



**IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING  
CHAMPIONSHIPS-2021-22**

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



# RESULT BOOK

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# SENIOR



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## SENIOR MEN'S MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
55 kg	TOTAL	1	249	Sanket Sargar	16.10.2000	MHR
		2	248	Prashant Koli	05.02.1999	MHR
		3	231	Vijay Kumar Maheshwari	15.02.1999	C.G.
61 kg	TOTAL	1	267	M. Raja	12-01-2000	RSPB
		2	266	Guru Raja	15-08-1992	SSCB
		3	257	T. Madhavan	03.12.2004	TND
67 kg	TOTAL	1	282	Markio Tario	01.01.2004	ARN
		2	277	K. Neelam Raju	24-06-1997	RSPB
		3	270	Subhash Lahre	12.10.2002	C.G.
73 kg	TOTAL	1	297	N. Ajith	27-01-1991	RSPB
		2	290	Mihir Kanta Sethi	25.11.1996	ORS
		3	288	Ganga Singh	22.09.1994	CHD
81 kg	TOTAL	1	315	Ajay Singh	17-04-1997	SSCB
		2	314	Deepak Lather	25.03.2000	HRN
		3	301	Abhishek Nipane	11.12.2001	MHR
89 kg	TOTAL	1	316	Gourav	28.06.1995	CHD
		2	315	Harshad Wadekar	14-06-1995	RSPB
		3	304	U. Sivaprakash	17.02.1996	PON
96 kg	TOTAL	1	336	Sambo Lapung	06.03.1997	ARN
		2	335	R.V. Rahul	16-03-1997	RSPB
		3	333	Jagdish	11-08-1994	SSCB
102 kg	TOTAL	1	345	Kojum Taba	18.06.1997	ARN
		2	341	Vikas Thakur	14-11-1993	SSCB
		3	333	Sachin Mehmi	11-08-1995	SSCB
109 kg	TOTAL	1	350	Lovepreet Singh	09-09-1997	SSCB
		2	323	Mohit Teavitya	14.10.1992	U.P.
		3	322	Vishal Solanki	01-10-1993	RSPB
+109 kg	TOTAL	1	391	Gurdeep Singh	01-10-1995	RSPB
		2	363	Vipan Kumar	30-01-1994	SSCB
		3	336	Hitesh kumar	12.09.1996	HRN



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## SENIOR WOMEN'S MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
45 kg	TOTAL	1	160	Komal kohar	24.07.2002	HRN
		2	154	M.V. Thushmita	15.10.1996	RSPB
		3	151	K.V.L. Pavani Kumari	05.03.2003	A.P
49 kg	TOTAL	1	175	H. Jinarani Devi	15.12.1996	MNP
		2	174	Kh. Sanjita Chanu	02-01-1994	RSPB
		3	169	Jhilli Dalabehera	03.02.1999	RSPB
55 kg	TOTAL	1	182	Gauri Pandey	15.06.1998	U.P.
		2	181	Veerjeet Kaur	02.03.1999	CHD
		3	177	Shrabani Das	16.03.2002	W.B.
59 kg	TOTAL	1	195	Popy Hazarika	08-12-1998	RSPB
		2	186	Davinder Kaur	11-03-1995	AIPSCB
		3	186	P. Shakhnbi Devi	03.04.1998	MNP
64 kg	TOTAL	1	198	Jasvir Kaur	22.02.1993	PUN
		2	194	S. Pallavi	13.07.2003	A.P
		3	192	S. Nirupama Devi	05-10-2000	RSPB
71 kg	TOTAL	1	208	Harjinder Kaur	14.10.1996	PUN
		2	203	Lalchhanhimi	14.04.1992	MIZ
		3	190	Amandeep Kaur	07.08.1989	PUN
76 kg	TOTAL	1	214	Punam Yadav	09-07-1995	RSPB
		2	209	R. Arockiya Alish	05.11.2000	TND
		3	196	Kh. Sarjubala Devi	10.01.1999	MNP
81 kg	TOTAL	1	201	Vanshita Verma	08.10.2001	CHD
		2	198	Pooja Yadav	15.07.1996	U.P.
		3	196	Rakhi	11.10.1996	HRN
87 kg	TOTAL	1	203	B.N. Usha	02-04-1995	RSPB
		2	202	Komal Wakale	01.11.1990	MHR
		3	201	Modhusmrita Baruah	01.02.1993	ASM
+87 kg	TOTAL	1	231	Ann Mariya M.T.	21-08-1998	KRL
		2	229	Purnima Pandey	16-10-1997	U.P.
		3	215	Manpreet Kaur	15.09.1989	PUN



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## SENIOR SUMMARY TEAM CLASSIFICATION

No.	Team	MEN	WOMEN	SUMMARY
1	RSPB : RSPB	220/9	243/10	463/19
2	HRN : HRN	157/10	149/8	306/18
3	ORS : ORS	185/10	106/6	291/16
4	A.P. : A.P	150/9	140/10	290/19
5	U.P. : U.P.	128/9	152/8	280/17
6	MHR : MHR	124/10	154/9	278/19
7	C.G. : C.G.	128/8	102/6	230/14
8	ARN : ARN	155/7	73/7	228/14
9	PUN : PUN	54/7	162/7	216/14
10	TND : TND	119/9	82/4	201/13
11	SSCB : SSCB	199/10	0/0	199/10
12	MNP : MNP	27/5	168/9	195/14
13	KRL : KRL	71/9	83/4	154/13
14	KRN : KRN	90/9	60/3	150/12
15	ASM : ASM	62/6	81/4	143/10
16	M.P. : M.P.	126/9	14/1	140/10
17	DEL : DEL	72/6	67/4	139/10
18	RAJ : RAJ	93/7	36/3	129/10
19	CHD : CHD	51/3	53/2	104/5
20	MIZ : MIZ	73/4	25/1	98/5
21	AIPSCB : AIPSCB	39/5	46/3	85/8
22	TEL : TEL	45/4	17/2	62/6
23	W.B. : W.B.	0/1	61/3	61/4
24	BHR : BHR	53/4	0/0	53/4
25	J.K. : J.K.	51/4	0/0	51/4
26	PON : PON	41/5	0/0	41/5
27	UKD : UKD	30/6	0/1	30/7
28	IWLF : IWLF	0/1	22/1	22/2
29	GOA : GOA	16/4	0/0	16/4
30	H.P. : H.P.	0/6	0/3	0/9



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## SENIOR MEN'S TEAM CLASSIFICATION

No.	Team	55 kg	61 kg	67 kg	73 kg	81 kg	89 kg	96 kg	102 kg	109 kg	+109 kg	TOTAL
1	RSPB : RSPB	-	28/1	25/1	28/1	-	25/1	25/1	38/2	23/1	28/1	220/9
2	SSCB : SSCB	-	25/1	-	0/2	28/1	22/1	23/1	48/2	28/1	25/1	199/10
3	ORS : ORS	-	22/1	43/2	46/2	22/2	-	18/1	17/1	17/1	-	185/10
4	HRN : HRN	0/1	-	-	12/1	25/1	17/1	21/1	20/2	22/1	40/2	157/10
5	ARN : ARN	-	20/1	45/2	-	14/1	-	28/1	28/1	-	20/1	155/7
6	A.P. : A.P	38/2	-	-	35/2	23/2	35/2	-	-	19/1	-	150/9
7	C.G. : C.G.	45/2	15/1	23/1	16/1	15/2	-	-	14/1	-	-	128/8
8	U.P. : U.P.	-	-	-	14/1	0/2	18/1	-	32/2	45/2	19/1	128/9
9	M.P. : M.P.	40/2	-	20/1	-	20/2	-	16/1	12/2	18/1	-	126/9
10	MHR : MHR	53/2	0/1	0/1	19/1	30/2	0/1	22/2	-	-	-	124/10
11	TND : TND	0/1	23/1	-	-	35/2	20/2	19/1	0/1	-	22/1	119/9
12	RAJ : RAJ	0/1	-	16/1	-	21/1	14/2	-	21/1	-	21/1	93/7
13	KRN : KRN	-	30/2	12/1	18/2	5/1	9/1	0/1	-	16/1	-	90/9
14	MIZ : MIZ	-	40/2	33/2	-	-	-	-	-	-	-	73/4
15	DEL : DEL	-	17/1	-	-	15/2	-	31/2	9/1	-	-	72/6
16	KRL : KRL	-	0/1	-	33/2	8/2	12/2	-	18/1	0/1	-	71/9
17	ASM : ASM	-	0/1	-	-	41/2	11/1	-	10/1	0/1	-	62/6
18	PUN : PUN	-	-	0/1	0/1	-	36/2	0/1	0/1	-	18/1	54/7
19	BHR : BHR	-	25/2	15/1	-	-	13/1	-	-	-	-	53/4
20	CHD : CHD	-	-	-	23/1	-	28/1	-	-	0/1	-	51/3
21	J.K. : J.K.	-	-	-	-	-	10/2	20/1	-	21/1	-	51/4
22	TEL : TEL	-	-	-	30/2	-	-	-	-	-	15/2	45/4
23	PON : PON	0/1	0/1	18/1	-	0/1	23/1	-	-	-	-	41/5
24	AIPSCB : AIPSCB	-	-	13/2	-	0/1	-	15/1	11/1	-	-	39/5
25	UKD : UKD	-	-	-	0/1	15/2	-	-	15/1	0/1	0/1	30/6
26	MNP : MNP	-	18/1	-	0/1	9/2	-	0/1	-	-	-	27/5
27	GOA : GOA	-	0/1	-	-	0/1	0/1	-	-	-	16/1	16/4
28	IWLF : IWLF	-	-	-	-	-	-	0/1	-	-	-	0/1
29	W.B. : W.B.	-	-	0/1	-	-	-	-	-	-	-	0/1
30	H.P. : H.P.	-	-	0/1	0/2	-	0/1	0/1	0/1	-	-	0/6



