



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING  
CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



# RESULT BOOK

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## JUNIOR



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## JUNIOR MEN'S MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
55 kg	TOTAL	1	227	S. Guru Naidu	06.09.2006	A.P
		2	223	Uday Mahajan	13.10.2003	MHR
		3	222	Komal Maheswari	07.06.2002	C.G.
61 kg	TOTAL	1	257	T. Madhavan	03.12.2004	TND
		2	254	Zakhuma	01.04.2001	MIZ
		3	243	Shankar Lapung	22.09.2004	ARN
67 kg	TOTAL	1	269	Lalhunthara	07.12.2002	MIZ
		2	268	Tejas Jondhale	10.05.2001	MHR
		3	257	Jacob Vanlalitluanga	17.02.2002	MIZ
73 kg	TOTAL	1	277	Prajwal	24.02.2001	KRN
		2	271	Naitik Jangid	16.11.2001	RAJ
		3	271	J. Koteswara Rao	26.01.2001	A.P
81 kg	TOTAL	1	295	Valluri Ajay Babu	25.11.2004	M.P.
		2	292	Tridip Baruah	15.04.2003	ASM
		3	283	Bhavesh sarang	27.05.2002	C.G.
89 kg	TOTAL	1	292	A.S.R.K.Yadav	05.06.2002	A.P
		2	291	Prince Malik	12.02.2002	U.P.
		3	280	Himanshu Thapa	30.03.2001	M.P.
96 kg	TOTAL	1	306	Aman	30.08.2001	HRN
		2	305	Tejas Lokhande	27.10.2001	MHR
		3	299	Ankush Kumar	03.07.2001	U.P.
102 kg	TOTAL	1	319	Harcharan Singh	20.08.2001	RAJ
		2	314	Aman	08.03.2003	HRN
		3	294	Jasveer Singh	01.01.2001	PUN
109 kg	TOTAL	1	292	Ch. Pushendra Singh	07.11.2002	U.P.
		2	269	Sanjeev Rana	26.01.2006	U.P.
		3	268	Prince	27.09.2003	CHD
+109 kg	TOTAL	1	289	Ashish	10.04.2003	HRN
		2	270	Bansi	17.12.2003	HRN
		3	267	Naresh Choudhary	24.01.2001	RAJ



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## JUNIOR WOMEN'S MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
45 kg	TOTAL	1	151	K.V.L. Pavani Kumari	05.03.2003	A.P
		2	147	Anjali Patel	10.08.2004	U.P.
		3	145	Harshada Garud	08.11.2003	MHR
49 kg	TOTAL	1	168	Sakshi Mhaske	23.03.2001	MHR
		2	161	Gyaneshwari Yadav	08.03.2003	C.G.
		3	155	V. Madhumitha	13.09.2004	PON
55 kg	TOTAL	1	171	Boni Mangkhya	04.06.2004	ARN
		2	168	Ananya Patil	14.01.2001	MHR
		3	168	Usha	09.02.2003	HRN
59 kg	TOTAL	1	179	Sukarna Adak	10.01.2003	W.B.
		2	174	M. Deepa Nayomi	24.06.2002	A.P
		3	173	T.M. Keerthana	21.10.2004	TND
64 kg	TOTAL	1	194	S. Pallavi	13.07.2003	A.P
		2	190	Komal Khan	23-03-2001	IWLF
		3	185	Ditimoni Sonowal	04.12.2003	ASM
71 kg	TOTAL	1	187	Armandeep Kaur	07.10.2002	RAJ
		2	187	Y. Poornasri	19.08.2004	TND
		3	183	Srasthi	12.06.2002	U.P.
76 kg	TOTAL	1	184	Jyoti Yadav	16.01.2004	HRN
		2	172	Pratiksha Kadu	17.10.2003	MHR
		3	171	P. Dhatri	22.06.2003	A.P
81 kg	TOTAL	1	185	Ch. Srilakshmi	19.10.2004	A.P
		2	183	Harmanpreet Kaur	09.10.2001	PUN
		3	169	Hema Ganage	06.06.2003	MHR
87 kg	TOTAL	1	174	Yogita Khedkar	15.06.2002	MHR
		2	160	Shivani Yadav	05.01.2001	ORS
		3	157	Ruchika Dhore	26.07.2001	MHR
+87 kg	TOTAL	1	170	Yashika	03.07.2001	DEL
		2	160	Ichha Patel	08.07.2004	U.P.
		3	157	R. Gayatri	21.11.2003	A.P



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## JUNIOR MEN'S TEAM CLASSIFICATION

No.	Team	55 kg	61 kg	67 kg	73 kg	81 kg	89 kg	96 kg	102 kg	109 kg	+109 kg	TOTAL
1	A.P. : A.P.	28/1	-	-	44/2	32/2	28/1	27/2	37/2	-	-	196/10
2	U.P. : U.P.	-	-	17/1	16/1	15/1	46/2	23/1	-	53/2	0/1	170/9
3	HRN : HRN	0/1	-	0/1	0/1	19/1	22/1	46/2	25/1	-	53/2	165/10
4	MHR : MHR	25/1	0/1	25/2	22/1	20/1	19/2	37/2	-	-	-	148/10
5	TND : TND	0/2	28/1	22/2	9/1	13/1	18/1	22/1	17/1	-	-	129/10
6	DEL : DEL	-	-	18/1	0/1	25/2	0/1	31/2	19/1	22/1	-	115/9
7	M.P. : M.P.	18/1	-	0/1	0/1	39/2	23/1	11/1	0/1	0/1	22/1	113/10
8	ORS : ORS	22/1	22/1	15/1	20/1	7/1	-	21/1	-	0/1	-	107/7
9	C.G. : C.G.	42/2	20/1	-	17/1	23/1	-	-	-	-	-	102/5
10	RAJ : RAJ	0/1	-	-	25/2	22/2	-	0/1	28/1	0/1	23/1	98/9
11	MIZ : MIZ	-	25/1	51/2	-	18/1	-	-	-	-	-	94/4
12	CHD : CHD	0/1	-	-	18/1	9/1	0/1	19/1	18/1	23/1	-	87/7
13	PUN : PUN	-	-	0/1	11/1	14/1	-	33/2	23/1	-	-	81/6
14	BHR : BHR	-	18/1	19/1	13/1	-	-	0/1	20/1	-	-	70/5
15	KRN : KRN	-	21/1	16/1	28/1	-	-	-	-	-	-	65/3
16	ASM : ASM	20/1	-	0/1	-	25/1	20/1	-	-	-	-	65/4
17	TEL : TEL	-	-	-	33/2	21/1	-	-	-	-	-	54/3
18	J.K. : J.K.	-	-	21/1	-	-	17/2	14/1	0/1	-	-	52/5
19	KRL : KRL	-	19/1	-	25/2	-	-	-	-	0/1	-	44/4
20	ARN : ARN	21/1	23/2	0/1	-	-	0/1	-	-	-	-	44/5
21	H.P. : H.P.	-	0/1	-	-	-	-	0/1	22/1	-	0/1	22/4
22	UKD : UKD	-	-	20/1	-	-	0/1	-	-	-	-	20/2
23	W.B. : W.B.	-	-	-	12/1	-	-	-	-	-	-	12/1
24	MNP : MNP	-	-	-	-	12/1	-	0/1	-	-	-	12/2
25	PON : PON	0/1	-	-	0/1	-	-	-	-	-	-	0/2



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## JUNIOR WOMEN'S TEAM CLASSIFICATION

