



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING  
CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



# RESULT BOOK

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# SENIOR



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

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19/03/2022 to 31/03/2022



## SENIOR MEN'S MEDALLISTS

|         | LIFT  | RANK | RESULT | NAME                   | BORN       | TEAM |
|---------|-------|------|--------|------------------------|------------|------|
| 55 kg   | TOTAL | 1    | 249    | Sanket Sargar          | 16.10.2000 | MHR  |
|         |       | 2    | 248    | Prashant Koli          | 05.02.1999 | MHR  |
|         |       | 3    | 231    | Vijay Kumar Maheshwari | 15.02.1999 | C.G. |
| 61 kg   | TOTAL | 1    | 267    | M. Raja                | 12-01-2000 | RSPB |
|         |       | 2    | 266    | Guru Raja              | 15-08-1992 | SSCB |
|         |       | 3    | 257    | T. Madhavan            | 03.12.2004 | TND  |
| 67 kg   | TOTAL | 1    | 284    | Manjunath Marati       | 01-05-1995 | RSPB |
|         |       | 2    | 282    | Markio Tario           | 01.01.2004 | ARN  |
|         |       | 3    | 277    | K. Neelam Raju         | 24-06-1997 | RSPB |
| 73 kg   | TOTAL | 1    | 297    | N. Ajith               | 27-01-1991 | RSPB |
|         |       | 2    | 290    | Mihir Kanta Sethi      | 25.11.1996 | ORS  |
|         |       | 3    | 288    | Ganga Singh            | 22.09.1994 | CHD  |
| 81 kg   | TOTAL | 1    | 315    | Ajay Singh             | 17-04-1997 | SSCB |
|         |       | 2    | 314    | Deepak Lather          | 25.03.2000 | HRN  |
|         |       | 3    | 301    | Abhishek Nipane        | 11.12.2001 | MHR  |
| 89 kg   | TOTAL | 1    | 317    | Ram Karan Prajapati    | 15.07.1998 | U.P. |
|         |       | 2    | 316    | Gourav                 | 28.06.1995 | CHD  |
|         |       | 3    | 315    | Harshad Wadekar        | 14-06-1995 | RSPB |
| 96 kg   | TOTAL | 1    | 336    | Sambo Lapung           | 06.03.1997 | ARN  |
|         |       | 2    | 335    | R.V. Rahul             | 16-03-1997 | RSPB |
|         |       | 3    | 333    | Jagdish                | 11-08-1994 | SSCB |
| 102 kg  | TOTAL | 1    | 345    | Kojum Taba             | 18.06.1997 | ARN  |
|         |       | 2    | 341    | Vikas Thakur           | 14-11-1993 | SSCB |
|         |       | 3    | 333    | Sachin Mehmi           | 11-08-1995 | SSCB |
| 109 kg  | TOTAL | 1    | 350    | Lovepreet Singh        | 09-09-1997 | SSCB |
|         |       | 2    | 323    | Mohit Teavitya         | 14.10.1992 | U.P. |
|         |       | 3    | 322    | Vishal Solanki         | 01-10-1993 | RSPB |
| +109 kg | TOTAL | 1    | 391    | Gurdeep Singh          | 01-10-1995 | RSPB |
|         |       | 2    | 363    | Vipan Kumar            | 30-01-1994 | SSCB |
|         |       | 3    | 336    | Hitesh kumar           | 12.09.1996 | HRN  |



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|        | LIFT  | RANK | RESULT | NAME                 | BORN       | TEAM   |
|--------|-------|------|--------|----------------------|------------|--------|
| 45 kg  | TOTAL | 1    | 160    | Komal kohar          | 24.07.2002 | HRN    |
|        |       | 2    | 154    | M.V. Thushmita       | 15.10.1996 | RSPB   |
|        |       | 3    | 151    | K.V.L. Pavani Kumari | 05.03.2003 | A.P    |
| 49 kg  | TOTAL | 1    | 175    | H. Jinarani Devi     | 15.12.1996 | MNP    |
|        |       | 2    | 174    | Kh. Sanjita Chanu    | 02-01-1994 | RSPB   |
|        |       | 3    | 169    | Jhilli Dalabehera    | 03.02.1999 | RSPB   |
| 55 kg  | TOTAL | 1    | 182    | Gauri Pandey         | 15.06.1998 | U.P.   |
|        |       | 2    | 181    | Veerjeet Kaur        | 02.03.1999 | CHD    |
|        |       | 3    | 177    | Shrabani Das         | 16.03.2002 | W.B.   |
| 59 kg  | TOTAL | 1    | 195    | Popy Hazarika        | 08-12-1998 | RSPB   |
|        |       | 2    | 186    | Davinder Kaur        | 11-03-1995 | AIPSCB |
|        |       | 3    | 186    | P. Shakhbeni Devi    | 03.04.1998 | MNP    |
| 64 kg  | TOTAL | 1    | 198    | Jasvir Kaur          | 22.02.1993 | PUN    |
|        |       | 2    | 194    | S. Pallavi           | 13.07.2003 | A.P    |
|        |       | 3    | 192    | S. Nirupama Devi     | 05-10-2000 | RSPB   |
| 71 kg  | TOTAL | 1    | 208    | Harjinder Kaur       | 14.10.1996 | PUN    |
|        |       | 2    | 203    | Lalchhanhimi         | 14.04.1992 | MIZ    |
|        |       | 3    | 190    | Amandeep Kaur        | 07.08.1989 | PUN    |
| 76 kg  | TOTAL | 1    | 214    | Punam Yadav          | 09-07-1995 | RSPB   |
|        |       | 2    | 209    | R. Arockiya Alish    | 05.11.2000 | TND    |
|        |       | 3    | 196    | Kh. Sarjubala Devi   | 10.01.1999 | MNP    |
| 81 kg  | TOTAL | 1    | 203    | Ku. Karityga         | 15.09.1999 | U.P.   |
|        |       | 2    | 201    | Vanshita Verma       | 08.10.2001 | CHD    |
|        |       | 3    | 198    | Pooja Yadav          | 15.07.1996 | U.P.   |
| 87 kg  | TOTAL | 1    | 203    | B.N. Usha            | 02-04-1995 | RSPB   |
|        |       | 2    | 202    | Komal Wakale         | 01.11.1990 | MHR    |
|        |       | 3    | 201    | Modhusmrita Baruah   | 01.02.1993 | ASM    |
| +87 kg | TOTAL | 1    | 231    | Ann Mariya M.T.      | 21-08-1998 | KRL    |
|        |       | 2    | 229    | Purnima Pandey       | 16-10-1997 | U.P.   |
|        |       | 3    | 215    | Manpreet Kaur        | 15.09.1989 | PUN    |



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## SENIOR MEN'S TEAM CLASSIFICATION

| No. | Team            | 55 kg | 61 kg | 67 kg | 73 kg | 81 kg | 89 kg | 96 kg | 102 kg | 109 kg | +109 kg | TOTAL  |
|-----|-----------------|-------|-------|-------|-------|-------|-------|-------|--------|--------|---------|--------|
| 1   | RSPB : RSPB     | -     | 28/1  | 51/2  | 28/1  | -     | 23/1  | 25/1  | 38/2   | 23/1   | 28/1    | 244/10 |
| 2   | SSCB : SSCB     | -     | 25/1  | -     | 0/2   | 28/1  | 21/1  | 23/1  | 48/2   | 28/1   | 25/1    | 198/10 |
| 3   | ORS : ORS       | -     | 22/1  | 41/2  | 46/2  | 22/2  | -     | 18/1  | 17/1   | 17/1   | -       | 183/10 |
| 4   | A.P. : A.P      | 38/2  | -     | -     | 35/2  | 23/2  | 33/2  | -     | 15/1   | 19/1   | -       | 163/10 |
| 5   | HRN : HRN       | 0/1   | -     | -     | 12/1  | 25/1  | 16/1  | 21/1  | 20/2   | 22/1   | 40/2    | 156/10 |
| 6   | U.P. : U.P.     | -     | -     | -     | 14/1  | 0/2   | 45/2  | -     | 31/2   | 45/2   | 19/1    | 154/10 |
| 7   | ARN : ARN       | -     | 20/1  | 41/2  | -     | 14/1  | -     | 28/1  | 28/1   | -      | 20/1    | 151/7  |
| 8   | C.G. : C.G.     | 45/2  | 15/1  | 22/1  | 16/1  | 15/2  | -     | -     | 13/1   | -      | -       | 126/8  |
| 9   | M.P. : M.P.     | 40/2  | -     | 19/1  | -     | 20/2  | -     | 16/1  | 11/2   | 18/1   | -       | 124/9  |
| 10  | MHR : MHR       | 53/2  | 0/1   | 0/1   | 19/1  | 30/2  | 0/1   | 22/2  | -      | -      | -       | 124/10 |
| 11  | TND : TND       | 0/1   | 23/1  | -     | -     | 35/2  | 19/2  | 19/1  | 0/1    | -      | 22/1    | 118/9  |
| 12  | RAJ : RAJ       | 0/1   | -     | 15/1  | -     | 21/1  | 13/2  | -     | 21/1   | -      | 21/1    | 91/7   |
| 13  | KRN : KRN       | -     | 30/2  | 11/1  | 18/2  | 5/1   | 8/1   | 0/1   | -      | 16/1   | -       | 88/9   |
| 14  | MIZ : MIZ       | -     | 40/2  | 31/2  | -     | -     | -     | -     | -      | -      | -       | 71/4   |
| 15  | DEL : DEL       | -     | 17/1  | -     | -     | 15/2  | -     | 31/2  | 8/1    | -      | -       | 71/6   |
| 16  | KRL : KRL       | -     | 0/1   | -     | 33/2  | 8/2   | 11/2  | -     | 18/1   | 0/1    | -       | 70/9   |
| 17  | ASM : ASM       | -     | 0/1   | -     | -     | 41/2  | 10/1  | -     | 9/1    | 0/1    | -       | 60/6   |
| 18  | PUN : PUN       | -     | -     | 0/1   | 0/1   | -     | 34/2  | 0/1   | 0/1    | -      | 18/1    | 52/7   |
| 19  | BHR : BHR       | -     | 25/2  | 14/1  | -     | -     | 12/1  | -     | -      | -      | -       | 51/4   |
| 20  | J.K. : J.K.     | -     | -     | -     | -     | -     | 9/2   | 20/1  | -      | 21/1   | -       | 50/4   |
| 21  | CHD : CHD       | -     | -     | -     | 23/1  | -     | 25/1  | -     | -      | 0/1    | -       | 48/3   |
| 22  | TEL : TEL       | -     | -     | -     | 30/2  | -     | -     | -     | -      | -      | 15/2    | 45/4   |
| 23  | PON : PON       | 0/1   | 0/1   | 17/1  | -     | 0/1   | 22/1  | -     | -      | -      | -       | 39/5   |
| 24  | AIPSCB : AIPSCB | -     | -     | 12/2  | -     | 0/1   | -     | 15/1  | 10/1   | -      | -       | 37/5   |
| 25  | UKD : UKD       | -     | -     | -     | 0/1   | 15/2  | -     | -     | 14/1   | 0/1    | 0/1     | 29/6   |
| 26  | MNP : MNP       | -     | 18/1  | -     | 0/1   | 9/2   | -     | 0/1   | -      | -      | -       | 27/5   |
| 27  | GOA : GOA       | -     | 0/1   | -     | -     | 0/1   | 0/1   | -     | -      | -      | 16/1    | 16/4   |
| 28  | IWLF : IWLF     | -     | -     | -     | -     | -     | -     | 0/1   | -      | -      | -       | 0/1    |
| 29  | W.B. : W.B.     | -     | -     | 0/1   | -     | -     | -     | -     | -      | -      | -       | 0/1    |
| 30  | H.P. : H.P.     | -     | -     | 0/1   | 0/2   | -     | 0/1   | 0/1   | 0/1    | -      | -       | 0/6    |



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| No. | Team            | 45 kg | 49 kg | 55 kg | 59 kg | 64 kg | 71 kg | 76 kg | 81 kg | 87 kg | +87 kg | TOTAL  |
|-----|-----------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|
| 1   | RSPB : RSPB     | 45/2  | 48/2  | -     | 49/2  | 23/1  | -     | 28/1  | 21/1  | 28/1  | -      | 242/10 |
| 2   | U.P. : U.P.     | 21/1  | 16/2  | 28/1  | -     | -     | 19/1  | -     | 51/2  | 18/1  | 25/1   | 178/9  |
| 3   | MHR : MHR       | 0/1   | 40/2  | 21/1  | 13/1  | -     | 38/2  | -     | -     | 42/2  | 19/1   | 173/10 |
| 4   | MNP : MNP       | 17/1  | 28/1  | 22/2  | 23/1  | 19/1  | 14/1  | 45/2  | -     | -     | -      | 168/9  |
| 5   | PUN : PUN       | -     | -     | -     | -     | 28/1  | 51/2  | -     | 18/1  | 19/1  | 45/2   | 161/7  |
| 6   | HRN : HRN       | 28/1  | 0/1   | 18/1  | 22/1  | -     | 17/1  | 21/1  | 22/1  | -     | 20/1   | 148/8  |
| 7   | A.P. : A.P.     | 42/2  | -     | 0/1   | 19/1  | 25/2  | 13/1  | 20/1  | -     | 21/2  | -      | 140/10 |
| 8   | ORS : ORS       | -     | 21/1  | 19/1  | 33/2  | 17/1  | -     | -     | 15/1  | -     | -      | 105/6  |
| 9   | C.G. : C.G.     | 22/1  | 20/1  | 33/2  | 27/2  | -     | -     | -     | -     | -     | -      | 102/6  |
| 10  | KRL : KRL       | -     | -     | -     | -     | -     | 15/1  | 19/1  | 20/1  | -     | 28/1   | 82/4   |
| 11  | TND : TND       | -     | -     | -     | 18/1  | -     | 21/1  | 25/1  | 17/1  | -     | -      | 81/4   |
| 12  | ASM : ASM       | -     | 15/1  | -     | -     | 21/1  | -     | -     | -     | 45/2  | -      | 81/4   |
| 13  | ARN : ARN       | 0/1   | 19/1  | 0/1   | -     | 38/2  | 16/1  | -     | 0/1   | -     | -      | 73/7   |
| 14  | DEL : DEL       | -     | -     | -     | -     | -     | -     | -     | 30/2  | 16/1  | 18/1   | 64/4   |
| 15  | W.B. : W.B.     | 18/1  | -     | 23/1  | 20/1  | -     | -     | -     | -     | -     | -      | 61/3   |
| 16  | KRN : KRN       | -     | -     | 20/1  | -     | -     | -     | -     | 19/1  | 20/1  | -      | 59/3   |
| 17  | CHD : CHD       | -     | -     | 25/1  | -     | -     | -     | -     | 25/1  | -     | -      | 50/2   |
| 18  | AIPSCB : AIPSCB | 0/1   | -     | -     | 25/1  | -     | -     | -     | -     | -     | 21/1   | 46/3   |
| 19  | RAJ : RAJ       | -     | -     | -     | 14/1  | -     | 22/1  | -     | 0/1   | -     | -      | 36/3   |
| 20  | MIZ : MIZ       | -     | -     | -     | -     | -     | 25/1  | -     | -     | -     | -      | 25/1   |
| 21  | IWLF : IWLF     | -     | -     | -     | -     | 22/1  | -     | -     | -     | -     | -      | 22/1   |
| 22  | TEL : TEL       | -     | 17/1  | -     | -     | 0/1   | -     | -     | -     | -     | -      | 17/2   |
| 23  | M.P. : M.P.     | -     | 14/1  | -     | -     | -     | -     | -     | -     | -     | -      | 14/1   |
| 24  | UKD : UKD       | -     | -     | -     | -     | 0/1   | -     | -     | -     | -     | -      | 0/1    |
| 25  | H.P. : H.P.     | -     | -     | -     | 0/1   | -     | -     | 0/2   | -     | -     | -      | 0/3    |



