



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING
CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT BOOK



JUNIOR



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT JUNIOR MEN 55 kg

Competition : 21.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	561	[A] S. Guru Naidu	215	A.P	06.09.2006	54.700	95	99	102	102	1	120	120	125	125	3	227	1
2	13	[A] Uday Mahajan	230	MHR	13.10.2003	54.600	95	99	99	95	4	119	124	128	128	1	223	2
3	257	[A] Komal Maheswari	230	C.G.	07.06.2002	53.800	94	97	97	97	3	121	125	128	125	2	222	3
4	22	[A] Kumbheswar Mallik	225	ORS	17.05.2006	54.300	94	98	98	98	2	115	115	122	115	6	213	4
5	32	[A] Dejum Gadi	230	ARN	05.05.2001	54.800	92	92	95	92	6	120	123	123	120	4	212	5
6	79	[B] Surajit Changmai	210	ASM	20.07.2003	54.350	89	89	93	93	5	115	115	120	115	5	208	6
7	535	[B] Raja Bharti	202	C.G.	19.12.2003	53.750	85	89	91	91	7	112	112	114	112	8	203	7
8	64	[B] Shekh Arshan	198	M.P.	28.11.2002	54.400	86	90	90	90	8	113	116	116	113	7	203	8
	198	[B] Patta Mahesh	210	PON	16.08.2003	54.050	88	88	90	88	9	112	112	112	--		--	
	454	[B] Manoj	208	HRN	08.01.2004	54.800	86	89	89	86	10	118	118	125	--		--	
	351	[B] Vakeel Chand	205	CHD	01.04.2001	54.950	84	86	88	86	11	112	112	112	--		--	
	234	[B] S. Prabanjan	200	TND	19.09.2005	54.850	85	85	85	85	12	112	112	112	--		--	
	58	[A] Devesh Sharma	150	RAJ	14.01.2006	46.600	65	65	65	--		--	--	--		--		
	674	[A] Lokesh K.R.	230	TND	16.12.2002	54.500	96	96	96	--		--	--	--		--		

Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

Referee

- Center - Khushbu Singh Yadav, N-1 [U.P.]
 Left - Ramesh Ch. Padhy, I-2 [ORS]
 Right - D. Sailoo, N-2 [TEL]
 Reserve - Harpal Singh, N-2 [PUN]

Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

Secretary

1. S. Shanmugavel, I-1 [TND]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT JUNIOR MEN 61 kg

Competition : 21.03.2022 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	114	[A] T. Madhavan	260	TND	03.12.2004	60.500	114	117	119	117	1	134	140	143	140	2	257	1
2	338	[A] Zakhuma	260	MIZ	01.04.2001	60.700	110	114	114	114	2	140	145	145	140	1	254	2
3	386	[A] Shankar Lapung	250	ARN	22.09.2004	60.100	108	111	111	111	3	132	132	138	132	3	243	3
4	60	[A] Rajendra Muduli	250	ORS	02.08.2001	60.350	103	108	108	103	5	128	128	141	128	4	231	4
5	34	[B] Subramanya	230	KRN	12.04.2001	60.950	100	104	104	104	4	124	127	128	124	6	228	5
6	299	[B] Rahul Jangde	230	C.G.	20.06.2002	60.200	100	100	105	100	6	120	125	130	125	5	225	6
7	389	[B] Vikash	210	KRL	14-06-2002	60.060	90	90	95	95	8	120	125	125	120	7	215	7
8	794	[B] Shankar Kumar	215	BHR	15.06.2003	60.800	95	100	100	95	7	120	120	120	120	8	215	8
	69	[B] Yaad Ram	230	H.P.	01.05.2002	60.350	90	94	97	94	9	120	120	--	--		--	
	490	[C] Preetesh Zalte	210	MHR	24.08.2003	60.100	90	90	90	90	10	120	120	--	--		--	
	200	[B] Markio Tapa	217	ARN	01.01.2003	59.350	90	90	90	--		--	--	--	--		--	

Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

Referee

- Center - Ranjit Bhattacharjee, N-1 [W.B.]
Left - Santosh Sinhasane, I-1 [MHR]
Right - Geetha Ananda, N-1 [KRN]
Reserve - P.A. Jose, N-1 [KRL]

Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

Secretary

1. S. Shanmugavel, I-1 [TND]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT JUNIOR MEN 67 kg

Competition : 23.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	335	[A] Lalhunthara	280	MIZ	07.12.2002	66.600	113	117	117	117	3	147	147	152	152	1	269	1
2	728	[B] Tejas Jondhale	250	MHR	10.05.2001	66.400	118	122	124	124	1	140	144	146	144	2	268	2
3	373	[A] Jacob Vanlalnuanga	265	MIZ	17.02.2002	66.700	112	116	121	116	4	135	141	145	141	4	257	3
4	211	[A] S. Logeshwaran	260	TND	17.05.2004	66.500	113	113	113	113	5	136	141	146	141	5	254	4
5	26	[A] Nirbhay Pathania	270	J.K.	22.06.2003	66.050	110	110	112	110	9	140	143	145	143	3	253	5
6	195	[B] Zaheer Khan	250	UKD	16-1-2001	66.350	110	110	110	110	8	137	137	141	137	6	247	6
7	543	[C] Kanhaiya Kumar	230	BHR	03.03.2002	66.550	110	114	114	110	7	136	140	141	136	7	246	7
8	284	[B] Anil Chaudhary	259	DEL	15.07.2004	66.500	105	109	109	105	14	135	135	135	135	8	240	8
9	403	[B] Vipul Rathore	250	U.P.	27.12.2002	66.750	107	110	110	107	13	130	--	--	130	11	237	9
10	434	[C] Thippanna Lakkannavar	230	KRN	21.04.2001	66.750	100	103	103	103	15	130	130	130	130	10	233	10
11	223	[C] Damadaor Panigrahi	232	ORS	25.02.2002	67.000	95	98	101	98	16	130	130	133	130	9	228	11
	726	[B] Haseen	245	HRN	20.07.2001	65.400	110	114	117	117	2	136	136	136	--	--	--	--
	168	[B] Ruba Tadu	251	ARN	04.05.2001	66.250	107	111	113	111	6	140	140	140	--	--	--	--
	519	[B] Abhishekh	240	PUN	01.05.2001	65.650	105	109	112	109	10	130	130	130	--	--	--	--
	474	[A] Sachin Panwar	260	M.P.	29.08.2004	66.800	106	109	112	109	11	135	135	140	--	--	--	--
	658	[B] K. Gurukannan	240	TND	04.10.2003	66.800	105	108	110	108	12	137	137	--	--	--	--	--
	457	[C] Mridupam Chetia	230	ASM	03.07.2003	66.300	95	95	98	98	17	130	130	133	--	--	--	--
	773	[A] Abhishek Mahajan	270	MHR	13.01.2002	66.300	113	113	113	--	--	--	--	--	--	--	--	--

Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

Referee

- Center - Rajesh Kumar, I-1 [H.P.]
 Left - K. Suryanarayana, I-2 [A.P.]
 Right - Biku Sarita, N-1 [ARN]
 Reserve - K.D.S. Nagra, N-1 [CHD]

Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

Secretary

1. S. Shanmugavel, I-1 [TND]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT JUNIOR MEN 73 kg

Competition : 23.03.2022 16:30

Weigh in : 14:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	685	[B] Prajwal	260	KRN	24.02.2001	70.350	115	120	123	123	1	147	151	154	154	1	277	1
2	380	[A] Naitik Jangid	271	RAJ	16.11.2001	72.400	118	122	123	123	2	148	148	155	148	5	271	2
3	485	[A] J. Koteswara Rao	270	A.P	26.01.2001	72.500	119	124	124	119	6	148	152	159	152	2	271	3
4	67	[A] Kiran Marathe	275	MHR	07.05.2003	71.950	118	121	121	121	4	148	151	151	148	4	269	4
5	682	[B] V.Narasimha Naidu	260	A.P	08.04.2002	73.000	114	118	121	118	8	145	150	161	150	3	268	5
6	602	[B] Kuldeep Sahu	260	ORS	15.01.2004	72.700	112	116	119	119	5	142	146	151	146	8	265	6
7	116	[B] R.S.L. Sai	255	TEL	25.07.2001	72.950	114	118	121	118	7	146	152	152	146	7	264	7
8	312	[B] Gurkaran Singh	245	CHD	26.06.2003	72.450	121	122	125	122	3	140	145	146	140	10	262	8
9	112	[A] Mithlesh Sonkar	265	C.G.	09.01.2001	72.550	110	110	114	110	12	140	147	153	147	6	257	9
10	9	[B] Pravesh Basoya	259	U.P.	02.05.2003	70.450	113	117	117	113	9	138	141	144	141	9	254	10
11	28	[B] Kant Kumar	250	KRL	16-01-2003	70.600	105	109	112	112	10	135	140	145	140	11	252	11
12	476	[C] A.V. Yashwanth	235	TEL	09.11.2002	72.550	108	113	113	108	13	132	137	139	139	12	247	12
13	423	[C] Saurya Pratap Singh	220	BHR	01.07.2004	71.400	106	106	110	106	15	137	141	141	137	14	243	13
14	201	[C] Souvik Mondal	239	W.B.	16.08.2003	72.800	105	105	110	105	16	134	138	143	138	13	243	14
15	466	[B] Yuvraj Singh	245	PUN	16.04.2002	71.500	105	108	111	108	14	130	135	138	135	16	243	15
16	609	[B] Dhiljith D.S.	242	KRL	19-02-2001	71.850	105	105	110	105	17	136	136	136	136	15	241	16
17	262	[C] S. Akash	235	TND	19.10.2002	72.000	105	105	110	110	11	130	137	137	130	17	240	17
	479	[C] Shivansh Sharma	240	DEL	19.10.2002	72.400	100	104	104	100	18	130	130	130	--		--	