No.	Team	45 kg	49 kg	55 kg	59 kg	64 kg	71 kg	76 kg	81 kg	87 kg	+87 kg	TOTAL
1	MHR : MHR	44/2	28/1	25/1	17/1	-	22/1	25/1	23/1	51/2	-	235/10
2	A.P : A.P	50/2	-	0/1	25/1	28/1	0/1	23/1	49/2	-	23/1	198/10
3	U.P. : U.P.	44/2	22/2	37/2	22/1	-	23/1	-	16/1	-	25/1	189/10
4	ORS : ORS	20/1	16/1	-	21/2	37/2	15/1	21/1	18/1	25/1	-	173/10
5	MNP : MNP	-	40/2	42/2	-	22/1	16/1	22/1	-	-	-	142/7
6	HRN : HRN	-	0/1	44/2	0/1	-	37/2	28/2	20/1	-	-	129/9
7	TND : TND	-	20/1	-	23/1	15/1	25/1	-	-	-	22/1	105/5
8	PUN : PUN	-	-	-	15/1	19/1	19/1	-	25/1	-	-	78/4
9	PON : PON	-	23/1	-	0/1	21/2	14/1	20/1	-	-	-	78/6
10	ASM : ASM	-	17/1	17/1	13/1	23/1	-	-	-	-	-	70/4
11	ARN : ARN	-	-	28/1	18/1	18/1	-	-	-	-	-	64/3
12	KRL : KRL	-	0/1	-	-	-	21/1	-	41/2	-	-	62/4
13	C.G. : C.G.	-	25/1	-	20/1	-	13/1	-	-	-	-	58/3
14	M.P. : M.P.	18/1	18/1	0/1	16/1	-	-	-	-	0/1	-	52/5
15	KRN : KRN	-	-	16/1	14/1	-	-	19/1	-	-	-	49/3
16	RAJ : RAJ	0/1	-	0/2	19/1	-	28/1	-	-	-	-	47/5
17	DEL : DEL	-	-	-	-	-	-	-	15/1	-	28/1	43/2
18	W.B. : W.B.	-	-	15/1	28/1	-	-	-	-	-	-	43/2
19	TEL : TEL	-	-	-	12/1	0/1	18/1	-	-	-	-	30/3
20	IWLF : IWLF	-	-	-	-	25/1	-	-	-	-	-	25/1
21	GUJ : GUJ	-	-	-	-	-	-	-	17/1	-	-	17/1
22	GOA : GOA	-	-	-	-	16/1	-	-	-	-	-	16/1
23	CHD : CHD	-	-	-	-	-	-	-	0/1	-	-	0/1



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## JUNIOR SUMMARY MEDALS

No.	Team	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
1	A.P. : A.P	5	1	3	2	3				1	1						2				
2	HRN : HRN	3	2	1	1	1	2	1	1	1											
3	MHR : MHR	2	5	3	2	1	1	1		1					1						
4	RAJ : RAJ	2	1	1				1			1										1
5	U.P. : U.P.	1	4	2	2	1		2	1	1	2	1									
6	TND : TND	1	1	1	3		1		1	1		1		1					1		
7	MIZ : MIZ	1	1	1					1												
8	M.P. : M.P.	1		1	1				3		1					2					
9	ARN : ARN	1		1		1			2												
10	DEL : DEL	1			1			1	1	1	1	2							1		
11	KRN : KRN	1				1		1			2		1								
12	W.B. : W.B.	1										1			1						
13	C.G. : C.G.		1	2			2	1		1				1							
14	ASM : ASM		1	1			2			2				1							
15	PUN : PUN		1	1			1	2				1	1	1		1					
16	ORS : ORS		1		2	3	3		1	1	1	2								1	
17	IWLF : IWLF		1																		
18	PON : PON			1		1	1						1								
19	CHD : CHD			1				1	2										1		
20	MNP : MNP				3	1	1	1			1				1						
21	KRL : KRL				1	1		2				1					1				
22	H.P. : H.P.				1																
23	TEL : TEL					1		1	1				1		1						
24	J.K. : J.K.					1				1			1								
25	BHR : BHR						1	1	1					1							
26	UKD : UKD						1														
27	GUJ : GUJ									1											
28	GOA : GOA										1										



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## JUNIOR MEN 's MEDALS

No.	Team	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
1	HRN : HRN	2	2		1			1	1												
2	A.P : A.P	2		1	1	2				1	1						2				
3	U.P. : U.P.	1	2	1		1				1	1	1									
4	MIZ : MIZ	1	1	1					1												
5	RAJ : RAJ	1	1	1							1										1
6	M.P. : M.P.	1		1	1				1							2					
7	TND : TND	1			2				1	1				1				1			
8	KRN : KRN	1				1					1										
9	MHR : MHR		3		1		1	1							1						
10	ASM : ASM		1				2														
11	C.G. : C.G.			2			1	1		1											
12	ARN : ARN			1		1															
13	PUN : PUN			1			1						1	1		1					
14	CHD : CHD			1				1	2									1			
15	ORS : ORS				2	1	1					1									1
16	DEL : DEL				1			1	1	1	1	1							1		
17	H.P. : H.P.				1																
18	TEL : TEL					1		1					1								
19	J.K. : J.K.					1				1			1								
20	BHR : BHR						1	1	1					1							
21	UKD : UKD						1														
22	KRL : KRL							1				1					1				
23	W.B. : W.B.														1						
24	MNP : MNP														1						
25	PON : PON																				



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## JUNIOR WOMEN 's MEDALS

No.	Team	1	2	3	4	5	6	7	8	9	10	11	12	13	14
1	A.P : A.P	3	1	2	1	1									
2	MHR : MHR	2	2	3	1	1				1					
3	HRN : HRN	1		1		1	2			1					
4	RAJ : RAJ	1						1							
5	ARN : ARN	1							2						
6	W.B. : W.B.	1										1			
7	DEL : DEL	1										1			
8	U.P. : U.P.		2	1	2			2	1		1				
9	TND : TND		1	1	1		1					1			
10	ORS : ORS		1			2	2		1	1	1	1			
11	C.G. : C.G.		1				1							1	
12	PUN : PUN		1					2				1			
13	IWLF : IWLF		1												
14	PON : PON			1		1	1						1		
15	ASM : ASM			1						2				1	
16	MNP : MNP				3	1	1	1			1				
17	KRL : KRL				1	1		1							
18	KRN : KRN							1			1		1		
19	M.P. : M.P.								2		1				
20	TEL : TEL								1						1
21	GUJ : GUJ									1					
22	GOA : GOA										1				
23	CHD : CHD														





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## RESULT JUNIOR MEN 55 kg

Competition : 21.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	561	[A] S. Guru Naidu	215	A.P	06.09.2006	54.700	95	99	102	102	1	120	120	125	125	3	227	1
2	13	[A] Uday Mahajan	230	MHR	13.10.2003	54.600	95	99	99	95	4	119	124	128	128	1	223	2
3	257	[A] Komal Maheswari	230	C.G.	07.06.2002	53.800	94	97	97	97	3	121	125	128	125	2	222	3
4	22	[A] Kumbheswar Mallik	225	ORS	17.05.2006	54.300	94	98	98	98	2	115	115	122	115	6	213	4
5	32	[A] Dejum Gadi	230	ARN	05.05.2001	54.800	92	92	95	92	6	120	123	123	120	4	212	5
6	79	[B] Surajit Changmai	210	ASM	20.07.2003	54.350	89	89	93	93	5	115	115	120	115	5	208	6
7	535	[B] Raja Bharti	202	C.G.	19.12.2003	53.750	85	89	91	91	7	112	112	114	112	8	203	7
8	64	[B] Shekh Arshan	198	M.P.	28.11.2002	54.400	86	90	90	90	8	113	116	116	113	7	203	8
	198	[B] Patta Mahesh	210	PON	16.08.2003	54.050	88	88	90	88	9	112	112	112	--	--	--	--
	454	[B] Manoj	208	HRN	08.01.2004	54.800	86	89	89	86	10	118	118	125	--	--	--	--
	351	[B] Vakeel Chand	205	CHD	01.04.2001	54.950	84	86	88	86	11	112	112	112	--	--	--	--
	234	[B] S. Prabanjan	200	TND	19.09.2005	54.850	85	85	85	85	12	112	112	112	--	--	--	--
	58	[A] Devesh Sharma	150	RAJ	14.01.2006	46.600	65	65	65	--	--	--	--	--	--	--	--	--
	674	[A] Lokesh K.R.	230	TND	16.12.2002	54.500	96	96	96	--	--	--	--	--	--	--	--	--

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Khushbu Singh Yadav, N-1 [U.P.]  
 Left - Ramesh Ch. Padhy, I-2 [ORS]  
 Right - D. Sailoo, N-2 [TEL]  
 Reserve - Harpal Singh, N-2 [PUN]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



