



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2022-23

NAGERCOIL - TAMIL NADU  
27/12/2022 to 07/01/2023



## JUNIOR[Result]

### WOMEN 71 kg

Competition : 04.01.2023 08:00

Weigh in : 6:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	509	[A] NAVDEEP KAUR	190	PUN	15-11-2003	71.000	77	77	80	80	2	108	114	114	114	1	194	1
2	537	[A] SRASHTI	196	U.P.	12-06-2002	69.700	80	84	84	84	1	100	105	109	109	2	193	2
3	137	[A] M.LEKHAMAALYA	180	TND	19-08-2003	71.000	74	77	77	74	10	98	102	104	102	3	176	3
4	668	[B] T. RENUKA	165	A.P.	16-04-2004	65.690	74	74	77	74	7	101	101	106	101	4	175	4
5	828	[B] H. RODI CHANU	175	MNP	03-04-2004	68.040	70	75	78	78	3	90	96	96	96	7	174	5
6	397	[B] CHELSI	172	DEL	25-03-2006	69.520	70	73	74	74	8	89	93	96	96	6	170	6
7	278	[B] B.NANI	165	A.P.	25-03-2002	66.490	73	73	78	73	11	90	96	100	96	5	169	7
8	70	[B] TANUSHA	170	KRN	27-04-2002	68.130	74	74	78	74	6	94	94	94	94	8	168	8
9	679	[B] SONGITA SADHANIDAR	178	ASM	16-08-2004	68.520	72	75	78	75	4	86	91	94	91	10	166	9
10	542	[B] R. HARINI	175	PON	02-06-2006	70.500	71	74	76	74	5	92	95	95	92	9	166	10
11	776	[B] M. ANUSHA	150	TEL	23-08-2003	68.350	65	70	70	70	12	85	90	93	90	11	160	11
12	54	[B] SANDHYA SARODE	175	MHR	24-08-2005	70.680	71	74	74	74	9	85	88	88	85	13	159	12
13	6	[B] AKTA BANJARE	160	C.G.	24-08-2005	67.390	67	70	70	70	13	85	90	90	85	12	155	13
14	178	[C] PRATHYUSHA T.V.	137	KRL	10-04-2004	70.350	58	60	60	58	14	79	--	--	79	14	137	14
	754	[B] KRITIKA RANA	160	H.P.	12-07-2003	70.020	58	58	58	--		--	--	--	--		--	

#### BREAK RECORDS

JUNIORS-NLS JUNIOR WOMEN 71 kg CLEAN&JERK : ARMANDEEP KAUR [RAJ] 105 ---> SRASHTI [U.P.] 109

JUNIORS-NLS JUNIOR WOMEN 71 kg CLEAN&JERK : SRASHTI [U.P.] 109 ---> NAVDEEP KAUR [PUN] 114

JUNIORS-NLS JUNIOR WOMEN 71 kg TOTAL : ARMANDEEP KAUR [RAJ] 187 ---> SRASHTI [U.P.] 193

JUNIORS-NLS JUNIOR WOMEN 71 kg TOTAL : SRASHTI [U.P.] 193 ---> NAVDEEP KAUR [PUN] 194

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