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## SENIOR WOMEN'S TEAM CLASSIFICATION

No.	Team	45 kg	49 kg	55 kg	59 kg	64 kg	71 kg	76 kg	81 kg	87 kg	+87 kg	TOTAL
1	RSPB : RSPB	45/2	48/2	-	49/2	23/1	-	28/1	22/1	28/1	-	243/10
2	MNP : MNP	17/1	28/1	22/2	23/1	19/1	14/1	45/2	-	-	-	168/9
3	PUN : PUN	-	-	-	-	28/1	51/2	-	19/1	19/1	45/2	162/7
4	MHR : MHR	0/1	40/2	21/1	13/1	-	38/2	-	-	42/2	-	154/9
5	U.P. : U.P.	21/1	16/2	28/1	-	-	19/1	-	25/1	18/1	25/1	152/8
6	HRN : HRN	28/1	0/1	18/1	22/1	-	17/1	21/1	23/1	-	20/1	149/8
7	A.P. : A.P.	42/2	-	0/1	19/1	25/2	13/1	20/1	-	21/2	-	140/10
8	ORS : ORS	-	21/1	19/1	33/2	17/1	-	-	16/1	-	-	106/6
9	C.G. : C.G.	22/1	20/1	33/2	27/2	-	-	-	-	-	-	102/6
10	KRL : KRL	-	-	-	-	-	15/1	19/1	21/1	-	28/1	83/4
11	TND : TND	-	-	-	18/1	-	21/1	25/1	18/1	-	-	82/4
12	ASM : ASM	-	15/1	-	-	21/1	-	-	-	45/2	-	81/4
13	ARN : ARN	0/1	19/1	0/1	-	38/2	16/1	-	0/1	-	-	73/7
14	DEL : DEL	-	-	-	-	-	-	-	32/2	16/1	19/1	67/4
15	W.B. : W.B.	18/1	-	23/1	20/1	-	-	-	-	-	-	61/3
16	KRN : KRN	-	-	20/1	-	-	-	-	20/1	20/1	-	60/3
17	CHD : CHD	-	-	25/1	-	-	-	-	28/1	-	-	53/2
18	AIPSCB : AIPSCB	0/1	-	-	25/1	-	-	-	-	-	21/1	46/3
19	RAJ : RAJ	-	-	-	14/1	-	22/1	-	0/1	-	-	36/3
20	MIZ : MIZ	-	-	-	-	-	25/1	-	-	-	-	25/1
21	IWLF : IWLF	-	-	-	-	22/1	-	-	-	-	-	22/1
22	TEL : TEL	-	17/1	-	-	0/1	-	-	-	-	-	17/2
23	M.P. : M.P.	-	14/1	-	-	-	-	-	-	-	-	14/1
24	UKD : UKD	-	-	-	-	0/1	-	-	-	-	-	0/1
25	H.P. : H.P.	-	-	-	0/1	-	-	0/2	-	-	-	0/3



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## SENIOR SUMMARY MEDALS

No.	Team	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23
1	RSPB : RSPB	6	5	3	2	1	1				1													
2	ARN : ARN	3					3	1	1	1	1		1											
3	SSCB : SSCB	2	3	2	1																			
4	CHD : CHD	2	1	1																				
5	PUN : PUN	2		2	1	1		2	1			1												
6	U.P. : U.P.	1	3			1	1	3	2		1		1	1										
7	MHR : MHR	1	2	1	2	1	1	1	2	1				1							1			
8	HRN : HRN	1	1	2	2	2	2		1	3					1									
9	MNP : MNP	1		2	2			1	1	1			1						1					
10	KRL : KRL	1			1	1		1	1			1			1	1				1				
11	TND : TND		1	1	1	1	1	1	3	1														
12	A.P. : A.P		1	1		1	3	4	1		1	1		2			1							
13	ORS : ORS		1		2	3		1	1	4	3											1		
14	MIZ : MIZ		1			1		2					1											
15	AIPSCB : AIPSCB		1			1						1		1		1								
16	C.G. : C.G.			2	2		1			1	2	3	1		1									
17	ASM : ASM			1	2	1		1				1				1	1							
18	W.B. : W.B.			1			1		1															
19	PON : PON			1					1															
20	RAJ : RAJ				1	3					1		2											
21	IWLF : IWLF				1																			
22	M.P. : M.P.					1	2	1	1		1		1		1									
23	J.K. : J.K.					1	1										1							
24	KRN : KRN						3		1		2		1		1				1				1	
25	DEL : DEL							1		3	1	1	1			1			1					1
26	TEL : TEL									2		1		1										
27	GOA : GOA										1													
28	BHR : BHR											1		2	1									
29	UKD : UKD											1			1									1
30	H.P. : H.P.																							



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## SENIOR MEN 's MEDALS

No.	Team	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	
1	RSPB : RSPB	3	3	1	1						1														
2	ARN : ARN	3					2			1			1												
3	SSCB : SSCB	2	3	2	1																				
4	MHR : MHR	1	1	1	1			1												1					
5	CHD : CHD	1		1																					
6	HRN : HRN		1	1	1	1	1			2					1										
7	ORS : ORS		1		2	2			1	2	1											1			
8	U.P. : U.P.		1				1	2	1				1	1											
9	C.G. : C.G.			2	1						1	2	1												
10	TND : TND			1	1		1	1	1	1															
11	PON : PON			1					1																
12	ASM : ASM				1			1								1	1								
13	KRL : KRL				1				1						1	1				1					
14	RAJ : RAJ					3					1		1												
15	M.P. : M.P.					1	2	1	1		1				1										
16	J.K. : J.K.					1	1										1								
17	MIZ : MIZ					1		2					1												
18	PUN : PUN					1			1			1													
19	A.P. : A.P						2	2	1		1	1		1			1								
20	KRN : KRN								1		2		1		1				1				1		
21	MNP : MNP								1											1					
22	DEL : DEL									2			1			1		1						1	
23	TEL : TEL									1		1		1											
24	GOA : GOA										1														
25	BHR : BHR											1		2	1										
26	AIPSCB : AIPSCB											1		1		1									
27	UKD : UKD											1			1										1
28	H.P. : H.P.																								
29	W.B. : W.B.																								
30	IWLF : IWLF																								





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## SENIOR WOMEN 's MEDALS

No.	Team	1	2	3	4	5	6	7	8	9	10	11	12	13	14
1	RSPB : RSPB	3	2	2	1	1	1								
2	PUN : PUN	2		2	1			2							
3	U.P. : U.P.	1	2			1		1	1		1				
4	CHD : CHD	1	1												
5	MNP : MNP	1		2	2			1		1			1		
6	HRN : HRN	1		1	1	1	1		1	1					
7	KRL : KRL	1				1		1				1			
8	A.P : A.P		1	1		1	1	2						1	
9	MHR : MHR		1		1	1	1		2	1				1	
10	TND : TND		1			1			2						
11	AIPSCB : AIPSCB		1			1									
12	MIZ : MIZ		1												
13	ASM : ASM			1	1	1						1			
14	W.B. : W.B.			1			1		1						
15	C.G. : C.G.				1		1			1	1	1			1
16	RAJ : RAJ				1								1		
17	IWLF : IWLF				1										
18	ORS : ORS					1		1		2	2				
19	KRN : KRN						3								
20	ARN : ARN						1	1	1		1				
21	DEL : DEL							1		1	1	1			
22	TEL : TEL									1					
23	M.P. : M.P.												1		
24	UKD : UKD														
25	H.P. : H.P.														



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## RESULT SENIOR MEN 55 kg

Competition : 21.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	21	[A] Sanket Sargar	250	MHR	16.10.2000	54.750	105	109	111	111	2	133	136	138	138	1	249	1
2	573	[A] Prashant Koli	240	MHR	05.02.1999	54.750	106	109	112	112	1	126	133	136	136	2	248	2
3	522	[A] Vijay Kumar Maheshwari	240	C.G.	15.02.1999	54.200	95	99	99	99	4	126	132	137	132	3	231	3
4	508	[A] Karan Lahre	230	C.G.	28.07.2000	54.800	96	100	101	100	3	125	125	128	125	4	225	4
5	174	[A] Piyush Singh	235	M.P.	27.12.1999	54.900	98	102	102	98	5	125	125	125	125	5	223	5
6	537	[A] T. Kumara swamy	215	A.P	23.11.2000	54.800	90	90	94	94	6	112	119	130	119	6	213	6
7	702	[B] Akhilesh Mandloi	198	M.P.	12.06.1996	54.200	88	88	88	88	9	112	114	114	112	7	200	7
8	102	[A] E. Koteswara rao	215	A.P	29.07.2000	54.900	90	90	93	90	7	110	117	117	110	8	200	8
	198	[B] Patta Mahesh	210	PON	16.08.2003	54.050	88	88	90	88	8	112	112	112	--		--	
	122	[B] Narender	200	HRN	24.04.2000	53.750	95	95	95	--		--	--	--	--		--	
	58	[A] Devesh Sharma	150	RAJ	14.01.2006	46.600	65	65	65	--		--	--	--	--		--	
	674	[A] Lokesh K.R.	230	TND	16.12.2002	54.500	96	96	96	--		--	--	--	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Khushbu Singh Yadav, N-1 [U.P.]  
Left - Ramesh Ch. Padhy, I-2 [ORS]  
Right - D. Sailoo, N-2 [TEL]  
Reserve - Harpal Singh, N-2 [PUN]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 61 kg

