



KHELO INDIA WOMEN WEIGHTLIFTING LEAGUE TOURNAMENT YOUTH JUNIOR AND SENIOR

Rainbow International School Nagrota Bagwan Himachal Pradesh
14/06/2022 to 22/06/2022



YOUTH[Result]

WOMEN 40 kg

Competition : 15.06.2022 10:00

Weigh in : 8:00

| No. | LOT | NAME | ENT. | TEAM | BORN | BW | SNATCH | | | | | CLEAN & JERK | | | | | TOTAL | |
|-----|-----|-------------------|------|------|------------|--------|--------|----|----|------|------|--------------|----|----|------|------|-------|------|
| | | | | | | | 1 | 2 | 3 | Res. | Rank | 1 | 2 | 3 | Res. | Rank | Res. | Rank |
| 1 | 149 | [A] A. Poshika | 110 | TND | 24-09-2006 | 39.860 | 49 | 53 | 56 | 56 | 1 | 60 | 64 | 67 | 64 | 1 | 120 | 1 |
| 2 | 77 | [A] Jyoshna Sabar | 100 | ORS | 25-10-2008 | 39.800 | 45 | 48 | 50 | 48 | 2 | 55 | 60 | 62 | 60 | 2 | 108 | 2 |
| 3 | 82 | [A] Kaken Doyom | 90 | ARN | 07-09-2006 | 38.000 | 40 | 40 | 43 | 40 | 3 | 52 | 55 | 58 | 55 | 3 | 95 | 3 |
| 4 | 189 | [A] Manisha Soren | 85 | JKD | 10-03-2007 | 40.000 | 32 | 36 | 39 | 36 | 5 | 48 | 51 | 56 | 51 | 4 | 87 | 4 |
| 5 | 157 | [A] Luna Sonowal | 87 | ASM | 14-09-2009 | 37.400 | 37 | 40 | 40 | 37 | 4 | 47 | 50 | 50 | 47 | 5 | 84 | 5 |
| 6 | 89 | [A] Sandhya Yadav | 65 | U.P. | 03-12-2006 | 37.820 | 28 | 31 | 31 | 31 | 6 | 37 | 40 | 42 | 40 | 6 | 71 | 6 |
| | 167 | [A] Nikita Verma | 60 | U.P. | 07-08-2006 | 39.400 | 27 | 27 | 27 | -- | | -- | -- | -- | -- | | -- | |

() sig.