



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING  
CHAMPIONSHIPS-2021-22  
KIIT, BHUBANESWAR - ODISHA



19/03/2022 to 31/03/2022

# RESULT BOOK

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## YOUTH



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT YOUTH MEN 49 kg

Competition : 20.03.2022 15:30

Weigh in : 13:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	192	[A] L. Dhanush	180	TND	19.11.2006	48.200	76	80	84	84	3	96	100	103	100	1	184	1
2	137	[A] Vaibhav Swami	185	U.P.	01.08.2007	48.600	78	84	87	84	1	95	99	102	99	2	183	2
3	465	[A] Vijay Prajapati	190	M.P.	13.12.2005	48.450	79	84	88	84	2	97	101	101	97	3	181	3
4	18	[A] D. Veeresh	170	A.P	12.06.2005	48.500	77	77	77	77	4	95	105	105	95	4	172	4
5	359	[A] Vicky Nath	180	M.P.	21.09.2004	48.750	75	75	79	75	5	93	96	96	93	8	168	5
6	654	[A] Tushar Mahajan	160	MHR	10.12.2004	48.550	71	74	77	74	6	90	94	96	94	5	168	6
7	416	[A] Sosar Tama	160	ARN	16.01.2006	48.550	71	71	71	71	8	91	94	98	94	6	165	7
8	750	[A] Yukam Dada	165	ARN	04.11.2005	48.750	68	71	73	71	7	90	94	94	94	7	165	8
9	509	[A] Vikas Lahre	160	C.G.	18.07.2005	48.600	65	70	72	70	9	88	93	93	88	10	158	9
10	212	[A] Tufail	149	IWLF	15.01.2007	48.400	65	65	65	65	11	85	90	92	90	9	155	10
11	637	[A] Isak Malsawmtluanga	155	MIZ	16.07.2008	48.550	67	72	72	67	10	87	87	87	87	11	154	11

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Rajesh Kumar, I-1 [H.P.]  
Left - K. Suryanarayana, I-2 [A.P.]  
Right - Biku Sarita, N-1 [ARN]  
Reserve - K.D.S. Nagra, N-1 [CHD]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT YOUTH MEN 55 kg

Competition : 20.03.2022 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	561	[A] S. Guru Naidu	215	A.P	06.09.2006	54.700	95	99	102	102	1	120	120	125	125	1	227	1
2	246	[B] S. Muthumaniyan	200	TND	03.06.2004	54.900	92	95	95	92	3	115	115	118	118	2	210	2
3	267	[B] Ujwal Mahajan	200	MHR	02.01.2004	54.550	83	87	87	87	8	110	114	114	114	3	201	3
4	378	[B] Bacho Chiroju	190	ARN	01.07.2004	53.750	86	88	90	88	6	105	110	111	105	6	193	4
5	319	[C] Sumit Rajput	162	M.P.	22.08.2006	54.250	80	84	85	85	11	103	107	110	107	4	192	5
6	455	[B] S. Subash	190	TND	06.03.2005	54.750	80	85	87	87	7	100	103	106	103	8	190	6
7	19	[B] Sushil	200	GOA	05.08.2005	54.100	84	84	88	84	12	100	104	110	104	7	188	7
8	377	[C] Manohar Kumar	185	UKD	25-10-2005	54.000	83	88	88	88	4	96	96	99	99	14	187	8
9	462	[C] Dikash Yumnam	181	MNP	28.08.2006	54.150	80	85	90	85	10	96	99	103	99	13	184	9
10	250	[C] Manoj Madhi	188	ORS	13.07.2008	54.400	78	82	85	82	13	101	108	108	101	10	183	10
11	68	[C] Babulal Hembrom	170	JKD	10.07.2007	53.850	70	76	76	76	19	97	102	106	106	5	182	11
12	144	[C] Mukesh Wika	179	ORS	17.05.2006	54.400	75	80	83	80	14	101	109	109	101	9	181	12
13	334	[C] Rupesh Sain	175	RAJ	05.01.2005	54.350	72	76	79	79	16	97	100	102	100	11	179	13
14	55	[C] Rohit Kumar	174	U.P.	09.04.2004	54.200	75	77	77	77	18	100	100	103	100	12	177	14
15	688	[C] Md. Zulfequar Ali	165	BHR	01.02.2005	53.350	75	80	83	80	15	96	96	96	96	18	176	15
16	280	[C] O M Kumar	162	JKD	11.05.2008	54.100	70	76	78	78	17	96	100	103	96	16	174	16
17	463	[C] Ishwor	175	PUN	20.02.2006	54.750	70	75	76	76	20	96	96	96	96	17	172	17
18	131	[C] Anakhin Varghese	172	KRL	11-10-2004	52.950	68	73	77	73	22	96	100	102	96	15	169	18



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT YOUTH MEN 55 kg

Competition : 20.03.2022 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
	127	[A] N. Tomchou Meetei	245	MNP	04.03.2006	54.550	98	100	103	100	2	127	127	127	--		--	
	197	[B] Chera Tania	210	ARN	25.05.2005	54.050	88	91	91	88	5	120	120	121	--		--	
	454	[B] Manoj	208	HRN	08.01.2004	54.800	86	89	89	86	9	118	118	125	--		--	
	343	[C] Akhilesh Kumar	170	BHR	01.12.2004	53.650	75	75	75	75	21	96	96	96	--		--	
	123	[C] Syed Ahtisham Andrabi	162	J.K.	15.01.2007	54.700	70	70	70	70	23	96	--	--	--		--	
	218	[C] Ishwar Singh	180	H.P.	31.07.2005	54.650	66	66	71	66	24	96	--	--	--		--	
	58	[A] Devesh Sharma	150	RAJ	14.01.2006	46.600	65	65	65	--		--	--	--	--		--	

### Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

### Referee

- Center - Santosh Sinhasane, I-1 [MHR]  
Left - Geetha Ananda, N-1 [KRN]  
Right - P.A. Jose, N-1 [KRL]  
Reserve - Ranjit Bhattacharjee, N-1 [W.B.]

### Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

### Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

### Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

### Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT YOUTH MEN 61 kg

Competition : 21.03.2022 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	114	[A] T. Madhavan	260	TND	03.12.2004	60.500	114	117	119	117	1	134	140	143	140	1	257	1
2	386	[A] Shankar Lapung	250	ARN	22.09.2004	60.100	108	111	111	111	2	132	132	138	132	3	243	2
3	749	[A] Golom Tinku	240	ARN	12.05.2006	59.900	100	102	104	102	5	127	132	135	132	2	234	3
4	777	[B] Vaibhav Pandav	230	MHR	29.02.2004	60.050	100	103	106	103	4	130	130	138	130	4	233	4
5	642	[B] A. Rudhreshwar	235	TND	28.08.2004	60.100	100	103	106	103	3	123	123	126	123	7	226	5
6	88	[C] Sonu Kumar	185	BHR	10.02.2005	60.800	98	101	101	101	6	115	123	126	123	6	224	6
7	790	[B] Sadananda Bariha	231	ORS	15.01.2006	60.400	95	101	101	95	7	118	125	132	125	5	220	7
8	146	[C] Rohan Katkar	200	MHR	25.08.2004	60.850	87	90	92	92	11	110	110	115	115	8	207	8
9	121	[C] K. Anil Kumar	205	A.P	09.05.2005	60.600	85	93	93	93	10	113	121	121	113	9	206	9
10	594	[C] Vanlalruata	165	MIZ	06.10.2005	58.550	90	92	92	92	12	108	109	112	108	11	200	10
11	282	[C] Devashish Sharma	198	DEL	30.08.2005	60.250	85	85	88	88	14	105	110	114	110	10	198	11
12	540	[C] Ravi Yadav	198	DEL	14.11.2005	59.850	85	89	91	89	13	103	107	107	103	16	192	12
13	395	[C] Vinayak Patel	183	M.P.	29.07.2006	60.250	82	85	88	85	16	103	106	109	106	12	191	13
14	324	[C] Deepak Pradhan	191	ORS	12.01.2005	60.250	81	86	86	86	15	103	107	107	103	14	189	14
15	276	[C] D. Chiranjeevi	186	TEL	09.09.2006	58.900	83	87	87	83	17	103	106	106	106	13	189	15
16	328	[C] S. Jeeva	183	PON	07.06.2004	59.800	80	83	83	80	18	103	107	107	103	15	183	16
	743	[C] Asif	200	UKD	11-11-2004	60.350	93	93	97	93	8	113	113	113	--		--	
	613	[C] Harish Kumar	205	U.P.	30.10.2005	59.950	90	90	93	93	9	120	123	123	--		--	



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT YOUTH MEN 61 kg

Competition : 21.03.2022 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL		
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank	
	422	[C] Suraj kumar Mohto	183	JKD	22.02.2007	60.200	80	80	80	--		--	--	--	--	--		--	
	101	[C] V. Vishvha	183	PON	14.12.2005	58.050	80	--	--	--		--	--	--	--		--		

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Ranjit Bhattacharjee, N-1 [W.B.]  
Left - Santosh Sinhasane, I-1 [MHR]  
Right - Geetha Ananda, N-1 [KRN]  
Reserve - P.A. Jose, N-1 [KRL]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT YOUTH MEN 67 kg

Competition : 23.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	211	[A] S. Logeshwaran	260	TND	17.05.2004	66.500	113	113	113	113	1	136	141	146	141	2	254	1
2	439	[B] MH. Silvan Beihrothalo	250	MIZ	21.08.2004	65.950	105	108	111	108	5	140	143	145	143	1	251	2
3	310	[B] Bengia Tani	250	ARN	26.02.2004	66.000	107	110	112	110	2	138	143	145	138	3	248	3
4	618	[C] Bedobrot Bharali	229	ASM	19.03.2007	66.600	102	105	108	108	4	128	132	136	136	4	244	4
5	241	[B] Pranit Mahajan	245	MHR	20.03.2004	66.350	98	102	105	105	8	136	144	144	136	5	241	5
6	284	[B] Anil Chaudhary	259	DEL	15.07.2004	66.500	105	109	109	105	6	135	135	135	135	7	240	6
7	788	[B] Prabhat Jhodia	247	ORS	18.11.2005	66.850	99	101	101	101	10	130	136	136	136	6	237	7
8	38	[C] Kampu Degio	235	ARN	26.03.2006	63.700	104	104	106	104	9	128	132	136	132	8	236	8
9	443	[B] Kallol Mal	250	W.B.	31.08.2005	66.550	100	105	108	105	7	130	135	135	130	9	235	9
10	340	[C] Sharthak Thapa	220	GOA	03.09.2005	66.350	95	99	101	99	11	118	118	120	120	11	219	10
11	680	[C] Mohommad Shahjahan	222	PUN	29.11.2006	64.200	90	90	93	93	15	120	--	--	120	10	213	11
12	516	[C] Vijay	210	HRN	25.12.2006	65.300	85	90	94	94	14	118	126	126	118	12	212	12
	474	[A] Sachin Panwar	260	M.P.	29.08.2004	66.800	106	109	112	109	3	135	135	140	--		--	
	230	[C] Anshu Kumar	203	BHR	15.08.2004	66.500	97	97	97	97	12	126	126	126	--		--	
	632	[C] Sham Lal	220	H.P.	12.09.2004	64.350	88	92	96	96	13	120	120	120	--		--	
	424	[C] Ayush Rai	215	ASM	03.09.2005	66.150	95	95	95	--		--	--	--	--		--	
	252	[C] Nitesh Kumar Singh	203	BHR	26.01.2005	64.600	95	95	95	--		--	--	--	--		--	
	605	[C] Sanraj	228	U.P.	04.07.2008	65.100	101	101	101	--		--	--	--	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Rajesh Kumar, I-1 [H.P.]  
 Left - K. Suryanarayana, I-2 [A.P.]  
 Right - Biku Sarita, N-1 [ARN]  
 Reserve - K.D.S. Nagra, N-1 [CHD]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT YOUTH MEN 73 kg