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## SENIOR SUMMARY MEDALS

| No. | Team            | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 |
|-----|-----------------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1   | RSPB : RSPB     | 7 | 3 | 5 | 1 | 2 | 1 |   |   |   | 1  |    |    |    |    |    |    |    |    |    |    |    |    |    |
| 2   | U.P. : U.P.     | 3 | 2 | 1 |   | 1 | 1 | 3 | 1 | 1 | 1  |    | 1  |    | 1  |    |    |    |    |    |    |    |    |    |
| 3   | SSCB : SSCB     | 2 | 3 | 2 |   | 1 |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| 4   | ARN : ARN       | 2 | 1 |   |   |   | 3 | 1 | 1 |   | 2  |    | 1  |    |    |    |    |    |    |    |    |    |    |    |
| 5   | PUN : PUN       | 2 |   | 2 | 1 |   | 1 | 1 | 2 |   |    |    | 1  |    |    |    |    |    |    |    |    |    |    |    |
| 6   | MHR : MHR       | 1 | 2 | 1 | 2 | 1 | 1 | 2 | 2 | 1 |    |    |    | 1  |    |    |    |    |    | 1  |    |    |    |    |
| 7   | HRN : HRN       | 1 | 1 | 1 | 3 | 2 | 2 |   | 1 | 2 | 1  |    |    |    | 1  |    |    |    |    |    |    |    |    |    |
| 8   | MNP : MNP       | 1 |   | 2 | 2 |   |   | 1 | 1 | 1 |    |    | 1  |    |    |    |    | 1  |    |    |    |    |    |    |
| 9   | KRL : KRL       | 1 |   |   | 1 |   | 1 | 1 | 1 |   |    | 1  |    |    |    | 2  |    |    | 1  |    |    |    |    |    |
| 10  | CHD : CHD       |   | 3 | 1 |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| 11  | TND : TND       |   | 1 | 1 | 1 | 1 |   | 2 | 2 | 2 |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| 12  | A.P : A.P       |   | 1 | 1 |   | 1 | 3 | 3 | 2 |   |    | 3  |    | 2  |    |    | 1  |    |    |    |    |    |    |    |
| 13  | ORS : ORS       |   | 1 |   | 1 | 3 | 1 | 1 | 1 | 4 | 2  | 1  |    |    |    |    |    |    |    |    | 1  |    |    |    |
| 14  | MIZ : MIZ       |   | 1 |   |   | 1 |   | 1 | 1 |   |    |    |    | 1  |    |    |    |    |    |    |    |    |    |    |
| 15  | AIPSCB : AIPSCB |   | 1 |   |   | 1 |   |   |   |   |    | 1  |    |    | 1  |    | 1  |    |    |    |    |    |    |    |
| 16  | C.G. : C.G.     |   |   | 1 | 3 |   | 1 |   |   | 1 | 2  | 3  |    | 1  | 1  |    |    |    |    |    |    |    |    |    |
| 17  | ASM : ASM       |   |   | 1 | 2 | 1 |   | 1 |   |   |    | 1  |    |    |    |    | 1  | 1  |    |    |    |    |    |    |
| 18  | W.B. : W.B.     |   |   | 1 |   |   | 1 |   | 1 |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| 19  | RAJ : RAJ       |   |   |   | 1 | 3 |   |   |   |   |    | 1  | 1  | 1  |    |    |    |    |    |    |    |    |    |    |
| 20  | PON : PON       |   |   |   | 1 |   |   |   |   | 1 |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| 21  | IWLF : IWLF     |   |   |   | 1 |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| 22  | M.P. : M.P.     |   |   |   |   | 1 | 1 | 2 | 1 |   | 1  |    | 1  |    |    | 1  |    |    |    |    |    |    |    |    |
| 23  | J.K. : J.K.     |   |   |   |   | 1 | 1 |   |   |   |    |    |    |    |    |    |    |    | 1  |    |    |    |    |    |
| 24  | KRN : KRN       |   |   |   |   |   | 2 | 1 | 1 |   | 2  |    | 1  |    |    | 1  |    |    | 1  |    |    | 1  |    |    |
| 25  | DEL : DEL       |   |   |   |   |   |   |   | 1 | 2 | 2  |    | 2  |    |    | 1  |    |    | 1  |    |    |    | 1  |    |
| 26  | TEL : TEL       |   |   |   |   |   |   |   |   | 2 |    | 1  |    | 1  |    |    |    |    |    |    |    |    |    |    |
| 27  | GOA : GOA       |   |   |   |   |   |   |   |   |   | 1  |    |    |    |    |    |    |    |    |    |    |    |    |    |
| 28  | BHR : BHR       |   |   |   |   |   |   |   |   |   |    |    | 1  | 1  | 2  |    |    |    |    |    |    |    |    |    |
| 29  | UKD : UKD       |   |   |   |   |   |   |   |   |   |    |    | 1  |    | 1  |    |    |    |    |    |    |    |    | 1  |
| 30  | H.P. : H.P.     |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |



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## SENIOR MEN 's MEDALS

| No. | Team            | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 |
|-----|-----------------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1   | RSPB : RSPB     | 4 | 1 | 3 | 1 |   |   |   |   |   | 1  |    |    |    |    |    |    |    |    |    |    |    |    |    |
| 2   | SSCB : SSCB     | 2 | 3 | 2 |   | 1 |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| 3   | ARN : ARN       | 2 | 1 |   |   |   | 2 |   |   |   | 1  |    | 1  |    |    |    |    |    |    |    |    |    |    |    |
| 4   | MHR : MHR       | 1 | 1 | 1 | 1 |   |   | 1 |   |   |    |    |    |    |    |    |    |    |    | 1  |    |    |    |    |
| 5   | U.P. : U.P.     | 1 | 1 |   |   |   | 1 | 2 |   | 1 |    |    | 1  |    | 1  |    |    |    |    |    |    |    |    |    |
| 6   | HRN : HRN       |   | 1 | 1 | 1 | 1 | 1 |   |   | 1 | 1  |    |    |    | 1  |    |    |    |    |    |    |    |    |    |
| 7   | CHD : CHD       |   | 1 | 1 |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| 8   | ORS : ORS       |   | 1 |   | 1 | 2 | 1 |   | 1 | 2 | 1  |    |    |    |    |    |    |    |    |    |    | 1  |    |    |
| 9   | C.G. : C.G.     |   |   | 1 | 2 |   |   |   |   |   | 1  | 2  |    | 1  |    |    |    |    |    |    |    |    |    |    |
| 10  | TND : TND       |   |   | 1 | 1 |   |   | 2 | 1 | 1 |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| 11  | ASM : ASM       |   |   |   | 1 |   |   | 1 |   |   |    |    |    |    |    |    | 1  | 1  |    |    |    |    |    |    |
| 12  | KRL : KRL       |   |   |   | 1 |   |   |   | 1 |   |    |    |    |    |    | 2  |    |    | 1  |    |    |    |    |    |
| 13  | PON : PON       |   |   |   | 1 |   |   |   |   | 1 |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| 14  | RAJ : RAJ       |   |   |   |   | 3 |   |   |   |   |    | 1  |    | 1  |    |    |    |    |    |    |    |    |    |    |
| 15  | M.P. : M.P.     |   |   |   |   | 1 | 1 | 2 | 1 |   | 1  |    |    |    |    | 1  |    |    |    |    |    |    |    |    |
| 16  | J.K. : J.K.     |   |   |   |   | 1 | 1 |   |   |   |    |    |    |    |    |    |    | 1  |    |    |    |    |    |    |
| 17  | MIZ : MIZ       |   |   |   |   | 1 |   | 1 | 1 |   |    |    |    | 1  |    |    |    |    |    |    |    |    |    |    |
| 18  | A.P. : A.P      |   |   |   |   |   | 2 | 1 | 2 |   |    | 3  |    | 1  |    |    | 1  |    |    |    |    |    |    |    |
| 19  | PUN : PUN       |   |   |   |   |   | 1 |   | 1 |   |    |    | 1  |    |    |    |    |    |    |    |    |    |    |    |
| 20  | KRN : KRN       |   |   |   |   |   |   |   | 1 |   | 2  |    | 1  |    |    | 1  |    |    | 1  |    |    | 1  |    |    |
| 21  | MNP : MNP       |   |   |   |   |   |   |   | 1 |   |    |    |    |    |    |    |    | 1  |    |    |    |    | 1  |    |
| 22  | DEL : DEL       |   |   |   |   |   |   |   |   | 2 |    |    | 1  |    |    | 1  |    |    | 1  |    |    |    | 1  |    |
| 23  | TEL : TEL       |   |   |   |   |   |   |   |   | 1 |    | 1  |    | 1  |    |    |    |    |    |    |    |    |    |    |
| 24  | GOA : GOA       |   |   |   |   |   |   |   |   |   | 1  |    |    |    |    |    |    |    |    |    |    |    |    |    |
| 25  | AIPSCB : AIPSCB |   |   |   |   |   |   |   |   |   |    | 1  |    |    | 1  |    | 1  |    |    |    |    |    |    |    |
| 26  | BHR : BHR       |   |   |   |   |   |   |   |   |   |    |    | 1  | 1  | 2  |    |    |    |    |    |    |    |    |    |
| 27  | UKD : UKD       |   |   |   |   |   |   |   |   |   |    |    | 1  |    | 1  |    |    |    |    |    |    |    |    | 1  |
| 28  | W.B. : W.B.     |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| 29  | IWLF : IWLF     |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| 30  | H.P. : H.P.     |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## SENIOR WOMEN 's MEDALS

| No. | Team            | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 |
|-----|-----------------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|
| 1   | RSPB : RSPB     | 3 | 2 | 2 |   | 2 | 1 |   |   |   |    |    |    |    |    |
| 2   | U.P. : U.P.     | 2 | 1 | 1 |   | 1 |   | 1 | 1 |   | 1  |    |    |    |    |
| 3   | PUN : PUN       | 2 |   | 2 | 1 |   |   | 1 | 1 |   |    |    |    |    |    |
| 4   | MNP : MNP       | 1 |   | 2 | 2 |   |   | 1 |   | 1 |    |    | 1  |    |    |
| 5   | HRN : HRN       | 1 |   |   | 2 | 1 | 1 |   | 1 | 1 |    |    |    |    |    |
| 6   | KRL : KRL       | 1 |   |   |   |   | 1 | 1 |   |   |    | 1  |    |    |    |
| 7   | CHD : CHD       |   | 2 |   |   |   |   |   |   |   |    |    |    |    |    |
| 8   | A.P : A.P       |   | 1 | 1 |   | 1 | 1 | 2 |   |   |    |    |    | 1  |    |
| 9   | MHR : MHR       |   | 1 |   | 1 | 1 | 1 | 1 | 2 | 1 |    |    |    | 1  |    |
| 10  | TND : TND       |   | 1 |   |   | 1 |   |   | 1 | 1 |    |    |    |    |    |
| 11  | AIPSCB : AIPSCB |   | 1 |   |   | 1 |   |   |   |   |    |    |    |    |    |
| 12  | MIZ : MIZ       |   | 1 |   |   |   |   |   |   |   |    |    |    |    |    |
| 13  | ASM : ASM       |   |   | 1 | 1 | 1 |   |   |   |   |    | 1  |    |    |    |
| 14  | W.B. : W.B.     |   |   | 1 |   |   | 1 |   | 1 |   |    |    |    |    |    |
| 15  | C.G. : C.G.     |   |   |   | 1 |   | 1 |   |   | 1 | 1  | 1  |    |    | 1  |
| 16  | RAJ : RAJ       |   |   |   | 1 |   |   |   |   |   |    |    | 1  |    |    |
| 17  | IWLF : IWLF     |   |   |   | 1 |   |   |   |   |   |    |    |    |    |    |
| 18  | ORS : ORS       |   |   |   |   | 1 |   | 1 |   | 2 | 1  | 1  |    |    |    |
| 19  | KRN : KRN       |   |   |   |   |   | 2 | 1 |   |   |    |    |    |    |    |
| 20  | ARN : ARN       |   |   |   |   |   | 1 | 1 | 1 |   | 1  |    |    |    |    |
| 21  | DEL : DEL       |   |   |   |   |   |   |   | 1 |   | 2  |    | 1  |    |    |
| 22  | TEL : TEL       |   |   |   |   |   |   |   |   | 1 |    |    |    |    |    |
| 23  | M.P. : M.P.     |   |   |   |   |   |   |   |   |   |    |    | 1  |    |    |
| 24  | H.P. : H.P.     |   |   |   |   |   |   |   |   |   |    |    |    |    |    |
| 25  | UKD : UKD       |   |   |   |   |   |   |   |   |   |    |    |    |    |    |





# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 55 kg

Competition : 21.03.2022 09:00

Weigh in : 7:00

| No. | LOT | NAME                       | ENT. | TEAM | BORN       | BW     | SNATCH |     |     |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|-----|-----|----------------------------|------|------|------------|--------|--------|-----|-----|------|------|--------------|-----|-----|------|------|-------|------|
|     |     |                            |      |      |            |        | 1      | 2   | 3   | Res. | Rank | 1            | 2   | 3   | Res. | Rank | Res.  | Rank |
| 1   | 21  | [A] Sanket Sargar          | 250  | MHR  | 16.10.2000 | 54.750 | 105    | 109 | 111 | 111  | 2    | 133          | 136 | 138 | 138  | 1    | 249   | 1    |
| 2   | 573 | [A] Prashant Koli          | 240  | MHR  | 05.02.1999 | 54.750 | 106    | 109 | 112 | 112  | 1    | 126          | 133 | 136 | 136  | 2    | 248   | 2    |
| 3   | 522 | [A] Vijay Kumar Maheshwari | 240  | C.G. | 15.02.1999 | 54.200 | 95     | 99  | 99  | 99   | 4    | 126          | 132 | 137 | 132  | 3    | 231   | 3    |
| 4   | 508 | [A] Karan Lahre            | 230  | C.G. | 28.07.2000 | 54.800 | 96     | 100 | 101 | 100  | 3    | 125          | 125 | 128 | 125  | 4    | 225   | 4    |
| 5   | 174 | [A] Piyush Singh           | 235  | M.P. | 27.12.1999 | 54.900 | 98     | 102 | 102 | 98   | 5    | 125          | 125 | 125 | 125  | 5    | 223   | 5    |
| 6   | 537 | [A] T. Kumara swamy        | 215  | A.P  | 23.11.2000 | 54.800 | 90     | 90  | 94  | 94   | 6    | 112          | 119 | 130 | 119  | 6    | 213   | 6    |
| 7   | 702 | [B] Akhilesh Mandloi       | 198  | M.P. | 12.06.1996 | 54.200 | 88     | 88  | 88  | 88   | 9    | 112          | 114 | 114 | 112  | 7    | 200   | 7    |
| 8   | 102 | [A] E. Koteswara rao       | 215  | A.P  | 29.07.2000 | 54.900 | 90     | 90  | 93  | 90   | 7    | 110          | 117 | 117 | 110  | 8    | 200   | 8    |
|     | 198 | [B] Patta Mahesh           | 210  | PON  | 16.08.2003 | 54.050 | 88     | 88  | 90  | 88   | 8    | 112          | 112 | 112 | --   | --   | --    | --   |
|     | 122 | [B] Narender               | 200  | HRN  | 24.04.2000 | 53.750 | 95     | 95  | 95  | --   |      | --           | --  | --  | --   |      | --    | --   |
|     | 58  | [A] Devesh Sharma          | 150  | RAJ  | 14.01.2006 | 46.600 | 65     | 65  | 65  | --   |      | --           | --  | --  | --   |      | --    | --   |
|     | 674 | [A] Lokesh K.R.            | 230  | TND  | 16.12.2002 | 54.500 | 96     | 96  | 96  | --   |      | --           | --  | --  | --   |      | --    | --   |

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Khushbu Singh Yadav, N-1 [U.P.]  
 Left - Ramesh Ch. Padhy, I-2 [ORS]  
 Right - D. Sailoo, N-2 [TEL]  
 Reserve - Harpal Singh, N-2 [PUN]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 61 kg

