



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2022-23

NAGERCOIL - TAMIL NADU

27/12/2022 to 07/01/2023



SENIOR[Result]

WOMEN 81 kg

Competition : 06.01.2023 10:30

Weigh in : 8:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	452	[A] PUNAM YADAV	210	RSPB	09-07-1995	79.680	93	97	100	100	1	110	115	122	122	2	222	1
2	676	[A] VANSITA VERMA	215	CHD	18-10-2001	79.430	87	87	90	90	3	114	119	123	123	1	213	2
3	680	[B] N. LALITHA	205	RSPB	13-05-1996	79.970	88	88	92	92	2	112	116	119	116	4	208	3
4	133	[B] CH.SRI LAKSHMI	185	A.P.	19-10-2004	80.660	80	86	90	86	5	100	109	114	114	5	200	4
5	61	[B] TAMANA	204	HRN	10-05-2002	81.000	83	83	86	83	8	111	116	118	116	3	199	5
6	341	[B] RAKHI PUROHIT	193	RAJ	23-06-1999	79.420	85	88	90	88	4	106	110	113	110	6	198	6
7	730	[B] KALPANA YADAV	188	U.P.	10-07-2002	79.720	82	82	86	86	6	105	110	115	105	7	191	7
8	102	[B] DEVARE MAYURI RAMCHANDRA	180	AIPSCB	28-02-1999	81.000	81	83	86	86	7	100	100	106	100	8	186	8
	149	[B] NAVDEEP KAUR	180	PUN	14-02-1987	76.300	78	81	83	81	9	100	100	100	--		--	
	31	[B] POOJA	190	H.P.	23-06-1996	79.750	78	78	78	--		--	--	--	--		--	
	358	[B] PRATHIBHA KUMARI M.P.	175	KRL	17-05-2001	80.680	78	78	78	--		--	--	--	--		--	

BREAK RECORDS

NATIONAL RECORDS-3-8-2022 SENIOR WOMEN 81 kg SNATCH : PUNAM YADAV [RSPB] 99 ---> PUNAM YADAV [RSPB] 100

NATIONAL RECORDS-3-8-2022 SENIOR WOMEN 81 kg CLEAN&JERK : SWAPNA PRIYA BARIAH [ASM] 121 ---> PUNAM YADAV [RSPB] 122

NATIONAL RECORDS-3-8-2022 SENIOR WOMEN 81 kg CLEAN&JERK : PUNAM YADAV [RSPB] 122 ---> VANSITA VERMA [CHD] 123

NATIONAL RECORDS-3-8-2022 SENIOR WOMEN 81 kg TOTAL : PUNAM YADAV [RSPB] 220 ---> PUNAM YADAV [RSPB] 222

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