



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2022-23

NAGERCOIL - TAMIL NADU

27/12/2022 to 07/01/2023



## SENIOR[Result]

### WOMEN 71 kg

Competition : 04.01.2023 08:00

Weigh in : 6:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	622	[A] HARJINDER KAUR	215	PUN	14-10-1996	70.340	88	91	93	91	1	115	120	123	123	1	214	1
2	773	[A] AMANDEEP KAUR	200	AIPSCB	07-08-1989	69.450	84	88	90	88	2	107	111	113	113	2	201	2
3	82	[A] MEENA KUMARI PAWAR	197	PUN	15-08-1989	69.130	83	86	86	83	7	112	112	119	112	3	195	3
4	686	[A] TRUPTI MANE	200	MHR	20-09-2001	69.830	83	83	86	86	3	105	107	107	107	6	193	4
5	537	[A] SRASHTI	196	U.P.	12-06-2002	69.700	80	84	84	84	6	100	105	109	109	4	193	5
6	51	[A] MANDEEP	199	HRN	10-04-1997	64.870	85	85	88	85	4	107	111	111	107	5	192	6
7	247	[A] P.UMESHWORI DEVI	196	MNP	28-07-2002	69.700	77	82	87	82	9	105	112	114	105	7	187	7
8	267	[A] RENU	199	HRN	20-01-1992	70.520	80	80	82	80	10	103	107	108	103	8	183	8
9	256	[A] SONAM	190	J.K.	05-07-1999	69.790	78	83	83	83	8	94	98	98	94	10	177	9
10	70	[B] TANUSHA	170	KRN	27-04-2002	68.130	74	74	78	74	11	94	94	94	94	9	168	10
	403	[A] NICEMOL THOMAS	180	KRL	09-12-1999	68.800	82	82	84	84	5	100	100	100	--		--	
	825	[A] RAKSHA DEVI	185	H.P.	08-05-1996	70.420	74	74	74	--		--	--	--	--		--	

#### BREAK RECORDS

JUNIORS-NLS JUNIOR WOMEN 71 kg CLEAN&JERK : ARMANDEEP KAUR [RAJ] 105 ---> SRASHTI [U.P.] 109

JUNIORS-NLS JUNIOR WOMEN 71 kg TOTAL : ARMANDEEP KAUR [RAJ] 187 ---> SRASHTI [U.P.] 193

NATIONAL RECORDS-3-8-2022 SENIOR WOMEN 71 kg CLEAN&JERK : LALCHHANHIMI [MIZ] 122 ---> HARJINDER KAUR [PUN] 123

sig.

(\_\_\_\_\_)