



**KHELO INDIA WOMEN WEIGHTLIFTING LEAGUE  
TOURNAMENT YOUTH JUNIOR AND SENIOR**  
Rainbow International School Nagrota Bagwan Himachal Pradesh



14/06/2022 to 22/06/2022

# RESULT BOOK

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## YOUTH



# KHELO INDIA WOMEN WEIGHTLIFTING LEAGUE TOURNAMENT YOUTH JUNIOR AND SENIOR

Rainbow International School Nagrota Bagwan Himachal Pradesh

14/06/2022 to 22/06/2022



## YOUTH MEN's MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
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# KHELO INDIA WOMEN WEIGHTLIFTING LEAGUE TOURNAMENT YOUTH JUNIOR AND SENIOR

Rainbow International School Nagrota Bagwan Himachal Pradesh

14/06/2022 to 22/06/2022



## YOUTH WOMEN'S MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
40 kg	TOTAL	1	120	A. Poshika	24-09-2006	TND
		2	108	Jyoshna Sabar	25-10-2008	ORS
		3	95	Kaken Doyom	07-09-2006	ARN
45 kg	TOTAL	1	135	Asmita Dhone	01-05-2007	MHR
		2	121	Vani Puri	16-03-2005	PUN
		3	109	Laxmi Tiwari	29-12-2006	RAJ
49 kg	TOTAL	1	148	Aarati Tatgunti	22-06-2005	MHR
		2	143	Panchami Sonowal	05-05-2005	ASM
		3	132	Himanshee	14-03-2005	HRN
55 kg	TOTAL	1	145	Mina Santa	07-03-2007	ORS
		2	109	Preeti Yadav	02-07-2007	U.P.
		3	109	Anupama Kumari	25-12-2005	JKD
59 kg	TOTAL	1	174	Sonakshi	18-03-2006	HRN
		2	143	Tiluchana Pukan	10-11-2007	ASM
		3	122	Seema Marandi	15-08-2008	JKD
64 kg	TOTAL	1	142	Kh. Elizah Chanu	01-04-2006	MNP
		2	135	Tikimohini Mallik	05-02-2008	ORS
		3	123	Janis Barla	16-06-2006	JKD
71 kg	TOTAL	1	174	Sanjana	18-01-2007	HRN
		2	153	R. Harini	02-06-2006	PON
		3	148	Srishti Yadav	06-06-2005	U.P.
76 kg	TOTAL	1	142	Jyoti Yadav	31-12-2005	U.P.
		2	119	Punam Yadav	29-08-2006	U.P.
		3	119	R. Priya	20-01-2005	TND
81 kg	TOTAL	1	170	Amritha P. Suni	16-01-2007	KRL
		2	143	Harshada Amar Patil	16-01-2006	MHR
		3	118	Pooja	04-11-2005	HRN
+81 kg	TOTAL	1	190	M. Martina Devi	21-03-2006	MNP
		2	170	K. Oviya	02-11-2007	TND
		3	104	U. Laxmi Prasana	09-07-2008	TEL



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## YOUTH SUMMARY TEAM CLASSIFICATION

No.	Team	MEN	WOMEN	SUMMARY
1	U.P. : U.P.	0/0	185/9	185/9
2	MHR : MHR	0/0	144/7	144/7
3	H.P. : H.P.	0/0	144/8	144/8
4	JKD : JKD	0/0	133/6	133/6
5	HRN : HRN	0/0	102/5	102/5
6	ASM : ASM	0/0	93/4	93/4
7	ORS : ORS	0/0	78/3	78/3
8	TND : TND	0/0	76/3	76/3
9	KRL : KRL	0/0	72/3	72/3
10	ARN : ARN	0/0	64/3	64/3
11	MNP : MNP	0/0	56/2	56/2
12	TEL : TEL	0/0	44/2	44/2
13	M.P. : M.P.	0/0	38/2	38/2
14	PUN : PUN	0/0	25/1	25/1
15	PON : PON	0/0	25/1	25/1
16	RAJ : RAJ	0/0	23/1	23/1
17	DEL : DEL	0/0	22/1	22/1



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## YOUTH MEN's TEAM CLASSIFICATION

No.	Team	TOTAL
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# KHELO INDIA WOMEN WEIGHTLIFTING LEAGUE TOURNAMENT YOUTH JUNIOR AND SENIOR

