



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2022-23

NAGERCOIL - TAMIL NADU

27/12/2022 to 07/01/2023



## JUNIOR[Result]

### MEN 96 kg

Competition : 05.01.2023 12:30

Weigh in : 10:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	530	[B] ALOK YADAV	293	U.P.	29-12-2003	94.900	121	126	129	126	5	170	177	179	179	1	305	1
2	32	[B] RAHUL	290	HRN	02-08-2003	95.100	134	138	138	134	1	162	168	171	168	3	302	2
3	33	[A] DILBAG SINGH	300	PUN	13-10-2004	95.820	133	133	138	133	2	165	165	173	165	5	298	3
4	117	[B] PUNIT CHANDRA SAHU	280	ORS	10-06-2003	92.300	116	116	121	121	9	157	167	176	176	2	297	4
5	275	[C] M.MANKANTA	270	A.P.	13-11-2002	89.130	128	132	135	132	3	155	162	166	162	6	294	5
6	637	[B] ANIL SINGH	296	PUN	01-02-2002	95.050	120	124	127	127	4	160	162	168	162	7	289	6
7	454	[B] RITESH MHAISHALE	290	MHR	05-02-2003	95.610	124	127	127	124	8	165	171	171	165	4	289	7
8	561	[C] SUVANSH THAKUR	271	H.P.	14-02-2005	95.100	118	122	125	125	6	145	151	159	151	8	276	8
9	744	[C] KAPIL SONOWAL	255	ASM	27-11-2006	95.020	121	124	124	124	7	143	146	151	146	9	270	9
	100	[C] D.SAGAR	260	A.P.	22-11-2002	92.380	118	118	125	118	10	--	--	--	--		--	
	712	[C] PRATHAM YADAV	255	RAJ	10-03-2003	94.700	110	115	120	115	11	137	137	137	--		--	
	814	[C] KAPIL	255	DEL	22-02-2003	90.550	106	109	110	110	12	137	137	137	--		--	
	638	[B] SWAYAM	288	M.P.	10-06-2004	94.700	118	118	118	--		--	--	--	--		--	

#### BREAK RECORDS

JUNIORS-NLS JUNIOR MEN 96 kg CLEAN&JERK : AMAN [HRN] 176 ----> ALOK YADAV [U.P.] 179

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