Competition : 21.03.2022 15:00

Weigh in : 13:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	381	[A] M. Raja	265	RSPB	12-01-2000	60.650	114	117	117	114	3	149	153	153	153	1	267	1
2	779	[A] Guru Raja	260	SSCB	15-08-1992	60.600	115	115	115	115	2	147	151	151	151	2	266	2
3	114	[A] T. Madhavan	260	TND	03.12.2004	60.500	114	117	119	117	1	134	140	143	140	6	257	3
4	274	[A] Muna Nayak	265	ORS	20.10.2002	60.500	110	114	114	110	6	140	145	148	145	3	255	4
5	338	[A] Zakhuma	260	MIZ	01.04.2001	60.700	110	114	114	114	4	140	145	145	140	4	254	5
6	701	[A] Charu Pesi	260	ARN	30.09.2002	60.250	110	114	114	110	7	140	146	146	140	5	250	6
7	581	[A] Lalzuidika	250	MIZ	23.06.1999	60.100	105	109	111	111	5	135	139	140	135	8	246	7
8	761	[A] L. Chinglenmani Meitei	245	MNP	16.02.1999	60.750	103	107	111	107	8	133	137	141	137	7	244	8
9	393	[A] Pawan	236	DEL	03.12.1999	60.350	103	106	109	106	9	125	130	130	125	12	231	9
10	34	[B] Subramanya	230	KRN	12.04.2001	60.950	100	104	104	104	10	124	127	128	124	13	228	10
11	299	[B] Rahul Jangde	230	C.G.	20.06.2002	60.200	100	100	105	100	11	120	125	130	125	10	225	11
12	407	[B] Karthik S Hosmani	230	KRN	19.12.1999	60.200	94	97	100	97	12	122	125	128	125	11	222	12
13	111	[B] Pancham Georj	215	BHR	15.11.2000	60.800	95	99	99	95	13	121	124	127	127	9	222	13
14	794	[B] Shankar Kumar	215	BHR	15.06.2003	60.800	95	100	100	95	14	120	120	120	120	14	215	14
	532	[A] Sidhanta Gogoi	270	ASM	08.04.2004	60.500	114	114	114	--		--	--	--	--		--	
	600	[A] Tulasi R	250	GOA	24.08.1999	60.400	100	100	100	--		--	--	--	--		--	
	460	[A] Shubham Kolekar	280	MHR	01.11.1999	60.300	113	113	113	--		--	--	--	--		--	
	333	[B] S. Aravindh	220	PON	26.07.2000	59.150	100	100	100	--		--	--	--	--		--	



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 61 kg

Competition : 21.03.2022 15:00

Weigh in : 13:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
	563	[B] Saalim	228	KRL	12-12-2000	58.500	93	93	93	--		--	--	--	--		--	

### Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

### Referee

- Center - Harpal Singh, N-2 [PUN]  
Left - Khushbu Singh Yadav, N-1 [U.P.]  
Right - Ramesh Ch. Padhy, I-2 [ORS]  
Reserve - D. Sailoo, N-2 [TEL]

### Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

### Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

### Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

### Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 67 kg

Competition : 23.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	54	[A] Markio Tario	280	ARN	01.01.2004	66.650	120	124	126	124	1	151	155	158	158	1	282	1
2	255	[A] K. Neelam Raju	280	RSPB	24-06-1997	66.700	120	120	123	123	2	150	154	160	154	2	277	2
3	689	[A] Subhash Lahre	275	C.G.	12.10.2002	66.000	114	117	119	119	4	146	151	155	151	3	270	3
4	763	[A] Susant Sahu	260	ORS	18.05.1991	66.900	117	117	117	117	6	145	151	151	151	4	268	4
5	388	[A] Jagdish Nahak	260	ORS	13.03.1998	66.700	115	118	120	118	5	144	148	148	144	7	262	5
6	264	[A] Ranjeet Desai	260	M.P.	12.05.1995	66.400	113	116	119	116	8	144	150	150	144	6	260	6
7	373	[A] Jacob Vanlalitluanga	265	MIZ	17.02.2002	66.700	112	116	121	116	7	135	141	145	141	9	257	7
8	78	[B] V. Purushothaman	240	PON	16.06.1995	66.800	105	110	111	111	11	135	140	145	145	5	256	8
9	450	[A] Jimjang Deru	270	ARN	01.10.1998	66.500	110	110	113	110	13	144	148	148	144	8	254	9
10	148	[B] Vinesh Kumar	239	RAJ	06.07.1998	66.300	111	115	118	115	9	138	142	--	138	11	253	10
11	543	[C] Kanhaiya Kumar	230	BHR	03.03.2002	66.550	110	114	114	110	12	136	140	141	136	12	246	11
12	774	[A] TBC Lalchhanhima	260	MIZ	21.03.1997	66.500	105	109	109	105	15	140	147	147	140	10	245	12
13	172	[A] Ayush Jaiswal	255	AIPSCB	21-12-1999	66.650	107	107	112	112	10	130	136	136	130	14	242	13
14	709	[C] Rahul Ramesh Karalingnavar R )	235	KRN	08.04.1997	62.550	98	98	--	98	16	130	135	135	130	13	228	14
	517	[A] Akshay Gaikwad	280	MHR	16.04.1996	66.750	117	121	121	121	3	150	150	150	--		--	
	547	[B] Rahul Sharma	250	PUN	10.07.1999	66.000	105	109	112	109	14	135	135	135	--		--	
	398	[B] Shekhar Rehan	240	H.P.	25.06.1998	66.250	98	98	98	--		--	--	--	--		--	
	768	[C] Rakesh Das	232	W.B.	05.06.1998	66.750	110	110	110	--		--	--	--	--		--	



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 67 kg

Competition : 23.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
	227	[C] G. Pratap	230	AIPSCB	02-06-1996	66.600	98	98	98	--		--	--	--	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Rajesh Kumar, I-1 [H.P.]  
Left - K. Suryanarayana, I-2 [A.P.]  
Right - Biku Sarita, N-1 [ARN]  
Reserve - K.D.S. Nagra, N-1 [CHD]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 73 kg

Competition : 23.03.2022 16:30

Weigh in : 14:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	421	[A] N. Ajith	305	RSPB	27-01-1991	72.900	130	134	137	134	2	158	163	166	163	1	297	1
2	606	[A] Mihir Kanta Sethi	280	ORS	25.11.1996	72.800	123	123	127	127	5	153	161	163	163	2	290	2
3	641	[A] Ganga Singh	290	CHD	22.09.1994	72.600	122	127	131	131	4	157	162	162	157	3	288	3
4	507	[A] Devapreedhan B.	290	KRL	08-10-1998	72.950	124	128	132	132	3	155	155	155	155	4	287	4
5	45	[A] Kanhu Charan Sahu	285	ORS	03.05.1997	72.000	120	125	125	120	7	148	152	152	152	6	272	5
6	485	[A] J. Koteswara Rao	270	A.P	26.01.2001	72.500	119	124	124	119	9	148	152	159	152	5	271	6
7	67	[A] Kiran Marathe	275	MHR	07.05.2003	71.950	118	121	121	121	6	148	151	151	148	8	269	7
8	706	[A] Naveen Chandra K. S	280	KRN	01.03.1989	72.450	118	122	123	118	12	146	151	155	151	7	269	8
9	116	[B] R.S.L. Sai	255	TEL	25.07.2001	72.950	114	118	121	118	11	146	152	152	146	9	264	9
10	216	[A] Anant Mandavi	270	C.G.	07.08.1998	72.650	115	119	119	119	10	145	149	149	145	10	264	10
11	8	[A] P. Yesu Babu	270	A.P	11.06.1999	72.450	114	120	125	120	8	136	--	--	136	15	256	11
12	9	[B] Pravesh Basoya	259	U.P.	02.05.2003	70.450	113	117	117	113	14	138	141	144	141	11	254	12
13	476	[C] A.V. Yashwanth	235	TEL	09.11.2002	72.550	108	113	113	108	17	132	137	139	139	12	247	13
14	188	[B] Rajeev	245	HRN	01.01.2000	72.650	105	105	110	110	15	137	142	142	137	13	247	14
15	609	[B] Dhiljith D.S.	242	KRL	19-02-2001	71.850	105	105	110	105	20	136	136	136	136	14	241	15
	278	[A] L. Sadananda Singh	300	SSCB	01-04-2002	72.700	130	134	137	137	1	157	157	157	--		--	
	179	[A] Gurjeet Kumar	267	PUN	20.05.1996	72.400	112	117	120	117	13	135	135	135	--		--	
	240	[A] L. Sunderjit Singh	270	MNP	20.01.1999	72.850	110	110	115	110	16	140	140	140	--		--	



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 73 kg

Competition : 23.03.2022 16:30

Weigh in : 14:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
	339	[C] Saksham Chaudhary	240	UKD	11-11-2002	72.100	105	110	110	105	18	140	140	140	--		--	
	625	[C] Akshay Ganesh	240	KRN	21.09.1998	72.500	105	110	110	105	19	135	135	135	--		--	
	649	[B] Tarun Kumar	250	H.P.	10.08.1997	71.950	103	106	106	103	21	132	--	--	--		--	
	691	[B] Narinder Kumar	250	H.P.	19.03.1998	72.550	103	103	108	103	22	132	132	--	--		--	
	582	[A] Achinta Sheuli	320	SSCB	01-04-2002	72.900	133	133	133	--		--	--	--	--		--	

### Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

### Referee

- Center - K.D.S. Nagra, N-1 [CHD]  
Left - Rajesh Kumar, I-1 [H.P.]  
Right - K. Suryanarayana, I-2 [A.P.]  
Reserve - Biku Sarita, N-1 [ARN]

### Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

### Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

### Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

### Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]





# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 81 kg

Competition : 25.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	643	[A] Ajay Singh	322	SSCB	17-04-1997	80.900	135	139	143	143	2	167	172	172	172	1	315	1
2	109	[A] Deepak Lather	310	HRN	25.03.2000	77.550	138	143	147	147	1	162	167	171	167	5	314	2
3	449	[A] Abhishek Nipane	300	MHR	11.12.2001	77.950	125	130	134	130	10	166	171	175	171	2	301	3
4	747	[A] Papul Changmai	300	ASM	01.01.1994	80.600	130	132	139	132	6	164	168	171	168	3	300	4
5	686	[A] Kapil Singh Rathore	295	RAJ	16.03.1993	78.250	129	133	135	135	3	164	164	169	164	6	299	5
6	251	[A] Valluri Ajay Babu	290	M.P.	25.11.2004	80.750	125	130	134	134	5	154	154	161	161	8	295	6
7	394	[A] Tridip Baruah	290	ASM	15.04.2003	79.150	128	132	132	132	7	150	155	160	160	10	292	7
8	765	[B] R. Jaikaran	285	TND	14.11.1999	80.450	125	125	130	130	8	155	160	164	160	9	290	8
9	527	[A] P. Prabakaran	290	TND	19.09.1996	79.650	121	125	125	121	18	168	168	168	168	4	289	9
10	256	[C] Anil Kumar Sahu	260	ORS	12.10.1994	81.000	116	123	125	125	13	156	161	166	161	7	286	10
11	140	[B] Bhavesh sarang	280	C.G.	27.05.2002	80.600	122	126	128	128	12	150	153	155	155	12	283	11
12	541	[A] Lalu Taku	296	ARN	08.12.1998	80.100	120	124	124	120	22	156	156	163	156	11	276	12
13	2	[C] R. Varun	260	A.P	18.10.2000	78.180	122	128	132	128	11	146	155	155	146	17	274	13
14	444	[A] Gaurav Dubey	290	UKD	12-10-1990	80.700	121	121	121	121	19	151	151	--	151	13	272	14
15	630	[B] Akash	277	DEL	11.04.2002	79.450	121	126	127	121	15	148	152	155	148	16	269	15
16	770	[B] N.N. Satyanarayana	270	A.P	28.08.1999	80.100	121	125	125	121	16	145	145	145	145	19	266	16
17	435	[C] A. Arjun Singh	265	MNP	01.02.1998	80.850	115	120	120	115	25	145	150	150	150	14	265	17
18	20	[C] Skiltin Paul	260	KRL	29-05-2000	74.300	115	121	121	115	24	146	150	150	150	15	265	18



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 81 kg

Competition : 25.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
19	620	[B] Abdusamad Sayyad	280	MHR	09.10.2000	77.500	116	121	125	121	17	144	144	--	144	20	265	19
20	700	[B] Manoj Kumar Sahu	273	ORS	18.10.2000	75.150	110	116	120	116	23	143	150	150	143	21	259	20
21	248	[D] Rajath Rai	250	KRN	25.10.1999	73.600	112	117	120	120	20	136	136	141	136	23	256	21
22	128	[C] Nikihil Bhogal	260	DEL	22.04.2000	80.450	107	107	114	107	27	145	148	--	145	18	252	22
23	213	[D] Ashok Sharma	240	UKD	02-04-1993	80.900	107	111	113	111	26	136	136	138	136	22	247	23
	615	[A] Gurmukh Singh	290	M.P.	01.01.1993	80.550	130	134	137	134	4	155	155	155	--		--	
	505	[B] Sanker Ganesh	282	GOA	06.06.1992	76.600	126	130	130	130	9	150	150	150	--		--	
	219	[A] Sujee Yadav	302	U.P.	07.07.1993	80.250	125	129	129	125	14	165	--	--	--		--	
	480	[B] Abhishek Poonia	285	U.P.	15.12.2000	78.250	120	120	125	120	21	155	155	155	--		--	
	247	[C] G. Gopinath	260	PON	06.02.1998	76.750	107	107	107	107	28	136	136	136	--		--	
	633	[A] Atish Patil	290	C.G.	27.03.1996	80.650	125	125	125	--		--	--	--	--		--	
	65	[D] N. Samson	251	MNP	16.03.2000	80.250	107	107	107	--		--	--	--	--		--	
	357	[D] M. Dhanasekhar	250	AIPSCB	20-05-1997	76.500	--	--	--	--		--	--	--	--		--	
	158	[A] Rajath Narayanan A.	285	KRL	23-05-1995	78.350	123	123	123	--		--	--	--	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - D. Sailoo, N-2 [TEL]  
 Left - Harpal Singh, N-2 [PUN]  
 Right - Khushbu Singh Yadav, N-1 [U.P.]  
 Reserve - Ramesh Ch. Padhy, I-2 [ORS]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 89 kg

Competition : 26.03.2022 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	365	[A] Gourav	320	CHD	28.06.1995	88.100	140	144	144	140	2	173	173	176	176	1	316	1
2	512	[A] Harshad Wadekar	310	RSPB	14-06-1995	88.400	135	140	140	140	3	166	171	175	175	2	315	2
3	205	[A] U. Sivaprakash	300	PON	17.02.1996	87.100	127	131	135	135	5	165	169	173	169	3	304	3
4	671	[A] Binder Pal	320	SSCB	24-08-1996	88.350	138	141	145	141	1	162	167	167	162	7	303	4
5	73	[A] Raghveer Singh	305	PUN	21.03.1995	85.900	130	134	134	134	6	167	169	174	169	4	303	5
6	245	[A] N. Jamaludeen	300	TND	27.07.2001	88.200	127	127	131	127	11	157	163	166	166	5	293	6
7	98	[A] A.S.R.K.Yadav	301	A.P	05.06.2002	88.650	128	132	135	132	8	160	169	169	160	9	292	7
8	781	[B] Prince Malik	284	U.P.	12.02.2002	86.250	135	138	142	138	4	153	153	158	153	12	291	8
9	639	[A] Pawan	300	HRN	09.09.1999	88.800	127	131	131	127	10	164	164	178	164	6	291	9
10	697	[A] Ch.Vinay Kumar	301	A.P	03.11.2000	87.500	125	131	131	125	15	162	172	173	162	8	287	10
11	638	[A] Nikhil Tugnait	305	PUN	09.11.1999	86.900	130	135	135	130	9	155	--	--	155	10	285	11
12	677	[B] Vivek Swami	283	RAJ	22.07.2000	88.150	125	125	130	125	14	153	158	158	153	11	278	12
13	347	[B] Abhay Kumar Yadav	270	BHR	01.07.2000	82.150	123	123	127	123	16	146	146	--	146	15	269	13
14	346	[B] Salih Bin Hamza P.	261	KRL	11-12-1996	83.550	110	114	117	117	18	140	145	150	150	13	267	14
15	577	[B] Saurav Gogoi	270	ASM	01.03.1995	88.200	115	115	120	115	19	145	150	150	150	14	265	15
16	379	[C] Vishal Panwar	260	J.K.	29.12.1993	86.750	110	117	122	117	17	140	140	140	140	17	257	16
17	133	[C] James Caree	250	KRN	11.12.2000	87.100	110	115	115	110	20	140	143	148	143	16	253	17
	367	[A] Mohammad Javed	300	J.K.	17.02.1997	88.650	132	136	136	132	7	148	--	--	--		--	



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 89 kg

Competition : 26.03.2022 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
	666	[A] E. Siva	300	TND	15.09.1998	89.000	126	129	129	126	12	161	161	161	--		--	
	153	[A] Dhairyashil Salunkhe	305	MHR	27.03.2001	87.100	126	126	126	126	13	159	159	159	--		--	
	220	[C] Abhishek	260	H.P.	18.01.1998	81.400	110	114	114	110	21	140	140	--	--	--	--	
	652	[B] S Satish	290	GOA	10.03.1996	86.650	126	128	128	--		--	--	--	--	--	--	
	226	[A] Lakshy Meena	300	RAJ	23.09.1994	88.350	134	134	134	--		--	--	--	--	--	--	
	11	[B] Janis Abbas	260	KRL	17-01-2000	81.300	113	113	113	--		--	--	--	--	--	--	

### Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

### Referee

- Center - K.D.S. Nagra, N-1 [CHD]  
Left - Rajesh Kumar, I-1 [H.P.]  
Right - K. Suryanarayana, I-2 [A.P.]  
Reserve - Biku Sarita, N-1 [ARN]

### Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

### Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

### Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

### Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 96 kg

Competition : 28.03.2022 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	164	[A] Sambo Lapung	335	ARN	06.03.1997	95.900	140	147	147	147	2	185	189	198	189	1	336	1
2	549	[A] R.V. Rahul	320	RSPB	16-03-1997	94.300	141	146	150	150	1	180	185	189	185	3	335	2
3	258	[A] Jagdish	320	SSCB	11-08-1994	95.350	140	146	151	146	3	179	187	187	187	2	333	3
4	448	[A] Tejas Lokhande	310	MHR	27.10.2001	90.050	128	132	135	135	5	165	170	178	170	5	305	4
5	157	[B] Parveen	290	HRN	27.03.2000	95.200	133	133	139	133	6	170	170	174	170	4	303	5
6	77	[A] Jasvant Singh	296	J.K.	01.01.1990	93.050	131	135	136	136	4	155	162	167	162	6	298	6
7	445	[A] R. Ramkumar	300	TND	10.12.2001	94.950	130	130	138	130	7	160	165	165	160	7	290	7
8	756	[B] Lalit Kumar Sahu	275	ORS	15.10.1994	92.750	126	126	126	126	8	150	158	161	150	10	276	8
9	4	[B] Arjun Sharma	271	DEL	11.11.2000	94.400	119	123	123	123	11	140	145	149	149	11	272	9
10	729	[B] R K Yadav	280	M.P.	24.08.1994	95.800	120	120	120	120	12	150	156	156	150	9	270	10
11	178	[C] Jagdeep Singh	260	AIPSCB	29-01-1995	94.600	116	122	122	116	13	141	150	156	150	8	266	11
12	156	[B] Ayush Bhardwaj	273	DEL	14.09.2004	93.900	120	124	127	124	10	141	144	144	141	12	265	12
	17	[A] Gurmeet Singh	310	IWLF	22.11.2001	95.700	126	--	--	126	9	--	--	--	--		--	
	308	[C] Kh. Balkrishna Singh	255	MNP	12.02.2001	95.850	115	117	--	115	14	140	140	140	--		--	
	737	[C] Nataraj N.E	255	KRN	01.06.1991	91.900	115	115	115	115	15	140	140	140	--		--	
	436	[D] Pankaj Saini	250	H.P.	30.05.2001	92.700	115	115	115	--		--	--	--	--		--	
	298	[A] Vaishnav Thakur	320	MHR	31.08.2002	94.000	133	133	133	--		--	--	--	--		--	
	590	[A] Gurpreet Ralh	304	PUN	23.05.1998	94.500	126	126	126	--		--	--	--	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Geetha Ananda, N-1 [KRN]  
 Left - P.A. Jose, N-1 [KRL]  
 Right - Ranjit Bhattacharjee, N-1 [W.B.]  
 Reserve - Santosh Sinhasane, I-1 [MHR]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 102 kg