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## YOUTH WOMEN'S TEAM CLASSIFICATION

No.	Team	40 kg	45 kg	49 kg	55 kg	59 kg	64 kg	71 kg	76 kg	81 kg	+81 kg	TOTAL
1	U.P. : U.P.	20/2	-	42/2	25/1	22/1	-	23/1	53/2	-	-	185/9
2	MHR : MHR	-	28/1	28/1	-	0/1	-	42/2	21/1	25/1	-	144/7
3	H.P. : H.P.	-	-	19/1	22/1	21/1	-	19/1	20/2	22/1	21/1	144/8
4	JKD : JKD	22/1	21/1	-	23/1	23/1	23/1	21/1	-	-	-	133/6
5	HRN : HRN	-	-	23/1	-	28/1	-	28/1	-	23/2	-	102/5
6	ASM : ASM	21/1	-	25/1	-	25/1	-	-	22/1	-	-	93/4
7	ORS : ORS	25/1	-	-	28/1	-	25/1	-	-	-	-	78/3
8	TND : TND	28/1	-	-	-	-	-	-	23/1	-	25/1	76/3
9	KRL : KRL	-	22/1	-	-	-	22/1	-	-	28/1	-	72/3
10	ARN : ARN	23/1	20/1	21/1	-	-	-	-	-	-	-	64/3
11	MNP : MNP	-	-	-	-	-	28/1	-	-	-	28/1	56/2
12	TEL : TEL	-	-	-	-	-	21/1	-	-	-	23/1	44/2
13	M.P. : M.P.	-	-	-	-	20/1	-	18/1	-	-	-	38/2
14	PON : PON	-	-	-	-	-	-	25/1	-	-	-	25/1
15	PUN : PUN	-	25/1	-	-	-	-	-	-	-	-	25/1
16	RAJ : RAJ	-	23/1	-	-	-	-	-	-	-	-	23/1
17	DEL : DEL	-	-	-	-	-	-	-	-	-	22/1	22/1



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Rainbow International School Nagrota Bagwan Himachal Pradesh

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## YOUTH SUMMARY MEDALS

No.	Team	1	2	3	4	5	6	7	8
1	MHR : MHR	2	1		1	1	1		
2	HRN : HRN	2		2					
3	MNP : MNP	2							
4	U.P. : U.P.	1	2	1	2		2		
5	ORS : ORS	1	2						
6	TND : TND	1	1	1					
7	KRL : KRL	1			2				
8	ASM : ASM		2		1	1			
9	PUN : PUN		1						
10	PON : PON		1						
11	JKD : JKD			3	1	2			
12	ARN : ARN			1		1	1		
13	TEL : TEL			1		1			
14	RAJ : RAJ			1					
15	H.P. : H.P.				2	2	1	2	
16	DEL : DEL				1				
17	M.P. : M.P.						1		1



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## YOUTH MEN 's MEDALS

No.	Team
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# KHELO INDIA WOMEN WEIGHTLIFTING LEAGUE TOURNAMENT YOUTH JUNIOR AND SENIOR

Rainbow International School Nagrota Bagwan Himachal Pradesh

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## YOUTH WOMEN 's MEDALS

No.	Team	1	2	3	4	5	6	7	8
1	MHR : MHR	2	1		1	1	1		
2	HRN : HRN	2		2					
3	MNP : MNP	2							
4	U.P. : U.P.	1	2	1	2		2		
5	ORS : ORS	1	2						
6	TND : TND	1	1	1					
7	KRL : KRL	1			2				
8	ASM : ASM		2		1	1			
9	PUN : PUN		1						
10	PON : PON		1						
11	JKD : JKD			3	1	2			
12	ARN : ARN			1		1	1		
13	TEL : TEL			1		1			
14	RAJ : RAJ			1					
15	H.P. : H.P.				2	2	1	2	
16	DEL : DEL				1				
17	M.P. : M.P.						1		1