Competition : 21.03.2022 15:00

Weigh in : 13:00

| No. | LOT | NAME                       | ENT. | TEAM | BORN       | BW     | SNATCH |     |     |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|-----|-----|----------------------------|------|------|------------|--------|--------|-----|-----|------|------|--------------|-----|-----|------|------|-------|------|
|     |     |                            |      |      |            |        | 1      | 2   | 3   | Res. | Rank | 1            | 2   | 3   | Res. | Rank | Res.  | Rank |
| 1   | 381 | [A] M. Raja                | 265  | RSPB | 12-01-2000 | 60.650 | 114    | 117 | 117 | 114  | 3    | 149          | 153 | 153 | 153  | 1    | 267   | 1    |
| 2   | 779 | [A] Guru Raja              | 260  | SSCB | 15-08-1992 | 60.600 | 115    | 115 | 115 | 115  | 2    | 147          | 151 | 151 | 151  | 2    | 266   | 2    |
| 3   | 114 | [A] T. Madhavan            | 260  | TND  | 03.12.2004 | 60.500 | 114    | 117 | 119 | 117  | 1    | 134          | 140 | 143 | 140  | 6    | 257   | 3    |
| 4   | 274 | [A] Muna Nayak             | 265  | ORS  | 20.10.2002 | 60.500 | 110    | 114 | 114 | 110  | 6    | 140          | 145 | 148 | 145  | 3    | 255   | 4    |
| 5   | 338 | [A] Zakhuma                | 260  | MIZ  | 01.04.2001 | 60.700 | 110    | 114 | 114 | 114  | 4    | 140          | 145 | 145 | 140  | 4    | 254   | 5    |
| 6   | 701 | [A] Charu Pesi             | 260  | ARN  | 30.09.2002 | 60.250 | 110    | 114 | 114 | 110  | 7    | 140          | 146 | 146 | 140  | 5    | 250   | 6    |
| 7   | 581 | [A] Lalzuidika             | 250  | MIZ  | 23.06.1999 | 60.100 | 105    | 109 | 111 | 111  | 5    | 135          | 139 | 140 | 135  | 8    | 246   | 7    |
| 8   | 761 | [A] L. Chinglenmani Meitei | 245  | MNP  | 16.02.1999 | 60.750 | 103    | 107 | 111 | 107  | 8    | 133          | 137 | 141 | 137  | 7    | 244   | 8    |
| 9   | 393 | [A] Pawan                  | 236  | DEL  | 03.12.1999 | 60.350 | 103    | 106 | 109 | 106  | 9    | 125          | 130 | 130 | 125  | 12   | 231   | 9    |
| 10  | 34  | [B] Subramanya             | 230  | KRN  | 12.04.2001 | 60.950 | 100    | 104 | 104 | 104  | 10   | 124          | 127 | 128 | 124  | 13   | 228   | 10   |
| 11  | 299 | [B] Rahul Jangde           | 230  | C.G. | 20.06.2002 | 60.200 | 100    | 100 | 105 | 100  | 11   | 120          | 125 | 130 | 125  | 10   | 225   | 11   |
| 12  | 407 | [B] Karthik S Hosmani      | 230  | KRN  | 19.12.1999 | 60.200 | 94     | 97  | 100 | 97   | 12   | 122          | 125 | 128 | 125  | 11   | 222   | 12   |
| 13  | 111 | [B] Pancham Georj          | 215  | BHR  | 15.11.2000 | 60.800 | 95     | 99  | 99  | 95   | 13   | 121          | 124 | 127 | 127  | 9    | 222   | 13   |
| 14  | 794 | [B] Shankar Kumar          | 215  | BHR  | 15.06.2003 | 60.800 | 95     | 100 | 100 | 95   | 14   | 120          | 120 | 120 | 120  | 14   | 215   | 14   |
|     | 532 | [A] Sidhanta Gogoi         | 270  | ASM  | 08.04.2004 | 60.500 | 114    | 114 | 114 | --   |      | --           | --  | --  | --   |      | --    |      |
|     | 600 | [A] Tulasi R               | 250  | GOA  | 24.08.1999 | 60.400 | 100    | 100 | 100 | --   |      | --           | --  | --  | --   |      | --    |      |
|     | 460 | [A] Shubham Kolekar        | 280  | MHR  | 01.11.1999 | 60.300 | 113    | 113 | 113 | --   |      | --           | --  | --  | --   |      | --    |      |
|     | 333 | [B] S. Aravindh            | 220  | PON  | 26.07.2000 | 59.150 | 100    | 100 | 100 | --   |      | --           | --  | --  | --   |      | --    |      |



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 61 kg

Competition : 21.03.2022 15:00

Weigh in : 13:00

| No. | LOT | NAME       | ENT. | TEAM | BORN       | BW     | SNATCH |    |    |      |      | CLEAN & JERK |    |    |      |      | TOTAL |      |
|-----|-----|------------|------|------|------------|--------|--------|----|----|------|------|--------------|----|----|------|------|-------|------|
|     |     |            |      |      |            |        | 1      | 2  | 3  | Res. | Rank | 1            | 2  | 3  | Res. | Rank | Res.  | Rank |
|     | 563 | [B] Saalim | 228  | KRL  | 12-12-2000 | 58.500 | 93     | 93 | 93 | --   |      | --           | -- | -- | --   | --   |       |      |

### Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

### Referee

- Center - Harpal Singh, N-2 [PUN]  
Left - Khushbu Singh Yadav, N-1 [U.P.]  
Right - Ramesh Ch. Padhy, I-2 [ORS]  
Reserve - D. Sailoo, N-2 [TEL]

### Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

### Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

### Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

### Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 67 kg

Competition : 23.03.2022 09:00

Weigh in : 7:00

| No. | LOT | NAME                               | ENT. | TEAM   | BORN       | BW     | SNATCH |     |     |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|-----|-----|------------------------------------|------|--------|------------|--------|--------|-----|-----|------|------|--------------|-----|-----|------|------|-------|------|
|     |     |                                    |      |        |            |        | 1      | 2   | 3   | Res. | Rank | 1            | 2   | 3   | Res. | Rank | Res.  | Rank |
| 1   | 231 | [A] Manjunath Marati               | 280  | RSPB   | 01-05-1995 | 66.800 | 120    | 125 | 125 | 125  | 1    | 152          | 155 | 159 | 159  | 1    | 284   | 1    |
| 2   | 54  | [A] Markio Tario                   | 280  | ARN    | 01.01.2004 | 66.650 | 120    | 124 | 126 | 124  | 2    | 151          | 155 | 158 | 158  | 2    | 282   | 2    |
| 3   | 255 | [A] K. Neelam Raju                 | 280  | RSPB   | 24-06-1997 | 66.700 | 120    | 120 | 123 | 123  | 3    | 150          | 154 | 160 | 154  | 3    | 277   | 3    |
| 4   | 689 | [A] Subhash Lahre                  | 275  | C.G.   | 12.10.2002 | 66.000 | 114    | 117 | 119 | 119  | 5    | 146          | 151 | 155 | 151  | 4    | 270   | 4    |
| 5   | 763 | [A] Susant Sahu                    | 260  | ORS    | 18.05.1991 | 66.900 | 117    | 117 | 117 | 117  | 7    | 145          | 151 | 151 | 151  | 5    | 268   | 5    |
| 6   | 388 | [A] Jagdish Nahak                  | 260  | ORS    | 13.03.1998 | 66.700 | 115    | 118 | 120 | 118  | 6    | 144          | 148 | 148 | 144  | 8    | 262   | 6    |
| 7   | 264 | [A] Ranjeet Desai                  | 260  | M.P.   | 12.05.1995 | 66.400 | 113    | 116 | 119 | 116  | 9    | 144          | 150 | 150 | 144  | 7    | 260   | 7    |
| 8   | 373 | [A] Jacob VanlalTLuanga            | 265  | MIZ    | 17.02.2002 | 66.700 | 112    | 116 | 121 | 116  | 8    | 135          | 141 | 145 | 141  | 10   | 257   | 8    |
| 9   | 78  | [B] V. Purushothaman               | 240  | PON    | 16.06.1995 | 66.800 | 105    | 110 | 111 | 111  | 12   | 135          | 140 | 145 | 145  | 6    | 256   | 9    |
| 10  | 450 | [A] Jimjang Deru                   | 270  | ARN    | 01.10.1998 | 66.500 | 110    | 110 | 113 | 110  | 14   | 144          | 148 | 148 | 144  | 9    | 254   | 10   |
| 11  | 148 | [B] Vinesh Kumar                   | 239  | RAJ    | 06.07.1998 | 66.300 | 111    | 115 | 118 | 115  | 10   | 138          | 142 | --  | 138  | 12   | 253   | 11   |
| 12  | 543 | [C] Kanhaiya Kumar                 | 230  | BHR    | 03.03.2002 | 66.550 | 110    | 114 | 114 | 110  | 13   | 136          | 140 | 141 | 136  | 13   | 246   | 12   |
| 13  | 774 | [A] TBC Lalchhanhima               | 260  | MIZ    | 21.03.1997 | 66.500 | 105    | 109 | 109 | 105  | 16   | 140          | 147 | 147 | 140  | 11   | 245   | 13   |
| 14  | 172 | [A] Ayush Jaiswal                  | 255  | AIPSCB | 21-12-1999 | 66.650 | 107    | 107 | 112 | 112  | 11   | 130          | 136 | 136 | 130  | 15   | 242   | 14   |
| 15  | 709 | [C] Rahul Ramesh Karalingnavar R ) | 235  | KRN    | 08.04.1997 | 62.550 | 98     | 98  | --  | 98   | 17   | 130          | 135 | 135 | 130  | 14   | 228   | 15   |
|     | 517 | [A] Akshay Gaikwad                 | 280  | MHR    | 16.04.1996 | 66.750 | 117    | 121 | 121 | 121  | 4    | 150          | 150 | 150 | --   |      | --    |      |
|     | 547 | [B] Rahul Sharma                   | 250  | PUN    | 10.07.1999 | 66.000 | 105    | 109 | 112 | 109  | 15   | 135          | 135 | 135 | --   |      | --    |      |
|     | 398 | [B] Shekhar Rehan                  | 240  | H.P.   | 25.06.1998 | 66.250 | 98     | 98  | 98  | --   |      | --           | --  | --  | --   |      | --    |      |



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 67 kg

Competition : 23.03.2022 09:00

Weigh in : 7:00

| No. | LOT | NAME           | ENT. | TEAM   | BORN       | BW     | SNATCH |     |     |      |      | CLEAN & JERK |    |    |      |      | TOTAL |      |
|-----|-----|----------------|------|--------|------------|--------|--------|-----|-----|------|------|--------------|----|----|------|------|-------|------|
|     |     |                |      |        |            |        | 1      | 2   | 3   | Res. | Rank | 1            | 2  | 3  | Res. | Rank | Res.  | Rank |
|     | 768 | [C] Rakesh Das | 232  | W.B.   | 05.06.1998 | 66.750 | 110    | 110 | 110 | --   |      | --           | -- | -- | --   | --   |       |      |
|     | 227 | [C] G. Pratap  | 230  | AIPSCB | 02-06-1996 | 66.600 | 98     | 98  | 98  | --   |      | --           | -- | -- | --   | --   |       |      |

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Rajesh Kumar, I-1 [H.P.]  
Left - K. Suryanarayana, I-2 [A.P.]  
Right - Biku Sarita, N-1 [ARN]  
Reserve - K.D.S. Nagra, N-1 [CHD]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 73 kg

Competition : 23.03.2022 16:30

Weigh in : 14:30

| No. | LOT | NAME                    | ENT. | TEAM | BORN       | BW     | SNATCH |     |     |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|-----|-----|-------------------------|------|------|------------|--------|--------|-----|-----|------|------|--------------|-----|-----|------|------|-------|------|
|     |     |                         |      |      |            |        | 1      | 2   | 3   | Res. | Rank | 1            | 2   | 3   | Res. | Rank | Res.  | Rank |
| 1   | 421 | [A] N. Ajith            | 305  | RSPB | 27-01-1991 | 72.900 | 130    | 134 | 137 | 134  | 2    | 158          | 163 | 166 | 163  | 1    | 297   | 1    |
| 2   | 606 | [A] Mihir Kanta Sethi   | 280  | ORS  | 25.11.1996 | 72.800 | 123    | 123 | 127 | 127  | 5    | 153          | 161 | 163 | 163  | 2    | 290   | 2    |
| 3   | 641 | [A] Ganga Singh         | 290  | CHD  | 22.09.1994 | 72.600 | 122    | 127 | 131 | 131  | 4    | 157          | 162 | 162 | 157  | 3    | 288   | 3    |
| 4   | 507 | [A] Devapreedhan B.     | 290  | KRL  | 08-10-1998 | 72.950 | 124    | 128 | 132 | 132  | 3    | 155          | 155 | 155 | 155  | 4    | 287   | 4    |
| 5   | 45  | [A] Kanhu Charan Sahu   | 285  | ORS  | 03.05.1997 | 72.000 | 120    | 125 | 125 | 120  | 7    | 148          | 152 | 152 | 152  | 6    | 272   | 5    |
| 6   | 485 | [A] J. Koteswara Rao    | 270  | A.P  | 26.01.2001 | 72.500 | 119    | 124 | 124 | 119  | 9    | 148          | 152 | 159 | 152  | 5    | 271   | 6    |
| 7   | 67  | [A] Kiran Marathe       | 275  | MHR  | 07.05.2003 | 71.950 | 118    | 121 | 121 | 121  | 6    | 148          | 151 | 151 | 148  | 8    | 269   | 7    |
| 8   | 706 | [A] Naveen Chandra K. S | 280  | KRN  | 01.03.1989 | 72.450 | 118    | 122 | 123 | 118  | 12   | 146          | 151 | 155 | 151  | 7    | 269   | 8    |
| 9   | 116 | [B] R.S.L. Sai          | 255  | TEL  | 25.07.2001 | 72.950 | 114    | 118 | 121 | 118  | 11   | 146          | 152 | 152 | 146  | 9    | 264   | 9    |
| 10  | 216 | [A] Anant Mandavi       | 270  | C.G. | 07.08.1998 | 72.650 | 115    | 119 | 119 | 119  | 10   | 145          | 149 | 149 | 145  | 10   | 264   | 10   |
| 11  | 8   | [A] P. Yesu Babu        | 270  | A.P  | 11.06.1999 | 72.450 | 114    | 120 | 125 | 120  | 8    | 136          | --  | --  | 136  | 15   | 256   | 11   |
| 12  | 9   | [B] Pravesh Basoya      | 259  | U.P. | 02.05.2003 | 70.450 | 113    | 117 | 117 | 113  | 14   | 138          | 141 | 144 | 141  | 11   | 254   | 12   |
| 13  | 476 | [C] A.V. Yashwanth      | 235  | TEL  | 09.11.2002 | 72.550 | 108    | 113 | 113 | 108  | 17   | 132          | 137 | 139 | 139  | 12   | 247   | 13   |
| 14  | 188 | [B] Rajeev              | 245  | HRN  | 01.01.2000 | 72.650 | 105    | 105 | 110 | 110  | 15   | 137          | 142 | 142 | 137  | 13   | 247   | 14   |
| 15  | 609 | [B] Dhiljith D.S.       | 242  | KRL  | 19-02-2001 | 71.850 | 105    | 105 | 110 | 105  | 20   | 136          | 136 | 136 | 136  | 14   | 241   | 15   |
|     | 278 | [A] L. Sadananda Singh  | 300  | SSCB | 01-04-2002 | 72.700 | 130    | 134 | 137 | 137  | 1    | 157          | 157 | 157 | --   |      | --    |      |
|     | 179 | [A] Gurjeet Kumar       | 267  | PUN  | 20.05.1996 | 72.400 | 112    | 117 | 120 | 117  | 13   | 135          | 135 | 135 | --   |      | --    |      |
|     | 240 | [A] L. Sunderjit Singh  | 270  | MNP  | 20.01.1999 | 72.850 | 110    | 110 | 115 | 110  | 16   | 140          | 140 | 140 | --   |      | --    |      |



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 73 kg

Competition : 23.03.2022 16:30

Weigh in : 14:30

| No. | LOT | NAME                  | ENT. | TEAM | BORN       | BW     | SNATCH |     |     |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|-----|-----|-----------------------|------|------|------------|--------|--------|-----|-----|------|------|--------------|-----|-----|------|------|-------|------|
|     |     |                       |      |      |            |        | 1      | 2   | 3   | Res. | Rank | 1            | 2   | 3   | Res. | Rank | Res.  | Rank |
|     | 339 | [C] Saksham Chaudhary | 240  | UKD  | 11-11-2002 | 72.100 | 105    | 110 | 110 | 105  | 18   | 140          | 140 | 140 | --   |      | --    |      |
|     | 625 | [C] Akshay Ganesh     | 240  | KRN  | 21.09.1998 | 72.500 | 105    | 110 | 110 | 105  | 19   | 135          | 135 | 135 | --   |      | --    |      |
|     | 649 | [B] Tarun Kumar       | 250  | H.P. | 10.08.1997 | 71.950 | 103    | 106 | 106 | 103  | 21   | 132          | --  | --  | --   |      | --    |      |
|     | 691 | [B] Narinder Kumar    | 250  | H.P. | 19.03.1998 | 72.550 | 103    | 103 | 108 | 103  | 22   | 132          | 132 | --  | --   |      | --    |      |
|     | 582 | [A] Achinta Sheuli    | 320  | SSCB | 01-04-2002 | 72.900 | 133    | 133 | 133 | --   |      | --           | --  | --  | --   |      | --    |      |

### Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

### Referee

- Center - K.D.S. Nagra, N-1 [CHD]  
Left - Rajesh Kumar, I-1 [H.P.]  
Right - K. Suryanarayana, I-2 [A.P.]  
Reserve - Biku Sarita, N-1 [ARN]

### Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

### Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

### Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

### Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 81 kg

Competition : 25.03.2022 09:00

Weigh in : 7:00

| No. | LOT | NAME                    | ENT. | TEAM | BORN       | BW     | SNATCH |     |     |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|-----|-----|-------------------------|------|------|------------|--------|--------|-----|-----|------|------|--------------|-----|-----|------|------|-------|------|
|     |     |                         |      |      |            |        | 1      | 2   | 3   | Res. | Rank | 1            | 2   | 3   | Res. | Rank | Res.  | Rank |
| 1   | 643 | [A] Ajay Singh          | 322  | SSCB | 17-04-1997 | 80.900 | 135    | 139 | 143 | 143  | 2    | 167          | 172 | 172 | 172  | 1    | 315   | 1    |
| 2   | 109 | [A] Deepak Lather       | 310  | HRN  | 25.03.2000 | 77.550 | 138    | 143 | 147 | 147  | 1    | 162          | 167 | 171 | 167  | 5    | 314   | 2    |
| 3   | 449 | [A] Abhishek Nipane     | 300  | MHR  | 11.12.2001 | 77.950 | 125    | 130 | 134 | 130  | 10   | 166          | 171 | 175 | 171  | 2    | 301   | 3    |
| 4   | 747 | [A] Papul Changmai      | 300  | ASM  | 01.01.1994 | 80.600 | 130    | 132 | 139 | 132  | 6    | 164          | 168 | 171 | 168  | 3    | 300   | 4    |
| 5   | 686 | [A] Kapil Singh Rathore | 295  | RAJ  | 16.03.1993 | 78.250 | 129    | 133 | 135 | 135  | 3    | 164          | 164 | 169 | 164  | 6    | 299   | 5    |
| 6   | 251 | [A] Valluri Ajay Babu   | 290  | M.P. | 25.11.2004 | 80.750 | 125    | 130 | 134 | 134  | 5    | 154          | 154 | 161 | 161  | 8    | 295   | 6    |
| 7   | 394 | [A] Tridip Baruah       | 290  | ASM  | 15.04.2003 | 79.150 | 128    | 132 | 132 | 132  | 7    | 150          | 155 | 160 | 160  | 10   | 292   | 7    |
| 8   | 765 | [B] R. Jaikaran         | 285  | TND  | 14.11.1999 | 80.450 | 125    | 125 | 130 | 130  | 8    | 155          | 160 | 164 | 160  | 9    | 290   | 8    |
| 9   | 527 | [A] P. Prabakaran       | 290  | TND  | 19.09.1996 | 79.650 | 121    | 125 | 125 | 121  | 18   | 168          | 168 | 168 | 168  | 4    | 289   | 9    |
| 10  | 256 | [C] Anil Kumar Sahu     | 260  | ORS  | 12.10.1994 | 81.000 | 116    | 123 | 125 | 125  | 13   | 156          | 161 | 166 | 161  | 7    | 286   | 10   |
| 11  | 140 | [B] Bhavesh sarang      | 280  | C.G. | 27.05.2002 | 80.600 | 122    | 126 | 128 | 128  | 12   | 150          | 153 | 155 | 155  | 12   | 283   | 11   |
| 12  | 541 | [A] Lalu Taku           | 296  | ARN  | 08.12.1998 | 80.100 | 120    | 124 | 124 | 120  | 22   | 156          | 156 | 163 | 156  | 11   | 276   | 12   |
| 13  | 2   | [C] R. Varun            | 260  | A.P  | 18.10.2000 | 78.180 | 122    | 128 | 132 | 128  | 11   | 146          | 155 | 155 | 146  | 17   | 274   | 13   |
| 14  | 444 | [A] Gaurav Dubey        | 290  | UKD  | 12-10-1990 | 80.700 | 121    | 121 | 121 | 121  | 19   | 151          | 151 | --  | 151  | 13   | 272   | 14   |
| 15  | 630 | [B] Akash               | 277  | DEL  | 11.04.2002 | 79.450 | 121    | 126 | 127 | 121  | 15   | 148          | 152 | 155 | 148  | 16   | 269   | 15   |
| 16  | 770 | [B] N.N. Satyanarayana  | 270  | A.P  | 28.08.1999 | 80.100 | 121    | 125 | 125 | 121  | 16   | 145          | 145 | 145 | 145  | 19   | 266   | 16   |
| 17  | 435 | [C] A. Arjun Singh      | 265  | MNP  | 01.02.1998 | 80.850 | 115    | 120 | 120 | 115  | 25   | 145          | 150 | 150 | 150  | 14   | 265   | 17   |
| 18  | 20  | [C] Skiltin Paul        | 260  | KRL  | 29-05-2000 | 74.300 | 115    | 121 | 121 | 115  | 24   | 146          | 150 | 150 | 150  | 15   | 265   | 18   |





# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 81 kg

Competition : 25.03.2022 09:00

Weigh in : 7:00

| No. | LOT | NAME                    | ENT. | TEAM   | BORN       | BW     | SNATCH |     |     |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|-----|-----|-------------------------|------|--------|------------|--------|--------|-----|-----|------|------|--------------|-----|-----|------|------|-------|------|
|     |     |                         |      |        |            |        | 1      | 2   | 3   | Res. | Rank | 1            | 2   | 3   | Res. | Rank | Res.  | Rank |
| 19  | 620 | [B] Abdusamad Sayyad    | 280  | MHR    | 09.10.2000 | 77.500 | 116    | 121 | 125 | 121  | 17   | 144          | 144 | --  | 144  | 20   | 265   | 19   |
| 20  | 700 | [B] Manoj Kumar Sahu    | 273  | ORS    | 18.10.2000 | 75.150 | 110    | 116 | 120 | 116  | 23   | 143          | 150 | 150 | 143  | 21   | 259   | 20   |
| 21  | 248 | [D] Rajath Rai          | 250  | KRN    | 25.10.1999 | 73.600 | 112    | 117 | 120 | 120  | 20   | 136          | 136 | 141 | 136  | 23   | 256   | 21   |
| 22  | 128 | [C] Nikihil Bhogal      | 260  | DEL    | 22.04.2000 | 80.450 | 107    | 107 | 114 | 107  | 27   | 145          | 148 | --  | 145  | 18   | 252   | 22   |
| 23  | 213 | [D] Ashok Sharma        | 240  | UKD    | 02-04-1993 | 80.900 | 107    | 111 | 113 | 111  | 26   | 136          | 136 | 138 | 136  | 22   | 247   | 23   |
|     | 615 | [A] Gurmukh Singh       | 290  | M.P.   | 01.01.1993 | 80.550 | 130    | 134 | 137 | 134  | 4    | 155          | 155 | 155 | --   |      | --    |      |
|     | 505 | [B] Sanker Ganesh       | 282  | GOA    | 06.06.1992 | 76.600 | 126    | 130 | 130 | 130  | 9    | 150          | 150 | 150 | --   |      | --    |      |
|     | 219 | [A] Sujee Yadav         | 302  | U.P.   | 07.07.1993 | 80.250 | 125    | 129 | 129 | 125  | 14   | 165          | --  | --  | --   |      | --    |      |
|     | 480 | [B] Abhishek Poonia     | 285  | U.P.   | 15.12.2000 | 78.250 | 120    | 120 | 125 | 120  | 21   | 155          | 155 | 155 | --   |      | --    |      |
|     | 247 | [C] G. Gopinath         | 260  | PON    | 06.02.1998 | 76.750 | 107    | 107 | 107 | 107  | 28   | 136          | 136 | 136 | --   |      | --    |      |
|     | 633 | [A] Atish Patil         | 290  | C.G.   | 27.03.1996 | 80.650 | 125    | 125 | 125 | --   |      | --           | --  | --  | --   |      | --    |      |
|     | 65  | [D] N. Samson           | 251  | MNP    | 16.03.2000 | 80.250 | 107    | 107 | 107 | --   |      | --           | --  | --  | --   |      | --    |      |
|     | 357 | [D] M. Dhanasekhar      | 250  | AIPSCB | 20-05-1997 | 76.500 | --     | --  | --  | --   |      | --           | --  | --  | --   |      | --    |      |
|     | 158 | [A] Rajath Narayanan A. | 285  | KRL    | 23-05-1995 | 78.350 | 123    | 123 | 123 | --   |      | --           | --  | --  | --   |      | --    |      |

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - D. Sailoo, N-2 [TEL]  
 Left - Harpal Singh, N-2 [PUN]  
 Right - Khushbu Singh Yadav, N-1 [U.P.]  
 Reserve - Ramesh Ch. Padhy, I-2 [ORS]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 89 kg

Competition : 26.03.2022 13:00

Weigh in : 11:00

| No. | LOT | NAME                    | ENT. | TEAM | BORN       | BW     | SNATCH |     |     |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|-----|-----|-------------------------|------|------|------------|--------|--------|-----|-----|------|------|--------------|-----|-----|------|------|-------|------|
|     |     |                         |      |      |            |        | 1      | 2   | 3   | Res. | Rank | 1            | 2   | 3   | Res. | Rank | Res.  | Rank |
| 1   | 526 | [A] Ram Karan Prajapati | 315  | U.P. | 15.07.1998 | 89.000 | 135    | 139 | 139 | 139  | 4    | 168          | 173 | 178 | 178  | 1    | 317   | 1    |
| 2   | 365 | [A] Gourav              | 320  | CHD  | 28.06.1995 | 88.100 | 140    | 144 | 144 | 140  | 2    | 173          | 173 | 176 | 176  | 2    | 316   | 2    |
| 3   | 512 | [A] Harshad Wadekar     | 310  | RSPB | 14-06-1995 | 88.400 | 135    | 140 | 140 | 140  | 3    | 166          | 171 | 175 | 175  | 3    | 315   | 3    |
| 4   | 205 | [A] U. Sivaprakash      | 300  | PON  | 17.02.1996 | 87.100 | 127    | 131 | 135 | 135  | 6    | 165          | 169 | 173 | 169  | 4    | 304   | 4    |
| 5   | 671 | [A] Binder Pal          | 320  | SSCB | 24-08-1996 | 88.350 | 138    | 141 | 145 | 141  | 1    | 162          | 167 | 167 | 162  | 8    | 303   | 5    |
| 6   | 73  | [A] Raghveer Singh      | 305  | PUN  | 21.03.1995 | 85.900 | 130    | 134 | 134 | 134  | 7    | 167          | 169 | 174 | 169  | 5    | 303   | 6    |
| 7   | 245 | [A] N. Jamaludeen       | 300  | TND  | 27.07.2001 | 88.200 | 127    | 127 | 131 | 127  | 12   | 157          | 163 | 166 | 166  | 6    | 293   | 7    |
| 8   | 98  | [A] A.S.R.K.Yadav       | 301  | A.P  | 05.06.2002 | 88.650 | 128    | 132 | 135 | 132  | 9    | 160          | 169 | 169 | 160  | 10   | 292   | 8    |
| 9   | 781 | [B] Prince Malik        | 284  | U.P. | 12.02.2002 | 86.250 | 135    | 138 | 142 | 138  | 5    | 153          | 153 | 158 | 153  | 13   | 291   | 9    |
| 10  | 639 | [A] Pawan               | 300  | HRN  | 09.09.1999 | 88.800 | 127    | 131 | 131 | 127  | 11   | 164          | 164 | 178 | 164  | 7    | 291   | 10   |
| 11  | 697 | [A] Ch.Vinay Kumar      | 301  | A.P  | 03.11.2000 | 87.500 | 125    | 131 | 131 | 125  | 16   | 162          | 172 | 173 | 162  | 9    | 287   | 11   |
| 12  | 638 | [A] Nikhil Tugnait      | 305  | PUN  | 09.11.1999 | 86.900 | 130    | 135 | 135 | 130  | 10   | 155          | --  | --  | 155  | 11   | 285   | 12   |
| 13  | 677 | [B] Vivek Swami         | 283  | RAJ  | 22.07.2000 | 88.150 | 125    | 125 | 130 | 125  | 15   | 153          | 158 | 158 | 153  | 12   | 278   | 13   |
| 14  | 347 | [B] Abhay Kumar Yadav   | 270  | BHR  | 01.07.2000 | 82.150 | 123    | 123 | 127 | 123  | 17   | 146          | 146 | --  | 146  | 16   | 269   | 14   |
| 15  | 346 | [B] Salih Bin Hamza P.  | 261  | KRL  | 11-12-1996 | 83.550 | 110    | 114 | 117 | 117  | 19   | 140          | 145 | 150 | 150  | 14   | 267   | 15   |
| 16  | 577 | [B] Saurav Gogoi        | 270  | ASM  | 01.03.1995 | 88.200 | 115    | 115 | 120 | 115  | 20   | 145          | 150 | 150 | 150  | 15   | 265   | 16   |
| 17  | 379 | [C] Vishal Panwar       | 260  | J.K. | 29.12.1993 | 86.750 | 110    | 117 | 122 | 117  | 18   | 140          | 140 | 140 | 140  | 18   | 257   | 17   |
| 18  | 133 | [C] James Caree         | 250  | KRN  | 11.12.2000 | 87.100 | 110    | 115 | 115 | 110  | 21   | 140          | 143 | 148 | 143  | 17   | 253   | 18   |



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 89 kg

Competition : 26.03.2022 13:00

Weigh in : 11:00

| No. | LOT | NAME                     | ENT. | TEAM | BORN       | BW     | SNATCH |     |     |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|-----|-----|--------------------------|------|------|------------|--------|--------|-----|-----|------|------|--------------|-----|-----|------|------|-------|------|
|     |     |                          |      |      |            |        | 1      | 2   | 3   | Res. | Rank | 1            | 2   | 3   | Res. | Rank | Res.  | Rank |
|     | 367 | [A] Mohammad Javed       | 300  | J.K. | 17.02.1997 | 88.650 | 132    | 136 | 136 | 132  | 8    | 148          | --  | --  | --   | --   | --    | --   |
|     | 666 | [A] E. Siva              | 300  | TND  | 15.09.1998 | 89.000 | 126    | 129 | 129 | 126  | 13   | 161          | 161 | 161 | --   | --   | --    | --   |
|     | 153 | [A] Dhairyashil Salunkhe | 305  | MHR  | 27.03.2001 | 87.100 | 126    | 126 | 126 | 126  | 14   | 159          | 159 | 159 | --   | --   | --    | --   |
|     | 220 | [C] Abhishek             | 260  | H.P. | 18.01.1998 | 81.400 | 110    | 114 | 114 | 110  | 22   | 140          | 140 | --  | --   | --   | --    | --   |
|     | 652 | [B] S Satish             | 290  | GOA  | 10.03.1996 | 86.650 | 126    | 128 | 128 | --   | --   | --           | --  | --  | --   | --   | --    | --   |
|     | 226 | [A] Lakshy Meena         | 300  | RAJ  | 23.09.1994 | 88.350 | 134    | 134 | 134 | --   | --   | --           | --  | --  | --   | --   | --    | --   |
|     | 11  | [B] Janis Abbas          | 260  | KRL  | 17-01-2000 | 81.300 | 113    | 113 | 113 | --   | --   | --           | --  | --  | --   | --   | --    | --   |

### Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

### Referee

- Center - K.D.S. Nagra, N-1 [CHD]  
Left - Rajesh Kumar, I-1 [H.P.]  
Right - K. Suryanarayana, I-2 [A.P.]  
Reserve - Biku Sarita, N-1 [ARN]

### Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

### Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

### Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

### Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 96 kg

Competition : 28.03.2022 10:00

Weigh in : 8:00

| No. | LOT | NAME                     | ENT. | TEAM   | BORN       | BW     | SNATCH |     |     |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|-----|-----|--------------------------|------|--------|------------|--------|--------|-----|-----|------|------|--------------|-----|-----|------|------|-------|------|
|     |     |                          |      |        |            |        | 1      | 2   | 3   | Res. | Rank | 1            | 2   | 3   | Res. | Rank | Res.  | Rank |
| 1   | 164 | [A] Sambo Lapung         | 335  | ARN    | 06.03.1997 | 95.900 | 140    | 147 | 147 | 147  | 2    | 185          | 189 | 198 | 189  | 1    | 336   | 1    |
| 2   | 549 | [A] R.V. Rahul           | 320  | RSPB   | 16-03-1997 | 94.300 | 141    | 146 | 150 | 150  | 1    | 180          | 185 | 189 | 185  | 3    | 335   | 2    |
| 3   | 258 | [A] Jagdish              | 320  | SSCB   | 11-08-1994 | 95.350 | 140    | 146 | 151 | 146  | 3    | 179          | 187 | 187 | 187  | 2    | 333   | 3    |
| 4   | 448 | [A] Tejas Lokhande       | 310  | MHR    | 27.10.2001 | 90.050 | 128    | 132 | 135 | 135  | 5    | 165          | 170 | 178 | 170  | 5    | 305   | 4    |
| 5   | 157 | [B] Parveen              | 290  | HRN    | 27.03.2000 | 95.200 | 133    | 133 | 139 | 133  | 6    | 170          | 170 | 174 | 170  | 4    | 303   | 5    |
| 6   | 77  | [A] Jasvant Singh        | 296  | J.K.   | 01.01.1990 | 93.050 | 131    | 135 | 136 | 136  | 4    | 155          | 162 | 167 | 162  | 6    | 298   | 6    |
| 7   | 445 | [A] R. Ramkumar          | 300  | TND    | 10.12.2001 | 94.950 | 130    | 130 | 138 | 130  | 7    | 160          | 165 | 165 | 160  | 7    | 290   | 7    |
| 8   | 756 | [B] Lalit Kumar Sahu     | 275  | ORS    | 15.10.1994 | 92.750 | 126    | 126 | 126 | 126  | 8    | 150          | 158 | 161 | 150  | 10   | 276   | 8    |
| 9   | 4   | [B] Arjun Sharma         | 271  | DEL    | 11.11.2000 | 94.400 | 119    | 123 | 123 | 123  | 11   | 140          | 145 | 149 | 149  | 11   | 272   | 9    |
| 10  | 729 | [B] R K Yadav            | 280  | M.P.   | 24.08.1994 | 95.800 | 120    | 120 | 120 | 120  | 12   | 150          | 156 | 156 | 150  | 9    | 270   | 10   |
| 11  | 178 | [C] Jagdeep Singh        | 260  | AIPSCB | 29-01-1995 | 94.600 | 116    | 122 | 122 | 116  | 13   | 141          | 150 | 156 | 150  | 8    | 266   | 11   |
| 12  | 156 | [B] Ayush Bhardwaj       | 273  | DEL    | 14.09.2004 | 93.900 | 120    | 124 | 127 | 124  | 10   | 141          | 144 | 144 | 141  | 12   | 265   | 12   |
|     | 17  | [A] Gurmeet Singh        | 310  | IWLF   | 22.11.2001 | 95.700 | 126    | --  | --  | 126  | 9    | --           | --  | --  | --   |      | --    |      |
|     | 308 | [C] Kh. Balkrishna Singh | 255  | MNP    | 12.02.2001 | 95.850 | 115    | 117 | --  | 115  | 14   | 140          | 140 | 140 | --   |      | --    |      |
|     | 737 | [C] Nataraj N.E          | 255  | KRN    | 01.06.1991 | 91.900 | 115    | 115 | 115 | 115  | 15   | 140          | 140 | 140 | --   |      | --    |      |
|     | 436 | [D] Pankaj Saini         | 250  | H.P.   | 30.05.2001 | 92.700 | 115    | 115 | 115 | --   |      | --           | --  | --  | --   |      | --    |      |
|     | 298 | [A] Vaishnav Thakur      | 320  | MHR    | 31.08.2002 | 94.000 | 133    | 133 | 133 | --   |      | --           | --  | --  | --   |      | --    |      |
|     | 590 | [A] Gurpreet Ralh        | 304  | PUN    | 23.05.1998 | 94.500 | 126    | 126 | 126 | --   |      | --           | --  | --  | --   |      | --    |      |

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Geetha Ananda, N-1 [KRN]  
 Left - P.A. Jose, N-1 [KRL]  
 Right - Ranjit Bhattacharjee, N-1 [W.B.]  
 Reserve - Santosh Sinhasane, I-1 [MHR]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 102 kg

Competition : 28.03.2022 16:00

Weigh in : 14:00

| No. | LOT | NAME                     | ENT. | TEAM   | BORN       | BW      | SNATCH |     |     |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|-----|-----|--------------------------|------|--------|------------|---------|--------|-----|-----|------|------|--------------|-----|-----|------|------|-------|------|
|     |     |                          |      |        |            |         | 1      | 2   | 3   | Res. | Rank | 1            | 2   | 3   | Res. | Rank | Res.  | Rank |
| 1   | 40  | [A] Kojum Taba           | 330  | ARN    | 18.06.1997 | 97.500  | 146    | 151 | 153 | 153  | 1    | 187          | 192 | 199 | 192  | 2    | 345   | 1    |
| 2   | 597 | [A] Vikas Thakur         | 320  | SSCB   | 14-11-1993 | 99.800  | 148    | 152 | 152 | 148  | 3    | 187          | 193 | 198 | 193  | 1    | 341   | 2    |
| 3   | 587 | [A] Sachin Mehmi         | 337  | SSCB   | 11-08-1995 | 101.650 | 143    | 148 | 148 | 148  | 4    | 174          | 178 | 185 | 185  | 3    | 333   | 3    |
| 4   | 437 | [A] Harshit Sehrawat     | 315  | RSPB   | 04-05-2000 | 101.800 | 135    | 138 | 141 | 141  | 6    | 171          | 176 | 179 | 179  | 4    | 320   | 4    |
| 5   | 103 | [A] Harcharan Singh      | 320  | RAJ    | 20.08.2001 | 101.650 | 142    | 147 | 151 | 151  | 2    | 162          | 168 | 172 | 168  | 11   | 319   | 5    |
| 6   | 139 | [A] Aman                 | 310  | HRN    | 08.03.2003 | 101.500 | 133    | 137 | 140 | 137  | 11   | 171          | 177 | 183 | 177  | 6    | 314   | 6    |
| 7   | 366 | [A] Ashutosh Kumar Singh | 322  | U.P.   | 19.12.1995 | 101.800 | 140    | 140 | 142 | 142  | 5    | 171          | 171 | 178 | 171  | 9    | 313   | 7    |
| 8   | 31  | [A] Ramshad A.R.         | 318  | KRL    | 25-08-1994 | 101.300 | 135    | 139 | 139 | 139  | 8    | 172          | 172 | 172 | 172  | 8    | 311   | 8    |
| 9   | 635 | [A] Suresh Kumar Yadav   | 320  | ORS    | 23.08.1994 | 97.800  | 135    | 138 | 138 | 135  | 12   | 174          | 174 | 174 | 174  | 7    | 309   | 9    |
| 10  | 461 | [A] Ajeet Singh          | 315  | RSPB   | 01-01-1997 | 101.300 | 131    | 136 | 136 | 131  | 14   | 170          | 178 | 178 | 178  | 5    | 309   | 10   |
| 11  | 744 | [B] S.M.D Abuzar Aslam   | 310  | A.P    | 02.07.1995 | 101.150 | 130    | 136 | 138 | 138  | 9    | 170          | 178 | 180 | 170  | 10   | 308   | 11   |
| 12  | 579 | [B] Vishal Rajwar        | 300  | UKD    | 04-07-1995 | 96.950  | 132    | 137 | 142 | 137  | 10   | 165          | 171 | 173 | 165  | 13   | 302   | 12   |
| 13  | 412 | [B] Lucky Babu Markam    | 295  | C.G.   | 04.10.1994 | 101.700 | 127    | 131 | 135 | 131  | 13   | 155          | 162 | 166 | 166  | 12   | 297   | 13   |
| 14  | 143 | [B] Siddhant Choudhary   | 300  | U.P.   | 16.08.2000 | 97.950  | 125    | 131 | 133 | 125  | 17   | 163          | 163 | 170 | 163  | 14   | 288   | 14   |
| 15  | 694 | [B] Kanha Tyagi          | 290  | M.P.   | 27.07.1998 | 101.600 | 125    | 125 | 128 | 128  | 15   | 155          | 155 | 159 | 159  | 15   | 287   | 15   |
| 16  | 410 | [B] Vikramjit Singh      | 270  | AIPSCB | 26-10-1992 | 101.500 | 118    | 121 | 124 | 124  | 18   | 148          | 155 | 162 | 155  | 16   | 279   | 16   |
| 17  | 782 | [C] Paras Sonowal        | 270  | ASM    | 06.12.1996 | 100.500 | 119    | 125 | 125 | 119  | 19   | 150          | 155 | 155 | 150  | 18   | 269   | 17   |
| 18  | 524 | [B] Tanush Mehta         | 272  | DEL    | 08.10.1994 | 101.500 | 117    | 117 | 120 | 117  | 20   | 152          | 152 | 157 | 152  | 17   | 269   | 18   |



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 102 kg

Competition : 28.03.2022 16:00

Weigh in : 14:00

| No. | LOT | NAME                | ENT. | TEAM | BORN       | BW      | SNATCH |     |     |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|-----|-----|---------------------|------|------|------------|---------|--------|-----|-----|------|------|--------------|-----|-----|------|------|-------|------|
|     |     |                     |      |      |            |         | 1      | 2   | 3   | Res. | Rank | 1            | 2   | 3   | Res. | Rank | Res.  | Rank |
|     | 576 | [A] Akash Kaushal   | 320  | M.P. | 27.12.2002 | 101.700 | 135    | 138 | 140 | 140  | 7    | 170          | 170 | 171 | --   | --   | --    | --   |
|     | 783 | [A] Kalyan Singh    | 320  | H.P. | 20.09.1999 | 98.700  | 127    | 132 | 132 | 127  | 16   | 173          | 173 | 173 | --   | --   | --    | --   |
|     | 259 | [A] Shubham         | 320  | HRN  | 10.06.1996 | 101.550 | 139    | 139 | 140 | --   | --   | --           | --  | --  | --   | --   | --    | --   |
|     | 318 | [B] Amrit Pal Singh | 310  | PUN  | 02.01.1998 | 100.950 | 140    | 142 | 142 | --   | --   | --           | --  | --  | --   | --   | --    | --   |
|     | 43  | [C] C.S. Nivesh     | 260  | TND  | 19.06.1997 | 97.150  | 122    | --  | --  | --   | --   | --           | --  | --  | --   | --   | --    | --   |

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Khushbu Singh Yadav, N-1 [U.P.]  
Left - Ramesh Ch. Padhy, I-2 [ORS]  
Right - D. Sailoo, N-2 [TEL]  
Reserve - Harpal Singh, N-2 [PUN]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN 109 kg

Competition : 30.03.2022 13:00

Weigh in : 11:00

| No. | LOT | NAME                     | ENT. | TEAM | BORN       | BW      | SNATCH |     |     |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|-----|-----|--------------------------|------|------|------------|---------|--------|-----|-----|------|------|--------------|-----|-----|------|------|-------|------|
|     |     |                          |      |      |            |         | 1      | 2   | 3   | Res. | Rank | 1            | 2   | 3   | Res. | Rank | Res.  | Rank |
| 1   | 260 | [A] Lovepreet Singh      | 348  | SSCB | 09-09-1997 | 108.800 | 150    | 156 | 162 | 162  | 1    | 178          | 188 | 192 | 188  | 1    | 350   | 1    |
| 2   | 521 | [A] Mohit Teavitya       | 310  | U.P. | 14.10.1992 | 107.100 | 136    | 140 | 144 | 144  | 3    | 173          | 179 | 184 | 179  | 2    | 323   | 2    |
| 3   | 203 | [A] Vishal Solanki       | 325  | RSPB | 01-10-1993 | 108.250 | 145    | 149 | 151 | 149  | 2    | 173          | 177 | 177 | 173  | 3    | 322   | 3    |
| 4   | 51  | [A] Naveen               | 320  | HRN  | 27.07.1996 | 105.050 | 135    | 135 | 140 | 135  | 8    | 170          | 170 | 180 | 170  | 4    | 305   | 4    |
| 5   | 283 | [A] Ashish Kumar         | 310  | J.K. | 14.11.1992 | 108.600 | 131    | 137 | 141 | 137  | 6    | 167          | 167 | 172 | 167  | 6    | 304   | 5    |
| 6   | 548 | [A] Ankur Singh          | 300  | U.P. | 10.01.1996 | 107.300 | 132    | 136 | 141 | 141  | 4    | 156          | 160 | 166 | 160  | 7    | 301   | 6    |
| 7   | 433 | [A] B.S.D.Vishnu Vardhan | 300  | A.P  | 14.06.1998 | 104.700 | 120    | 130 | 130 | 130  | 9    | 160          | 168 | 175 | 168  | 5    | 298   | 7    |
| 8   | 371 | [A] Imran Khan           | 305  | M.P. | 06.04.1994 | 104.200 | 135    | 136 | 136 | 136  | 7    | 159          | 166 | 166 | 159  | 8    | 295   | 8    |
| 9   | 134 | [B] Sibaram Sahu         | 265  | ORS  | 03.10.1995 | 106.150 | 122    | 127 | 127 | 127  | 10   | 145          | --  | --  | 145  | 10   | 272   | 9    |
| 10  | 125 | [B] Yathish Shetty       | 265  | KRN  | 09.04.1995 | 107.650 | 120    | 123 | 123 | 120  | 11   | 150          | 160 | 162 | 150  | 9    | 270   | 10   |
|     | 209 | [A] Bhupinder Singh      | 310  | CHD  | 13.03.1994 | 108.600 | 140    | 144 | 144 | 140  | 5    | 172          | 172 | 172 | --   |      | --    |      |
|     | 661 | [A] Jameer Hussain       | 340  | ASM  | 03.04.1998 | 107.200 | 146    | 147 | 150 | --   |      | --           | --  | --  | --   |      | --    |      |
|     | 746 | [B] Aromal Gigu K        | 245  | KRL  | 09-05-2001 | 102.250 | --     | --  | --  | --   |      | --           | --  | --  | --   |      | --    |      |
|     | 56  | [A] Vipin Kumar          | 290  | UKD  | 30-05-1988 | 106.750 | --     | --  | --  | --   |      | --           | --  | --  | --   |      | --    |      |

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Geetha Ananda, N-1 [KRN]  
 Left - P.A. Jose, N-1 [KRL]  
 Right - Ranjit Bhattacharjee, N-1 [W.B.]  
 Reserve - Santosh Sinhasane, I-1 [MHR]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR MEN +109 kg

Competition : 30.03.2022 16:00

Weigh in : 14:00

| No. | LOT | NAME                    | ENT. | TEAM | BORN       | BW      | SNATCH |     |     |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|-----|-----|-------------------------|------|------|------------|---------|--------|-----|-----|------|------|--------------|-----|-----|------|------|-------|------|
|     |     |                         |      |      |            |         | 1      | 2   | 3   | Res. | Rank | 1            | 2   | 3   | Res. | Rank | Res.  | Rank |
| 1   | 520 | [A] Gurdeep Singh       | 350  | RSPB | 01-10-1995 | 163.400 | 163    | 170 | 175 | 170  | 1    | 205          | 221 | --  | 221  | 1    | 391   | 1    |
| 2   | 530 | [A] Vipin Kumar         | 351  | SSCB | 30-01-1994 | 155.700 | 146    | 157 | 164 | 157  | 2    | 191          | 206 | 222 | 206  | 2    | 363   | 2    |
| 3   | 545 | [A] Hitesh kumar        | 320  | HRN  | 12.09.1996 | 126.800 | 148    | 152 | 156 | 152  | 4    | 178          | 184 | --  | 184  | 3    | 336   | 3    |
| 4   | 244 | [A] S. Rudramayan       | 330  | TND  | 10.04.2002 | 134.900 | 145    | 150 | 155 | 155  | 3    | 180          | 180 | 180 | 180  | 4    | 335   | 4    |
| 5   | 330 | [A] Shyopat Singh       | 320  | RAJ  | 17.11.1984 | 124.600 | 140    | 140 | 145 | 140  | 7    | 173          | 178 | --  | 178  | 6    | 318   | 5    |
| 6   | 478 | [A] Vishal Savagave     | 315  | ARN  | 05.06.1994 | 125.800 | 136    | 141 | 146 | 146  | 5    | 166          | 171 | 176 | 171  | 8    | 317   | 6    |
| 7   | 413 | [A] Pradeep Kumar Yadav | 335  | U.P. | 05.03.2001 | 115.900 | 140    | 145 | 145 | 140  | 6    | 175          | 179 | 179 | 175  | 7    | 315   | 7    |
| 8   | 514 | [B] Gagandeep Gill      | 300  | PUN  | 29.07.2002 | 122.100 | 135    | 140 | 140 | 135  | 8    | 167          | 175 | 179 | 179  | 5    | 314   | 8    |
| 9   | 693 | [B] Ashish              | 300  | HRN  | 10.04.2003 | 135.750 | 127    | 135 | 135 | 127  | 9    | 162          | 176 | 176 | 162  | 9    | 289   | 9    |
| 10  | 183 | [A] Gurpreet Singh      | 300  | GOA  | 19.11.1992 | 143.850 | 125    | 125 | 128 | 125  | 11   | 155          | 161 | 170 | 161  | 10   | 286   | 10   |
| 11  | 382 | [B] Akhil Sargari       | 299  | TEL  | 16.03.2000 | 117.600 | 125    | 130 | 130 | 125  | 10   | 155          | --  | --  | 155  | 11   | 280   | 11   |
|     | 772 | [B] R. Rahul Darshan    | 280  | TEL  | 14.12.1990 | 110.450 | 125    | 125 | 125 | --   |      | --           | --  | --  |      | --   |       |      |
|     | 106 | [A] Anurag              | 300  | UKD  | 27-10-1999 | 126.400 | 125    | 125 | 125 | --   |      | --           | --  | --  |      | --   |       |      |