Competition : 23.03.2022 16:30

Weigh in : 14:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	602	[B] Kuldeep Sahu	260	ORS	15.01.2004	72.700	112	116	119	119	1	142	146	151	146	2	265	1
2	414	[B] B. Venkata Krishna	245	A.P	17.12.2006	71.800	111	111	115	115	2	141	147	148	148	1	263	2
3	574	[C] Shiva Chaudhary	232	DEL	02.02.2004	72.700	105	112	112	112	3	133	140	143	140	3	252	3
4	385	[B] Prabal Protim Gogoi	255	ASM	01.11.2004	70.350	106	111	113	111	4	136	142	142	136	5	247	4
5	423	[C] Saurya Pratap Singh	220	BHR	01.07.2004	71.400	106	106	110	106	6	137	141	141	137	4	243	5
6	481	[B] Kush Choudhary	260	M.P.	27.05.2005	73.000	105	105	107	107	5	135	135	137	135	6	242	6
7	525	[C] Niraj Pradhan	240	ASM	06.11.2005	71.400	99	101	104	101	8	131	135	135	131	7	232	7
8	452	[C] Sachin Kumar	223	U.P.	04.03.2004	72.100	100	104	104	100	9	125	128	130	128	9	228	8
9	323	[C] Nabam Tania	235	ARN	07.03.2006	67.100	96	96	99	96	12	123	127	130	130	8	226	9
10	471	[C] Rohan	224	HRN	03.06.2004	72.900	100	100	100	100	11	125	129	131	125	10	225	10
11	760	[C] A. Padmanathan	210	TND	02.10.2004	72.100	91	96	100	100	10	115	120	120	115	13	215	11
12	724	[C] Aadarsh R.J.	210	KRL	03-10-2004	69.900	90	96	96	96	13	118	122	122	118	11	214	12
13	725	[C] Subrat Mallik	220	ORS	11.03.2004	67.900	90	90	90	90	14	115	118	120	118	12	208	13
	349	[B] Bobby	250	UKD	05-11-2004	72.350	106	109	110	106	7	132	132	132	--		--	
	80	[A] Taluk Bage	260	ARN	01.07.2004	71.700	110	110	110	--		--	--	--	--		--	
	475	[B] Harpreet Singh	244	PUN	20.01.2004	67.850	104	104	104	--		--	--	--	--		--	

### Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

### Referee

- Center - K.D.S. Nagra, N-1 [CHD]  
 Left - Rajesh Kumar, I-1 [H.P.]  
 Right - K. Suryanarayana, I-2 [A.P.]  
 Reserve - Biku Sarita, N-1 [ARN]

### Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

### Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

### Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

### Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]





# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT YOUTH MEN 81 kg

Competition : 25.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	251	[A] Valluri Ajay Babu	290	M.P.	25.11.2004	80.750	125	130	134	134	1	154	154	161	161	1	295	1
2	35	[C] G. Ravi Sankar	260	A.P	11.10.2004	80.000	115	122	122	122	5	148	153	158	158	2	280	2
3	616	[B] D. Ganesh	266	TEL	13.06.2004	80.250	123	123	126	123	4	148	153	158	153	3	276	3
4	468	[C] Lalruatfela	260	MIZ	05.03.2006	80.350	120	125	125	120	6	148	151	156	151	4	271	4
5	83	[C] Umer Khan	255	HRN	13.10.2004	79.600	110	115	115	115	8	143	147	151	151	5	266	5
6	279	[B] Vishavjeet Singh	267	PUN	30.06.2006	79.600	123	123	125	123	3	143	143	149	143	7	266	6
7	332	[B] Aamir Malik	275	U.P.	10.09.2004	80.600	117	121	124	124	2	141	146	148	141	8	265	7
8	272	[C] V. Ramu	255	A.P	06.06.2006	79.500	109	114	117	117	7	141	147	153	147	6	264	8
9	776	[D] M. Madhankumar	235	TND	10.10.2004	78.350	105	105	108	108	10	130	135	140	140	9	248	9
10	498	[D] Dinesh Mahajan	235	MHR	25.10.2004	74.950	95	95	100	100	11	125	130	130	130	10	230	10
11	797	[D] Pawan	215	GOA	03.02.2006	76.900	91	96	100	96	12	114	118	121	121	11	217	11
12	513	[D] Tayar Ronik	200	ARN	10.10.2007	73.900	85	90	90	90	14	110	117	121	117	12	207	12
13	703	[D] Mukesh Kumar Mohto	195	JKD	25.04.2006	73.850	85	88	91	91	13	110	115	120	115	13	206	13
14	404	[D] Harshit Bage	195	JKD	10.04.2008	73.250	85	85	87	85	15	110	112	112	110	14	195	14
	766	[C] Jaideep	255	HRN	21.12.2005	80.350	112	112	115	112	9	141	141	141	--		--	
	723	[D] Karanveer Singh	212	RAJ	03.02.2005	74.400	87	87	87	--		--	--	--	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - D. Sailoo, N-2 [TEL]  
 Left - Harpal Singh, N-2 [PUN]  
 Right - Khushbu Singh Yadav, N-1 [U.P.]  
 Reserve - Ramesh Ch. Padhy, I-2 [ORS]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT YOUTH MEN 89 kg