# KHELO INDIA WOMEN WEIGHTLIFTING LEAGUE TOURNAMENT YOUTH JUNIOR AND SENIOR

Rainbow International School Nagrota Bagwan Himachal Pradesh

14/06/2022 to 22/06/2022



## RESULT YOUTH WOMEN 40 kg

Competition : 15.06.2022 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	149	[A] A. Poshika	110	TND	24-09-2006	39.860	49	53	56	56	1	60	64	67	64	1	120	1
2	77	[A] Jyoshna Sabar	100	ORS	25-10-2008	39.800	45	48	50	48	2	55	60	62	60	2	108	2
3	82	[A] Kaken Doyom	90	ARN	07-09-2006	38.000	40	40	43	40	3	52	55	58	55	3	95	3
4	189	[A] Manisha Soren	85	JKD	10-03-2007	40.000	32	36	39	36	5	48	51	56	51	4	87	4
5	157	[A] Luna Sonowal	87	ASM	14-09-2009	37.400	37	40	40	37	4	47	50	50	47	5	84	5
6	89	[A] Sandhya Yadav	65	U.P.	03-12-2006	37.820	28	31	31	31	6	37	40	42	40	6	71	6
	167	[A] Nikita Verma	60	U.P.	07-08-2006	39.400	27	27	27	--		--	--	--	--		--	

### Jury

1. A) Hansa Sharma [UKD]
2. B) Sunil Kumar [DEL]
3. C) Pardeep Sharma [H.P.]

### Referee

- Center - Rajesh Kumar [H.P.]  
Left - Virpal Kaur [PUN]  
Right - Pradeep Yadav [U.P.]

### Chief Marshal

1. Amarnath Tyagi [U.P.]
2. Rajkumar Jamwal [H.P.]

### Time Keeper

1. Nirlep Singh [U.P.]

### Technical Controller

1. Daljit Kaur [PUN]
2. Ravi Sharma [RAJ]

### Secretary

1. Umeshwari Sharma [CHD]



# KHELO INDIA WOMEN WEIGHTLIFTING LEAGUE TOURNAMENT YOUTH JUNIOR AND SENIOR

Rainbow International School Nagrota Bagwan Himachal Pradesh

14/06/2022 to 22/06/2022



## RESULT YOUTH WOMEN 45 kg

Competition : 15.06.2022 11:30

Weigh in : 9:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	100	[B] Asmita Dhone	120	MHR	01-05-2007	44.100	55	58	60	58	1	70	74	77	77	1	135	1
2	103	[A] Vani Puri	122	PUN	16-03-2005	44.860	48	51	53	53	2	68	68	70	68	2	121	2
3	163	[B] Laxmi Tiwari	104	RAJ	29-12-2006	44.720	47	50	50	47	3	57	60	62	62	3	109	3
4	180	[B] Sherin P. Benny	105	KRL	09-12-2006	45.000	45	45	45	45	4	55	58	58	58	4	103	4
5	9	[B] Babita Kumari	91	JKD	01-01-2007	45.000	35	39	39	39	5	46	51	51	46	5	85	5
6	11	[B] Pungni Tara	80	ARN	25-07-2008	43.080	35	38	40	38	6	45	49	50	45	6	83	6

### Jury

1. A) Kumbasi Subramanya [KRN]
2. B) P S Sandhu [U.P.]
3. C) Shyamala Shetty [KRN]

### Referee

Center - Pal Singh Sandhu - Vijay Hooda [POL]  
Left - Biku Sarita [ARN]  
Right - Yogendra [U.P.]

### Chief Marshal

1. Harbans Singh [PUN]
2. Yudhvir Singh [J.K.]

### Time Keeper

1. Ajay Kumar Das [SSCB]

### Technical Controller

1. Bhabajyoti Goswami [ASM]
2. G.P. Sharma [U.P.]

### Secretary

1. Yashpal Yadav [U.P.]



# KHELO INDIA WOMEN WEIGHTLIFTING LEAGUE TOURNAMENT YOUTH JUNIOR AND SENIOR

Rainbow International School Nagrota Bagwan Himachal Pradesh

14/06/2022 to 22/06/2022



## RESULT YOUTH WOMEN 49 kg

Competition : 16.06.2022 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	128	[B] Aarati Tatgunti	115	MHR	22-06-2005	47.920	61	63	65	65	1	80	83	83	83	1	148	1
2	7	[B] Panchami Sonowal	140	ASM	05-05-2005	46.860	60	63	65	63	3	80	84	85	80	2	143	2
3	160	[B] Himanshee	130	HRN	14-03-2005	48.700	58	63	66	63	2	69	75	75	69	3	132	3
4	184	[B] Shivani Yadav	113	U.P.	01-07-2006	48.860	51	54	57	54	4	61	65	68	65	4	119	4
5	8	[B] Mercy Teli	90	ARN	02-01-2008	47.520	35	40	42	42	5	45	49	52	52	5	94	5
6	80	[B] Khushbu	70	U.P.	05-07-2007	48.220	32	34	36	34	6	38	38	38	38	6	72	6
7	44	[B] Vanshika	50	H.P.	03-12-2007	46.360	21	23	23	21	7	25	27	29	29	7	50	7

