



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2022-23

NAGERCOIL - TAMIL NADU  
27/12/2022 to 07/01/2023



## SENIOR[Result]

### MEN +109 kg

Competition : 07.01.2023 12:30

Weigh in : 10:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	406	[A] GURDEEP SINGH	350	RSPB	01-10-1995	161.300	150	160	165	160	1	205	--	--	205	1	365	1
2	38	[A] VIPAN KUMAR	350	SSCB	30-01-1994	154.600	151	156	156	156	2	185	195	210	195	2	351	2
3	189	[A] S.RUDRAMAYAN	330	RSPB	10-04-2002	142.700	148	155	160	155	3	177	183	183	177	6	332	3
4	464	[A] DILABARDEEP SINGH	320	CHD	01-04-2000	143.800	140	141	146	141	5	177	185	190	185	3	326	4
5	90	[A] SHOPAT SINGH	310	RAJ	17-11-1998	126.400	140	144	145	145	4	175	180	184	180	5	325	5
6	533	[A] KUSHAL GOWDA	310	KRN	12-03-1999	166.900	140	140	146	140	7	180	186	187	180	4	320	6
7	19	[A] GAGANDEEP GILL	325	PUN	29-07-2002	134.450	141	141	145	141	6	176	181	185	176	7	317	7
8	782	[A] RAJVEER SINGH	330	PUN	29-09-1999	123.300	140	140	145	140	8	170	180	181	170	9	310	8
9	354	[A] GURPREET SINGH	310	GOA	19-11-1992	148.900	132	136	140	136	10	170	182	190	170	8	306	9
10	362	[B] ASHWINI	290	U.P.	09-09-2000	120.900	132	132	138	132	13	162	164	170	164	10	296	10
11	212	[B] ANURAG	297	UKD	27-10-1999	125.960	132	132	136	132	12	162	162	163	163	11	295	11
	598	[A] IMRAN KHAN	305	M.P.	06-04-1994	111.800	136	141	141	136	9	165	165	165	--	--	--	--
	332	[B] KARTHIK	294	TND	17-11-1993	126.180	132	135	137	135	11	162	162	162	--	--	--	--
	62	[A] KAVINDER	300	AIPSCB	15-01-1996	116.200	132	132	--	--	--	--	--	--	--	--	--	--

#### BREAK RECORDS

JUNIORS-NLS JUNIOR MEN +109 kg SNATCH : AVINASH [PUN] 148 ---> S.RUDRAMAYAN [RSPB] 155  
 JUNIORS-NLS JUNIOR MEN +109 kg CLEAN&JERK : S. RUDRAMAYAN [TND] 175 ---> GAGANDEEP GILL [PUN] 176  
 JUNIORS-NLS JUNIOR MEN +109 kg CLEAN&JERK : GAGANDEEP GILL [PUN] 176 ---> S.RUDRAMAYAN [RSPB] 177  
 JUNIORS-NLS JUNIOR MEN +109 kg TOTAL : S. RUDRAMAYAN [TND] 313 ---> GAGANDEEP GILL [PUN] 317  
 JUNIORS-NLS JUNIOR MEN +109 kg TOTAL : GAGANDEEP GILL [PUN] 317 ---> S.RUDRAMAYAN [RSPB] 332

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