



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2022-23

NAGERCOIL - TAMIL NADU
27/12/2022 to 07/01/2023



JUNIOR[Result]

WOMEN 45 kg

Competition : 29.12.2022 18:00

Weigh in : 16:00

| No. | LOT | NAME | ENT. | TEAM | BORN | BW | SNATCH | | | | | CLEAN & JERK | | | | | TOTAL | |
|-----|-----|-----------------------|------|------|------------|--------|--------|----|----|------|------|--------------|----|----|------|------|-------|------|
| | | | | | | | 1 | 2 | 3 | Res. | Rank | 1 | 2 | 3 | Res. | Rank | Res. | Rank |
| 1 | 654 | [A] SUFNA JASMIN P.S. | 156 | KRL | 25-10-2002 | 44.760 | 68 | 71 | 73 | 73 | 1 | 87 | 90 | 92 | 87 | 1 | 160 | 1 |
| 2 | 73 | [B] B. RAJESWARI | 145 | A.P. | 10-02-2002 | 44.800 | 62 | 66 | 68 | 68 | 2 | 80 | 84 | 84 | 80 | 2 | 148 | 2 |
| 3 | 578 | [B] ANJALI PATEL | 144 | U.P. | 10-08-2004 | 44.780 | 63 | 66 | 66 | 66 | 3 | 77 | 81 | 81 | 77 | 4 | 143 | 3 |
| 4 | 750 | [A] RANI NAYAK | 150 | M.P. | 10-08-2002 | 44.300 | 60 | 63 | 65 | 63 | 4 | 73 | 73 | 81 | 73 | 5 | 136 | 4 |
| 5 | 456 | [B] MEGHA AHER | 130 | MHR | 20-05-2006 | 44.170 | 56 | 59 | 59 | 56 | 7 | 75 | 79 | 82 | 79 | 3 | 135 | 5 |
| 6 | 729 | [C] POSHIKA A | 120 | TND | 24-09-2006 | 44.890 | 56 | 60 | 60 | 60 | 5 | 68 | 72 | 74 | 68 | 8 | 128 | 6 |
| 7 | 580 | [B] VANI PURI | 125 | PUN | 16-03-2005 | 44.530 | 54 | 57 | 60 | 57 | 6 | 68 | -- | -- | 68 | 10 | 125 | 7 |
| 8 | 632 | [B] REKHAMONI GOGOI | 130 | ASM | 11-12-2004 | 44.560 | 53 | 56 | 56 | 56 | 8 | 65 | 69 | 69 | 69 | 7 | 125 | 8 |
| 9 | 834 | [C] TINAMONI SONOWAL | 118 | ASM | 03-04-2002 | 43.480 | 50 | 53 | 55 | 55 | 9 | 65 | 68 | 68 | 68 | 9 | 123 | 9 |
| 10 | 439 | [C] TAGRIK NAYA | 115 | ARN | 04-04-2006 | 44.180 | 50 | 52 | 54 | 54 | 10 | 65 | 69 | 72 | 69 | 6 | 123 | 10 |
| 11 | 270 | [C] SANDIYA GUNGLI | 110 | ARN | 27-12-2004 | 43.770 | 47 | 50 | 52 | 50 | 11 | 65 | 65 | 65 | 65 | 11 | 115 | 11 |

BREAK RECORDS

JUNIORS-NLS JUNIOR WOMEN 45 kg SNATCH : JHILLI DALABEHERA [ORS] 71 ---> SUFNA JASMIN P.S. [KRL] 73

NATIONAL RECORDS-3-8-2022 SENIOR WOMEN 45 kg SNATCH : KOMAL KOHAR [HRN] 72 ---> SUFNA JASMIN P.S. [KRL] 73

() sig.