### Jury

1. A) Kumbasi Subramanya [KRN]
2. B) P S Sandhu [U.P.]
3. C) Shyamala Shetty [KRN]

### Referee

- Center - Pradeep Yadav [U.P.]  
Left - Rajesh Kumar [H.P.]  
Right - Virpal Kaur [PUN]

### Chief Marshal

1. Harbans Singh [PUN]
2. Yudhvir Singh [J.K.]

### Time Keeper

1. Ajay Kumar Das [SSCB]

### Technical Controller

1. Bhabajyoti Goswami [ASM]
2. G.P. Sharma [U.P.]

### Secretary

1. Yashpal Yadav [U.P.]



# KHELO INDIA WOMEN WEIGHTLIFTING LEAGUE TOURNAMENT YOUTH JUNIOR AND SENIOR

Rainbow International School Nagrota Bagwan Himachal Pradesh

14/06/2022 to 22/06/2022



## RESULT YOUTH WOMEN 55 kg

Competition : 16.06.2022 15:00

Weigh in : 13:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	115	[A] Mina Santa	145	ORS	07-03-2007	54.660	63	63	65	63	1	80	80	82	82	1	145	1
2	116	[B] Preeti Yadav	100	U.P.	02-07-2007	54.480	49	49	51	51	2	58	58	58	58	3	109	2
3	41	[B] Anupama Kumari	115	JKD	25-12-2005	53.540	48	50	51	48	3	58	61	63	61	2	109	3
4	143	[B] Pallavi Chaudhary	60	H.P.	15-02-2008	52.600	35	37	40	40	4	40	45	48	48	4	88	4

### Jury

1. A) Kumbasi Subramanya [KRN]
2. B) P S Sandhu [U.P.]
3. C) Shyamala Shetty [KRN]

### Referee

- Center - RVLN Ratnakara Rao [A.P.]  
Left - K.D.S. Nagra [CHD]  
Right - Khushbu Yadav [U.P.]

### Chief Marshal

1. Harbans Singh [PUN]
2. Yudhvir Singh [J.K.]

### Time Keeper

1. Ajay Kumar Das [SSCB]

### Technical Controller

1. Bhabajyoti Goswami [ASM]
2. G.P. Sharma [U.P.]

### Secretary

1. Yashpal Yadav [U.P.]



# KHELO INDIA WOMEN WEIGHTLIFTING LEAGUE TOURNAMENT YOUTH JUNIOR AND SENIOR

Rainbow International School Nagrota Bagwan Himachal Pradesh

14/06/2022 to 22/06/2022



## RESULT YOUTH WOMEN 59 kg

Competition : 17.06.2022 11:30

Weigh in : 9:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	173	[A] Sonakshi	165	HRN	18-03-2006	58.900	72	76	78	78	1	87	92	96	96	1	174	1
2	171	[B] Tiluchana Pukan	133	ASM	10-11-2007	57.620	57	61	64	61	2	78	82	84	82	2	143	2
3	1	[B] Seema Marandi	120	JKD	15-08-2008	57.600	52	56	58	56	3	60	64	66	66	3	122	3
4	138	[B] Taniya Kashyap	85	U.P.	17-03-2006	58.900	38	38	40	40	4	42	45	47	47	4	87	4
5	131	[B] Sanjana Bhatt	55	H.P.	12-07-2007	55.900	21	23	26	26	5	27	29	32	32	5	58	5
6	65	[B] Jhanvi Bhilala	56	M.P.	31-12-2008	57.880	21	23	23	21	6	21	23	23	23	6	44	6
	101	[B] Ishwari Nishant Powar	155	MHR	08-03-2007	58.500	62	62	62	--		--	--	--	--		--	
		[A] B. Gangothi	140	TEL	18-06-2004													

