

भारतीय भारोत्तोलन संघ Indian Weightlifting Federation



Affiliated to: International Weightlifting Federation, Asian Weightlifting Federation,
Commonwealth Weightlifting Federation and Indian Olympic Association
Recognised by: Ministry of Youth Affairs & Sports, Govt. of India

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'URGENT'

*All affiliated States / Units
and Executive Members
of Indian Weightlifting Federation*

Sub.: Invitation for attending online motivational seminar presented by Dr. Anjuman Bains, Counselling Psychologist on Seminar for MENTAL HEALTH OF INDIAN ATHLETES to be held on 30th June 2022 at 8:30 p.m.

Dear All,

All State Associations and Departmental Boards are hereby informed that Indian Weightlifting Federation is conducting one online seminar on **MENTAL HEALTH OF INDIAN ATHLETES** by Dr. Anjuman Bains, Counselling Psychologist which will be held on 30th June 2022 at 8:30 p.m.

The zoom link is provided below:-

Join Zoom Meeting
https://us02web.zoom.us/j/81587927202?pwd=-q_iAKYjx9fkjASoHBUPCm4kHCzNI.1

Meeting ID: 815 8792 7202
Passcode: 486398
One tap mobile
+12532158782,,81587927202#,,,,*486398# US (Tacoma)
+13017158592,,81587927202#,,,,*486398# US (Washington DC)

All stakeholders are advised to widely circulate the above link amongst State and Department athletes, team officials, technical officials and sports administrators.

Yours Sincerely,

[Arnab Das]
Chief Executive Officer