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## RESULT JUNIOR MEN 61 kg

Competition : 21.03.2022 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	114	[A] T. Madhavan	260	TND	03.12.2004	60.500	114	117	119	117	1	134	140	143	140	2	257	1
2	338	[A] Zakhuma	260	MIZ	01.04.2001	60.700	110	114	114	114	2	140	145	145	140	1	254	2
3	386	[A] Shankar Lapung	250	ARN	22.09.2004	60.100	108	111	111	111	3	132	132	138	132	3	243	3
4	60	[A] Rajendra Muduli	250	ORS	02.08.2001	60.350	103	108	108	103	5	128	128	141	128	4	231	4
5	34	[B] Subramanya	230	KRN	12.04.2001	60.950	100	104	104	104	4	124	127	128	124	6	228	5
6	299	[B] Rahul Jangde	230	C.G.	20.06.2002	60.200	100	100	105	100	6	120	125	130	125	5	225	6
7	389	[B] Vikash	210	KRL	14-06-2002	60.060	90	90	95	95	8	120	125	125	120	7	215	7
8	794	[B] Shankar Kumar	215	BHR	15.06.2003	60.800	95	100	100	95	7	120	120	120	120	8	215	8
	69	[B] Yaad Ram	230	H.P.	01.05.2002	60.350	90	94	97	94	9	120	120	--	--		--	
	490	[C] Preetesh Zalte	210	MHR	24.08.2003	60.100	90	90	90	90	10	120	120	--	--		--	
	200	[B] Markio Tapa	217	ARN	01.01.2003	59.350	90	90	90	--		--	--	--	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

Center - Ranjit Bhattacharjee, N-1 [W.B.]  
Left - Santosh Sinhasane, I-1 [MHR]  
Right - Geetha Ananda, N-1 [KRN]  
Reserve - P.A. Jose, N-1 [KRL]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT JUNIOR MEN 67 kg

Competition : 23.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	335	[A] Lalhunthara	280	MIZ	07.12.2002	66.600	113	117	117	117	3	147	147	152	152	1	269	1
2	728	[B] Tejas Jondhale	250	MHR	10.05.2001	66.400	118	122	124	124	1	140	144	146	144	2	268	2
3	373	[A] Jacob Vanlalltuanga	265	MIZ	17.02.2002	66.700	112	116	121	116	4	135	141	145	141	4	257	3
4	211	[A] S. Logeshwaran	260	TND	17.05.2004	66.500	113	113	113	113	5	136	141	146	141	5	254	4
5	26	[A] Nirbhay Pathania	270	J.K.	22.06.2003	66.050	110	110	112	110	9	140	143	145	143	3	253	5
6	195	[B] Zaheer Khan	250	UKD	16-1-2001	66.350	110	110	110	110	8	137	137	141	137	6	247	6
7	543	[C] Kanhaiya Kumar	230	BHR	03.03.2002	66.550	110	114	114	110	7	136	140	141	136	7	246	7
8	284	[B] Anil Chaudhary	259	DEL	15.07.2004	66.500	105	109	109	105	14	135	135	135	135	8	240	8
9	403	[B] Vipul Rathore	250	U.P.	27.12.2002	66.750	107	110	110	107	13	130	--	--	130	11	237	9
10	434	[C] Thippanna Lakkannavar	230	KRN	21.04.2001	66.750	100	103	103	103	15	130	130	130	130	10	233	10
11	223	[C] Damadaor Panigrahi	232	ORS	25.02.2002	67.000	95	98	101	98	16	130	130	133	130	9	228	11
	726	[B] Haseen	245	HRN	20.07.2001	65.400	110	114	117	117	2	136	136	136	--	--	--	--
	168	[B] Ruba Tadu	251	ARN	04.05.2001	66.250	107	111	113	111	6	140	140	140	--	--	--	--
	519	[B] Abhishekh	240	PUN	01.05.2001	65.650	105	109	112	109	10	130	130	130	--	--	--	--
	474	[A] Sachin Panwar	260	M.P.	29.08.2004	66.800	106	109	112	109	11	135	135	140	--	--	--	--
	658	[B] K. Gurukannan	240	TND	04.10.2003	66.800	105	108	110	108	12	137	137	--	--	--	--	--
	457	[C] Mridupam Chetia	230	ASM	03.07.2003	66.300	95	95	98	98	17	130	130	133	--	--	--	--
	773	[A] Abhishek Mahajan	270	MHR	13.01.2002	66.300	113	113	113	--	--	--	--	--	--	--	--	--

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Rajesh Kumar, I-1 [H.P.]  
 Left - K. Suryanarayana, I-2 [A.P.]  
 Right - Biku Sarita, N-1 [ARN]  
 Reserve - K.D.S. Nagra, N-1 [CHD]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT JUNIOR MEN 73 kg

Competition : 23.03.2022 16:30

Weigh in : 14:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	685	[B] Prajwal	260	KRN	24.02.2001	70.350	115	120	123	123	1	147	151	154	154	1	277	1
2	380	[A] Naitik Jangid	271	RAJ	16.11.2001	72.400	118	122	123	123	2	148	148	155	148	5	271	2
3	485	[A] J. Koteswara Rao	270	A.P	26.01.2001	72.500	119	124	124	119	6	148	152	159	152	2	271	3
4	67	[A] Kiran Marathe	275	MHR	07.05.2003	71.950	118	121	121	121	4	148	151	151	148	4	269	4
5	682	[B] V.Narasimha Naidu	260	A.P	08.04.2002	73.000	114	118	121	118	8	145	150	161	150	3	268	5
6	602	[B] Kuldeep Sahu	260	ORS	15.01.2004	72.700	112	116	119	119	5	142	146	151	146	8	265	6
7	116	[B] R.S.L. Sai	255	TEL	25.07.2001	72.950	114	118	121	118	7	146	152	152	146	7	264	7
8	312	[B] Gurkaran Singh	245	CHD	26.06.2003	72.450	121	122	125	122	3	140	145	146	140	10	262	8
9	112	[A] Mithlesh Sonkar	265	C.G.	09.01.2001	72.550	110	110	114	110	12	140	147	153	147	6	257	9
10	9	[B] Pravesh Basoya	259	U.P.	02.05.2003	70.450	113	117	117	113	9	138	141	144	141	9	254	10
11	28	[B] Kant Kumar	250	KRL	16-01-2003	70.600	105	109	112	112	10	135	140	145	140	11	252	11
12	476	[C] A.V. Yashwanth	235	TEL	09.11.2002	72.550	108	113	113	108	13	132	137	139	139	12	247	12
13	423	[C] Saurya Pratap Singh	220	BHR	01.07.2004	71.400	106	106	110	106	15	137	141	141	137	14	243	13
14	201	[C] Souvik Mondal	239	W.B.	16.08.2003	72.800	105	105	110	105	16	134	138	143	138	13	243	14
15	466	[B] Yuvraj Singh	245	PUN	16.04.2002	71.500	105	108	111	108	14	130	135	138	135	16	243	15
16	609	[B] Dhiljith D.S.	242	KRL	19-02-2001	71.850	105	105	110	105	17	136	136	136	136	15	241	16
17	262	[C] S. Akash	235	TND	19.10.2002	72.000	105	105	110	110	11	130	137	137	130	17	240	17
	479	[C] Shivansh Sharma	240	DEL	19.10.2002	72.400	100	104	104	100	18	130	130	130	--		--	



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT JUNIOR MEN 73 kg

Competition : 23.03.2022 16:30

Weigh in : 14:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
	604	[C] Aman	220	HRN	10.08.2002	69.100	100	100	--	100	19	--	--	--	--	--	--	--
	166	[B] Ashutosh Sharma	255	M.P.	25.10.2002	72.850	108	108	108	--	--	--	--	--	--	--	--	--
	117	[C] Pothabattula Dharma Rao	230	PON	15.06.2001	70.150	100	100	100	--	--	--	--	--	--	--	--	--
	44	[C] Vishnu Kumar	240	RAJ	25.12.2003	72.000	105	105	105	--	--	--	--	--	--	--	--	--

### Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

### Referee

- Center - K.D.S. Nagra, N-1 [CHD]  
Left - Rajesh Kumar, I-1 [H.P.]  
Right - K. Suryanarayana, I-2 [A.P.]  
Reserve - Biku Sarita, N-1 [ARN]

### Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

### Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

### Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

### Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT JUNIOR MEN 81 kg

Competition : 25.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	251	[A] Valluri Ajay Babu	290	M.P.	25.11.2004	80.750	125	130	134	134	1	154	154	161	161	1	295	1
2	394	[A] Tridip Baruah	290	ASM	15.04.2003	79.150	128	132	132	132	2	150	155	160	160	2	292	2
3	140	[B] Bhavesh sarang	280	C.G.	27.05.2002	80.600	122	126	128	128	3	150	153	155	155	5	283	3
4	35	[C] G. Ravi Sankar	260	A.P	11.10.2004	80.000	115	122	122	122	8	148	153	158	158	3	280	4
5	616	[B] D. Ganesh	266	TEL	13.06.2004	80.250	123	123	126	123	7	148	153	158	153	6	276	5
6	411	[A] Durgesh Mahajan	285	MHR	17.10.2001	80.800	124	127	127	124	5	150	160	160	150	8	274	6
7	100	[B] Mohit	269	HRN	09.09.2003	80.000	118	122	125	125	4	147	147	156	147	11	272	7
8	468	[C] Lalruatfela	260	MIZ	05.03.2006	80.350	120	125	125	120	11	148	151	156	151	7	271	8
9	630	[B] Akash	277	DEL	11.04.2002	79.450	121	126	127	121	9	148	152	155	148	9	269	9
10	401	[B] Anubhav Singh	270	RAJ	02.08.2002	79.850	116	121	124	121	10	141	148	152	148	10	269	10
11	487	[B] Kuldeep Kumar	273	U.P.	01.01.2002	80.600	110	114	118	114	17	149	155	158	155	4	269	11
12	279	[B] Vishavjeet Singh	267	PUN	30.06.2006	79.600	123	123	125	123	6	143	143	149	143	13	266	12
13	124	[B] V. Tamilselvan	275	TND	04.06.2001	79.500	116	120	120	116	14	143	--	--	143	12	259	13
14	350	[C] T. Robert Singh	260	MNP	31.11.2004	80.950	115	115	120	115	16	140	145	145	140	14	255	14
15	753	[C] Parikshit Soni	260	M.P.	19.09.2001	76.800	110	115	120	115	15	137	140	143	140	15	255	15
16	447	[D] M. Ashok	250	A.P	21.12.2003	79.700	112	117	122	117	12	135	135	--	135	18	252	16
17	619	[C] Gurkirat Singh	255	CHD	02.03.2001	79.950	107	111	116	116	13	136	140	141	136	16	252	17
18	363	[D] Kushank Arora	250	DEL	09.12.2001	77.850	108	112	112	112	18	135	135	140	135	17	247	18



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT JUNIOR MEN 81 kg

Competition : 25.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
19	190	[C] Nandan ku Sahu	257	ORS	01.07.2001	77.400	105	105	110	110	19	135	143	143	135	19	245	19
20	651	[D] Bhagwan Singh	250	RAJ	06.05.2001	76.750	108	108	112	108	20	130	135	--	130	20	238	20

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - D. Sailoo, N-2 [TEL]  
Left - Harpal Singh, N-2 [PUN]  
Right - Khushbu Singh Yadav, N-1 [U.P.]  
Reserve - Ramesh Ch. Padhy, I-2 [ORS]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT JUNIOR MEN 89 kg

Competition : 26.03.2022 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	98	[A] A.S.R.K.Yadav	301	A.P	05.06.2002	88.650	128	132	135	132	2	160	169	169	160	2	292	1
2	781	[B] Prince Malik	284	U.P.	12.02.2002	86.250	135	138	142	138	1	153	153	158	153	6	291	2
3	313	[B] Himanshu Thapa	275	M.P.	30.03.2001	87.900	125	125	130	125	6	155	161	167	155	4	280	3
4	132	[B] Ranjan	291	HRN	31.05.2001	88.150	125	130	132	125	5	155	155	155	155	5	280	4
5	93	[B] Siddhanth Seth	264	U.P.	22.01.2001	88.000	113	117	117	117	8	155	155	161	161	1	278	5
6	696	[B] Suditya Baruah	275	ASM	16.12.2004	86.000	116	116	120	116	9	150	156	159	159	3	275	6
7	129	[B] Sanidhya More	265	MHR	26.03.2005	86.450	118	122	125	125	7	143	146	146	146	8	271	7
8	622	[B] B. Harish	270	TND	18.01.2003	84.300	112	112	112	112	12	140	147	151	151	7	263	8
9	536	[C] Aakash Soodan	242	J.K.	28.03.2002	86.450	106	110	110	106	14	136	140	143	143	9	249	9
	242	[A] Taba Dosum	298	ARN	10.10.2001	87.550	122	127	129	127	3	156	156	156	--		--	
	153	[A] Dhairyashil Salunkhe	305	MHR	27.03.2001	87.100	126	126	126	126	4	159	159	159	--		--	
	30	[C] Akshay Chaudhary	255	UKD	31-12-2001	82.850	110	115	119	115	10	137	137	137	--		--	
	612	[B] Sanover	270	CHD	03.01.2003	87.950	113	116	116	113	11	145	145	145	--		--	
	42	[C] Ankit	240	DEL	30.12.2003	88.000	106	108	108	106	13	136	136	--	--		--	
	171	[B] Bunty Chaudhary	270	J.K.	25.12.2001	88.100	121	121	121	--		--	--	--	--		--	

### Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

### Referee

- Center - K.D.S. Nagra, N-1 [CHD]  
 Left - Rajesh Kumar, I-1 [H.P.]  
 Right - K. Suryanarayana, I-2 [A.P.]  
 Reserve - Biku Sarita, N-1 [ARN]

### Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

### Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

### Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

### Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]





# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT JUNIOR MEN 96 kg

Competition : 28.03.2022 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	243	[A] Aman	293	HRN	30.08.2001	94.350	130	130	134	130	4	161	170	176	176	1	306	1
2	448	[A] Tejas Lokhande	310	MHR	27.10.2001	90.050	128	132	135	135	2	165	170	178	170	2	305	2
3	510	[A] Ankush Kumar	296	U.P.	03.07.2001	93.600	131	136	138	136	1	163	163	163	163	5	299	3
4	445	[A] R. Ramkumar	300	TND	10.12.2001	94.950	130	130	138	130	5	160	165	165	160	6	290	4
5	304	[C] Punit Chandra Sahu	260	ORS	10.06.2003	94.200	112	120	121	121	10	150	160	167	167	3	288	5
6	12	[B] Abhimanyu Pandey	283	PUN	27.01.2002	94.600	118	122	123	123	8	150	156	163	163	4	286	6
7	440	[B] Rahul	270	CHD	02.08.2003	90.750	130	135	138	130	3	150	155	160	155	8	285	7
8	741	[B] Vikash	289	HRN	14.02.2002	91.750	120	125	129	125	6	157	163	164	157	7	282	8
9	473	[C] M.Mani Kanta	255	A.P	13.11.2002	90.300	115	122	122	122	9	145	152	156	152	9	274	9
10	663	[B] Nikhil Gupta	274	DEL	13.08.2001	91.800	116	121	121	116	11	150	150	153	150	11	266	10
11	156	[B] Ayush Bhardwaj	273	DEL	14.09.2004	93.900	120	124	127	124	7	141	144	144	141	16	265	11
12	224	[C] Namandeep Singh	261	J.K.	18.05.2001	91.000	112	112	116	112	16	146	151	155	151	10	263	12
13	751	[B] Anil Singh	273	PUN	01.02.2002	93.500	113	118	118	113	15	145	150	150	150	12	263	13
14	104	[C] Nihal Batti	264	MHR	23.04.2002	93.100	110	114	117	114	13	140	147	152	147	13	261	14
15	584	[B] Swayam	265	M.P.	10.06.2004	92.550	112	112	118	112	17	144	147	155	147	14	259	15
16	787	[B] P.Sai Kiran	265	A.P	18.12.2002	93.200	107	111	115	111	18	140	146	153	146	15	257	16
	308	[C] Kh. Balkrishna Singh	255	MNP	12.02.2001	95.850	115	117	--	115	12	140	140	140	--		--	
	374	[D] Suraj Kumar Singh	243	BHR	03.12.2001	93.050	109	113	113	113	14	137	137	137	--		--	



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT JUNIOR MEN 96 kg

Competition : 28.03.2022 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
	436	[D] Pankaj Saini	250	H.P.	30.05.2001	92.700	115	115	115	--		--	--	--	--	--		
	341	[C] Sachin	260	RAJ	15.12.2003	90.600	115	115	115	--		--	--	--	--	--		

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Geetha Ananda, N-1 [KRN]  
Left - P.A. Jose, N-1 [KRL]  
Right - Ranjit Bhattacharjee, N-1 [W.B.]  
Reserve - Santosh Sinhasane, I-1 [MHR]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT JUNIOR MEN 102 kg

