

PERFORMANCE OF INDIAN ATHLETES DURING INTERNATIONAL EVENTS

Year	Section	Name	Participation during Weightlifting Championships / Games	Venue	Dates	Wt. Cat.	Snatch	C&J	Total	Place
2016	Men	Gururaja	12th South Asian Games	Guwahati, India	5-9 Feb 2016	56 kg	104	137	241	I
2016	Men	Gopal Anbarasu	12th South Asian Games	Guwahati, India	5-9 Feb 2016	62 kg	110	E/T	E/T	
2016	Men	Sambo Lapung	12th South Asian Games	Guwahati, India	5-9 Feb 2016	69 kg	123	158	281	I
2016	Men	Ajay Singh	12th South Asian Games	Guwahati, India	5-9 Feb 2016	77 kg	136	169	305	I
2016	Men	Vikas Thakur	12th South Asian Games	Guwahati, India	5-9 Feb 2016	85 kg	140	160	300	I
2016	Men	Pardeep Singh	12th South Asian Games	Guwahati, India	5-9 Feb 2016	94 kg	145	186	331	I
2016	Men	Victor Abilash Christopher	12th South Asian Games	Guwahati, India	5-9 Feb 2016	105 kg	135	162	297	I
2016	Men	Gurdeep Singh	12th South Asian Games	Guwahati, India	5-9 Feb 2016	+105 kg	155	190	345	I
2016	Women	Saikhom Mirabai Chanu	12th South Asian Games	Guwahati, India	5-9 Feb 2016	48 kg	79	90	169	I
2016	Women	Harshdeep Kaur	12th South Asian Games	Guwahati, India	5-9 Feb 2016	53 kg	73	98	171	I
2016	Women	Saraswati Rout	12th South Asian Games	Guwahati, India	5-9 Feb 2016	58 kg	80	107	187	I
2016	Women	Reena	12th South Asian Games	Guwahati, India	5-9 Feb 2016	63 kg	89	E/T	E/T	
2016	Women	Rakhi Halder	12th South Asian Games	Guwahati, India	5-9 Feb 2016	69 kg	86	108	194	I
2016	Women	Kavita Devi	12th South Asian Games	Guwahati, India	5-9 Feb 2016	75 kg	92	118	210	I
2016	Women	Sushila Panwar	12th South Asian Games	Guwahati, India	5-9 Feb 2016	+75 kg	88	110	198	I
2016	Women	Saikhom Mirabai Chanu	27th Women Sr. Asian	Tashkent, Uzbekistan	21-30 Apr 2016	48 kg	84	106	190	VII
2016	Women	Khumukcham Sanjita Chanu	27th Women Sr. Asian	Tashkent, Uzbekistan	21-30 Apr 2016	48 kg	82	102	184	IX
2016	Women	Sagolsem Thasana Chanu	27th Women Sr. Asian	Tashkent, Uzbekistan	21-30 Apr 2016	58 kg	83	104	187	VII
2016	Women	Punam Yadav	27th Women Sr. Asian	Tashkent, Uzbekistan	21-30 Apr 2016	63 kg	94	110	204	VI
2016	Women	Rakhi Halder	27th Women Sr. Asian	Tashkent, Uzbekistan	21-30 Apr 2016	69 kg	82	114	196	IV
2016	Women	Kavita Devi	27th Women Sr. Asian	Tashkent, Uzbekistan	21-30 Apr 2016	75 kg	95	E/T	E/T	
2016	Women	Sushila Panwar	27th Women Sr. Asian	Tashkent, Uzbekistan	21-30 Apr 2016	+75 kg	90	100	190	VI
2016	Men	Dipak Ramesh Mahajan	46th Men Sr. Asian	Tashkent, Uzbekistan	21-30 Apr 2016	56 kg	106	129	235	XIV
2016	Men	Gopal Anbarasu	46th Men Sr. Asian	Tashkent, Uzbekistan	21-30 Apr 2016	62 kg	115	140	255	XII
2016	Men	Sambo Lapung	46th Men Sr. Asian	Tashkent, Uzbekistan	21-30 Apr 2016	69 kg	125	162	287	XV
2016	Men	Sivalingam Sathish Kumar	46th Men Sr. Asian	Tashkent, Uzbekistan	21-30 Apr 2016	77 kg	145	172	317	IX
2016	Men	Vikas Thakur	46th Men Sr. Asian	Tashkent, Uzbekistan	21-30 Apr 2016	85 kg	150	185	335	VIII
2016	Men	Ragala Venkat Rahul	46th Men Sr. Asian	Tashkent, Uzbekistan	21-30 Apr 2016	85 kg	141	175	316	XII
