



IWLF Selection Policy | Asian Youth & Junior Championship 2022

1. This document lays down the guidelines and conditions for selection of the Indian Weightlifting team for Asian Youth & Junior Championship 2022.
2. For the purpose of selection, only results achieved by a weightlifter at the following competitions shall be considered:
 - i. 2022 IWF World Junior Championship, Greece
 - ii. 2022 Khelo India Youth Games, Panchkula
 - iii. 2022 IWLF Selection Trials, Patiala
3. The maximum number of lifters that can be selected in a weight category is two. However overall, a maximum of 20 lifters can be sent to Asian Youth & Junior Championship (10 Men + 10 Women).
4. The best performance from the competitions listed in point 2 above would be considered. Based on this best performance, the Selection Committee formed by the Indian Weightlifting Federation shall decide the final list of participants after comparing the performances with that of the Asian standards in the respective age group and weight category.
5. In case of any dispute or for any matter not covered in this policy, the decision of the Selection Committee shall be final.