### Jury

1. A) Kumbasi Subramanya [KRN]
2. B) P S Sandhu [U.P.]
3. C) Shyamala Shetty [KRN]

### Referee

- Center - Biku Sarita [ARN]  
Left - Yogendra [U.P.]  
Right - Pal Singh Sandhu - Vijay Hooda [POL]

### Chief Marshal

1. Harbans Singh [PUN]
2. Yudhvir Singh [J.K.]

### Time Keeper

1. Ajay Kumar Das [SSCB]

### Technical Controller

1. Bhabajyoti Goswami [ASM]
2. G.P. Sharma [U.P.]

### Secretary

1. Yashpal Yadav [U.P.]



# KHELO INDIA WOMEN WEIGHTLIFTING LEAGUE TOURNAMENT YOUTH JUNIOR AND SENIOR

Rainbow International School Nagrota Bagwan Himachal Pradesh

14/06/2022 to 22/06/2022



## RESULT YOUTH WOMEN 64 kg

Competition : 18.06.2022 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	27	[A] Kh. Elizah Chanu	135	MNP	01-04-2006	61.300	56	59	61	61	1	74	77	81	81	1	142	1
2	12	[A] Tikimohini Mallik	122	ORS	05-02-2008	62.360	53	56	58	58	2	74	77	81	77	2	135	2
3	63	[A] Janis Barla	119	JKD	16-06-2006	59.620	50	53	56	53	4	64	68	70	70	3	123	3
4	94	[A] Reenumol P.R.	130	KRL	01-10-2007	60.800	55	57	60	57	3	65	65	68	65	5	122	4
5	93	[A] K. Sesha Sai	130	TEL	12-06-2005	63.620	50	50	53	53	5	60	63	66	66	4	119	5

### Jury

1. A) Kumbasi Subramanya [KRN]
2. B) P S Sandhu [U.P.]
3. C) Shyamala Shetty [KRN]

### Referee

- Center - Rajesh Kumar [H.P.]  
Left - Virpal Kaur [PUN]  
Right - Pradeep Yadav [U.P.]

### Chief Marshal

1. Harbans Singh [PUN]
2. Yudhvir Singh [J.K.]

### Time Keeper

1. Ajay Kumar Das [SSCB]

### Technical Controller

1. Bhabajyoti Goswami [ASM]
2. G.P. Sharma [U.P.]

### Secretary

1. Yashpal Yadav [U.P.]



# KHELO INDIA WOMEN WEIGHTLIFTING LEAGUE TOURNAMENT YOUTH JUNIOR AND SENIOR

Rainbow International School Nagrota Bagwan Himachal Pradesh

14/06/2022 to 22/06/2022



## RESULT YOUTH WOMEN 71 kg

Competition : 18.06.2022 15:00

Weigh in : 13:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	170	[A] Sanjana	166	HRN	18-01-2007	70.040	72	72	75	75	1	93	99	99	99	1	174	1
2	118	[A] R. Harini	165	PON	02-06-2006	70.200	65	68	70	70	2	80	83	85	83	2	153	2
3	158	[B] Srishti Yadav	140	U.P.	06-06-2005	65.060	65	68	70	68	3	80	84	85	80	4	148	3
4	5	[B] Sandhya Bhaskar Sarode	140	MHR	24-08-2005	67.100	63	66	66	66	4	81	81	81	81	3	147	4
5	139	[B] Aruhi Kumari	125	JKD	09-09-2007	67.240	52	56	59	56	6	68	71	73	73	5	129	5
6	179	[B] Rajlaxmi Jaysing Powar	125	MHR	29-06-2005	64.840	52	55	58	58	5	65	69	72	69	6	127	6
7	188	[B] Pragya Sharma	100	H.P.	20-02-2006	64.220	40	45	50	50	7	50	55	60	60	7	110	7
8	151	[B] Anajali Ghanghauriya	75	M.P.	03-05-2007	67.900	25	30	33	33	8	30	35	40	40	8	73	8

### Jury

1. A) Hansa Sharma [UKD]
2. B) Sunil Kumar [DEL]
3. C) Pardeep Sharma [H.P.]

### Referee

Center - Pal Singh Sandhu - Vijay Hooda [POL]  
Left - Biku Sarita [ARN]  
Right - Yogendra [U.P.]

