भारतीय भारोत्तोलन संघ **Indian Weightlifting Federation**

Affiliated to: International Weightlifting Federation, Asian Weightlifting Federation, Commonwealth Weightlifting Federation and Indian Olympic Association Recognised by: Ministry of Youth Affairs & Sports, Govt. of India



Read No.: S-4286/21.11.1960

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File No.: IWLF-2021-22-Referee.exam

Date: 5 November 2021

All affiliated States & Units of Indian Weightlifting Federation

Conduct of International Category - I & II and National Category - I & II Referee Examination on 10th January 2022 at Bhubaneswar, Odisha during IWLF Senior (Men & Women), Junior (Men & Women) and Youth (Sub-Junior Boys & Girls) National Weightlifting Championships-2021-22 held at Bhubaneswar, Odisha from 8-16 January 2022.

Dear All,

International Category - I & II and National Category - I & II Referee examination will be conducted on 10th January 2022 at Bhubaneswar, Odisha during IWLF Senior (Men & Women), Junior (Men & Women) and Youth (Sub-Junior Boys & Girls) National Weightlifting Championships-2021-22 held at Bhubaneswar, Odisha from 8-16 January 2022. The theory examination will be held on 10 January 2022 at Bhubaneswar, Odisha at 6:00 p.m. The practical examination of the candidates passing the International Category - I & II and National Category-1 Referee examination will be held thereupon. Terms and Conditions for appearing in the referee examination and Form of application are enclosed separately. Those candidates who wish to appear for the Referee examination shall mandatorily route / endorse their applications through the affiliated State & Units of Indian Weightlifting Federation under its seal and signatures. Those applicants who fail to comply with this regulation will not be allowed to appear in the referee examination.

The appearing candidates will have to arrange their own Boarding & Lodging facilities at Bhubaneswar, Odisha. The last date of receiving examination application will be 24th December 2021. No on the spot application / fees will be accepted by the Federation. The examination fee will be of non-refundable nature, fee will stand forfeited for those candidates who fail to appear for the examination at Bhubaneswar. The relevant examination fee will have to be deposited in Bank Account through RTGS / NEFT:-

Name of the Bank:

Union Bank of India

Address:

Sports Authority of India, East Gate, J.N. Stadium

Complex, Lodhi Road, New Delhi 110003.

Savings Bank A/c No.: RTGS/NEFT Code No.: 108510011001024

UBIN0810851

Yours Sincerely

S.H. Anande Gowda

Secretary General

Encl. as above.



TERMS AND CONDITIONS FOR APPEARING IN NATIONAL CATEGORY I REFEREE EXAMINATION

Candidates who are registered with Indian Weightlifting Federation and holding valid National Category-II Referee cards with licence upto 2024 are eligible to appear for examination for National Category-I examination. Candidates who are not registered with the Federation have to send additional Demand Draft calculated @Rs. 2,000/- every quarter from 2000 to 2016 and 2017 to 2020 @ Rs. 4,000/- for registration and issue of valid referee cards.

Candidates for National Category I referee shall be examined by the Federation during National Championships and those with 3 years experience as Category-II Referees shall be accepted for the same. Candidates who are Olympians, International Players (Senior category only – Youth & Junior not included) and Senior National Champions may be examined after one year experience in Category II referee. Arjuna Awardees and International Senior Medalist can appear directly for National Category-I Referee examination.

Examination fee will be Rs. 4,000/- per candidate (non refundable) and new card fee with valid licence upto 2024 will be Rs. 3,000/- per quarter.

The age of candidates shall be not less than 30 years. NIS diploma holders / NIS appearing candidates / International medallist are exempt from 30 years of age. Identity cards in the case of Category-I referees will be issued by the Federation on the result of the examination and according to other rules and regulations as framed from time to time by the Executive Committee of the Federation or by a Sub-Committee appointed for the purpose.