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT JUNIOR MEN 73 kg

Competition : 23.03.2022 16:30

Weigh in : 14:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
	604	[C] Aman	220	HRN	10.08.2002	69.100	100	100	--	100	19	--	--	--	--	--	--	--
	166	[B] Ashutosh Sharma	255	M.P.	25.10.2002	72.850	108	108	108	--	--	--	--	--	--	--	--	--
	117	[C] Pothabattula Dharma Rao	230	PON	15.06.2001	70.150	100	100	100	--	--	--	--	--	--	--	--	--
	44	[C] Vishnu Kumar	240	RAJ	25.12.2003	72.000	105	105	105	--	--	--	--	--	--	--	--	--

Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

Referee

- Center - K.D.S. Nagra, N-1 [CHD]
Left - Rajesh Kumar, I-1 [H.P.]
Right - K. Suryanarayana, I-2 [A.P.]
Reserve - Biku Sarita, N-1 [ARN]

Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT JUNIOR MEN 81 kg

Competition : 25.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	251	[A] Valluri Ajay Babu	290	M.P.	25.11.2004	80.750	125	130	134	134	1	154	154	161	161	1	295	1
2	394	[A] Tridip Baruah	290	ASM	15.04.2003	79.150	128	132	132	132	2	150	155	160	160	2	292	2
3	140	[B] Bhavesh sarang	280	C.G.	27.05.2002	80.600	122	126	128	128	3	150	153	155	155	5	283	3
4	35	[C] G. Ravi Sankar	260	A.P	11.10.2004	80.000	115	122	122	122	8	148	153	158	158	3	280	4
5	616	[B] D. Ganesh	266	TEL	13.06.2004	80.250	123	123	126	123	7	148	153	158	153	6	276	5
6	411	[A] Durgesh Mahajan	285	MHR	17.10.2001	80.800	124	127	127	124	5	150	160	160	150	8	274	6
7	100	[B] Mohit	269	HRN	09.09.2003	80.000	118	122	125	125	4	147	147	156	147	11	272	7
8	468	[C] Lalruatfela	260	MIZ	05.03.2006	80.350	120	125	125	120	11	148	151	156	151	7	271	8
9	630	[B] Akash	277	DEL	11.04.2002	79.450	121	126	127	121	9	148	152	155	148	9	269	9
10	401	[B] Anubhav Singh	270	RAJ	02.08.2002	79.850	116	121	124	121	10	141	148	152	148	10	269	10
11	487	[B] Kuldeep Kumar	273	U.P.	01.01.2002	80.600	110	114	118	114	17	149	155	158	155	4	269	11
12	279	[B] Vishavjeet Singh	267	PUN	30.06.2006	79.600	123	123	125	123	6	143	143	149	143	13	266	12
13	124	[B] V. Tamilselvan	275	TND	04.06.2001	79.500	116	120	120	116	14	143	--	--	143	12	259	13
14	350	[C] T. Robert Singh	260	MNP	31.11.2004	80.950	115	115	120	115	16	140	145	145	140	14	255	14
15	753	[C] Parikshit Soni	260	M.P.	19.09.2001	76.800	110	115	120	115	15	137	140	143	140	15	255	15
16	447	[D] M. Ashok	250	A.P	21.12.2003	79.700	112	117	122	117	12	135	135	--	135	18	252	16
17	619	[C] Gurkirat Singh	255	CHD	02.03.2001	79.950	107	111	116	116	13	136	140	141	136	16	252	17
18	363	[D] Kushank Arora	250	DEL	09.12.2001	77.850	108	112	112	112	18	135	135	140	135	17	247	18



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT JUNIOR MEN 81 kg

Competition : 25.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
19	190	[C] Nandan ku Sahu	257	ORS	01.07.2001	77.400	105	105	110	110	19	135	143	143	135	19	245	19
20	651	[D] Bhagwan Singh	250	RAJ	06.05.2001	76.750	108	108	112	108	20	130	135	--	130	20	238	20

Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

Referee

- Center - D. Sailoo, N-2 [TEL]
Left - Harpal Singh, N-2 [PUN]
Right - Khushbu Singh Yadav, N-1 [U.P.]
Reserve - Ramesh Ch. Padhy, I-2 [ORS]

Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

Secretary

1. S. Shanmugavel, I-1 [TND]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT JUNIOR MEN 89 kg

Competition : 26.03.2022 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	98	[A] A.S.R.K.Yadav	301	A.P	05.06.2002	88.650	128	132	135	132	2	160	169	169	160	2	292	1
2	781	[B] Prince Malik	284	U.P.	12.02.2002	86.250	135	138	142	138	1	153	153	158	153	6	291	2
3	313	[B] Himanshu Thapa	275	M.P.	30.03.2001	87.900	125	125	130	125	6	155	161	167	155	4	280	3
4	132	[B] Ranjan	291	HRN	31.05.2001	88.150	125	130	132	125	5	155	155	155	155	5	280	4
5	93	[B] Siddhanth Seth	264	U.P.	22.01.2001	88.000	113	117	117	117	8	155	155	161	161	1	278	5
6	696	[B] Suditya Baruah	275	ASM	16.12.2004	86.000	116	116	120	116	9	150	156	159	159	3	275	6
7	129	[B] Sanidhya More	265	MHR	26.03.2005	86.450	118	122	125	125	7	143	146	146	146	8	271	7
8	622	[B] B. Harish	270	TND	18.01.2003	84.300	112	112	112	112	12	140	147	151	151	7	263	8
9	536	[C] Aakash Soodan	242	J.K.	28.03.2002	86.450	106	110	110	106	14	136	140	143	143	9	249	9
	242	[A] Taba Dosum	298	ARN	10.10.2001	87.550	122	127	129	127	3	156	156	156	--		--	
	153	[A] Dhairyashil Salunkhe	305	MHR	27.03.2001	87.100	126	126	126	126	4	159	159	159	--		--	
	30	[C] Akshay Chaudhary	255	UKD	31-12-2001	82.850	110	115	119	115	10	137	137	137	--		--	
	612	[B] Sanover	270	CHD	03.01.2003	87.950	113	116	116	113	11	145	145	145	--		--	
	42	[C] Ankit	240	DEL	30.12.2003	88.000	106	108	108	106	13	136	136	--	--		--	
	171	[B] Bunty Chaudhary	270	J.K.	25.12.2001	88.100	121	121	121	--		--	--	--	--		--	

Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

Referee

- Center - K.D.S. Nagra, N-1 [CHD]
 Left - Rajesh Kumar, I-1 [H.P.]
 Right - K. Suryanarayana, I-2 [A.P.]
 Reserve - Biku Sarita, N-1 [ARN]

Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT JUNIOR MEN 96 kg

Competition : 28.03.2022 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	243	[A] Aman	293	HRN	30.08.2001	94.350	130	130	134	130	4	161	170	176	176	1	306	1
2	448	[A] Tejas Lokhande	310	MHR	27.10.2001	90.050	128	132	135	135	2	165	170	178	170	2	305	2
3	510	[A] Ankush Kumar	296	U.P.	03.07.2001	93.600	131	136	138	136	1	163	163	163	163	5	299	3
4	445	[A] R. Ramkumar	300	TND	10.12.2001	94.950	130	130	138	130	5	160	165	165	160	6	290	4
5	304	[C] Punit Chandra Sahu	260	ORS	10.06.2003	94.200	112	120	121	121	10	150	160	167	167	3	288	5
6	12	[B] Abhimanyu Pandey	283	PUN	27.01.2002	94.600	118	122	123	123	8	150	156	163	163	4	286	6
7	440	[B] Rahul	270	CHD	02.08.2003	90.750	130	135	138	130	3	150	155	160	155	8	285	7
8	741	[B] Vikash	289	HRN	14.02.2002	91.750	120	125	129	125	6	157	163	164	157	7	282	8
9	473	[C] M.Mani Kanta	255	A.P	13.11.2002	90.300	115	122	122	122	9	145	152	156	152	9	274	9
10	663	[B] Nikhil Gupta	274	DEL	13.08.2001	91.800	116	121	121	116	11	150	150	153	150	11	266	10
11	156	[B] Ayush Bhardwaj	273	DEL	14.09.2004	93.900	120	124	127	124	7	141	144	144	141	16	265	11
12	224	[C] Namandeep Singh	261	J.K.	18.05.2001	91.000	112	112	116	112	16	146	151	155	151	10	263	12
13	751	[B] Anil Singh	273	PUN	01.02.2002	93.500	113	118	118	113	15	145	150	150	150	12	263	13
14	104	[C] Nihal Batti	264	MHR	23.04.2002	93.100	110	114	117	114	13	140	147	152	147	13	261	14
15	584	[B] Swayam	265	M.P.	10.06.2004	92.550	112	112	118	112	17	144	147	155	147	14	259	15
16	787	[B] P.Sai Kiran	265	A.P	18.12.2002	93.200	107	111	115	111	18	140	146	153	146	15	257	16
	308	[C] Kh. Balkrishna Singh	255	MNP	12.02.2001	95.850	115	117	--	115	12	140	140	140	--		--	
	374	[D] Suraj Kumar Singh	243	BHR	03.12.2001	93.050	109	113	113	113	14	137	137	137	--		--	



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT JUNIOR MEN 96 kg

Competition : 28.03.2022 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
	436	[D] Pankaj Saini	250	H.P.	30.05.2001	92.700	115	115	115	--		--	--	--	--	--		
	341	[C] Sachin	260	RAJ	15.12.2003	90.600	115	115	115	--		--	--	--	--	--		

Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

Referee

- Center - Geetha Ananda, N-1 [KRN]
Left - P.A. Jose, N-1 [KRL]
Right - Ranjit Bhattacharjee, N-1 [W.B.]
Reserve - Santosh Sinhasane, I-1 [MHR]

Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

Secretary

1. S. Shanmugavel, I-1 [TND]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT JUNIOR MEN 102 kg

Competition : 28.03.2022 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	103	[A] Harcharan Singh	320	RAJ	20.08.2001	101.650	142	147	151	151	1	162	168	172	168	2	319	1
2	139	[A] Aman	310	HRN	08.03.2003	101.500	133	137	140	137	3	171	177	183	177	1	314	2
3	167	[B] Jasveer Singh	288	PUN	01.01.2001	100.500	126	131	134	134	4	155	160	163	160	3	294	3
4	300	[B] Ashwar Khan	270	H.P.	11.04.2002	96.500	118	122	127	122	7	152	152	157	157	5	279	4
5	748	[C] D.Sagar	255	A.P	22.11.2005	96.090	111	116	121	121	9	140	149	157	157	4	278	5
6	70	[B] Bholu Singh	276	BHR	05.05.2004	99.700	120	126	134	126	5	145	150	150	150	7	276	6
7	37	[B] Yuvraj Singh	279	DEL	02.03.2002	100.500	118	121	122	122	8	149	153	155	153	6	275	7
8	152	[C] Parwinder Singh	245	CHD	19.02.2003	101.950	112	117	122	122	6	142	148	148	142	9	264	8
9	229	[C] M. Rakesh	260	TND	10.06.2003	97.200	112	112	116	116	10	140	146	151	146	8	262	9
10	793	[C] Sk.Moin Ali	250	A.P	24.06.2002	96.850	100	105	109	105	12	135	141	145	141	10	246	10
	576	[A] Akash Kaushal	320	M.P.	27.12.2002	101.700	135	138	140	140	2	170	170	171	--		--	
	623	[C] Ujjwal Sharma	241	J.K.	24.07.2001	97.150	105	112	114	114	11	135	135	135	--		--	

Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

Referee

- Center - Khushbu Singh Yadav, N-1 [U.P.]
Left - Ramesh Ch. Padhy, I-2 [ORS]
Right - D. Sailoo, N-2 [TEL]
Reserve - Harpal Singh, N-2 [PUN]

Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

Secretary

1. S. Shanmugavel, I-1 [TND]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT JUNIOR WOMEN 45 kg

Competition : 20.03.2022 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	667	[A] K.V.L. Pavani Kumari	145	A.P	05.03.2003	44.700	62	66	69	66	2	80	82	85	85	1	151	1
2	720	[A] Anjali Patel	144	U.P.	10.08.2004	44.600	65	67	71	67	1	78	80	82	80	2	147	2
3	296	[A] Harshada Garud	156	MHR	08.11.2003	45.000	63	66	66	66	3	79	82	82	79	3	145	3
4	325	[A] B. Rajeswari	140	A.P	10.07.2002	44.600	61	65	67	65	4	79	82	82	79	4	144	4
5	488	[A] Soumya Dalvi	154	MHR	18.08.2005	44.300	62	64	66	64	5	77	81	82	77	5	141	5
6	369	[A] Rinki Nayak	129	ORS	09.01.2002	44.900	57	57	60	60	6	72	75	75	72	6	132	6
7	142	[B] Kashish Yadav	115	U.P.	24.09.2004	44.850	48	52	52	52	7	65	70	70	65	7	117	7
8	672	[B] Rani Nayak	119	M.P.	10.08.2002	43.450	50	55	55	50	8	64	64	68	64	8	114	8
	397	[B] Humanshi Gurjar	111	RAJ	26.09.2003	45.000	47	50	50	47	9	64	64	64	--		--	

Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

Referee

- Center - Geetha Ananda, N-1 [KRN]
Left - P.A. Jose, N-1 [KRL]
Right - Ranjit Bhattacharjee, N-1 [W.B.]
Reserve - Santosh Sinhasane, I-1 [MHR]

Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

Secretary

1. S. Shanmugavel, I-1 [TND]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT JUNIOR WOMEN 49 kg

Competition : 20.03.2022 15:30

Weigh in : 13:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	390	[A] Sakshi Mhaske	175	MHR	23.03.2001	49.000	73	73	76	76	1	88	91	92	92	1	168	1
2	675	[A] Gyaneshwari Yadav	160	C.G.	08.03.2003	48.850	71	74	76	74	2	84	84	87	87	3	161	2
3	470	[A] V. Madhumitha	150	PON	13.09.2004	48.150	63	63	65	65	8	86	90	93	90	2	155	3
4	499	[B] Nilam Patel	143	U.P.	17.12.2004	49.000	62	65	67	67	3	82	85	88	85	6	152	4
5	704	[B] K. Nomita Devi	150	MNP	01.03.2002	48.600	63	63	66	66	4	85	89	89	85	4	151	5
6	118	[B] V. Rithika	120	TND	25.07.2004	48.700	65	65	68	65	5	80	85	88	85	5	150	6
7	554	[A] Th. Sanju Devi	158	MNP	17.04.2003	48.500	65	68	68	65	7	85	88	88	85	8	150	7
8	500	[A] Vidushi Sharma	160	M.P.	04.08.2002	48.800	64	64	64	64	9	85	89	89	85	7	149	8
9	358	[B] Gitashree Sonowal	135	ASM	12.11.2002	48.200	55	59	62	62	10	75	80	83	80	10	142	9
10	665	[B] Sandhya Rani Nayak	140	ORS	27.10.2002	48.450	58	58	62	58	11	78	81	81	81	9	139	10
	469	[A] Radha Soni	150	U.P.	27.04.2003	47.500	65	70	71	65	6	92	92	92	--		--	
	676	[B] Maniquam Shetty N.	127	KRL	02-04-2002	48.950	51	51	51	51	12	69	69	69	--		--	
	559	[A] Preety	151	HRN	15.08.2002	48.200	65	65	65	--		--	--	--	--		--	

Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

Referee

- Center - Rajesh Kumar, I-1 [H.P.]
Left - K. Suryanarayana, I-2 [A.P.]
Right - Biku Sarita, N-1 [ARN]
Reserve - K.D.S. Nagra, N-1 [CHD]

Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

Secretary

1. S. Shanmugavel, I-1 [TND]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT JUNIOR WOMEN 55 kg

Competition : 20.03.2022 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	405	[A] Boni Mangkhya	167	ARN	04.06.2004	54.500	70	73	73	73	4	92	96	98	98	1	171	1
2	165	[B] Ananya Patil	155	MHR	14.01.2001	53.650	71	74	77	77	1	85	89	91	91	3	168	2
3	191	[A] Usha	170	HRN	09.02.2003	54.400	70	74	76	74	2	90	94	96	94	2	168	3
4	269	[B] L. Nilam Devi	146	MNP	10.06.2004	53.350	68	71	73	73	3	85	90	92	85	5	158	4
5	769	[B] Priya	150	HRN	28.11.2003	54.600	65	66	69	69	5	88	92	93	88	4	157	5
6	337	[B] Chingjuan Neina	136	MNP	15.09.2003	52.950	58	61	61	61	7	78	78	82	82	7	143	6
7	163	[B] Kumari Shalini	150	U.P.	01.01.2004	54.000	60	64	64	60	9	80	83	87	83	6	143	7
8	453	[B] Kumkum Yadav	140	U.P.	03.06.2004	54.500	55	60	64	64	6	75	78	78	78	11	142	8
9	14	[B] Bibari Boro	135	ASM	25.12.2002	53.750	60	60	60	60	10	78	82	82	82	8	142	9
10	392	[C] Sindhu J Hegade	130	KRN	10.01.2001	51.400	55	58	60	60	8	75	79	79	79	10	139	10
11	567	[C] Asha Sheuli	134	W.B.	25.02.2005	50.350	57	57	57	57	11	80	80	83	80	9	137	11
	418	[C] Poonam	130	RAJ	01.07.2005	51.450	55	57	57	55	12	75	75	75	--		--	
	544	[C] Mamta Tank	126	RAJ	18.11.2003	54.550	55	55	58	55	13	75	75	--	--		--	
	640	[C] Bharti Badele	130	M.P.	13.07.2001	54.100	55	55	58	55	14	75	75	75	--		--	
	376	[B] K. Siva Kumari	150	A.P.	15.07.2002	50.700	62	62	62	--		---	--	--	--		--	

Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

Referee

- Center - Santosh Sinhasane, I-1 [MHR]
Left - Geetha Ananda, N-1 [KRN]
Right - P.A. Jose, N-1 [KRL]
Reserve - Ranjit Bhattacharjee, N-1 [W.B.]

Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT JUNIOR WOMEN 59 kg

Competition : 24.03.2022 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	712	[A] Sukarna Adak	195	W.B.	10.01.2003	58.800	78	81	81	81	1	98	104	104	98	1	179	1
2	27	[B] M. Deepa Nayomi	160	A.P	24.06.2002	57.700	73	77	80	77	2	97	97	97	97	2	174	2
3	49	[B] T.M. Keerthana	160	TND	21.10.2004	55.600	72	77	77	77	3	90	96	96	96	4	173	3
4	277	[B] Sonam Singh	161	U.P.	18.12.2004	57.750	72	76	78	76	4	90	93	96	96	3	172	4
5	160	[A] Reema Bhoi	165	ORS	29.08.2002	57.600	67	74	74	74	6	85	92	101	92	6	166	5
6	662	[B] Sonali Yadu	160	C.G.	19.09.2002	58.500	70	72	75	75	5	90	90	96	90	8	165	6
7	193	[A] Ankita	175	RAJ	10.04.2006	58.950	72	75	75	72	8	91	93	93	91	7	163	7
8	289	[A] Liza Kamsha	165	ARN	02.10.2003	58.750	70	70	70	70	10	92	97	97	92	5	162	8
9	565	[A] Pooja Paradeshi	164	MHR	16.04.2001	58.250	66	70	73	70	9	86	90	93	90	9	160	9
10	314	[B] Priyanka Mourya	143	M.P.	08.06.2002	58.350	61	65	68	65	12	82	87	90	87	10	152	10
11	105	[A] Bhavna Sharma	164	PUN	20.11.2001	58.250	63	66	66	66	11	83	83	85	85	11	151	11
12	290	[B] Samoditha H.G	139	KRN	01.06.2001	58.500	58	61	64	64	13	76	80	83	83	13	147	12
13	785	[B] Deepshikha Boro	140	ASM	13.10.2002	58.200	58	62	64	64	14	78	81	83	83	14	147	13
14	199	[B] B. Gangothri	133	TEL	18.06.2004	57.850	58	61	64	61	15	76	83	87	83	12	144	14
	714	[A] Aparajita Bhuyan	162	ORS	27.10.2002	57.700	65	67	73	73	7	85	85	85	--		--	
	592	[A] Bhawna	175	HRN	20.07.2005	58.700	80	80	80	--		--	--	--	--		--	
	572	[A] L. Kowshika	180	PON	18.03.2004	58.300	72	72	72	--		--	--	--	--		--	

Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

Referee

- Center - Biku Sarita, N-1 [ARN]
 Left - K.D.S. Nagra, N-1 [CHD]
 Right - Rajesh Kumar, I-1 [H.P.]
 Reserve - K. Suryanarayana, I-2 [A.P.]

Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

Secretary

1. S. Shanmugavel, I-1 [TND]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT JUNIOR WOMEN 64 kg

Competition : 26.03.2022 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	655	[A] S. Pallavi	190	A.P	13.07.2003	62.550	83	83	86	86	1	104	108	110	108	1	194	1
2	368	[A] Komal Khan	180	IWLF	23-03-2001	64.000	81	81	84	84	2	103	106	108	106	2	190	2
3	629	[A] Ditimoni Sonowal	180	ASM	04.12.2003	63.250	80	82	82	82	3	98	103	106	103	3	185	3
4	402	[B] Kh. Anjali Devi	165	MNP	06.03.2003	61.350	65	71	76	71	5	85	91	96	96	4	167	4
5	175	[A] C. Harshika	170	PON	31.10.2007	59.950	70	75	75	70	6	85	90	95	95	5	165	5
6	36	[A] Sangeeta Padhy	168	ORS	21.03.2003	63.750	68	68	74	74	4	85	90	90	90	6	164	6
7	664	[A] Aarzoo	171	PUN	10.05.2003	61.850	65	69	69	69	7	86	92	92	86	8	155	7
8	253	[B] Posen Kongkang	160	ARN	14.01.2003	60.050	65	65	68	68	9	83	87	87	83	10	151	8
9	408	[B] Debaki Khilla	145	ORS	27.03.2002	63.100	63	67	67	63	11	80	86	92	86	7	149	9
10	180	[B] Archita Sidhant Shirodkar	139	GOA	10.02.2005	61.600	60	64	66	64	10	79	82	84	84	9	148	10
11	329	[B] M. Monila	145	TND	14.11.2006	62.200	60	65	65	60	13	81	81	84	81	11	141	11
	285	[B] M. Anusha	150	TEL	22.08.2003	62.950	68	71	71	68	8	84	84	84	--		--	
	767	[B] S. Mariammal	140	PON	19.06.2001	61.200	60	62	62	62	12	79	79	79	--		--	

Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

Referee

- Center - Santosh Sinhasane, I-1 [MHR]
Left - Geetha Ananda, N-1 [KRN]
Right - P.A. Jose, N-1 [KRL]
Reserve - Ranjit Bhattacharjee, N-1 [W.B.]

Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT JUNIOR WOMEN 71 kg

Competition : 27.03.2022 13:30

Weigh in : 11:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	71	[A] Armandeep Kaur	183	RAJ	07.10.2002	66.600	77	80	82	82	1	100	105	108	105	1	187	1
2	683	[A] Y. Poornasri	180	TND	19.08.2004	68.500	80	80	82	82	2	101	105	107	105	2	187	2
3	432	[A] Srasthi	199	U.P.	12.06.2002	67.950	81	82	82	82	3	101	106	106	101	3	183	3
4	425	[A] Trupti Mane	195	MHR	29.09.2001	68.100	80	80	80	80	4	100	104	105	100	4	180	4
5	502	[A] Anjana Sreejith	185	KRL	25-02-2003	70.550	73	78	81	78	6	97	102	106	97	6	175	5
6	705	[A] Tamana	173	HRN	10.05.2002	70.800	74	77	79	79	5	94	95	100	95	8	174	6
7	624	[A] Navdeep Kaur	170	PUN	15.11.2003	69.300	73	76	79	76	8	94	98	102	98	5	174	7
8	730	[A] V. Sahithi	185	TEL	15.10.2002	70.500	76	76	79	76	9	93	97	100	97	7	173	8
9	795	[A] Sanjana	172	HRN	18.01.2007	69.750	72	76	79	76	7	90	97	99	90	11	166	9
10	311	[B] H. Rodi Chanu	162	MNP	04.03.2004	65.600	62	70	70	70	10	85	90	93	93	9	163	10
11	237	[B] Monali Sahoo	155	ORS	14.03.2003	69.750	63	67	69	69	11	82	86	90	90	10	159	11
12	636	[B] S. Rithika	150	PON	15.09.2005	65.300	65	65	65	65	12	83	85	88	85	12	150	12
13	275	[B] Akta Banjare	139	C.G.	24.08.2004	65.050	59	63	63	63	13	79	79	81	79	13	142	13
	48	[B] B. Nani	160	A.P	25.03.2002	66.300	68	68	68	--		--	--	--	--		--	