Competition : 26.03.2022 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	696	[B] Suditya Baruah	275	ASM	16.12.2004	86.000	116	116	120	116	6	150	156	159	159	1	275	1
2	184	[B] Sk. Lal Basheer	270	A.P	17.05.2004	87.850	116	121	124	121	4	145	152	152	152	3	273	2
3	270	[B] Vedant Choudhary	282	U.P.	07.02.2005	81.100	118	122	126	122	3	144	150	153	150	4	272	3
4	129	[B] Sanidhya More	265	MHR	26.03.2005	86.450	118	122	125	125	1	143	146	146	146	5	271	4
5	145	[B] G. Krishna Babu	265	A.P	15.12.2005	85.350	116	--	--	116	5	145	153	158	153	2	269	5
6	506	[C] Harsh	252	HRN	11.11.2004	84.900	114	118	122	122	2	142	149	149	142	7	264	6
7	598	[C] Abhay Kataria	243	DEL	02.12.2004	82.700	107	111	114	114	8	140	140	145	145	6	259	7
8	92	[C] S. Premkumar	250	TND	08.07.2004	87.000	105	110	115	115	7	132	138	141	141	8	256	8
9	533	[C] Sagar Kumar	210	BHR	02.08.2004	83.750	105	109	112	109	9	132	132	132	132	10	241	9
10	41	[C] Sharwan	240	M.P.	27.04.2004	83.700	96	103	107	103	12	124	130	136	136	9	239	10
11	91	[C] Aby Syril	220	KRL	06-10-2005	87.450	100	105	108	108	10	125	130	135	130	11	238	11
12	583	[C] Aman	237	GOA	22.04.2007	86.500	100	105	105	105	11	120	126	130	130	12	235	12
13	6	[C] Abhishek Kumar	235	PUN	04.01.2005	87.100	100	100	105	100	14	117	117	123	123	13	223	13
14	10	[C] L. Kishore	230	TND	15.06.2005	85.850	95	102	106	102	13	115	120	--	120	14	222	14
15	115	[C] Upendra Singh	209	RAJ	22.09.2006	87.250	90	91	98	98	15	110	120	122	110	16	208	15
16	738	[C] Veer Singh	200	C.G.	19.06.2006	88.080	90	93	95	95	16	110	110	115	110	17	205	16
17	81	[C] Anmol Tyagi	208	DEL	08.01.2005	88.900	90	90	90	90	17	110	115	119	115	15	205	17

### Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

### Referee

- Center - K.D.S. Nagra, N-1 [CHD]  
 Left - Rajesh Kumar, I-1 [H.P.]  
 Right - K. Suryanarayana, I-2 [A.P.]  
 Reserve - Biku Sarita, N-1 [ARN]

### Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

### Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

### Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

### Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT YOUTH MEN 96 kg

Competition : 28.03.2022 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	764	[A] Dilbag Singh	299	PUN	13.10.2004	95.800	125	125	125	125	1	154	158	161	158	1	283	1
2	170	[C] N. Narasimha Naik	250	A.P	08.06.2005	89.100	105	115	118	118	3	141	148	153	148	2	266	2
3	156	[B] Ayush Bhardwaj	273	DEL	14.09.2004	93.900	120	124	127	124	2	141	144	144	141	7	265	3
4	584	[B] Swayam	265	M.P.	10.06.2004	92.550	112	112	118	112	8	144	147	155	147	3	259	4
5	135	[C] Suvansh	260	H.P.	14.02.2005	91.200	113	117	117	117	4	135	141	145	141	6	258	5
6	511	[D] Aman Choudhary	250	M.P.	29.07.2004	93.850	110	113	113	113	6	136	140	142	142	5	255	6
7	690	[D] Goldy	240	H.P.	01.09.2005	91.850	105	105	112	112	7	134	138	142	142	4	254	7
8	780	[D] Ankur Tiwari	240	MHR	01.01.2006	90.900	105	108	111	111	9	125	130	135	130	9	241	8
9	644	[D] Priyanshu Raj	200	BHR	05.09.2006	94.900	95	100	104	104	11	125	132	137	137	8	241	9
10	50	[D] Kapil Sonowal	230	ASM	27.12.2006	93.800	106	111	114	114	5	126	126	129	126	12	240	10
11	752	[D] Y. Yaswanth Goud	210	TEL	02.07.2005	89.650	100	105	108	105	10	127	127	134	127	11	232	11
12	431	[D] Kishan Kumar	215	U.P.	19.11.2004	95.700	91	96	98	98	15	126	130	130	130	10	228	12
13	757	[D] Tushar Suthar	206	RAJ	03.03.2006	89.200	93	96	100	100	12	114	119	121	119	14	219	13
14	126	[D] Mohit Singh	230	CHD	28.12.2004	92.400	91	95	101	95	16	120	124	127	124	13	219	14
15	297	[D] Devendra Singh	206	RAJ	09.02.2005	90.850	98	103	103	98	13	116	119	122	119	15	217	15
16	295	[D] H. Bikash Meitei	210	MNP	21.04.2005	90.400	90	95	98	98	14	113	118	123	118	16	216	16
	647	[C] Harkaran Singh	255	PUN	13.04.2004	94.300	108	108	108	--		--	--	--		--		

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Geetha Ananda, N-1 [KRN]  
 Left - P.A. Jose, N-1 [KRL]  
 Right - Ranjit Bhattacharjee, N-1 [W.B.]  
 Reserve - Santosh Sinhasane, I-1 [MHR]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT YOUTH MEN 102 kg