Competition : 28.03.2022 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	40	[A] Kojum Taba	330	ARN	18.06.1997	97.500	146	151	153	153	1	187	192	199	192	2	345	1
2	597	[A] Vikas Thakur	320	SSCB	14-11-1993	99.800	148	152	152	148	3	187	193	198	193	1	341	2
3	587	[A] Sachin Mehmi	337	SSCB	11-08-1995	101.650	143	148	148	148	4	174	178	185	185	3	333	3
4	437	[A] Harshit Sehrawat	315	RSPB	04-05-2000	101.800	135	138	141	141	6	171	176	179	179	4	320	4
5	103	[A] Harcharan Singh	320	RAJ	20.08.2001	101.650	142	147	151	151	2	162	168	172	168	10	319	5
6	139	[A] Aman	310	HRN	08.03.2003	101.500	133	137	140	137	10	171	177	183	177	6	314	6
7	366	[A] Ashutosh Kumar Singh	322	U.P.	19.12.1995	101.800	140	140	142	142	5	171	171	178	171	9	313	7
8	31	[A] Ramshad A.R.	318	KRL	25-08-1994	101.300	135	139	139	139	8	172	172	172	172	8	311	8
9	635	[A] Suresh Kumar Yadav	320	ORS	23.08.1994	97.800	135	138	138	135	11	174	174	174	174	7	309	9
10	461	[A] Ajeet Singh	315	RSPB	01-01-1997	101.300	131	136	136	131	13	170	178	178	178	5	309	10
11	579	[B] Vishal Rajwar	300	UKD	04-07-1995	96.950	132	137	142	137	9	165	171	173	165	12	302	11
12	412	[B] Lucky Babu Markam	295	C.G.	04.10.1994	101.700	127	131	135	131	12	155	162	166	166	11	297	12
13	143	[B] Siddhant Choudhary	300	U.P.	16.08.2000	97.950	125	131	133	125	16	163	163	170	163	13	288	13
14	694	[B] Kanha Tyagi	290	M.P.	27.07.1998	101.600	125	125	128	128	14	155	155	159	159	14	287	14
15	410	[B] Vikramjit Singh	270	AIPSCB	26-10-1992	101.500	118	121	124	124	17	148	155	162	155	15	279	15
16	782	[C] Paras Sonowal	270	ASM	06.12.1996	100.500	119	125	125	119	18	150	155	155	150	17	269	16
17	524	[B] Tanush Mehta	272	DEL	08.10.1994	101.500	117	117	120	117	19	152	152	157	152	16	269	17
	576	[A] Akash Kaushal	320	M.P.	27.12.2002	101.700	135	138	140	140	7	170	170	171	--		--	



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 102 kg

Competition : 28.03.2022 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
	783	[A] Kalyan Singh	320	H.P.	20.09.1999	98.700	127	132	132	127	15	173	173	173	--		--	
	259	[A] Shubham	320	HRN	10.06.1996	101.550	139	139	140	--		--	--	--	--		--	
	318	[B] Amrit Pal Singh	310	PUN	02.01.1998	100.950	140	142	142	--		--	--	--	--		--	
	43	[C] C.S. Nivesh	260	TND	19.06.1997	97.150	122	--	--	--		--	--	--	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Khushbu Singh Yadav, N-1 [U.P.]  
Left - Ramesh Ch. Padhy, I-2 [ORS]  
Right - D. Sailoo, N-2 [TEL]  
Reserve - Harpal Singh, N-2 [PUN]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 109 kg

Competition : 30.03.2022 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	260	[A] Lovepreet Singh	348	SSCB	09-09-1997	108.800	150	156	162	162	1	178	188	192	188	1	350	1
2	521	[A] Mohit Teavitya	310	U.P.	14.10.1992	107.100	136	140	144	144	3	173	179	184	179	2	323	2
3	203	[A] Vishal Solanki	325	RSPB	01-10-1993	108.250	145	149	151	149	2	173	177	177	173	3	322	3
4	51	[A] Naveen	320	HRN	27.07.1996	105.050	135	135	140	135	8	170	170	180	170	4	305	4
5	283	[A] Ashish Kumar	310	J.K.	14.11.1992	108.600	131	137	141	137	6	167	167	172	167	6	304	5
6	548	[A] Ankur Singh	300	U.P.	10.01.1996	107.300	132	136	141	141	4	156	160	166	160	7	301	6
7	433	[A] B.S.D.Vishnu Vardhan	300	A.P	14.06.1998	104.700	120	130	130	130	9	160	168	175	168	5	298	7
8	371	[A] Imran Khan	305	M.P.	06.04.1994	104.200	135	136	136	136	7	159	166	166	159	8	295	8
9	134	[B] Sibaram Sahu	265	ORS	03.10.1995	106.150	122	127	127	127	10	145	--	--	145	10	272	9
10	125	[B] Yathish Shetty	265	KRN	09.04.1995	107.650	120	123	123	120	11	150	160	162	150	9	270	10
	209	[A] Bhupinder Singh	310	CHD	13.03.1994	108.600	140	144	144	140	5	172	172	172	--		--	
	661	[A] Jameer Hussain	340	ASM	03.04.1998	107.200	146	147	150	--		--	--	--	--		--	
	746	[B] Aromal Gigu K	245	KRL	09-05-2001	102.250	--	--	--	--		--	--	--	--		--	
	56	[A] Vipin Kumar	290	UKD	30-05-1988	106.750	--	--	--	--		--	--	--	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Geetha Ananda, N-1 [KRN]  
 Left - P.A. Jose, N-1 [KRL]  
 Right - Ranjit Bhattacharjee, N-1 [W.B.]  
 Reserve - Santosh Sinhasane, I-1 [MHR]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]





# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN +109 kg

Competition : 30.03.2022 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	520	[A] Gurdeep Singh	350	RSPB	01-10-1995	163.400	163	170	175	170	1	205	221	--	221	1	391	1
2	530	[A] Vipin Kumar	351	SSCB	30-01-1994	155.700	146	157	164	157	2	191	206	222	206	2	363	2
3	545	[A] Hitesh kumar	320	HRN	12.09.1996	126.800	148	152	156	152	4	178	184	--	184	3	336	3
4	244	[A] S. Rudramayan	330	TND	10.04.2002	134.900	145	150	155	155	3	180	180	180	180	4	335	4
5	330	[A] Shyopat Singh	320	RAJ	17.11.1984	124.600	140	140	145	140	7	173	178	--	178	6	318	5
6	478	[A] Vishal Savagave	315	ARN	05.06.1994	125.800	136	141	146	146	5	166	171	176	171	8	317	6
7	413	[A] Pradeep Kumar Yadav	335	U.P.	05.03.2001	115.900	140	145	145	140	6	175	179	179	175	7	315	7
8	514	[B] Gagandeep Gill	300	PUN	29.07.2002	122.100	135	140	140	135	8	167	175	179	179	5	314	8
9	693	[B] Ashish	300	HRN	10.04.2003	135.750	127	135	135	127	9	162	176	176	162	9	289	9
10	183	[A] Gurpreet Singh	300	GOA	19.11.1992	143.850	125	125	128	125	11	155	161	170	161	10	286	10
11	382	[B] Akhil Sargari	299	TEL	16.03.2000	117.600	125	130	130	125	10	155	--	--	155	11	280	11
	772	[B] R. Rahul Darshan	280	TEL	14.12.1990	110.450	125	125	125	--		--	--	--		--		
	106	[A] Anurag	300	UKD	27-10-1999	126.400	125	125	125	--		--	--	--		--		

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Rajesh Kumar, I-1 [H.P.]  
 Left - K. Suryanarayana, I-2 [A.P.]  
 Right - Biku Sarita, N-1 [ARN]  
 Reserve - K.D.S. Nagra, N-1 [CHD]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR WOMEN 45 kg

