

NEW NATIONAL RECORDS CREATED DURING IWLF YOUTH, JUNIOR & SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22
AT KIIT, BHUBANESWAR FROM 19-31 MARCH 2022

| S.No. | Date of Competition | Name of athlete | State / Unit | Wt. Cat. (kg) | Section | Snatch | | Clean & Jerk | | Total | |
|-------|---------------------|-------------------|-------------------|---------------|--------------|------------|------------|--------------|------------|------------|------------|
| | | | | | | New Record | Old Record | New Record | Old Record | New Record | Old Record |
| 1 | 20.2.2022 | Akansha Vyavhare | Maharashtra | 40 | Youth Girls | 56 | 53 | | | | |
| 2 | 20.2.2022 | Akansha Vyavhare | Maharashtra | 40 | Youth Girls | 58 | 56 | | | | |
| 3 | 20.2.2022 | Akansha Vyavhare | Maharashtra | 40 | Youth Girls | | | 67 | 66 | | |
| 4 | 20.2.2022 | Akansha Vyavhare | Maharashtra | 40 | Youth Girls | | | | | 125 | 116 |
| 5 | 20.2.2022 | Akansha Vyavhare | Maharashtra | 40 | Youth Girls | | | 69 | 67 | | |
| 6 | 20.2.2022 | Akansha Vyavhare | Maharashtra | 40 | Youth Girls | | | | | 127 | 125 |
| 7 | 20.2.2022 | Anjali Patel | Uttar Pradesh | 45 | Youth Girls | 67 | 66 | | | | |
| 8 | 20.2.2022 | Anjali Patel | Uttar Pradesh | 45 | Youth Girls | | | | | 147 | 145 |
| 9 | 20.2.2022 | Komal Kohar | Haryana | 45 | Senior Women | 72 | 71 | | | | |
| 10 | 21.3.2022 | N. Tomchou Meetei | Manipur | 55 | Youth Boys | 98 | 95 | | | | |
| 11 | 21.3.2022 | S. Gurunaidu | Andhra Pradesh | 55 | Youth Boys | 99 | 98 | | | | |
| 12 | 21.3.2022 | N. Tomchou Meetei | Manipur | 55 | Youth Boys | 100 | 99 | | | | |
| 13 | 21.3.2022 | S. Gurunaidu | Andhra Pradesh | 55 | Youth Boys | 102 | 100 | | | | |
| 14 | 21.3.2022 | S. Gurunaidu | Andhra Pradesh | 55 | Youth Boys | | | 125 | 122 | | |
| 15 | 21.3.2022 | S. Gurunaidu | Andhra Pradesh | 55 | Youth Boys | | | | | 222 | 216 |
| 16 | 21.3.2022 | S. Gurunaidu | Andhra Pradesh | 55 | Youth Boys | | | | | 227 | 222 |
| 17 | 22.3.2022 | Nilam Patel | Uttar Pradesh | 49 | Youth Girls | 67 | 66 | | | | |
| 18 | 22.3.2022 | Nikita Kamalkar | Maharashtra | 55 | Youth Girls | | | 94 | 93 | | |
| 19 | 22.3.2022 | Bhumika Mohite | Maharashtra | 55 | Youth Girls | | | 95 | 94 | | |
| 20 | 22.3.2022 | Bhumika Mohite | Maharashtra | 55 | Youth Girls | | | | | 170 | 169 |
| 21 | 22.3.2022 | Boni Mangkhya | Arunachal Pradesh | 55 | Youth Girls | | | 96 | 95 | | |
| 22 | 22.3.2022 | Boni Mangkhya | Arunachal Pradesh | 55 | Youth Girls | | | 98 | 96 | | |
| 23 | 22.3.2022 | Boni Mangkhya | Arunachal Pradesh | 55 | Youth Girls | | | | | 171 | 170 |