### Chief Marshal

1. Amarnath Tyagi [U.P.]
2. Rajkumar Jamwal [H.P.]

### Time Keeper

1. Nirlep Singh [U.P.]

### Technical Controller

1. Daljit Kaur [PUN]
2. Ravi Sharma [RAJ]

### Secretary

1. Umeshwari Sharma [CHD]





# KHELO INDIA WOMEN WEIGHTLIFTING LEAGUE TOURNAMENT YOUTH JUNIOR AND SENIOR

Rainbow International School Nagrota Bagwan Himachal Pradesh

14/06/2022 to 22/06/2022



## RESULT YOUTH WOMEN 76 kg

Competition : 19.06.2022 14:30

Weigh in : 12:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	108	[A] Jyoti Yadav	145	U.P.	31-12-2005	74.120	67	67	70	67	1	75	80	80	75	1	142	1
2	121	[B] Punam Yadav	113	U.P.	29-08-2006	71.240	51	53	56	56	2	60	63	63	63	4	119	2
3	70	[B] R. Priya	105	TND	20-01-2005	75.540	40	43	48	48	4	60	68	71	71	2	119	3
4	98	[B] Astha Gogoi	110	ASM	11-03-2006	72.420	50	53	53	50	3	60	63	63	63	3	113	4
5	61	[B] Karishma Rafik Shah	70	MHR	15-04-2005	72.340	24	27	30	27	5	32	34	36	36	5	63	5
6	96	[B] Anchal	50	H.P.	30-06-2007	71.050	21	23	26	23	6	21	24	28	28	6	51	6
	132	[B] Nitanjali	50	H.P.	24-12-2008	73.260	21	--	--	--		--	--	--	--		--	

### Jury

1. A) Hansa Sharma [UKD]
2. B) Sunil Kumar [DEL]
3. C) Pardeep Sharma [H.P.]

### Referee

- Center - Pradeep Yadav [U.P.]  
Left - Rajesh Kumar [H.P.]  
Right - Virpal Kaur [PUN]

### Chief Marshal

1. Amarnath Tyagi [U.P.]
2. Rajkumar Jamwal [H.P.]

### Time Keeper

1. Nirlep Singh [U.P.]

### Technical Controller

1. Daljit Kaur [PUN]
2. Ravi Sharma [RAJ]

### Secretary

1. Umeshwari Sharma [CHD]



# KHELO INDIA WOMEN WEIGHTLIFTING LEAGUE TOURNAMENT YOUTH JUNIOR AND SENIOR

Rainbow International School Nagrota Bagwan Himachal Pradesh

14/06/2022 to 22/06/2022



## RESULT YOUTH WOMEN 81 kg

Competition : 20.06.2022 11:30

Weigh in : 9:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	134	[A] Amritha P. Suni	170	KRL	16-01-2007	80.700	68	73	75	75	1	90	95	97	95	1	170	1
2	3	[B] Harshada Amar Patil	148	MHR	16-01-2006	80.500	60	60	63	63	3	70	75	80	80	2	143	2
3	56	[B] Pooja	135	HRN	04-11-2005	78.220	55	58	61	58	4	60	60	65	60	3	118	3
4	152	[B] Simran Rana	50	H.P.	05-11-2007	79.900	21	23	27	23	5	25	28	30	30	4	53	4
	133	[A] Muskan	163	HRN	02-03-2005	77.900	64	68	71	71	2	84	88	88	--		--	

### Jury

1. A) Hansa Sharma [UKD]
2. B) Sunil Kumar [DEL]
3. C) Pardeep Sharma [H.P.]

### Referee

- Center - RVLN Ratnakara Rao [A.P.]  
Left - K.D.S. Nagra [CHD]  
Right - Khushbu Yadav [U.P.]

