

भारतीय भारोत्तोलन संघ Indian Weightlifting Federation



Affiliated to: International Weightlifting Federation, Asian Weightlifting Federation,
Commonwealth Weightlifting Federation and Indian Olympic Association
Recognised by: Ministry of Youth Affairs & Sports, Govt. of India

President

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*All affiliated States, Union Territories
Technical Officials, EC & GC Members
of Indian Weightlifting Federation*

Sub.: Instructions for athletes, team officials, EC members, guest and technical officials participating in forthcoming IWLF National Youth, Junior & Senior Weightlifting Championships-2021-22 at Biju Patnaik Indoor Stadium, KIIT Deemed University, Bhubaneswar, Odisha from 19-31 March 2022.

Dear All,

It is submitted that IWLF National Youth, Junior & Senior Weightlifting Championships-2021-22 will now be held at Biju Patnaik Indoor Stadium, KIIT Deemed University, Bhubaneswar, Odisha from 19-31 March 2022. Provisional time table is enclosed for your kind reference.

The teams will arrive on 19th March 2022 and will depart in 2 groups as per schedule below:-

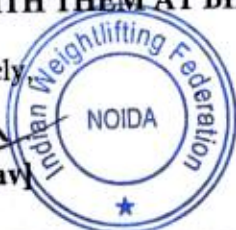
	Date of Departure from Bhubaneswar	Men athletes weight category	Women athletes weight category
For Group 1	26.03.2022	49 kg, 55 kg, 61 kg, 67 kg, 73 kg and 81 kg in Youth, Junior & Senior section	40 kg, 45 kg, 49 kg, 55 kg, and 59 kg in Youth, Junior & Senior section
For Group 2	31.03.2022	89 kg, 96 kg, 102 kg, +102 kg, 109 kg and +109 kg in Youth, Junior & Senior section	64 kg, 71 kg, 76 kg, 81 kg, +81 kg, 87 kg and +87 kg in Youth, Junior & Senior section

ALL PARTICIPANTS (ATHLETES, COACHES, MANAGERS, TECHNICAL OFFICIALS, OFFICE BEARERS, SPECIAL GUESTS) ARE NOT ALLOWED TO PARTICIPATE IN THE ABOVE CHAMPIONSHIPS WITHOUT RT-PCR NEGATIVE TEST REPORT. RT-PCR TEST TO BE UNDERTAKEN UPTO 72-96 HOURS BEFORE ARRIVAL AT BHUBANESWAR.

ALL STATE SECRETARIES ARE ADVISED NOT TO SEND ANY PARTICIPANT FROM THEIR STATES TO BHUBANESWAR WITHOUT THE NEGATIVE RT-PCR TEST REPORT WITH THEM AT BHUBANESWAR.

Yours Sincerely

[Sahdev Yadav]
President



**PROVISIONAL TIME TABLE FOR 2021 IWLF YOUTH, JUNIOR AND SENIOR NATIONAL
WEIGHTLIFTING CHAMPIONSHIPS - KIIT UNIVERSITY, BHUBANESWAR - 19-31 MARCH 2022**

Days	Date	Program	Time	Competitors	
1	19.03.2022	Arrival of teams			
		Verification of final entries	16:00hrs		
		Technical Meeting	17:30hrs		
		Category	Weigh-in	Competition	
2	20.03.2022	Girls Youth 40 Kg	07:00hrs	09:00hrs	16
		Youth, Junior Senior(W) 45 Kg-C	08:30hrs	10:30hrs	14
		Youth, Junior Senior(W) 45 Kg-B	10:00hrs	12:00hrs	14
		Youth, Junior Senior(W) 45 Kg-A	11:30hrs	13:30hrs	13
		Youth Boys 49 Kg	13:00hrs	15:00hrs	16
		Youth ,Junior, Senior (M) 55 Kg-C	14:30hrs	16:30hrs	17
		Referee examination		17:00hrs	
3	21.03.2022	Youth ,Junior, Senior (M) 55 Kg-B	07:00hrs	09:00hrs	17
		Youth ,Junior, Senior (M) 55 Kg-A	09:30hrs	11:30hrs	15
		Youth ,Junior, Senior (M) 61 Kg-C	11:00hrs	13:00hrs	17
		Youth ,Junior, Senior (M) 61 Kg-B	13:30hrs	15:30hrs	17
		Youth ,Junior, Senior (M) 61 Kg-A	16:00hrs	18:00hrs	15
		Executive Committee Meeting of IWLF		19:00hrs	
		Annual General Council Meeting of IWLF		20:00hrs	
4	22.03.2022	Youth ,Junior, Senior (W) 49 Kg-B	07:00hrs	09:00hrs	17
		Youth ,Junior, Senior (W) 49 Kg-A	09:30hrs	11:30hrs	17
		Youth ,Junior, Senior (M) 67 Kg-D	12:00hrs	14:00hrs	15
		Youth ,Junior, Senior (M) 67 Kg-C	14:00hrs	16:00hrs	15
		Youth ,Junior, Senior (M) 67 Kg-B	16:00hrs	18:00hrs	15
5	23.03.2022	Youth ,Junior, Senior (M) 67 Kg-A	07:00hrs	09:00hrs	13
		Youth ,Junior, Senior (W) 55 Kg-C	08:30hrs	10:30hrs	15
		Youth ,Junior, Senior (W) 55 Kg-B	10:30hrs	12:30hrs	15
		Youth ,Junior, Senior (W) 55 Kg-A	12:30hrs	14:30hrs	15
		Youth ,Junior, Senior (M) 73 Kg-D	14:30hrs	16:30hrs	16
		Youth ,Junior, Senior (M) 73 Kg-C	16:30hrs	18:30hrs	16
6	24.03.2022	Youth ,Junior, Senior (M) 73 Kg-B	07:00hrs	09:00hrs	16
		Youth ,Junior, Senior (M) 73 Kg-A	09:30hrs	11:30hrs	15
		Youth ,Junior, Senior (W) 59 Kg-C	11:30hrs	13:30hrs	14
		Youth ,Junior, Senior (W) 59 Kg-B	13:30hrs	15:30hrs	14
		Youth ,Junior, Senior (W) 59 Kg-A	15:30hrs	17:30hrs	13
7	25.03.2022	Youth ,Junior, Senior (M) 81 Kg-D	07:00hrs	09:00hrs	16
		Youth ,Junior, Senior (M) 81 Kg-C	09:30hrs	11:30hrs	15
		Youth ,Junior, Senior (M) 81 Kg-B	11:30hrs	13:30hrs	15