Competition : 28.03.2022 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	103	[A] Harcharan Singh	320	RAJ	20.08.2001	101.650	142	147	151	151	1	162	168	172	168	2	319	1
2	139	[A] Aman	310	HRN	08.03.2003	101.500	133	137	140	137	3	171	177	183	177	1	314	2
3	167	[B] Jasveer Singh	288	PUN	01.01.2001	100.500	126	131	134	134	4	155	160	163	160	3	294	3
4	300	[B] Ashwar Khan	270	H.P.	11.04.2002	96.500	118	122	127	122	7	152	152	157	157	5	279	4
5	748	[C] D.Sagar	255	A.P	22.11.2005	96.090	111	116	121	121	9	140	149	157	157	4	278	5
6	70	[B] Bhola Singh	276	BHR	05.05.2004	99.700	120	126	134	126	5	145	150	150	150	7	276	6
7	37	[B] Yuvraj Singh	279	DEL	02.03.2002	100.500	118	121	122	122	8	149	153	155	153	6	275	7
8	152	[C] Parwinder Singh	245	CHD	19.02.2003	101.950	112	117	122	122	6	142	148	148	142	9	264	8
9	229	[C] M. Rakesh	260	TND	10.06.2003	97.200	112	112	116	116	10	140	146	151	146	8	262	9
10	793	[C] Sk.Moin Ali	250	A.P	24.06.2002	96.850	100	105	109	105	12	135	141	145	141	10	246	10
	576	[A] Akash Kaushal	320	M.P.	27.12.2002	101.700	135	138	140	140	2	170	170	171	--		--	
	623	[C] Ujjwal Sharma	241	J.K.	24.07.2001	97.150	105	112	114	114	11	135	135	135	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Khushbu Singh Yadav, N-1 [U.P.]  
Left - Ramesh Ch. Padhy, I-2 [ORS]  
Right - D. Sailoo, N-2 [TEL]  
Reserve - Harpal Singh, N-2 [PUN]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT JUNIOR MEN 109 kg

Competition : 30.03.2022 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	196	[B] Ch. Pushendra Singh	267	U.P.	07.11.2002	106.950	130	135	140	135	1	150	157	161	157	1	292	1
2	657	[B] Sanjeev Rana	268	U.P.	26.01.2006	103.850	115	120	120	115	4	150	154	158	154	2	269	2
3	681	[B] Prince	270	CHD	27.09.2003	107.000	119	121	121	121	2	147	147	153	147	3	268	3
4	569	[B] Gourav	261	DEL	26.06.2001	130.250	119	123	123	119	3	134	134	135	135	4	254	4
	159	[B] Naman Mishra	232	M.P.	28.08.2002	103.100	107	107	107	107	5	132	133	133	--		--	
	771	[B] Varun Godara	260	RAJ	24.01.2001	102.050	105	105	109	105	6	135	135	135	--		--	
	84	[B] Jagannath Gouda	238	ORS	07.09.2003	107.050	100	100	100	--		--	--	--	--		--	
	746	[B] Aromal Gigu K	245	KRL	09-05-2001	102.250	--	--	--	--		--	--	--	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Geetha Ananda, N-1 [KRN]  
Left - P.A. Jose, N-1 [KRL]  
Right - Ranjit Bhattacharjee, N-1 [W.B.]  
Reserve - Santosh Sinhasane, I-1 [MHR]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT JUNIOR MEN +109 kg

Competition : 30.03.2022 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	693	[B] Ashish	300	HRN	10.04.2003	135.750	127	135	135	127	1	162	176	176	162	1	289	1
2	66	[B] Banshi	290	HRN	17.12.2003	111.300	122	126	126	122	2	148	160	162	148	3	270	2
3	580	[B] Naresh Choudhary	247	RAJ	24.01.2001	117.500	108	108	112	112	4	140	150	155	155	2	267	3
4	441	[B] Parag Jain	233	M.P.	21.03.2002	126.250	100	105	105	100	6	133	137	137	133	4	233	4
	608	[B] Shubham Kakran	278	U.P.	14.01.2001	151.650	114	114	118	118	3	144	144	144	--		--	
	263	[B] Robin Singh	250	H.P.	08.03.2001	109.500	100	104	105	105	5	--	--	--	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Rajesh Kumar, I-1 [H.P.]  
Left - K. Suryanarayana, I-2 [A.P.]  
Right - Biku Sarita, N-1 [ARN]  
Reserve - K.D.S. Nagra, N-1 [CHD]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT JUNIOR WOMEN 45 kg

Competition : 20.03.2022 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	667	[A] K.V.L. Pavani Kumari	145	A.P	05.03.2003	44.700	62	66	69	66	2	80	82	85	85	1	151	1
2	720	[A] Anjali Patel	144	U.P.	10.08.2004	44.600	65	67	71	67	1	78	80	82	80	2	147	2
3	296	[A] Harshada Garud	156	MHR	08.11.2003	45.000	63	66	66	66	3	79	82	82	79	3	145	3
4	325	[A] B. Rajeswari	140	A.P	10.07.2002	44.600	61	65	67	65	4	79	82	82	79	4	144	4
5	488	[A] Soumya Dalvi	154	MHR	18.08.2005	44.300	62	64	66	64	5	77	81	82	77	5	141	5
6	369	[A] Rinki Nayak	129	ORS	09.01.2002	44.900	57	57	60	60	6	72	75	75	72	6	132	6
7	142	[B] Kashish Yadav	115	U.P.	24.09.2004	44.850	48	52	52	52	7	65	70	70	65	7	117	7
8	672	[B] Rani Nayak	119	M.P.	10.08.2002	43.450	50	55	55	50	8	64	64	68	64	8	114	8
	397	[B] Humanshi Gurjar	111	RAJ	26.09.2003	45.000	47	50	50	47	9	64	64	64	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Geetha Ananda, N-1 [KRN]  
Left - P.A. Jose, N-1 [KRL]  
Right - Ranjit Bhattacharjee, N-1 [W.B.]  
Reserve - Santosh Sinhasane, I-1 [MHR]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT JUNIOR WOMEN 49 kg

Competition : 20.03.2022 15:30

Weigh in : 13:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	390	[A] Sakshi Mhaske	175	MHR	23.03.2001	49.000	73	73	76	76	1	88	91	92	92	1	168	1
2	675	[A] Gyaneshwari Yadav	160	C.G.	08.03.2003	48.850	71	74	76	74	2	84	84	87	87	3	161	2
3	470	[A] V. Madhumitha	150	PON	13.09.2004	48.150	63	63	65	65	8	86	90	93	90	2	155	3
4	499	[B] Nilam Patel	143	U.P.	17.12.2004	49.000	62	65	67	67	3	82	85	88	85	6	152	4
5	704	[B] K. Nomita Devi	150	MNP	01.03.2002	48.600	63	63	66	66	4	85	89	89	85	4	151	5
6	118	[B] V. Rithika	120	TND	25.07.2004	48.700	65	65	68	65	5	80	85	88	85	5	150	6
7	554	[A] Th. Sanju Devi	158	MNP	17.04.2003	48.500	65	68	68	65	7	85	88	88	85	8	150	7
8	500	[A] Vidushi Sharma	160	M.P.	04.08.2002	48.800	64	64	64	64	9	85	89	89	85	7	149	8
9	358	[B] Gitashree Sonowal	135	ASM	12.11.2002	48.200	55	59	62	62	10	75	80	83	80	10	142	9
10	665	[B] Sandhya Rani Nayak	140	ORS	27.10.2002	48.450	58	58	62	58	11	78	81	81	81	9	139	10
	469	[A] Radha Soni	150	U.P.	27.04.2003	47.500	65	70	71	65	6	92	92	92	--		--	
	676	[B] Maniquam Shetty N.	127	KRL	02-04-2002	48.950	51	51	51	51	12	69	69	69	--		--	
	559	[A] Preety	151	HRN	15.08.2002	48.200	65	65	65	--		--	--	--	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Rajesh Kumar, I-1 [H.P.]  
Left - K. Suryanarayana, I-2 [A.P.]  
Right - Biku Sarita, N-1 [ARN]  
Reserve - K.D.S. Nagra, N-1 [CHD]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT JUNIOR WOMEN 55 kg

