00

Weigh in : 10:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	795	[A] Sanjana	172	HRN	18.01.2007	69.750	72	76	79	76	1	90	97	99	90	1	166	1
2	636	[B] S. Rithika	150	PON	15.09.2005	65.300	65	65	65	65	5	83	85	88	85	2	150	2
3	459	[B] R. Harini	150	PON	02.06.2006	67.350	63	66	68	68	2	78	78	81	81	3	149	3
4	275	[B] Akta Banjare	139	C.G.	24.08.2004	65.050	59	63	63	63	6	79	79	81	79	5	142	4
5	214	[B] P. Dhanamu	130	A.P	19.04.2004	66.800	55	62	65	65	4	75	84	84	75	6	140	5
6	306	[B] Aastha Singh	124	U.P.	25.05.2006	65.900	50	56	60	60	8	70	75	80	80	4	140	6
7	617	[B] S. Aananya	130	TND	11.01.2004	66.700	60	64	64	60	7	70	75	75	70	8	130	7
8	23	[B] Aruhi Kumari	129	JKD	09.09.2007	66.850	51	55	59	55	10	74	75	81	75	7	130	8
9	539	[B] Biyona Benny	108	KRL	07-12-2004	67.550	45	51	51	51	12	60	67	68	68	9	119	9
10	415	[C] Priya Bhanwar Lal Gehlot	98	GUJ	07.12.2004	64.250	45	50	50	50	13	55	61	65	65	11	115	10
11	399	[B] M. Rama Devi	117	MNP	25.03.2005	69.700	47	50	52	52	11	56	62	62	62	12	114	11
12	493	[B] Prathyusha T.V.	110	KRL	10-04-2004	69.800	43	47	50	47	14	58	64	67	67	10	114	12
	560	[B] Sandhya Sarode	153	MHR	24.01.2005	65.250	63	66	66	66	3	81	81	81	--		--	
	718	[B] Poonam Yadav	108	M.P.	29.08.2006	68.650	51	54	57	57	9	63	67	67	--		--	
	491	[C] Tanushka	98	RAJ	13.05.2007	67.750	43	46	47	43	15	55	55	--	--		--	

Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

Referee

- Center - Biku Sarita, N-1 [ARN]
 Left - K.D.S. Nagra, N-1 [CHD]
 Right - Rajesh Kumar, I-1 [H.P.]
 Reserve - K. Suryanarayana, I-2 [A.P.]

Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

Secretary

1. S. Shanmugavel, I-1 [TND]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT YOUTH WOMEN 76 kg

Competition : 27.03.2022 12:00

Weigh in : 10:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	550	[B] Shital	155	HRN	17.12.2004	75.100	65	65	68	68	2	80	81	87	81	1	149	1
2	320	[B] Vydhadi Devi	130	PON	09.04.2004	73.800	63	67	69	69	1	79	79	79	79	2	148	2
3	169	[B] Jyoti Yadav	129	U.P.	31.12.2005	74.900	63	64	64	64	4	75	80	85	75	3	139	3
4	634	[B] R. Jaisri	130	TND	07.01.2004	71.200	55	60	62	60	5	70	75	79	75	5	135	4
5	61	[B] M. Srihita	110	A.P	27.01.2008	71.650	50	58	63	58	6	65	75	82	75	4	133	5
	141	[B] Rajni	154	HRN	07.11.2005	75.950	59	63	67	67	3	79	79	80	--		--	

Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

Referee

- Center - Biku Sarita, N-1 [ARN]
Left - K.D.S. Nagra, N-1 [CHD]
Right - Rajesh Kumar, I-1 [H.P.]
Reserve - K. Suryanarayana, I-2 [A.P.]

Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

Secretary

1. S. Shanmugavel, I-1 [TND]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT YOUTH WOMEN 81 kg

Competition : 25.03.2022 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	154	[A] Ch. Srilakshmi	175	A.P	19.10.2004	78.000	75	79	81	81	1	95	101	104	104	1	185	1
2	775	[B] Amritha P. Suni	170	KRL	16-01-2007	79.300	70	73	75	73	4	88	93	93	93	2	166	2
3	136	[A] Y. Chaitna Kumari	175	A.P	12.08.2006	80.700	70	74	74	74	3	86	86	90	90	4	164	3
4	673	[B] Muskan	163	HRN	02.03.2005	77.500	70	74	74	74	2	89	92	93	89	5	163	4
5	182	[B] Grishma Thorat	155	MHR	25.03.2008	76.100	64	67	70	70	5	82	86	90	90	3	160	5
6	715	[B] K. Abhishikta	151	ORS	26.04.2004	79.700	65	68	70	70	6	80	85	87	87	6	157	6
7	52	[B] Dhanashri Bedade	145	MHR	28.05.2004	77.350	60	60	63	63	7	78	82	82	78	7	141	7
8	281	[B] Bipasa Das	135	ORS	24.08.2004	77.550	60	60	63	60	8	70	75	80	75	8	135	8
9	786	[B] Sakshi Kesawani	110	U.P.	25.07.2004	78.500	51	55	56	56	9	63	67	71	71	9	127	9
10	708	[B] Rithi Bag	114	W.B.	03.10.2005	76.650	48	52	55	55	11	57	63	67	67	10	122	10
11	518	[B] V. Sahasra	105	TEL	16.08.2008	77.400	48	52	55	55	10	57	62	65	62	11	117	11
	108	[B] Qudsiya Shaikh	105	M.P.	26.06.2004	79.300	48	48	48	--		--	--	--	--		--	

Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

Referee

- Center - Geetha Ananda, N-1 [KRN]
 Left - P.A. Jose, N-1 [KRL]
 Right - Ranjit Bhattacharjee, N-1 [W.B.]
 Reserve - Santosh Sinhasane, I-1 [MHR]

Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

Secretary

1. S. Shanmugavel, I-1 [TND]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT YOUTH WOMEN +81 kg

Competition : 30.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	15	[A] M. Martina Devi	169	MNP	21.03.2006	100.800	72	75	77	77	1	90	95	95	95	1	172	1
2	217	[A] Aditi	170	U.P.	06.05.2007	84.500	68	73	76	73	2	84	88	91	88	2	161	2
3	523	[A] K. Oviya	145	TND	02.11.2007	81.700	63	68	72	72	3	83	90	90	83	3	155	3
4	25	[A] Aswini Biju	116	KRL	09-10-2004	90.750	50	54	57	54	5	70	76	80	80	4	134	4
5	206	[A] U.K. Sri Lakshmi	120	A.P	09.09.2004	97.800	50	58	62	58	4	65	71	71	71	5	129	5

Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

Referee

- Center - P.A. Jose, N-1 [KRL]
Left - Ranjit Bhattacharjee, N-1 [W.B.]
Right - Santosh Sinhasane, I-1 [MHR]
Reserve - Geetha Ananda, N-1 [KRN]

Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



GROUP OF JURIES AND REFEREES

JURY Member Group 1 :

- A) K. SUBRAMANYA, I-1 [KRN] *President of Jury
- B) G.P. SHARMA, I-1 [U.P.]
- C) SHYAMALA SHETTY, I-1 [KRN]

JURY Member Group 2 :

- A) HANSA SHARMA, I-1 [UKD] *President of Jury
- B) B. VENKATRAMAIAH, I-1 [A.P.]
- C) HARBANS SINGH, I-1 [PUN]

REFEREE Member Group 1 :

- K. SURYANARAYANA, I-2 [A.P.]
- BIKU SARITA, N-1 [ARN]
- K.D.S. NAGRA, N-1 [CHD]
- RAJESH KUMAR, I-1 [H.P.]

REFEREE Member Group 2 :

- GEETHA ANANDA, N-1 [KRN]
- P.A. JOSE, N-1 [KRL]
- RANJIT BHATTACHARJEE, N-1 [W.B.]
- SANTOSH SINHASANE, I-1 [MHR]

REFEREE Member Group 3 :

- RAMESH CH. PADHY, I-2 [ORS]
- D. SAILOO, N-2 [TEL]
- HARPAL SINGH, N-2 [PUN]
- KHUSHBU SINGH YADAV, N-1 [U.P.]



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GROUP OF OTHER COMPETITION OFFICIALS

CHIEF MARSHAL Member Group 1 :

KOMALPREET KAUR, N-2 [PUN]
VIJAY HOODA, N-2 [AIPSCB]
TRUPTI PARASHER, N-2 [MHR]

CHIEF MARSHAL Member Group 2 :

MONA SINHA, N-2 [U.P.]
R. KAVITHA, N-1 [TND]
PRADEEP KUMAR YADAV, N-1 [U.P.]