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Rajesh Kumar, I-1 [H.P.]  
 Left - K. Suryanarayana, I-2 [A.P.]  
 Right - Biku Sarita, N-1 [ARN]  
 Reserve - K.D.S. Nagra, N-1 [CHD]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]





# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR WOMEN 45 kg

Competition : 20.03.2022 11:00

Weigh in : 9:00

| No. | LOT | NAME                     | ENT. | TEAM   | BORN       | BW     | SNATCH |    |    |      |      | CLEAN & JERK |    |    |      |      | TOTAL |      |
|-----|-----|--------------------------|------|--------|------------|--------|--------|----|----|------|------|--------------|----|----|------|------|-------|------|
|     |     |                          |      |        |            |        | 1      | 2  | 3  | Res. | Rank | 1            | 2  | 3  | Res. | Rank | Res.  | Rank |
| 1   | 711 | [A] Komal kohar          | 158  | HRN    | 24.07.2002 | 44.500 | 67     | 70 | 72 | 72   | 1    | 85           | 88 | 91 | 88   | 1    | 160   | 1    |
| 2   | 375 | [A] M.V. Thushmita       | 157  | RSPB   | 15.10.1996 | 44.600 | 65     | 67 | 69 | 67   | 2    | 84           | 87 | 94 | 87   | 2    | 154   | 2    |
| 3   | 667 | [A] K.V.L. Pavani Kumari | 145  | A.P    | 05.03.2003 | 44.700 | 62     | 66 | 69 | 66   | 4    | 80           | 82 | 85 | 85   | 3    | 151   | 3    |
| 4   | 719 | [A] Veena                | 155  | C.G.   | 19.03.1998 | 44.800 | 65     | 65 | 65 | 65   | 7    | 84           | 84 | 87 | 84   | 4    | 149   | 4    |
| 5   | 720 | [A] Anjali Patel         | 144  | U.P.   | 10.08.2004 | 44.600 | 65     | 67 | 71 | 67   | 3    | 78           | 80 | 82 | 80   | 8    | 147   | 5    |
| 6   | 733 | [A] Diplai Gursale       | 150  | RSPB   | 10-11-1996 | 45.000 | 64     | 66 | 68 | 66   | 5    | 80           | 83 | 83 | 80   | 6    | 146   | 6    |
| 7   | 325 | [A] B. Rajeswari         | 140  | A.P    | 10.07.2002 | 44.600 | 61     | 65 | 67 | 65   | 6    | 79           | 82 | 82 | 79   | 9    | 144   | 7    |
| 8   | 717 | [A] Chandrika Tarafdar   | 124  | W.B.   | 12.10.1996 | 45.350 | 58     | 62 | 64 | 62   | 9    | 80           | 80 | 82 | 82   | 5    | 144   | 8    |
| 9   | 85  | [A] Kh. Rediya Devi      | 145  | MNP    | 03.02.2000 | 44.800 | 58     | 62 | 63 | 63   | 8    | 77           | 80 | 83 | 80   | 7    | 143   | 9    |
|     | 458 | [A] Tech Nadam           | 150  | ARN    | 25.03.1999 | 45.000 | 61     | 64 | 64 | 61   | 10   | 82           | 82 | 83 | --   |      | --    |      |
|     | 266 | [B] Rani                 | 120  | AIPSCB | 01-03-1997 | 43.600 | 52     | 52 | 54 | 52   | 11   | 68           | 68 | -- | --   |      | --    |      |
|     | 430 | [A] Sarika Shingare      | 155  | MHR    | 01.12.1998 | 44.400 | 65     | 65 | 65 | --   |      | --           | -- | -- | --   |      | --    |      |

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Geetha Ananda, N-1 [KRN]  
 Left - P.A. Jose, N-1 [KRL]  
 Right - Ranjit Bhattacharjee, N-1 [W.B.]  
 Reserve - Santosh Sinhasane, I-1 [MHR]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR WOMEN 49 kg

Competition : 20.03.2022 15:30

Weigh in : 13:30

| No. | LOT | NAME                   | ENT. | TEAM | BORN       | BW     | SNATCH |    |    |      |      | CLEAN & JERK |    |     |      |      | TOTAL |      |
|-----|-----|------------------------|------|------|------------|--------|--------|----|----|------|------|--------------|----|-----|------|------|-------|------|
|     |     |                        |      |      |            |        | 1      | 2  | 3  | Res. | Rank | 1            | 2  | 3   | Res. | Rank | Res.  | Rank |
| 1   | 387 | [A] H. Jinarani Devi   | 160  | MNP  | 15.12.1996 | 48.550 | 70     | 73 | 75 | 75   | 4    | 94           | 96 | 100 | 100  | 1    | 175   | 1    |
| 2   | 716 | [A] Kh. Sanjita Chanu  | 175  | RSPB | 02-01-1994 | 49.000 | 74     | 77 | 79 | 79   | 1    | 95           | 95 | 95  | 95   | 2    | 174   | 2    |
| 3   | 189 | [A] Jhilli Dalabehera  | 165  | RSPB | 03.02.1999 | 48.650 | 70     | 73 | 76 | 76   | 2    | 90           | 93 | 96  | 93   | 4    | 169   | 3    |
| 4   | 390 | [A] Sakshi Mhaske      | 175  | MHR  | 23.03.2001 | 49.000 | 73     | 73 | 76 | 76   | 3    | 88           | 91 | 92  | 92   | 5    | 168   | 4    |
| 5   | 406 | [A] Sneha Soren        | 170  | ORS  | 05.02.2001 | 48.750 | 70     | 73 | 75 | 75   | 5    | 91           | 95 | 95  | 91   | 6    | 166   | 5    |
| 6   | 675 | [A] Gyaneshwari Yadav  | 160  | C.G. | 08.03.2003 | 48.850 | 71     | 74 | 76 | 74   | 6    | 84           | 84 | 87  | 87   | 10   | 161   | 6    |
| 7   | 626 | [A] Kh. Roshibina Devi | 150  | ARN  | 05.03.2001 | 48.700 | 63     | 67 | 70 | 67   | 10   | 90           | 94 | 94  | 94   | 3    | 161   | 7    |
| 8   | 601 | [A] Chetana Ghojage    | 163  | MHR  | 05.08.1996 | 48.850 | 69     | 69 | 71 | 71   | 7    | 88           | 88 | 88  | 88   | 9    | 159   | 8    |
| 9   | 249 | [A] Priyadarshini T.   | 161  | TEL  | 03.03.2000 | 46.600 | 66     | 68 | 69 | 69   | 9    | 89           | 93 | 93  | 89   | 7    | 158   | 9    |
| 10  | 342 | [A] Pooja Gupta        | 155  | U.P. | 08.10.1998 | 49.000 | 66     | 69 | 71 | 69   | 8    | 89           | 93 | 93  | 89   | 8    | 158   | 10   |
| 11  | 442 | [B] Bornali Borah      | 148  | ASM  | 31.07.2000 | 48.250 | 64     | 64 | 70 | 64   | 12   | 84           | 86 | 86  | 86   | 11   | 150   | 11   |
| 12  | 500 | [A] Vidushi Sharma     | 160  | M.P. | 04.08.2002 | 48.800 | 64     | 64 | 64 | 64   | 13   | 85           | 89 | 89  | 85   | 12   | 149   | 12   |
|     | 469 | [A] Radha Soni         | 150  | U.P. | 27.04.2003 | 47.500 | 65     | 70 | 71 | 65   | 11   | 92           | 92 | 92  | --   |      | --    |      |
|     | 559 | [A] Preety             | 151  | HRN  | 15.08.2002 | 48.200 | 65     | 65 | 65 | --   |      | --           | -- | --  | --   |      | --    |      |

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiyah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Rajesh Kumar, I-1 [H.P.]  
Left - K. Suryanarayana, I-2 [A.P.]  
Right - Biku Sarita, N-1 [ARN]  
Reserve - K.D.S. Nagra, N-1 [CHD]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR WOMEN 55 kg

Competition : 21.03.2022 09:00

Weigh in : 7:00

| No. | LOT | NAME                   | ENT. | TEAM | BORN       | BW     | SNATCH |    |    |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|-----|-----|------------------------|------|------|------------|--------|--------|----|----|------|------|--------------|-----|-----|------|------|-------|------|
|     |     |                        |      |      |            |        | 1      | 2  | 3  | Res. | Rank | 1            | 2   | 3   | Res. | Rank | Res.  | Rank |
| 1   | 529 | [A] Gauri Pandey       | 192  | U.P. | 15.06.1998 | 54.600 | 77     | 81 | 84 | 81   | 1    | 101          | 111 | 111 | 101  | 1    | 182   | 1    |
| 2   | 556 | [A] Veerjeet Kaur      | 185  | CHD  | 02.03.1999 | 54.200 | 79     | 81 | 83 | 81   | 2    | 97           | 100 | 103 | 100  | 3    | 181   | 2    |
| 3   | 327 | [A] Shrabani Das       | 180  | W.B. | 16.03.2002 | 53.550 | 74     | 77 | 77 | 77   | 4    | 96           | 100 | 105 | 100  | 2    | 177   | 3    |
| 4   | 762 | [A] Ph. Ranibala Devi  | 170  | MNP  | 01.02.1998 | 54.050 | 75     | 75 | 78 | 75   | 5    | 90           | 95  | 100 | 95   | 4    | 170   | 4    |
| 5   | 165 | [B] Ananya Patil       | 155  | MHR  | 14.01.2001 | 53.650 | 71     | 74 | 77 | 77   | 3    | 85           | 89  | 91  | 91   | 6    | 168   | 5    |
| 6   | 784 | [B] Lakshmi B          | 160  | KRN  | 24.06.1999 | 54.450 | 68     | 72 | 72 | 72   | 6    | 87           | 91  | 94  | 91   | 5    | 163   | 6    |
| 7   | 89  | [A] Pramila Krisani    | 165  | ORS  | 09.01.1996 | 52.600 | 68     | 72 | 75 | 72   | 7    | 90           | 95  | 95  | 90   | 7    | 162   | 7    |
| 8   | 769 | [B] Priya              | 150  | HRN  | 28.11.2003 | 54.600 | 65     | 66 | 69 | 69   | 8    | 88           | 92  | 93  | 88   | 8    | 157   | 8    |
| 9   | 698 | [B] Kiran              | 140  | C.G. | 24.08.1998 | 52.550 | 62     | 62 | 64 | 62   | 11   | 78           | 81  | 81  | 81   | 9    | 143   | 9    |
| 10  | 99  | [B] Ranjana Yadav      | 140  | C.G. | 13.02.2000 | 50.600 | 62     | 62 | 64 | 64   | 10   | 78           | 78  | 80  | 78   | 10   | 142   | 10   |
|     | 239 | [A] Epham Quasar       | 160  | ARN  | 25-03-2001 | 54.700 | 62     | 65 | 68 | 68   | 9    | 78           | 78  | 78  | --   |      | --    |      |
|     | 376 | [B] K. Siva Kumari     | 150  | A.P  | 15.07.2002 | 50.700 | 62     | 62 | 62 | --   |      | --           | --  | --  | --   |      | --    |      |
|     | 384 | [A] S. Bindyarani Devi | 202  | MNP  | 27.01.1999 | 54.700 | 82     | 82 | 82 | --   |      | --           | --  | --  | --   |      | --    |      |

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Khushbu Singh Yadav, N-1 [U.P.]  
 Left - Ramesh Ch. Padhy, I-2 [ORS]  
 Right - D. Sailoo, N-2 [TEL]  
 Reserve - Harpal Singh, N-2 [PUN]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR WOMEN 59 kg

Competition : 24.03.2022 14:00

Weigh in : 12:00

| No. | LOT | NAME                  | ENT. | TEAM   | BORN       | BW     | SNATCH |    |    |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|-----|-----|-----------------------|------|--------|------------|--------|--------|----|----|------|------|--------------|-----|-----|------|------|-------|------|
|     |     |                       |      |        |            |        | 1      | 2  | 3  | Res. | Rank | 1            | 2   | 3   | Res. | Rank | Res.  | Rank |
| 1   | 607 | [A] Popy Hazarika     | 190  | RSPB   | 08-12-1998 | 58.450 | 81     | 85 | 87 | 85   | 1    | 103          | 106 | 110 | 110  | 1    | 195   | 1    |
| 2   | 331 | [A] Davinder Kaur     | 185  | AIPSCB | 11-03-1995 | 58.900 | 80     | 82 | 83 | 82   | 2    | 102          | 104 | 106 | 104  | 3    | 186   | 2    |
| 3   | 309 | [A] P. Shakhenbi Devi | 185  | MNP    | 03.04.1998 | 58.500 | 75     | 79 | 82 | 79   | 6    | 103          | 107 | 108 | 107  | 2    | 186   | 3    |
| 4   | 316 | [A] Mohini            | 183  | HRN    | 20.05.1999 | 58.850 | 81     | 84 | 84 | 81   | 3    | 103          | 103 | 106 | 103  | 5    | 184   | 4    |
| 5   | 149 | [A] E. Deextiha       | 188  | RSPB   | 25-09-1997 | 58.850 | 80     | 82 | 82 | 80   | 5    | 104          | 104 | 104 | 104  | 4    | 184   | 5    |
| 6   | 712 | [A] Sukarna Adak      | 195  | W.B.   | 10.01.2003 | 58.800 | 78     | 81 | 81 | 81   | 4    | 98           | 104 | 104 | 98   | 6    | 179   | 6    |
| 7   | 27  | [B] M. Deepa Nayomi   | 160  | A.P    | 24.06.2002 | 57.700 | 73     | 77 | 80 | 77   | 7    | 97           | 97  | 97  | 97   | 7    | 174   | 7    |
| 8   | 49  | [B] T.M. Keerthana    | 160  | TND    | 21.10.2004 | 55.600 | 72     | 77 | 77 | 77   | 8    | 90           | 96  | 96  | 96   | 8    | 173   | 8    |
| 9   | 87  | [A] Moti Jani         | 177  | ORS    | 06.10.2000 | 57.650 | 70     | 73 | 75 | 75   | 10   | 92           | 96  | 96  | 92   | 9    | 167   | 9    |
| 10  | 160 | [A] Reema Bhoi        | 165  | ORS    | 29.08.2002 | 57.600 | 67     | 74 | 74 | 74   | 11   | 85           | 92  | 101 | 92   | 10   | 166   | 10   |
| 11  | 662 | [B] Sonali Yadu       | 160  | C.G.   | 19.09.2002 | 58.500 | 70     | 72 | 75 | 75   | 9    | 90           | 90  | 96  | 90   | 13   | 165   | 11   |
| 12  | 193 | [A] Ankita            | 175  | RAJ    | 10.04.2006 | 58.950 | 72     | 75 | 75 | 72   | 12   | 91           | 93  | 93  | 91   | 12   | 163   | 12   |
| 13  | 735 | [A] Ekta Walunj       | 175  | MHR    | 31.03.2001 | 58.300 | 69     | 69 | 69 | 69   | 14   | 86           | 90  | 92  | 92   | 11   | 161   | 13   |
| 14  | 62  | [B] Sushma Dhimar     | 146  | C.G.   | 14.09.2000 | 58.100 | 67     | 70 | 72 | 70   | 13   | 82           | 85  | 85  | 82   | 14   | 152   | 14   |
|     | 420 | [B] Shilpa Devi       | 160  | H.P.   | 01.11.1999 | 58.250 | 66     | 66 | 66 | --   |      | --           | --  | --  | --   |      | --    |      |

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Biku Sarita, N-1 [ARN]  
 Left - K.D.S. Nagra, N-1 [CHD]  
 Right - Rajesh Kumar, I-1 [H.P.]  
 Reserve - K. Suryanarayana, I-2 [A.P.]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR WOMEN 64 kg