Competition : 20.03.2022 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	711	[A] Komal kohar	158	HRN	24.07.2002	44.500	67	70	72	72	1	85	88	91	88	1	160	1
2	375	[A] M.V. Thushmita	157	RSPB	15.10.1996	44.600	65	67	69	67	2	84	87	94	87	2	154	2
3	667	[A] K.V.L. Pavani Kumari	145	A.P	05.03.2003	44.700	62	66	69	66	4	80	82	85	85	3	151	3
4	719	[A] Veena	155	C.G.	19.03.1998	44.800	65	65	65	65	7	84	84	87	84	4	149	4
5	720	[A] Anjali Patel	144	U.P.	10.08.2004	44.600	65	67	71	67	3	78	80	82	80	8	147	5
6	733	[A] Diplai Gursale	150	RSPB	10-11-1996	45.000	64	66	68	66	5	80	83	83	80	6	146	6
7	325	[A] B. Rajeswari	140	A.P	10.07.2002	44.600	61	65	67	65	6	79	82	82	79	9	144	7
8	717	[A] Chandrika Tarafdar	124	W.B.	12.10.1996	45.350	58	62	64	62	9	80	80	82	82	5	144	8
9	85	[A] Kh. Rediya Devi	145	MNP	03.02.2000	44.800	58	62	63	63	8	77	80	83	80	7	143	9
	458	[A] Techi Nadam	150	ARN	25.03.1999	45.000	61	64	64	61	10	82	82	83	--		--	
	266	[B] Rani	120	AIPSCB	01-03-1997	43.600	52	52	54	52	11	68	68	--	--		--	
	430	[A] Sarika Shingare	155	MHR	01.12.1998	44.400	65	65	65	--		--	--	--	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Geetha Ananda, N-1 [KRN]  
 Left - P.A. Jose, N-1 [KRL]  
 Right - Ranjit Bhattacharjee, N-1 [W.B.]  
 Reserve - Santosh Sinhasane, I-1 [MHR]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR WOMEN 49 kg

Competition : 20.03.2022 15:30

Weigh in : 13:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	387	[A] H. Jinarani Devi	160	MNP	15.12.1996	48.550	70	73	75	75	4	94	96	100	100	1	175	1
2	716	[A] Kh. Sanjita Chanu	175	RSPB	02-01-1994	49.000	74	77	79	79	1	95	95	95	95	2	174	2
3	189	[A] Jhilli Dalabehera	165	RSPB	03.02.1999	48.650	70	73	76	76	2	90	93	96	93	4	169	3
4	390	[A] Sakshi Mhaske	175	MHR	23.03.2001	49.000	73	73	76	76	3	88	91	92	92	5	168	4
5	406	[A] Sneha Soren	170	ORS	05.02.2001	48.750	70	73	75	75	5	91	95	95	91	6	166	5
6	675	[A] Gyaneshwari Yadav	160	C.G.	08.03.2003	48.850	71	74	76	74	6	84	84	87	87	10	161	6
7	626	[A] Kh. Roshibina Devi	150	ARN	05.03.2001	48.700	63	67	70	67	10	90	94	94	94	3	161	7
8	601	[A] Chetana Ghojage	163	MHR	05.08.1996	48.850	69	69	71	71	7	88	88	88	88	9	159	8
9	249	[A] Priyadarshini T.	161	TEL	03.03.2000	46.600	66	68	69	69	9	89	93	93	89	7	158	9
10	342	[A] Pooja Gupta	155	U.P.	08.10.1998	49.000	66	69	71	69	8	89	93	93	89	8	158	10
11	442	[B] Bornali Borah	148	ASM	31.07.2000	48.250	64	64	70	64	12	84	86	86	86	11	150	11
12	500	[A] Vidushi Sharma	160	M.P.	04.08.2002	48.800	64	64	64	64	13	85	89	89	85	12	149	12
	469	[A] Radha Soni	150	U.P.	27.04.2003	47.500	65	70	71	65	11	92	92	92	--		--	
	559	[A] Preety	151	HRN	15.08.2002	48.200	65	65	65	--		--	--	--	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Rajesh Kumar, I-1 [H.P.]  
 Left - K. Suryanarayana, I-2 [A.P.]  
 Right - Biku Sarita, N-1 [ARN]  
 Reserve - K.D.S. Nagra, N-1 [CHD]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR WOMEN 55 kg

Competition : 21.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	529	[A] Gauri Pandey	192	U.P.	15.06.1998	54.600	77	81	84	81	1	101	111	111	101	1	182	1
2	556	[A] Veerjeet Kaur	185	CHD	02.03.1999	54.200	79	81	83	81	2	97	100	103	100	3	181	2
3	327	[A] Shrabani Das	180	W.B.	16.03.2002	53.550	74	77	77	77	4	96	100	105	100	2	177	3
4	762	[A] Ph. Ranibala Devi	170	MNP	01.02.1998	54.050	75	75	78	75	5	90	95	100	95	4	170	4
5	165	[B] Ananya Patil	155	MHR	14.01.2001	53.650	71	74	77	77	3	85	89	91	91	6	168	5
6	784	[B] Lakshmi B	160	KRN	24.06.1999	54.450	68	72	72	72	6	87	91	94	91	5	163	6
7	89	[A] Pramila Krisani	165	ORS	09.01.1996	52.600	68	72	75	72	7	90	95	95	90	7	162	7
8	769	[B] Priya	150	HRN	28.11.2003	54.600	65	66	69	69	8	88	92	93	88	8	157	8
9	698	[B] Kiran	140	C.G.	24.08.1998	52.550	62	62	64	62	11	78	81	81	81	9	143	9
10	99	[B] Ranjana Yadav	140	C.G.	13.02.2000	50.600	62	62	64	64	10	78	78	80	78	10	142	10
	239	[A] Epham Quasar	160	ARN	25-03-2001	54.700	62	65	68	68	9	78	78	78	--		--	
	376	[B] K. Siva Kumari	150	A.P	15.07.2002	50.700	62	62	62	--		--	--	--	--		--	
	384	[A] S. Bindyarani Devi	202	MNP	27.01.1999	54.700	82	82	82	--		--	--	--	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Khushbu Singh Yadav, N-1 [U.P.]  
 Left - Ramesh Ch. Padhy, I-2 [ORS]  
 Right - D. Sailoo, N-2 [TEL]  
 Reserve - Harpal Singh, N-2 [PUN]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR WOMEN 59 kg

Competition : 24.03.2022 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	607	[A] Popy Hazarika	190	RSPB	08-12-1998	58.450	81	85	87	85	1	103	106	110	110	1	195	1
2	331	[A] Davinder Kaur	185	AIPSCB	11-03-1995	58.900	80	82	83	82	2	102	104	106	104	3	186	2
3	309	[A] P. Shakhenbi Devi	185	MNP	03.04.1998	58.500	75	79	82	79	6	103	107	108	107	2	186	3
4	316	[A] Mohini	183	HRN	20.05.1999	58.850	81	84	84	81	3	103	103	106	103	5	184	4
5	149	[A] E. Deextiha	188	RSPB	25-09-1997	58.850	80	82	82	80	5	104	104	104	104	4	184	5
6	712	[A] Sukarna Adak	195	W.B.	10.01.2003	58.800	78	81	81	81	4	98	104	104	98	6	179	6
7	27	[B] M. Deepa Nayomi	160	A.P	24.06.2002	57.700	73	77	80	77	7	97	97	97	97	7	174	7
8	49	[B] T.M. Keerthana	160	TND	21.10.2004	55.600	72	77	77	77	8	90	96	96	96	8	173	8
9	87	[A] Moti Jani	177	ORS	06.10.2000	57.650	70	73	75	75	10	92	96	96	92	9	167	9
10	160	[A] Reema Bhoi	165	ORS	29.08.2002	57.600	67	74	74	74	11	85	92	101	92	10	166	10
11	662	[B] Sonali Yadu	160	C.G.	19.09.2002	58.500	70	72	75	75	9	90	90	96	90	13	165	11
12	193	[A] Ankita	175	RAJ	10.04.2006	58.950	72	75	75	72	12	91	93	93	91	12	163	12
13	735	[A] Ekta Walunj	175	MHR	31.03.2001	58.300	69	69	69	69	14	86	90	92	92	11	161	13
14	62	[B] Sushma Dhimar	146	C.G.	14.09.2000	58.100	67	70	72	70	13	82	85	85	82	14	152	14
	420	[B] Shilpa Devi	160	H.P.	01.11.1999	58.250	66	66	66	--		--	--	--	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Biku Sarita, N-1 [ARN]  
 Left - K.D.S. Nagra, N-1 [CHD]  
 Right - Rajesh Kumar, I-1 [H.P.]  
 Reserve - K. Suryanarayana, I-2 [A.P.]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR WOMEN 64 kg

Competition : 26.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	1	[A] Jasvir Kaur	195	PUN	22.02.1993	63.250	83	85	85	85	2	106	110	113	113	1	198	1
2	655	[A] S. Pallavi	190	A.P	13.07.2003	62.550	83	83	86	86	1	104	108	110	108	3	194	2
3	504	[A] S. Nirupama Devi	195	RSPB	05-10-2000	63.650	78	81	82	82	4	107	110	114	110	2	192	3
4	368	[A] Komal Khan	180	IWLF	23-03-2001	64.000	81	81	84	84	3	103	106	108	106	4	190	4
5	629	[A] Ditimoni Sonowal	180	ASM	04.12.2003	63.250	80	82	82	82	5	98	103	106	103	5	185	5
6	288	[B] Ch. Nirmala Devi	160	ARN	19.06.2001	63.700	70	75	78	78	7	93	98	102	102	6	180	6
7	438	[A] K. Roshilata Devi	176	MNP	17.07.1999	63.750	73	77	80	77	8	93	93	98	98	7	175	7
8	315	[A] N. Sumanbala Devi	180	ARN	01.12.1992	60.550	73	76	79	76	9	90	95	95	95	8	171	8
9	36	[A] Sangeeta Padhy	168	ORS	21.03.2003	63.750	68	68	74	74	10	85	90	90	90	9	164	9
	727	[A] Annu	180	UKD	08-08-1997	63.100	80	80	83	80	6	98	98	98	--		--	
	285	[B] M. Anusha	150	TEL	22.08.2003	62.950	68	71	71	68	11	84	84	84	--		--	
	542	[A] G. Lalitha	200	A.P	08.09.1998	61.800	84	84	84	--		--	--	--	--		--	

### Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

### Referee

- Center - Santosh Sinhasane, I-1 [MHR]  
 Left - Geetha Ananda, N-1 [KRN]  
 Right - P.A. Jose, N-1 [KRL]  
 Reserve - Ranjit Bhattacharjee, N-1 [W.B.]

### Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

### Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

### Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

### Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR WOMEN 71 kg

Competition : 27.03.2022 13:30

Weigh in : 11:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	238	[A] Harjinder Kaur	205	PUN	14.10.1996	70.150	89	92	94	92	1	110	114	116	116	1	208	1
2	589	[A] Lalchhanhimi	210	MIZ	14.04.1992	69.150	87	87	87	87	2	116	116	116	116	2	203	2
3	400	[A] Amandeep Kaur	195	PUN	07.08.1989	68.300	81	83	83	83	4	103	105	107	107	3	190	3
4	71	[A] Armandeep Kaur	183	RAJ	07.10.2002	66.600	77	80	82	82	5	100	105	108	105	4	187	4
5	683	[A] Y. Poornasri	180	TND	19.08.2004	68.500	80	80	82	82	6	101	105	107	105	5	187	5
6	268	[A] Nikita Kale	185	MHR	22.07.2000	69.250	80	83	85	85	3	101	104	104	101	6	186	6
7	432	[A] Srasthi	199	U.P.	12.06.2002	67.950	81	82	82	82	7	101	106	106	101	7	183	7
8	425	[A] Trupti Mane	195	MHR	29.09.2001	68.100	80	80	80	80	9	100	104	105	100	8	180	8
9	204	[A] Renu	187	HRN	20.01.1992	70.350	75	80	82	80	8	100	100	105	100	9	180	9
10	669	[A] Ph.Roshni	170	ARN	12.08.2000	69.000	73	77	79	73	10	93	96	96	93	10	166	10
11	225	[A] Nicemol Thomas	180	KRL	09-12-1999	69.650	73	73	73	73	11	90	90	96	90	11	163	11
12	427	[B] Kh. Nungshiton Chanu	163	MNP	02.03.1998	64.350	72	72	72	72	12	86	86	91	86	12	158	12
13	494	[B] R. Ramya	165	A.P	08.06.1994	66.800	72	72	72	72	13	86	86	90	86	13	158	13

### Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

### Referee

- Center - P.A. Jose, N-1 [KRL]  
 Left - Ranjit Bhattacharjee, N-1 [W.B.]  
 Right - Santosh Sinhasane, I-1 [MHR]  
 Reserve - Geetha Ananda, N-1 [KRN]

### Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

### Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

### Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

### Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR WOMEN 76 kg

Competition : 27.03.2022 12:00

Weigh in : 10:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	451	[A] Punam Yadav	210	RSPB	09-07-1995	76.000	93	96	99	99	1	115	115	119	115	2	214	1
2	119	[A] R. Arockiya Alish	190	TND	05.11.2000	75.800	86	90	93	90	2	114	119	125	119	1	209	2
3	372	[A] Kh. Sarjubala Devi	205	MNP	10.01.1999	73.500	82	86	89	86	3	105	110	115	110	3	196	3
4	151	[A] A. Tumina Devi	179	MNP	26.01.1999	73.150	78	81	84	81	5	105	108	108	105	4	186	4
5	161	[A] Jyoti Yadav	188	HRN	16.01.2004	75.100	80	80	83	80	6	100	104	106	104	5	184	5
6	610	[B] P. Dhatri	170	A.P	22.06.2003	73.450	75	80	81	81	4	90	96	97	90	7	171	6
7	86	[B] Ananya K	170	KRL	13-10-2000	72.450	75	78	78	75	7	91	95	100	95	6	170	7
	317	[A] Radika Katoch	175	H.P.	22.08.2000	74.450	75	75	75	--		--	--	--	--		--	
	82	[A] Manisha	185	H.P.	14.11.1997	73.750	75	75	75	--		--	--	--	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Biku Sarita, N-1 [ARN]  
Left - K.D.S. Nagra, N-1 [CHD]  
Right - Rajesh Kumar, I-1 [H.P.]  
Reserve - K. Suryanarayana, I-2 [A.P.]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]





# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR WOMEN 81 kg

Competition : 25.03.2022 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	221	[A] Vanshita Verma	205	CHD	08.10.2001	76.150	81	84	87	87	4	110	110	114	114	1	201	1
2	7	[A] Pooja Yadav	189	U.P.	15.07.1996	76.500	85	88	91	88	2	107	110	112	110	4	198	2
3	155	[A] Rakhi	184	HRN	11.10.1996	78.950	80	84	87	87	3	109	113	113	109	5	196	3
4	687	[A] N. Lalitha	190	RSPB	13-05-1996	79.400	85	89	89	89	1	106	111	111	106	6	195	4
5	484	[A] Swathi Kishor	196	KRL	09-02-1998	77.250	82	86	87	82	6	113	117	117	113	2	195	5
6	740	[A] Akshata Kamati	200	KRN	07.08.1999	80.000	78	78	78	78	10	113	121	121	113	3	191	6
7	419	[A] Harmanpreet Kaur	194	PUN	09.10.2001	76.800	79	79	79	79	9	95	100	104	104	7	183	7
8	426	[A] T. Dharshini	180	TND	31.12.1998	76.700	80	80	84	80	8	100	107	107	100	10	180	8
9	668	[A] Jasmal Kaur	175	DEL	28.04.1991	78.400	77	80	82	80	7	95	100	100	100	11	180	9
10	585	[A] Rajeswari Behera	177	ORS	05.05.1997	79.350	77	77	77	77	11	98	102	105	102	8	179	10
11	291	[A] Monu	171	DEL	11.11.1996	79.050	76	80	80	76	12	100	104	104	100	9	176	11
	352	[A] Ritu	180	RAJ	10.12.1996	77.000	82	85	85	85	5	102	102	102	--		--	
	63	[B] Christina Tayeng	168	ARN	11.07.1998	80.950	76	76	76	--		--	--	--	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Geetha Ananda, N-1 [KRN]  
 Left - P.A. Jose, N-1 [KRL]  
 Right - Ranjit Bhattacharjee, N-1 [W.B.]  
 Reserve - Santosh Sinhasane, I-1 [MHR]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR WOMEN 87 kg

Competition : 30.03.2022 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	568	[A] B.N. Usha	200	RSPB	02-04-1995	87.000	89	89	93	89	2	110	114	117	114	1	203	1
2	302	[A] Komal Wakale	205	MHR	01.11.1990	86.500	92	92	95	92	1	110	110	115	110	4	202	2
3	558	[A] Modhusmrita Baruah	200	ASM	01.02.1993	86.650	88	93	94	88	3	113	116	116	113	2	201	3
4	722	[A] Dimpri Dutta	185	ASM	11.05.1999	84.800	83	87	87	87	4	106	106	111	111	3	198	4
5	467	[A] T. Satya Jyothi	180	A.P	30.08.1998	85.500	80	80	84	84	5	97	102	110	102	5	186	5
6	495	[A] Usha S.R	173	KRN	21.08.2000	86.150	78	81	81	81	7	96	101	101	101	6	182	6
7	75	[A] Anjali Joshi	170	PUN	15.07.2000	81.100	77	80	82	82	6	96	102	105	96	8	178	7
8	94	[A] Shivangi Singh	171	U.P.	29.03.2000	83.650	77	80	83	80	8	95	--	--	95	10	175	8
9	739	[A] Yogita Khedkar	165	MHR	15.06.2002	81.300	77	80	80	77	9	94	94	97	97	7	174	9
10	107	[A] Vaishali	183	DEL	07.07.1995	85.200	77	77	80	77	10	96	101	101	96	9	173	10
	670	[A] M. Ooha Sai	175	A.P	18.02.1997	85.300	77	77	77	--		--	--	--		--		

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - D. Sailoo, N-2 [TEL]  
 Left - Harpal Singh, N-2 [PUN]  
 Right - Khushbu Singh Yadav, N-1 [U.P.]  
 Reserve - Ramesh Ch. Padhy, I-2 [ORS]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR WOMEN +87 kg

Competition : 31.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	586	[A] Ann Mariya M.T.	230	KRL	21-08-1998	117.450	95	95	103	103	2	122	128	128	128	2	231	1
2	578	[A] Purnima Pandey	220	U.P.	16-10-1997	100.190	99	104	104	104	1	120	125	129	125	3	229	2
3	482	[A] Manpreet Kaur	214	PUN	15.09.1989	108.350	87	87	87	87	5	117	123	128	128	1	215	3
4	534	[A] Mehak sharma	206	PUN	01.04.1995	109.950	79	84	89	89	3	120	125	125	125	4	214	4
5	778	[A] Jasbir Kaur	200	AIPSCB	08-08-1998	104.550	83	88	88	83	6	105	110	117	110	5	193	5
6	429	[A] Muskan singh	196	HRN	28.11.2002	93.800	86	87	87	87	4	102	102	--	102	6	189	6
7	120	[A] Usha	175	DEL	02.04.1998	101.350	78	81	81	78	7	95	95	95	95	7	173	7

### Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

### Referee

- Center - Santosh Sinhasane, I-1 [MHR]  
 Left - Geetha Ananda, N-1 [KRN]  
 Right - P.A. Jose, N-1 [KRL]  
 Reserve - Ranjit Bhattacharjee, N-1 [W.B.]

### Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

### Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

### Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

### Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

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## GROUP OF JURIES AND REFEREES

### JURY Member Group 1 :

- A) K. SUBRAMANYA, I-1 [KRN] \*President of Jury
- B) G.P. SHARMA, I-1 [U.P.]
- C) SHYAMALA SHETTY, I-1 [KRN]

### JURY Member Group 2 :

- A) HANSA SHARMA, I-1 [UKD] \*President of Jury
- B) B. VENKATRAMAIAH, I-1 [A.P.]
- C) HARBANS SINGH, I-1 [PUN]

### REFEREE Member Group 1 :

- K. SURYANARAYANA, I-2 [A.P.]
- BIKU SARITA, N-1 [ARN]
- K.D.S. NAGRA, N-1 [CHD]
- RAJESH KUMAR, I-1 [H.P.]