### Chief Marshal

1. Amarnath Tyagi [U.P.]
2. Rajkumar Jamwal [H.P.]

### Time Keeper

1. Nirlep Singh [U.P.]

### Technical Controller

1. Daljit Kaur [PUN]
2. Ravi Sharma [RAJ]

### Secretary

1. Umeshwari Sharma [CHD]



# KHELO INDIA WOMEN WEIGHTLIFTING LEAGUE TOURNAMENT YOUTH JUNIOR AND SENIOR

Rainbow International School Nagrota Bagwan Himachal Pradesh

14/06/2022 to 22/06/2022



## RESULT YOUTH WOMEN +81 kg

Competition : 21.06.2022 12:00

Weigh in : 10:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	135	[A] M. Martina Devi	180	MNP	21-03-2006	106.400	76	80	82	82	1	100	106	108	108	1	190	1
2	81	[A] K. Oviya	155	TND	02-11-2007	83.900	64	70	74	74	2	84	90	96	96	2	170	2
3	186	[A] U. Laxmi Prasana	115	TEL	09-07-2008	87.500	42	46	50	46	3	53	58	62	58	3	104	3
4	90	[B] Vaishanavi	69	DEL	26-08-2007	112.200	32	34	36	34	4	30	35	38	38	5	72	4
5	172	[B] Sunakshi Rana	60	H.P.	14-03-2005	81.800	27	31	31	27	5	35	40	43	43	4	70	5

### Jury

1. A) Hansa Sharma [UKD]
2. B) Sunil Kumar [DEL]
3. C) Pardeep Sharma [H.P.]

### Referee

- Center - Biku Sarita [ARN]  
Left - Yogendra [U.P.]  
Right - Pal Singh Sandhu - Vijay Hooda [POL]

### Chief Marshal

1. Amarnath Tyagi [U.P.]
2. Rajkumar Jamwal [H.P.]

### Time Keeper

1. Nirlep Singh [U.P.]

### Technical Controller

1. Daljit Kaur [PUN]
2. Ravi Sharma [RAJ]

### Secretary

1. Umeshwari Sharma [CHD]



# KHELO INDIA WOMEN WEIGHTLIFTING LEAGUE TOURNAMENT YOUTH JUNIOR AND SENIOR

Rainbow International School Nagrota Bagwan Himachal Pradesh

14/06/2022 to 22/06/2022



## GROUP OF JURIES AND REFEREES

### JURY Member Group 1 :

- A) HANSA SHARMA [UKD] \*President of Jury
- B) SUNIL KUMAR [DEL]
- C) PARDEEP SHARMA [H.P.]

### JURY Member Group 2 :

- A) KUMBASI SUBRAMANYA [KRN] \*President of Jury
- B) P S SANDHU [U.P.]
- C) SHYAMALA SHETTY [KRN]

### REFEREE Member Group 1 :

- RAJESH KUMAR [H.P.]
- VIRPAL KAUR [PUN]
- PRADEEP YADAV [U.P.]

### REFEREE Member Group 2 :

- PAL SINGH SANDHU - VIJAY HOODA [POL]
- BIKU SARITA [ARN]
- YOGENDRA [U.P.]

### REFEREE Member Group 3 :

- K.D.S. NAGRA [CHD]
- KHUSHBU YADAV [U.P.]
- RVLN RATNAKARA RAO [A.P.]



# KHELO INDIA WOMEN WEIGHTLIFTING LEAGUE TOURNAMENT YOUTH JUNIOR AND SENIOR

Rainbow International School Nagrota Bagwan Himachal Pradesh

14/06/2022 to 22/06/2022



## GROUP OF OTHER COMPETITION OFFICIALS

### CHIEF MARSHAL Member Group 1 :

AMARNATH TYAGI [U.P.]  
RAJKUMAR JAMWAL [H.P.]

### CHIEF MARSHAL Member Group 2 :

HARBANS SINGH [PUN]  
YUDHVIR SINGH [J.K.]

### TIMEKEEPER Member Group 1 :

NIRLEP SINGH [U.P.]

### TIMEKEEPER Member Group 2 :

AJAY KUMAR DAS [SSCB]

### TECHNICAL CONTROLLER Member Group 1 :

DALJIT KAUR [PUN]  
RAVI SHARMA [RAJ]

### TECHNICAL CONTROLLER Member Group 2 :

BHABAJYOTI GOSWAMI [ASM]  
G.P. SHARMA [U.P.]

### SECRETARY Member Group 1 :

UMESHWARI SHARMA [CHD]

### SECRETARY Member Group 2 :

YASHPAL YADAV [U.P.]

### COMPETITION DIRECTOR Member Group 1 :

PARDEEP SHARMA [H.P.]

