

**INDIAN WEIGHTLIFTING FEDERATION
NATIONAL RECORDS - SENIOR (WOMEN)
AS ON 17.12.2021**

Wt. Cat./ Event	Result	Name	DOB	Team	Date	Place
45 kg WOMEN						
Snatch	71 KG	Jhilli Dalabehera	3.2.1999	RSPB	21.4.19	Ningbo, China
C&J	94 KG	Jhilli Dalabehera	3.2.1999	RSPB	9.7.19	Apia, Samoa
Total	164 KG	Jhilli Dalabehera	3.2.1999	RSPB	9.7.19	Apia, Samoa
49 kg WOMEN						
Snatch	88 KG	S. Mirabai Chanu	8.8.1994	RSPB	4.2.20	Kolkata
C&J	119 KG	S. Mirabai Chanu	8.8.1994	RSPB	18.4.21	Tashkent
Total	205 KG	S. Mirabai Chanu	8.8.1994	RSPB	18.4.21	Tashkent
55 kg WOMEN						
Snatch	84 KG	M. Santoshi	10.3.1994	RSPB	23.2.19	Visakhapatnam
C&J	114 KG	S. Bindyarani Devi	27.1.1999	Manipur	9.12.21	Tashkent
Total	198 KG	S. Bindyarani Devi	27.1.1999	Manipur	9.12.21	Tashkent
59 kg WOMEN						
Snatch	94 KG	Popy Hazarika	8.12.1998	Assam	4.2.20	Kolkata
C&J	115 KG	E. Deexitha	25.9.1997	Telangana	23.2.19	Visakhapatnam
Total	203 KG	E. Deexitha	25.9.1997	RSPB	4.2.20	Kolkata
64 kg WOMEN						
Snatch	95 KG	Rakhi Halder	6.7.1993	RSPB	21.12.19	Doha, Qatar
C&J	124 KG	Rakhi Halder	6.7.1993	RSPB	22.9.19	Chiangmai, Thailand
Total	218 KG	Rakhi Halder	6.7.1993	RSPB	21.12.19	Doha, Qatar
71 kg WOMEN						
Snatch	95 KG	Lalchhanhimi	14.4.1992	Mizoram	5.2.20	Kolkata
C&J	122 KG	Lalchhanhimi	14.4.1992	Mizoram	5.2.20	Kolkata
Total	217 KG	Lalchhanhimi	14.4.1992	Mizoram	5.2.20	Kolkata
76 kg WOMEN						
Snatch	98 KG	Punam Yadav	9.7.1995	RSPB	15.12.21	Tashkent
C&J	123 KG	R. Arockiya Alish	5.11.2000	Tamil Nadu	15.12.21	Tashkent
Total	220 KG	Punam Yadav	9.7.1995	RSPB	15.12.21	Tashkent
81 kg WOMEN						
Snatch	99 KG	Punam Yadav	9.7.1995	RSPB	25.2.19	Visakhapatnam
C&J	121 KG	Swapna Priya Baruah	7.10.1996	Assam	25.2.19	Visakhapatnam
Total	220 KG	Punam Yadav	9.7.1995	RSPB	25.2.19	Visakhapatnam
87 kg WOMEN						
Snatch	102 KG	Srishti Singh	5.8.1988	RSPB	26.2.19	Visakhapatnam
C&J	126 KG	P. Anuradha	25.5.1992	Tamil Nadu	26.2.19	Visakhapatnam
Total	228 KG	P. Anuradha	25.5.1992	Tamil Nadu	26.2.19	Visakhapatnam
+ 87 kg WOMEN						
Snatch	102 KG	Purnima Pandey	16.10.1997	Uttar Pradesh	16.12.21	Tashkent
C&J	127 KG	Purnima Pandey	16.10.1997	Uttar Pradesh	16.12.21	Tashkent
Total	229 KG	Purnima Pandey	16.10.1997	Uttar Pradesh	16.12.21	Tashkent

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55 kg MEN						
Snatch	113 KG	Sanket Sargar	16.10.2000	Maharashtra	7.12.21	Tashkent
C&J	139 KG	Shubham Kolekar	1.11.1999	Maharashtra	9.1.19	Pune
Total	244 KG	Sanket Sargar	16.10.2000	Maharashtra	26.2.20	Bhubaneswar
61 kg MEN						
Snatch	120 KG	Muthupandi Raja	12.6.2000	RSPB	10.7.19	Apia, Samoa
C&J	157 KG	Shubham Kolekar	1.11.1999	Maharashtra	3.2.20	Kolkata
Total	272 KG	Shubham Kolekar	1.11.1999	Maharashtra	3.2.20	Kolkata
67 kg MEN						
Snatch	141 KG	Jeremy Lalrinnunga	26.10.2002	Mizoram	10.12.21	Tashkent
C&J	167 KG	Jeremy Lalrinnunga	26.10.2002	Mizoram	3.2.20	Kolkata
Total	306 KG	Jeremy Lalrinnunga	26.10.2002	Mizoram	20.12.19	Doha, Qatar
73 kg MEN						
Snatch	145 KG	Deepak Lather	25.2.2000	SSCB	11.8.21	Patiala
C&J	173 KG	Achinta Sheuli	24.11.2001	West Bengal	10.12.21	Tashkent
Total	316 KG	Achinta Sheuli	24.11.2001	West Bengal	10.12.21	Tashkent
81 kg MEN						
Snatch	148 KG	Ajay Singh	17.4.1997	SSCB	4.11.18	Ashgabat
C&J	190 KG	Ajay Singh	17.4.1997	SSCB	12.7.19	Apia, Samoa
Total	338 KG	Ajay Singh	17.4.1997	SSCB	12.7.19	Apia, Samoa
89 kg MEN						
Snatch	150 KG	Harshad Wadekar	14.6.1995	RSPB	26.2.19	Visakhapatnam
C&J	188 KG	Sambo Lapung	6.3.1997	SSCB	6.2.20	Kolkata
Total	337 KG	Harshad Wadekar	14.6.1995	RSPB	26.2.19	Visakhapatnam
96 kg MEN						
Snatch	157 KG	Vikas Thakur	14.11.1993	SSCB	9.2.19	Chiang Mai
C&J	197 KG	Vikas Thakur	14.11.1993	SSCB	25.4.19	Ningbo, China
Total	353 KG	Vikas Thakur	14.11.1993	SSCB	9.2.19	Chiang Mai
102 kg MEN						
Snatch	150 KG	Pardeep Singh	4.1.1995	RSPB	26.4.19	Ningbo, China
C&J	202 KG	Pardeep Singh	4.1.1995	RSPB	13.7.19	Apia, Samoa
Total	351 KG	Pardeep Singh	4.1.1995	RSPB	26.4.19	Ningbo, China
109 kg MEN						
Snatch	161 KG	Lovepreet Singh	9.6.1997	Punjab	16.12.21	Tashkent
C&J	187 KG	Lovepreet Singh	9.6.1997	Punjab	16.12.21	Tashkent
Total	348 KG	Lovepreet Singh	9.6.1997	Punjab	16.12.21	Tashkent
+109 kg MEN						
Snatch	172 KG	Gurdeep Singh	1.10.1995	RSPB	17.12.21	Tashkent
C&J	220 KG	Gurdeep Singh	1.10.1995	RSPB	28.2.19	Visakhapatnam
Total	390 KG	Gurdeep Singh	1.10.1995	RSPB	28.2.19	Visakhapatnam