### REFEREE Member Group 2 :

- GEETHA ANANDA, N-1 [KRN]
- P.A. JOSE, N-1 [KRL]
- RANJIT BHATTACHARJEE, N-1 [W.B.]
- SANTOSH SINHASANE, I-1 [MHR]

### REFEREE Member Group 3 :

- RAMESH CH. PADHY, I-2 [ORS]
- D. SAILOO, N-2 [TEL]
- HARPAL SINGH, N-2 [PUN]
- KHUSHBU SINGH YADAV, N-1 [U.P.]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

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## GROUP OF OTHER COMPETITION OFFICIALS

### CHIEF MARSHAL Member Group 1 :

KOMALPREET KAUR, N-2 [PUN]  
VIJAY HOODA, N-2 [AIPSCB]  
TRUPTI PARASHER, N-2 [MHR]

### CHIEF MARSHAL Member Group 2 :

MONA SINHA, N-2 [U.P.]  
R. KAVITHA, N-1 [TND]  
PRADEEP KUMAR YADAV, N-1 [U.P.]

### TIMEKEEPER Member Group 1 :

P. JAGDISH PATRO, N-2 [ORS]

### TIMEKEEPER Member Group 2 :

SANGEETA CHHABRA, N-1 [UKD]

### TECHNICAL CONTROLLER Member Group 1 :

YOGENDRA SHARMA, N-1 [U.P.]  
J.N. NANDA, N-1 [ORS]

### TECHNICAL CONTROLLER Member Group 2 :

YUDHVIR SINGH, I-2 [J.K.]  
RAVI SHARMA, N-1 [RAJ]

### SECRETARY Member Group 1 :

R.V.L.N. RATNAKARA RAO, I-1 [A.P.]

### SECRETARY Member Group 2 :

S. SHANMUGAVEL, I-1 [TND]

### Member Group 1 :

N.P.S. CHAUHAN, I-1, SPEAKER [UKD]  
SEETA KUMARI JENA, N-2, EQUIPMENT INCHARGE [ORS]  
P. SAILAM, N-2, FOP INCHARGE [AIPSCB]  
NARAYAN SAHU, I-1, COORDINATOR [ORS]  
AJAY KUMAR DAS, N-1, TSR OPERATOR [SSCB]  
SUNEET CHOPRA, N-1, IWLF, TSR OPERATOR [IWLF]  
PURAN CHANDRA, N-2, TSR OPERATOR [IWLF]  
SHIVAM MISHRA, N-2, TSR OPERATOR [IWLF]

### Member Group 2 :

KRISHNARAJ K, I-1, SPEAKER (UPTO 27.3.2022 AFTERNOON) [KRN]  
S.H. ANANDE GOWDA, I-1, COMPETITION DIRECTOR [KRN]  
UMESHWARI SHARMA, N-1, SPEAKER [PUN]  
PAL SINGH SANDHU, DRONACHARYA AWARDEE, COMPETITION DIRECTOR UPTO 26.3.2022 [U.P.]  
SAHDEV YADAV, PRESIDENT, INDIAN WEIGHTLIFTING FEDERATION -- TECHNICAL DELEGATE [U.P.]

### Member Group 3 :

HARBANS SINGH, I-1, RESERVE SPEAKER [PUN]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## MEN 's ROBI TOTAL POINT

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
1	Sanket Sargar	16.10.2000	MHR	54.750	249	575.877
2	Prashant Koli	05.02.1999	MHR	54.750	248	568.230
3	M. Raja	12-01-2000	RSPB	60.650	267	559.517
4	Kojum Taba	18.06.1997	ARN	97.500	345	554.564
5	Guru Raja	15-08-1992	SSCB	60.600	266	552.585
6	Ajay Singh	17-04-1997	SSCB	80.900	315	545.715
7	Markio Tario	01.01.2004	ARN	66.650	282	542.513
8	Deepak Lather	25.03.2000	HRN	77.550	314	539.981
9	Vikas Thakur	14-11-1993	SSCB	99.800	341	533.491
10	K. Neelam Raju	24-06-1997	RSPB	66.700	277	511.212
11	Gourav	28.06.1995	CHD	88.100	316	510.024
12	N. Ajith	27-01-1991	RSPB	72.900	297	508.773
13	Harshad Wadekar	14-06-1995	RSPB	88.400	315	504.683
14	Sachin Mehmi	11-08-1995	SSCB	101.650	333	493.035
15	T. Madhavan	03.12.2004	TND	60.500	257	492.880
16	Sambo Lapung	06.03.1997	ARN	95.900	336	491.901
17	R.V. Rahul	16-03-1997	RSPB	94.300	335	487.055
18	Lovepreet Singh	09-09-1997	SSCB	108.800	350	485.668
19	Muna Nayak	20.10.2002	ORS	60.500	255	480.253
20	Jagdish	11-08-1994	SSCB	95.350	333	477.462
21	Zakhuma	01.04.2001	MIZ	60.700	254	474.026
22	Mihir Kanta Sethi	25.11.1996	ORS	72.800	290	470.018
23	Subhash Lahre	12.10.2002	C.G.	66.000	270	469.542
24	Abhishek Nipane	11.12.2001	MHR	77.950	301	469.221
25	Gurdeep Singh	01-10-1995	RSPB	163.400	391	466.133
26	Papul Changmai	01.01.1994	ASM	80.600	300	464.062
27	Ganga Singh	22.09.1994	CHD	72.600	288	459.336
28	Kapil Singh Rathore	16.03.1993	RAJ	78.250	299	458.944
29	Susant Sahu	18.05.1991	ORS	66.900	268	458.087
30	Devapreedhan B.	08-10-1998	KRL	72.950	287	454.059
31	Charu Pesi	30.09.2002	ARN	60.250	250	449.678
32	Vijay Kumar Maheshwari	15.02.1999	C.G.	54.200	231	448.825
33	U. Sivaprakash	17.02.1996	PON	87.100	304	448.475
34	Raghveer Singh	21.03.1995	PUN	85.900	303	443.593
35	Binder Pal	24-08-1996	SSCB	88.350	303	443.593
36	Valluri Ajay Babu	25.11.2004	M.P.	80.750	295	438.863
37	Harshit Sehrawat	04-05-2000	RSPB	101.800	320	431.944
38	Harcharan Singh	20.08.2001	RAJ	101.650	319	427.476
39	Lalzuidika	23.06.1999	MIZ	60.100	246	426.218
40	Jagdish Nahak	13.03.1998	ORS	66.700	262	424.895



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

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## WOMEN 's ROBI TOTAL POINT

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
1	Komal kohar	24.07.2002	HRN	44.500	160	555.264
2	H. Jinarani Devi	15.12.1996	MNP	48.550	175	520.597
3	Kh. Sanjita Chanu	02-01-1994	RSPB	49.000	174	510.780
4	M.V. Thushmita	15.10.1996	RSPB	44.600	154	489.055
5	Gauri Pandey	15.06.1998	U.P.	54.600	182	480.005
6	Veerjeet Kaur	02.03.1999	CHD	54.200	181	471.300
7	Jhilli Dalabehera	03.02.1999	RSPB	48.650	169	463.628
8	K.V.L. Pavani Kumari	05.03.2003	A.P	44.700	151	458.116
9	Popy Hazarika	08-12-1998	RSPB	58.450	195	455.998
10	Sakshi Mhaske	23.03.2001	MHR	49.000	168	454.577
11	Veena	19.03.1998	C.G.	44.800	149	438.268
12	Shrabani Das	16.03.2002	W.B.	53.550	177	437.580
13	Sneha Soren	05.02.2001	ORS	48.750	166	436.847
14	Harjinder Kaur	14.10.1996	PUN	70.150	208	436.258
15	Punam Yadav	09-07-1995	RSPB	76.000	214	419.301
16	Anjali Patel	10.08.2004	U.P.	44.600	147	419.028
17	Diplai Gursale	10-11-1996	RSPB	45.000	146	409.634
18	Lalchhanhimi	14.04.1992	MIZ	69.150	203	402.383
19	Jasvir Kaur	22.02.1993	PUN	63.250	198	399.439
20	Kh. Roshibina Devi	05.03.2001	ARN	48.700	161	394.646
21	Gyaneshwari Yadav	08.03.2003	C.G.	48.850	161	394.646
22	Chandrika Tarafdar	12.10.1996	W.B.	45.350	144	391.288
23	B. Rajeswari	10.07.2002	A.P	44.600	144	391.288
24	P. Shakhenbi Devi	03.04.1998	MNP	58.500	186	389.755
25	Davinder Kaur	11-03-1995	AIPSCB	58.900	186	389.755
26	R. Arockiya Alish	05.11.2000	TND	75.800	209	387.631
27	Ph. Ranibala Devi	01.02.1998	MNP	54.050	170	382.686
28	Kh. Rediya Devi	03.02.2000	MNP	44.800	143	382.334
29	Chetana Ghojage	05.08.1996	MHR	48.850	159	378.594
30	Mohini	20.05.1999	HRN	58.850	184	376.006
31	E. Deextiha	25-09-1997	RSPB	58.850	184	376.006
32	S. Pallavi	13.07.2003	A.P	62.550	194	373.256
33	Priyadarshini T.	03.03.2000	TEL	46.600	158	370.741
34	Pooja Gupta	08.10.1998	U.P.	49.000	158	370.741
35	Ananya Patil	14.01.2001	MHR	53.650	168	367.933
36	S. Nirupama Devi	05-10-2000	RSPB	63.650	192	360.626
37	Komal Khan	23-03-2001	IWLF	64.000	190	348.297
38	Sukarna Adak	10.01.2003	W.B.	58.800	179	343.122
39	Lakshmi B	24.06.1999	KRN	54.450	163	332.797
40	Pramila Krisani	09.01.1996	ORS	52.600	162	326.063