TIMEKEEPER Member Group 1 :

P. JAGDISH PATRO, N-2 [ORS]

TIMEKEEPER Member Group 2 :

SANGEETA CHHABRA, N-1 [UKD]

TECHNICAL CONTROLLER Member Group 1 :

YOGENDRA SHARMA, N-1 [U.P.]
J.N. NANDA, N-1 [ORS]

TECHNICAL CONTROLLER Member Group 2 :

YUDHVIR SINGH, I-2 [J.K.]
RAVI SHARMA, N-1 [RAJ]

SECRETARY Member Group 1 :

R.V.L.N. RATNAKARA RAO, I-1 [A.P.]

SECRETARY Member Group 2 :

S. SHANMUGAVEL, I-1 [TND]

Member Group 1 :

N.P.S. CHAUHAN, I-1, SPEAKER [UKD]
SEETA KUMARI JENA, N-2, EQUIPMENT INCHARGE [ORS]
P. SAILAM, N-2, FOP INCHARGE [AIPSCB]
NARAYAN SAHU, I-1, COORDINATOR [ORS]
AJAY KUMAR DAS, N-1, TSR OPERATOR [SSCB]
SUNEET CHOPRA, N-1, IWLF, TSR OPERATOR [IWLF]
PURAN CHANDRA, N-2, TSR OPERATOR [IWLF]
SHIVAM MISHRA, N-2, TSR OPERATOR [IWLF]

Member Group 2 :

KRISHNARAJ K, I-1, SPEAKER (UPTO 27.3.2022 AFTERNOON) [KRN]
S.H. ANANDE GOWDA, I-1, COMPETITION DIRECTOR [KRN]
UMESHWARI SHARMA, N-1, SPEAKER [PUN]
PAL SINGH SANDHU, DRONACHARYA AWARDEE, COMPETITION DIRECTOR UPTO 26.3.2022 [U.P.]
SAHDEV YADAV, PRESIDENT, INDIAN WEIGHTLIFTING FEDERATION -- TECHNICAL DELEGATE [U.P.]

Member Group 3 :

HARBANS SINGH, I-1, RESERVE SPEAKER [PUN]



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MEN 's ROBI TOTAL POINT

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
1	T. Madhavan	03.12.2004	TND	60.500	257	789.042
2	S. Guru Naidu	06.09.2006	A.P	54.700	227	745.336
3	Shankar Lapung	22.09.2004	ARN	60.100	243	655.071
4	Kuldeep Sahu	15.01.2004	ORS	72.700	265	613.414
5	B. Venkata Krishna	17.12.2006	A.P	71.800	263	598.169
6	Golom Tinku	12.05.2006	ARN	59.900	234	577.883
7	S. Muthumaniyan	03.06.2004	TND	54.900	210	575.505
8	Vaibhav Pandav	29.02.2004	MHR	60.050	233	569.720
9	L. Dhanush	19.11.2006	TND	48.200	184	544.076
10	S. Logeshwaran	17.05.2004	TND	66.500	254	538.638
11	Vaibhav Swami	01.08.2007	U.P.	48.600	183	534.315
12	Shiva Chaudhary	02.02.2004	DEL	72.700	252	519.021
13	MH. Silvan Beihrothatto	21.08.2004	MIZ	65.950	251	517.792
14	Vijay Prajapati	13.12.2005	M.P.	48.450	181	515.161
15	A. Rudhreshwar	28.08.2004	TND	60.100	226	514.819
16	Sonu Kumar	10.02.2005	BHR	60.800	224	499.839
17	Ujwal Mahajan	02.01.2004	MHR	54.550	201	497.571
18	Bengia Tani	26.02.2004	ARN	66.000	248	497.518
19	Prabal Protim Gogoi	01.11.2004	ASM	70.350	247	485.593
20	Dilbag Singh	13.10.2004	PUN	95.800	283	475.393
21	Bedobrot Bharali	19.03.2007	ASM	66.600	244	471.356
22	Sadananda Bariha	15.01.2006	ORS	60.400	220	470.799
23	Saurya Pratap Singh	01.07.2004	BHR	71.400	243	459.957
24	Valluri Ajay Babu	25.11.2004	M.P.	80.750	295	454.649
25	Kush Choudhary	27.05.2005	M.P.	73.000	242	453.700
26	Pranit Mahajan	20.03.2004	MHR	66.350	241	452.378
27	Anil Chaudhary	15.07.2004	DEL	66.500	240	446.172
28	D. Veeresh	12.06.2005	A.P	48.500	172	434.873
29	Bacho Chiroju	01.07.2004	ARN	53.750	193	434.771
30	Prabhat Jhodia	18.11.2005	ORS	66.850	237	427.913
31	Sumit Rajput	22.08.2006	M.P.	54.250	192	427.333
32	Kampu Degio	26.03.2006	ARN	63.700	236	421.944
33	Suditya Baruah	16.12.2004	ASM	86.000	275	420.250
34	Kallol Mal	31.08.2005	W.B.	66.550	235	416.034
35	S. Subash	06.03.2005	TND	54.750	190	412.724
36	Sk. Lal Basheer	17.05.2004	A.P	87.850	273	410.182
37	Vedant Choudhary	07.02.2005	U.P.	81.100	272	405.212
38	Vicky Nath	21.09.2004	M.P.	48.750	168	402.175
39	Tushar Mahajan	10.12.2004	MHR	48.550	168	402.175
40	Sanidhya More	26.03.2005	MHR	86.450	271	400.285