2016	Men	Pardeep Singh	46th Men Sr. Asian	Tashkent, Uzbekistan	21-30 Apr 2016	94 kg	140	182	322	X
2016	Men	Gurdeep Singh	46th Men Sr. Asian	Tashkent, Uzbekistan	21-30 Apr 2016	+105 kg	154	195	349	XIII
2016	Men	Ajay Singh	2016 IWF Jr. (Men & Women)	Georgia, Tbilisi	22 Jun - 3 Jul 2016	77 kg	134	167	301	XIII
2016	Women	Saikhom Mirabai Chanu	Rio Olympic Games	Rio de Janeiro	6-16 Aug 2016	48 kg	82	E/T	E/T	
2016	Men	Sivalingam Sathish Kumar	Rio Olympic Games	Rio de Janeiro	6-16 Aug 2016	77 kg	148	181	329	XI
2016	Men	Jeremy Lalrinnunga	2016 IWF Youth World	Penang, Malaysia	18-25 Oct 2016	56 kg	108	127	235	II
2016	Men	Muthupandi Raja	2016 IWF Youth World	Penang, Malaysia	18-25 Oct 2016	56 kg	100	133	233	III
2016	Men	Gulam Navi	2016 IWF Youth World	Penang, Malaysia	18-25 Oct 2016	62 kg	108	144	252	XIII
2016	Men	Ragala Varun	2016 IWF Youth World	Penang, Malaysia	18-25 Oct 2016	69 kg	120	137	257	XIII
2016	Men	Abhishek Poonia	2016 IWF Youth World	Penang, Malaysia	18-25 Oct 2016	69 kg	104	126	230	XX
2016	Women	Shrabani Das	2016 IWF Youth World	Penang, Malaysia	18-25 Oct 2016	44 kg	54	69	123	VI
2016	Women	Mohini Daryappa Chavan	2016 IWF Youth World	Penang, Malaysia	18-25 Oct 2016	48 kg	66	82	148	VI
2016	Women	Jhilli Dala Behera	2016 IWF Youth World	Penang, Malaysia	18-25 Oct 2016	48 kg	61	82	143	IX
2016	Women	Soroikhaibam Bindyarani Devi	2016 IWF Youth World	Penang, Malaysia	18-25 Oct 2016	53 kg	65	88	153	X
2016	Women	Konjengbam Roshilata Devi	2016 IWF Youth World	Penang, Malaysia	18-25 Oct 2016	63 kg	79	E/T	E/T	
2016	Women	Seram Nirupama Devi	2016 IWF Youth World	Penang, Malaysia	18-25 Oct 2016	69 kg	74	92	166	XII
2016	Women	Purnima Pandey	2016 IWF Youth World	Penang, Malaysia	18-25 Oct 2016	+69 kg	84	104	188	XVI
2016	Men	Guru Raja	2016 Commonwealth Sr. Men	Penang, Malaysia	24-29 Oct 2016	56 kg	108	141	249	I
2016	Men	Muthupandi Raja	2016 Commonwealth Sr. Men	Penang, Malaysia	24-29 Oct 2016	56 kg	100	133	233	V
2016	Men	Gopal Anbarasu	2016 Commonwealth Sr. Men	Penang, Malaysia	24-29 Oct 2016	62 kg	115	144	259	III
2016	Men	Gulam Navi	2016 Commonwealth Sr. Men	Penang, Malaysia	24-29 Oct 2016	62 kg	108	144	252	VII

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2016	Men	Ragala Varun	2016 Commonwealth Sr. Men	Penang, Malaysia	24-29 Oct 2016	69 kg	120	137	257	VIII
2016	Men	Ajay Singh	2016 Commonwealth Sr. Men	Penang, Malaysia	24-29 Oct 2016	77 kg	144	174	318	I
2016	Men	Kojum Taba	2016 Commonwealth Sr. Men	Penang, Malaysia	24-29 Oct 2016	85 kg	146	184	330	I
2016	Men	Shivam Saini	2016 Commonwealth Sr. Men	Penang, Malaysia	24-29 Oct 2016	94 kg	132	168	300	II
2016	Women	Mohini Daryappa Chavan	2016 Commonwealth Sr. Women	Penang, Malaysia	24-29 Oct 2016	48 kg	66	82	148	IV
2016	Women	Jhilli Dala Behera	2016 Commonwealth Sr. Women	Penang, Malaysia	24-29 Oct 2016	48 kg	61	82	143	V
2016	Women	Joti Mal	2016 Commonwealth Sr. Women	Penang, Malaysia	24-29 Oct 2016	53 kg	73	102	175	I
2016	Women	Konjengbam Roshilata Devi	2016 Commonwealth Sr. Women	Penang, Malaysia	24-29 Oct 2016	63 kg	79	E/T	E/T	