The examination shall consist of two parts – theoretical and practical. Greater areas shall be laid on the practical which will be as follows:-

- (a) National Category-I Referees must obtain the marks of at least 80% in a written examination by means of the Referees' Examination Questionnaire.
- (b) Candidates must referee at least 100 attempts. This includes uncompleted as well as completed attempts.
- (c) The names of the competitors shall be entered in the same order on all the score sheets of the category so that all their marks coincide.
- (d) The examiners first mark at the top of each space on the score-sheet their own opinion of each lift. A I indicates a good lift and an I indicates a bad lift. Underneath the mark, and using the same signs, they mark the decisions given by the three Referees.

Example: / = white light $\mathbf{X} =$ red light

/// = all three have given a correct decision

X

XXX = all three have given a correct decision

X

 \mathbf{X} / \mathbf{X} = the centre Referee has given an incorrect decision

 $/\mathbf{X}\mathbf{X} = \text{Referee number 1 has given an incorrect decision}$

- (e) When only the Centre Referee is examined and he gives an incorrect signal, e.g. a signal too fast or too late to lower the barbell, the examiner must mark this with an **X**, plus the letter **S** below to indicate incorrect signal. A candidate can thereby commit two faults during one attempt and both these faults are shown on the score-sheet.
- (f) The examiners mark with an **O** every attempt, which is not completed by the competitors, e.g. dropping the bar in the Snatch, or Clean, failing to complete a Jerk, etc.
- (g) If a candidate gives an incorrect decision during an uncompleted lift, the examiners mark with an X instead of an O and give the number of the mistake.
- (h) The results of each candidate are calculated from the completed attempts. In order to be promoted to category 1, the candidates must obtain Ninety (90)% in the practical exam and Ninety (80)% in the written exam.
- (i) The date of the promotion of the successful candidate is the date on which the examination was taken.
- (j) Candidates who fail must wait at least six (6) months before taking the examinations again.

NOTE:- REFEREE EXAMINATION FEE WILL NOT BE REFUNDED BACK / ADJUSTED IF ANY CANDIDATE FAILS TO APPEAR IN THE EXAMINATION FOR ANY REASONS WHATSOEVER.

TERMS AND CONDITIONS FOR APPEARING IN NATIONAL CATEGORY II REFEREE EXAMINATION

Candidates for National Category II referee shall appear in the examination during National Championships / State Championships / District Championships / specifically instructed by Indian Weightlifting Federation.

Examination fee will be Rs. 4,000/- per candidate (non refundable) and new card fee with valid licence upto 2024 will be Rs. 3,000/- per quarter, i.e. upto 2024.

Identity cards in the case of Category-II referees will be issued by the Federation on the result of the examination and according to other rules and regulations as framed from time to time by the Executive Committee of the Federation or by a Sub-Committee appointed for the purpose.

The examination shall consist of written. National Category-II Referees must obtain the marks of at least 60% in a written examination by means of the Referees' Examination Questionnaire.

NOTE:- REFEREE EXAMINATION FEE WILL NOT BE REFUNDED BACK / ADJUSTED IF ANY

CANDIDATE FAILS TO APPEAR IN THE EXAMINATION FOR ANY REASONS WHATSOEVER.

TERMS AND CONDITIONS FOR APPEARING IN INTERNATIONAL CATEGORY I REFEREE EXAMINATION

Candidates who are registered with Indian Weightlifting Federation and holding valid International Category-II Referee cards with licence upto 2024 are eligible to appear for examination for International Category-I examination. Candidates who have not renewed their licence stickers upto 2024 have to pay renewal fee of US \$200 before appearing for International Category-I examination.

Candidates for International Category I referee shall be examined by the Federation during National Championships and those with 2 years experience as International Category-II Referees shall be accepted for the same.

Examination fee will be Rs. 6,000/- per candidate (non refundable) and new card fee with valid licence upto 2024 will be cost US \$200 + US \$100 for tie, pin and blazer pocket from International Weightlifting Federation.

