

भारतीय भारोत्तोलन संघ Indian Weightlifting Federation

Affiliated to: International Weightlifting Federation, Asian Weightlifting Federation,
Commonwealth Weightlifting Federation and Indian Olympic Association
Recognised by: Ministry of Youth Affairs & Sports, Govt. of India



Sahdev Yadav
President

S.H. Anande Gowda
Secretary General

File No.: IWLF-16-IWLF-YJS-NWLC

Date: 22 February 2022

*All affiliated States & Departmental Boards
And Athlete Commission of Indian Weightlifting Federation*

Sub.: Invitation for participation of your teams during IWLF Senior (Men & Women), Junior (Men & Women) and Youth (Sub-Junior Boys & Girls) National Weightlifting Championships-2021-22 held at KIITS Deemed University, Bhubaneswar, Odisha from 19-31 March 2022.

Dear All,

We are pleased to invite you to participate during IWLF Senior (Men & Women), Junior (Men & Women) and Youth (Sub-Junior Boys & Girls) National Weightlifting Championships-2021-22 held at KIITS Deemed University, Bhubaneswar, Odisha from 19-31 March 2022.

Entries were closed on 31st December 2021 and no further addition will be allowed. We are sharing the provisional time table of the Competition. It is submitted that all teams have to arrive on 19th March 2022 and will depart in 2 groups from Bhubaneswar – first group on 26th March 2022 consisting of athletes in weight categories – Men – 49 kg, 55 kg, 61 kg, 67 kg, 73 kg and 81 kg in Youth, Junior & Senior section, Women – 40 kg, 45 kg, 49 kg, 55 kg, and 59 kg in Youth, Junior & Senior section and second group on 31st March 2022 consisting of athletes in weight categories – Men – 89 kg, 96 kg, 102 kg, +102 kg, 109 kg and +109 kg in Youth, Junior & Senior section, Women – 64 kg, 71 kg, 76 kg, 81 kg, +81 kg, 87 kg and +87 kg in Youth, Junior & Senior section.

We are also enclosing an excel sheet containing the names of participants of each state. All states are required to fill the arrival departure details in the excel sheet and send the same to Federation office by email latest by **28th February 2022.**

You are invited to participate in the Championships. Kindly ensure that all athletes must carry their Federation id cards otherwise they will not be allowed to give body weight at their designated time. The athletes who do not have the Federation ID cards may apply the same on online portal for getting efile ID cards. Those athletes who are in possession of old physical id cards can participate with their old cards.

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Entries of those States / Departments whose lifters have not paid the administrative dope penalty charges / other dues to the Federation will not be allowed to participate in above Championships.

It is mandatory to carry RT-PCR COVID-19 negative test report by all participants (athletes, team officials and technical officials), test to be carried out within 72-96 hours prior to the arrival at the venue. In absence of negative RT-PCR test report, no participant will be allowed to enter the venue at Bhubaneswar.

In compliance with the resolutions adopted in Annual General Council Meeting dated 20th January 2021, all departmental boards have to arrange for their own boarding & lodging at Bhubaneswar.

All other terms and conditions will remain same as per earlier circulated dated 3rd November 2021.

Yours Sincerely,


[Sahdev Yadav]
PRESIDENT



Encl. as above

**PROVISIONAL TIME TABLE FOR 2021 IWLF YOUTH, JUNIOR AND SENIOR NATIONAL
WEIGHTLIFTING CHAMPIONSHIPS - KIIT UNIVERSITY, BHUBANESWAR - 19-31 MARCH 2022**

