



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2022-23

NAGERCOIL - TAMIL NADU  
27/12/2022 to 07/01/2023



## JUNIOR[Result]

### MEN 109 kg

Competition : 07.01.2023 08:00

Weigh in : 6:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	436	[A] AKASH KAUSHAL	320	M.P.	27-12-2002	107.740	136	136	142	136	3	164	173	183	173	1	309	1
2	355	[B] GYANESH	300	HRN	06-03-2002	102.120	136	137	142	137	2	161	161	165	161	3	298	2
3	413	[B] BHOLA SINGH	300	BHR	05-05-2004	105.720	128	133	138	138	1	159	159	165	159	4	297	3
4	633	[B] SUJEETH.R	255	TND	04-12-2003	108.120	122	127	131	127	6	156	162	162	162	2	289	4
5	577	[B] GAUTAM SINGH	279	U.P.	26-11-2004	105.920	124	130	134	130	4	155	162	162	155	6	285	5
6	594	[B] PARWINDER SINGH	260	CHD	19-02-2003	108.170	126	130	130	126	7	157	162	163	157	5	283	6
7	513	[B] VINOD LAKHANI	275	RAJ	04-03-2003	106.310	125	129	132	129	5	147	157	157	147	9	276	7
8	124	[B] GOURAV KUMAR RANA	260	J.K.	03-01-2004	102.150	114	114	114	114	11	149	154	158	154	7	268	8
9	162	[B] PRITHVIRAJ DONGLE	250	MHR	27-09-2003	106.910	113	117	120	120	8	145	150	151	145	10	265	9
10	657	[A] MOHIT RAJPUT	273	DEL	05-05-2005	107.540	120	120	125	120	9	134	139	140	140	12	260	10
11	463	[B] JAGANNATH GOUDA	243	ORS	07-09-2003	108.170	105	110	115	110	12	140	145	148	148	8	258	11
12	379	[B] UDAY SINGH RATHORE	260	RAJ	20-02-2002	107.970	110	116	121	116	10	140	146	146	140	11	256	12
13	781	[A] SUMIT PUROHIT	210	RAJ	17-10-2005	93.070	93	100	110	100	13	116	122	126	122	13	222	13
	216	[B] PRINCE	290	HRN	27-09-2003	104.960	125	125	125	--		--	--	--		--		

#### BREAK RECORDS

JUNIORS-NLS JUNIOR MEN 109 kg SNATCH : CH PUSHPENDRA SINGH [U.P.] 135 ---> GYANESH [HRN] 137

JUNIORS-NLS JUNIOR MEN 109 kg SNATCH : GYANESH [HRN] 137 ---> BHOLA SINGH [BHR] 138

JUNIORS-NLS JUNIOR MEN 109 kg CLEAN&JERK : CH PUSHPENDRA SINGH [U.P.] 157 ---> BHOLA SINGH [BHR] 159

JUNIORS-NLS JUNIOR MEN 109 kg CLEAN&JERK : BHOLA SINGH [BHR] 159 ---> GYANESH [HRN] 161

JUNIORS-NLS JUNIOR MEN 109 kg CLEAN&JERK : GYANESH [HRN] 161 ---> SUJEETH.R [TND] 162

JUNIORS-NLS JUNIOR MEN 109 kg CLEAN&JERK : SUJEETH.R [TND] 162 ---> AKASH KAUSHAL [M.P.] 173

JUNIORS-NLS JUNIOR MEN 109 kg TOTAL : CH PUSHPENDRA SINGH [U.P.] 292 ---> BHOLA SINGH [BHR] 297

JUNIORS-NLS JUNIOR MEN 109 kg TOTAL : BHOLA SINGH [BHR] 297 ---> GYANESH [HRN] 298

JUNIORS-NLS JUNIOR MEN 109 kg TOTAL : GYANESH [HRN] 298 ---> AKASH KAUSHAL [M.P.] 309

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