International Referee cards will be issued by International Weightlifting Federation based on recommendation of the result of the examination by Indian Weightlifting Federation.

The examination shall consist of two parts – theoretical and practical. Greater areas shall be laid on the practical which will be as follows:-

- (a) International Category-I Referees must obtain the marks of at least 95% in a written examination by means of the Referees' Examination Questionnaire.
- (b) Candidates must referee at least 100 attempts. This includes uncompleted as well as completed attempts.
- (c) The names of the competitors shall be entered in the same order on all the score sheets of the category so that all their marks coincide.
- (d) The examiners first mark at the top of each space on the score-sheet their own opinion of each lift. A / indicates a good lift and an \mathbf{X} indicates a bad lift. Underneath the mark, and using the same signs, they mark the decisions given by the three Referees.

Example: / = white light X = red light

/

///= all three have given a correct decision

X

XXX = all three have given a correct decision

X

 \mathbf{X} / \mathbf{X} = the centre Referee has given an incorrect decision

 $/\mathbf{X}\mathbf{X} = \text{Referee number 1 has given an incorrect decision}$

- (e) When only the Centre Referee is examined and he gives an incorrect signal, e.g. a signal too fast or too late to lower the barbell, the examiner must mark this with an **X**, plus the letter **S** below to indicate incorrect signal. A candidate can thereby commit two faults during one attempt and both these faults are shown on the score-sheet.
- (f) The examiners mark with an **O** every attempt, which is not completed by the competitors, e.g. dropping the bar in the Snatch, or Clean, failing to complete a Jerk, etc.
- (g) If a candidate gives an incorrect decision during an uncompleted lift, the examiners mark with an X instead of an O and give the number of the mistake.
- (h) The results of each candidate are calculated from the completed attempts. In order to be promoted to category 1, the candidates must obtain Hundred (100)% in the practical exam and Ninety Five (95)% in the written exam.
- (i) The date of the promotion of the successful candidate is the date on which the examination was taken.
- (j) Candidates who fail must wait at least six (6) months before taking the examinations again.

NOTE:- REFEREE EXAMINATION FEE WILL NOT BE REFUNDED BACK / ADJUSTED IF ANY CANDIDATE FAILS TO APPEAR IN THE EXAMINATION FOR ANY REASONS WHATSOEVER.

TERMS AND CONDITIONS FOR APPEARING IN INTERNATIONAL CATEGORY-II REFEREE EXAMINATION

Candidates who are registered with Indian Weightlifting Federation and holding National Category-I Referee cards with licence upto 2024 and served as National Category-I Referee for a period between 4 to 5 years are eligible to appear for International Category-II Referee examination. Candidates who have not renewed their licence stickers upto 2024 have to pay renewal fee of Rs. 4,000/- before appearing for International Category-II Referee examination.

Candidates for International Category-II referee shall be examined by the Federation during National Championships and those with 4-5 years experience as National Category-1 Referee shall be accepted for the same.

Examination fee will be Rs. 6,000/- per candidate (non refundable) and new card fee with licence upto 2024 will cost US \$100.

International Referee cards will be issued by International Weightlifting Federation based on recommendation of the result of examination by Indian Weightlifting Federation.

The examination shall consist of two parts – theoretical and practical, Greater areas shall be laid on the practical which will be as follows:-

- (a) International Category-II Referees must obtain the marks of at <u>least 90% in a written</u> <u>examination</u> by means of the Referees' Examination Questionnaire.
- (b) Candidates must referee at least 100 attempts. This includes uncompleted as well as completed attempts.
- (c) The names of the competitors shall be entered in the same order on all the score sheets of the category so that all their marks coincide.
- (d) The examiners first mark at the top of each space on the score-sheet their own opinion of each lift. A / indicates a good lift and an **X** indicates a bad lift. Underneath the mark, and using the same signs, they mark the decisions given by the three Referees.