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WOMEN 's ROBI TOTAL POINT

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
1	Akanksha Vyavahare	19.06.2007	MHR	39.650	127	816.336
2	Boni Mangkhya	04.06.2004	ARN	54.500	171	614.463
3	A. Poshika	24.09.2006	TND	40.000	116	604.179
4	Bhumika Mohite	20.09.2006	MHR	53.900	170	602.607
5	Anjali Patel	10.08.2004	U.P.	44.600	147	593.482
6	Nikita Kamalakar	10.12.2005	MHR	54.550	168	579.376
7	Mansi Chamunda	04.01.2007	U.P.	39.450	113	553.813
8	Rekhamoni Gogoi	11.12.2004	ASM	39.500	112	537.699
9	V. Madhumitha	13.09.2004	PON	48.150	155	508.474
10	Sandiya Gungli	27.12.2004	ARN	39.950	110	506.459
11	Ch. Srilakshmi	19.10.2004	A.P.	78.000	185	478.225
12	Nilam Patel	17.12.2004	U.P.	49.000	152	476.510
13	V. Rithika	25.07.2004	TND	48.700	150	455.998
14	Asmita Dhone	01.05.2007	MHR	44.900	134	436.339
15	Chitraprava Chetia	10.07.2004	ASM	39.400	105	433.940
16	T.M. Keerthana	21.10.2004	TND	55.600	173	399.704
17	Sonam Singh	18.12.2004	U.P.	57.750	172	392.080
18	Anai Wangsu	10.04.2004	ARN	54.900	149	388.877
19	R. Bhavani	20.03.2008	A.P.	43.900	129	384.559
20	C. Harshika	31.10.2007	PON	59.950	165	373.170
21	Kiuchangliu Gangmei	21.10.2004	MNP	52.400	146	363.469
22	Meena Santa A	07.03.2007	ORS	53.400	145	355.265
23	B. Chandrika	10.08.2005	A.P.	51.150	143	339.246
24	Sanjana	18.01.2007	HRN	69.750	166	338.493
25	Koyel Bar	22.06.2008	W.B.	48.700	137	337.424
26	Amritha P. Suni	16-01-2007	KRL	79.300	166	333.649
27	Jyoshna Sabar	20.07.2005	ORS	39.300	97	333.501
28	Ankita	10.04.2006	RAJ	58.950	163	327.973
29	Barsha Bor	12.08.2007	W.B.	55.300	141	323.739
30	Y. Chaitna Kumari	12.08.2006	A.P.	80.700	164	320.481
31	Muskan	02.03.2005	HRN	77.500	163	314.036
32	B. Neeraja	26.06.2007	A.P.	39.950	95	311.200
33	B. Harika	10.02.2007	A.P.	58.100	160	308.346
34	Sonakshi	08.03.2006	HRN	57.500	159	301.990
35	Khushi Kumari	17.11.2005	BHR	54.050	138	301.417
36	Sushma Devi	08.07.2005	U.P.	62.750	154	296.736
37	Balo Yalam	08.08.2004	ARN	58.300	158	295.727
38	Grishma Thorat	25.03.2008	MHR	76.100	160	295.243
39	Vedika Tole	18.10.2007	MHR	45.000	119	294.139
40	L. Rashiya	28.11.2005	TND	52.150	136	287.148