



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2022-23

NAGERCOIL - TAMIL NADU
27/12/2022 to 07/01/2023



SENIOR[Result]

WOMEN 45 kg

Competition : 29.12.2022 18:00

Weigh in : 16:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	440	[A] KOMAL KOHAR	165	RSPB	24-07-2002	44.780	70	72	74	74	1	90	92	92	90	1	164	1
2	654	[A] SUFNA JASMIN P.S.	156	KRL	25-10-2002	44.760	68	71	73	73	2	87	90	92	87	5	160	2
3	69	[A] SARIKA SHINGARE	160	RSPB	01-12-1998	44.770	67	67	69	69	4	88	90	92	90	3	159	3
4	211	[A] DIPALI GURSALE	150	MHR	10-11-1996	45.000	66	66	69	69	3	84	84	89	89	4	158	4
5	152	[A] T. PRIYA DARSHINI	155	TEL	03-03-2000	44.840	63	65	67	65	9	87	90	94	90	2	155	5
6	751	[B] K.V.L. PAVANI KUMARI	150	A.P.	05-03-2003	44.930	64	68	68	68	7	80	84	86	86	6	154	6
7	628	[A] CHANDRIKA TARAFDAR	159	W.B.	12-10-1996	44.430	65	69	69	69	5	85	90	90	85	8	154	7
8	92	[A] VEENA	160	C.G.	19-03-1998	44.600	66	66	66	66	8	85	89	90	85	7	151	8
9	73	[B] B. RAJESWARI	145	A.P.	10-02-2002	44.800	62	66	68	68	6	80	84	84	80	9	148	9
10	567	[A] KH. REDIYA DEVI	150	MNP	02-03-2000	44.320	60	64	64	64	10	80	80	84	80	10	144	10
11	560	[B] THUSHMITHA	140	KRN	15-10-1996	44.830	62	62	62	62	11	79	85	85	79	11	141	11
12	359	[B] SUHANI SINGH RAJPUT	145	U.P.	30-05-1998	44.330	59	61	64	61	12	75	78	81	78	12	139	12
	506	[B] RANI	130	AIPSCB	01-03-1997	44.380	55	57	57	57	13	75	--	--	--		--	
	58	[A] PRIYANKA	150	H.P.	31-12-2000	44.460	55	59	59	55	14	75	75	75	--		--	

BREAK RECORDS

JUNIORS-NLS JUNIOR WOMEN 45 kg SNATCH : JHILLI DALABEHERA [ORS] 71 ---> SUFNA JASMIN P.S. [KRL] 73

JUNIORS-NLS JUNIOR WOMEN 45 kg SNATCH : SUFNA JASMIN P.S. [KRL] 73 ---> KOMAL KOHAR [RSPB] 74

NATIONAL RECORDS-3-8-2022 SENIOR WOMEN 45 kg SNATCH : KOMAL KOHAR [HRN] 72 ---> SUFNA JASMIN P.S. [KRL] 73

NATIONAL RECORDS-3-8-2022 SENIOR WOMEN 45 kg SNATCH : SUFNA JASMIN P.S. [KRL] 73 ---> KOMAL KOHAR [RSPB] 74

_____.sig.
(_____)