Competition : 28.03.2022 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	70	[B] Bholu Singh	276	BHR	05.05.2004	99.700	120	126	134	126	1	145	150	150	150	1	276	1
2	344	[C] Netranjan Patil	250	MHR	03.06.2004	98.200	106	109	111	111	4	137	143	146	146	2	257	2
3	173	[C] Parshant Kumar kailley	268	PUN	26.06.2004	100.750	110	113	116	113	3	138	141	141	141	3	254	3
4	660	[C] Aryan	250	HRN	27.05.2006	96.800	112	116	116	116	2	137	137	141	137	4	253	4
5	571	[C] Priyanshu	249	DEL	09.02.2004	96.400	105	105	106	106	5	127	133	134	134	5	240	5
6	95	[C] Harshwardhan Kadam	230	MHR	11.02.2005	101.450	104	104	107	104	6	125	125	130	130	6	234	6
7	446	[C] Ch.Vamsi	230	A.P	08.02.2006	96.250	95	102	106	102	7	115	122	130	122	7	224	7

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Khushbu Singh Yadav, N-1 [U.P.]  
Left - Ramesh Ch. Padhy, I-2 [ORS]  
Right - D. Sailoo, N-2 [TEL]  
Reserve - Harpal Singh, N-2 [PUN]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT YOUTH WOMEN 40 kg

Competition : 20.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	294	[A] Akanksha Vyavahare	125	MHR	19.06.2007	39.650	53	56	58	58	1	63	67	69	69	1	127	1
2	364	[A] A. Poshika	100	TND	24.09.2006	40.000	49	53	55	53	2	60	63	65	63	2	116	2
3	261	[A] Mansi Chamunda	110	U.P.	04.01.2007	39.450	50	50	50	50	4	62	62	63	63	3	113	3
4	47	[A] Rekhamoni Gogoi	105	ASM	11.12.2004	39.500	48	51	53	53	3	59	62	62	59	5	112	4
5	621	[A] Sandiya Gungli	108	ARN	27.12.2004	39.950	43	47	48	48	6	62	62	62	62	4	110	5
6	678	[A] Chitraprava Chetia	100	ASM	10.07.2004	39.400	45	45	48	48	5	57	60	60	57	6	105	6
7	566	[A] Jyoshna Sabar	110	ORS	20.07.2005	39.300	44	48	48	44	7	53	59	59	53	9	97	7
8	754	[A] B. Neeraja	80	A.P	26.06.2007	39.950	34	38	38	38	10	50	54	57	57	7	95	8
9	286	[A] Manisha Soren	81	JKD	10.03.2007	39.900	33	33	36	36	12	45	50	55	55	8	91	9
10	53	[A] Sangita Choudhury	74	TR.I	01.01.2007	39.600	35	37	39	39	8	50	54	54	50	10	89	10
11	186	[A] Kaken Doyom	92	ARN	07.09.2006	37.850	36	38	40	38	9	48	50	53	50	11	88	11
12	553	[A] Mamita Mallik	85	ORS	10.10.2006	39.600	36	39	39	36	11	40	44	46	44	12	80	12
13	113	[A] Kumkum Dhruw	68	C.G.	13.01.2007	38.950	27	33	36	33	13	40	40	43	43	13	76	13

### Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

### Referee

- Center - K. Suryanarayana, I-2 [A.P.]  
 Left - Biku Sarita, N-1 [ARN]  
 Right - K.D.S. Nagra, N-1 [CHD]  
 Reserve - Rajesh Kumar, I-1 [H.P.]

### Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

### Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

### Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

### Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT YOUTH WOMEN 45 kg

Competition : 20.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	720	[A] Anjali Patel	144	U.P.	10.08.2004	44.600	65	67	71	67	1	78	80	82	80	1	147	1
2	5	[A] Asmita Dhone	130	MHR	01.05.2007	44.900	53	56	60	56	3	70	74	78	78	2	134	2
3	228	[B] R. Bhavani	120	A.P	20.03.2008	43.900	52	56	59	59	2	65	70	75	70	3	129	3
4	301	[B] Vedika Tole	120	MHR	18.10.2007	45.000	52	52	54	54	4	63	65	67	65	5	119	4
5	356	[B] Vani Puri	119	PUN	16.03.2005	44.450	48	51	53	51	6	62	65	68	65	4	116	5
6	650	[B] Yukar Amak	116	ARN	08.02.2005	44.850	48	51	51	48	7	60	62	62	60	7	108	6
7	472	[B] Lalita Batra	112	ORS	15.10.2006	44.700	44	47	47	44	9	53	57	60	60	8	104	7
8	202	[B] Laxmi Tiwari	92	RAJ	29.12.2006	43.000	45	48	48	45	8	55	58	61	58	10	103	8
9	758	[B] Sebika Das	93	TR.I	15.01.2008	44.000	40	42	45	42	11	53	58	58	58	11	100	9
10	538	[B] Sherin P. Benny	105	KRL	09-12-2006	44.500	40	43	45	40	14	55	58	60	60	9	100	10
11	181	[B] Ankita Sarkar	91	W.B.	08.08.2008	42.150	40	40	44	44	10	50	55	60	55	13	99	11
12	492	[B] Sikha Mallick	92	TR.I	13.10.2006	44.250	40	40	42	42	12	52	55	57	57	12	99	12
13	185	[B] Ritu	93	HRN	22.07.2004	44.100	38	38	41	38	15	55	60	61	61	6	99	13
14	303	[C] Babita Kumari	82	JKD	01.01.2007	44.600	35	38	41	41	13	47	51	51	51	14	92	14
15	792	[C] Diya K.T.	82	KRL	04-03-2004	44.550	35	40	40	35	16	47	51	51	47	15	82	15
	265	[B] Mina Singh	110	ORS	10.05.2008	43.800	50	53	56	53	5	65	68	68	--		--	

### Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

### Referee

- Center - K. Suryanarayana, I-2 [A.P.]  
 Left - Biku Sarita, N-1 [ARN]  
 Right - K.D.S. Nagra, N-1 [CHD]  
 Reserve - Rajesh Kumar, I-1 [H.P.]

### Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

### Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

### Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

### Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT YOUTH WOMEN 49 kg

Competition : 20.03.2022 15:30

Weigh in : 13:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	470	[A] V. Madhumitha	150	PON	13.09.2004	48.150	63	63	65	65	3	86	90	93	90	1	155	1
2	499	[B] Nilam Patel	143	U.P.	17.12.2004	49.000	62	65	67	67	1	82	85	88	85	3	152	2
3	118	[B] V. Rithika	120	TND	25.07.2004	48.700	65	65	68	65	2	80	85	88	85	2	150	3
4	353	[B] Koyel Bar	134	W.B.	22.06.2008	48.700	61	61	61	61	5	73	76	76	76	4	137	4
5	713	[B] Meena Santa B	140	ORS	27.03.2008	48.450	57	61	62	61	4	69	74	74	69	7	130	5
6	130	[B] Himanshee	137	HRN	14.03.2005	48.450	60	60	63	60	6	70	75	75	70	6	130	6
7	557	[B] Aisangfa Gogoi	115	ASM	16.12.2007	47.750	52	55	55	52	8	70	74	74	74	5	126	7
8	515	[B] Shivani Yadav	110	IWLF	01.07.2006	48.350	52	56	56	52	7	63	63	66	63	8	115	8
	3	[B] Lalhminghluii	125	MIZ	05.12.2005	48.450	50	50	52	50	9	62	62	62	--		--	
	645	[B] Ranjita Majhi	133	ORS	12.04.2004	47.600	53	53	53	--		--	--	--	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Rajesh Kumar, I-1 [H.P.]  
Left - K. Suryanarayana, I-2 [A.P.]  
Right - Biku Sarita, N-1 [ARN]  
Reserve - K.D.S. Nagra, N-1 [CHD]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT YOUTH WOMEN 55 kg

Competition : 20.03.2022 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	405	[A] Boni Mangkhya	167	ARN	04.06.2004	54.500	70	73	73	73	3	92	96	98	98	1	171	1
2	46	[A] Bhumika Mohite	160	MHR	20.09.2006	53.900	68	72	75	75	1	89	93	95	95	2	170	2
3	656	[A] Nikita Kamalakar	180	MHR	10.12.2005	54.550	70	74	76	74	2	94	97	97	94	3	168	3
4	322	[B] Anai Wangsu	160	ARN	10.04.2004	54.900	62	65	68	65	5	82	84	84	84	4	149	4
5	428	[C] Kiuchangliu Gangmei	128	MNP	21.10.2004	52.400	58	61	63	63	7	78	81	83	83	5	146	5
6	305	[B] Meena Santa A	155	ORS	07.03.2007	53.400	63	64	67	67	4	78	82	82	78	8	145	6
7	503	[C] B. Chandrika	135	A.P	10.08.2005	51.150	55	60	64	60	9	75	83	83	83	6	143	7
8	345	[C] Barsha Bor	128	W.B.	12.08.2007	55.300	60	60	64	64	6	73	77	80	77	9	141	8
9	208	[C] Khushi Kumari	118	BHR	17.11.2005	54.050	55	60	60	60	10	75	75	78	78	7	138	9
10	235	[C] L. Rashiya	130	TND	28.11.2005	52.150	56	59	61	59	11	73	77	77	77	10	136	10
11	354	[B] Ramchhanchhuahi	135	MIZ	22.12.2006	52.600	52	56	59	59	12	70	75	78	75	11	134	11
12	97	[C] Jyoti	125	HRN	05.10.2006	52.500	55	58	61	61	8	65	70	70	65	12	126	12
13	321	[C] Preeti Yadav	110	IWLF	02.07.2007	55.000	52	54	54	52	14	63	65	65	63	13	115	13
14	628	[C] Anupama Kumari	115	JKD	25.12.2005	53.550	52	54	54	52	15	63	63	65	63	14	115	14
	418	[C] Poonam	130	RAJ	01.07.2005	51.450	55	57	57	55	13	75	75	75	--		--	
	603	[C] Manisha Kumari	115	JKD	03.08.2007	52.000	52	52	52	--		--	--	--	--		--	

### Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

### Referee

- Center - Santosh Sinhasane, I-1 [MHR]  
Left - Geetha Ananda, N-1 [KRN]  
Right - P.A. Jose, N-1 [KRL]  
Reserve - Ranjit Bhattacharjee, N-1 [W.B.]

### Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

### Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

### Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

### Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]





# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT YOUTH WOMEN 59 kg

Competition : 24.03.2022 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	49	[B] T.M. Keerthana	160	TND	21.10.2004	55.600	72	77	77	77	1	90	96	96	96	2	173	1
2	277	[B] Sonam Singh	161	U.P.	18.12.2004	57.750	72	76	78	76	2	90	93	96	96	1	172	2
3	193	[A] Ankita	175	RAJ	10.04.2006	58.950	72	75	75	72	5	91	93	93	91	3	163	3
4	293	[B] B. Harika	150	A.P	10.02.2007	58.100	67	72	75	72	4	80	85	88	88	5	160	4
5	76	[A] Sonakshi	168	HRN	08.03.2006	57.500	72	75	75	75	3	84	91	91	84	8	159	5
6	194	[A] Balo Yalam	167	ARN	08.08.2004	58.300	68	68	72	68	6	90	96	96	90	4	158	6
7	33	[B] Shandrella Huyam	146	MNP	10.06.2005	58.950	63	67	67	63	7	84	84	84	84	7	147	7
8	187	[B] A.Yasasri	150	A.P	02.12.2005	57.700	62	62	65	62	9	80	85	91	85	6	147	8
9	199	[B] B. Gangothi	133	TEL	18.06.2004	57.850	58	61	64	61	10	76	83	87	83	9	144	9
10	596	[B] Sonali Gaikwad	150	MHR	07.04.2004	56.950	60	63	63	63	8	80	83	83	80	10	143	10
11	736	[B] Vidhya Hariram Sharma	110	GUJ	20.01.2005	55.450	51	55	58	58	11	61	65	70	70	11	128	11
12	591	[B] Khushboo Kumari	110	BHR	12.02.2004	58.900	52	57	57	57	12	65	68	70	68	12	125	12
13	546	[B] Seema Marandi	115	JKD	15.08.2008	57.050	52	55	55	55	13	63	66	71	66	13	121	13
	692	[B] A. Nakshathra	110	PON	28.12.2005	56.800	50	50	52	50	14	60	60	60	--		--	
	572	[A] L. Kowshika	180	PON	18.03.2004	58.300	72	72	72	--		--	--	--	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Biku Sarita, N-1 [ARN]  
 Left - K.D.S. Nagra, N-1 [CHD]  
 Right - Rajesh Kumar, I-1 [H.P.]  
 Reserve - K. Suryanarayana, I-2 [A.P.]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT YOUTH WOMEN 64 kg