Competition : 26.03.2022 09:00

Weigh in : 7:00

| No. | LOT | NAME                  | ENT. | TEAM | BORN       | BW     | SNATCH |    |    |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|-----|-----|-----------------------|------|------|------------|--------|--------|----|----|------|------|--------------|-----|-----|------|------|-------|------|
|     |     |                       |      |      |            |        | 1      | 2  | 3  | Res. | Rank | 1            | 2   | 3   | Res. | Rank | Res.  | Rank |
| 1   | 1   | [A] Jasvir Kaur       | 195  | PUN  | 22.02.1993 | 63.250 | 83     | 85 | 85 | 85   | 2    | 106          | 110 | 113 | 113  | 1    | 198   | 1    |
| 2   | 655 | [A] S. Pallavi        | 190  | A.P  | 13.07.2003 | 62.550 | 83     | 83 | 86 | 86   | 1    | 104          | 108 | 110 | 108  | 3    | 194   | 2    |
| 3   | 504 | [A] S. Nirupama Devi  | 195  | RSPB | 05-10-2000 | 63.650 | 78     | 81 | 82 | 82   | 4    | 107          | 110 | 114 | 110  | 2    | 192   | 3    |
| 4   | 368 | [A] Komal Khan        | 180  | IWLF | 23-03-2001 | 64.000 | 81     | 81 | 84 | 84   | 3    | 103          | 106 | 108 | 106  | 4    | 190   | 4    |
| 5   | 629 | [A] Ditimoni Sonowal  | 180  | ASM  | 04.12.2003 | 63.250 | 80     | 82 | 82 | 82   | 5    | 98           | 103 | 106 | 103  | 5    | 185   | 5    |
| 6   | 288 | [B] Ch. Nirmala Devi  | 160  | ARN  | 19.06.2001 | 63.700 | 70     | 75 | 78 | 78   | 7    | 93           | 98  | 102 | 102  | 6    | 180   | 6    |
| 7   | 438 | [A] K. Roshilata Devi | 176  | MNP  | 17.07.1999 | 63.750 | 73     | 77 | 80 | 77   | 8    | 93           | 93  | 98  | 98   | 7    | 175   | 7    |
| 8   | 315 | [A] N. Sumanbala Devi | 180  | ARN  | 01.12.1992 | 60.550 | 73     | 76 | 79 | 76   | 9    | 90           | 95  | 95  | 95   | 8    | 171   | 8    |
| 9   | 36  | [A] Sangeeta Padhy    | 168  | ORS  | 21.03.2003 | 63.750 | 68     | 68 | 74 | 74   | 10   | 85           | 90  | 90  | 90   | 9    | 164   | 9    |
|     | 727 | [A] Annu              | 180  | UKD  | 08-08-1997 | 63.100 | 80     | 80 | 83 | 80   | 6    | 98           | 98  | 98  | --   |      | --    |      |
|     | 285 | [B] M. Anusha         | 150  | TEL  | 22.08.2003 | 62.950 | 68     | 71 | 71 | 68   | 11   | 84           | 84  | 84  | --   |      | --    |      |
|     | 542 | [A] G. Lalitha        | 200  | A.P  | 08.09.1998 | 61.800 | 84     | 84 | 84 | --   |      | --           | --  | --  | --   |      | --    |      |

### Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

### Referee

Center - Santosh Sinhasane, I-1 [MHR]  
Left - Geetha Ananda, N-1 [KRN]  
Right - P.A. Jose, N-1 [KRL]  
Reserve - Ranjit Bhattacharjee, N-1 [W.B.]

### Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

### Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

### Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

### Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR WOMEN 71 kg

Competition : 27.03.2022 13:30

Weigh in : 11:30

| No. | LOT | NAME                     | ENT. | TEAM | BORN       | BW     | SNATCH |    |    |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|-----|-----|--------------------------|------|------|------------|--------|--------|----|----|------|------|--------------|-----|-----|------|------|-------|------|
|     |     |                          |      |      |            |        | 1      | 2  | 3  | Res. | Rank | 1            | 2   | 3   | Res. | Rank | Res.  | Rank |
| 1   | 238 | [A] Harjinder Kaur       | 205  | PUN  | 14.10.1996 | 70.150 | 89     | 92 | 94 | 92   | 1    | 110          | 114 | 116 | 116  | 1    | 208   | 1    |
| 2   | 589 | [A] Lalchhanhimi         | 210  | MIZ  | 14.04.1992 | 69.150 | 87     | 87 | 87 | 87   | 2    | 116          | 116 | 116 | 116  | 2    | 203   | 2    |
| 3   | 400 | [A] Amandeep Kaur        | 195  | PUN  | 07.08.1989 | 68.300 | 81     | 83 | 83 | 83   | 4    | 103          | 105 | 107 | 107  | 3    | 190   | 3    |
| 4   | 71  | [A] Armandeep Kaur       | 183  | RAJ  | 07.10.2002 | 66.600 | 77     | 80 | 82 | 82   | 5    | 100          | 105 | 108 | 105  | 4    | 187   | 4    |
| 5   | 683 | [A] Y. Poornasri         | 180  | TND  | 19.08.2004 | 68.500 | 80     | 80 | 82 | 82   | 6    | 101          | 105 | 107 | 105  | 5    | 187   | 5    |
| 6   | 268 | [A] Nikita Kale          | 185  | MHR  | 22.07.2000 | 69.250 | 80     | 83 | 85 | 85   | 3    | 101          | 104 | 104 | 101  | 6    | 186   | 6    |
| 7   | 432 | [A] Srasthi              | 199  | U.P. | 12.06.2002 | 67.950 | 81     | 82 | 82 | 82   | 7    | 101          | 106 | 106 | 101  | 7    | 183   | 7    |
| 8   | 425 | [A] Trupti Mane          | 195  | MHR  | 29.09.2001 | 68.100 | 80     | 80 | 80 | 80   | 9    | 100          | 104 | 105 | 100  | 8    | 180   | 8    |
| 9   | 204 | [A] Renu                 | 187  | HRN  | 20.01.1992 | 70.350 | 75     | 80 | 82 | 80   | 8    | 100          | 100 | 105 | 100  | 9    | 180   | 9    |
| 10  | 669 | [A] Ph.Roshni            | 170  | ARN  | 12.08.2000 | 69.000 | 73     | 77 | 79 | 73   | 10   | 93           | 96  | 96  | 93   | 10   | 166   | 10   |
| 11  | 225 | [A] Nicemol Thomas       | 180  | KRL  | 09-12-1999 | 69.650 | 73     | 73 | 73 | 73   | 11   | 90           | 90  | 96  | 90   | 11   | 163   | 11   |
| 12  | 427 | [B] Kh. Nungshiton Chanu | 163  | MNP  | 02.03.1998 | 64.350 | 72     | 72 | 72 | 72   | 12   | 86           | 86  | 91  | 86   | 12   | 158   | 12   |
| 13  | 494 | [B] R. Ramya             | 165  | A.P  | 08.06.1994 | 66.800 | 72     | 72 | 72 | 72   | 13   | 86           | 86  | 90  | 86   | 13   | 158   | 13   |

### Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

### Referee

- Center - P.A. Jose, N-1 [KRL]  
 Left - Ranjit Bhattacharjee, N-1 [W.B.]  
 Right - Santosh Sinhasane, I-1 [MHR]  
 Reserve - Geetha Ananda, N-1 [KRN]

### Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

### Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

### Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

### Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR WOMEN 76 kg

Competition : 27.03.2022 12:00

Weigh in : 10:00

| No. | LOT | NAME                   | ENT. | TEAM | BORN       | BW     | SNATCH |    |    |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|-----|-----|------------------------|------|------|------------|--------|--------|----|----|------|------|--------------|-----|-----|------|------|-------|------|
|     |     |                        |      |      |            |        | 1      | 2  | 3  | Res. | Rank | 1            | 2   | 3   | Res. | Rank | Res.  | Rank |
| 1   | 451 | [A] Punam Yadav        | 210  | RSPB | 09-07-1995 | 76.000 | 93     | 96 | 99 | 99   | 1    | 115          | 115 | 119 | 115  | 2    | 214   | 1    |
| 2   | 119 | [A] R. Arockiya Alish  | 190  | TND  | 05.11.2000 | 75.800 | 86     | 90 | 93 | 90   | 2    | 114          | 119 | 125 | 119  | 1    | 209   | 2    |
| 3   | 372 | [A] Kh. Sarjubala Devi | 205  | MNP  | 10.01.1999 | 73.500 | 82     | 86 | 89 | 86   | 3    | 105          | 110 | 115 | 110  | 3    | 196   | 3    |
| 4   | 151 | [A] A. Tumina Devi     | 179  | MNP  | 26.01.1999 | 73.150 | 78     | 81 | 84 | 81   | 5    | 105          | 108 | 108 | 105  | 4    | 186   | 4    |
| 5   | 161 | [A] Jyoti Yadav        | 188  | HRN  | 16.01.2004 | 75.100 | 80     | 80 | 83 | 80   | 6    | 100          | 104 | 106 | 104  | 5    | 184   | 5    |
| 6   | 610 | [B] P. Dhatri          | 170  | A.P  | 22.06.2003 | 73.450 | 75     | 80 | 81 | 81   | 4    | 90           | 96  | 97  | 90   | 7    | 171   | 6    |
| 7   | 86  | [B] Ananya K           | 170  | KRL  | 13-10-2000 | 72.450 | 75     | 78 | 78 | 75   | 7    | 91           | 95  | 100 | 95   | 6    | 170   | 7    |
|     | 317 | [A] Radika Katoch      | 175  | H.P. | 22.08.2000 | 74.450 | 75     | 75 | 75 | --   |      | --           | --  | --  | --   |      | --    |      |
|     | 82  | [A] Manisha            | 185  | H.P. | 14.11.1997 | 73.750 | 75     | 75 | 75 | --   |      | --           | --  | --  | --   |      | --    |      |

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Biku Sarita, N-1 [ARN]  
Left - K.D.S. Nagra, N-1 [CHD]  
Right - Rajesh Kumar, I-1 [H.P.]  
Reserve - K. Suryanarayana, I-2 [A.P.]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR WOMEN 81 kg

Competition : 25.03.2022 13:00

Weigh in : 11:00

| No. | LOT | NAME                 | ENT. | TEAM | BORN       | BW     | SNATCH |    |    |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|-----|-----|----------------------|------|------|------------|--------|--------|----|----|------|------|--------------|-----|-----|------|------|-------|------|
|     |     |                      |      |      |            |        | 1      | 2  | 3  | Res. | Rank | 1            | 2   | 3   | Res. | Rank | Res.  | Rank |
| 1   | 176 | [A] Ku. Karityga     | 176  | U.P. | 15.09.1999 | 79.900 | 85     | 89 | 92 | 92   | 1    | 106          | 111 | 113 | 111  | 4    | 203   | 1    |
| 2   | 221 | [A] Vanshita Verma   | 205  | CHD  | 08.10.2001 | 76.150 | 81     | 84 | 87 | 87   | 5    | 110          | 110 | 114 | 114  | 1    | 201   | 2    |
| 3   | 7   | [A] Pooja Yadav      | 189  | U.P. | 15.07.1996 | 76.500 | 85     | 88 | 91 | 88   | 3    | 107          | 110 | 112 | 110  | 5    | 198   | 3    |
| 4   | 155 | [A] Rakhi            | 184  | HRN  | 11.10.1996 | 78.950 | 80     | 84 | 87 | 87   | 4    | 109          | 113 | 113 | 109  | 6    | 196   | 4    |
| 5   | 687 | [A] N. Lalitha       | 190  | RSPB | 13-05-1996 | 79.400 | 85     | 89 | 89 | 89   | 2    | 106          | 111 | 111 | 106  | 7    | 195   | 5    |
| 6   | 484 | [A] Swathi Kishor    | 196  | KRL  | 09-02-1998 | 77.250 | 82     | 86 | 87 | 82   | 7    | 113          | 117 | 117 | 113  | 2    | 195   | 6    |
| 7   | 740 | [A] Akshata Kamati   | 200  | KRN  | 07.08.1999 | 80.000 | 78     | 78 | 78 | 78   | 11   | 113          | 121 | 121 | 113  | 3    | 191   | 7    |
| 8   | 419 | [A] Harmanpreet Kaur | 194  | PUN  | 09.10.2001 | 76.800 | 79     | 79 | 79 | 79   | 10   | 95           | 100 | 104 | 104  | 8    | 183   | 8    |
| 9   | 426 | [A] T. Dharshini     | 180  | TND  | 31.12.1998 | 76.700 | 80     | 80 | 84 | 80   | 9    | 100          | 107 | 107 | 100  | 11   | 180   | 9    |
| 10  | 668 | [A] Jasmail Kaur     | 175  | DEL  | 28.04.1991 | 78.400 | 77     | 80 | 82 | 80   | 8    | 95           | 100 | 100 | 100  | 12   | 180   | 10   |
| 11  | 585 | [A] Rajeswari Behera | 177  | ORS  | 05.05.1997 | 79.350 | 77     | 77 | 77 | 77   | 12   | 98           | 102 | 105 | 102  | 9    | 179   | 11   |
| 12  | 291 | [A] Monu             | 171  | DEL  | 11.11.1996 | 79.050 | 76     | 80 | 80 | 76   | 13   | 100          | 104 | 104 | 100  | 10   | 176   | 12   |
|     | 352 | [A] Ritu             | 180  | RAJ  | 10.12.1996 | 77.000 | 82     | 85 | 85 | 85   | 6    | 102          | 102 | 102 | --   |      | --    |      |
|     | 63  | [B] Christina Tayeng | 168  | ARN  | 11.07.1998 | 80.950 | 76     | 76 | 76 | --   |      | --           | --  | --  | --   |      | --    |      |

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Geetha Ananda, N-1 [KRN]  
 Left - P.A. Jose, N-1 [KRL]  
 Right - Ranjit Bhattacharjee, N-1 [W.B.]  
 Reserve - Santosh Sinhasane, I-1 [MHR]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]





# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR WOMEN 87 kg

Competition : 30.03.2022 10:00

Weigh in : 8:00

| No. | LOT | NAME                   | ENT. | TEAM | BORN       | BW     | SNATCH |    |    |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|-----|-----|------------------------|------|------|------------|--------|--------|----|----|------|------|--------------|-----|-----|------|------|-------|------|
|     |     |                        |      |      |            |        | 1      | 2  | 3  | Res. | Rank | 1            | 2   | 3   | Res. | Rank | Res.  | Rank |
| 1   | 568 | [A] B.N. Usha          | 200  | RSPB | 02-04-1995 | 87.000 | 89     | 89 | 93 | 89   | 2    | 110          | 114 | 117 | 114  | 1    | 203   | 1    |
| 2   | 302 | [A] Komal Wakale       | 205  | MHR  | 01.11.1990 | 86.500 | 92     | 92 | 95 | 92   | 1    | 110          | 110 | 115 | 110  | 4    | 202   | 2    |
| 3   | 558 | [A] Modhusmrita Baruah | 200  | ASM  | 01.02.1993 | 86.650 | 88     | 93 | 94 | 88   | 3    | 113          | 116 | 116 | 113  | 2    | 201   | 3    |
| 4   | 722 | [A] Dimpri Dutta       | 185  | ASM  | 11.05.1999 | 84.800 | 83     | 87 | 87 | 87   | 4    | 106          | 106 | 111 | 111  | 3    | 198   | 4    |
| 5   | 467 | [A] T. Satya Jyothi    | 180  | A.P  | 30.08.1998 | 85.500 | 80     | 80 | 84 | 84   | 5    | 97           | 102 | 110 | 102  | 5    | 186   | 5    |
| 6   | 495 | [A] Usha S.R           | 173  | KRN  | 21.08.2000 | 86.150 | 78     | 81 | 81 | 81   | 7    | 96           | 101 | 101 | 101  | 6    | 182   | 6    |
| 7   | 75  | [A] Anjali Joshi       | 170  | PUN  | 15.07.2000 | 81.100 | 77     | 80 | 82 | 82   | 6    | 96           | 102 | 105 | 96   | 8    | 178   | 7    |
| 8   | 94  | [A] Shivangi Singh     | 171  | U.P. | 29.03.2000 | 83.650 | 77     | 80 | 83 | 80   | 8    | 95           | --  | --  | 95   | 10   | 175   | 8    |
| 9   | 739 | [A] Yogita Khedkar     | 165  | MHR  | 15.06.2002 | 81.300 | 77     | 80 | 80 | 77   | 9    | 94           | 94  | 97  | 97   | 7    | 174   | 9    |
| 10  | 107 | [A] Vaishali           | 183  | DEL  | 07.07.1995 | 85.200 | 77     | 77 | 80 | 77   | 10   | 96           | 101 | 101 | 96   | 9    | 173   | 10   |
|     | 670 | [A] M. Ooha Sai        | 175  | A.P  | 18.02.1997 | 85.300 | 77     | 77 | 77 | --   |      | --           | --  | --  | --   |      | --    |      |