Jury

1. A) K. Subramanya, I-1 [KRN]
2. B) G.P. Sharma, I-1 [U.P.]
3. C) Shyamala Shetty, I-1 [KRN]

Referee

- Center - P.A. Jose, N-1 [KRL]
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Reserve - Geetha Ananda, N-1 [KRN]

Chief Marshal

1. Komalpreet Kaur, N-2 [PUN]
2. Vijay Hooda, N-2 [AIPSCB]
3. Trupti Parasher, N-2 [MHR]

Time Keeper

1. P. Jagdish Patro, N-2 [ORS]

Technical Controller

1. Yogendra Sharma, N-1 [U.P.]
2. J.N. Nanda, N-1 [ORS]

Secretary

1. R.V.L.N. Ratnakara Rao, I-1 [A.P.]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT JUNIOR WOMEN 76 kg

Competition : 27.03.2022 12:00

Weigh in : 10:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	161	[A] Jyoti Yadav	188	HRN	16.01.2004	75.100	80	80	83	80	2	100	104	106	104	1	184	1
2	599	[A] Pratiksha Kadu	175	MHR	17.10.2003	72.400	70	74	77	77	3	91	95	98	95	3	172	2
3	610	[B] P. Dhatri	170	A.P	22.06.2003	73.450	75	80	81	81	1	90	96	97	90	4	171	3
4	391	[B] W. Sapana Devi	165	MNP	15.01.2003	75.400	68	73	73	73	4	90	95	98	98	2	171	4
5	57	[B] M. Keerthi	155	ORS	03.12.2001	74.500	65	70	70	70	5	90	90	97	90	5	160	5
6	320	[B] Vydhadi Devi	130	PON	09.04.2004	73.800	63	67	69	69	6	79	79	79	79	7	148	6
7	564	[B] Yashwini V Bandari	139	KRN	16.02.2001	71.700	59	63	63	59	8	79	82	84	82	6	141	7
	141	[B] Rajni	154	HRN	07.11.2005	75.950	59	63	67	67	7	79	79	80	--		--	

Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

Referee

- Center - Biku Sarita, N-1 [ARN]
Left - K.D.S. Nagra, N-1 [CHD]
Right - Rajesh Kumar, I-1 [H.P.]
Reserve - K. Suryanarayana, I-2 [A.P.]

Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

Secretary

1. S. Shanmugavel, I-1 [TND]



IWLF YOUTH JUNIOR AND SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22

KIIT, BHUBANESWAR - ODISHA

19/03/2022 to 31/03/2022



RESULT JUNIOR WOMEN 81 kg

Competition : 25.03.2022 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	154	[A] Ch. Srilakshmi	175	A.P	19.10.2004	78.000	75	79	81	81	1	95	101	104	104	2	185	1
2	419	[A] Harmanpreet Kaur	194	PUN	09.10.2001	76.800	79	79	79	79	2	95	100	104	104	1	183	2
3	271	[A] Hema Ganage	175	MHR	06.06.2003	76.750	73	76	78	78	3	87	91	95	91	5	169	3
4	775	[B] Amritha P. Suni	170	KRL	16-01-2007	79.300	70	73	75	73	6	88	93	93	93	4	166	4
5	136	[A] Y. Chaitanya Kumari	175	A.P	12.08.2006	80.700	70	74	74	74	5	86	86	90	90	6	164	5
6	673	[B] Muskan	163	HRN	02.03.2005	77.500	70	74	74	74	4	89	92	93	89	7	163	6
7	710	[B] Pratibha Kumari M.P.	160	KRL	17-05-2001	78.550	62	62	67	67	8	83	88	93	93	3	160	7
8	360	[B] Swetalina Nayak	164	ORS	02.01.2002	79.750	68	68	74	68	7	85	85	90	85	10	153	8
9	679	[B] Gajjar Aayushi Umeshbhai	150	GUJ	18.08.2003	77.600	66	66	70	66	9	86	90	90	86	8	152	9
10	236	[B] Kalpana Yadav	143	U.P.	10.07.2002	76.050	61	62	66	62	11	81	86	90	86	9	148	10
11	593	[B] Priyanka	140	DEL	17.07.2003	80.550	61	64	67	64	10	80	82	84	82	11	146	11
	273	[B] Rashmi	167	CHD	18.07.2002	80.600	70	70	70	--		--	--	--	--		--	

Jury

1. A) Hansa Sharma, I-1 [UKD]
2. B) B. Venkatramaiah, I-1 [A.P.]
3. C) Harbans Singh, I-1 [PUN]

Referee

- Center - Geetha Ananda, N-1 [KRN]
Left - P.A. Jose, N-1 [KRL]
Right - Ranjit Bhattacharjee, N-1 [W.B.]
Reserve - Santosh Sinhasane, I-1 [MHR]

Chief Marshal

1. Mona Sinha, N-2 [U.P.]
2. R. Kavitha, N-1 [TND]
3. Pradeep Kumar Yadav, N-1 [U.P.]

Time Keeper

1. Sangeeta Chhabra, N-1 [UKD]

Technical Controller

1. Yudhvir Singh, I-2 [J.K.]
2. Ravi Sharma, N-1 [RAJ]

Secretary

1. S. Shanmugavel, I-1 [TND]