2016	Women	Rakhi Halder	2016 Commonwealth Sr. Women	Penang, Malaysia	24-29 Oct 2016	69 kg	92	110	202	III
2016	Women	Manikkal Shamsudheen Muneera	2016 Commonwealth Sr. Women	Penang, Malaysia	24-29 Oct 2016	69 kg	80	104	184	V
2016	Women	Purnima Pandey	2016 Commonwealth Sr. Women	Penang, Malaysia	24-29 Oct 2016	+75 kg	84	104	188	VI
2016	Men	Muthupandi Raja	2016 Commonwealth Jr. Men	Penang, Malaysia	24-29 Oct 2016	56 kg	100	133	233	II
2016	Men	Chanambam Rishikanta Singh	2016 Commonwealth Jr. Men	Penang, Malaysia	24-29 Oct 2016	56 kg	100	126	226	III
2016	Men	Gulam Navi	2016 Commonwealth Jr. Men	Penang, Malaysia	24-29 Oct 2016	62 kg	108	144	252	IV
2016	Men	Ragala Varun	2016 Commonwealth Jr. Men	Penang, Malaysia	24-29 Oct 2016	69 kg	120	137	257	IV
2016	Men	Abhishek Poonia	2016 Commonwealth Jr. Men	Penang, Malaysia	24-29 Oct 2016	69 kg	104	126	230	VII
2016	Men	Ajay Singh	2016 Commonwealth Jr. Men	Penang, Malaysia	24-29 Oct 2016	77 kg	144	174	318	I
2016	Men	Kojum Taba	2016 Commonwealth Jr. Men	Penang, Malaysia	24-29 Oct 2016	85 kg	146	184	330	I
2016	Men	Shivam Saini	2016 Commonwealth Jr. Men	Penang, Malaysia	24-29 Oct 2016	94 kg	132	168	300	I
2016	Women	Mohini Daryappa Chavan	2016 Commonwealth Jr. Women	Penang, Malaysia	24-29 Oct 2016	48 kg	66	82	148	I
2016	Women	Jhilli Dala Behera	2016 Commonwealth Jr. Women	Penang, Malaysia	24-29 Oct 2016	48 kg	61	82	143	II
2016	Women	Joti Mal	2016 Commonwealth Jr. Women	Penang, Malaysia	24-29 Oct 2016	53 kg	73	102	175	I
2016	Women	Soroikhaibam Bindyarani Devi	2016 Commonwealth Jr. Women	Penang, Malaysia	24-29 Oct 2016	53 kg	65	88	153	II
2016	Women	Konjengbam Roshilata Devi	2016 Commonwealth Jr. Women	Penang, Malaysia	24-29 Oct 2016	63 kg	79	E/T	E/T	
2016	Women	Manikkal Shamsudheen Muneera	2016 Commonwealth Jr. Women	Penang, Malaysia	24-29 Oct 2016	69 kg	80	104	184	III
2016	Women	Purnima Pandey	2016 Commonwealth Jr. Women	Penang, Malaysia	24-29 Oct 2016	+75 kg	84	104	188	I
2016	Men	Jeremy Lalrinnunga	2016 Commonwealth Youth Boy	Penang, Malaysia	18-25 Oct 2016	56 kg	108	127	235	I
2016	Men	Muthupandi Raja	2016 Commonwealth Youth Boy	Penang, Malaysia	18-25 Oct 2016	56 kg	100	133	233	II
2016	Men	Gulam Navi	2016 Commonwealth Youth Boy	Penang, Malaysia	18-25 Oct 2016	62 kg	108	144	252	II
2016	Men	Ragala Varun	2016 Commonwealth Youth Boy	Penang, Malaysia	18-25 Oct 2016	69 kg	120	137	257	II
2016	Men	Abhishek Poonia	2016 Commonwealth Youth Boy	Penang, Malaysia	18-25 Oct 2016	69 kg	104	126	230	III
2016	Women	Shrabani Das	2016 Commonwealth Youth Girl	Penang, Malaysia	18-25 Oct 2016	44 kg	54	69	123	I
2016	Women	Mohini Daryappa Chavan	2016 Commonwealth Youth Girl	Penang, Malaysia	18-25 Oct 2016	48 kg	66	82	148	I
2016	Women	Jhilli Dala Behera	2016 Commonwealth Youth Girl	Penang, Malaysia	18-25 Oct 2016	48 kg	61	82	143	III
2016	Women	Soroikhaibam Bindyarani Devi	2016 Commonwealth Youth Girl	Penang, Malaysia	18-25 Oct 2016	53 kg	65	88	153	I