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WEIGHTLIFTING CHAMPIONSHIPS - KIIT UNIVERSITY, BHUBANESWAR - 19-31 MARCH 2022**

Days	Date	Program	Time		
		Youth ,Junior, Senior (M) 81 Kg-A	13:30hrs	15:30hrs	15
		Youth ,Junior, Senior (W) 64 Kg-C	15:30hrs	17:30hrs	16
8	26.03.2022	Youth ,Junior, Senior (W) 64 Kg-B	07:00hrs	09:00hrs	16
		Youth ,Junior, Senior (W) 64 Kg-A	09:30hrs	11:30hrs	14
		Youth ,Junior, Senior (M) 89 Kg-D	11:30hrs	13:30hrs	16
		Youth ,Junior, Senior (M) 89 Kg-C	13:30hrs	15:30hrs	15
		Youth ,Junior, Senior (M) 89 Kg-B	15:30hrs	17:30hrs	15
9	27.03.2022	Youth ,Junior, Senior (M) 89 Kg-A	07:00hrs	09:00hrs	15
		Youth ,Junior, Senior (W) 71 Kg-C	09:30hrs	11:30hrs	14
		Youth ,Junior, Senior (W) 71 Kg-B	11:30hrs	13:30hrs	14
		Youth ,Junior, Senior (W) 71 Kg-A	13:30hrs	15:30hrs	14
		Youth ,Junior, Senior (W) 76 Kg-B	15:30hrs	17:30hrs	14
10	28.03.2022	Youth ,Junior, Senior (W) 76 Kg-A	07:00hrs	09:00hrs	14
		Youth ,Junior, Senior (M) 96 Kg-D	09:30hrs	11:30hrs	15
		Youth ,Junior, Senior (M) 96 Kg-C	11:30hrs	13:30hrs	15
		Youth ,Junior, Senior (M) 96 Kg-B	13:30hrs	15:30hrs	15
		Youth ,Junior, Senior (M) 96 Kg-A	15:30hrs	17:30hrs	14
11	29.03.2022	Youth ,Junior, Senior (M) 102 Kg-C	07:00hrs	09:00hrs	14
		Youth ,Junior, Senior (M) 102 Kg-B	09:30hrs	11:30hrs	13
		Youth ,Junior, Senior (M) 102 Kg-A	11:30hrs	13:30hrs	13
		Youth ,Junior, Senior (W) 81 Kg-B	13:30hrs	15:30hrs	17
		Youth ,Junior, Senior (W) 81 Kg-A	16:30hrs	18:30hrs	17
12	30.03.2022	Youth ,Junior, Senior (W) (87 & +81) Kg-A	07:00hrs	09:00hrs	17
		Youth ,Junior, Senior (M) (+102 & 109 Kg)-C	09:30hrs	11:30hrs	14
		Youth ,Junior, Senior (M) (+102 & 109 Kg)-B	11:30hrs	13:30hrs	13
		Youth ,Junior, Senior (M) (+102 & 109 Kg)-A	13:30hrs	15:30hrs	13
13	31.03.2022	Youth ,Junior, Senior (W) +87Kg A	07:00hrs	09:00hrs	17
		Youth ,Junior, Senior (M) +109 Kg	10:00hrs	12:00hrs	19
		Valedictory Ceremony		15:00hrs	
		Closing Ceremony		16:00hrs	
		Departure of teams		18:00hrs	
					876
					1032
					156