Example: / = white light X = red light

///= all three have given a correct decision

X

XXX = all three have given a correct decision

X

 \mathbf{X} / \mathbf{X} = the centre Referee has given an incorrect decision

 $/\mathbf{X}\mathbf{X}$ = Referee number 1 has given an incorrect decision

- (e) When only the Centre Referee is examined and he gives an incorrect signal, e.g. a signal too fast or too late to lower the barbell, the examiner must mark this with an **X**, plus the letter **S** below to indicate incorrect signal. A candidate can thereby commit two faults during one attempt and both these faults are shown on the score-sheet.
- (f) The examiners mark with an **O** every attempt, which is not completed by the competitors, e.g. dropping the bar in the Snatch, or Clean, failing to complete a Jerk, etc.
- (g) If a candidate gives an incorrect decision during an uncompleted lift, the examiners mark with an \mathbf{X} instead of an \mathbf{O} and give the number of the mistake.
- (h) The results of each candidate are calculated from the completed attempts. In order to be promoted to category 1, the candidates must obtain Ninety-Five (95)% in the practical exam and Ninety (90)% in the written exam.
- (i) The date of the promotion of the successful candidate is the date on which the examination was taken.
- (j) Candidates who fail must wait at least six (6) months before taking the examinations again.

NOTE:- REFEREE EXAMINATION FEE WILL NOT BE REFUNDED BACK / ADJUSTED IF ANY CANDIDATE FAILS TO APPEAR IN THE EXAMINATION FOR ANY REASONS WHATSOEVER.

APPLICATION FOR APPEARING IN NATIONAL CATEGORY - I REFEREE EXAMINATION

Paste 1 stamp size photograph here

1	Name in CAPITALS	:	
2	Father's / Husband Name.	:	
3	Date of Birth	:	
4	Educational Qualification	:	
5	Affiliated unit to which belongs	:	
6	Sport Qualification in weightlifting and mention National Category-2 Referee card no. (enclose copy of front and back of the Referee card)	:	
7	Postal address with contact telephone number.	:	
8	Email id and Mobile No.	:	

Signature of Appearing Candidate

APPLICATION FOR APPEARING IN NATIONAL CATEGORY - 2 REFEREE EXAMINATION

Paste 1 stamp size photograph here

1	Name in CAPITALS	:	
2	Father's / Husband Name.	:	
3	Date of Birth	:	
4	Educational Qualification	:	
5	Affiliated unit to which belongs	:	
6	Sport Qualification in weightlifting	:	
7	Postal address with contact telephone number.	:	
8	Email id and Mobile No.	:	

Signature of Appearing Candidate

APPLICATION FOR APPEARING IN INTERNATIONAL CATEGORY - I REFEREE EXAMINATION

Paste 1 stamp size photograph here

1	Name in CAPITALS	:	
2	Father's / Husband Name.	:	
3	Date of Birth	:	
4	Educational Qualification	:	
5	Affiliated unit to which belongs	:	
6	Sport Qualification in weightlifting and mention International Category-2 Referee card no. (enclose copy of front and back of the Referee card)	:	
7	Postal address with contact telephone number.	:	
8	Email id and Mobile No.	:	
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Signature of Appearing Candidate

APPLICATION FOR APPEARING IN INTERNATIONAL CATEGORY - 2 REFEREE EXAMINATION

Paste 1 stamp size photograph here

1	Name in CAPITALS	:	
2	Father's / Husband Name.	:	
3	Date of Birth	:	
4	Educational Qualification	:	
5	Affiliated unit to which belongs	:	
6	Sport Qualification in weightlifting and mention National Category-1 Referee card no. (enclose copy of front and back of the Referee card)	:	
7	Postal address with contact telephone number.	:	
8	Email id and Mobile No.	:	

Signature of Appearing Candidate