



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2022-23

NAGERCOIL - TAMIL NADU  
27/12/2022 to 07/01/2023



## YOUTH[Result]

### WOMEN 76 kg

Competition : 04.01.2023 19:30

Weigh in : 17:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	80	[A] SANJANA	200	HRN	18-01-2007	74.390	82	85	86	82	1	107	111	111	111	1	193	1
2	718	[B] M.A.HASINA SHRIN	160	TND	05-06-2008	74.140	71	75	78	78	2	91	95	99	95	2	173	2
3	327	[A] HEENA	165	PUN	11-02-2006	71.650	68	71	71	71	3	82	90	92	92	4	163	3
4	262	[A] S. RITHIKA	176	PON	15-09-2005	71.660	70	74	74	70	7	86	92	95	92	3	162	4
5	535	[B] KEERTI	162	U.P.	19-08-2008	75.480	67	70	70	70	6	90	93	93	90	5	160	5
6	483	[B] GRISHMA THORAT	150	MHR	25-03-2008	73.800	63	67	70	70	5	85	85	90	90	6	160	6
7	425	[B] K.SUBIKSHA	155	TND	22-04-2006	74.840	70	74	74	70	4	85	89	89	85	7	155	7
8	148	[B] DEVIKA	140	CHD	17-07-2006	74.140	67	71	72	67	8	81	86	86	81	8	148	8
9	91	[B] B.ROCHISHMATI	130	A.P.	29-08-2009	72.280	57	61	64	64	9	70	75	80	80	9	144	9
10	795	[B] ASTHA GOGOI	126	ASM	11-03-2006	72.140	55	55	57	57	11	66	71	75	71	10	128	10
11	16	[B] V. SAHASRA	116	TEL	16-03-2008	72.430	53	57	62	57	10	63	67	71	71	11	128	11
12	645	[B] TANUSHKA CHOUHAN	106	RAJ	13-05-2007	71.300	48	54	56	48	12	58	58	58	58	12	106	12

#### BREAK RECORDS

YOUTH YOUTH WOMEN 76 kg SNATCH : JYOTI YADAV [HRN] 73 ---> M.A.HASINA SHRIN [TND] 78

YOUTH YOUTH WOMEN 76 kg SNATCH : M.A.HASINA SHRIN [TND] 78 ---> SANJANA [HRN] 82

YOUTH YOUTH WOMEN 76 kg CLEAN&JERK : JYOTI YADAV [HRN] 106 ---> SANJANA [HRN] 111

YOUTH YOUTH WOMEN 76 kg TOTAL : JYOTI YADAV [HRN] 179 ---> SANJANA [HRN] 193

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