2016	Women	Konjengbam Roshilata Devi	2016 Commonwealth Youth Girl	Penang, Malaysia	18-25 Oct 2016	63 kg	79	E/T	E/T	
2016	Women	Seram Nirupama Devi	2016 Commonwealth Youth Girl	Penang, Malaysia	18-25 Oct 2016	69 kg	74	92	166	III
2016	Women	Purnima Pandey	2016 Commonwealth Youth Girl	Penang, Malaysia	18-25 Oct 2016	+69 kg	84	104	188	I
2016	Men	Jeremy Lalrinnunga	18th Asian Youth Boy	Tokyo, Japan	8-16 Nov 2016	56 kg	106	125	231	II
2016	Men	Muthupandi Raja	18th Asian Youth Boy	Tokyo, Japan	8-16 Nov 2016	56 kg	95	130	225	III
2016	Men	Gulam Navi	18th Asian Youth Boy	Tokyo, Japan	8-16 Nov 2016	62 kg	108	140	248	III
2016	Men	Ragala Varun	18th Asian Youth Boy	Tokyo, Japan	8-16 Nov 2016	69 kg	117	140	257	VI
2016	Men	Abhishek Poonia	18th Asian Youth Boy	Tokyo, Japan	8-16 Nov 2016	69 kg	109	130	239	X
2016	Women	Shrabani Das	18th Asian Youth Girl	Tokyo, Japan	8-16 Nov 2016	44 kg	56	70	126	II
2016	Women	Mohini Daryappa Chavan	18th Asian Youth Girl	Tokyo, Japan	8-16 Nov 2016	48 kg	68	85	153	III
2016	Women	Jhilli Dala Behera	18th Asian Youth Girl	Tokyo, Japan	8-16 Nov 2016	48 kg	60	81	141	IV
2016	Women	Soroikhaibam Bindyarani Devi	18th Asian Youth Girl	Tokyo, Japan	8-16 Nov 2016	53 kg	65	89	154	V
2016	Women	Konjengbam Roshilata Devi	18th Asian Youth Girl	Tokyo, Japan	8-16 Nov 2016	63 kg	75	94	169	II
2016	Women	Seram Nirupama Devi	18th Asian Youth Girl	Tokyo, Japan	8-16 Nov 2016	69 kg	74	95	169	IV

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2016	Women	Purnima Pandey	18th Asian Youth Girl	Tokyo, Japan	8-16 Nov 2016	+69 kg	78	102	180	III
2016	Men	Chanambam Rishikanta Singh	30th Men Asian Junior	Tokyo, Japan	8-16 Nov 2016	56 kg	99	128	227	XI
2016	Men	Muthupandi Raja	30th Men Asian Junior	Tokyo, Japan	8-16 Nov 2016	56 kg	95	130	225	XII
2016	Men	Gulam Navi	30th Men Asian Junior	Tokyo, Japan	8-16 Nov 2016	62 kg	108	140	248	VI
2016	Men	Ragala Varun	30th Men Asian Junior	Tokyo, Japan	8-16 Nov 2016	69 kg	117	140	257	IX
2016	Men	Ajay Singh	30th Men Asian Junior	Tokyo, Japan	8-16 Nov 2016	77 kg	135	160	295	IX
2016	Men	Kojum Taba	30th Men Asian Junior	Tokyo, Japan	8-16 Nov 2016	85 kg	144	184	328	IV
2016	Men	Shivam Sainia	30th Men Asian Junior	Tokyo, Japan	8-16 Nov 2016	94 kg	134	170	304	VIII
2016	Men	Gurbhinder Singh	30th Men Asian Junior	Tokyo, Japan	8-16 Nov 2016	105 kg	135	150	285	XI
2016	Women	Mohini Daryappa Chavan	23rd Women Asian Junior	Tokyo, Japan	8-16 Nov 2016	48 kg	68	85	153	VI
2016	Women	Jhilli Dala Behera	23rd Women Asian Junior	Tokyo, Japan	8-16 Nov 2016	48 kg	60	81	141	VII
2016	Women	Joti Mal	23rd Women Asian Junior	Tokyo, Japan	8-16 Nov 2016	53 kg	76	103	179	V
2016	Women	Soroikhaibam Bindyarani Devi	23rd Women Asian Junior	Tokyo, Japan	8-16 Nov 2016	53 kg	65	89	154	VIII
2016	Women	Konjengbam Roshilata Devi	23rd Women Asian Junior	Tokyo, Japan	8-16 Nov 2016	63 kg	75	94	169	III
2016	Women	Muncera Manikkal Shamsudheen	23rd Women Asian Junior	Tokyo, Japan	8-16 Nov 2016	69 kg	77	100	177	VII
2016	Women	Purnima Pandey	23rd Women Asian Junior	Tokyo, Japan	8-16 Nov 2016	+75 kg	78	102	180	VI