



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2022-23

NAGERCOIL - TAMIL NADU
27/12/2022 to 07/01/2023



SENIOR[Result]

WOMEN 64 kg

Competition : 03.01.2023 08:00

Weigh in : 6:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	557	[A] S. NIRUPAMA DEVI	210	RSPB	05-10-2000	63.670	85	88	91	88	2	113	115	118	118	1	206	1
2	230	[A] S.PALLAVI	190	A.P.	13-07-2003	63.190	86	90	94	90	1	108	112	114	112	3	202	2
3	40	[A] K. ROSHILATA DEVI	197	MNP	07-11-1999	63.480	82	83	83	83	5	105	110	114	114	2	197	3
4	28	[A] JASVIR KAUR	195	AIPSCB	22-02-1993	63.940	82	86	88	86	3	108	108	110	110	4	196	4
5	723	[A] BHAWANA	210	HRN	20-07-2005	62.950	85	85	89	85	4	107	112	112	107	5	192	5
6	301	[A] DITIMONI SONOWAL	187	ASM	04-12-2003	63.950	78	81	81	81	6	99	103	106	106	6	187	6
7	52	[A] ANNU	190	UKD	08-08-1997	62.900	80	85	85	80	7	100	105	110	105	7	185	7
8	426	[A] POSEN KONGKANG	185	ARN	14-01-2003	60.610	75	78	80	78	9	94	98	99	98	8	176	8
9	375	[A] L.KOWSHIKA	185	PON	18-03-2004	63.730	75	78	80	80	8	95	98	99	95	10	175	9
10	24	[B] NAGASHREE	170	KRN	12-03-2001	63.760	77	77	81	77	10	95	95	95	95	9	172	10
	302	[A] JYOTI YADAV	174	U.P.	30-12-2003	61.980	74	77	77	74	11	93	93	93	--		--	
	321	[B] S. MARIYAMMAL	172	PON	19-06-2001	61.180	72	75	75	72	12	93	93	--	--		--	
	140	[B] SANGEETA PADHY	168	ORS	21-03-2003	63.640	75	75	75	--		--	--	--	--		--	
	564	[B] ANKITA	170	RAJ	04-10-2006	62.150	--	--	--	--		--	--	--	--		--	

BREAK RECORDS

JUNIORS-NLS JUNIOR WOMEN 64 kg SNATCH : BHAWANA [HRN] 88 ---> S.PALLAVI [A.P.] 90

JUNIORS-NLS JUNIOR WOMEN 64 kg TOTAL : BHAWANA [HRN] 201 ---> S.PALLAVI [A.P.] 202

sig.

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