

भारतीय भारोत्तोलन संघ Indian Weightlifting Federation

Affiliated to: International Weightlifting Federation, Asian Weightlifting Federation,
Commonwealth Weightlifting Federation and Indian Olympic Association
Recognised by: Ministry of Youth Affairs & Sports, Govt. of India



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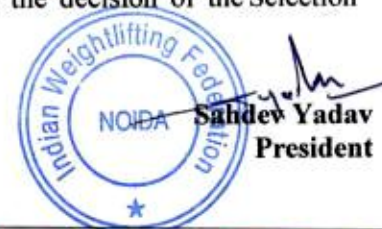
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IWLF Selection Policy | Asian Games 2022

1. This document lays down the guidelines and conditions for selection of the Indian Weightlifting team for Asian Games 2022.
2. For the purpose of selection, only results achieved by a weightlifter at the following competitions shall be considered:
 - i. 2021 Tokyo Olympics Games
 - ii. 2021 IWF World Championship
 - iii. 2022 Singapore Weightlifting International
 - iv. IWLF Selection Trials 2022
3. The Minimum Qualifying Standard (MQS) for Men shall be the 10th best and for Women shall be 8th best lift by an Asian in the 2021 IWF World Ranking List. This corresponds to the following:

Men's		Women's	
Wt. Category	MQS (in Kg)	Wt. Category	MQS (in Kg)
61 Kg	271	49 Kg	173
67 Kg	305	55 Kg	198
73 Kg	310	59 Kg	192
81 Kg	328	64 Kg	202
96 Kg	360	76 Kg	214
109 Kg	371	87 Kg	220
109 Kg+	398	87 Kg+	236

4. The maximum number of lifters that can be selected in a weight category is two. However overall, a maximum of 14 lifters can be sent to Asian Games (7 Men + 7 Women). In case more weightlifters meet the MES than the maximum permissible slots at the Asian Games then the highest ranked lifter, when compared to the lifts in the 2021 IWF World Ranking List, would be sent.
5. In case of any dispute or for any matter not covered in this policy, the decision of the Selection Committee shall be final.



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