Competition : 20.03.2022 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	405	[A] Boni Mangkhya	167	ARN	04.06.2004	54.500	70	73	73	73	4	92	96	98	98	1	171	1
2	165	[B] Ananya Patil	155	MHR	14.01.2001	53.650	71	74	77	77	1	85	89	91	91	3	168	2
3	191	[A] Usha	170	HRN	09.02.2003	54.400	70	74	76	74	2	90	94	96	94	2	168	3
4	269	[B] L. Nilam Devi	146	MNP	10.06.2004	53.350	68	71	73	73	3	85	90	92	85	5	158	4
5	769	[B] Priya	150	HRN	28.11.2003	54.600	65	66	69	69	5	88	92	93	88	4	157	5
6	337	[B] Chingjuan Neina	136	MNP	15.09.2003	52.950	58	61	61	61	7	78	78	82	82	7	143	6
7	163	[B] Kumari Shalini	150	U.P.	01.01.2004	54.000	60	64	64	60	9	80	83	87	83	6	143	7
8	453	[B] Kumkum Yadav	140	U.P.	03.06.2004	54.500	55	60	64	64	6	75	78	78	78	11	142	8
9	14	[B] Bibari Boro	135	ASM	25.12.2002	53.750	60	60	60	60	10	78	82	82	82	8	142	9
10	392	[C] Sindhu J Hegade	130	KRN	10.01.2001	51.400	55	58	60	60	8	75	79	79	79	10	139	10
11	567	[C] Asha Sheuli	134	W.B.	25.02.2005	50.350	57	57	57	57	11	80	80	83	80	9	137	11
	418	[C] Poonam	130	RAJ	01.07.2005	51.450	55	57	57	55	12	75	75	75	--		--	
	544	[C] Mamta Tank	126	RAJ	18.11.2003	54.550	55	55	58	55	13	75	75	--	--		--	
	640	[C] Bharti Badele	130	M.P.	13.07.2001	54.100	55	55	58	55	14	75	75	75	--		--	
	376	[B] K. Siva Kumari	150	A.P	15.07.2002	50.700	62	62	62	--		---	--	--	--		--	

### Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

### Referee

- Center - Santosh Sinhasane, I-1 [MHR]  
Left - Geetha Ananda, N-1 [KRN]  
Right - P.A. Jose, N-1 [KRL]  
Reserve - Ranjit Bhattacharjee, N-1 [W.B.]

### Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

### Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

### Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

### Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]





# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT JUNIOR WOMEN 59 kg

Competition : 24.03.2022 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	712	[A] Sukarna Adak	195	W.B.	10.01.2003	58.800	78	81	81	81	1	98	104	104	98	1	179	1
2	27	[B] M. Deepa Nayomi	160	A.P	24.06.2002	57.700	73	77	80	77	2	97	97	97	97	2	174	2
3	49	[B] T.M. Keerthana	160	TND	21.10.2004	55.600	72	77	77	77	3	90	96	96	96	4	173	3
4	277	[B] Sonam Singh	161	U.P.	18.12.2004	57.750	72	76	78	76	4	90	93	96	96	3	172	4
5	160	[A] Reema Bhoi	165	ORS	29.08.2002	57.600	67	74	74	74	6	85	92	101	92	6	166	5
6	662	[B] Sonali Yadu	160	C.G.	19.09.2002	58.500	70	72	75	75	5	90	90	96	90	8	165	6
7	193	[A] Ankita	175	RAJ	10.04.2006	58.950	72	75	75	72	8	91	93	93	91	7	163	7
8	289	[A] Liza Kamsha	165	ARN	02.10.2003	58.750	70	70	70	70	10	92	97	97	92	5	162	8
9	565	[A] Pooja Paradeshi	164	MHR	16.04.2001	58.250	66	70	73	70	9	86	90	93	90	9	160	9
10	314	[B] Priyanka Mourya	143	M.P.	08.06.2002	58.350	61	65	68	65	12	82	87	90	87	10	152	10
11	105	[A] Bhavna Sharma	164	PUN	20.11.2001	58.250	63	66	66	66	11	83	83	85	85	11	151	11
12	290	[B] Samoditha H.G	139	KRN	01.06.2001	58.500	58	61	64	64	13	76	80	83	83	13	147	12
13	785	[B] Deepsikha Boro	140	ASM	13.10.2002	58.200	58	62	64	64	14	78	81	83	83	14	147	13
14	199	[B] B. Gangothi	133	TEL	18.06.2004	57.850	58	61	64	61	15	76	83	87	83	12	144	14
	714	[A] Aparajita Bhuyan	162	ORS	27.10.2002	57.700	65	67	73	73	7	85	85	85	--		--	
	592	[A] Bhawna	175	HRN	20.07.2005	58.700	80	80	80	--		--	--	--	--		--	
	572	[A] L. Kowshika	180	PON	18.03.2004	58.300	72	72	72	--		--	--	--	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Biku Sarita, N-1 [ARN]  
Left - K.D.S. Nagra, N-1 [CHD]  
Right - Rajesh Kumar, I-1 [H.P.]  
Reserve - K. Suryanarayana, I-2 [A.P.]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT JUNIOR WOMEN 64 kg

Competition : 26.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	655	[A] S. Pallavi	190	A.P	13.07.2003	62.550	83	83	86	86	1	104	108	110	108	1	194	1
2	368	[A] Komal Khan	180	IWLF	23-03-2001	64.000	81	81	84	84	2	103	106	108	106	2	190	2
3	629	[A] Ditimoni Sonowal	180	ASM	04.12.2003	63.250	80	82	82	82	3	98	103	106	103	3	185	3
4	402	[B] Kh. Anjali Devi	165	MNP	06.03.2003	61.350	65	71	76	71	5	85	91	96	96	4	167	4
5	175	[A] C. Harshika	170	PON	31.10.2007	59.950	70	75	75	70	6	85	90	95	95	5	165	5
6	36	[A] Sangeeta Padhy	168	ORS	21.03.2003	63.750	68	68	74	74	4	85	90	90	90	6	164	6
7	664	[A] Aarzoo	171	PUN	10.05.2003	61.850	65	69	69	69	7	86	92	92	86	8	155	7
8	253	[B] Posen Kongkang	160	ARN	14.01.2003	60.050	65	65	68	68	9	83	87	87	83	10	151	8
9	408	[B] Debaki Khilla	145	ORS	27.03.2002	63.100	63	67	67	63	11	80	86	92	86	7	149	9
10	180	[B] Archita Sidhant Shirodkar	139	GOA	10.02.2005	61.600	60	64	66	64	10	79	82	84	84	9	148	10
11	329	[B] M. Monila	145	TND	14.11.2006	62.200	60	65	65	60	13	81	81	84	81	11	141	11
	285	[B] M. Anusha	150	TEL	22.08.2003	62.950	68	71	71	68	8	84	84	84	--		--	
	767	[B] S. Mariammal	140	PON	19.06.2001	61.200	60	62	62	62	12	79	79	79	--		--	

### Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

### Referee

- Center - Santosh Sinhasane, I-1 [MHR]  
 Left - Geetha Ananda, N-1 [KRN]  
 Right - P.A. Jose, N-1 [KRL]  
 Reserve - Ranjit Bhattacharjee, N-1 [W.B.]

### Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

### Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

### Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

### Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT JUNIOR WOMEN 71 kg

Competition : 27.03.2022 13:30

Weigh in : 11:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	71	[A] Armandeep Kaur	183	RAJ	07.10.2002	66.600	77	80	82	82	1	100	105	108	105	1	187	1
2	683	[A] Y. Poornasri	180	TND	19.08.2004	68.500	80	80	82	82	2	101	105	107	105	2	187	2
3	432	[A] Srasthi	199	U.P.	12.06.2002	67.950	81	82	82	82	3	101	106	106	101	3	183	3
4	425	[A] Trupti Mane	195	MHR	29.09.2001	68.100	80	80	80	80	4	100	104	105	100	4	180	4
5	502	[A] Anjana Sreejith	185	KRL	25-02-2003	70.550	73	78	81	78	6	97	102	106	97	6	175	5
6	705	[A] Tamana	173	HRN	10.05.2002	70.800	74	77	79	79	5	94	95	100	95	8	174	6
7	624	[A] Navdeep Kaur	170	PUN	15.11.2003	69.300	73	76	79	76	8	94	98	102	98	5	174	7
8	730	[A] V. Sahithi	185	TEL	15.10.2002	70.500	76	76	79	76	9	93	97	100	97	7	173	8
9	795	[A] Sanjana	172	HRN	18.01.2007	69.750	72	76	79	76	7	90	97	99	90	11	166	9
10	311	[B] H. Rodi Chanu	162	MNP	04.03.2004	65.600	62	70	70	70	10	85	90	93	93	9	163	10
11	237	[B] Monali Sahoo	155	ORS	14.03.2003	69.750	63	67	69	69	11	82	86	90	90	10	159	11
12	636	[B] S. Rithika	150	PON	15.09.2005	65.300	65	65	65	65	12	83	85	88	85	12	150	12
13	275	[B] Akta Banjare	139	C.G.	24.08.2004	65.050	59	63	63	63	13	79	79	81	79	13	142	13
	48	[B] B. Nani	160	A.P	25.03.2002	66.300	68	68	68	--		--	--	--	--		--	

### Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

### Referee

- Center - P.A. Jose, N-1 [KRL]  
Left - Ranjit Bhattacharjee, N-1 [W.B.]  
Right - Santosh Sinhasane, I-1 [MHR]  
Reserve - Geetha Ananda, N-1 [KRN]

### Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

### Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

### Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

### Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT JUNIOR WOMEN 76 kg

Competition : 27.03.2022 12:00

Weigh in : 10:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	161	[A] Jyoti Yadav	188	HRN	16.01.2004	75.100	80	80	83	80	2	100	104	106	104	1	184	1
2	599	[A] Pratiksha Kadu	175	MHR	17.10.2003	72.400	70	74	77	77	3	91	95	98	95	3	172	2
3	610	[B] P. Dhatri	170	A.P	22.06.2003	73.450	75	80	81	81	1	90	96	97	90	4	171	3
4	391	[B] W. Sapana Devi	165	MNP	15.01.2003	75.400	68	73	73	73	4	90	95	98	98	2	171	4
5	57	[B] M. Keerthi	155	ORS	03.12.2001	74.500	65	70	70	70	5	90	90	97	90	5	160	5
6	320	[B] Vydhadi Devi	130	PON	09.04.2004	73.800	63	67	69	69	6	79	79	79	79	7	148	6
7	564	[B] Yashwini V Bandari	139	KRN	16.02.2001	71.700	59	63	63	59	8	79	82	84	82	6	141	7
	141	[B] Rajni	154	HRN	07.11.2005	75.950	59	63	67	67	7	79	79	80	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Biku Sarita, N-1 [ARN]  
Left - K.D.S. Nagra, N-1 [CHD]  
Right - Rajesh Kumar, I-1 [H.P.]  
Reserve - K. Suryanarayana, I-2 [A.P.]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT JUNIOR WOMEN 81 kg

Competition : 25.03.2022 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	154	[A] Ch. Srilakshmi	175	A.P	19.10.2004	78.000	75	79	81	81	1	95	101	104	104	2	185	1
2	419	[A] Harmanpreet Kaur	194	PUN	09.10.2001	76.800	79	79	79	79	2	95	100	104	104	1	183	2
3	271	[A] Hema Ganage	175	MHR	06.06.2003	76.750	73	76	78	78	3	87	91	95	91	5	169	3
4	775	[B] Amritha P. Suni	170	KRL	16-01-2007	79.300	70	73	75	73	6	88	93	93	93	4	166	4
5	136	[A] Y. Chaitna Kumari	175	A.P	12.08.2006	80.700	70	74	74	74	5	86	86	90	90	6	164	5
6	673	[B] Muskan	163	HRN	02.03.2005	77.500	70	74	74	74	4	89	92	93	89	7	163	6
7	710	[B] Pratibha Kumari M.P.	160	KRL	17-05-2001	78.550	62	62	67	67	8	83	88	93	93	3	160	7
8	360	[B] Swetalina Nayak	164	ORS	02.01.2002	79.750	68	68	74	68	7	85	85	90	85	10	153	8
9	679	[B] Gajjar Aayushi Umeshbhai	150	GUJ	18.08.2003	77.600	66	66	70	66	9	86	90	90	86	8	152	9
10	236	[B] Kalpana Yadav	143	U.P.	10.07.2002	76.050	61	62	66	62	11	81	86	90	86	9	148	10
11	593	[B] Priyanka	140	DEL	17.07.2003	80.550	61	64	67	64	10	80	82	84	82	11	146	11
	273	[B] Rashmi	167	CHD	18.07.2002	80.600	70	70	70	--		--	--	--	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Geetha Ananda, N-1 [KRN]  
Left - P.A. Jose, N-1 [KRL]  
Right - Ranjit Bhattacharjee, N-1 [W.B.]  
Reserve - Santosh Sinhasane, I-1 [MHR]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT JUNIOR WOMEN 87 kg

Competition : 30.03.2022 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	739	[A] Yogita Khedkar	165	MHR	15.06.2002	81.300	77	80	80	77	1	94	94	97	97	1	174	1
2	721	[A] Shivani Yadav	160	ORS	05.01.2001	82.200	70	75	78	75	2	85	97	101	85	3	160	2
3	326	[A] Ruchika Dhore	160	MHR	26.07.2001	83.000	63	66	69	69	3	80	84	88	88	2	157	3
	222	[A] Sonam Yadav	133	M.P.	11.11.2003	83.200	55	60	63	60	4	78	78	78	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - D. Sailoo, N-2 [TEL]  
Left - Harpal Singh, N-2 [PUN]  
Right - Khushbu Singh Yadav, N-1 [U.P.]  
Reserve - Ramesh Ch. Padhy, I-2 [ORS]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT JUNIOR WOMEN +87 kg

Competition : 31.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	24	[A] Yashika	160	DEL	03.07.2001	94.450	68	71	74	74	1	87	91	96	96	1	170	1
2	759	[A] Ichha Patel	162	U.P.	08.07.2004	92.600	65	70	73	70	2	85	90	96	90	3	160	2
3	614	[A] R. Gayatri	150	A.P	21.11.2003	93.850	60	65	68	65	4	86	92	96	92	2	157	3
4	383	[A] A. Mohanapriya	145	TND	21.01.2003	104.470	63	67	70	70	3	80	86	86	86	4	156	4

### Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

### Referee

- Center - Santosh Sinhasane, I-1 [MHR]  
Left - Geetha Ananda, N-1 [KRN]  
Right - P.A. Jose, N-1 [KRL]  
Reserve - Ranjit Bhattacharjee, N-1 [W.B.]

### Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

### Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

### Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

### Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## GROUP OF JURIES AND REFEREES

### JURY Member Group 1 :

- A) K. SUBRAMANYA, I-1 [KRN] \*President of Jury
- B) G.P. SHARMA, I-1 [U.P.]
- C) SHYAMALA SHETTY, I-1 [KRN]

### JURY Member Group 2 :

- A) HANSA SHARMA, I-1 [UKD] \*President of Jury
- B) B. VENKATRAMAIAH, I-1 [A.P.]
- C) HARBANS SINGH, I-1 [PUN]

### REFEREE Member Group 1 :

- K. SURYANARAYANA, I-2 [A.P.]
- BIKU SARITA, N-1 [ARN]
- K.D.S. NAGRA, N-1 [CHD]
- RAJESH KUMAR, I-1 [H.P.]

### REFEREE Member Group 2 :

- GEETHA ANANDA, N-1 [KRN]
- P.A. JOSE, N-1 [KRL]
- RANJIT BHATTACHARJEE, N-1 [W.B.]
- SANTOSH SINHASANE, I-1 [MHR]

### REFEREE Member Group 3 :

- RAMESH CH. PADHY, I-2 [ORS]
- D. SAILOO, N-2 [TEL]
- HARPAL SINGH, N-2 [PUN]
- KHUSHBU SINGH YADAV, N-1 [U.P.]





# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## GROUP OF OTHER COMPETITION OFFICIALS

### CHIEF MARSHAL Member Group 1 :

KOMALPREET KAUR, N-2 [PUN]  
VIJAY HOODA, N-2 [AIPSCB]  
TRUPTI PARASHER, N-2 [MHR]

### CHIEF MARSHAL Member Group 2 :

MONA SINHA, N-2 [U.P.]  
R. KAVITHA, N-1 [TND]  
PRADEEP KUMAR YADAV, N-1 [U.P.]