Competition : 25.03.2022 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	175	[A] C. Harshika	170	PON	31.10.2007	59.950	70	75	75	70	1	85	90	95	95	1	165	1
2	695	[B] Sushma Devi	140	U.P.	08.07.2005	62.750	64	67	69	69	2	85	89	89	85	2	154	2
3	180	[B] Archita Sidhant Shirodkar	139	GOA	10.02.2005	61.600	60	64	66	64	6	79	82	84	84	3	148	3
4	292	[B] Nang Sengfa Borgohain	145	ASM	12.06.2007	63.150	65	68	68	65	3	80	85	85	80	5	145	4
5	555	[B] Songita Sadhanidar	140	ASM	16.08.2004	59.500	62	62	65	65	4	76	81	81	76	7	141	5
6	329	[B] M. Monila	145	TND	14.11.2006	62.200	60	65	65	60	9	81	81	84	81	4	141	6
7	110	[C] Yatna	120	HRN	19.09.2007	61.950	55	59	64	64	5	69	74	74	74	11	138	7
8	370	[C] Khushboo Yadav	125	U.P.	27.07.2005	60.900	55	60	63	60	8	72	77	77	77	6	137	8
9	233	[C] V. Mounika	120	TEL	24.12.2006	62.500	55	58	62	62	7	68	74	78	74	10	136	9
10	732	[B] Gagandeep Kaur	133	RAJ	06.06.2004	59.750	55	60	64	60	10	76	76	81	76	8	136	10
11	528	[C] A. Debaarbina Chanu	126	MNP	15.11.2005	63.350	55	59	62	59	11	65	70	73	73	12	132	11
12	336	[C] Tikimohini Mallik	132	ORS	05.02.2008	60.300	52	56	58	58	12	67	71	73	73	13	131	12
13	150	[B] Kh. Elizah Chanu	134	MNP	01.04.2006	62.600	53	56	60	56	14	70	75	78	75	9	131	13
14	16	[C] Jenis Barla	116	JKD	16.06.2006	59.850	50	54	57	54	16	63	67	71	71	14	125	14
15	489	[C] Chelsi	111	DEL	25.03.2006	61.800	50	54	54	54	18	65	69	70	70	15	124	15
16	734	[C] Reenumol P.R.	119	KRL	01-10-2007	60.300	50	54	57	57	13	60	65	65	65	19	122	16
17	497	[C] K. Sessa Sai	120	TEL	12.06.2005	62.900	50	54	56	54	17	62	62	65	65	18	119	17
18	348	[C] Shivani Pranesh	110	KRN	10.05.2004	62.500	50	54	54	50	20	65	68	71	68	16	118	18



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT YOUTH WOMEN 64 kg

Competition : 25.03.2022 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
19	531	[C] Hetvi Jayeshbhai Limbani	100	GUJ	23.05.2004	59.550	47	51	55	51	19	57	62	66	62	20	113	19
20	147	[C] Muskan Sheikh	100	M.P.	12.05.2004	60.300	45	45	45	45	23	60	65	68	65	17	110	20
21	789	[C] Vaibhavi Raju Delavi	100	KRN	19.05.2004	60.450	45	48	51	48	21	55	59	62	59	21	107	21
22	417	[C] P. Charumathi	100	PON	16.07.2006	63.750	45	48	48	45	22	55	55	55	55	22	100	22
	648	[B] Konsam Yaiphabi Devi	140	ARN	10.03.2004	63.550	55	60	60	55	15	75	75	75	--		--	
	207	[A] Shalini	170	PUN	18.09.2004	60.900	67	67	67	--		--	--	--	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Rajesh Kumar, I-1 [H.P.]  
Left - K. Suryanarayana, I-2 [A.P.]  
Right - Biku Sarita, N-1 [ARN]  
Reserve - K.D.S. Nagra, N-1 [CHD]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT YOUTH WOMEN 71 kg