### TECHNICAL DELEGATE Member Group 1 :

SAHDEV YADAV, PRESIDENT, IWLF [U.P.]

### SPEAKER Member Group 1 :

N.P.S. CHAUHAN [U.P.]

### TSR OPERATOR Member Group 1 :

SUNEET CHOPRA [U.P.]

### SPEAKER Member Group 2 :

KRISHNARAJ K [KRN]



# KHELO INDIA WOMEN WEIGHTLIFTING LEAGUE TOURNAMENT YOUTH JUNIOR AND SENIOR

Rainbow International School Nagrota Bagwan Himachal Pradesh

14/06/2022 to 22/06/2022



## MEN 's ROBI TOTAL POINT

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
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# KHELO INDIA WOMEN WEIGHTLIFTING LEAGUE TOURNAMENT YOUTH JUNIOR AND SENIOR

Rainbow International School Nagrota Bagwan Himachal Pradesh

14/06/2022 to 22/06/2022



## WOMEN 's ROBI TOTAL POINT

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
1	A. Poshika	24-09-2006	TND	39.860	120	676.200
2	Jyoshna Sabar	25-10-2008	ORS	39.800	108	476.510
3	Asmita Dhone	01-05-2007	MHR	44.100	135	447.251
4	Aarati Tatgunti	22-06-2005	MHR	47.920	148	436.112
5	Sonakshi	18-03-2006	HRN	58.900	174	407.430
6	Sanjana	18-01-2007	HRN	70.040	174	395.780
7	Panchami Sonowal	05-05-2005	ASM	46.860	143	389.059
8	M. Martina Devi	21-03-2006	MNP	106.400	190	376.272
9	Amritha P. Suni	16-01-2007	KRL	80.700	170	361.112
10	Mina Santa	07-03-2007	ORS	54.660	145	355.265
11	Kaken Doyom	07-09-2006	ARN	38.000	95	311.200
12	Vani Puri	16-03-2005	PUN	44.860	121	310.884
13	Himanshee	14-03-2005	HRN	48.700	132	298.221
14	K. Oviya	02-11-2007	TND	83.900	170	260.038
15	R. Harini	02-06-2006	PON	70.200	153	258.165
16	Manisha Soren	10-03-2007	JKD	40.000	87	232.342
17	Srishti Yadav	06-06-2005	U.P.	65.060	148	231.187
18	Kh. Elizah Chanu	01-04-2006	MNP	61.300	142	226.637
19	Sandhya Bhaskar Sarode	24-08-2005	MHR	67.100	147	226.038
20	Laxmi Tiwari	29-12-2006	RAJ	44.720	109	219.745
21	Tiluchana Pukan	10-11-2007	ASM	57.620	143	212.315
22	Shivani Yadav	01-07-2006	U.P.	48.860	119	211.330
23	Luna Sonowal	14-09-2009	ASM	37.400	84	206.777
24	Jyoti Yadav	31-12-2005	U.P.	74.120	142	204.429
25	Harshada Amar Patil	16-01-2006	MHR	80.500	143	203.293
26	Tikimohini Mallik	05-02-2008	ORS	62.360	135	191.602
27	Sherin P. Benny	09-12-2006	KRL	45.000	103	182.069
28	Aruhi Kumari	09-09-2007	JKD	67.240	129	146.466
29	Janis Barla	16-06-2006	JKD	59.620	123	140.637
30	Rajlaxmi Jaysing Powar	29-06-2005	MHR	64.840	127	139.058
31	Preeti Yadav	02-07-2007	U.P.	54.480	109	137.666
32	Anupama Kumari	25-12-2005	JKD	53.540	109	137.666
33	Reenumol P.R.	01-10-2007	KRL	60.800	122	136.874
34	K. Sesha Sai	12-06-2005	TEL	63.620	119	126.009
35	Seema Marandi	15-08-2008	JKD	57.600	122	125.270
36	Sandhya Yadav	03-12-2006	U.P.	37.820	71	118.286
37	R. Priya	20-01-2005	TND	75.540	119	113.662
38	Punam Yadav	29-08-2006	U.P.	71.240	119	113.662
39	Pooja	04-11-2005	HRN	78.220	118	107.373
40	Mercy Teli	02-01-2008	ARN	47.520	94	96.546