Days	Date	Program	Time	Competitors	
1	19.03.2022	Arrival of teams			
		Verification of final entries	16:00hrs		
		Technical Meeting	17:30hrs		
		Category	Weigh-in	Competition	
2	20.03.2022	Girls Youth 40 Kg	07:00hrs	09:00hrs	16
		Youth, Junior Senior(W) 45 Kg-C	08:30hrs	10:30hrs	14
		Youth, Junior Senior(W) 45 Kg-B	10:00hrs	12:00hrs	14
		Youth, Junior Senior(W) 45 Kg-A	11:30hrs	13:30hrs	13
		Youth Boys 49 Kg	13:00hrs	15:00hrs	16
		Youth ,Junior, Senior (M) 55 Kg-C	14:30hrs	16:30hrs	17
		Referee examination		17:00hrs	
3	21.03.2022	Youth ,Junior, Senior (M) 55 Kg-B	07:00hrs	09:00hrs	17
		Youth ,Junior, Senior (M) 55 Kg-A	09:30hrs	11:30hrs	15
		Youth ,Junior, Senior (M) 61 Kg-C	11:00hrs	13:00hrs	17
		Youth ,Junior, Senior (M) 61 Kg-B	13:30hrs	15:30hrs	17
		Youth ,Junior, Senior (M) 61 Kg-A	16:00hrs	18:00hrs	15
		Executive Committee Meeting of IWLF		19:00hrs	
		Annual General Council Meeting of IWLF		20:00hrs	
4	22.03.2022	Youth ,Junior, Senior (W) 49 Kg-B	07:00hrs	09:00hrs	17
		Youth ,Junior, Senior (W) 49 Kg-A	09:30hrs	11:30hrs	17
		Youth ,Junior, Senior (M) 67 Kg-D	12:00hrs	14:00hrs	15
		Youth ,Junior, Senior (M) 67 Kg-C	14:00hrs	16:00hrs	15
		Youth ,Junior, Senior (M) 67 Kg-B	16:00hrs	18:00hrs	15
5	23.03.2022	Youth ,Junior, Senior (M) 67 Kg-A	07:00hrs	09:00hrs	13
		Youth ,Junior, Senior (W) 55 Kg-C	08:30hrs	10:30hrs	15
		Youth ,Junior, Senior (W) 55 Kg-B	10:30hrs	12:30hrs	15
		Youth ,Junior, Senior (W) 55 Kg-A	12:30hrs	14:30hrs	15
		Youth ,Junior, Senior (M) 73 Kg-D	14:30hrs	16:30hrs	16
		Youth ,Junior, Senior (M) 73 Kg-C	16:30hrs	18:30hrs	16
6	24.03.2022	Youth ,Junior, Senior (M) 73 Kg-B	07:00hrs	09:00hrs	16
		Youth ,Junior, Senior (M) 73 Kg-A	09:30hrs	11:30hrs	15
		Youth ,Junior, Senior (W) 59 Kg-C	11:30hrs	13:30hrs	14
		Youth ,Junior, Senior (W) 59 Kg-B	13:30hrs	15:30hrs	14
		Youth ,Junior, Senior (W) 59 Kg-A	15:30hrs	17:30hrs	13
7	25.03.2022	Youth ,Junior, Senior (M) 81 Kg-D	07:00hrs	09:00hrs	16
		Youth ,Junior, Senior (M) 81 Kg-C	09:30hrs	11:30hrs	15
		Youth ,Junior, Senior (M) 81 Kg-B	11:30hrs	13:30hrs	15

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WEIGHTLIFTING CHAMPIONSHIPS - KIIT UNIVERSITY, BHUBANESWAR - 19-31 MARCH 2022**

Days	Date	Program	Time		
		Youth ,Junior, Senior (M) 81 Kg-A	13:30hrs	15:30hrs	15
		Youth ,Junior, Senior (W) 64 Kg-C	15:30hrs	17:30hrs	16
8	26.03.2022	Youth ,Junior, Senior (W) 64 Kg-B	07:00hrs	09:00hrs	16
		Youth ,Junior, Senior (W) 64 Kg-A	09:30hrs	11:30hrs	14
		Youth ,Junior, Senior (M) 89 Kg-D	11:30hrs	13:30hrs	16
		Youth ,Junior, Senior (M) 89 Kg-C	13:30hrs	15:30hrs	15
		Youth ,Junior, Senior (M) 89 Kg-B	15:30hrs	17:30hrs	15
9	27.03.2022	Youth ,Junior, Senior (M) 89 Kg-A	07:00hrs	09:00hrs	15
		Youth ,Junior, Senior (W) 71 Kg-C	09:30hrs	11:30hrs	14
		Youth ,Junior, Senior (W) 71 Kg-B	11:30hrs	13:30hrs	14
		Youth ,Junior, Senior (W) 71 Kg-A	13:30hrs	15:30hrs	14
		Youth ,Junior, Senior (W) 76 Kg-B	15:30hrs	17:30hrs	14
10	28.03.2022	Youth ,Junior, Senior (W) 76 Kg-A	07:00hrs	09:00hrs	14
		Youth ,Junior, Senior (M) 96 Kg-D	09:30hrs	11:30hrs	15
		Youth ,Junior, Senior (M) 96 Kg-C	11:30hrs	13:30hrs	15
		Youth ,Junior, Senior (M) 96 Kg-B	13:30hrs	15:30hrs	15
		Youth ,Junior, Senior (M) 96 Kg-A	15:30hrs	17:30hrs	14
11	29.03.2022	Youth ,Junior, Senior (M) 102 Kg-C	07:00hrs	09:00hrs	14
		Youth ,Junior, Senior (M) 102 Kg-B	09:30hrs	11:30hrs	13
		Youth ,Junior, Senior (M) 102 Kg-A	11:30hrs	13:30hrs	13
		Youth ,Junior, Senior (W) 81 Kg-B	13:30hrs	15:30hrs	17
		Youth ,Junior, Senior (W) 81 Kg-A	16:30hrs	18:30hrs	17
12	30.03.2022	Youth ,Junior, Senior (W) (87 & +81) Kg-A	07:00hrs	09:00hrs	17
		Youth ,Junior, Senior (M) (+102 & 109 Kg)-C	09:30hrs	11:30hrs	14
		Youth ,Junior, Senior (M) (+102 & 109 Kg)-B	11:30hrs	13:30hrs	13
		Youth ,Junior, Senior (M) (+102 & 109 Kg)-A	13:30hrs	15:30hrs	13
13	31.03.2022	Youth ,Junior, Senior (W) +87Kg A	07:00hrs	09:00hrs	17
		Youth ,Junior, Senior (M) +109 Kg	10:00hrs	12:00hrs	19
		Valedictory Ceremony		15:00hrs	
		Closing Ceremony		16:00hrs	
		Departure of teams		18:00hrs	
					876
					1032
					156