Competition : 27.03.2022 12:00

Weigh in : 10:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	795	[A] Sanjana	172	HRN	18.01.2007	69.750	72	76	79	76	1	90	97	99	90	1	166	1
2	636	[B] S. Rithika	150	PON	15.09.2005	65.300	65	65	65	65	5	83	85	88	85	2	150	2
3	459	[B] R. Harini	150	PON	02.06.2006	67.350	63	66	68	68	2	78	78	81	81	3	149	3
4	275	[B] Akta Banjare	139	C.G.	24.08.2004	65.050	59	63	63	63	6	79	79	81	79	5	142	4
5	214	[B] P. Dhanamu	130	A.P	19.04.2004	66.800	55	62	65	65	4	75	84	84	75	6	140	5
6	306	[B] Aastha Singh	124	U.P.	25.05.2006	65.900	50	56	60	60	8	70	75	80	80	4	140	6
7	617	[B] S. Aananya	130	TND	11.01.2004	66.700	60	64	64	60	7	70	75	75	70	8	130	7
8	23	[B] Aruhi Kumari	129	JKD	09.09.2007	66.850	51	55	59	55	10	74	75	81	75	7	130	8
9	539	[B] Biyona Benny	108	KRL	07-12-2004	67.550	45	51	51	51	12	60	67	68	68	9	119	9
10	415	[C] Priya Bhanwar Lal Gehlot	98	GUJ	07.12.2004	64.250	45	50	50	50	13	55	61	65	65	11	115	10
11	399	[B] M. Rama Devi	117	MNP	25.03.2005	69.700	47	50	52	52	11	56	62	62	62	12	114	11
12	493	[B] Prathyusha T.V.	110	KRL	10-04-2004	69.800	43	47	50	47	14	58	64	67	67	10	114	12
	560	[B] Sandhya Sarode	153	MHR	24.01.2005	65.250	63	66	66	66	3	81	81	81	--		--	
	718	[B] Poonam Yadav	108	M.P.	29.08.2006	68.650	51	54	57	57	9	63	67	67	--		--	
	491	[C] Tanushka	98	RAJ	13.05.2007	67.750	43	46	47	43	15	55	55	--	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Biku Sarita, N-1 [ARN]  
Left - K.D.S. Nagra, N-1 [CHD]  
Right - Rajesh Kumar, I-1 [H.P.]  
Reserve - K. Suryanarayana, I-2 [A.P.]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT YOUTH WOMEN 76 kg

Competition : 27.03.2022 12:00

Weigh in : 10:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	550	[B] Shital	155	HRN	17.12.2004	75.100	65	65	68	68	2	80	81	87	81	1	149	1
2	320	[B] Vydhadi Devi	130	PON	09.04.2004	73.800	63	67	69	69	1	79	79	79	79	2	148	2
3	169	[B] Jyoti Yadav	129	U.P.	31.12.2005	74.900	63	64	64	64	4	75	80	85	75	3	139	3
4	634	[B] R. Jaisri	130	TND	07.01.2004	71.200	55	60	62	60	5	70	75	79	75	5	135	4
5	61	[B] M. Srihita	110	A.P	27.01.2008	71.650	50	58	63	58	6	65	75	82	75	4	133	5
	141	[B] Rajni	154	HRN	07.11.2005	75.950	59	63	67	67	3	79	79	80	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Biku Sarita, N-1 [ARN]  
Left - K.D.S. Nagra, N-1 [CHD]  
Right - Rajesh Kumar, I-1 [H.P.]  
Reserve - K. Suryanarayana, I-2 [A.P.]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT YOUTH WOMEN 81 kg

Competition : 25.03.2022 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	154	[A] Ch. Srilakshmi	175	A.P	19.10.2004	78.000	75	79	81	81	1	95	101	104	104	1	185	1
2	775	[B] Amritha P. Suni	170	KRL	16-01-2007	79.300	70	73	75	73	4	88	93	93	93	2	166	2
3	136	[A] Y. Chaitanya Kumari	175	A.P	12.08.2006	80.700	70	74	74	74	3	86	86	90	90	4	164	3
4	673	[B] Muskan	163	HRN	02.03.2005	77.500	70	74	74	74	2	89	92	93	89	5	163	4
5	182	[B] Grishma Thorat	155	MHR	25.03.2008	76.100	64	67	70	70	5	82	86	90	90	3	160	5
6	715	[B] K. Abhishikta	151	ORS	26.04.2004	79.700	65	68	70	70	6	80	85	87	87	6	157	6
7	52	[B] Dhanashri Bedade	145	MHR	28.05.2004	77.350	60	60	63	63	7	78	82	82	78	7	141	7
8	281	[B] Bipasa Das	135	ORS	24.08.2004	77.550	60	60	63	60	8	70	75	80	75	8	135	8
9	786	[B] Sakshi Kesawani	110	U.P.	25.07.2004	78.500	51	55	56	56	9	63	67	71	71	9	127	9
10	708	[B] Rithi Bag	114	W.B.	03.10.2005	76.650	48	52	55	55	11	57	63	67	67	10	122	10
11	518	[B] V. Sahasra	105	TEL	16.08.2008	77.400	48	52	55	55	10	57	62	65	62	11	117	11
	108	[B] Qudsiya Shaikh	105	M.P.	26.06.2004	79.300	48	48	48	--		--	--	--	--		--	

### Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

### Referee

- Center - Geetha Ananda, N-1 [KRN]  
Left - P.A. Jose, N-1 [KRL]  
Right - Ranjit Bhattacharjee, N-1 [W.B.]  
Reserve - Santosh Sinhasane, I-1 [MHR]

### Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

### Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

### Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

### Secretary

1. S. Shanmugavel, I-1 [TND]



# IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



## RESULT YOUTH WOMEN +81 kg

Competition : 30.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	15	[A] M. Martina Devi	169	MNP	21.03.2006	100.800	72	75	77	77	1	90	95	95	95	1	172	1
2	217	[A] Aditi	170	U.P.	06.05.2007	84.500	68	73	76	73	2	84	88	91	88	2	161	2
3	523	[A] K. Oviya	145	TND	02.11.2007	81.700	63	68	72	72	3	83	90	90	83	3	155	3
4	25	[A] Aswini Biju	116	KRL	09-10-2004	90.750	50	54	57	54	5	70	76	80	80	4	134	4
5	206	[A] U.K. Sri Lakshmi	120	A.P	09.09.2004	97.800	50	58	62	58	4	65	71	71	71	5	129	5

### Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

### Referee

- Center - P.A. Jose, N-1 [KRL]  
Left - Ranjit Bhattacharjee, N-1 [W.B.]  
Right - Santosh Sinhasane, I-1 [MHR]  
Reserve - Geetha Ananda, N-1 [KRN]

### Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

### Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

### Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

### Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]