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - D. Sailoo, N-2 [TEL]  
Left - Harpal Singh, N-2 [PUN]  
Right - Khushbu Singh Yadav, N-1 [U.P.]  
Reserve - Ramesh Ch. Padhy, I-2 [ORS]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT SENIOR WOMEN +87 kg

Competition : 31.03.2022 09:00

Weigh in : 7:00

| No. | LOT | NAME                | ENT. | TEAM   | BORN       | BW      | SNATCH |     |     |      |      | CLEAN & JERK |     |     |      |      | TOTAL |      |
|-----|-----|---------------------|------|--------|------------|---------|--------|-----|-----|------|------|--------------|-----|-----|------|------|-------|------|
|     |     |                     |      |        |            |         | 1      | 2   | 3   | Res. | Rank | 1            | 2   | 3   | Res. | Rank | Res.  | Rank |
| 1   | 586 | [A] Ann Mariya M.T. | 230  | KRL    | 21-08-1998 | 117.450 | 95     | 95  | 103 | 103  | 2    | 122          | 128 | 128 | 128  | 2    | 231   | 1    |
| 2   | 578 | [A] Purnima Pandey  | 220  | U.P.   | 16-10-1997 | 100.190 | 99     | 104 | 104 | 104  | 1    | 120          | 125 | 129 | 125  | 3    | 229   | 2    |
| 3   | 482 | [A] Manpreet Kaur   | 214  | PUN    | 15.09.1989 | 108.350 | 87     | 87  | 87  | 87   | 5    | 117          | 123 | 128 | 128  | 1    | 215   | 3    |
| 4   | 534 | [A] Mehak sharma    | 206  | PUN    | 01.04.1995 | 109.950 | 79     | 84  | 89  | 89   | 3    | 120          | 125 | 125 | 125  | 4    | 214   | 4    |
| 5   | 778 | [A] Jasbir Kaur     | 200  | AIPSCB | 08-08-1998 | 104.550 | 83     | 88  | 88  | 83   | 6    | 105          | 110 | 117 | 110  | 5    | 193   | 5    |
| 6   | 429 | [A] Muskan singh    | 196  | HRN    | 28.11.2002 | 93.800  | 86     | 87  | 87  | 87   | 4    | 102          | 102 | --  | 102  | 7    | 189   | 6    |
| 7   | 646 | [A] Ashwini Malage  | 205  | MHR    | 24.08.1998 | 115.500 | 80     | 84  | 84  | 80   | 7    | 105          | 105 | 105 | 105  | 6    | 185   | 7    |
| 8   | 120 | [A] Usha            | 175  | DEL    | 02.04.1998 | 101.350 | 78     | 81  | 81  | 78   | 8    | 95           | 95  | 95  | 95   | 8    | 173   | 8    |

### Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

### Referee

- Center - Santosh Sinhasane, I-1 [MHR]  
Left - Geetha Ananda, N-1 [KRN]  
Right - P.A. Jose, N-1 [KRL]  
Reserve - Ranjit Bhattacharjee, N-1 [W.B.]

### Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

### Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

### Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

### Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## GROUP OF JURIES AND REFEREES

### JURY Member Group 1 :

- A) K. SUBRAMANYA, I-1 [KRN] \*President of Jury
- B) G.P. SHARMA, I-1 [U.P.]
- C) SHYAMALA SHETTY, I-1 [KRN]

### JURY Member Group 2 :

- A) HANSA SHARMA, I-1 [UKD] \*President of Jury
- B) B. VENKATRAMAIAH, I-1 [A.P.]
- C) HARBANS SINGH, I-1 [PUN]

### REFEREE Member Group 1 :

- K. SURYANARAYANA, I-2 [A.P.]
- BIKU SARITA, N-1 [ARN]
- K.D.S. NAGRA, N-1 [CHD]
- RAJESH KUMAR, I-1 [H.P.]

### REFEREE Member Group 2 :

- GEETHA ANANDA, N-1 [KRN]
- P.A. JOSE, N-1 [KRL]
- RANJIT BHATTACHARJEE, N-1 [W.B.]
- SANTOSH SINHASANE, I-1 [MHR]

### REFEREE Member Group 3 :

- RAMESH CH. PADHY, I-2 [ORS]
- D. SAILOO, N-2 [TEL]
- HARPAL SINGH, N-2 [PUN]
- KHUSHBU SINGH YADAV, N-1 [U.P.]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## GROUP OF OTHER COMPETITION OFFICIALS

### CHIEF MARSHAL Member Group 1 :

KOMALPREET KAUR, N-2 [PUN]  
VIJAY HOODA, N-2 [AIPSCB]  
TRUPTI PARASHER, N-2 [MHR]

### CHIEF MARSHAL Member Group 2 :

MONA SINHA, N-2 [U.P.]  
R. KAVITHA, N-1 [TND]  
PRADEEP KUMAR YADAV, N-1 [U.P.]

### TIMEKEEPER Member Group 1 :

P. JAGDISH PATRO, N-2 [ORS]

### TIMEKEEPER Member Group 2 :

SANGEETA CHHABRA, N-1 [UKD]

### TECHNICAL CONTROLLER Member Group 1 :

YOGENDRA SHARMA, N-1 [U.P.]  
J.N. NANDA, N-1 [ORS]

### TECHNICAL CONTROLLER Member Group 2 :

YUDHVIR SINGH, I-2 [J.K.]  
RAVI SHARMA, N-1 [RAJ]

### SECRETARY Member Group 1 :

R.V.L.N. RATNAKARA RAO, I-1 [A.P.]

### SECRETARY Member Group 2 :

S. SHANMUGAVEL, I-1 [TND]

### Member Group 1 :

N.P.S. CHAUHAN, I-1, SPEAKER [UKD]  
SEETA KUMARI JENA, N-2, EQUIPMENT INCHARGE [ORS]  
P. SAILAM, N-2, FOP INCHARGE [AIPSCB]  
NARAYAN SAHU, I-1, COORDINATOR [ORS]  
AJAY KUMAR DAS, N-1, TSR OPERATOR [SSCB]  
SUNEET CHOPRA, N-1, IWLF, TSR OPERATOR [IWLF]  
PURAN CHANDRA, N-2, TSR OPERATOR [IWLF]  
SHIVAM MISHRA, N-2, TSR OPERATOR [IWLF]

### Member Group 2 :

KRISHNARAJ K, I-1, SPEAKER (UPTO 27.3.2022 AFTERNOON) [KRN]  
S.H. ANANDE GOWDA, I-1, COMPETITION DIRECTOR [KRN]  
UMESHWARI SHARMA, N-1, SPEAKER [PUN]  
PAL SINGH SANDHU, DRONACHARYA AWARDEE, COMPETITION DIRECTOR UPTO 26.3.2022 [U.P.]  
SAHDEV YADAV, PRESIDENT, INDIAN WEIGHTLIFTING FEDERATION -- TECHNICAL DELEGATE [U.P.]

### Member Group 3 :

HARBANS SINGH, I-1, RESERVE SPEAKER [PUN]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## MEN 's ROBI TOTAL POINT

| R. | NAME                   | BORN       | TEAM | B.WEIGHT | TOTAL | POINT   |
|----|------------------------|------------|------|----------|-------|---------|
| 1  | Sanket Sargar          | 16.10.2000 | MHR  | 54.750   | 249   | 575.877 |
| 2  | Prashant Koli          | 05.02.1999 | MHR  | 54.750   | 248   | 568.230 |
| 3  | M. Raja                | 12-01-2000 | RSPB | 60.650   | 267   | 559.517 |
| 4  | Manjunath Marati       | 01-05-1995 | RSPB | 66.800   | 284   | 555.400 |
| 5  | Kojum Taba             | 18.06.1997 | ARN  | 97.500   | 345   | 554.564 |
| 6  | Guru Raja              | 15-08-1992 | SSCB | 60.600   | 266   | 552.585 |
| 7  | Ajay Singh             | 17-04-1997 | SSCB | 80.900   | 315   | 545.715 |
| 8  | Markio Tario           | 01.01.2004 | ARN  | 66.650   | 282   | 542.513 |
| 9  | Deepak Lather          | 25.03.2000 | HRN  | 77.550   | 314   | 539.981 |
| 10 | Vikas Thakur           | 14-11-1993 | SSCB | 99.800   | 341   | 533.491 |
| 11 | Ram Karan Prajapati    | 15.07.1998 | U.P. | 89.000   | 317   | 515.406 |
| 12 | K. Neelam Raju         | 24-06-1997 | RSPB | 66.700   | 277   | 511.212 |
| 13 | Gourav                 | 28.06.1995 | CHD  | 88.100   | 316   | 510.024 |
| 14 | N. Ajith               | 27-01-1991 | RSPB | 72.900   | 297   | 508.773 |
| 15 | Harshad Wadekar        | 14-06-1995 | RSPB | 88.400   | 315   | 504.683 |
| 16 | Sachin Mehmi           | 11-08-1995 | SSCB | 101.650  | 333   | 493.035 |
| 17 | T. Madhavan            | 03.12.2004 | TND  | 60.500   | 257   | 492.880 |
| 18 | Sambo Lapung           | 06.03.1997 | ARN  | 95.900   | 336   | 491.901 |
| 19 | R.V. Rahul             | 16-03-1997 | RSPB | 94.300   | 335   | 487.055 |
| 20 | Lovepreet Singh        | 09-09-1997 | SSCB | 108.800  | 350   | 485.668 |
| 21 | Muna Nayak             | 20.10.2002 | ORS  | 60.500   | 255   | 480.253 |
| 22 | Jagdish                | 11-08-1994 | SSCB | 95.350   | 333   | 477.462 |
| 23 | Zakhuma                | 01.04.2001 | MIZ  | 60.700   | 254   | 474.026 |
| 24 | Mihir Kanta Sethi      | 25.11.1996 | ORS  | 72.800   | 290   | 470.018 |
| 25 | Subhash Lahre          | 12.10.2002 | C.G. | 66.000   | 270   | 469.542 |
| 26 | Abhishek Nipane        | 11.12.2001 | MHR  | 77.950   | 301   | 469.221 |
| 27 | Gurdeep Singh          | 01-10-1995 | RSPB | 163.400  | 391   | 466.133 |
| 28 | Papul Changmai         | 01.01.1994 | ASM  | 80.600   | 300   | 464.062 |
| 29 | Ganga Singh            | 22.09.1994 | CHD  | 72.600   | 288   | 459.336 |
| 30 | Kapil Singh Rathore    | 16.03.1993 | RAJ  | 78.250   | 299   | 458.944 |
| 31 | Susant Sahu            | 18.05.1991 | ORS  | 66.900   | 268   | 458.087 |
| 32 | Devapreedhan B.        | 08-10-1998 | KRL  | 72.950   | 287   | 454.059 |
| 33 | Charu Pesi             | 30.09.2002 | ARN  | 60.250   | 250   | 449.678 |
| 34 | Vijay Kumar Maheshwari | 15.02.1999 | C.G. | 54.200   | 231   | 448.825 |
| 35 | U. Sivaprakash         | 17.02.1996 | PON  | 87.100   | 304   | 448.475 |
| 36 | Raghveer Singh         | 21.03.1995 | PUN  | 85.900   | 303   | 443.593 |
| 37 | Binder Pal             | 24-08-1996 | SSCB | 88.350   | 303   | 443.593 |
| 38 | Valluri Ajay Babu      | 25.11.2004 | M.P. | 80.750   | 295   | 438.863 |
| 39 | Harshit Sehrawat       | 04-05-2000 | RSPB | 101.800  | 320   | 431.944 |
| 40 | Harcharan Singh        | 20.08.2001 | RAJ  | 101.650  | 319   | 427.476 |



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## WOMEN 's ROBI TOTAL POINT

| R. | NAME                 | BORN       | TEAM   | B.WEIGHT | TOTAL | POINT   |
|----|----------------------|------------|--------|----------|-------|---------|
| 1  | Komal kohar          | 24.07.2002 | HRN    | 44.500   | 160   | 555.264 |
| 2  | H. Jinarani Devi     | 15.12.1996 | MNP    | 48.550   | 175   | 520.597 |
| 3  | Kh. Sanjita Chanu    | 02-01-1994 | RSPB   | 49.000   | 174   | 510.780 |
| 4  | M.V. Thushmita       | 15.10.1996 | RSPB   | 44.600   | 154   | 489.055 |
| 5  | Gauri Pandey         | 15.06.1998 | U.P.   | 54.600   | 182   | 480.005 |
| 6  | Veerjeet Kaur        | 02.03.1999 | CHD    | 54.200   | 181   | 471.300 |
| 7  | Jhilli Dalabehera    | 03.02.1999 | RSPB   | 48.650   | 169   | 463.628 |
| 8  | K.V.L. Pavani Kumari | 05.03.2003 | A.P    | 44.700   | 151   | 458.116 |
| 9  | Popy Hazarika        | 08-12-1998 | RSPB   | 58.450   | 195   | 455.998 |
| 10 | Sakshi Mhaske        | 23.03.2001 | MHR    | 49.000   | 168   | 454.577 |
| 11 | Veena                | 19.03.1998 | C.G.   | 44.800   | 149   | 438.268 |
| 12 | Shrabani Das         | 16.03.2002 | W.B.   | 53.550   | 177   | 437.580 |
| 13 | Sneha Soren          | 05.02.2001 | ORS    | 48.750   | 166   | 436.847 |
| 14 | Harjinder Kaur       | 14.10.1996 | PUN    | 70.150   | 208   | 436.258 |
| 15 | Punam Yadav          | 09-07-1995 | RSPB   | 76.000   | 214   | 419.301 |
| 16 | Anjali Patel         | 10.08.2004 | U.P.   | 44.600   | 147   | 419.028 |
| 17 | Diplai Gursale       | 10-11-1996 | RSPB   | 45.000   | 146   | 409.634 |
| 18 | Lalchhanhimi         | 14.04.1992 | MIZ    | 69.150   | 203   | 402.383 |
| 19 | Jasvir Kaur          | 22.02.1993 | PUN    | 63.250   | 198   | 399.439 |
| 20 | Gyaneshwari Yadav    | 08.03.2003 | C.G.   | 48.850   | 161   | 394.646 |
| 21 | Kh. Roshibina Devi   | 05.03.2001 | ARN    | 48.700   | 161   | 394.646 |
| 22 | Chandrika Tarafdar   | 12.10.1996 | W.B.   | 45.350   | 144   | 391.288 |
| 23 | B. Rajeswari         | 10.07.2002 | A.P    | 44.600   | 144   | 391.288 |
| 24 | Davinder Kaur        | 11-03-1995 | AIPSCB | 58.900   | 186   | 389.755 |
| 25 | P. Shakhenbi Devi    | 03.04.1998 | MNP    | 58.500   | 186   | 389.755 |
| 26 | R. Arockiya Alish    | 05.11.2000 | TND    | 75.800   | 209   | 387.631 |
| 27 | Ph. Ranibala Devi    | 01.02.1998 | MNP    | 54.050   | 170   | 382.686 |
| 28 | Kh. Rediya Devi      | 03.02.2000 | MNP    | 44.800   | 143   | 382.334 |
| 29 | Chetana Ghojage      | 05.08.1996 | MHR    | 48.850   | 159   | 378.594 |
| 30 | Mohini               | 20.05.1999 | HRN    | 58.850   | 184   | 376.006 |
| 31 | E. Deextiha          | 25-09-1997 | RSPB   | 58.850   | 184   | 376.006 |
| 32 | S. Pallavi           | 13.07.2003 | A.P    | 62.550   | 194   | 373.256 |
| 33 | Priyadarshini T.     | 03.03.2000 | TEL    | 46.600   | 158   | 370.741 |
| 34 | Pooja Gupta          | 08.10.1998 | U.P.   | 49.000   | 158   | 370.741 |
| 35 | Ananya Patil         | 14.01.2001 | MHR    | 53.650   | 168   | 367.933 |
| 36 | S. Nirupama Devi     | 05-10-2000 | RSPB   | 63.650   | 192   | 360.626 |
| 37 | Komal Khan           | 23-03-2001 | IWLF   | 64.000   | 190   | 348.297 |
| 38 | Sukarna Adak         | 10.01.2003 | W.B.   | 58.800   | 179   | 343.122 |
| 39 | Lakshmi B            | 24.06.1999 | KRN    | 54.450   | 163   | 332.797 |
| 40 | Ku. Karityga         | 15.09.1999 | U.P.   | 79.900   | 203   | 331.648 |