### TIMEKEEPER Member Group 1 :

P. JAGDISH PATRO, N-2 [ORS]

### TIMEKEEPER Member Group 2 :

SANGEETA CHHABRA, N-1 [UKD]

### TECHNICAL CONTROLLER Member Group 1 :

YOGENDRA SHARMA, N-1 [U.P.]  
J.N. NANDA, N-1 [ORS]

### TECHNICAL CONTROLLER Member Group 2 :

YUDHVIR SINGH, I-2 [J.K.]  
RAVI SHARMA, N-1 [RAJ]

### SECRETARY Member Group 1 :

R.V.L.N. RATNAKARA RAO, I-1 [A.P.]

### SECRETARY Member Group 2 :

S. SHANMUGAVEL, I-1 [TND]

### Member Group 1 :

N.P.S. CHAUHAN, I-1, SPEAKER [UKD]  
SEETA KUMARI JENA, N-2, EQUIPMENT INCHARGE [ORS]  
P. SAILAM, N-2, FOP INCHARGE [AIPSCB]  
NARAYAN SAHU, I-1, COORDINATOR [ORS]  
AJAY KUMAR DAS, N-1, TSR OPERATOR [SSCB]  
SUNEET CHOPRA, N-1, IWLF, TSR OPERATOR [IWLF]  
PURAN CHANDRA, N-2, TSR OPERATOR [IWLF]  
SHIVAM MISHRA, N-2, TSR OPERATOR [IWLF]

### Member Group 2 :

KRISHNARAJ K, I-1, SPEAKER (UPTO 27.3.2022 AFTERNOON) [KRN]  
S.H. ANANDE GOWDA, I-1, COMPETITION DIRECTOR [KRN]  
UMESHWARI SHARMA, N-1, SPEAKER [PUN]  
PAL SINGH SANDHU, DRONACHARYA AWARDEE, COMPETITION DIRECTOR UPTO 26.3.2022 [U.P.]  
SAHDEV YADAV, PRESIDENT, INDIAN WEIGHTLIFTING FEDERATION -- TECHNICAL DELEGATE [U.P.]

### Member Group 3 :

HARBANS SINGH, I-1, RESERVE SPEAKER [PUN]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## MEN 's ROBI TOTAL POINT

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
1	T. Madhavan	03.12.2004	TND	60.500	257	646.945
2	Zakhuma	01.04.2001	MIZ	60.700	254	622.197
3	S. Guru Naidu	06.09.2006	A.P	54.700	227	605.556
4	Uday Mahajan	13.10.2003	MHR	54.600	223	570.829
5	Komal Maheswari	07.06.2002	C.G.	53.800	222	562.369
6	Shankar Lapung	22.09.2004	ARN	60.100	243	537.101
7	Lalhunthara	07.12.2002	MIZ	66.600	269	517.500
8	Tejas Jondhale	10.05.2001	MHR	66.400	268	511.137
9	Harcharan Singh	20.08.2001	RAJ	101.650	319	504.316
10	Kumbheswar Mallik	17.05.2006	ORS	54.300	213	490.135
11	Dejum Gadi	05.05.2001	ARN	54.800	212	482.532
12	Aman	08.03.2003	HRN	101.500	314	478.532
13	Prajwal	24.02.2001	KRN	70.350	277	464.151
14	Valluri Ajay Babu	25.11.2004	M.P.	80.750	295	454.649
15	Rajendra Muduli	02.08.2001	ORS	60.350	231	453.933
16	Surajit Changmai	20.07.2003	ASM	54.350	208	452.945
17	A.S.R.K.Yadav	05.06.2002	A.P	88.650	292	451.387
18	Prince Malik	12.02.2002	U.P.	86.250	291	446.272
19	Jacob Vanlalitluanga	17.02.2002	MIZ	66.700	257	444.706
20	Tridip Baruah	15.04.2003	ASM	79.150	292	439.471
21	Subramanya	12.04.2001	KRN	60.950	228	434.643
22	J. Koteswara Rao	26.01.2001	A.P	72.500	271	431.584
23	Naitik Jangid	16.11.2001	RAJ	72.400	271	431.584
24	S. Logeshwaran	17.05.2004	TND	66.500	254	427.694
25	Nirbhay Pathania	22.06.2003	J.K.	66.050	253	422.125
26	Aman	30.08.2001	HRN	94.350	306	421.107
27	Kiran Marathe	07.05.2003	MHR	71.950	269	421.094
28	Shekh Arshan	28.11.2002	M.P.	54.400	203	417.774
29	Raja Bharti	19.12.2003	C.G.	53.750	203	417.774
30	Tejas Lokhande	27.10.2001	MHR	90.050	305	416.553
31	Rahul Jangde	20.06.2002	C.G.	60.200	225	415.934
32	V.Narasimha Naidu	08.04.2002	A.P	73.000	268	415.916
33	Kuldeep Sahu	15.01.2004	ORS	72.700	265	400.650
34	Bhavesh sarang	27.05.2002	C.G.	80.600	283	396.063
35	R.S.L. Sai	25.07.2001	TEL	72.950	264	395.650
36	Ranjan	31.05.2001	HRN	88.150	280	392.652
37	Himanshu Thapa	30.03.2001	M.P.	87.900	280	392.652
38	Ankush Kumar	03.07.2001	U.P.	93.600	299	389.948
39	Zaheer Khan	16-1-2001	UKD	66.350	247	389.776
40	Gurkaran Singh	26.06.2003	CHD	72.450	262	385.780



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## WOMEN 's ROBI TOTAL POINT

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
1	K.V.L. Pavani Kumari	05.03.2003	A.P	44.700	151	568.315
2	Anjali Patel	10.08.2004	U.P.	44.600	147	519.824
3	Sakshi Mhaske	23.03.2001	MHR	49.000	168	507.945
4	Harshada Garud	08.11.2003	MHR	45.000	145	496.699
5	S. Pallavi	13.07.2003	A.P	62.550	194	493.199
6	Boni Mangkhya	04.06.2004	ARN	54.500	171	489.702
7	B. Rajeswari	10.07.2002	A.P	44.600	144	485.411
8	Usha	09.02.2003	HRN	54.400	168	461.739
9	Ananya Patil	14.01.2001	MHR	53.650	168	461.739
10	Komal Khan	23-03-2001	IWLF	64.000	190	460.219
11	Soumya Dalvi	18.08.2005	MHR	44.300	141	452.622
12	Sukarna Adak	10.01.2003	W.B.	58.800	179	447.637
13	Gyaneshwari Yadav	08.03.2003	C.G.	48.850	161	440.977
14	Ditimoni Sonowal	04.12.2003	ASM	63.250	185	421.202
15	M. Deepa Nayomi	24.06.2002	A.P	57.700	174	407.430
16	T.M. Keerthana	21.10.2004	TND	55.600	173	399.704
17	Sonam Singh	18.12.2004	U.P.	57.750	172	392.080
18	V. Madhumitha	13.09.2004	PON	48.150	155	388.708
19	L. Nilam Devi	10.06.2004	MNP	53.350	158	376.583
20	Y. Poornasri	19.08.2004	TND	68.500	187	371.206
21	Armandeep Kaur	07.10.2002	RAJ	66.600	187	371.206
22	Priya	28.11.2003	HRN	54.600	157	368.723
23	Nilam Patel	17.12.2004	U.P.	49.000	152	364.273
24	Rinki Nayak	09.01.2002	ORS	44.900	132	363.562
25	K. Nomita Devi	01.03.2002	MNP	48.600	151	356.373
26	Th. Sanju Devi	17.04.2003	MNP	48.500	150	348.593
27	V. Rithika	25.07.2004	TND	48.700	150	348.593
28	Reema Bhoi	29.08.2002	ORS	57.600	166	348.457
29	Srasthi	12.06.2002	U.P.	67.950	183	345.478
30	Sonali Yadu	19.09.2002	C.G.	58.500	165	341.533
31	Vidushi Sharma	04.08.2002	M.P.	48.800	149	340.932
32	Ankita	10.04.2006	RAJ	58.950	163	327.973
33	Trupti Mane	29.09.2001	MHR	68.100	180	327.019
34	Ch. Srilakshmi	19.10.2004	A.P	78.000	185	322.860
35	Liza Kamsha	02.10.2003	ARN	58.750	162	321.336
36	Jyoti Yadav	16.01.2004	HRN	75.100	184	321.184
37	Harmanpreet Kaur	09.10.2001	PUN	76.800	183	311.410
38	Pooja Paradeshi	16.04.2001	MHR	58.250	160	308.346
39	Kh. Anjali Devi	06.03.2003	MNP	61.350	167	299.788
40	Anjana Sreejith	25-02-2003	KRL	70.550	175	297.804